

2018 State Profile — United States and Other Jurisdictions National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

The 2018 N-MHSS report included 11,682 mental health treatment facilities, which reported a total of 4,125,284 clients in mental health treatment on April 30, 2018. The survey response rate was 90.2 percent overall.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	7,311	62.6
Private for-profit	2,137	18.3
Public agency or department		
State mental health agency	408	3.5
Other state government agency or department	438	3.7
Regional/district authority or county, local, or municipal government	848	7.3
Tribal government	13	0.1
Indian Health Service	9	0.1
Department of Veterans Affairs	516	4.4
Other	2	*
Total	11,682	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	1,920	16.4	129,115	3.1
24-hour residential	1,932	16.5	58,762	1.4
Less-than-24 hour			3,937,407	95.4
Partial hospitalization/day treatment	1,745	14.9		
Outpatient	8,956	76.7		
Total	11,682		4,125,284	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	118.2	109,241	63.7
24-hour residential	94.4	62,253	36.3
Total		171,494	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	692	5.9
General hospital	1,066	9.1
RTC for children	580	5.0
RTC for adults	840	7.2
Other type of residential treatment facility	72	0.6
Veterans Administration medical center	459	3.9
Community mental health center	2,553	21.9
Partial hospitalization/day treatment facility	360	3.1
Outpatient mental health facility	4,665	39.9
Multi-setting mental health facility	382	3.3
Other	13	0.1
Total	11,682	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	10,683	91.4
Couples/family therapy	8,248	70.6
Group therapy	10,041	86.0
Cognitive behavioral therapy	10,424	89.2
Dialectical behavior therapy	6,288	53.8
Behavior modification	7,457	63.8
Integrated dual disorders treatment	6,413	54.9
Trauma therapy	8,701	74.5
Activity therapy	5,143	44.0
Electroconvulsive therapy	527	4.5
Telemedicine/telehealth therapy	3,823	32.7
Psychotropic medication	9,598	82.2
Other	488	4.2
None of the above	68	0.6

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	5,018	43.0
Children (12 years or younger)	6,759	57.9
Adolescents (13–17 years)	7,391	63.3
Young adults (18–25 years)	10,202	87.3
Adults (26–64 years)	9,792	83.8
Seniors (65 years or older)	9,387	80.4

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	1,570	13.4
Intensive case management	2,745	23.5
Case management	7,811	66.9
Court-ordered outpatient treatment	5,322	45.6
Chronic disease/illness management	2,196	18.8
Illness management and recovery	3,187	27.3
Integrated primary care services	2,950	25.3
Diet and exercise counseling	3,578	30.6
Family psychoeducation	7,508	64.3
Education services	3,584	30.7
Housing services	2,397	20.5
Supported housing	1,788	15.3
Psychosocial rehabilitation services	4,807	41.1
Vocational rehabilitation services	1,841	15.8
Supported employment	2,026	17.3
Therapeutic foster care	543	4.6
Legal advocacy	608	5.2
Psychiatric emergency walk-in services	3,668	31.4
Suicide prevention services	6,901	59.1
Consumer-run (peer support) services	2,976	25.5
Screening for tobacco use	6,173	52.8
Smoking/tobacco cessation counseling	4,735	40.5
Nicotine replacement therapy	3,113	26.6
Non-nicotine smoking/tobacco cessation medications	2,817	24.1
Other	161	1.4
None	216	1.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	8,399	71.9
State substance abuse agency	3,944	33.8
State department of health	5,733	49.1
State or local department of family and children's services	2,457	21.0
Hospital licensing authority	1,803	15.4
The Joint Commission	4,108	35.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	2,884	24.7
Council on Accreditation (COA)	1,177	10.1
Centers for Medicare and Medicaid Services (CMS)	5,865	50.2
Other national organization or federal, state, or local agency	421	3.6

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	9,776	83.7
Private health insurance	9,437	80.8
Medicare	8,083	69.2
Medicaid	10,339	88.5
State-financed health insurance plan other than Medicaid	6,877	58.9
State mental health agency (or equivalent) funds	6,693	57.3
State welfare or child and family services agency funds	4,877	41.7
State corrections or juvenile justice agency funds	3,513	30.1
State education agency funds	2,006	17.2
Other state government funds	4,162	35.6
County or local government funds	5,543	47.4
Community Service Block Grants	2,584	22.1
Community Mental Health Block Grants	3,668	31.4
Federal military insurance	5,813	49.8
U.S. Department of Veterans Affairs funds	2,702	23.1
IHS/Tribal/Urban (ITU) funds	954	8.2
Other	92	0.8

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	6,489	55.5
Any language other than English	8,121	69.5
Languages provided by staff		
Spanish	3,879	33.2
American Indian/Alaska Native languages	48	0.4
Other	1,334	11.4

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	5,691	48.7
No crisis intervention team	5,974	51.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	1,076,237	26.1
Military veterans ²	787,714	10.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	4,005	34.3
Transitional age young adults	2,222	19.0
Persons 18 years and older with serious mental illness (SMI)	5,517	47.2
Seniors or older adults	2,851	24.4
Persons with Alzheimer's or dementia	766	6.6
Persons with co-occurring mental and substance use disorders	5,404	46.3
Persons with eating disorders	964	8.3
Persons who have experienced trauma	4,452	38.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	4,249	36.4
Persons with traumatic brain injury (TBI)	752	6.4
Veterans	1,805	15.5
Active duty military	762	6.5
Members of military families	1,077	9.2
LGBT clients	2,131	18.2
Forensic clients ¹	2,119	18.1
Persons with HIV or AIDS	1,054	9.0
Other	677	5.8
No programs or groups offered	1,940	16.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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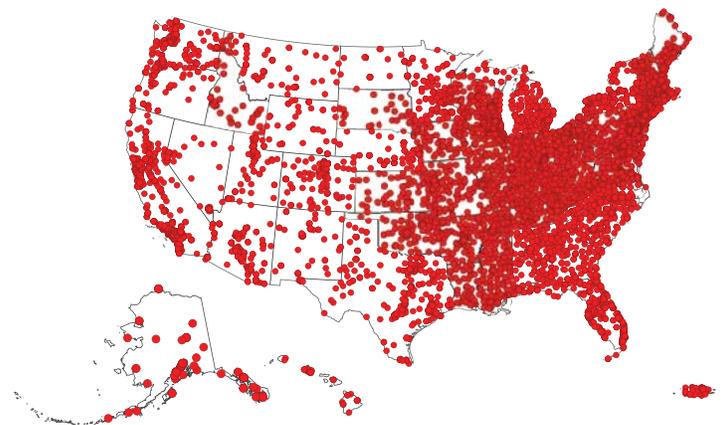
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

For more information, visit: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Alabama National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Alabama, 177 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 59,887 clients in mental health treatment on April 30, 2018. The survey response rate in Alabama was 89.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	94	53.1
Private for-profit	22	12.4
Public agency or department		
State mental health agency	9	5.1
Other state government agency or department	11	6.2
Regional/district authority or county, local, or municipal government	30	16.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	11	6.2
Other	—	—
Total	177	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	40	22.6	1,650	2.8
24-hour residential	47	26.6	1,070	1.8
Less-than-24 hour			57,167	95.5
Partial hospitalization/day treatment	53	29.9		
Outpatient	101	57.1		
Total	177		59,887	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	115.5	1,429	51.5
24-hour residential	79.6	1,344	48.5
Total		2,773	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	6.8
General hospital	27	15.3
RTC for children	4	2.3
RTC for adults	30	16.9
Other type of residential treatment facility	1	0.6
Veterans Administration medical center	9	5.1
Community mental health center	63	35.6
Partial hospitalization/day treatment facility	6	3.4
Outpatient mental health facility	19	10.7
Multi-setting mental health facility	6	3.4
Other	—	—
Total	177	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	163	92.1
Couples/family therapy	103	58.2
Group therapy	159	89.8
Cognitive behavioral therapy	147	83.1
Dialectical behavior therapy	71	40.1
Behavior modification	95	53.7
Integrated dual disorders treatment	70	39.5
Trauma therapy	82	46.3
Activity therapy	96	54.2
Electroconvulsive therapy	8	4.5
Telemedicine/telehealth therapy	86	48.6
Psychotropic medication	166	93.8
Other	1	0.6
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	60	33.9
Children (12 years or younger)	79	44.6
Adolescents (13–17 years)	83	46.9
Young adults (18–25 years)	143	80.8
Adults (26–64 years)	152	85.9
Seniors (65 years or older)	150	84.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	28	15.8
Intensive case management	53	29.9
Case management	129	72.9
Court-ordered outpatient treatment	94	53.1
Chronic disease/illness management	34	19.2
Illness management and recovery	51	28.8
Integrated primary care services	41	23.2
Diet and exercise counseling	51	28.8
Family psychoeducation	121	68.4
Education services	60	33.9
Housing services	20	11.3
Supported housing	31	17.5
Psychosocial rehabilitation services	78	44.1
Vocational rehabilitation services	13	7.3
Supported employment	21	11.9
Therapeutic foster care	2	1.1
Legal advocacy	10	5.6
Psychiatric emergency walk-in services	71	40.1
Suicide prevention services	107	60.5
Consumer-run (peer support) services	29	16.4
Screening for tobacco use	77	43.5
Smoking/tobacco cessation counseling	57	32.2
Nicotine replacement therapy	43	24.3
Non-nicotine smoking/tobacco cessation medications	34	19.2
Other	—	—
None	4	2.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	144	81.4
State substance abuse agency	39	22.0
State department of health	45	25.4
State or local department of family and children's services	12	6.8
Hospital licensing authority	23	13.0
The Joint Commission	59	33.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	15	8.5
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	78	44.1
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	161	91.0
Private health insurance	149	84.2
Medicare	129	72.9
Medicaid	159	89.8
State-financed health insurance plan other than Medicaid	94	53.1
State mental health agency (or equivalent) funds	129	72.9
State welfare or child and family services agency funds	55	31.1
State corrections or juvenile justice agency funds	29	16.4
State education agency funds	32	18.1
Other state government funds	52	29.4
County or local government funds	85	48.0
Community Service Block Grants	34	19.2
Community Mental Health Block Grants	65	36.7
Federal military insurance	107	60.5
U.S. Department of Veterans Affairs funds	48	27.1
IHS/Tribal/Urban (ITU) funds	12	6.8
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	128	72.3
Any language other than English	131	74.0
Languages provided by staff		
Spanish	26	14.7
American Indian/Alaska Native languages	—	—
Other	1	0.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	83	46.9
No crisis intervention team	94	53.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	13,607	22.7
Military veterans ²	8,408	10.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	63	35.6
Transitional age young adults	21	11.9
Persons 18 years and older with serious mental illness (SMI)	106	59.9
Seniors or older adults	51	28.8
Persons with Alzheimer's or dementia	24	13.6
Persons with co-occurring mental and substance use disorders	58	32.8
Persons with eating disorders	6	3.4
Persons who have experienced trauma	27	15.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	33	18.6
Persons with traumatic brain injury (TBI)	8	4.5
Veterans	29	16.4
Active duty military	11	6.2
Members of military families	14	7.9
LGBT clients	17	9.6
Forensic clients ¹	26	14.7
Persons with HIV or AIDS	14	7.9
Other	3	1.7
No programs or groups offered	20	11.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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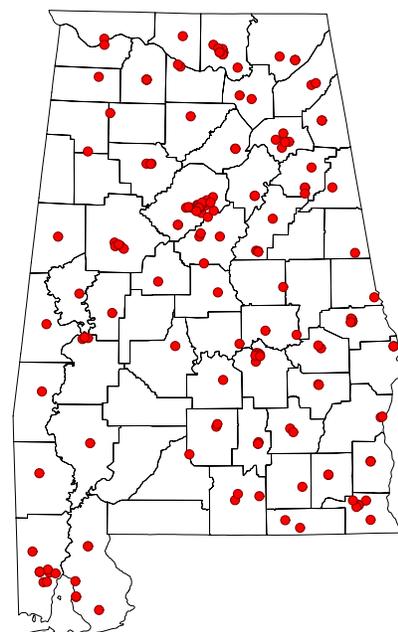
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Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Alaska

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Alaska, 91 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 11,132 clients in mental health treatment on April 30, 2018. The survey response rate in Alaska was 95.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	67	73.6
Private for-profit	8	8.8
Public agency or department		
State mental health agency	1	1.1
Other state government agency or department	1	1.1
Regional/district authority or county, local, or municipal government	4	4.4
Tribal government	4	4.4
Indian Health Service	4	4.4
Department of Veterans Affairs	2	2.2
Other	—	—
Total	91	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	9	9.9	286	2.6
24-hour residential	27	29.7	487	4.4
Less-than-24 hour			10,359	93.1
Partial hospitalization/day treatment	2	2.2		
Outpatient	66	72.5		
Total	91		11,132	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	83.6	342	37.5
24-hour residential	85.6	569	62.5
Total		911	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	5	5.5
General hospital	3	3.3
RTC for children	16	17.6
RTC for adults	2	2.2
Other type of residential treatment facility	3	3.3
Veterans Administration medical center	2	2.2
Community mental health center	25	27.5
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	29	31.9
Multi-setting mental health facility	6	6.6
Other	—	—
Total	91	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	87	95.6
Couples/family therapy	66	72.5
Group therapy	82	90.1
Cognitive behavioral therapy	86	94.5
Dialectical behavior therapy	64	70.3
Behavior modification	66	72.5
Integrated dual disorders treatment	62	68.1
Trauma therapy	80	87.9
Activity therapy	53	58.2
Electroconvulsive therapy	2	2.2
Telemedicine/telehealth therapy	52	57.1
Psychotropic medication	63	69.2
Other	5	5.5
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	43	47.3
Children (12 years or younger)	67	73.6
Adolescents (13–17 years)	77	84.6
Young adults (18–25 years)	73	80.2
Adults (26–64 years)	62	68.1
Seniors (65 years or older)	59	64.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	12	13.2
Intensive case management	30	33.0
Case management	81	89.0
Court-ordered outpatient treatment	40	44.0
Chronic disease/illness management	17	18.7
Illness management and recovery	11	12.1
Integrated primary care services	27	29.7
Diet and exercise counseling	35	38.5
Family psychoeducation	62	68.1
Education services	40	44.0
Housing services	19	20.9
Supported housing	8	8.8
Psychosocial rehabilitation services	61	67.0
Vocational rehabilitation services	17	18.7
Supported employment	10	11.0
Therapeutic foster care	16	17.6
Legal advocacy	5	5.5
Psychiatric emergency walk-in services	32	35.2
Suicide prevention services	63	69.2
Consumer-run (peer support) services	11	12.1
Screening for tobacco use	54	59.3
Smoking/tobacco cessation counseling	40	44.0
Nicotine replacement therapy	24	26.4
Non-nicotine smoking/tobacco cessation medications	20	22.0
Other	—	—
None	1	1.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	70	76.9
State substance abuse agency	37	40.7
State department of health	52	57.1
State or local department of family and children's services	29	31.9
Hospital licensing authority	11	12.1
The Joint Commission	29	31.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	37	40.7
Council on Accreditation (COA)	23	25.3
Centers for Medicare and Medicaid Services (CMS)	39	42.9
Other national organization or federal, state, or local agency	3	3.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	83	91.2
Private health insurance	84	92.3
Medicare	49	53.8
Medicaid	86	94.5
State-financed health insurance plan other than Medicaid	61	67.0
State mental health agency (or equivalent) funds	71	78.0
State welfare or child and family services agency funds	60	65.9
State corrections or juvenile justice agency funds	51	56.0
State education agency funds	31	34.1
Other state government funds	57	62.6
County or local government funds	41	45.1
Community Service Block Grants	29	31.9
Community Mental Health Block Grants	45	49.5
Federal military insurance	66	72.5
U.S. Department of Veterans Affairs funds	37	40.7
IHS/Tribal/Urban (ITU) funds	38	41.8
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	38	41.8
Any language other than English	49	53.8
Languages provided by staff		
Spanish	12	13.2
American Indian/Alaska Native languages	7	7.7
Other	6	6.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	57	62.6
No crisis intervention team	34	37.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	2,240	20.1
Military veterans ²	763	6.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	58	63.7
Transitional age young adults	15	16.5
Persons 18 years and older with serious mental illness (SMI)	36	39.6
Seniors or older adults	14	15.4
Persons with Alzheimer's or dementia	3	3.3
Persons with co-occurring mental and substance use disorders	45	49.5
Persons with eating disorders	8	8.8
Persons who have experienced trauma	45	49.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	38	41.8
Persons with traumatic brain injury (TBI)	16	17.6
Veterans	15	16.5
Active duty military	7	7.7
Members of military families	13	14.3
LGBT clients	14	15.4
Forensic clients ¹	17	18.7
Persons with HIV or AIDS	8	8.8
Other	5	5.5
No programs or groups offered	12	13.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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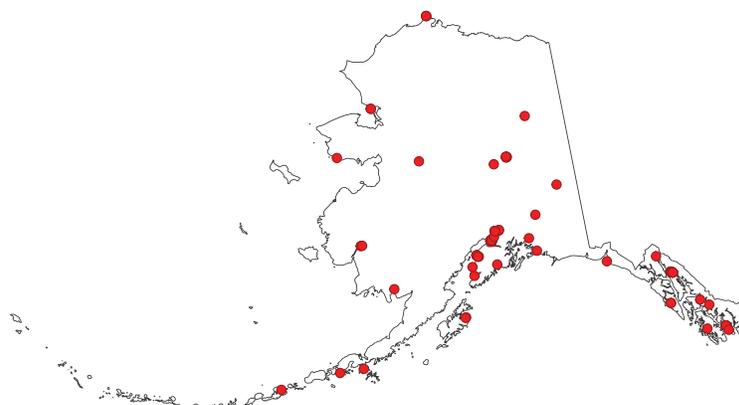
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For more information, visit: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Arizona

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Arizona, 365 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 145,182 clients in mental health treatment on April 30, 2018. The survey response rate in Arizona was 91.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	241	66.0
Private for-profit	115	31.5
Public agency or department		
State mental health agency	—	—
Other state government agency or department	1	0.3
Regional/district authority or county, local, or municipal government	2	0.5
Tribal government	1	0.3
Indian Health Service	1	0.3
Department of Veterans Affairs	4	1.1
Other	—	—
Total	365	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	36	9.9	8,041	5.5
24-hour residential	97	26.6	1,468	1.0
Less-than-24 hour			135,673	93.5
Partial hospitalization/day treatment	25	6.8		
Outpatient	261	71.5		
Total	365		145,182	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	410.7	1,958	54.6
24-hour residential	90.3	1,625	45.4
Total		3,583	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	21	5.8
General hospital	10	2.7
RTC for children	23	6.3
RTC for adults	67	18.4
Other type of residential treatment facility	2	0.5
Veterans Administration medical center	3	0.8
Community mental health center	22	6.0
Partial hospitalization/day treatment facility	3	0.8
Outpatient mental health facility	206	56.4
Multi-setting mental health facility	7	1.9
Other	1	0.3
Total	365	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	318	87.1
Couples/family therapy	246	67.4
Group therapy	331	90.7
Cognitive behavioral therapy	327	89.6
Dialectical behavior therapy	171	46.8
Behavior modification	243	66.6
Integrated dual disorders treatment	243	66.6
Trauma therapy	258	70.7
Activity therapy	183	50.1
Electroconvulsive therapy	12	3.3
Telemedicine/telehealth therapy	156	42.7
Psychotropic medication	270	74.0
Other	29	7.9
None of the above	1	0.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	124	34.0
Children (12 years or younger)	179	49.0
Adolescents (13–17 years)	194	53.2
Young adults (18–25 years)	319	87.4
Adults (26–64 years)	310	84.9
Seniors (65 years or older)	302	82.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	43	11.8
Intensive case management	109	29.9
Case management	271	74.2
Court-ordered outpatient treatment	166	45.5
Chronic disease/illness management	109	29.9
Illness management and recovery	118	32.3
Integrated primary care services	133	36.4
Diet and exercise counseling	167	45.8
Family psychoeducation	240	65.8
Education services	127	34.8
Housing services	73	20.0
Supported housing	59	16.2
Psychosocial rehabilitation services	206	56.4
Vocational rehabilitation services	106	29.0
Supported employment	110	30.1
Therapeutic foster care	11	3.0
Legal advocacy	20	5.5
Psychiatric emergency walk-in services	82	22.5
Suicide prevention services	200	54.8
Consumer-run (peer support) services	122	33.4
Screening for tobacco use	193	52.9
Smoking/tobacco cessation counseling	161	44.1
Nicotine replacement therapy	77	21.1
Non-nicotine smoking/tobacco cessation medications	86	23.6
Other	9	2.5
None	4	1.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	250	68.5
State substance abuse agency	96	26.3
State department of health	316	86.6
State or local department of family and children's services	54	14.8
Hospital licensing authority	33	9.0
The Joint Commission	96	26.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	95	26.0
Council on Accreditation (COA)	25	6.8
Centers for Medicare and Medicaid Services (CMS)	136	37.3
Other national organization or federal, state, or local agency	9	2.5

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	288	78.9
Private health insurance	272	74.5
Medicare	220	60.3
Medicaid	332	91.0
State-financed health insurance plan other than Medicaid	203	55.6
State mental health agency (or equivalent) funds	258	70.7
State welfare or child and family services agency funds	169	46.3
State corrections or juvenile justice agency funds	95	26.0
State education agency funds	41	11.2
Other state government funds	97	26.6
County or local government funds	109	29.9
Community Service Block Grants	120	32.9
Community Mental Health Block Grants	157	43.0
Federal military insurance	136	37.3
U.S. Department of Veterans Affairs funds	47	12.9
IHS/Tribal/Urban (ITU) funds	100	27.4
Other	1	0.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	256	70.1
Any language other than English	322	88.2
Languages provided by staff		
Spanish	222	60.8
American Indian/Alaska Native languages	14	3.8
Other	27	7.4

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	147	40.3
No crisis intervention team	217	59.5

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	50,034	34.5
Military veterans ²	28,993	12.2

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	96	26.3
Transitional age young adults	90	24.7
Persons 18 years and older with serious mental illness (SMI)	183	50.1
Seniors or older adults	72	19.7
Persons with Alzheimer's or dementia	19	5.2
Persons with co-occurring mental and substance use disorders	194	53.2
Persons with eating disorders	42	11.5
Persons who have experienced trauma	154	42.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	135	37.0
Persons with traumatic brain injury (TBI)	37	10.1
Veterans	47	12.9
Active duty military	27	7.4
Members of military families	42	11.5
LGBT clients	92	25.2
Forensic clients ¹	84	23.0
Persons with HIV or AIDS	43	11.8
Other	22	6.0
No programs or groups offered	52	14.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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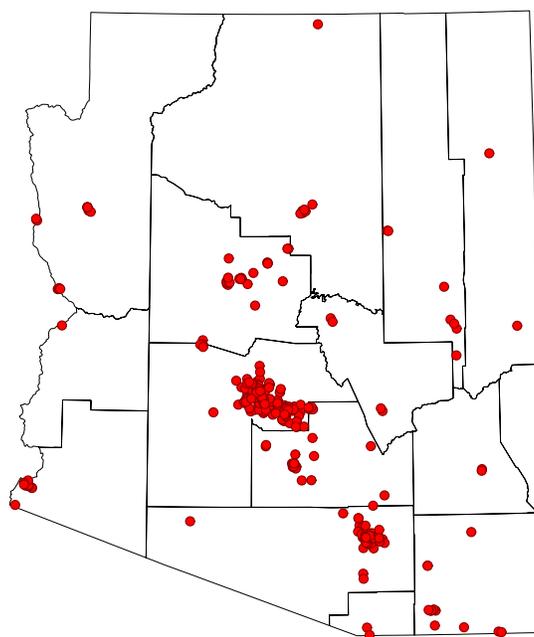
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Arkansas National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Arkansas, 227 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 65,279 clients in mental health treatment on April 30, 2018. The survey response rate in Arkansas was 95.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	133	58.6
Private for-profit	75	33.0
Public agency or department		
State mental health agency	2	0.9
Other state government agency or department	1	0.4
Regional/district authority or county, local, or municipal government	1	0.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	6.6
Other	—	—
Total	227	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	39	17.2	1,456	2.2
24-hour residential	29	12.8	1,307	2.0
Less-than-24 hour			62,516	95.8
Partial hospitalization/day treatment	58	25.6		
Outpatient	188	82.8		
Total	227		65,279	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	83.4	1,746	54.1
24-hour residential	88.3	1,481	45.9
Total		3,227	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	5.3
General hospital	24	10.6
RTC for children	8	3.5
RTC for adults	2	0.9
Other type of residential treatment facility	—	—
Veterans Administration medical center	15	6.6
Community mental health center	59	26.0
Partial hospitalization/day treatment facility	6	2.6
Outpatient mental health facility	87	38.3
Multi-setting mental health facility	14	6.2
Other	—	—
Total	227	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	223	98.2
Couples/family therapy	199	87.7
Group therapy	218	96.0
Cognitive behavioral therapy	210	92.5
Dialectical behavior therapy	133	58.6
Behavior modification	183	80.6
Integrated dual disorders treatment	122	53.7
Trauma therapy	184	81.1
Activity therapy	91	40.1
Electroconvulsive therapy	5	2.2
Telemedicine/telehealth therapy	141	62.1
Psychotropic medication	218	96.0
Other	3	1.3
None of the above	1	0.4

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	100	44.1
Children (12 years or younger)	151	66.5
Adolescents (13–17 years)	158	69.6
Young adults (18–25 years)	184	81.1
Adults (26–64 years)	180	79.3
Seniors (65 years or older)	168	74.0

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	12	5.3
Intensive case management	31	13.7
Case management	187	82.4
Court-ordered outpatient treatment	143	63.0
Chronic disease/illness management	29	12.8
Illness management and recovery	83	36.6
Integrated primary care services	37	16.3
Diet and exercise counseling	38	16.7
Family psychoeducation	152	67.0
Education services	63	27.8
Housing services	17	7.5
Supported housing	35	15.4
Psychosocial rehabilitation services	118	52.0
Vocational rehabilitation services	7	3.1
Supported employment	26	11.5
Therapeutic foster care	19	8.4
Legal advocacy	3	1.3
Psychiatric emergency walk-in services	109	48.0
Suicide prevention services	145	63.9
Consumer-run (peer support) services	35	15.4
Screening for tobacco use	90	39.6
Smoking/tobacco cessation counseling	77	33.9
Nicotine replacement therapy	47	20.7
Non-nicotine smoking/tobacco cessation medications	38	16.7
Other	3	1.3
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	158	69.6
State substance abuse agency	46	20.3
State department of health	112	49.3
State or local department of family and children's services	64	28.2
Hospital licensing authority	19	8.4
The Joint Commission	94	41.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	115	50.7
Council on Accreditation (COA)	16	7.0
Centers for Medicare and Medicaid Services (CMS)	120	52.9
Other national organization or federal, state, or local agency	9	4.0

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	204	89.9
Private health insurance	211	93.0
Medicare	156	68.7
Medicaid	209	92.1
State-financed health insurance plan other than Medicaid	169	74.4
State mental health agency (or equivalent) funds	126	55.5
State welfare or child and family services agency funds	91	40.1
State corrections or juvenile justice agency funds	69	30.4
State education agency funds	41	18.1
Other state government funds	71	31.3
County or local government funds	43	18.9
Community Service Block Grants	65	28.6
Community Mental Health Block Grants	84	37.0
Federal military insurance	158	69.6
U.S. Department of Veterans Affairs funds	58	25.6
IHS/Tribal/Urban (ITU) funds	6	2.6
Other	1	0.4

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	146	64.3
Any language other than English	166	73.1
Languages provided by staff		
Spanish	35	15.4
American Indian/Alaska Native languages	—	—
Other	3	1.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	180	79.3
No crisis intervention team	46	20.3

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	13,879	21.3
Military veterans ²	5,186	6.1

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	120	52.9
Transitional age young adults	43	18.9
Persons 18 years and older with serious mental illness (SMI)	132	58.1
Seniors or older adults	62	27.3
Persons with Alzheimer's or dementia	25	11.0
Persons with co-occurring mental and substance use disorders	91	40.1
Persons with eating disorders	30	13.2
Persons who have experienced trauma	83	36.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	74	32.6
Persons with traumatic brain injury (TBI)	16	7.0
Veterans	22	9.7
Active duty military	15	6.6
Members of military families	22	9.7
LGBT clients	33	14.5
Forensic clients ¹	68	30.0
Persons with HIV or AIDS	25	11.0
Other	6	2.6
No programs or groups offered	29	12.8

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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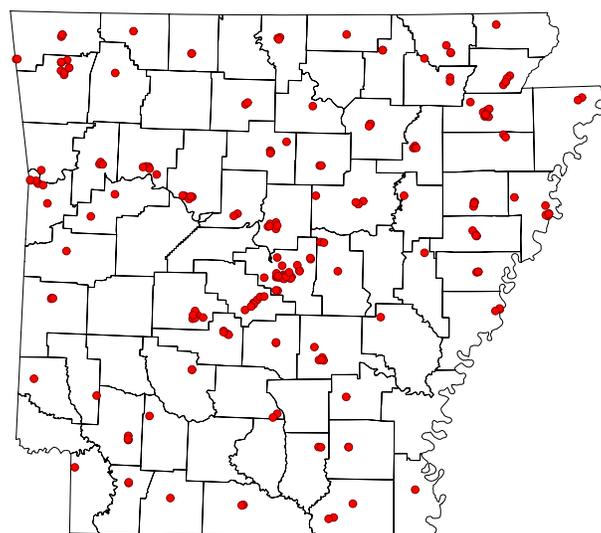
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Location of treatment facilities



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www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — California

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In California, 851 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 246,757 clients in mental health treatment on April 30, 2018. The survey response rate in California was 87.4 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	473	55.6
Private for-profit	121	14.2
Public agency or department		
State mental health agency	3	0.4
Other state government agency or department	25	2.9
Regional/district authority or county, local, or municipal government	199	23.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	30	3.5
Other	—	—
Total	851	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	128	15.0	13,157	5.3
24-hour residential	169	19.9	5,462	2.2
Less-than-24 hour			228,138	92.5
Partial hospitalization/day treatment	97	11.4		
Outpatient	647	76.0		
Total	851		246,757	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	119.7	10,993	63.5
24-hour residential	86.3	6,331	36.5
Total		17,324	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	60	7.1
General hospital	59	6.9
RTC for children	38	4.5
RTC for adults	99	11.6
Other type of residential treatment facility	4	0.5
Veterans Administration medical center	22	2.6
Community mental health center	95	11.2
Partial hospitalization/day treatment facility	12	1.4
Outpatient mental health facility	436	51.2
Multi-setting mental health facility	26	3.1
Other	—	—
Total	851	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	785	92.2
Couples/family therapy	550	64.6
Group therapy	736	86.5
Cognitive behavioral therapy	767	90.1
Dialectical behavior therapy	414	48.6
Behavior modification	531	62.4
Integrated dual disorders treatment	439	51.6
Trauma therapy	644	75.7
Activity therapy	432	50.8
Electroconvulsive therapy	28	3.3
Telemedicine/telehealth therapy	230	27.0
Psychotropic medication	719	84.5
Other	31	3.6
None of the above	3	0.4

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	188	22.1
Children (12 years or younger)	409	48.1
Adolescents (13–17 years)	459	53.9
Young adults (18–25 years)	736	86.5
Adults (26–64 years)	616	72.4
Seniors (65 years or older)	520	61.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	120	14.1
Intensive case management	333	39.1
Case management	705	82.8
Court-ordered outpatient treatment	251	29.5
Chronic disease/illness management	116	13.6
Illness management and recovery	172	20.2
Integrated primary care services	185	21.7
Diet and exercise counseling	232	27.3
Family psychoeducation	617	72.5
Education services	223	26.2
Housing services	260	30.6
Supported housing	172	20.2
Psychosocial rehabilitation services	552	64.9
Vocational rehabilitation services	193	22.7
Supported employment	145	17.0
Therapeutic foster care	47	5.5
Legal advocacy	58	6.8
Psychiatric emergency walk-in services	204	24.0
Suicide prevention services	512	60.2
Consumer-run (peer support) services	288	33.8
Screening for tobacco use	349	41.0
Smoking/tobacco cessation counseling	249	29.3
Nicotine replacement therapy	175	20.6
Non-nicotine smoking/tobacco cessation medications	135	15.9
Other	10	1.2
None	1	0.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	520	61.1
State substance abuse agency	120	14.1
State department of health	400	47.0
State or local department of family and children's services	137	16.1
Hospital licensing authority	108	12.7
The Joint Commission	239	28.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	131	15.4
Council on Accreditation (COA)	82	9.6
Centers for Medicare and Medicaid Services (CMS)	359	42.2
Other national organization or federal, state, or local agency	45	5.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	520	61.1
Private health insurance	407	47.8
Medicare	529	62.2
Medicaid	641	75.3
State-financed health insurance plan other than Medicaid	344	40.4
State mental health agency (or equivalent) funds	416	48.9
State welfare or child and family services agency funds	270	31.7
State corrections or juvenile justice agency funds	165	19.4
State education agency funds	105	12.3
Other state government funds	246	28.9
County or local government funds	518	60.9
Community Service Block Grants	106	12.5
Community Mental Health Block Grants	169	19.9
Federal military insurance	140	16.5
U.S. Department of Veterans Affairs funds	105	12.3
IHS/Tribal/Urban (ITU) funds	31	3.6
Other	7	0.8

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	439	51.6
Any language other than English	747	87.8
Languages provided by staff		
Spanish	657	77.2
American Indian/Alaska Native languages	2	0.2
Other	289	34.0

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	460	54.1
No crisis intervention team	389	45.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	67,985	27.6
Military veterans ²	61,517	11.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	301	35.4
Transitional age young adults	268	31.5
Persons 18 years and older with serious mental illness (SMI)	433	50.9
Seniors or older adults	212	24.9
Persons with Alzheimer's or dementia	28	3.3
Persons with co-occurring mental and substance use disorders	407	47.8
Persons with eating disorders	73	8.6
Persons who have experienced trauma	393	46.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	385	45.2
Persons with traumatic brain injury (TBI)	25	2.9
Veterans	95	11.2
Active duty military	22	2.6
Members of military families	44	5.2
LGBT clients	215	25.3
Forensic clients ¹	166	19.5
Persons with HIV or AIDS	80	9.4
Other	61	7.2
No programs or groups offered	70	8.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2018 unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

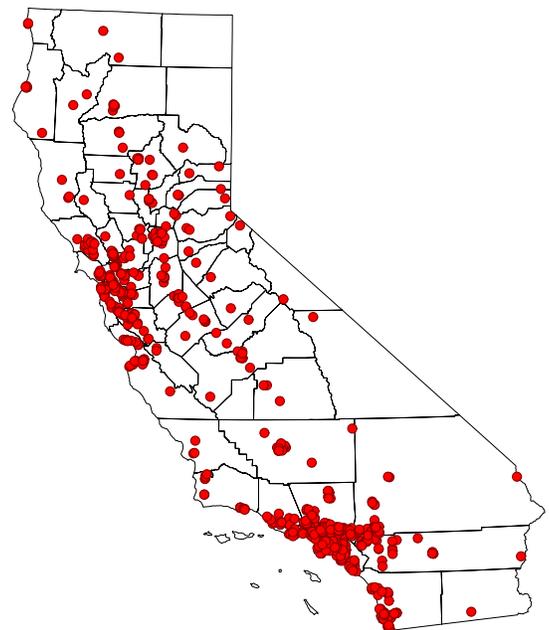
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

For more information, visit: <https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Colorado

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Colorado, 182 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 91,810 clients in mental health treatment on April 30, 2018. The survey response rate in Colorado was 93.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	158	86.8
Private for-profit	11	6.0
Public agency or department		
State mental health agency	1	0.5
Other state government agency or department	3	1.6
Regional/district authority or county, local, or municipal government	1	0.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	8	4.4
Other	—	—
Total	182	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	22	12.1	6,582	7.2
24-hour residential	42	23.1	987	1.1
Less-than-24 hour			84,241	91.8
Partial hospitalization/day treatment	20	11.0		
Outpatient	145	79.7		
Total	182		91,810	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	454.9	1,447	61.6
24-hour residential	109.5	901	38.4
Total		2,348	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	10	5.5
General hospital	9	4.9
RTC for children	16	8.8
RTC for adults	17	9.3
Other type of residential treatment facility	2	1.1
Veterans Administration medical center	8	4.4
Community mental health center	87	47.8
Partial hospitalization/day treatment facility	1	0.5
Outpatient mental health facility	27	14.8
Multi-setting mental health facility	5	2.7
Other	—	—
Total	182	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	174	95.6
Couples/family therapy	143	78.6
Group therapy	180	98.9
Cognitive behavioral therapy	168	92.3
Dialectical behavior therapy	153	84.1
Behavior modification	127	69.8
Integrated dual disorders treatment	125	68.7
Trauma therapy	163	89.6
Activity therapy	93	51.1
Electroconvulsive therapy	10	5.5
Telemedicine/telehealth therapy	95	52.2
Psychotropic medication	158	86.8
Other	10	5.5
None of the above	1	0.5

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	93	51.1
Children (12 years or younger)	117	64.3
Adolescents (13–17 years)	130	71.4
Young adults (18–25 years)	161	88.5
Adults (26–64 years)	153	84.1
Seniors (65 years or older)	146	80.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	62	34.1
Intensive case management	82	45.1
Case management	160	87.9
Court-ordered outpatient treatment	101	55.5
Chronic disease/illness management	56	30.8
Illness management and recovery	57	31.3
Integrated primary care services	55	30.2
Diet and exercise counseling	61	33.5
Family psychoeducation	140	76.9
Education services	67	36.8
Housing services	70	38.5
Supported housing	41	22.5
Psychosocial rehabilitation services	89	48.9
Vocational rehabilitation services	67	36.8
Supported employment	47	25.8
Therapeutic foster care	8	4.4
Legal advocacy	4	2.2
Psychiatric emergency walk-in services	69	37.9
Suicide prevention services	142	78.0
Consumer-run (peer support) services	76	41.8
Screening for tobacco use	106	58.2
Smoking/tobacco cessation counseling	93	51.1
Nicotine replacement therapy	66	36.3
Non-nicotine smoking/tobacco cessation medications	58	31.9
Other	3	1.6
None	1	0.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	163	89.6
State substance abuse agency	109	59.9
State department of health	115	63.2
State or local department of family and children's services	45	24.7
Hospital licensing authority	14	7.7
The Joint Commission	38	20.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	^	^
Council on Accreditation (COA)	15	8.2
Centers for Medicare and Medicaid Services (CMS)	100	54.9
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	172	94.5
Private health insurance	161	88.5
Medicare	140	76.9
Medicaid	168	92.3
State-financed health insurance plan other than Medicaid	119	65.4
State mental health agency (or equivalent) funds	124	68.1
State welfare or child and family services agency funds	116	63.7
State corrections or juvenile justice agency funds	96	52.7
State education agency funds	66	36.3
Other state government funds	100	54.9
County or local government funds	123	67.6
Community Service Block Grants	59	32.4
Community Mental Health Block Grants	93	51.1
Federal military insurance	109	59.9
U.S. Department of Veterans Affairs funds	48	26.4
IHS/Tribal/Urban (ITU) funds	18	9.9
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	95	52.2
Any language other than English	146	80.2
Languages provided by staff		
Spanish	71	39.0
American Indian/Alaska Native languages	—	—
Other	5	2.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	134	73.6
No crisis intervention team	48	26.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	15,622	17.0
Military veterans ²	9,707	5.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	72	39.6
Transitional age young adults	37	20.3
Persons 18 years and older with serious mental illness (SMI)	85	46.7
Seniors or older adults	43	23.6
Persons with Alzheimer's or dementia	6	3.3
Persons with co-occurring mental and substance use disorders	104	57.1
Persons with eating disorders	6	3.3
Persons who have experienced trauma	102	56.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	98	53.8
Persons with traumatic brain injury (TBI)	4	2.2
Veterans	22	12.1
Active duty military	13	7.1
Members of military families	13	7.1
LGBT clients	28	15.4
Forensic clients ¹	34	18.7
Persons with HIV or AIDS	9	4.9
Other	7	3.8
No programs or groups offered	25	13.7

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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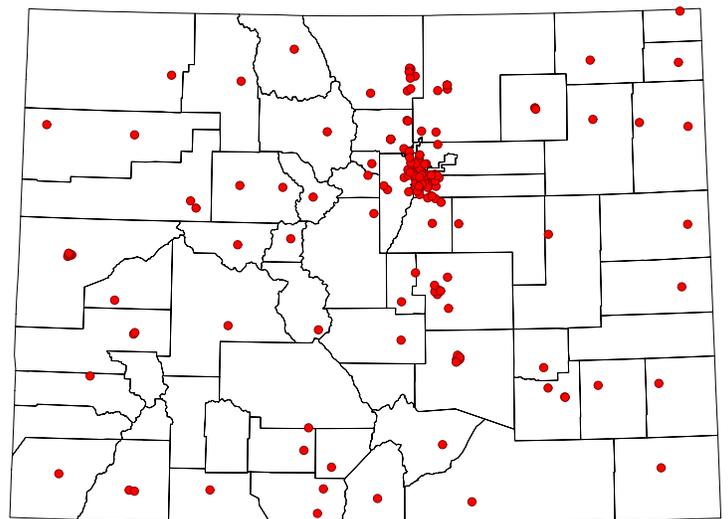
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For more information, visit: <https://www.dasis.samhsa.gov/>

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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Connecticut National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Connecticut, 227 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 66,870 clients in mental health treatment on April 30, 2018. The survey response rate in Connecticut was 88.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	198	87.2
Private for-profit	7	3.1
Public agency or department		
State mental health agency	13	5.7
Other state government agency or department	2	0.9
Regional/district authority or county, local, or municipal government	5	2.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	0.9
Other	—	—
Total	227	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	28	12.3	2,107	3.2
24-hour residential	34	15.0	2,898	4.3
Less-than-24 hour			61,865	92.5
Partial hospitalization/day treatment	40	17.6		
Outpatient	184	81.1		
Total	227		66,870	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	144.1	1,462	59.3
24-hour residential	288.4	1,005	40.7
Total		2,467	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	3.1
General hospital	21	9.3
RTC for children	3	1.3
RTC for adults	12	5.3
Other type of residential treatment facility	4	1.8
Veterans Administration medical center	2	0.9
Community mental health center	21	9.3
Partial hospitalization/day treatment facility	12	5.3
Outpatient mental health facility	130	57.3
Multi-setting mental health facility	15	6.6
Other	—	—
Total	227	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	206	90.7
Couples/family therapy	174	76.7
Group therapy	208	91.6
Cognitive behavioral therapy	212	93.4
Dialectical behavior therapy	137	60.4
Behavior modification	131	57.7
Integrated dual disorders treatment	135	59.5
Trauma therapy	183	80.6
Activity therapy	90	39.6
Electroconvulsive therapy	9	4.0
Telemedicine/telehealth therapy	8	3.5
Psychotropic medication	209	92.1
Other	13	5.7
None of the above	2	0.9

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	69	30.4
Children (12 years or younger)	118	52.0
Adolescents (13–17 years)	142	62.6
Young adults (18–25 years)	187	82.4
Adults (26–64 years)	183	80.6
Seniors (65 years or older)	170	74.9

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	18	7.9
Intensive case management	35	15.4
Case management	129	56.8
Court-ordered outpatient treatment	79	34.8
Chronic disease/illness management	51	22.5
Illness management and recovery	60	26.4
Integrated primary care services	59	26.0
Diet and exercise counseling	81	35.7
Family psychoeducation	170	74.9
Education services	61	26.9
Housing services	38	16.7
Supported housing	22	9.7
Psychosocial rehabilitation services	66	29.1
Vocational rehabilitation services	38	16.7
Supported employment	35	15.4
Therapeutic foster care	5	2.2
Legal advocacy	12	5.3
Psychiatric emergency walk-in services	60	26.4
Suicide prevention services	111	48.9
Consumer-run (peer support) services	43	18.9
Screening for tobacco use	131	57.7
Smoking/tobacco cessation counseling	115	50.7
Nicotine replacement therapy	86	37.9
Non-nicotine smoking/tobacco cessation medications	85	37.4
Other	1	0.4
None	3	1.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	117	51.5
State substance abuse agency	80	35.2
State department of health	191	84.1
State or local department of family and children's services	112	49.3
Hospital licensing authority	38	16.7
The Joint Commission	125	55.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	24	10.6
Council on Accreditation (COA)	33	14.5
Centers for Medicare and Medicaid Services (CMS)	141	62.1
Other national organization or federal, state, or local agency	15	6.6

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	208	91.6
Private health insurance	197	86.8
Medicare	173	76.2
Medicaid	216	95.2
State-financed health insurance plan other than Medicaid	167	73.6
State mental health agency (or equivalent) funds	139	61.2
State welfare or child and family services agency funds	125	55.1
State corrections or juvenile justice agency funds	66	29.1
State education agency funds	35	15.4
Other state government funds	92	40.5
County or local government funds	76	33.5
Community Service Block Grants	56	24.7
Community Mental Health Block Grants	76	33.5
Federal military insurance	110	48.5
U.S. Department of Veterans Affairs funds	41	18.1
IHS/Tribal/Urban (ITU) funds	13	5.7
Other	3	1.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	79	34.8
Any language other than English	147	64.8
Languages provided by staff		
Spanish	118	52.0
American Indian/Alaska Native languages	—	—
Other	45	19.8

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	98	43.2
No crisis intervention team	129	56.8

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	24,897	37.2
Military veterans ²	5,349	4.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	67	29.5
Transitional age young adults	53	23.3
Persons 18 years and older with serious mental illness (SMI)	99	43.6
Seniors or older adults	57	25.1
Persons with Alzheimer's or dementia	9	4.0
Persons with co-occurring mental and substance use disorders	134	59.0
Persons with eating disorders	22	9.7
Persons who have experienced trauma	116	51.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	111	48.9
Persons with traumatic brain injury (TBI)	24	10.6
Veterans	27	11.9
Active duty military	14	6.2
Members of military families	21	9.3
LGBT clients	73	32.2
Forensic clients ¹	43	18.9
Persons with HIV or AIDS	29	12.8
Other	12	5.3
No programs or groups offered	28	12.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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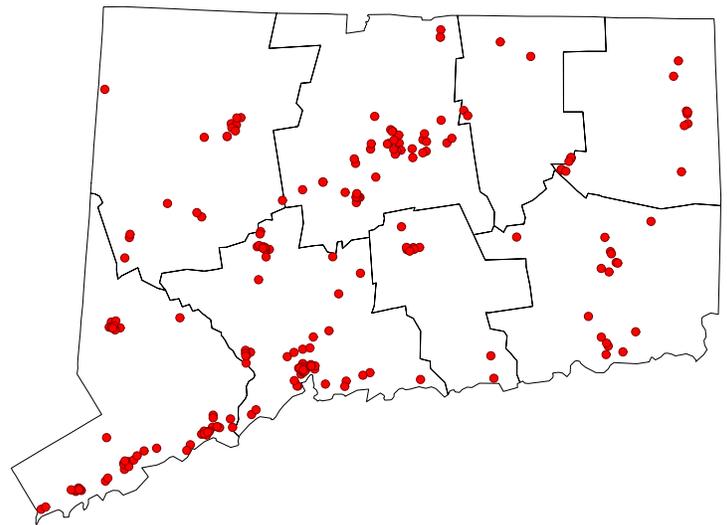
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Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Delaware National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Delaware, 36 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 8,597 clients in mental health treatment on April 30, 2018. The survey response rate in Delaware was 92.5 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	20	55.6
Private for-profit	11	30.6
Public agency or department		
State mental health agency	1	2.8
Other state government agency or department	2	5.6
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	5.6
Other	—	—
Total	36	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	5	13.9	377	4.4
24-hour residential	4	11.1	71	0.8
Less-than-24 hour			8,149	94.8
Partial hospitalization/day treatment	5	13.9		
Outpatient	30	83.3		
Total	36		8,597	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	89.5	421	91.9
24-hour residential	191.9	37	8.1
Total		458	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	4	11.1
General hospital	1	2.8
RTC for children	1	2.8
RTC for adults	3	8.3
Other type of residential treatment facility	—	—
Veterans Administration medical center	2	5.6
Community mental health center	4	11.1
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	21	58.3
Multi-setting mental health facility	—	—
Other	—	—
Total	36	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	34	94.4
Couples/family therapy	27	75.0
Group therapy	29	80.6
Cognitive behavioral therapy	36	100.0
Dialectical behavior therapy	14	38.9
Behavior modification	28	77.8
Integrated dual disorders treatment	23	63.9
Trauma therapy	32	88.9
Activity therapy	15	41.7
Electroconvulsive therapy	1	2.8
Telemedicine/telehealth therapy	18	50.0
Psychotropic medication	34	94.4
Other	1	2.8
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	15	41.7
Children (12 years or younger)	22	61.1
Adolescents (13–17 years)	24	66.7
Young adults (18–25 years)	34	94.4
Adults (26–64 years)	34	94.4
Seniors (65 years or older)	28	77.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	5	13.9
Intensive case management	5	13.9
Case management	12	33.3
Court-ordered outpatient treatment	15	41.7
Chronic disease/illness management	8	22.2
Illness management and recovery	10	27.8
Integrated primary care services	10	27.8
Diet and exercise counseling	10	27.8
Family psychoeducation	30	83.3
Education services	13	36.1
Housing services	5	13.9
Supported housing	4	11.1
Psychosocial rehabilitation services	8	22.2
Vocational rehabilitation services	4	11.1
Supported employment	6	16.7
Therapeutic foster care	1	2.8
Legal advocacy	3	8.3
Psychiatric emergency walk-in services	7	19.4
Suicide prevention services	22	61.1
Consumer-run (peer support) services	9	25.0
Screening for tobacco use	16	44.4
Smoking/tobacco cessation counseling	15	41.7
Nicotine replacement therapy	9	25.0
Non-nicotine smoking/tobacco cessation medications	8	22.2
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	18	50.0
State substance abuse agency	14	38.9
State department of health	14	38.9
State or local department of family and children's services	12	33.3
Hospital licensing authority	7	19.4
The Joint Commission	17	47.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	12	33.3
Council on Accreditation (COA)	5	13.9
Centers for Medicare and Medicaid Services (CMS)	14	38.9
Other national organization or federal, state, or local agency	4	11.1

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	29	80.6
Private health insurance	30	83.3
Medicare	23	63.9
Medicaid	33	91.7
State-financed health insurance plan other than Medicaid	28	77.8
State mental health agency (or equivalent) funds	25	69.4
State welfare or child and family services agency funds	19	52.8
State corrections or juvenile justice agency funds	14	38.9
State education agency funds	15	41.7
Other state government funds	20	55.6
County or local government funds	14	38.9
Community Service Block Grants	10	27.8
Community Mental Health Block Grants	10	27.8
Federal military insurance	22	61.1
U.S. Department of Veterans Affairs funds	10	27.8
IHS/Tribal/Urban (ITU) funds	2	5.6
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	19	52.8
Any language other than English	24	66.7
Languages provided by staff		
Spanish	15	41.7
American Indian/Alaska Native languages	1	2.8
Other	5	13.9

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	13	36.1
No crisis intervention team	23	63.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	2,581	30.0
Military veterans ²	3,153	14.8

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	10	27.8
Transitional age young adults	4	11.1
Persons 18 years and older with serious mental illness (SMI)	14	38.9
Seniors or older adults	11	30.6
Persons with Alzheimer's or dementia	2	5.6
Persons with co-occurring mental and substance use disorders	17	47.2
Persons with eating disorders	2	5.6
Persons who have experienced trauma	14	38.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	12	33.3
Persons with traumatic brain injury (TBI)	4	11.1
Veterans	10	27.8
Active duty military	5	13.9
Members of military families	5	13.9
LGBT clients	9	25.0
Forensic clients ¹	6	16.7
Persons with HIV or AIDS	3	8.3
Other	3	8.3
No programs or groups offered	6	16.7

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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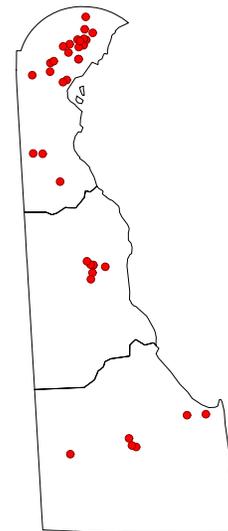
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Location of treatment facilities



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2018 State Profile — District of Columbia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In the District of Columbia, 35 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 14,564 clients in mental health treatment on April 30, 2018. The survey response rate in the District of Columbia was 78.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	23	65.7
Private for-profit	8	22.9
Public agency or department		
State mental health agency	1	2.9
Other state government agency or department	1	2.9
Regional/district authority or county, local, or municipal government	1	2.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	2.9
Other	—	—
Total	35	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	5	14.3	350	2.4
24-hour residential	1	2.9	12	0.1
Less-than-24 hour			14,202	97.5
Partial hospitalization/day treatment	3	8.6		
Outpatient	31	88.6		
Total	35		14,564	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	89.5	391	97.0
24-hour residential	100.0	12	3.0
Total		403	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	1	2.9
General hospital	4	11.4
RTC for children	—	—
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	1	2.9
Community mental health center	3	8.6
Partial hospitalization/day treatment facility	1	2.9
Outpatient mental health facility	25	71.4
Multi-setting mental health facility	—	—
Other	—	—
Total	35	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	35	100.0
Couples/family therapy	25	71.4
Group therapy	31	88.6
Cognitive behavioral therapy	32	91.4
Dialectical behavior therapy	14	40.0
Behavior modification	21	60.0
Integrated dual disorders treatment	24	68.6
Trauma therapy	26	74.3
Activity therapy	11	31.4
Electroconvulsive therapy	1	2.9
Telemedicine/telehealth therapy	6	17.1
Psychotropic medication	31	88.6
Other	4	11.4
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	16	45.7
Children (12 years or younger)	21	60.0
Adolescents (13–17 years)	23	65.7
Young adults (18–25 years)	33	94.3
Adults (26–64 years)	30	85.7
Seniors (65 years or older)	30	85.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	7	20.0
Intensive case management	7	20.0
Case management	20	57.1
Court-ordered outpatient treatment	17	48.6
Chronic disease/illness management	11	31.4
Illness management and recovery	10	28.6
Integrated primary care services	16	45.7
Diet and exercise counseling	17	48.6
Family psychoeducation	19	54.3
Education services	8	22.9
Housing services	10	28.6
Supported housing	8	22.9
Psychosocial rehabilitation services	17	48.6
Vocational rehabilitation services	4	11.4
Supported employment	10	28.6
Therapeutic foster care	1	2.9
Legal advocacy	5	14.3
Psychiatric emergency walk-in services	12	34.3
Suicide prevention services	17	48.6
Consumer-run (peer support) services	11	31.4
Screening for tobacco use	12	34.3
Smoking/tobacco cessation counseling	12	34.3
Nicotine replacement therapy	7	20.0
Non-nicotine smoking/tobacco cessation medications	5	14.3
Other	—	—
None	4	11.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	31	88.6
State substance abuse agency	11	31.4
State department of health	20	57.1
State or local department of family and children's services	8	22.9
Hospital licensing authority	^	^
The Joint Commission	7	20.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	3	8.6
Council on Accreditation (COA)	5	14.3
Centers for Medicare and Medicaid Services (CMS)	16	45.7
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	23	65.7
Private health insurance	22	62.9
Medicare	26	74.3
Medicaid	32	91.4
State-financed health insurance plan other than Medicaid	23	65.7
State mental health agency (or equivalent) funds	17	48.6
State welfare or child and family services agency funds	11	31.4
State corrections or juvenile justice agency funds	7	20.0
State education agency funds	5	14.3
Other state government funds	11	31.4
County or local government funds	16	45.7
Community Service Block Grants	6	17.1
Community Mental Health Block Grants	8	22.9
Federal military insurance	12	34.3
U.S. Department of Veterans Affairs funds	5	14.3
IHS/Tribal/Urban (ITU) funds	—	—
Other	1	2.9

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	17	48.6
Any language other than English	29	82.9
Languages provided by staff		
Spanish	23	65.7
American Indian/Alaska Native languages	—	—
Other	8	22.9

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	15	42.9
No crisis intervention team	20	57.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	5,898	40.5
Military veterans ²	2,489	7.9

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	12	34.3
Transitional age young adults	11	31.4
Persons 18 years and older with serious mental illness (SMI)	18	51.4
Seniors or older adults	11	31.4
Persons with Alzheimer's or dementia	1	2.9
Persons with co-occurring mental and substance use disorders	20	57.1
Persons with eating disorders	4	11.4
Persons who have experienced trauma	22	62.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	18	51.4
Persons with traumatic brain injury (TBI)	4	11.4
Veterans	6	17.1
Active duty military	1	2.9
Members of military families	5	14.3
LGBT clients	13	37.1
Forensic clients ¹	8	22.9
Persons with HIV or AIDS	13	37.1
Other	2	5.7
No programs or groups offered	3	8.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

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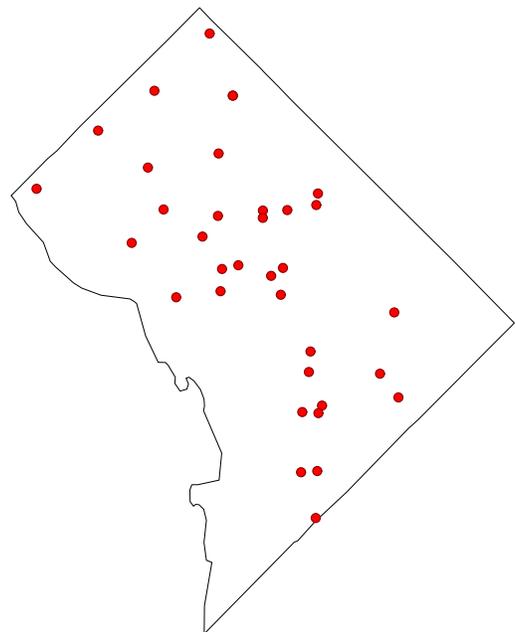
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2018 State Profile — Florida National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Florida, 482 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 228,525 clients in mental health treatment on April 30, 2018. The survey response rate in Florida was 89.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	318	66.0
Private for-profit	105	21.8
Public agency or department		
State mental health agency	4	0.8
Other state government agency or department	1	0.2
Regional/district authority or county, local, or municipal government	11	2.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	43	8.9
Other	—	—
Total	482	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	110	22.8	14,992	6.6
24-hour residential	94	19.5	2,914	1.3
Less-than-24 hour			210,619	92.2
Partial hospitalization/day treatment	84	17.4		
Outpatient	367	76.1		
Total	482		228,525	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	240.8	6,227	65.7
24-hour residential	89.5	3,255	34.3
Total		9,482	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	39	8.1
General hospital	44	9.1
RTC for children	20	4.1
RTC for adults	41	8.5
Other type of residential treatment facility	2	0.4
Veterans Administration medical center	38	7.9
Community mental health center	105	21.8
Partial hospitalization/day treatment facility	6	1.2
Outpatient mental health facility	167	34.6
Multi-setting mental health facility	19	3.9
Other	1	0.2
Total	482	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	427	88.6
Couples/family therapy	324	67.2
Group therapy	400	83.0
Cognitive behavioral therapy	402	83.4
Dialectical behavior therapy	200	41.5
Behavior modification	262	54.4
Integrated dual disorders treatment	289	60.0
Trauma therapy	347	72.0
Activity therapy	221	45.9
Electroconvulsive therapy	33	6.8
Telemedicine/telehealth therapy	135	28.0
Psychotropic medication	390	80.9
Other	18	3.7
None of the above	6	1.2

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	196	40.7
Children (12 years or younger)	260	53.9
Adolescents (13–17 years)	268	55.6
Young adults (18–25 years)	433	89.8
Adults (26–64 years)	429	89.0
Seniors (65 years or older)	403	83.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	60	12.4
Intensive case management	83	17.2
Case management	327	67.8
Court-ordered outpatient treatment	208	43.2
Chronic disease/illness management	104	21.6
Illness management and recovery	114	23.7
Integrated primary care services	124	25.7
Diet and exercise counseling	129	26.8
Family psychoeducation	264	54.8
Education services	128	26.6
Housing services	83	17.2
Supported housing	81	16.8
Psychosocial rehabilitation services	177	36.7
Vocational rehabilitation services	46	9.5
Supported employment	49	10.2
Therapeutic foster care	26	5.4
Legal advocacy	27	5.6
Psychiatric emergency walk-in services	182	37.8
Suicide prevention services	261	54.1
Consumer-run (peer support) services	116	24.1
Screening for tobacco use	238	49.4
Smoking/tobacco cessation counseling	186	38.6
Nicotine replacement therapy	145	30.1
Non-nicotine smoking/tobacco cessation medications	115	23.9
Other	6	1.2
None	8	1.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	223	46.3
State substance abuse agency	154	32.0
State department of health	202	41.9
State or local department of family and children's services	307	63.7
Hospital licensing authority	90	18.7
The Joint Commission	220	45.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	182	37.8
Council on Accreditation (COA)	62	12.9
Centers for Medicare and Medicaid Services (CMS)	225	46.7
Other national organization or federal, state, or local agency	16	3.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	407	84.4
Private health insurance	381	79.0
Medicare	271	56.2
Medicaid	380	78.8
State-financed health insurance plan other than Medicaid	217	45.0
State mental health agency (or equivalent) funds	249	51.7
State welfare or child and family services agency funds	192	39.8
State corrections or juvenile justice agency funds	110	22.8
State education agency funds	53	11.0
Other state government funds	164	34.0
County or local government funds	209	43.4
Community Service Block Grants	91	18.9
Community Mental Health Block Grants	128	26.6
Federal military insurance	225	46.7
U.S. Department of Veterans Affairs funds	123	25.5
IHS/Tribal/Urban (ITU) funds	25	5.2
Other	8	1.7

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	342	71.0
Any language other than English	376	78.0
Languages provided by staff		
Spanish	268	55.6
American Indian/Alaska Native languages	—	—
Other	122	25.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	183	38.0
No crisis intervention team	297	61.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	58,365	25.5
Military veterans ²	79,915	17.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	122	25.3
Transitional age young adults	73	15.1
Persons 18 years and older with serious mental illness (SMI)	212	44.0
Seniors or older adults	125	25.9
Persons with Alzheimer's or dementia	32	6.6
Persons with co-occurring mental and substance use disorders	237	49.2
Persons with eating disorders	34	7.1
Persons who have experienced trauma	179	37.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	172	35.7
Persons with traumatic brain injury (TBI)	29	6.0
Veterans	120	24.9
Active duty military	38	7.9
Members of military families	63	13.1
LGBT clients	93	19.3
Forensic clients ¹	116	24.1
Persons with HIV or AIDS	62	12.9
Other	27	5.6
No programs or groups offered	79	16.4

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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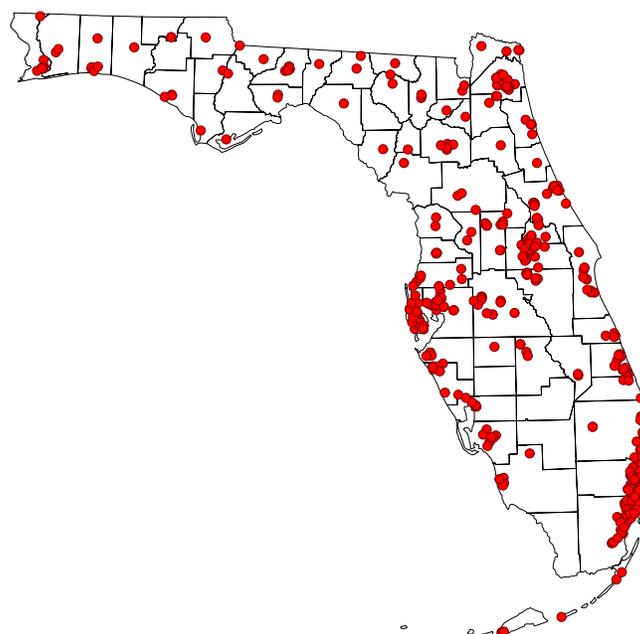
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Georgia

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Georgia, 219 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 77,784 clients in mental health treatment on April 30, 2018. The survey response rate in Georgia was 89.7 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	71	32.4
Private for-profit	52	23.7
Public agency or department		
State mental health agency	18	8.2
Other state government agency or department	43	19.6
Regional/district authority or county, local, or municipal government	24	11.0
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	11	5.0
Other	—	—
Total	219	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	37	16.9	2,006	2.6
24-hour residential	21	9.6	1,187	1.5
Less-than-24 hour			74,591	95.9
Partial hospitalization/day treatment	37	16.9		
Outpatient	187	85.4		
Total	219		77,784	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	96.6	2,076	61.8
24-hour residential	92.6	1,282	38.2
Total		3,358	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	19	8.7
General hospital	15	6.8
RTC for children	5	2.3
RTC for adults	8	3.7
Other type of residential treatment facility	—	—
Veterans Administration medical center	9	4.1
Community mental health center	37	16.9
Partial hospitalization/day treatment facility	4	1.8
Outpatient mental health facility	113	51.6
Multi-setting mental health facility	9	4.1
Other	—	—
Total	219	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	195	89.0
Couples/family therapy	166	75.8
Group therapy	205	93.6
Cognitive behavioral therapy	196	89.5
Dialectical behavior therapy	132	60.3
Behavior modification	148	67.6
Integrated dual disorders treatment	148	67.6
Trauma therapy	161	73.5
Activity therapy	102	46.6
Electroconvulsive therapy	9	4.1
Telemedicine/telehealth therapy	129	58.9
Psychotropic medication	200	91.3
Other	6	2.7
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	113	51.6
Children (12 years or younger)	145	66.2
Adolescents (13–17 years)	156	71.2
Young adults (18–25 years)	202	92.2
Adults (26–64 years)	192	87.7
Seniors (65 years or older)	181	82.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	37	16.9
Intensive case management	56	25.6
Case management	176	80.4
Court-ordered outpatient treatment	137	62.6
Chronic disease/illness management	27	12.3
Illness management and recovery	58	26.5
Integrated primary care services	45	20.5
Diet and exercise counseling	77	35.2
Family psychoeducation	154	70.3
Education services	69	31.5
Housing services	61	27.9
Supported housing	53	24.2
Psychosocial rehabilitation services	118	53.9
Vocational rehabilitation services	30	13.7
Supported employment	52	23.7
Therapeutic foster care	14	6.4
Legal advocacy	6	2.7
Psychiatric emergency walk-in services	102	46.6
Suicide prevention services	154	70.3
Consumer-run (peer support) services	81	37.0
Screening for tobacco use	101	46.1
Smoking/tobacco cessation counseling	64	29.2
Nicotine replacement therapy	44	20.1
Non-nicotine smoking/tobacco cessation medications	33	15.1
Other	3	1.4
None	2	0.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	129	58.9
State substance abuse agency	128	58.4
State department of health	91	41.6
State or local department of family and children's services	32	14.6
Hospital licensing authority	34	15.5
The Joint Commission	58	26.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	147	67.1
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	103	47.0
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	190	86.8
Private health insurance	179	81.7
Medicare	160	73.1
Medicaid	193	88.1
State-financed health insurance plan other than Medicaid	161	73.5
State mental health agency (or equivalent) funds	147	67.1
State welfare or child and family services agency funds	102	46.6
State corrections or juvenile justice agency funds	85	38.8
State education agency funds	37	16.9
Other state government funds	89	40.6
County or local government funds	93	42.5
Community Service Block Grants	69	31.5
Community Mental Health Block Grants	77	35.2
Federal military insurance	119	54.3
U.S. Department of Veterans Affairs funds	77	35.2
IHS/Tribal/Urban (ITU) funds	11	5.0
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	137	62.6
Any language other than English	165	75.3
Languages provided by staff		
Spanish	50	22.8
American Indian/Alaska Native languages	—	—
Other	8	3.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	92	42.0
No crisis intervention team	127	58.0

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	30,889	39.7
Military veterans ²	15,240	9.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	78	35.6
Transitional age young adults	48	21.9
Persons 18 years and older with serious mental illness (SMI)	113	51.6
Seniors or older adults	69	31.5
Persons with Alzheimer's or dementia	9	4.1
Persons with co-occurring mental and substance use disorders	150	68.5
Persons with eating disorders	15	6.8
Persons who have experienced trauma	106	48.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	103	47.0
Persons with traumatic brain injury (TBI)	11	5.0
Veterans	60	27.4
Active duty military	24	11.0
Members of military families	39	17.8
LGBT clients	48	21.9
Forensic clients ¹	42	19.2
Persons with HIV or AIDS	31	14.2
Other	6	2.7
No programs or groups offered	32	14.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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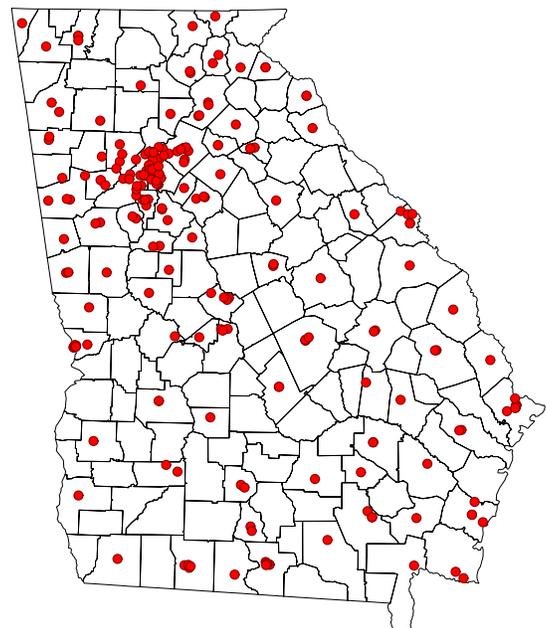
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Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
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2018 State Profile — Hawaii

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Hawaii, 38 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 5,374 clients in mental health treatment on April 30, 2018. The survey response rate in Hawaii was 95.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	8	21.1
Private for-profit	8	21.1
Public agency or department		
State mental health agency	1	2.6
Other state government agency or department	18	47.4
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	3	7.9
Other	—	—
Total	38	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	8	21.1	344	6.4
24-hour residential	3	7.9	92	1.7
Less-than-24 hour			4,938	91.9
Partial hospitalization/day treatment	6	15.8		
Outpatient	32	84.2		
Total	38		5,374	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	89.1	386	77.4
24-hour residential	81.4	113	22.6
Total		499	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	5.3
General hospital	6	15.8
RTC for children	—	—
RTC for adults	—	—
Other type of residential treatment facility	1	2.6
Veterans Administration medical center	1	2.6
Community mental health center	9	23.7
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	18	47.4
Multi-setting mental health facility	1	2.6
Other	—	—
Total	38	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	36	94.7
Couples/family therapy	23	60.5
Group therapy	26	68.4
Cognitive behavioral therapy	29	76.3
Dialectical behavior therapy	16	42.1
Behavior modification	23	60.5
Integrated dual disorders treatment	25	65.8
Trauma therapy	24	63.2
Activity therapy	12	31.6
Electroconvulsive therapy	2	5.3
Telemedicine/telehealth therapy	13	34.2
Psychotropic medication	33	86.8
Other	1	2.6
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	11	28.9
Children (12 years or younger)	14	36.8
Adolescents (13–17 years)	14	36.8
Young adults (18–25 years)	38	100.0
Adults (26–64 years)	35	92.1
Seniors (65 years or older)	35	92.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	4	10.5
Intensive case management	18	47.4
Case management	27	71.1
Court-ordered outpatient treatment	23	60.5
Chronic disease/illness management	13	34.2
Illness management and recovery	13	34.2
Integrated primary care services	13	34.2
Diet and exercise counseling	15	39.5
Family psychoeducation	25	65.8
Education services	13	34.2
Housing services	16	42.1
Supported housing	10	26.3
Psychosocial rehabilitation services	17	44.7
Vocational rehabilitation services	5	13.2
Supported employment	9	23.7
Therapeutic foster care	—	—
Legal advocacy	6	15.8
Psychiatric emergency walk-in services	20	52.6
Suicide prevention services	27	71.1
Consumer-run (peer support) services	13	34.2
Screening for tobacco use	24	63.2
Smoking/tobacco cessation counseling	24	63.2
Nicotine replacement therapy	15	39.5
Non-nicotine smoking/tobacco cessation medications	17	44.7
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	19	50.0
State substance abuse agency	8	21.1
State department of health	31	81.6
State or local department of family and children's services	3	7.9
Hospital licensing authority	8	21.1
The Joint Commission	12	31.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	18	47.4
Council on Accreditation (COA)	8	21.1
Centers for Medicare and Medicaid Services (CMS)	23	60.5
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	19	50.0
Private health insurance	22	57.9
Medicare	35	92.1
Medicaid	34	89.5
State-financed health insurance plan other than Medicaid	25	65.8
State mental health agency (or equivalent) funds	27	71.1
State welfare or child and family services agency funds	8	21.1
State corrections or juvenile justice agency funds	7	18.4
State education agency funds	4	10.5
Other state government funds	18	47.4
County or local government funds	10	26.3
Community Service Block Grants	4	10.5
Community Mental Health Block Grants	11	28.9
Federal military insurance	20	52.6
U.S. Department of Veterans Affairs funds	15	39.5
IHS/Tribal/Urban (ITU) funds	2	5.3
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	19	50.0
Any language other than English	31	81.6
Languages provided by staff		
Spanish	12	31.6
American Indian/Alaska Native languages	—	—
Other	12	31.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	20	52.6
No crisis intervention team	18	47.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	1,860	34.6
Military veterans ²	627	8.9

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	11	28.9
Transitional age young adults	9	23.7
Persons 18 years and older with serious mental illness (SMI)	25	65.8
Seniors or older adults	13	34.2
Persons with Alzheimer's or dementia	2	5.3
Persons with co-occurring mental and substance use disorders	24	63.2
Persons with eating disorders	8	21.1
Persons who have experienced trauma	12	31.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	15	39.5
Persons with traumatic brain injury (TBI)	6	15.8
Veterans	12	31.6
Active duty military	6	15.8
Members of military families	7	18.4
LGBT clients	9	23.7
Forensic clients ¹	18	47.4
Persons with HIV or AIDS	9	23.7
Other	—	—
No programs or groups offered	4	10.5

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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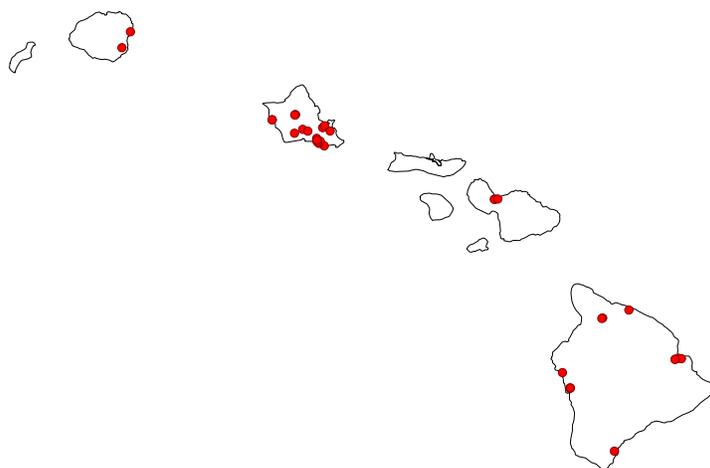
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Location of treatment facilities



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www.samhsa.gov/data

<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Idaho

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Idaho, 127 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 24,382 clients in mental health treatment on April 30, 2018. The survey response rate in Idaho was 83.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	11	8.7
Private for-profit	91	71.7
Public agency or department		
State mental health agency	11	8.7
Other state government agency or department	7	5.5
Regional/district authority or county, local, or municipal government	1	0.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	4.7
Other	—	—
Total	127	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	9	7.1	352	1.4
24-hour residential	5	3.9	107	0.4
Less-than-24 hour			23,923	98.1
Partial hospitalization/day treatment	6	4.7		
Outpatient	118	92.9		
Total	127		24,382	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	78.0	451	66.6
24-hour residential	47.3	226	33.4
Total		677	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	2.4
General hospital	5	3.9
RTC for children	3	2.4
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	6	4.7
Community mental health center	17	13.4
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	91	71.7
Multi-setting mental health facility	2	1.6
Other	—	—
Total	127	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	126	99.2
Couples/family therapy	106	83.5
Group therapy	107	84.3
Cognitive behavioral therapy	121	95.3
Dialectical behavior therapy	91	71.7
Behavior modification	94	74.0
Integrated dual disorders treatment	77	60.6
Trauma therapy	106	83.5
Activity therapy	60	47.2
Electroconvulsive therapy	3	2.4
Telemedicine/telehealth therapy	30	23.6
Psychotropic medication	74	58.3
Other	9	7.1
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	95	74.8
Children (12 years or younger)	99	78.0
Adolescents (13–17 years)	108	85.0
Young adults (18–25 years)	123	96.9
Adults (26–64 years)	123	96.9
Seniors (65 years or older)	120	94.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	33	26.0
Intensive case management	23	18.1
Case management	108	85.0
Court-ordered outpatient treatment	83	65.4
Chronic disease/illness management	23	18.1
Illness management and recovery	25	19.7
Integrated primary care services	24	18.9
Diet and exercise counseling	24	18.9
Family psychoeducation	92	72.4
Education services	36	28.3
Housing services	15	11.8
Supported housing	12	9.4
Psychosocial rehabilitation services	83	65.4
Vocational rehabilitation services	10	7.9
Supported employment	7	5.5
Therapeutic foster care	3	2.4
Legal advocacy	5	3.9
Psychiatric emergency walk-in services	43	33.9
Suicide prevention services	77	60.6
Consumer-run (peer support) services	54	42.5
Screening for tobacco use	32	25.2
Smoking/tobacco cessation counseling	27	21.3
Nicotine replacement therapy	16	12.6
Non-nicotine smoking/tobacco cessation medications	21	16.5
Other	1	0.8
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	92	72.4
State substance abuse agency	42	33.1
State department of health	55	43.3
State or local department of family and children's services	31	24.4
Hospital licensing authority	^	^
The Joint Commission	20	15.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	15	11.8
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	57	44.9
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	119	93.7
Private health insurance	117	92.1
Medicare	75	59.1
Medicaid	104	81.9
State-financed health insurance plan other than Medicaid	78	61.4
State mental health agency (or equivalent) funds	76	59.8
State welfare or child and family services agency funds	74	58.3
State corrections or juvenile justice agency funds	67	52.8
State education agency funds	47	37.0
Other state government funds	62	48.8
County or local government funds	63	49.6
Community Service Block Grants	33	26.0
Community Mental Health Block Grants	39	30.7
Federal military insurance	86	67.7
U.S. Department of Veterans Affairs funds	47	37.0
IHS/Tribal/Urban (ITU) funds	22	17.3
Other	2	1.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	41	32.3
Any language other than English	64	50.4
Languages provided by staff		
Spanish	41	32.3
American Indian/Alaska Native languages	—	—
Other	9	7.1

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	66	52.0
No crisis intervention team	61	48.0

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	7,565	31.0
Military veterans ²	5,628	15.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	56	44.1
Transitional age young adults	30	23.6
Persons 18 years and older with serious mental illness (SMI)	68	53.5
Seniors or older adults	37	29.1
Persons with Alzheimer's or dementia	4	3.1
Persons with co-occurring mental and substance use disorders	57	44.9
Persons with eating disorders	15	11.8
Persons who have experienced trauma	57	44.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	56	44.1
Persons with traumatic brain injury (TBI)	18	14.2
Veterans	30	23.6
Active duty military	19	15.0
Members of military families	22	17.3
LGBT clients	26	20.5
Forensic clients ¹	27	21.3
Persons with HIV or AIDS	12	9.4
Other	5	3.9
No programs or groups offered	32	25.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2018 unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

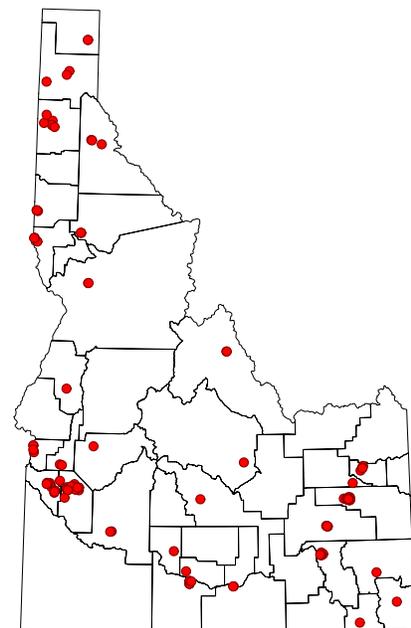
For more information, visit: <https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Illinois National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Illinois, 364 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 111,463 clients in mental health treatment on April 30, 2018. The survey response rate in Illinois was 89.0 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	274	75.3
Private for-profit	27	7.4
Public agency or department		
State mental health agency	5	1.4
Other state government agency or department	12	3.3
Regional/district authority or county, local, or municipal government	24	6.6
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	22	6.0
Other	—	—
Total	364	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	78	21.4	3,962	3.6
24-hour residential	70	19.2	1,769	1.6
Less-than-24 hour			105,732	94.9
Partial hospitalization/day treatment	60	16.5		
Outpatient	273	75.0		
Total	364		111,463	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	88.7	4,467	68.6
24-hour residential	86.5	2,044	31.4
Total		6,511	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	20	5.5
General hospital	54	14.8
RTC for children	10	2.7
RTC for adults	36	9.9
Other type of residential treatment facility	2	0.5
Veterans Administration medical center	19	5.2
Community mental health center	97	26.6
Partial hospitalization/day treatment facility	8	2.2
Outpatient mental health facility	99	27.2
Multi-setting mental health facility	19	5.2
Other	—	—
Total	364	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	333	91.5
Couples/family therapy	256	70.3
Group therapy	325	89.3
Cognitive behavioral therapy	314	86.3
Dialectical behavior therapy	199	54.7
Behavior modification	236	64.8
Integrated dual disorders treatment	164	45.1
Trauma therapy	247	67.9
Activity therapy	170	46.7
Electroconvulsive therapy	19	5.2
Telemedicine/telehealth therapy	105	28.8
Psychotropic medication	285	78.3
Other	13	3.6
None of the above	1	0.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	172	47.3
Children (12 years or younger)	200	54.9
Adolescents (13–17 years)	226	62.1
Young adults (18–25 years)	327	89.8
Adults (26–64 years)	326	89.6
Seniors (65 years or older)	322	88.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	30	8.2
Intensive case management	69	19.0
Case management	305	83.8
Court-ordered outpatient treatment	135	37.1
Chronic disease/illness management	67	18.4
Illness management and recovery	98	26.9
Integrated primary care services	95	26.1
Diet and exercise counseling	135	37.1
Family psychoeducation	222	61.0
Education services	122	33.5
Housing services	89	24.5
Supported housing	68	18.7
Psychosocial rehabilitation services	101	27.7
Vocational rehabilitation services	53	14.6
Supported employment	69	19.0
Therapeutic foster care	13	3.6
Legal advocacy	25	6.9
Psychiatric emergency walk-in services	137	37.6
Suicide prevention services	217	59.6
Consumer-run (peer support) services	80	22.0
Screening for tobacco use	160	44.0
Smoking/tobacco cessation counseling	127	34.9
Nicotine replacement therapy	93	25.5
Non-nicotine smoking/tobacco cessation medications	79	21.7
Other	7	1.9
None	5	1.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	241	66.2
State substance abuse agency	127	34.9
State department of health	141	38.7
State or local department of family and children's services	94	25.8
Hospital licensing authority	76	20.9
The Joint Commission	183	50.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	128	35.2
Council on Accreditation (COA)	53	14.6
Centers for Medicare and Medicaid Services (CMS)	224	61.5
Other national organization or federal, state, or local agency	24	6.6

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	312	85.7
Private health insurance	308	84.6
Medicare	256	70.3
Medicaid	326	89.6
State-financed health insurance plan other than Medicaid	219	60.2
State mental health agency (or equivalent) funds	190	52.2
State welfare or child and family services agency funds	133	36.5
State corrections or juvenile justice agency funds	74	20.3
State education agency funds	57	15.7
Other state government funds	138	37.9
County or local government funds	176	48.4
Community Service Block Grants	93	25.5
Community Mental Health Block Grants	116	31.9
Federal military insurance	158	43.4
U.S. Department of Veterans Affairs funds	71	19.5
IHS/Tribal/Urban (ITU) funds	11	3.0
Other	4	1.1

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	195	53.6
Any language other than English	240	65.9
Languages provided by staff		
Spanish	107	29.4
American Indian/Alaska Native languages	—	—
Other	35	9.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	249	68.4
No crisis intervention team	114	31.3

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	23,145	20.8
Military veterans ²	8,854	3.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	98	26.9
Transitional age young adults	49	13.5
Persons 18 years and older with serious mental illness (SMI)	172	47.3
Seniors or older adults	77	21.2
Persons with Alzheimer's or dementia	26	7.1
Persons with co-occurring mental and substance use disorders	129	35.4
Persons with eating disorders	20	5.5
Persons who have experienced trauma	102	28.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	94	25.8
Persons with traumatic brain injury (TBI)	13	3.6
Veterans	52	14.3
Active duty military	16	4.4
Members of military families	21	5.8
LGBT clients	41	11.3
Forensic clients ¹	42	11.5
Persons with HIV or AIDS	24	6.6
Other	22	6.0
No programs or groups offered	56	15.4

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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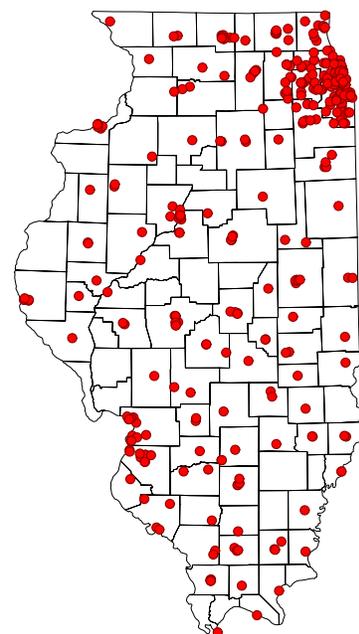
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For more information, visit: <https://wwwdasis.samhsa.gov/>

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Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Indiana National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Indiana, 288 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 119,948 clients in mental health treatment on April 30, 2018. The survey response rate in Indiana was 95.5 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	224	77.8
Private for-profit	23	8.0
Public agency or department		
State mental health agency	7	2.4
Other state government agency or department	11	3.8
Regional/district authority or county, local, or municipal government	7	2.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	16	5.6
Other	—	—
Total	288	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	64	22.2	2,080	1.7
24-hour residential	55	19.1	1,801	1.5
Less-than-24 hour			116,067	96.8
Partial hospitalization/day treatment	29	10.1		
Outpatient	220	76.4		
Total	288		119,948	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	77.6	2,680	59.8
24-hour residential	99.9	1,803	40.2
Total		4,483	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	30	10.4
General hospital	26	9.0
RTC for children	14	4.9
RTC for adults	26	9.0
Other type of residential treatment facility	3	1.0
Veterans Administration medical center	11	3.8
Community mental health center	144	50.0
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	33	11.5
Multi-setting mental health facility	1	0.3
Other	—	—
Total	288	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	260	90.3
Couples/family therapy	225	78.1
Group therapy	253	87.8
Cognitive behavioral therapy	260	90.3
Dialectical behavior therapy	168	58.3
Behavior modification	152	52.8
Integrated dual disorders treatment	160	55.6
Trauma therapy	224	77.8
Activity therapy	128	44.4
Electroconvulsive therapy	13	4.5
Telemedicine/telehealth therapy	104	36.1
Psychotropic medication	259	89.9
Other	1	0.3
None of the above	1	0.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	154	53.5
Children (12 years or younger)	181	62.8
Adolescents (13–17 years)	186	64.6
Young adults (18–25 years)	259	89.9
Adults (26–64 years)	255	88.5
Seniors (65 years or older)	254	88.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	23	8.0
Intensive case management	96	33.3
Case management	237	82.3
Court-ordered outpatient treatment	150	52.1
Chronic disease/illness management	71	24.7
Illness management and recovery	115	39.9
Integrated primary care services	82	28.5
Diet and exercise counseling	108	37.5
Family psychoeducation	181	62.8
Education services	85	29.5
Housing services	63	21.9
Supported housing	41	14.2
Psychosocial rehabilitation services	146	50.7
Vocational rehabilitation services	43	14.9
Supported employment	67	23.3
Therapeutic foster care	9	3.1
Legal advocacy	6	2.1
Psychiatric emergency walk-in services	130	45.1
Suicide prevention services	203	70.5
Consumer-run (peer support) services	54	18.8
Screening for tobacco use	232	80.6
Smoking/tobacco cessation counseling	171	59.4
Nicotine replacement therapy	117	40.6
Non-nicotine smoking/tobacco cessation medications	112	38.9
Other	4	1.4
None	2	0.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	221	76.7
State substance abuse agency	165	57.3
State department of health	123	42.7
State or local department of family and children's services	101	35.1
Hospital licensing authority	58	20.1
The Joint Commission	193	67.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	95	33.0
Council on Accreditation (COA)	26	9.0
Centers for Medicare and Medicaid Services (CMS)	156	54.2
Other national organization or federal, state, or local agency	12	4.2

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	263	91.3
Private health insurance	271	94.1
Medicare	246	85.4
Medicaid	269	93.4
State-financed health insurance plan other than Medicaid	228	79.2
State mental health agency (or equivalent) funds	215	74.7
State welfare or child and family services agency funds	207	71.9
State corrections or juvenile justice agency funds	165	57.3
State education agency funds	83	28.8
Other state government funds	141	49.0
County or local government funds	179	62.2
Community Service Block Grants	106	36.8
Community Mental Health Block Grants	143	49.7
Federal military insurance	219	76.0
U.S. Department of Veterans Affairs funds	102	35.4
IHS/Tribal/Urban (ITU) funds	21	7.3
Other	1	0.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	209	72.6
Any language other than English	215	74.7
Languages provided by staff		
Spanish	65	22.6
American Indian/Alaska Native languages	1	0.3
Other	9	3.1

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	189	65.6
No crisis intervention team	98	34.0

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	27,675	23.1
Military veterans ²	17,089	9.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	125	43.4
Transitional age young adults	55	19.1
Persons 18 years and older with serious mental illness (SMI)	170	59.0
Seniors or older adults	67	23.3
Persons with Alzheimer's or dementia	27	9.4
Persons with co-occurring mental and substance use disorders	152	52.8
Persons with eating disorders	16	5.6
Persons who have experienced trauma	102	35.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	96	33.3
Persons with traumatic brain injury (TBI)	12	4.2
Veterans	49	17.0
Active duty military	22	7.6
Members of military families	34	11.8
LGBT clients	36	12.5
Forensic clients ¹	59	20.5
Persons with HIV or AIDS	21	7.3
Other	13	4.5
No programs or groups offered	32	11.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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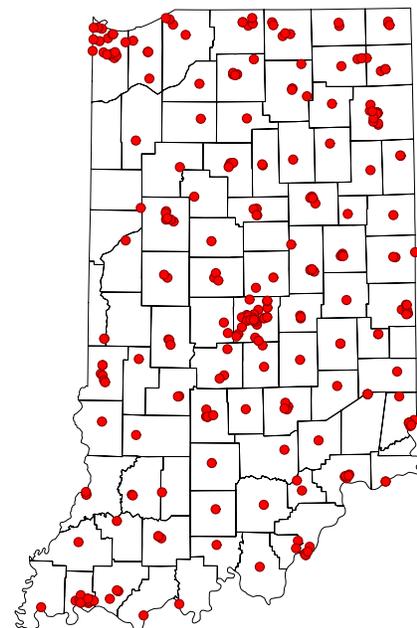
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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For more information, visit: <https://www.dasis.samhsa.gov/>

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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Iowa

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Iowa, 141 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 52,721 clients in mental health treatment on April 30, 2018. The survey response rate in Iowa was 90.6 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	117	83.0
Private for-profit	9	6.4
Public agency or department		
State mental health agency	1	0.7
Other state government agency or department	2	1.4
Regional/district authority or county, local, or municipal government	3	2.1
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	9	6.4
Other	—	—
Total	141	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	27	19.1	763	1.4
24-hour residential	18	12.8	587	1.1
Less-than-24 hour			51,371	97.4
Partial hospitalization/day treatment	11	7.8		
Outpatient	113	80.1		
Total	141		52,721	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	93.4	817	51.4
24-hour residential	76.0	772	48.6
Total		1,589	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	2.1
General hospital	22	15.6
RTC for children	7	5.0
RTC for adults	10	7.1
Other type of residential treatment facility	—	—
Veterans Administration medical center	9	6.4
Community mental health center	49	34.8
Partial hospitalization/day treatment facility	3	2.1
Outpatient mental health facility	36	25.5
Multi-setting mental health facility	2	1.4
Other	—	—
Total	141	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	125	88.7
Couples/family therapy	102	72.3
Group therapy	106	75.2
Cognitive behavioral therapy	119	84.4
Dialectical behavior therapy	83	58.9
Behavior modification	81	57.4
Integrated dual disorders treatment	53	37.6
Trauma therapy	95	67.4
Activity therapy	61	43.3
Electroconvulsive therapy	10	7.1
Telemedicine/telehealth therapy	56	39.7
Psychotropic medication	105	74.5
Other	9	6.4
None of the above	1	0.7

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	86	61.0
Children (12 years or younger)	98	69.5
Adolescents (13–17 years)	105	74.5
Young adults (18–25 years)	132	93.6
Adults (26–64 years)	129	91.5
Seniors (65 years or older)	127	90.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	12	8.5
Intensive case management	15	10.6
Case management	51	36.2
Court-ordered outpatient treatment	79	56.0
Chronic disease/illness management	12	8.5
Illness management and recovery	17	12.1
Integrated primary care services	32	22.7
Diet and exercise counseling	28	19.9
Family psychoeducation	59	41.8
Education services	43	30.5
Housing services	11	7.8
Supported housing	11	7.8
Psychosocial rehabilitation services	29	20.6
Vocational rehabilitation services	10	7.1
Supported employment	10	7.1
Therapeutic foster care	3	2.1
Legal advocacy	6	4.3
Psychiatric emergency walk-in services	37	26.2
Suicide prevention services	63	44.7
Consumer-run (peer support) services	30	21.3
Screening for tobacco use	72	51.1
Smoking/tobacco cessation counseling	48	34.0
Nicotine replacement therapy	34	24.1
Non-nicotine smoking/tobacco cessation medications	31	22.0
Other	2	1.4
None	5	3.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	73	51.8
State substance abuse agency	32	22.7
State department of health	70	49.6
State or local department of family and children's services	25	17.7
Hospital licensing authority	23	16.3
The Joint Commission	49	34.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	24	17.0
Council on Accreditation (COA)	16	11.3
Centers for Medicare and Medicaid Services (CMS)	83	58.9
Other national organization or federal, state, or local agency	12	8.5

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	132	93.6
Private health insurance	127	90.1
Medicare	105	74.5
Medicaid	129	91.5
State-financed health insurance plan other than Medicaid	101	71.6
State mental health agency (or equivalent) funds	61	43.3
State welfare or child and family services agency funds	66	46.8
State corrections or juvenile justice agency funds	64	45.4
State education agency funds	31	22.0
Other state government funds	57	40.4
County or local government funds	110	78.0
Community Service Block Grants	46	32.6
Community Mental Health Block Grants	62	44.0
Federal military insurance	111	78.7
U.S. Department of Veterans Affairs funds	59	41.8
IHS/Tribal/Urban (ITU) funds	13	9.2
Other	1	0.7

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	68	48.2
Any language other than English	79	56.0
Languages provided by staff		
Spanish	21	14.9
American Indian/Alaska Native languages	—	—
Other	—	—

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	57	40.4
No crisis intervention team	84	59.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	12,657	24.0
Military veterans ²	2,979	3.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	32	22.7
Transitional age young adults	11	7.8
Persons 18 years and older with serious mental illness (SMI)	41	29.1
Seniors or older adults	17	12.1
Persons with Alzheimer's or dementia	9	6.4
Persons with co-occurring mental and substance use disorders	28	19.9
Persons with eating disorders	12	8.5
Persons who have experienced trauma	32	22.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	33	23.4
Persons with traumatic brain injury (TBI)	6	4.3
Veterans	20	14.2
Active duty military	12	8.5
Members of military families	11	7.8
LGBT clients	18	12.8
Forensic clients ¹	12	8.5
Persons with HIV or AIDS	8	5.7
Other	3	2.1
No programs or groups offered	59	41.8

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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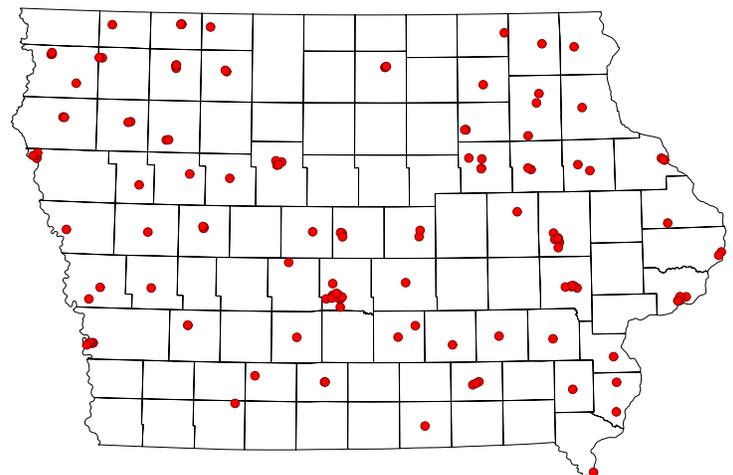
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Location of treatment facilities



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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Kansas National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Kansas, 121 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 52,601 clients in mental health treatment on April 30, 2018. The survey response rate in Kansas was 95.5 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	78	64.5
Private for-profit	12	9.9
Public agency or department		
State mental health agency	1	0.8
Other state government agency or department	4	3.3
Regional/district authority or county, local, or municipal government	24	19.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	1.7
Other	—	—
Total	121	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	23	19.0	1,122	2.1
24-hour residential	19	15.7	825	1.6
Less-than-24 hour			50,654	96.3
Partial hospitalization/day treatment	11	9.1		
Outpatient	97	80.2		
Total	121		52,601	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	91.4	1,228	56.5
24-hour residential	87.2	946	43.5
Total		2,174	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	5.8
General hospital	14	11.6
RTC for children	4	3.3
RTC for adults	6	5.0
Other type of residential treatment facility	1	0.8
Veterans Administration medical center	2	1.7
Community mental health center	71	58.7
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	14	11.6
Multi-setting mental health facility	2	1.7
Other	—	—
Total	121	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	110	90.9
Couples/family therapy	82	67.8
Group therapy	102	84.3
Cognitive behavioral therapy	104	86.0
Dialectical behavior therapy	50	41.3
Behavior modification	86	71.1
Integrated dual disorders treatment	61	50.4
Trauma therapy	68	56.2
Activity therapy	53	43.8
Electroconvulsive therapy	3	2.5
Telemedicine/telehealth therapy	57	47.1
Psychotropic medication	99	81.8
Other	4	3.3
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	64	52.9
Children (12 years or younger)	80	66.1
Adolescents (13–17 years)	83	68.6
Young adults (18–25 years)	102	84.3
Adults (26–64 years)	100	82.6
Seniors (65 years or older)	103	85.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	5	4.1
Intensive case management	28	23.1
Case management	89	73.6
Court-ordered outpatient treatment	66	54.5
Chronic disease/illness management	16	13.2
Illness management and recovery	19	15.7
Integrated primary care services	22	18.2
Diet and exercise counseling	22	18.2
Family psychoeducation	50	41.3
Education services	35	28.9
Housing services	20	16.5
Supported housing	32	26.4
Psychosocial rehabilitation services	66	54.5
Vocational rehabilitation services	19	15.7
Supported employment	38	31.4
Therapeutic foster care	3	2.5
Legal advocacy	4	3.3
Psychiatric emergency walk-in services	50	41.3
Suicide prevention services	73	60.3
Consumer-run (peer support) services	27	22.3
Screening for tobacco use	41	33.9
Smoking/tobacco cessation counseling	31	25.6
Nicotine replacement therapy	27	22.3
Non-nicotine smoking/tobacco cessation medications	26	21.5
Other	2	1.7
None	2	1.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	89	73.6
State substance abuse agency	56	46.3
State department of health	36	29.8
State or local department of family and children's services	27	22.3
Hospital licensing authority	19	15.7
The Joint Commission	23	19.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	9	7.4
Council on Accreditation (COA)	6	5.0
Centers for Medicare and Medicaid Services (CMS)	63	52.1
Other national organization or federal, state, or local agency	3	2.5

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	113	93.4
Private health insurance	116	95.9
Medicare	99	81.8
Medicaid	112	92.6
State-financed health insurance plan other than Medicaid	74	61.2
State mental health agency (or equivalent) funds	78	64.5
State welfare or child and family services agency funds	56	46.3
State corrections or juvenile justice agency funds	50	41.3
State education agency funds	22	18.2
Other state government funds	51	42.1
County or local government funds	76	62.8
Community Service Block Grants	32	26.4
Community Mental Health Block Grants	66	54.5
Federal military insurance	93	76.9
U.S. Department of Veterans Affairs funds	41	33.9
IHS/Tribal/Urban (ITU) funds	13	10.7
Other	1	0.8

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	63	52.1
Any language other than English	86	71.1
Languages provided by staff		
Spanish	37	30.6
American Indian/Alaska Native languages	—	—
Other	4	3.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	74	61.2
No crisis intervention team	47	38.8

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	9,612	18.3
Military veterans ²	5,561	6.3

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	58	47.9
Transitional age young adults	26	21.5
Persons 18 years and older with serious mental illness (SMI)	58	47.9
Seniors or older adults	29	24.0
Persons with Alzheimer's or dementia	14	11.6
Persons with co-occurring mental and substance use disorders	45	37.2
Persons with eating disorders	10	8.3
Persons who have experienced trauma	38	31.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	38	31.4
Persons with traumatic brain injury (TBI)	6	5.0
Veterans	16	13.2
Active duty military	6	5.0
Members of military families	8	6.6
LGBT clients	15	12.4
Forensic clients ¹	17	14.0
Persons with HIV or AIDS	9	7.4
Other	4	3.3
No programs or groups offered	28	23.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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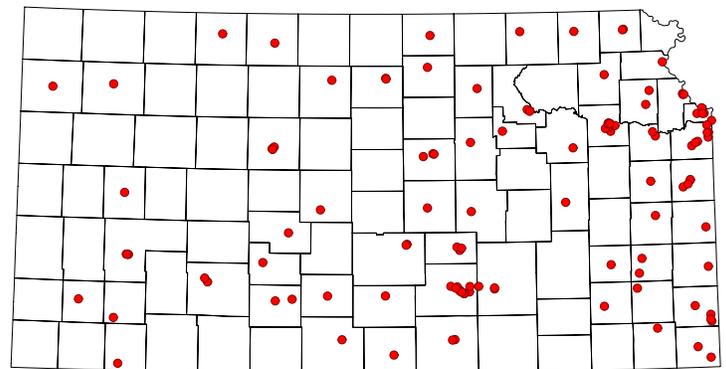
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Location of treatment facilities



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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Kentucky National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Kentucky, 215 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 68,818 clients in mental health treatment on April 30, 2018. The survey response rate in Kentucky was 96.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	173	80.5
Private for-profit	16	7.4
Public agency or department		
State mental health agency	3	1.4
Other state government agency or department	2	0.9
Regional/district authority or county, local, or municipal government	6	2.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	7.0
Other	—	—
Total	215	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	32	14.9	1,323	1.9
24-hour residential	40	18.6	1,371	2.0
Less-than-24 hour			66,124	96.1
Partial hospitalization/day treatment	20	9.3		
Outpatient	166	77.2		
Total	215		68,818	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	72.2	1,832	58.4
24-hour residential	105.1	1,304	41.6
Total		3,136	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	11	5.1
General hospital	18	8.4
RTC for children	25	11.6
RTC for adults	4	1.9
Other type of residential treatment facility	—	—
Veterans Administration medical center	13	6.0
Community mental health center	105	48.8
Partial hospitalization/day treatment facility	2	0.9
Outpatient mental health facility	29	13.5
Multi-setting mental health facility	7	3.3
Other	1	0.5
Total	215	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	210	97.7
Couples/family therapy	180	83.7
Group therapy	198	92.1
Cognitive behavioral therapy	206	95.8
Dialectical behavior therapy	133	61.9
Behavior modification	177	82.3
Integrated dual disorders treatment	146	67.9
Trauma therapy	190	88.4
Activity therapy	78	36.3
Electroconvulsive therapy	8	3.7
Telemedicine/telehealth therapy	104	48.4
Psychotropic medication	190	88.4
Other	2	0.9
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	116	54.0
Children (12 years or younger)	147	68.4
Adolescents (13–17 years)	162	75.3
Young adults (18–25 years)	178	82.8
Adults (26–64 years)	173	80.5
Seniors (65 years or older)	171	79.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	59	27.4
Intensive case management	65	30.2
Case management	179	83.3
Court-ordered outpatient treatment	113	52.6
Chronic disease/illness management	58	27.0
Illness management and recovery	73	34.0
Integrated primary care services	35	16.3
Diet and exercise counseling	44	20.5
Family psychoeducation	155	72.1
Education services	78	36.3
Housing services	69	32.1
Supported housing	52	24.2
Psychosocial rehabilitation services	68	31.6
Vocational rehabilitation services	24	11.2
Supported employment	71	33.0
Therapeutic foster care	20	9.3
Legal advocacy	5	2.3
Psychiatric emergency walk-in services	113	52.6
Suicide prevention services	177	82.3
Consumer-run (peer support) services	70	32.6
Screening for tobacco use	113	52.6
Smoking/tobacco cessation counseling	58	27.0
Nicotine replacement therapy	40	18.6
Non-nicotine smoking/tobacco cessation medications	29	13.5
Other	4	1.9
None	1	0.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	149	69.3
State substance abuse agency	93	43.3
State department of health	51	23.7
State or local department of family and children's services	62	28.8
Hospital licensing authority	31	14.4
The Joint Commission	111	51.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	65	30.2
Council on Accreditation (COA)	26	12.1
Centers for Medicare and Medicaid Services (CMS)	139	64.7
Other national organization or federal, state, or local agency	3	1.4

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	185	86.0
Private health insurance	184	85.6
Medicare	150	69.8
Medicaid	195	90.7
State-financed health insurance plan other than Medicaid	143	66.5
State mental health agency (or equivalent) funds	135	62.8
State welfare or child and family services agency funds	114	53.0
State corrections or juvenile justice agency funds	105	48.8
State education agency funds	38	17.7
Other state government funds	102	47.4
County or local government funds	76	35.3
Community Service Block Grants	71	33.0
Community Mental Health Block Grants	115	53.5
Federal military insurance	121	56.3
U.S. Department of Veterans Affairs funds	67	31.2
IHS/Tribal/Urban (ITU) funds	6	2.8
Other	1	0.5

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	159	74.0
Any language other than English	152	70.7
Languages provided by staff		
Spanish	9	4.2
American Indian/Alaska Native languages	—	—
Other	—	—

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	155	72.1
No crisis intervention team	60	27.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	17,656	25.7
Military veterans ²	5,858	3.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	120	55.8
Transitional age young adults	50	23.3
Persons 18 years and older with serious mental illness (SMI)	109	50.7
Seniors or older adults	41	19.1
Persons with Alzheimer's or dementia	12	5.6
Persons with co-occurring mental and substance use disorders	124	57.7
Persons with eating disorders	11	5.1
Persons who have experienced trauma	78	36.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	79	36.7
Persons with traumatic brain injury (TBI)	9	4.2
Veterans	38	17.7
Active duty military	18	8.4
Members of military families	24	11.2
LGBT clients	27	12.6
Forensic clients ¹	44	20.5
Persons with HIV or AIDS	6	2.8
Other	5	2.3
No programs or groups offered	22	10.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Location of treatment facilities

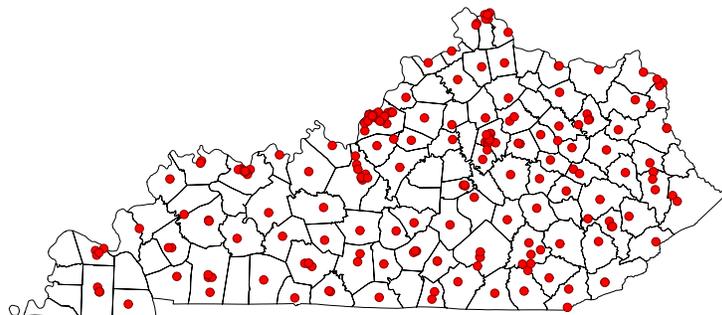
Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2018 unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Louisiana National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Louisiana, 182 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 42,046 clients in mental health treatment on April 30, 2018. The survey response rate in Louisiana was 87.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	38	20.9
Private for-profit	86	47.3
Public agency or department		
State mental health agency	8	4.4
Other state government agency or department	10	5.5
Regional/district authority or county, local, or municipal government	28	15.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	12	6.6
Other	—	—
Total	182	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	67	36.8	5,889	14.0
24-hour residential	6	3.3	265	0.6
Less-than-24 hour			35,892	85.4
Partial hospitalization/day treatment	27	14.8		
Outpatient	134	73.6		
Total	182		42,046	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	205.8	2,862	91.0
24-hour residential	94.0	282	9.0
Total		3,144	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	41	22.5
General hospital	26	14.3
RTC for children	3	1.6
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	7	3.8
Community mental health center	9	4.9
Partial hospitalization/day treatment facility	4	2.2
Outpatient mental health facility	90	49.5
Multi-setting mental health facility	2	1.1
Other	—	—
Total	182	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	174	95.6
Couples/family therapy	99	54.4
Group therapy	151	83.0
Cognitive behavioral therapy	161	88.5
Dialectical behavior therapy	60	33.0
Behavior modification	121	66.5
Integrated dual disorders treatment	97	53.3
Trauma therapy	90	49.5
Activity therapy	86	47.3
Electroconvulsive therapy	7	3.8
Telemedicine/telehealth therapy	54	29.7
Psychotropic medication	170	93.4
Other	6	3.3
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	72	39.6
Children (12 years or younger)	82	45.1
Adolescents (13–17 years)	87	47.8
Young adults (18–25 years)	151	83.0
Adults (26–64 years)	172	94.5
Seniors (65 years or older)	165	90.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	14	7.7
Intensive case management	28	15.4
Case management	106	58.2
Court-ordered outpatient treatment	63	34.6
Chronic disease/illness management	44	24.2
Illness management and recovery	49	26.9
Integrated primary care services	53	29.1
Diet and exercise counseling	50	27.5
Family psychoeducation	98	53.8
Education services	58	31.9
Housing services	23	12.6
Supported housing	18	9.9
Psychosocial rehabilitation services	68	37.4
Vocational rehabilitation services	14	7.7
Supported employment	11	6.0
Therapeutic foster care	1	0.5
Legal advocacy	16	8.8
Psychiatric emergency walk-in services	69	37.9
Suicide prevention services	120	65.9
Consumer-run (peer support) services	35	19.2
Screening for tobacco use	110	60.4
Smoking/tobacco cessation counseling	92	50.5
Nicotine replacement therapy	78	42.9
Non-nicotine smoking/tobacco cessation medications	71	39.0
Other	3	1.6
None	5	2.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	86	47.3
State substance abuse agency	32	17.6
State department of health	146	80.2
State or local department of family and children's services	^	^
Hospital licensing authority	67	36.8
The Joint Commission	63	34.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	74	40.7
Council on Accreditation (COA)	14	7.7
Centers for Medicare and Medicaid Services (CMS)	120	65.9
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	142	78.0
Private health insurance	145	79.7
Medicare	130	71.4
Medicaid	153	84.1
State-financed health insurance plan other than Medicaid	77	42.3
State mental health agency (or equivalent) funds	62	34.1
State welfare or child and family services agency funds	29	15.9
State corrections or juvenile justice agency funds	31	17.0
State education agency funds	11	6.0
Other state government funds	39	21.4
County or local government funds	28	15.4
Community Service Block Grants	33	18.1
Community Mental Health Block Grants	44	24.2
Federal military insurance	90	49.5
U.S. Department of Veterans Affairs funds	62	34.1
IHS/Tribal/Urban (ITU) funds	14	7.7
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	98	53.8
Any language other than English	108	59.3
Languages provided by staff		
Spanish	20	11.0
American Indian/Alaska Native languages	—	—
Other	11	6.0

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	87	47.8
No crisis intervention team	94	51.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	15,083	35.9
Military veterans ²	18,139	19.2

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	44	24.2
Transitional age young adults	29	15.9
Persons 18 years and older with serious mental illness (SMI)	84	46.2
Seniors or older adults	73	40.1
Persons with Alzheimer's or dementia	32	17.6
Persons with co-occurring mental and substance use disorders	97	53.3
Persons with eating disorders	19	10.4
Persons who have experienced trauma	57	31.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	61	33.5
Persons with traumatic brain injury (TBI)	14	7.7
Veterans	37	20.3
Active duty military	15	8.2
Members of military families	22	12.1
LGBT clients	36	19.8
Forensic clients ¹	28	15.4
Persons with HIV or AIDS	23	12.6
Other	5	2.7
No programs or groups offered	37	20.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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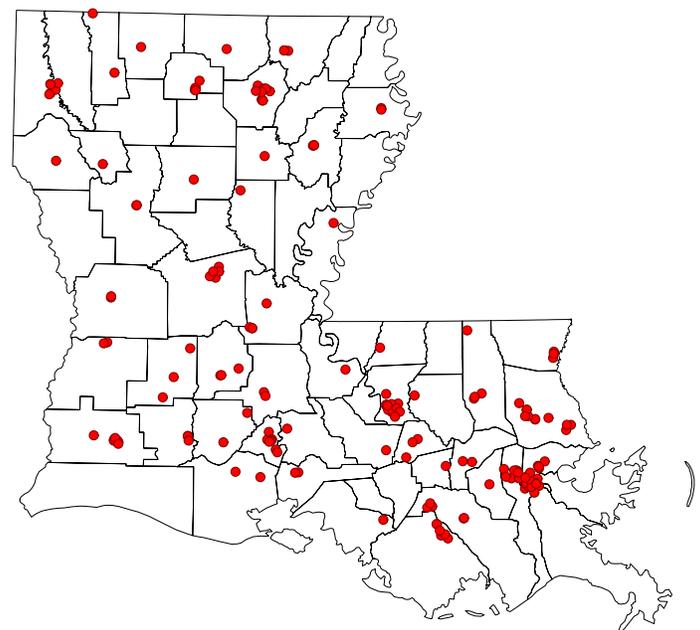
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For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Maine National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Maine, 180 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 27,922 clients in mental health treatment on April 30, 2018. The survey response rate in Maine was 93.5 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	139	77.2
Private for-profit	33	18.3
Public agency or department		
State mental health agency	2	1.1
Other state government agency or department	1	0.6
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	5	2.8
Other	—	—
Total	180	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	12	6.7	422	1.5
24-hour residential	52	28.9	396	1.4
Less-than-24 hour			27,104	97.1
Partial hospitalization/day treatment	10	5.6		
Outpatient	122	67.8		
Total	180		27,922	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	86.8	486	53.0
24-hour residential	91.9	431	47.0
Total		917	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	4	2.2
General hospital	7	3.9
RTC for children	13	7.2
RTC for adults	37	20.6
Other type of residential treatment facility	—	—
Veterans Administration medical center	4	2.2
Community mental health center	22	12.2
Partial hospitalization/day treatment facility	3	1.7
Outpatient mental health facility	87	48.3
Multi-setting mental health facility	3	1.7
Other	—	—
Total	180	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	152	84.4
Couples/family therapy	123	68.3
Group therapy	115	63.9
Cognitive behavioral therapy	144	80.0
Dialectical behavior therapy	104	57.8
Behavior modification	102	56.7
Integrated dual disorders treatment	98	54.4
Trauma therapy	128	71.1
Activity therapy	49	27.2
Electroconvulsive therapy	8	4.4
Telemedicine/telehealth therapy	39	21.7
Psychotropic medication	85	47.2
Other	6	3.3
None of the above	5	2.8

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	83	46.1
Children (12 years or younger)	110	61.1
Adolescents (13–17 years)	115	63.9
Young adults (18–25 years)	160	88.9
Adults (26–64 years)	157	87.2
Seniors (65 years or older)	149	82.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	17	9.4
Intensive case management	12	6.7
Case management	113	62.8
Court-ordered outpatient treatment	68	37.8
Chronic disease/illness management	21	11.7
Illness management and recovery	26	14.4
Integrated primary care services	29	16.1
Diet and exercise counseling	37	20.6
Family psychoeducation	94	52.2
Education services	37	20.6
Housing services	39	21.7
Supported housing	25	13.9
Psychosocial rehabilitation services	79	43.9
Vocational rehabilitation services	24	13.3
Supported employment	12	6.7
Therapeutic foster care	15	8.3
Legal advocacy	4	2.2
Psychiatric emergency walk-in services	30	16.7
Suicide prevention services	67	37.2
Consumer-run (peer support) services	37	20.6
Screening for tobacco use	98	54.4
Smoking/tobacco cessation counseling	59	32.8
Nicotine replacement therapy	24	13.3
Non-nicotine smoking/tobacco cessation medications	24	13.3
Other	4	2.2
None	1	0.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	160	88.9
State substance abuse agency	75	41.7
State department of health	69	38.3
State or local department of family and children's services	72	40.0
Hospital licensing authority	14	7.8
The Joint Commission	30	16.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	17	9.4
Council on Accreditation (COA)	37	20.6
Centers for Medicare and Medicaid Services (CMS)	76	42.2
Other national organization or federal, state, or local agency	5	2.8

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	156	86.7
Private health insurance	130	72.2
Medicare	121	67.2
Medicaid	166	92.2
State-financed health insurance plan other than Medicaid	70	38.9
State mental health agency (or equivalent) funds	118	65.6
State welfare or child and family services agency funds	114	63.3
State corrections or juvenile justice agency funds	86	47.8
State education agency funds	44	24.4
Other state government funds	74	41.1
County or local government funds	60	33.3
Community Service Block Grants	38	21.1
Community Mental Health Block Grants	43	23.9
Federal military insurance	89	49.4
U.S. Department of Veterans Affairs funds	57	31.7
IHS/Tribal/Urban (ITU) funds	19	10.6
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	97	53.9
Any language other than English	86	47.8
Languages provided by staff		
Spanish	4	2.2
American Indian/Alaska Native languages	—	—
Other	3	1.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	50	27.8
No crisis intervention team	130	72.2

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	10,978	39.3
Military veterans ²	1,999	5.3

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	40	22.2
Transitional age young adults	14	7.8
Persons 18 years and older with serious mental illness (SMI)	83	46.1
Seniors or older adults	29	16.1
Persons with Alzheimer's or dementia	8	4.4
Persons with co-occurring mental and substance use disorders	66	36.7
Persons with eating disorders	9	5.0
Persons who have experienced trauma	54	30.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	53	29.4
Persons with traumatic brain injury (TBI)	7	3.9
Veterans	19	10.6
Active duty military	11	6.1
Members of military families	5	2.8
LGBT clients	19	10.6
Forensic clients ¹	13	7.2
Persons with HIV or AIDS	8	4.4
Other	7	3.9
No programs or groups offered	50	27.8

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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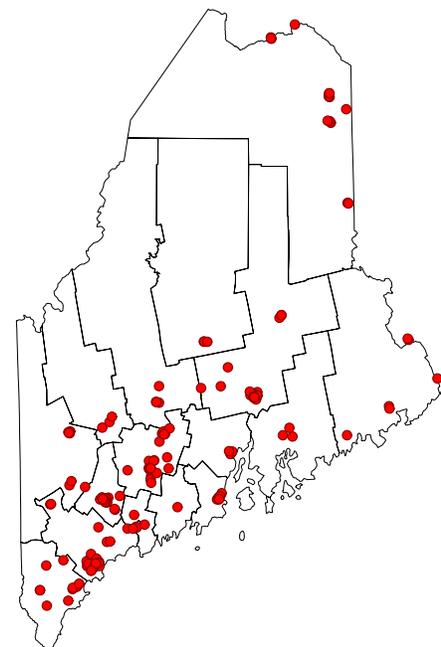
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Maryland National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Maryland, 247 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 73,089 clients in mental health treatment on April 30, 2018. The survey response rate in Maryland was 81.0 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	136	55.1
Private for-profit	79	32.0
Public agency or department		
State mental health agency	5	2.0
Other state government agency or department	17	6.9
Regional/district authority or county, local, or municipal government	4	1.6
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	2.4
Other	—	—
Total	247	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	32	13.0	1,608	2.2
24-hour residential	34	13.8	953	1.3
Less-than-24 hour			70,528	96.5
Partial hospitalization/day treatment	40	16.2		
Outpatient	200	81.0		
Total	247		73,089	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	77.0	2,087	65.1
24-hour residential	85.3	1,117	34.9
Total		3,204	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	6	2.4
General hospital	23	9.3
RTC for children	6	2.4
RTC for adults	22	8.9
Other type of residential treatment facility	2	0.8
Veterans Administration medical center	6	2.4
Community mental health center	31	12.6
Partial hospitalization/day treatment facility	5	2.0
Outpatient mental health facility	137	55.5
Multi-setting mental health facility	9	3.6
Other	—	—
Total	247	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	200	81.0
Couples/family therapy	170	68.8
Group therapy	196	79.4
Cognitive behavioral therapy	193	78.1
Dialectical behavior therapy	95	38.5
Behavior modification	167	67.6
Integrated dual disorders treatment	135	54.7
Trauma therapy	162	65.6
Activity therapy	95	38.5
Electroconvulsive therapy	6	2.4
Telemedicine/telehealth therapy	53	21.5
Psychotropic medication	206	83.4
Other	11	4.5
None of the above	6	2.4

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	111	44.9
Children (12 years or younger)	147	59.5
Adolescents (13–17 years)	160	64.8
Young adults (18–25 years)	229	92.7
Adults (26–64 years)	224	90.7
Seniors (65 years or older)	201	81.4

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	30	12.1
Intensive case management	31	12.6
Case management	103	41.7
Court-ordered outpatient treatment	122	49.4
Chronic disease/illness management	55	22.3
Illness management and recovery	82	33.2
Integrated primary care services	66	26.7
Diet and exercise counseling	87	35.2
Family psychoeducation	144	58.3
Education services	62	25.1
Housing services	43	17.4
Supported housing	23	9.3
Psychosocial rehabilitation services	116	47.0
Vocational rehabilitation services	52	21.1
Supported employment	38	15.4
Therapeutic foster care	11	4.5
Legal advocacy	11	4.5
Psychiatric emergency walk-in services	47	19.0
Suicide prevention services	119	48.2
Consumer-run (peer support) services	43	17.4
Screening for tobacco use	118	47.8
Smoking/tobacco cessation counseling	91	36.8
Nicotine replacement therapy	56	22.7
Non-nicotine smoking/tobacco cessation medications	52	21.1
Other	4	1.6
None	3	1.2

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	202	81.8
State substance abuse agency	48	19.4
State department of health	152	61.5
State or local department of family and children's services	39	15.8
Hospital licensing authority	32	13.0
The Joint Commission	103	41.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	108	43.7
Council on Accreditation (COA)	17	6.9
Centers for Medicare and Medicaid Services (CMS)	116	47.0
Other national organization or federal, state, or local agency	9	3.6

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	185	74.9
Private health insurance	134	54.3
Medicare	162	65.6
Medicaid	235	95.1
State-financed health insurance plan other than Medicaid	93	37.7
State mental health agency (or equivalent) funds	108	43.7
State welfare or child and family services agency funds	77	31.2
State corrections or juvenile justice agency funds	66	26.7
State education agency funds	55	22.3
Other state government funds	77	31.2
County or local government funds	88	35.6
Community Service Block Grants	44	17.8
Community Mental Health Block Grants	53	21.5
Federal military insurance	77	31.2
U.S. Department of Veterans Affairs funds	30	12.1
IHS/Tribal/Urban (ITU) funds	6	2.4
Other	1	0.4

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	86	34.8
Any language other than English	129	52.2
Languages provided by staff		
Spanish	59	23.9
American Indian/Alaska Native languages	—	—
Other	31	12.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	88	35.6
No crisis intervention team	159	64.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	19,407	26.6
Military veterans ²	10,386	9.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	77	31.2
Transitional age young adults	64	25.9
Persons 18 years and older with serious mental illness (SMI)	136	55.1
Seniors or older adults	83	33.6
Persons with Alzheimer's or dementia	12	4.9
Persons with co-occurring mental and substance use disorders	122	49.4
Persons with eating disorders	18	7.3
Persons who have experienced trauma	88	35.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	92	37.2
Persons with traumatic brain injury (TBI)	15	6.1
Veterans	41	16.6
Active duty military	23	9.3
Members of military families	36	14.6
LGBT clients	62	25.1
Forensic clients ¹	49	19.8
Persons with HIV or AIDS	34	13.8
Other	16	6.5
No programs or groups offered	32	13.0

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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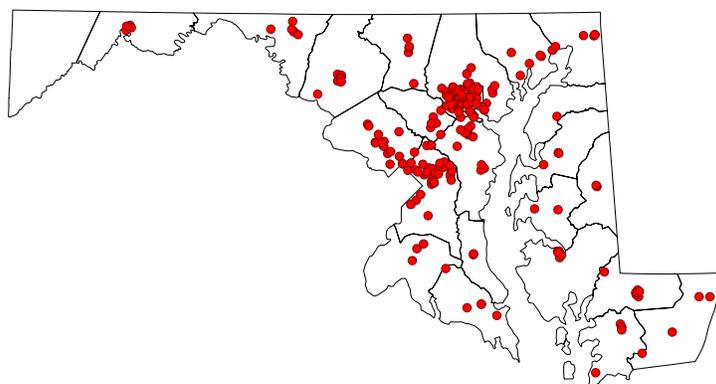
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Location of treatment facilities



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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Massachusetts National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Massachusetts, 305 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 144,052 clients in mental health treatment on April 30, 2018. The survey response rate in Massachusetts was 84.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	235	77.0
Private for-profit	42	13.8
Public agency or department		
State mental health agency	11	3.6
Other state government agency or department	3	1.0
Regional/district authority or county, local, or municipal government	1	0.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	13	4.3
Other	—	—
Total	305	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	55	18.0	2,248	1.6
24-hour residential	63	20.7	1,888	1.3
Less-than-24 hour			139,916	97.1
Partial hospitalization/day treatment	53	17.4		
Outpatient	220	72.1		
Total	305		144,052	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	99.0	2,271	52.6
24-hour residential	92.1	2,049	47.4
Total		4,320	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	15	4.9
General hospital	38	12.5
RTC for children	29	9.5
RTC for adults	13	4.3
Other type of residential treatment facility	5	1.6
Veterans Administration medical center	12	3.9
Community mental health center	33	10.8
Partial hospitalization/day treatment facility	8	2.6
Outpatient mental health facility	134	43.9
Multi-setting mental health facility	18	5.9
Other	—	—
Total	305	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	284	93.1
Couples/family therapy	247	81.0
Group therapy	280	91.8
Cognitive behavioral therapy	282	92.5
Dialectical behavior therapy	166	54.4
Behavior modification	164	53.8
Integrated dual disorders treatment	167	54.8
Trauma therapy	259	84.9
Activity therapy	144	47.2
Electroconvulsive therapy	20	6.6
Telemedicine/telehealth therapy	40	13.1
Psychotropic medication	259	84.9
Other	16	5.2
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	129	42.3
Children (12 years or younger)	160	52.5
Adolescents (13–17 years)	206	67.5
Young adults (18–25 years)	263	86.2
Adults (26–64 years)	251	82.3
Seniors (65 years or older)	242	79.3

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	25	8.2
Intensive case management	53	17.4
Case management	172	56.4
Court-ordered outpatient treatment	114	37.4
Chronic disease/illness management	52	17.0
Illness management and recovery	62	20.3
Integrated primary care services	78	25.6
Diet and exercise counseling	83	27.2
Family psychoeducation	213	69.8
Education services	75	24.6
Housing services	42	13.8
Supported housing	29	9.5
Psychosocial rehabilitation services	90	29.5
Vocational rehabilitation services	38	12.5
Supported employment	32	10.5
Therapeutic foster care	7	2.3
Legal advocacy	12	3.9
Psychiatric emergency walk-in services	61	20.0
Suicide prevention services	130	42.6
Consumer-run (peer support) services	59	19.3
Screening for tobacco use	167	54.8
Smoking/tobacco cessation counseling	126	41.3
Nicotine replacement therapy	82	26.9
Non-nicotine smoking/tobacco cessation medications	80	26.2
Other	—	—
None	10	3.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	173	56.7
State substance abuse agency	104	34.1
State department of health	227	74.4
State or local department of family and children's services	43	14.1
Hospital licensing authority	54	17.7
The Joint Commission	119	39.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	79	25.9
Council on Accreditation (COA)	28	9.2
Centers for Medicare and Medicaid Services (CMS)	126	41.3
Other national organization or federal, state, or local agency	20	6.6

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	254	83.3
Private health insurance	260	85.2
Medicare	228	74.8
Medicaid	259	84.9
State-financed health insurance plan other than Medicaid	204	66.9
State mental health agency (or equivalent) funds	150	49.2
State welfare or child and family services agency funds	110	36.1
State corrections or juvenile justice agency funds	53	17.4
State education agency funds	49	16.1
Other state government funds	74	24.3
County or local government funds	40	13.1
Community Service Block Grants	25	8.2
Community Mental Health Block Grants	27	8.9
Federal military insurance	133	43.6
U.S. Department of Veterans Affairs funds	34	11.1
IHS/Tribal/Urban (ITU) funds	7	2.3
Other	4	1.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	140	45.9
Any language other than English	211	69.2
Languages provided by staff		
Spanish	143	46.9
American Indian/Alaska Native languages	—	—
Other	102	33.4

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	91	29.8
No crisis intervention team	214	70.2

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	51,449	35.7
Military veterans ²	26,520	14.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	110	36.1
Transitional age young adults	59	19.3
Persons 18 years and older with serious mental illness (SMI)	129	42.3
Seniors or older adults	71	23.3
Persons with Alzheimer's or dementia	22	7.2
Persons with co-occurring mental and substance use disorders	146	47.9
Persons with eating disorders	28	9.2
Persons who have experienced trauma	124	40.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	125	41.0
Persons with traumatic brain injury (TBI)	23	7.5
Veterans	39	12.8
Active duty military	19	6.2
Members of military families	26	8.5
LGBT clients	71	23.3
Forensic clients ¹	42	13.8
Persons with HIV or AIDS	22	7.2
Other	23	7.5
No programs or groups offered	46	15.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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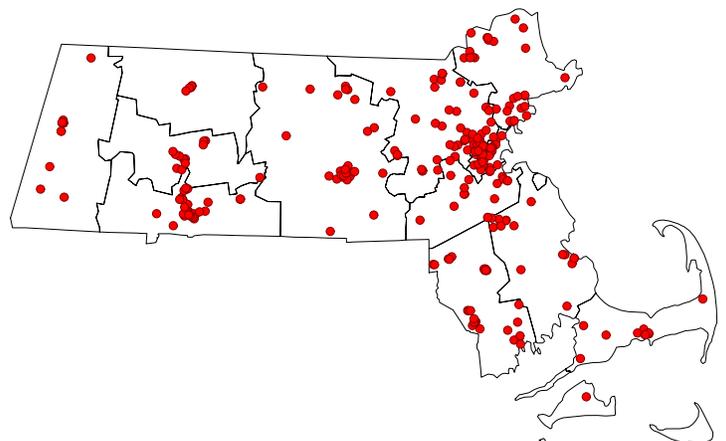
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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Michigan National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Michigan, 353 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 162,966 clients in mental health treatment on April 30, 2018. The survey response rate in Michigan was 92.7 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	174	49.3
Private for-profit	55	15.6
Public agency or department		
State mental health agency	23	6.5
Other state government agency or department	19	5.4
Regional/district authority or county, local, or municipal government	63	17.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	19	5.4
Other	—	—
Total	353	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	56	15.9	2,979	1.8
24-hour residential	24	6.8	1,295	0.8
Less-than-24 hour			158,692	97.4
Partial hospitalization/day treatment	26	7.4		
Outpatient	293	83.0		
Total	353		162,966	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	109.0	2,734	66.8
24-hour residential	95.4	1,357	33.2
Total		4,091	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	3.4
General hospital	42	11.9
RTC for children	9	2.5
RTC for adults	7	2.0
Other type of residential treatment facility	1	0.3
Veterans Administration medical center	19	5.4
Community mental health center	96	27.2
Partial hospitalization/day treatment facility	5	1.4
Outpatient mental health facility	155	43.9
Multi-setting mental health facility	7	2.0
Other	—	—
Total	353	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	338	95.8
Couples/family therapy	251	71.1
Group therapy	315	89.2
Cognitive behavioral therapy	321	90.9
Dialectical behavior therapy	211	59.8
Behavior modification	221	62.6
Integrated dual disorders treatment	236	66.9
Trauma therapy	281	79.6
Activity therapy	127	36.0
Electroconvulsive therapy	17	4.8
Telemedicine/telehealth therapy	125	35.4
Psychotropic medication	310	87.8
Other	18	5.1
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	206	58.4
Children (12 years or younger)	240	68.0
Adolescents (13–17 years)	249	70.5
Young adults (18–25 years)	330	93.5
Adults (26–64 years)	317	89.8
Seniors (65 years or older)	317	89.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	90	25.5
Intensive case management	94	26.6
Case management	223	63.2
Court-ordered outpatient treatment	207	58.6
Chronic disease/illness management	78	22.1
Illness management and recovery	87	24.6
Integrated primary care services	119	33.7
Diet and exercise counseling	109	30.9
Family psychoeducation	206	58.4
Education services	105	29.7
Housing services	76	21.5
Supported housing	66	18.7
Psychosocial rehabilitation services	88	24.9
Vocational rehabilitation services	55	15.6
Supported employment	88	24.9
Therapeutic foster care	20	5.7
Legal advocacy	21	5.9
Psychiatric emergency walk-in services	128	36.3
Suicide prevention services	202	57.2
Consumer-run (peer support) services	117	33.1
Screening for tobacco use	187	53.0
Smoking/tobacco cessation counseling	157	44.5
Nicotine replacement therapy	101	28.6
Non-nicotine smoking/tobacco cessation medications	98	27.8
Other	4	1.1
None	12	3.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	218	61.8
State substance abuse agency	215	60.9
State department of health	116	32.9
State or local department of family and children's services	40	11.3
Hospital licensing authority	69	19.5
The Joint Commission	136	38.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	165	46.7
Council on Accreditation (COA)	54	15.3
Centers for Medicare and Medicaid Services (CMS)	181	51.3
Other national organization or federal, state, or local agency	14	4.0

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	304	86.1
Private health insurance	310	87.8
Medicare	301	85.3
Medicaid	302	85.6
State-financed health insurance plan other than Medicaid	214	60.6
State mental health agency (or equivalent) funds	206	58.4
State welfare or child and family services agency funds	126	35.7
State corrections or juvenile justice agency funds	83	23.5
State education agency funds	22	6.2
Other state government funds	103	29.2
County or local government funds	195	55.2
Community Service Block Grants	98	27.8
Community Mental Health Block Grants	163	46.2
Federal military insurance	206	58.4
U.S. Department of Veterans Affairs funds	72	20.4
IHS/Tribal/Urban (ITU) funds	17	4.8
Other	4	1.1

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	237	67.1
Any language other than English	254	72.0
Languages provided by staff		
Spanish	62	17.6
American Indian/Alaska Native languages	—	—
Other	36	10.2

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	171	48.4
No crisis intervention team	182	51.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	40,519	24.9
Military veterans ²	39,351	13.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	122	34.6
Transitional age young adults	67	19.0
Persons 18 years and older with serious mental illness (SMI)	158	44.8
Seniors or older adults	98	27.8
Persons with Alzheimer's or dementia	30	8.5
Persons with co-occurring mental and substance use disorders	184	52.1
Persons with eating disorders	40	11.3
Persons who have experienced trauma	147	41.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	121	34.3
Persons with traumatic brain injury (TBI)	34	9.6
Veterans	54	15.3
Active duty military	32	9.1
Members of military families	25	7.1
LGBT clients	64	18.1
Forensic clients ¹	66	18.7
Persons with HIV or AIDS	33	9.3
Other	27	7.6
No programs or groups offered	79	22.4

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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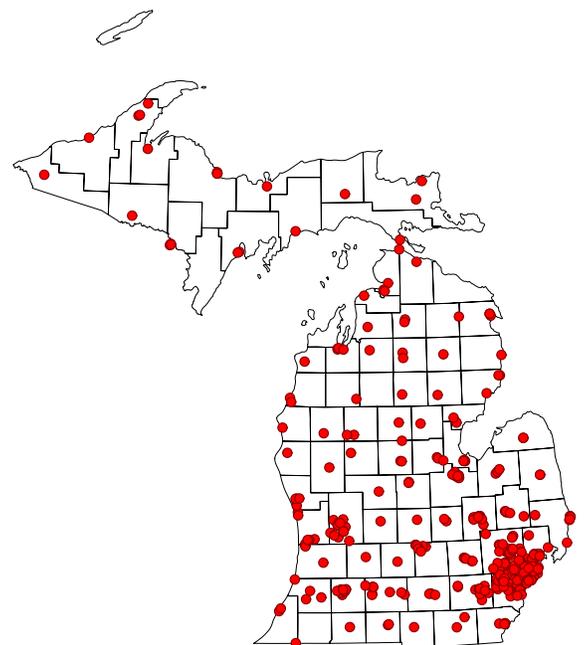
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Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Minnesota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Minnesota, 235 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 62,254 clients in mental health treatment on April 30, 2018. The survey response rate in Minnesota was 88.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	169	71.9
Private for-profit	37	15.7
Public agency or department		
State mental health agency	3	1.3
Other state government agency or department	5	2.1
Regional/district authority or county, local, or municipal government	7	3.0
Tribal government	—	—
Indian Health Service	1	0.4
Department of Veterans Affairs	13	5.5
Other	—	—
Total	235	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	33	14.0	1,310	2.1
24-hour residential	51	21.7	1,637	2.6
Less-than-24 hour			59,307	95.3
Partial hospitalization/day treatment	20	8.5		
Outpatient	171	72.8		
Total	235		62,254	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	128.8	1,017	36.4
24-hour residential	92.0	1,779	63.6
Total		2,796	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	8	3.4
General hospital	23	9.8
RTC for children	14	6.0
RTC for adults	32	13.6
Other type of residential treatment facility	—	—
Veterans Administration medical center	13	5.5
Community mental health center	61	26.0
Partial hospitalization/day treatment facility	5	2.1
Outpatient mental health facility	78	33.2
Multi-setting mental health facility	1	0.4
Other	—	—
Total	235	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	213	90.6
Couples/family therapy	166	70.6
Group therapy	192	81.7
Cognitive behavioral therapy	207	88.1
Dialectical behavior therapy	134	57.0
Behavior modification	168	71.5
Integrated dual disorders treatment	112	47.7
Trauma therapy	179	76.2
Activity therapy	88	37.4
Electroconvulsive therapy	16	6.8
Telemedicine/telehealth therapy	91	38.7
Psychotropic medication	172	73.2
Other	10	4.3
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	111	47.2
Children (12 years or younger)	132	56.2
Adolescents (13–17 years)	152	64.7
Young adults (18–25 years)	208	88.5
Adults (26–64 years)	207	88.1
Seniors (65 years or older)	199	84.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	33	14.0
Intensive case management	27	11.5
Case management	103	43.8
Court-ordered outpatient treatment	102	43.4
Chronic disease/illness management	30	12.8
Illness management and recovery	109	46.4
Integrated primary care services	48	20.4
Diet and exercise counseling	85	36.2
Family psychoeducation	164	69.8
Education services	82	34.9
Housing services	58	24.7
Supported housing	36	15.3
Psychosocial rehabilitation services	116	49.4
Vocational rehabilitation services	32	13.6
Supported employment	33	14.0
Therapeutic foster care	9	3.8
Legal advocacy	12	5.1
Psychiatric emergency walk-in services	41	17.4
Suicide prevention services	138	58.7
Consumer-run (peer support) services	63	26.8
Screening for tobacco use	132	56.2
Smoking/tobacco cessation counseling	95	40.4
Nicotine replacement therapy	71	30.2
Non-nicotine smoking/tobacco cessation medications	67	28.5
Other	6	2.6
None	3	1.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	161	68.5
State substance abuse agency	48	20.4
State department of health	149	63.4
State or local department of family and children's services	84	35.7
Hospital licensing authority	26	11.1
The Joint Commission	56	23.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	26	11.1
Council on Accreditation (COA)	26	11.1
Centers for Medicare and Medicaid Services (CMS)	113	48.1
Other national organization or federal, state, or local agency	12	5.1

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	222	94.5
Private health insurance	226	96.2
Medicare	178	75.7
Medicaid	207	88.1
State-financed health insurance plan other than Medicaid	202	86.0
State mental health agency (or equivalent) funds	136	57.9
State welfare or child and family services agency funds	102	43.4
State corrections or juvenile justice agency funds	67	28.5
State education agency funds	48	20.4
Other state government funds	100	42.6
County or local government funds	157	66.8
Community Service Block Grants	56	23.8
Community Mental Health Block Grants	77	32.8
Federal military insurance	155	66.0
U.S. Department of Veterans Affairs funds	70	29.8
IHS/Tribal/Urban (ITU) funds	34	14.5
Other	3	1.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	135	57.4
Any language other than English	142	60.4
Languages provided by staff		
Spanish	35	14.9
American Indian/Alaska Native languages	—	—
Other	20	8.5

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	91	38.7
No crisis intervention team	144	61.3

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	14,813	23.8
Military veterans ²	8,515	6.8

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	80	34.0
Transitional age young adults	40	17.0
Persons 18 years and older with serious mental illness (SMI)	120	51.1
Seniors or older adults	43	18.3
Persons with Alzheimer's or dementia	9	3.8
Persons with co-occurring mental and substance use disorders	91	38.7
Persons with eating disorders	16	6.8
Persons who have experienced trauma	81	34.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	79	33.6
Persons with traumatic brain injury (TBI)	18	7.7
Veterans	35	14.9
Active duty military	10	4.3
Members of military families	18	7.7
LGBT clients	39	16.6
Forensic clients ¹	37	15.7
Persons with HIV or AIDS	10	4.3
Other	8	3.4
No programs or groups offered	45	19.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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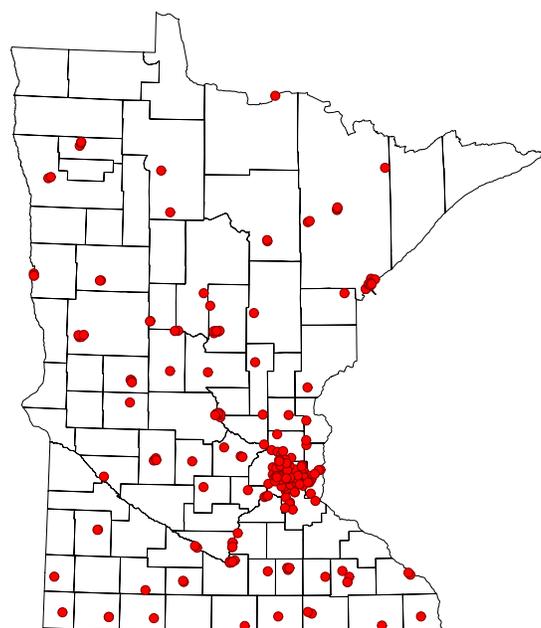
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Mississippi National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Mississippi, 171 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 56,225 clients in mental health treatment on April 30, 2018. The survey response rate in Mississippi was 85.6 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	92	53.8
Private for-profit	24	14.0
Public agency or department		
State mental health agency	13	7.6
Other state government agency or department	12	7.0
Regional/district authority or county, local, or municipal government	28	16.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	1.2
Other	—	—
Total	171	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	37	21.6	1,152	2.0
24-hour residential	22	12.9	1,093	1.9
Less-than-24 hour			53,980	96.0
Partial hospitalization/day treatment	59	34.5		
Outpatient	123	71.9		
Total	171		56,225	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	74.1	1,555	69.6
24-hour residential	160.7	680	30.4
Total		2,235	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	11	6.4
General hospital	22	12.9
RTC for children	6	3.5
RTC for adults	6	3.5
Other type of residential treatment facility	1	0.6
Veterans Administration medical center	2	1.2
Community mental health center	79	46.2
Partial hospitalization/day treatment facility	12	7.0
Outpatient mental health facility	29	17.0
Multi-setting mental health facility	3	1.8
Other	—	—
Total	171	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	147	86.0
Couples/family therapy	118	69.0
Group therapy	151	88.3
Cognitive behavioral therapy	159	93.0
Dialectical behavior therapy	79	46.2
Behavior modification	138	80.7
Integrated dual disorders treatment	101	59.1
Trauma therapy	106	62.0
Activity therapy	95	55.6
Electroconvulsive therapy	5	2.9
Telemedicine/telehealth therapy	45	26.3
Psychotropic medication	140	81.9
Other	1	0.6
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	77	45.0
Children (12 years or younger)	98	57.3
Adolescents (13–17 years)	104	60.8
Young adults (18–25 years)	133	77.8
Adults (26–64 years)	142	83.0
Seniors (65 years or older)	142	83.0

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	18	10.5
Intensive case management	68	39.8
Case management	131	76.6
Court-ordered outpatient treatment	92	53.8
Chronic disease/illness management	29	17.0
Illness management and recovery	71	41.5
Integrated primary care services	30	17.5
Diet and exercise counseling	36	21.1
Family psychoeducation	108	63.2
Education services	70	40.9
Housing services	25	14.6
Supported housing	22	12.9
Psychosocial rehabilitation services	96	56.1
Vocational rehabilitation services	12	7.0
Supported employment	35	20.5
Therapeutic foster care	11	6.4
Legal advocacy	3	1.8
Psychiatric emergency walk-in services	67	39.2
Suicide prevention services	111	64.9
Consumer-run (peer support) services	62	36.3
Screening for tobacco use	64	37.4
Smoking/tobacco cessation counseling	45	26.3
Nicotine replacement therapy	36	21.1
Non-nicotine smoking/tobacco cessation medications	23	13.5
Other	1	0.6
None	1	0.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	138	80.7
State substance abuse agency	67	39.2
State department of health	74	43.3
State or local department of family and children's services	20	11.7
Hospital licensing authority	25	14.6
The Joint Commission	45	26.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	19	11.1
Council on Accreditation (COA)	4	2.3
Centers for Medicare and Medicaid Services (CMS)	85	49.7
Other national organization or federal, state, or local agency	4	2.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	149	87.1
Private health insurance	145	84.8
Medicare	123	71.9
Medicaid	148	86.5
State-financed health insurance plan other than Medicaid	108	63.2
State mental health agency (or equivalent) funds	104	60.8
State welfare or child and family services agency funds	62	36.3
State corrections or juvenile justice agency funds	52	30.4
State education agency funds	41	24.0
Other state government funds	66	38.6
County or local government funds	85	49.7
Community Service Block Grants	68	39.8
Community Mental Health Block Grants	87	50.9
Federal military insurance	97	56.7
U.S. Department of Veterans Affairs funds	37	21.6
IHS/Tribal/Urban (ITU) funds	11	6.4
Other	1	0.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	99	57.9
Any language other than English	90	52.6
Languages provided by staff		
Spanish	16	9.4
American Indian/Alaska Native languages	1	0.6
Other	2	1.2

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	107	62.6
No crisis intervention team	64	37.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	13,697	24.4
Military veterans ²	4,516	5.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	78	45.6
Transitional age young adults	34	19.9
Persons 18 years and older with serious mental illness (SMI)	97	56.7
Seniors or older adults	80	46.8
Persons with Alzheimer's or dementia	28	16.4
Persons with co-occurring mental and substance use disorders	86	50.3
Persons with eating disorders	18	10.5
Persons who have experienced trauma	53	31.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	59	34.5
Persons with traumatic brain injury (TBI)	13	7.6
Veterans	23	13.5
Active duty military	15	8.8
Members of military families	20	11.7
LGBT clients	27	15.8
Forensic clients ¹	23	13.5
Persons with HIV or AIDS	23	13.5
Other	7	4.1
No programs or groups offered	18	10.5

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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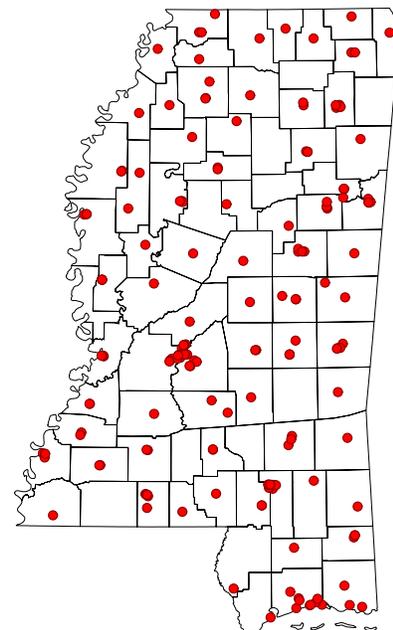
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Location of treatment facilities



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2018 State Profile — Missouri National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Missouri, 211 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 86,374 clients in mental health treatment on April 30, 2018. The survey response rate in Missouri was 92.7 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	161	76.3
Private for-profit	26	12.3
Public agency or department		
State mental health agency	6	2.8
Other state government agency or department	5	2.4
Regional/district authority or county, local, or municipal government	2	0.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	11	5.2
Other	—	—
Total	211	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	53	25.1	5,063	5.9
24-hour residential	37	17.5	1,477	1.7
Less-than-24 hour			79,834	92.4
Partial hospitalization/day treatment	31	14.7		
Outpatient	156	73.9		
Total	211		86,374	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	96.4	5,254	76.4
24-hour residential	91.0	1,623	23.6
Total		6,877	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	21	10.0
General hospital	29	13.7
RTC for children	15	7.1
RTC for adults	5	2.4
Other type of residential treatment facility	2	0.9
Veterans Administration medical center	11	5.2
Community mental health center	54	25.6
Partial hospitalization/day treatment facility	2	0.9
Outpatient mental health facility	61	28.9
Multi-setting mental health facility	9	4.3
Other	2	0.9
Total	211	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	196	92.9
Couples/family therapy	125	59.2
Group therapy	186	88.2
Cognitive behavioral therapy	199	94.3
Dialectical behavior therapy	118	55.9
Behavior modification	144	68.2
Integrated dual disorders treatment	115	54.5
Trauma therapy	162	76.8
Activity therapy	105	49.8
Electroconvulsive therapy	18	8.5
Telemedicine/telehealth therapy	94	44.5
Psychotropic medication	154	73.0
Other	10	4.7
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	97	46.0
Children (12 years or younger)	126	59.7
Adolescents (13–17 years)	138	65.4
Young adults (18–25 years)	180	85.3
Adults (26–64 years)	176	83.4
Seniors (65 years or older)	174	82.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	38	18.0
Intensive case management	56	26.5
Case management	166	78.7
Court-ordered outpatient treatment	61	28.9
Chronic disease/illness management	65	30.8
Illness management and recovery	65	30.8
Integrated primary care services	47	22.3
Diet and exercise counseling	89	42.2
Family psychoeducation	107	50.7
Education services	76	36.0
Housing services	45	21.3
Supported housing	33	15.6
Psychosocial rehabilitation services	95	45.0
Vocational rehabilitation services	36	17.1
Supported employment	39	18.5
Therapeutic foster care	11	5.2
Legal advocacy	7	3.3
Psychiatric emergency walk-in services	70	33.2
Suicide prevention services	123	58.3
Consumer-run (peer support) services	63	29.9
Screening for tobacco use	143	67.8
Smoking/tobacco cessation counseling	108	51.2
Nicotine replacement therapy	78	37.0
Non-nicotine smoking/tobacco cessation medications	69	32.7
Other	1	0.5
None	2	0.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	148	70.1
State substance abuse agency	54	25.6
State department of health	67	31.8
State or local department of family and children's services	44	20.9
Hospital licensing authority	45	21.3
The Joint Commission	85	40.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	100	47.4
Council on Accreditation (COA)	28	13.3
Centers for Medicare and Medicaid Services (CMS)	124	58.8
Other national organization or federal, state, or local agency	5	2.4

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	186	88.2
Private health insurance	186	88.2
Medicare	165	78.2
Medicaid	187	88.6
State-financed health insurance plan other than Medicaid	134	63.5
State mental health agency (or equivalent) funds	143	67.8
State welfare or child and family services agency funds	112	53.1
State corrections or juvenile justice agency funds	107	50.7
State education agency funds	46	21.8
Other state government funds	78	37.0
County or local government funds	107	50.7
Community Service Block Grants	39	18.5
Community Mental Health Block Grants	72	34.1
Federal military insurance	139	65.9
U.S. Department of Veterans Affairs funds	43	20.4
IHS/Tribal/Urban (ITU) funds	12	5.7
Other	1	0.5

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	152	72.0
Any language other than English	139	65.9
Languages provided by staff		
Spanish	26	12.3
American Indian/Alaska Native languages	—	—
Other	9	4.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	124	58.8
No crisis intervention team	87	41.2

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	22,462	26.0
Military veterans ²	7,282	4.9

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	60	28.4
Transitional age young adults	29	13.7
Persons 18 years and older with serious mental illness (SMI)	73	34.6
Seniors or older adults	35	16.6
Persons with Alzheimer's or dementia	13	6.2
Persons with co-occurring mental and substance use disorders	98	46.4
Persons with eating disorders	12	5.7
Persons who have experienced trauma	66	31.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	53	25.1
Persons with traumatic brain injury (TBI)	9	4.3
Veterans	31	14.7
Active duty military	11	5.2
Members of military families	14	6.6
LGBT clients	21	10.0
Forensic clients ¹	35	16.6
Persons with HIV or AIDS	6	2.8
Other	12	5.7
No programs or groups offered	33	15.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Location of treatment facilities

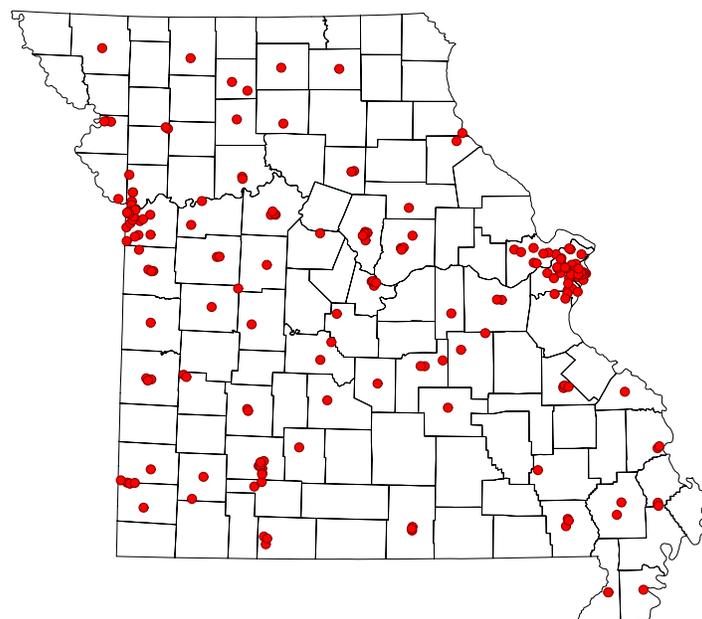
Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2018 unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Montana

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Montana, 83 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 14,584 clients in mental health treatment on April 30, 2018. The survey response rate in Montana was 96.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	72	86.7
Private for-profit	5	6.0
Public agency or department		
State mental health agency	—	—
Other state government agency or department	5	6.0
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	1.2
Other	—	—
Total	83	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	8	9.6	576	3.9
24-hour residential	21	25.3	444	3.0
Less-than-24 hour			13,564	93.0
Partial hospitalization/day treatment	19	22.9		
Outpatient	65	78.3		
Total	83		14,584	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	78.0	738	53.6
24-hour residential	69.6	638	46.4
Total		1,376	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	3.6
General hospital	4	4.8
RTC for children	5	6.0
RTC for adults	6	7.2
Other type of residential treatment facility	1	1.2
Veterans Administration medical center	1	1.2
Community mental health center	37	44.6
Partial hospitalization/day treatment facility	5	6.0
Outpatient mental health facility	18	21.7
Multi-setting mental health facility	3	3.6
Other	—	—
Total	83	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	80	96.4
Couples/family therapy	61	73.5
Group therapy	70	84.3
Cognitive behavioral therapy	77	92.8
Dialectical behavior therapy	49	59.0
Behavior modification	60	72.3
Integrated dual disorders treatment	46	55.4
Trauma therapy	65	78.3
Activity therapy	39	47.0
Electroconvulsive therapy	2	2.4
Telemedicine/telehealth therapy	46	55.4
Psychotropic medication	55	66.3
Other	1	1.2
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	37	44.6
Children (12 years or younger)	54	65.1
Adolescents (13–17 years)	62	74.7
Young adults (18–25 years)	69	83.1
Adults (26–64 years)	68	81.9
Seniors (65 years or older)	64	77.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	10	12.0
Intensive case management	17	20.5
Case management	49	59.0
Court-ordered outpatient treatment	39	47.0
Chronic disease/illness management	6	7.2
Illness management and recovery	28	33.7
Integrated primary care services	12	14.5
Diet and exercise counseling	18	21.7
Family psychoeducation	40	48.2
Education services	24	28.9
Housing services	17	20.5
Supported housing	10	12.0
Psychosocial rehabilitation services	36	43.4
Vocational rehabilitation services	16	19.3
Supported employment	15	18.1
Therapeutic foster care	10	12.0
Legal advocacy	4	4.8
Psychiatric emergency walk-in services	19	22.9
Suicide prevention services	55	66.3
Consumer-run (peer support) services	14	16.9
Screening for tobacco use	40	48.2
Smoking/tobacco cessation counseling	17	20.5
Nicotine replacement therapy	10	12.0
Non-nicotine smoking/tobacco cessation medications	10	12.0
Other	1	1.2
None	3	3.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	66	79.5
State substance abuse agency	36	43.4
State department of health	43	51.8
State or local department of family and children's services	14	16.9
Hospital licensing authority	5	6.0
The Joint Commission	9	10.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	8	9.6
Council on Accreditation (COA)	7	8.4
Centers for Medicare and Medicaid Services (CMS)	44	53.0
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	78	94.0
Private health insurance	78	94.0
Medicare	53	63.9
Medicaid	81	97.6
State-financed health insurance plan other than Medicaid	64	77.1
State mental health agency (or equivalent) funds	62	74.7
State welfare or child and family services agency funds	55	66.3
State corrections or juvenile justice agency funds	46	55.4
State education agency funds	33	39.8
Other state government funds	55	66.3
County or local government funds	56	67.5
Community Service Block Grants	20	24.1
Community Mental Health Block Grants	29	34.9
Federal military insurance	65	78.3
U.S. Department of Veterans Affairs funds	49	59.0
IHS/Tribal/Urban (ITU) funds	42	50.6
Other	1	1.2

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	32	38.6
Any language other than English	17	20.5
Languages provided by staff		
Spanish	1	1.2
American Indian/Alaska Native languages	—	—
Other	—	—

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	39	47.0
No crisis intervention team	44	53.0

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	5,022	34.4
Military veterans ²	8,474	20.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	37	44.6
Transitional age young adults	18	21.7
Persons 18 years and older with serious mental illness (SMI)	41	49.4
Seniors or older adults	19	22.9
Persons with Alzheimer's or dementia	3	3.6
Persons with co-occurring mental and substance use disorders	32	38.6
Persons with eating disorders	11	13.3
Persons who have experienced trauma	34	41.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	32	38.6
Persons with traumatic brain injury (TBI)	10	12.0
Veterans	19	22.9
Active duty military	9	10.8
Members of military families	12	14.5
LGBT clients	12	14.5
Forensic clients ¹	10	12.0
Persons with HIV or AIDS	3	3.6
Other	3	3.6
No programs or groups offered	20	24.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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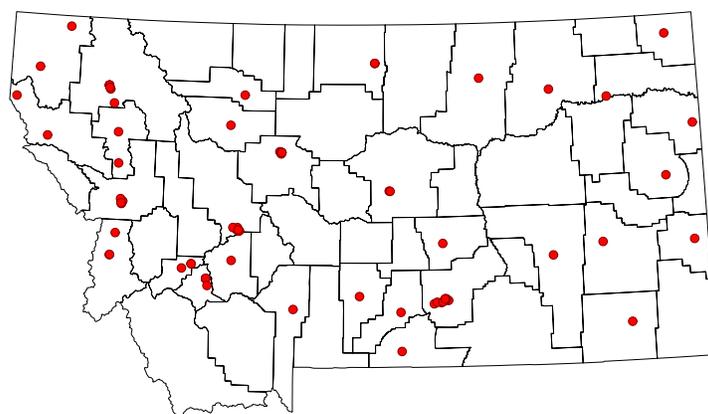
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Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Nebraska National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Nebraska, 136 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 28,557 clients in mental health treatment on April 30, 2018. The survey response rate in Nebraska was 96.0 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	105	77.2
Private for-profit	11	8.1
Public agency or department		
State mental health agency	2	1.5
Other state government agency or department	5	3.7
Regional/district authority or county, local, or municipal government	7	5.1
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	4.4
Other	—	—
Total	136	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	15	11.0	599	2.1
24-hour residential	22	16.2	534	1.9
Less-than-24 hour			27,424	96.0
Partial hospitalization/day treatment	12	8.8		
Outpatient	106	77.9		
Total	136		28,557	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	77.7	771	53.6
24-hour residential	79.9	668	46.4
Total		1,439	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	2.2
General hospital	11	8.1
RTC for children	3	2.2
RTC for adults	13	9.6
Other type of residential treatment facility	1	0.7
Veterans Administration medical center	6	4.4
Community mental health center	20	14.7
Partial hospitalization/day treatment facility	4	2.9
Outpatient mental health facility	74	54.4
Multi-setting mental health facility	1	0.7
Other	—	—
Total	136	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	116	85.3
Couples/family therapy	107	78.7
Group therapy	87	64.0
Cognitive behavioral therapy	119	87.5
Dialectical behavior therapy	85	62.5
Behavior modification	86	63.2
Integrated dual disorders treatment	74	54.4
Trauma therapy	109	80.1
Activity therapy	47	34.6
Electroconvulsive therapy	6	4.4
Telemedicine/telehealth therapy	59	43.4
Psychotropic medication	79	58.1
Other	8	5.9
None of the above	9	6.6

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	73	53.7
Children (12 years or younger)	80	58.8
Adolescents (13–17 years)	89	65.4
Young adults (18–25 years)	130	95.6
Adults (26–64 years)	130	95.6
Seniors (65 years or older)	125	91.9

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	10	7.4
Intensive case management	12	8.8
Case management	81	59.6
Court-ordered outpatient treatment	70	51.5
Chronic disease/illness management	35	25.7
Illness management and recovery	27	19.9
Integrated primary care services	50	36.8
Diet and exercise counseling	42	30.9
Family psychoeducation	74	54.4
Education services	51	37.5
Housing services	25	18.4
Supported housing	12	8.8
Psychosocial rehabilitation services	41	30.1
Vocational rehabilitation services	15	11.0
Supported employment	12	8.8
Therapeutic foster care	3	2.2
Legal advocacy	7	5.1
Psychiatric emergency walk-in services	25	18.4
Suicide prevention services	65	47.8
Consumer-run (peer support) services	31	22.8
Screening for tobacco use	79	58.1
Smoking/tobacco cessation counseling	50	36.8
Nicotine replacement therapy	29	21.3
Non-nicotine smoking/tobacco cessation medications	29	21.3
Other	3	2.2
None	2	1.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	70	51.5
State substance abuse agency	58	42.6
State department of health	94	69.1
State or local department of family and children's services	24	17.6
Hospital licensing authority	30	22.1
The Joint Commission	58	42.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	53	39.0
Council on Accreditation (COA)	28	20.6
Centers for Medicare and Medicaid Services (CMS)	81	59.6
Other national organization or federal, state, or local agency	5	3.7

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	126	92.6
Private health insurance	115	84.6
Medicare	84	61.8
Medicaid	128	94.1
State-financed health insurance plan other than Medicaid	76	55.9
State mental health agency (or equivalent) funds	99	72.8
State welfare or child and family services agency funds	75	55.1
State corrections or juvenile justice agency funds	78	57.4
State education agency funds	33	24.3
Other state government funds	74	54.4
County or local government funds	85	62.5
Community Service Block Grants	35	25.7
Community Mental Health Block Grants	59	43.4
Federal military insurance	89	65.4
U.S. Department of Veterans Affairs funds	60	44.1
IHS/Tribal/Urban (ITU) funds	29	21.3
Other	1	0.7

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	72	52.9
Any language other than English	100	73.5
Languages provided by staff		
Spanish	29	21.3
American Indian/Alaska Native languages	—	—
Other	6	4.4

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	62	45.6
No crisis intervention team	73	53.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	7,279	25.5
Military veterans ²	5,760	7.1

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	26	19.1
Transitional age young adults	17	12.5
Persons 18 years and older with serious mental illness (SMI)	47	34.6
Seniors or older adults	21	15.4
Persons with Alzheimer's or dementia	7	5.1
Persons with co-occurring mental and substance use disorders	51	37.5
Persons with eating disorders	10	7.4
Persons who have experienced trauma	41	30.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	31	22.8
Persons with traumatic brain injury (TBI)	14	10.3
Veterans	25	18.4
Active duty military	16	11.8
Members of military families	19	14.0
LGBT clients	19	14.0
Forensic clients ¹	20	14.7
Persons with HIV or AIDS	14	10.3
Other	6	4.4
No programs or groups offered	45	33.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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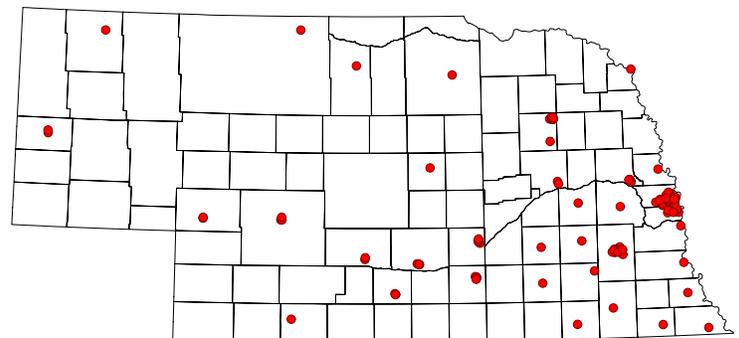
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Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Nevada National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Nevada, 48 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 21,695 clients in mental health treatment on April 30, 2018. The survey response rate in Nevada was 88.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	6	12.5
Private for-profit	15	31.3
Public agency or department		
State mental health agency	7	14.6
Other state government agency or department	18	37.5
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	4.2
Other	—	—
Total	48	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	12	25.0	559	2.6
24-hour residential	6	12.5	191	0.9
Less-than-24 hour			20,945	96.5
Partial hospitalization/day treatment	11	22.9		
Outpatient	45	93.8		
Total	48		21,695	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	73.6	760	75.5
24-hour residential	77.6	246	24.5
Total		1,006	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	14.6
General hospital	2	4.2
RTC for children	3	6.3
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	2	4.2
Community mental health center	6	12.5
Partial hospitalization/day treatment facility	1	2.1
Outpatient mental health facility	24	50.0
Multi-setting mental health facility	3	6.3
Other	—	—
Total	48	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	45	93.8
Couples/family therapy	39	81.3
Group therapy	47	97.9
Cognitive behavioral therapy	45	93.8
Dialectical behavior therapy	36	75.0
Behavior modification	36	75.0
Integrated dual disorders treatment	32	66.7
Trauma therapy	41	85.4
Activity therapy	21	43.8
Electroconvulsive therapy	1	2.1
Telemedicine/telehealth therapy	22	45.8
Psychotropic medication	44	91.7
Other	4	8.3
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	25	52.1
Children (12 years or younger)	33	68.8
Adolescents (13–17 years)	37	77.1
Young adults (18–25 years)	40	83.3
Adults (26–64 years)	37	77.1
Seniors (65 years or older)	39	81.3

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	12	25.0
Intensive case management	17	35.4
Case management	39	81.3
Court-ordered outpatient treatment	18	37.5
Chronic disease/illness management	4	8.3
Illness management and recovery	14	29.2
Integrated primary care services	8	16.7
Diet and exercise counseling	11	22.9
Family psychoeducation	34	70.8
Education services	17	35.4
Housing services	16	33.3
Supported housing	13	27.1
Psychosocial rehabilitation services	27	56.3
Vocational rehabilitation services	4	8.3
Supported employment	4	8.3
Therapeutic foster care	5	10.4
Legal advocacy	1	2.1
Psychiatric emergency walk-in services	25	52.1
Suicide prevention services	35	72.9
Consumer-run (peer support) services	11	22.9
Screening for tobacco use	22	45.8
Smoking/tobacco cessation counseling	11	22.9
Nicotine replacement therapy	11	22.9
Non-nicotine smoking/tobacco cessation medications	8	16.7
Other	2	4.2
None	1	2.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	22	45.8
State substance abuse agency	8	16.7
State department of health	21	43.8
State or local department of family and children's services	12	25.0
Hospital licensing authority	14	29.2
The Joint Commission	16	33.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	3	6.3
Council on Accreditation (COA)	3	6.3
Centers for Medicare and Medicaid Services (CMS)	34	70.8
Other national organization or federal, state, or local agency	4	8.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	39	81.3
Private health insurance	43	89.6
Medicare	32	66.7
Medicaid	40	83.3
State-financed health insurance plan other than Medicaid	20	41.7
State mental health agency (or equivalent) funds	16	33.3
State welfare or child and family services agency funds	20	41.7
State corrections or juvenile justice agency funds	16	33.3
State education agency funds	12	25.0
Other state government funds	20	41.7
County or local government funds	13	27.1
Community Service Block Grants	11	22.9
Community Mental Health Block Grants	19	39.6
Federal military insurance	34	70.8
U.S. Department of Veterans Affairs funds	17	35.4
IHS/Tribal/Urban (ITU) funds	15	31.3
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	24	50.0
Any language other than English	38	79.2
Languages provided by staff		
Spanish	23	47.9
American Indian/Alaska Native languages	—	—
Other	7	14.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	26	54.2
No crisis intervention team	21	43.8

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	6,660	30.7
Military veterans ²	4,602	11.1

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	23	47.9
Transitional age young adults	8	16.7
Persons 18 years and older with serious mental illness (SMI)	23	47.9
Seniors or older adults	16	33.3
Persons with Alzheimer's or dementia	4	8.3
Persons with co-occurring mental and substance use disorders	30	62.5
Persons with eating disorders	6	12.5
Persons who have experienced trauma	27	56.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	24	50.0
Persons with traumatic brain injury (TBI)	3	6.3
Veterans	6	12.5
Active duty military	3	6.3
Members of military families	4	8.3
LGBT clients	10	20.8
Forensic clients ¹	9	18.8
Persons with HIV or AIDS	5	10.4
Other	2	4.2
No programs or groups offered	9	18.8

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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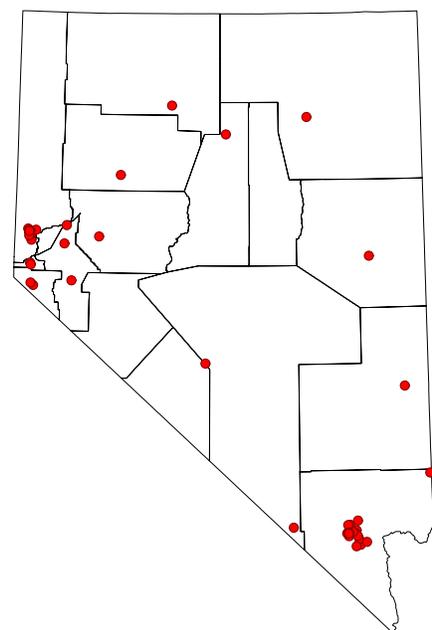
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Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
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www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — New Hampshire National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In New Hampshire, 58 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 19,692 clients in mental health treatment on April 30, 2018. The survey response rate in New Hampshire was 89.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	48	82.8
Private for-profit	3	5.2
Public agency or department		
State mental health agency	—	—
Other state government agency or department	2	3.4
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	5	8.6
Other	—	—
Total	58	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	9	15.5	277	1.4
24-hour residential	16	27.6	324	1.6
Less-than-24 hour			19,091	96.9
Partial hospitalization/day treatment	8	13.8		
Outpatient	41	70.7		
Total	58		19,692	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	87.9	315	47.1
24-hour residential	91.5	354	52.9
Total		669	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	3.4
General hospital	7	12.1
RTC for children	2	3.4
RTC for adults	6	10.3
Other type of residential treatment facility	3	5.2
Veterans Administration medical center	5	8.6
Community mental health center	23	39.7
Partial hospitalization/day treatment facility	1	1.7
Outpatient mental health facility	5	8.6
Multi-setting mental health facility	4	6.9
Other	—	—
Total	58	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	49	84.5
Couples/family therapy	35	60.3
Group therapy	44	75.9
Cognitive behavioral therapy	47	81.0
Dialectical behavior therapy	39	67.2
Behavior modification	34	58.6
Integrated dual disorders treatment	36	62.1
Trauma therapy	44	75.9
Activity therapy	30	51.7
Electroconvulsive therapy	6	10.3
Telemedicine/telehealth therapy	23	39.7
Psychotropic medication	53	91.4
Other	3	5.2
None of the above	1	1.7

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	20	34.5
Children (12 years or younger)	31	53.4
Adolescents (13–17 years)	32	55.2
Young adults (18–25 years)	49	84.5
Adults (26–64 years)	46	79.3
Seniors (65 years or older)	43	74.1

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	18	31.0
Intensive case management	17	29.3
Case management	38	65.5
Court-ordered outpatient treatment	26	44.8
Chronic disease/illness management	14	24.1
Illness management and recovery	32	55.2
Integrated primary care services	19	32.8
Diet and exercise counseling	33	56.9
Family psychoeducation	38	65.5
Education services	20	34.5
Housing services	17	29.3
Supported housing	17	29.3
Psychosocial rehabilitation services	21	36.2
Vocational rehabilitation services	15	25.9
Supported employment	29	50.0
Therapeutic foster care	2	3.4
Legal advocacy	6	10.3
Psychiatric emergency walk-in services	21	36.2
Suicide prevention services	39	67.2
Consumer-run (peer support) services	13	22.4
Screening for tobacco use	43	74.1
Smoking/tobacco cessation counseling	35	60.3
Nicotine replacement therapy	29	50.0
Non-nicotine smoking/tobacco cessation medications	23	39.7
Other	—	—
None	1	1.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	41	70.7
State substance abuse agency	^	^
State department of health	22	37.9
State or local department of family and children's services	9	15.5
Hospital licensing authority	8	13.8
The Joint Commission	13	22.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	5	8.6
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	26	44.8
Other national organization or federal, state, or local agency	7	12.1

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	46	79.3
Private health insurance	51	87.9
Medicare	49	84.5
Medicaid	53	91.4
State-financed health insurance plan other than Medicaid	32	55.2
State mental health agency (or equivalent) funds	35	60.3
State welfare or child and family services agency funds	28	48.3
State corrections or juvenile justice agency funds	25	43.1
State education agency funds	19	32.8
Other state government funds	29	50.0
County or local government funds	28	48.3
Community Service Block Grants	19	32.8
Community Mental Health Block Grants	21	36.2
Federal military insurance	38	65.5
U.S. Department of Veterans Affairs funds	16	27.6
IHS/Tribal/Urban (ITU) funds	2	3.4
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	39	67.2
Any language other than English	41	70.7
Languages provided by staff		
Spanish	11	19.0
American Indian/Alaska Native languages	—	—
Other	3	5.2

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	33	56.9
No crisis intervention team	25	43.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	3,837	19.5
Military veterans ²	7,149	25.3

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	24	41.4
Transitional age young adults	14	24.1
Persons 18 years and older with serious mental illness (SMI)	34	58.6
Seniors or older adults	18	31.0
Persons with Alzheimer's or dementia	6	10.3
Persons with co-occurring mental and substance use disorders	35	60.3
Persons with eating disorders	8	13.8
Persons who have experienced trauma	29	50.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	34	58.6
Persons with traumatic brain injury (TBI)	7	12.1
Veterans	16	27.6
Active duty military	13	22.4
Members of military families	13	22.4
LGBT clients	14	24.1
Forensic clients ¹	11	19.0
Persons with HIV or AIDS	5	8.6
Other	3	5.2
No programs or groups offered	5	8.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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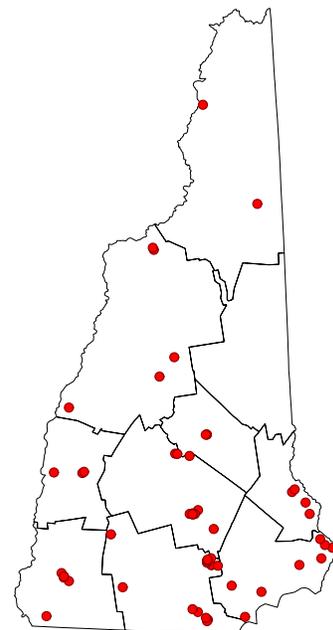
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Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — New Jersey National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In New Jersey, 313 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 76,697 clients in mental health treatment on April 30, 2018. The survey response rate in New Jersey was 92.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	238	76.0
Private for-profit	43	13.7
Public agency or department		
State mental health agency	5	1.6
Other state government agency or department	5	1.6
Regional/district authority or county, local, or municipal government	6	1.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	15	4.8
Other	1	0.3
Total	313	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	44	14.1	3,751	4.9
24-hour residential	45	14.4	1,172	1.5
Less-than-24 hour			71,774	93.6
Partial hospitalization/day treatment	112	35.8		
Outpatient	218	69.6		
Total	313		76,697	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	104.2	3,599	74.4
24-hour residential	94.6	1,239	25.6
Total		4,838	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	14	4.5
General hospital	25	8.0
RTC for children	12	3.8
RTC for adults	22	7.0
Other type of residential treatment facility	4	1.3
Veterans Administration medical center	14	4.5
Community mental health center	44	14.1
Partial hospitalization/day treatment facility	49	15.7
Outpatient mental health facility	118	37.7
Multi-setting mental health facility	11	3.5
Other	—	—
Total	313	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	261	83.4
Couples/family therapy	192	61.3
Group therapy	272	86.9
Cognitive behavioral therapy	260	83.1
Dialectical behavior therapy	130	41.5
Behavior modification	164	52.4
Integrated dual disorders treatment	182	58.1
Trauma therapy	197	62.9
Activity therapy	159	50.8
Electroconvulsive therapy	12	3.8
Telemedicine/telehealth therapy	45	14.4
Psychotropic medication	279	89.1
Other	10	3.2
None of the above	1	0.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	116	37.1
Children (12 years or younger)	143	45.7
Adolescents (13–17 years)	155	49.5
Young adults (18–25 years)	289	92.3
Adults (26–64 years)	279	89.1
Seniors (65 years or older)	262	83.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	33	10.5
Intensive case management	31	9.9
Case management	182	58.1
Court-ordered outpatient treatment	95	30.4
Chronic disease/illness management	57	18.2
Illness management and recovery	169	54.0
Integrated primary care services	76	24.3
Diet and exercise counseling	111	35.5
Family psychoeducation	206	65.8
Education services	83	26.5
Housing services	43	13.7
Supported housing	33	10.5
Psychosocial rehabilitation services	108	34.5
Vocational rehabilitation services	61	19.5
Supported employment	39	12.5
Therapeutic foster care	4	1.3
Legal advocacy	18	5.8
Psychiatric emergency walk-in services	49	15.7
Suicide prevention services	152	48.6
Consumer-run (peer support) services	55	17.6
Screening for tobacco use	129	41.2
Smoking/tobacco cessation counseling	128	40.9
Nicotine replacement therapy	74	23.6
Non-nicotine smoking/tobacco cessation medications	69	22.0
Other	2	0.6
None	8	2.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	252	80.5
State substance abuse agency	87	27.8
State department of health	136	43.5
State or local department of family and children's services	71	22.7
Hospital licensing authority	53	16.9
The Joint Commission	133	42.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	47	15.0
Council on Accreditation (COA)	27	8.6
Centers for Medicare and Medicaid Services (CMS)	179	57.2
Other national organization or federal, state, or local agency	7	2.2

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	241	77.0
Private health insurance	240	76.7
Medicare	202	64.5
Medicaid	287	91.7
State-financed health insurance plan other than Medicaid	157	50.2
State mental health agency (or equivalent) funds	172	55.0
State welfare or child and family services agency funds	123	39.3
State corrections or juvenile justice agency funds	66	21.1
State education agency funds	39	12.5
Other state government funds	96	30.7
County or local government funds	119	38.0
Community Service Block Grants	67	21.4
Community Mental Health Block Grants	83	26.5
Federal military insurance	97	31.0
U.S. Department of Veterans Affairs funds	36	11.5
IHS/Tribal/Urban (ITU) funds	3	1.0
Other	1	0.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	110	35.1
Any language other than English	217	69.3
Languages provided by staff		
Spanish	159	50.8
American Indian/Alaska Native languages	2	0.6
Other	57	18.2

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	100	31.9
No crisis intervention team	211	67.4

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	20,414	26.6
Military veterans ²	15,009	9.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	67	21.4
Transitional age young adults	44	14.1
Persons 18 years and older with serious mental illness (SMI)	179	57.2
Seniors or older adults	79	25.2
Persons with Alzheimer's or dementia	26	8.3
Persons with co-occurring mental and substance use disorders	172	55.0
Persons with eating disorders	35	11.2
Persons who have experienced trauma	97	31.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	99	31.6
Persons with traumatic brain injury (TBI)	18	5.8
Veterans	55	17.6
Active duty military	12	3.8
Members of military families	23	7.3
LGBT clients	64	20.4
Forensic clients ¹	43	13.7
Persons with HIV or AIDS	34	10.9
Other	22	7.0
No programs or groups offered	42	13.4

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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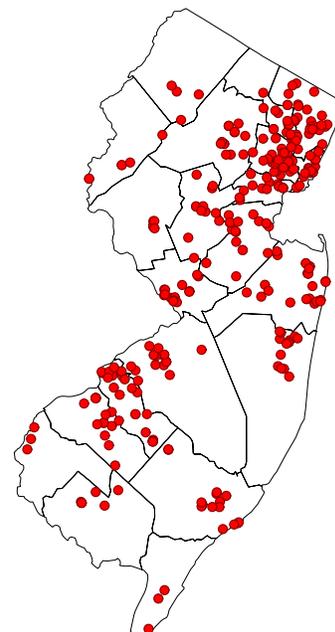
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
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2018 State Profile — New Mexico National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In New Mexico, 65 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 24,107 clients in mental health treatment on April 30, 2018. The survey response rate in New Mexico was 83.5 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	35	53.8
Private for-profit	15	23.1
Public agency or department		
State mental health agency	—	—
Other state government agency or department	10	15.4
Regional/district authority or county, local, or municipal government	1	1.5
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	4	6.2
Other	—	—
Total	65	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	15	23.1	670	2.8
24-hour residential	9	13.8	286	1.2
Less-than-24 hour			23,151	96.0
Partial hospitalization/day treatment	8	12.3		
Outpatient	52	80.0		
Total	65		24,107	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	92.0	728	64.4
24-hour residential	71.1	402	35.6
Total		1,130	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	6	9.2
General hospital	8	12.3
RTC for children	3	4.6
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	3	4.6
Community mental health center	24	36.9
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	18	27.7
Multi-setting mental health facility	3	4.6
Other	—	—
Total	65	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	64	98.5
Couples/family therapy	51	78.5
Group therapy	59	90.8
Cognitive behavioral therapy	60	92.3
Dialectical behavior therapy	34	52.3
Behavior modification	29	44.6
Integrated dual disorders treatment	40	61.5
Trauma therapy	54	83.1
Activity therapy	31	47.7
Electroconvulsive therapy	4	6.2
Telemedicine/telehealth therapy	33	50.8
Psychotropic medication	55	84.6
Other	5	7.7
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	25	38.5
Children (12 years or younger)	30	46.2
Adolescents (13–17 years)	39	60.0
Young adults (18–25 years)	60	92.3
Adults (26–64 years)	58	89.2
Seniors (65 years or older)	55	84.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	9	13.8
Intensive case management	13	20.0
Case management	41	63.1
Court-ordered outpatient treatment	30	46.2
Chronic disease/illness management	18	27.7
Illness management and recovery	18	27.7
Integrated primary care services	22	33.8
Diet and exercise counseling	22	33.8
Family psychoeducation	44	67.7
Education services	27	41.5
Housing services	17	26.2
Supported housing	10	15.4
Psychosocial rehabilitation services	34	52.3
Vocational rehabilitation services	10	15.4
Supported employment	8	12.3
Therapeutic foster care	3	4.6
Legal advocacy	5	7.7
Psychiatric emergency walk-in services	26	40.0
Suicide prevention services	44	67.7
Consumer-run (peer support) services	15	23.1
Screening for tobacco use	32	49.2
Smoking/tobacco cessation counseling	27	41.5
Nicotine replacement therapy	22	33.8
Non-nicotine smoking/tobacco cessation medications	20	30.8
Other	3	4.6
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	38	58.5
State substance abuse agency	14	21.5
State department of health	46	70.8
State or local department of family and children's services	29	44.6
Hospital licensing authority	15	23.1
The Joint Commission	40	61.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	10	15.4
Council on Accreditation (COA)	3	4.6
Centers for Medicare and Medicaid Services (CMS)	41	63.1
Other national organization or federal, state, or local agency	7	10.8

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	55	84.6
Private health insurance	56	86.2
Medicare	45	69.2
Medicaid	60	92.3
State-financed health insurance plan other than Medicaid	51	78.5
State mental health agency (or equivalent) funds	41	63.1
State welfare or child and family services agency funds	34	52.3
State corrections or juvenile justice agency funds	26	40.0
State education agency funds	13	20.0
Other state government funds	30	46.2
County or local government funds	30	46.2
Community Service Block Grants	21	32.3
Community Mental Health Block Grants	23	35.4
Federal military insurance	33	50.8
U.S. Department of Veterans Affairs funds	23	35.4
IHS/Tribal/Urban (ITU) funds	21	32.3
Other	1	1.5

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	37	56.9
Any language other than English	55	84.6
Languages provided by staff		
Spanish	44	67.7
American Indian/Alaska Native languages	5	7.7
Other	3	4.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	31	47.7
No crisis intervention team	34	52.3

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	10,012	41.5
Military veterans ²	9,118	14.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	18	27.7
Transitional age young adults	9	13.8
Persons 18 years and older with serious mental illness (SMI)	29	44.6
Seniors or older adults	15	23.1
Persons with Alzheimer's or dementia	6	9.2
Persons with co-occurring mental and substance use disorders	36	55.4
Persons with eating disorders	5	7.7
Persons who have experienced trauma	28	43.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	35	53.8
Persons with traumatic brain injury (TBI)	9	13.8
Veterans	14	21.5
Active duty military	7	10.8
Members of military families	9	13.8
LGBT clients	18	27.7
Forensic clients ¹	16	24.6
Persons with HIV or AIDS	6	9.2
Other	4	6.2
No programs or groups offered	12	18.5

LGBT = Lesbian, gay, bisexual, or transgender.
¹ Referred from the court/judicial system.

Symbol key (where applicable)

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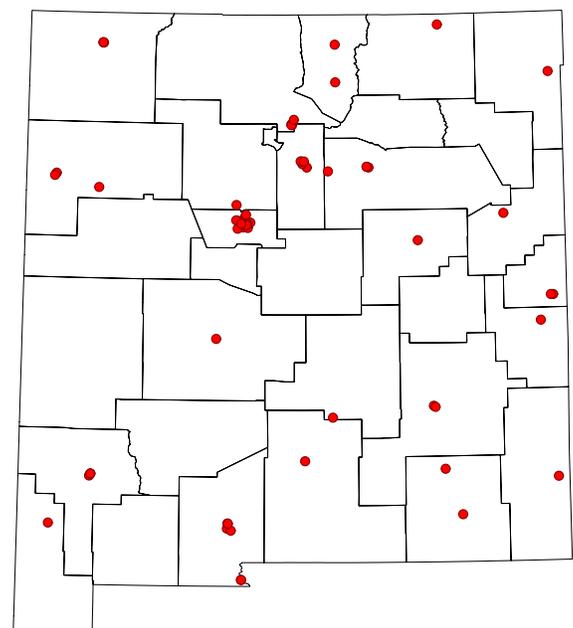
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
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2018 State Profile — New York National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In New York, 845 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 319,034 clients in mental health treatment on April 30, 2018. The survey response rate in New York was 92.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	580	68.6
Private for-profit	27	3.2
Public agency or department		
State mental health agency	90	10.7
Other state government agency or department	50	5.9
Regional/district authority or county, local, or municipal government	68	8.0
Tribal government	1	0.1
Indian Health Service	—	—
Department of Veterans Affairs	29	3.4
Other	—	—
Total	845	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	129	15.3	8,306	2.6
24-hour residential	100	11.8	4,032	1.3
Less-than-24 hour			306,696	96.1
Partial hospitalization/day treatment	102	12.1		
Outpatient	672	79.5		
Total	845		319,034	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	105.0	7,909	67.6
24-hour residential	106.6	3,784	32.4
Total		11,693	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	36	4.3
General hospital	86	10.2
RTC for children	25	3.0
RTC for adults	46	5.4
Other type of residential treatment facility	9	1.1
Veterans Administration medical center	26	3.1
Community mental health center	50	5.9
Partial hospitalization/day treatment facility	46	5.4
Outpatient mental health facility	499	59.1
Multi-setting mental health facility	22	2.6
Other	—	—
Total	845	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	796	94.2
Couples/family therapy	592	70.1
Group therapy	739	87.5
Cognitive behavioral therapy	757	89.6
Dialectical behavior therapy	509	60.2
Behavior modification	510	60.4
Integrated dual disorders treatment	478	56.6
Trauma therapy	660	78.1
Activity therapy	372	44.0
Electroconvulsive therapy	45	5.3
Telemedicine/telehealth therapy	96	11.4
Psychotropic medication	803	95.0
Other	33	3.9
None of the above	6	0.7

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	267	31.6
Children (12 years or younger)	411	48.6
Adolescents (13–17 years)	443	52.4
Young adults (18–25 years)	732	86.6
Adults (26–64 years)	689	81.5
Seniors (65 years or older)	667	78.9

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	98	11.6
Intensive case management	110	13.0
Case management	356	42.1
Court-ordered outpatient treatment	399	47.2
Chronic disease/illness management	169	20.0
Illness management and recovery	212	25.1
Integrated primary care services	245	29.0
Diet and exercise counseling	332	39.3
Family psychoeducation	640	75.7
Education services	264	31.2
Housing services	145	17.2
Supported housing	81	9.6
Psychosocial rehabilitation services	307	36.3
Vocational rehabilitation services	232	27.5
Supported employment	163	19.3
Therapeutic foster care	19	2.2
Legal advocacy	83	9.8
Psychiatric emergency walk-in services	262	31.0
Suicide prevention services	595	70.4
Consumer-run (peer support) services	240	28.4
Screening for tobacco use	683	80.8
Smoking/tobacco cessation counseling	569	67.3
Nicotine replacement therapy	368	43.6
Non-nicotine smoking/tobacco cessation medications	361	42.7
Other	8	0.9
None	5	0.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	767	90.8
State substance abuse agency	130	15.4
State department of health	335	39.6
State or local department of family and children's services	64	7.6
Hospital licensing authority	158	18.7
The Joint Commission	346	40.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	53	6.3
Council on Accreditation (COA)	84	9.9
Centers for Medicare and Medicaid Services (CMS)	488	57.8
Other national organization or federal, state, or local agency	34	4.0

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	651	77.0
Private health insurance	651	77.0
Medicare	641	75.9
Medicaid	792	93.7
State-financed health insurance plan other than Medicaid	511	60.5
State mental health agency (or equivalent) funds	360	42.6
State welfare or child and family services agency funds	232	27.5
State corrections or juvenile justice agency funds	106	12.5
State education agency funds	117	13.8
Other state government funds	209	24.7
County or local government funds	272	32.2
Community Service Block Grants	76	9.0
Community Mental Health Block Grants	88	10.4
Federal military insurance	280	33.1
U.S. Department of Veterans Affairs funds	124	14.7
IHS/Tribal/Urban (ITU) funds	44	5.2
Other	5	0.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	400	47.3
Any language other than English	665	78.7
Languages provided by staff		
Spanish	404	47.8
American Indian/Alaska Native languages	2	0.2
Other	200	23.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	363	43.0
No crisis intervention team	481	56.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	86,585	27.1
Military veterans ²	32,235	8.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	276	32.7
Transitional age young adults	141	16.7
Persons 18 years and older with serious mental illness (SMI)	421	49.8
Seniors or older adults	208	24.6
Persons with Alzheimer's or dementia	36	4.3
Persons with co-occurring mental and substance use disorders	362	42.8
Persons with eating disorders	77	9.1
Persons who have experienced trauma	328	38.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	317	37.5
Persons with traumatic brain injury (TBI)	33	3.9
Veterans	97	11.5
Active duty military	38	4.5
Members of military families	51	6.0
LGBT clients	166	19.6
Forensic clients ¹	137	16.2
Persons with HIV or AIDS	102	12.1
Other	61	7.2
No programs or groups offered	134	15.9

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

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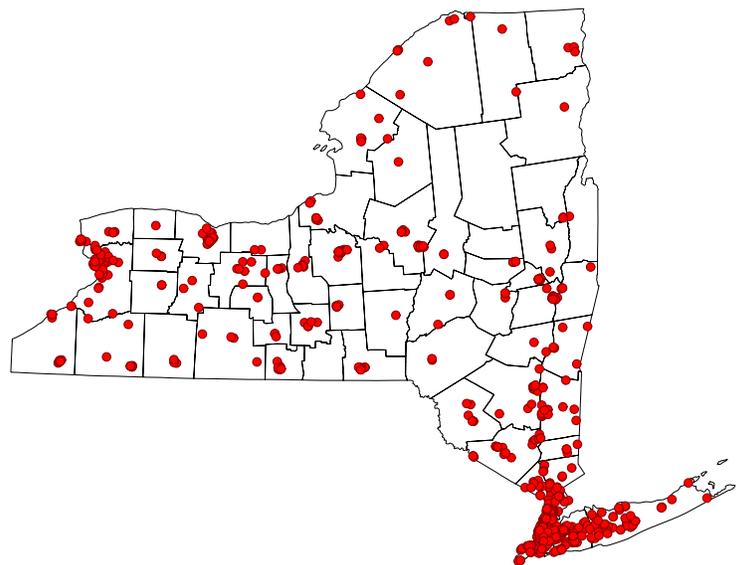
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — North Carolina National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In North Carolina, 287 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 71,346 clients in mental health treatment on April 30, 2018. The survey response rate in North Carolina was 81.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	114	39.7
Private for-profit	147	51.2
Public agency or department		
State mental health agency	1	0.3
Other state government agency or department	10	3.5
Regional/district authority or county, local, or municipal government	5	1.7
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	10	3.5
Other	—	—
Total	287	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	53	18.5	2,627	3.7
24-hour residential	96	33.4	987	1.4
Less-than-24 hour			67,732	94.9
Partial hospitalization/day treatment	40	13.9		
Outpatient	164	57.1		
Total	287		71,346	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	87.1	3,015	72.8
24-hour residential	87.6	1,127	27.2
Total		4,142	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	15	5.2
General hospital	34	11.8
RTC for children	48	16.7
RTC for adults	35	12.2
Other type of residential treatment facility	2	0.7
Veterans Administration medical center	9	3.1
Community mental health center	22	7.7
Partial hospitalization/day treatment facility	13	4.5
Outpatient mental health facility	96	33.4
Multi-setting mental health facility	13	4.5
Other	—	—
Total	287	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	223	77.7
Couples/family therapy	157	54.7
Group therapy	234	81.5
Cognitive behavioral therapy	239	83.3
Dialectical behavior therapy	121	42.2
Behavior modification	199	69.3
Integrated dual disorders treatment	127	44.3
Trauma therapy	174	60.6
Activity therapy	124	43.2
Electroconvulsive therapy	18	6.3
Telemedicine/telehealth therapy	97	33.8
Psychotropic medication	214	74.6
Other	11	3.8
None of the above	2	0.7

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	96	33.4
Children (12 years or younger)	165	57.5
Adolescents (13–17 years)	184	64.1
Young adults (18–25 years)	216	75.3
Adults (26–64 years)	209	72.8
Seniors (65 years or older)	194	67.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	34	11.8
Intensive case management	25	8.7
Case management	126	43.9
Court-ordered outpatient treatment	90	31.4
Chronic disease/illness management	31	10.8
Illness management and recovery	55	19.2
Integrated primary care services	50	17.4
Diet and exercise counseling	60	20.9
Family psychoeducation	152	53.0
Education services	81	28.2
Housing services	43	15.0
Supported housing	27	9.4
Psychosocial rehabilitation services	70	24.4
Vocational rehabilitation services	22	7.7
Supported employment	24	8.4
Therapeutic foster care	12	4.2
Legal advocacy	12	4.2
Psychiatric emergency walk-in services	83	28.9
Suicide prevention services	111	38.7
Consumer-run (peer support) services	51	17.8
Screening for tobacco use	118	41.1
Smoking/tobacco cessation counseling	91	31.7
Nicotine replacement therapy	59	20.6
Non-nicotine smoking/tobacco cessation medications	55	19.2
Other	5	1.7
None	20	7.0

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	199	69.3
State substance abuse agency	79	27.5
State department of health	132	46.0
State or local department of family and children's services	46	16.0
Hospital licensing authority	40	13.9
The Joint Commission	92	32.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	138	48.1
Council on Accreditation (COA)	39	13.6
Centers for Medicare and Medicaid Services (CMS)	146	50.9
Other national organization or federal, state, or local agency	12	4.2

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	225	78.4
Private health insurance	210	73.2
Medicare	153	53.3
Medicaid	261	90.9
State-financed health insurance plan other than Medicaid	195	67.9
State mental health agency (or equivalent) funds	184	64.1
State welfare or child and family services agency funds	109	38.0
State corrections or juvenile justice agency funds	66	23.0
State education agency funds	45	15.7
Other state government funds	104	36.2
County or local government funds	109	38.0
Community Service Block Grants	51	17.8
Community Mental Health Block Grants	64	22.3
Federal military insurance	141	49.1
U.S. Department of Veterans Affairs funds	54	18.8
IHS/Tribal/Urban (ITU) funds	24	8.4
Other	4	1.4

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	109	38.0
Any language other than English	151	52.6
Languages provided by staff		
Spanish	60	20.9
American Indian/Alaska Native languages	—	—
Other	8	2.8

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	127	44.3
No crisis intervention team	160	55.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	24,712	34.6
Military veterans ²	24,209	11.8

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	123	42.9
Transitional age young adults	40	13.9
Persons 18 years and older with serious mental illness (SMI)	117	40.8
Seniors or older adults	69	24.0
Persons with Alzheimer's or dementia	17	5.9
Persons with co-occurring mental and substance use disorders	144	50.2
Persons with eating disorders	27	9.4
Persons who have experienced trauma	124	43.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	126	43.9
Persons with traumatic brain injury (TBI)	28	9.8
Veterans	43	15.0
Active duty military	22	7.7
Members of military families	31	10.8
LGBT clients	47	16.4
Forensic clients ¹	48	16.7
Persons with HIV or AIDS	27	9.4
Other	21	7.3
No programs or groups offered	37	12.9

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2018 unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

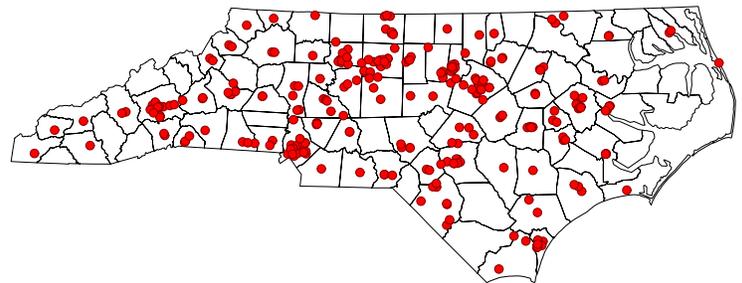
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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Location of treatment facilities



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<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — North Dakota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In North Dakota, 34 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 12,902 clients in mental health treatment on April 30, 2018. The survey response rate in North Dakota was 97.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	18	52.9
Private for-profit	2	5.9
Public agency or department		
State mental health agency	4	11.8
Other state government agency or department	7	20.6
Regional/district authority or county, local, or municipal government	2	5.9
Tribal government	—	—
Indian Health Service	1	2.9
Department of Veterans Affairs	—	—
Other	—	—
Total	34	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	7	20.6	293	2.3
24-hour residential	10	29.4	169	1.3
Less-than-24 hour			12,440	96.4
Partial hospitalization/day treatment	7	20.6		
Outpatient	21	61.8		
Total	34		12,902	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	87.7	334	65.9
24-hour residential	97.7	173	34.1
Total		507	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	8.8
General hospital	4	11.8
RTC for children	7	20.6
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	—	—
Community mental health center	5	14.7
Partial hospitalization/day treatment facility	1	2.9
Outpatient mental health facility	13	38.2
Multi-setting mental health facility	1	2.9
Other	—	—
Total	34	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	33	97.1
Couples/family therapy	24	70.6
Group therapy	33	97.1
Cognitive behavioral therapy	31	91.2
Dialectical behavior therapy	28	82.4
Behavior modification	29	85.3
Integrated dual disorders treatment	19	55.9
Trauma therapy	29	85.3
Activity therapy	16	47.1
Electroconvulsive therapy	3	8.8
Telemedicine/telehealth therapy	26	76.5
Psychotropic medication	33	97.1
Other	1	2.9
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	18	52.9
Children (12 years or younger)	25	73.5
Adolescents (13–17 years)	30	88.2
Young adults (18–25 years)	25	73.5
Adults (26–64 years)	25	73.5
Seniors (65 years or older)	23	67.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	6	17.6
Intensive case management	11	32.4
Case management	24	70.6
Court-ordered outpatient treatment	15	44.1
Chronic disease/illness management	9	26.5
Illness management and recovery	14	41.2
Integrated primary care services	12	35.3
Diet and exercise counseling	9	26.5
Family psychoeducation	22	64.7
Education services	21	61.8
Housing services	4	11.8
Supported housing	2	5.9
Psychosocial rehabilitation services	17	50.0
Vocational rehabilitation services	9	26.5
Supported employment	10	29.4
Therapeutic foster care	1	2.9
Legal advocacy	—	—
Psychiatric emergency walk-in services	10	29.4
Suicide prevention services	28	82.4
Consumer-run (peer support) services	7	20.6
Screening for tobacco use	24	70.6
Smoking/tobacco cessation counseling	15	44.1
Nicotine replacement therapy	10	29.4
Non-nicotine smoking/tobacco cessation medications	9	26.5
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	20	58.8
State substance abuse agency	16	47.1
State department of health	21	61.8
State or local department of family and children's services	13	38.2
Hospital licensing authority	^	^
The Joint Commission	13	38.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	6	17.6
Council on Accreditation (COA)	5	14.7
Centers for Medicare and Medicaid Services (CMS)	22	64.7
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	32	94.1
Private health insurance	33	97.1
Medicare	29	85.3
Medicaid	32	94.1
State-financed health insurance plan other than Medicaid	27	79.4
State mental health agency (or equivalent) funds	21	61.8
State welfare or child and family services agency funds	21	61.8
State corrections or juvenile justice agency funds	19	55.9
State education agency funds	13	38.2
Other state government funds	17	50.0
County or local government funds	16	47.1
Community Service Block Grants	11	32.4
Community Mental Health Block Grants	11	32.4
Federal military insurance	25	73.5
U.S. Department of Veterans Affairs funds	15	44.1
IHS/Tribal/Urban (ITU) funds	18	52.9
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	18	52.9
Any language other than English	23	67.6
Languages provided by staff		
Spanish	1	2.9
American Indian/Alaska Native languages	—	—
Other	1	2.9

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	20	58.8
No crisis intervention team	14	41.2

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	1,991	15.4
Military veterans ²	2,717	9.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	20	58.8
Transitional age young adults	10	29.4
Persons 18 years and older with serious mental illness (SMI)	16	47.1
Seniors or older adults	7	20.6
Persons with Alzheimer's or dementia	1	2.9
Persons with co-occurring mental and substance use disorders	20	58.8
Persons with eating disorders	3	8.8
Persons who have experienced trauma	16	47.1
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	15	44.1
Persons with traumatic brain injury (TBI)	4	11.8
Veterans	3	8.8
Active duty military	3	8.8
Members of military families	3	8.8
LGBT clients	7	20.6
Forensic clients ¹	8	23.5
Persons with HIV or AIDS	1	2.9
Other	2	5.9
No programs or groups offered	9	26.5

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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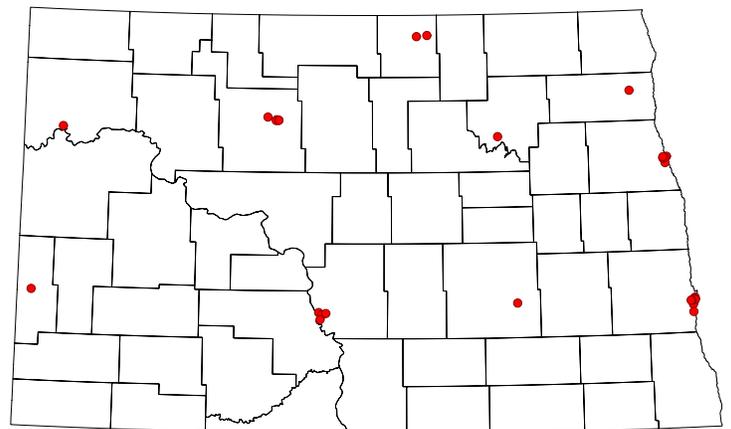
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Location of treatment facilities



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www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Ohio

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Ohio, 563 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 288,731 clients in mental health treatment on April 30, 2018. The survey response rate in Ohio was 92.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	431	76.6
Private for-profit	80	14.2
Public agency or department		
State mental health agency	12	2.1
Other state government agency or department	1	0.2
Regional/district authority or county, local, or municipal government	15	2.7
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	24	4.3
Other	—	—
Total	563	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	72	12.8	3,370	1.2
24-hour residential	62	11.0	2,123	0.7
Less-than-24 hour			283,238	98.1
Partial hospitalization/day treatment	116	20.6		
Outpatient	478	84.9		
Total	563		288,731	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	108.4	3,108	62.8
24-hour residential	115.2	1,843	37.2
Total		4,951	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	23	4.1
General hospital	43	7.6
RTC for children	16	2.8
RTC for adults	23	4.1
Other type of residential treatment facility	2	0.4
Veterans Administration medical center	24	4.3
Community mental health center	153	27.2
Partial hospitalization/day treatment facility	11	2.0
Outpatient mental health facility	239	42.5
Multi-setting mental health facility	29	5.2
Other	—	—
Total	563	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	528	93.8
Couples/family therapy	404	71.8
Group therapy	488	86.7
Cognitive behavioral therapy	524	93.1
Dialectical behavior therapy	310	55.1
Behavior modification	364	64.7
Integrated dual disorders treatment	294	52.2
Trauma therapy	455	80.8
Activity therapy	189	33.6
Electroconvulsive therapy	24	4.3
Telemedicine/telehealth therapy	161	28.6
Psychotropic medication	415	73.7
Other	21	3.7
None of the above	1	0.2

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	247	43.9
Children (12 years or younger)	360	63.9
Adolescents (13–17 years)	385	68.4
Young adults (18–25 years)	503	89.3
Adults (26–64 years)	459	81.5
Seniors (65 years or older)	437	77.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	55	9.8
Intensive case management	121	21.5
Case management	439	78.0
Court-ordered outpatient treatment	293	52.0
Chronic disease/illness management	93	16.5
Illness management and recovery	115	20.4
Integrated primary care services	131	23.3
Diet and exercise counseling	132	23.4
Family psychoeducation	337	59.9
Education services	172	30.6
Housing services	101	17.9
Supported housing	64	11.4
Psychosocial rehabilitation services	179	31.8
Vocational rehabilitation services	80	14.2
Supported employment	84	14.9
Therapeutic foster care	41	7.3
Legal advocacy	32	5.7
Psychiatric emergency walk-in services	137	24.3
Suicide prevention services	255	45.3
Consumer-run (peer support) services	76	13.5
Screening for tobacco use	245	43.5
Smoking/tobacco cessation counseling	184	32.7
Nicotine replacement therapy	110	19.5
Non-nicotine smoking/tobacco cessation medications	97	17.2
Other	12	2.1
None	12	2.1

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	505	89.7
State substance abuse agency	306	54.4
State department of health	151	26.8
State or local department of family and children's services	68	12.1
Hospital licensing authority	62	11.0
The Joint Commission	192	34.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	286	50.8
Council on Accreditation (COA)	105	18.7
Centers for Medicare and Medicaid Services (CMS)	320	56.8
Other national organization or federal, state, or local agency	13	2.3

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	510	90.6
Private health insurance	489	86.9
Medicare	395	70.2
Medicaid	530	94.1
State-financed health insurance plan other than Medicaid	293	52.0
State mental health agency (or equivalent) funds	343	60.9
State welfare or child and family services agency funds	245	43.5
State corrections or juvenile justice agency funds	163	29.0
State education agency funds	79	14.0
Other state government funds	172	30.6
County or local government funds	360	63.9
Community Service Block Grants	124	22.0
Community Mental Health Block Grants	184	32.7
Federal military insurance	263	46.7
U.S. Department of Veterans Affairs funds	103	18.3
IHS/Tribal/Urban (ITU) funds	6	1.1
Other	6	1.1

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	354	62.9
Any language other than English	356	63.2
Languages provided by staff		
Spanish	86	15.3
American Indian/Alaska Native languages	1	0.2
Other	33	5.9

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	244	43.3
No crisis intervention team	319	56.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	63,162	21.9
Military veterans ²	52,211	11.2

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	203	36.1
Transitional age young adults	131	23.3
Persons 18 years and older with serious mental illness (SMI)	220	39.1
Seniors or older adults	109	19.4
Persons with Alzheimer's or dementia	42	7.5
Persons with co-occurring mental and substance use disorders	245	43.5
Persons with eating disorders	44	7.8
Persons who have experienced trauma	235	41.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	209	37.1
Persons with traumatic brain injury (TBI)	33	5.9
Veterans	69	12.3
Active duty military	27	4.8
Members of military families	41	7.3
LGBT clients	95	16.9
Forensic clients ¹	140	24.9
Persons with HIV or AIDS	44	7.8
Other	47	8.3
No programs or groups offered	92	16.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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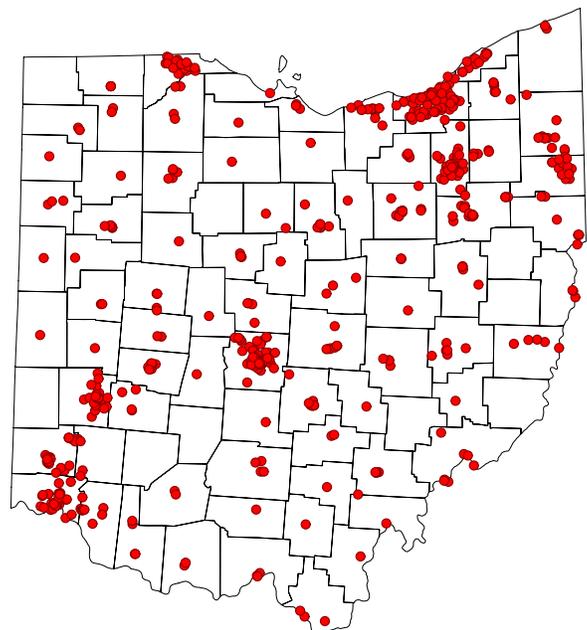
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Oklahoma National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Oklahoma, 146 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 46,404 clients in mental health treatment on April 30, 2018. The survey response rate in Oklahoma was 91.3 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	85	58.2
Private for-profit	26	17.8
Public agency or department		
State mental health agency	22	15.1
Other state government agency or department	3	2.1
Regional/district authority or county, local, or municipal government	3	2.1
Tribal government	1	0.7
Indian Health Service	1	0.7
Department of Veterans Affairs	5	3.4
Other	—	—
Total	146	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	33	22.6	844	1.8
24-hour residential	15	10.3	334	0.7
Less-than-24 hour			45,226	97.5
Partial hospitalization/day treatment	9	6.2		
Outpatient	114	78.1		
Total	146		46,404	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	79.6	1,060	71.8
24-hour residential	80.3	416	28.2
Total		1,476	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	10	6.8
General hospital	19	13.0
RTC for children	6	4.1
RTC for adults	2	1.4
Other type of residential treatment facility	—	—
Veterans Administration medical center	4	2.7
Community mental health center	64	43.8
Partial hospitalization/day treatment facility	1	0.7
Outpatient mental health facility	39	26.7
Multi-setting mental health facility	—	—
Other	1	0.7
Total	146	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	140	95.9
Couples/family therapy	116	79.5
Group therapy	137	93.8
Cognitive behavioral therapy	140	95.9
Dialectical behavior therapy	53	36.3
Behavior modification	114	78.1
Integrated dual disorders treatment	101	69.2
Trauma therapy	123	84.2
Activity therapy	72	49.3
Electroconvulsive therapy	2	1.4
Telemedicine/telehealth therapy	80	54.8
Psychotropic medication	113	77.4
Other	4	2.7
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	78	53.4
Children (12 years or younger)	99	67.8
Adolescents (13–17 years)	105	71.9
Young adults (18–25 years)	118	80.8
Adults (26–64 years)	121	82.9
Seniors (65 years or older)	120	82.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	14	9.6
Intensive case management	36	24.7
Case management	130	89.0
Court-ordered outpatient treatment	84	57.5
Chronic disease/illness management	28	19.2
Illness management and recovery	35	24.0
Integrated primary care services	61	41.8
Diet and exercise counseling	79	54.1
Family psychoeducation	94	64.4
Education services	51	34.9
Housing services	34	23.3
Supported housing	12	8.2
Psychosocial rehabilitation services	94	64.4
Vocational rehabilitation services	8	5.5
Supported employment	8	5.5
Therapeutic foster care	—	—
Legal advocacy	5	3.4
Psychiatric emergency walk-in services	79	54.1
Suicide prevention services	113	77.4
Consumer-run (peer support) services	40	27.4
Screening for tobacco use	120	82.2
Smoking/tobacco cessation counseling	110	75.3
Nicotine replacement therapy	65	44.5
Non-nicotine smoking/tobacco cessation medications	59	40.4
Other	2	1.4
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	117	80.1
State substance abuse agency	78	53.4
State department of health	53	36.3
State or local department of family and children's services	27	18.5
Hospital licensing authority	22	15.1
The Joint Commission	46	31.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	62	42.5
Council on Accreditation (COA)	7	4.8
Centers for Medicare and Medicaid Services (CMS)	66	45.2
Other national organization or federal, state, or local agency	5	3.4

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	133	91.1
Private health insurance	123	84.2
Medicare	106	72.6
Medicaid	137	93.8
State-financed health insurance plan other than Medicaid	81	55.5
State mental health agency (or equivalent) funds	93	63.7
State welfare or child and family services agency funds	54	37.0
State corrections or juvenile justice agency funds	30	20.5
State education agency funds	7	4.8
Other state government funds	27	18.5
County or local government funds	20	13.7
Community Service Block Grants	14	9.6
Community Mental Health Block Grants	43	29.5
Federal military insurance	82	56.2
U.S. Department of Veterans Affairs funds	35	24.0
IHS/Tribal/Urban (ITU) funds	23	15.8
Other	3	2.1

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	86	58.9
Any language other than English	104	71.2
Languages provided by staff		
Spanish	37	25.3
American Indian/Alaska Native languages	3	2.1
Other	7	4.8

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	94	64.4
No crisis intervention team	52	35.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	10,673	23.0
Military veterans ²	12,056	13.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	62	42.5
Transitional age young adults	33	22.6
Persons 18 years and older with serious mental illness (SMI)	77	52.7
Seniors or older adults	35	24.0
Persons with Alzheimer's or dementia	13	8.9
Persons with co-occurring mental and substance use disorders	56	38.4
Persons with eating disorders	12	8.2
Persons who have experienced trauma	62	42.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	56	38.4
Persons with traumatic brain injury (TBI)	7	4.8
Veterans	25	17.1
Active duty military	10	6.8
Members of military families	19	13.0
LGBT clients	32	21.9
Forensic clients ¹	24	16.4
Persons with HIV or AIDS	14	9.6
Other	6	4.1
No programs or groups offered	31	21.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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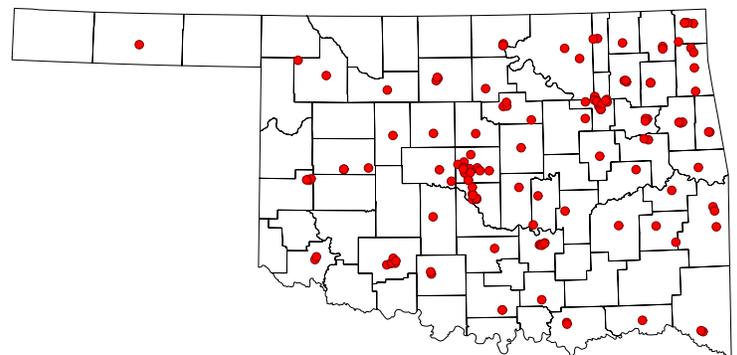
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Location of treatment facilities



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<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Oregon National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Oregon, 164 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 59,703 clients in mental health treatment on April 30, 2018. The survey response rate in Oregon was 91.9 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	122	74.4
Private for-profit	10	6.1
Public agency or department		
State mental health agency	3	1.8
Other state government agency or department	2	1.2
Regional/district authority or county, local, or municipal government	20	12.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	7	4.3
Other	—	—
Total	164	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	16	9.8	1,066	1.8
24-hour residential	55	33.5	937	1.6
Less-than-24 hour			57,700	96.6
Partial hospitalization/day treatment	15	9.1		
Outpatient	106	64.6		
Total	164		59,703	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	93.8	1,136	51.1
24-hour residential	86.2	1,087	48.9
Total		2,223	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	3	1.8
General hospital	10	6.1
RTC for children	7	4.3
RTC for adults	43	26.2
Other type of residential treatment facility	—	—
Veterans Administration medical center	7	4.3
Community mental health center	31	18.9
Partial hospitalization/day treatment facility	6	3.7
Outpatient mental health facility	51	31.1
Multi-setting mental health facility	4	2.4
Other	2	1.2
Total	164	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	152	92.7
Couples/family therapy	96	58.5
Group therapy	142	86.6
Cognitive behavioral therapy	145	88.4
Dialectical behavior therapy	108	65.9
Behavior modification	98	59.8
Integrated dual disorders treatment	73	44.5
Trauma therapy	127	77.4
Activity therapy	94	57.3
Electroconvulsive therapy	1	0.6
Telemedicine/telehealth therapy	55	33.5
Psychotropic medication	139	84.8
Other	8	4.9
None of the above	1	0.6

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	59	36.0
Children (12 years or younger)	85	51.8
Adolescents (13–17 years)	89	54.3
Young adults (18–25 years)	140	85.4
Adults (26–64 years)	138	84.1
Seniors (65 years or older)	125	76.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	40	24.4
Intensive case management	44	26.8
Case management	131	79.9
Court-ordered outpatient treatment	70	42.7
Chronic disease/illness management	32	19.5
Illness management and recovery	58	35.4
Integrated primary care services	53	32.3
Diet and exercise counseling	67	40.9
Family psychoeducation	96	58.5
Education services	49	29.9
Housing services	57	34.8
Supported housing	33	20.1
Psychosocial rehabilitation services	71	43.3
Vocational rehabilitation services	31	18.9
Supported employment	56	34.1
Therapeutic foster care	7	4.3
Legal advocacy	9	5.5
Psychiatric emergency walk-in services	40	24.4
Suicide prevention services	102	62.2
Consumer-run (peer support) services	65	39.6
Screening for tobacco use	94	57.3
Smoking/tobacco cessation counseling	76	46.3
Nicotine replacement therapy	45	27.4
Non-nicotine smoking/tobacco cessation medications	39	23.8
Other	4	2.4
None	3	1.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	145	88.4
State substance abuse agency	59	36.0
State department of health	66	40.2
State or local department of family and children's services	31	18.9
Hospital licensing authority	17	10.4
The Joint Commission	37	22.6
Commission on Accreditation of Rehabilitation Facilities (CARF)	11	6.7
Council on Accreditation (COA)	12	7.3
Centers for Medicare and Medicaid Services (CMS)	69	42.1
Other national organization or federal, state, or local agency	5	3.0

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	131	79.9
Private health insurance	135	82.3
Medicare	111	67.7
Medicaid	153	93.3
State-financed health insurance plan other than Medicaid	94	57.3
State mental health agency (or equivalent) funds	113	68.9
State welfare or child and family services agency funds	68	41.5
State corrections or juvenile justice agency funds	60	36.6
State education agency funds	28	17.1
Other state government funds	80	48.8
County or local government funds	109	66.5
Community Service Block Grants	35	21.3
Community Mental Health Block Grants	57	34.8
Federal military insurance	71	43.3
U.S. Department of Veterans Affairs funds	53	32.3
IHS/Tribal/Urban (ITU) funds	34	20.7
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	75	45.7
Any language other than English	116	70.7
Languages provided by staff		
Spanish	67	40.9
American Indian/Alaska Native languages	—	—
Other	10	6.1

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	84	51.2
No crisis intervention team	80	48.8

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	18,816	31.5
Military veterans ²	7,307	8.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	44	26.8
Transitional age young adults	25	15.2
Persons 18 years and older with serious mental illness (SMI)	84	51.2
Seniors or older adults	27	16.5
Persons with Alzheimer's or dementia	1	0.6
Persons with co-occurring mental and substance use disorders	66	40.2
Persons with eating disorders	12	7.3
Persons who have experienced trauma	64	39.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	63	38.4
Persons with traumatic brain injury (TBI)	15	9.1
Veterans	20	12.2
Active duty military	7	4.3
Members of military families	9	5.5
LGBT clients	26	15.9
Forensic clients ¹	39	23.8
Persons with HIV or AIDS	5	3.0
Other	9	5.5
No programs or groups offered	30	18.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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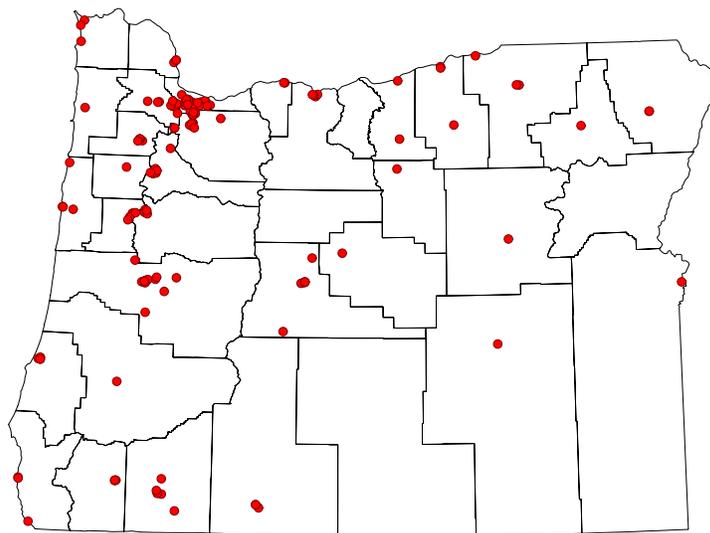
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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Pennsylvania National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Pennsylvania, 561 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 225,921 clients in mental health treatment on April 30, 2018. The survey response rate in Pennsylvania was 92.2 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	410	73.1
Private for-profit	108	19.3
Public agency or department		
State mental health agency	6	1.1
Other state government agency or department	5	0.9
Regional/district authority or county, local, or municipal government	5	0.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	27	4.8
Other	—	—
Total	561	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	100	17.8	4,578	2.0
24-hour residential	79	14.1	2,517	1.1
Less-than-24 hour			218,826	96.9
Partial hospitalization/day treatment	118	21.0		
Outpatient	404	72.0		
Total	561		225,921	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	89.6	5,111	63.4
24-hour residential	85.3	2,950	36.6
Total		8,061	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	26	4.6
General hospital	69	12.3
RTC for children	22	3.9
RTC for adults	35	6.2
Other type of residential treatment facility	4	0.7
Veterans Administration medical center	27	4.8
Community mental health center	42	7.5
Partial hospitalization/day treatment facility	39	7.0
Outpatient mental health facility	259	46.2
Multi-setting mental health facility	34	6.1
Other	4	0.7
Total	561	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	514	91.6
Couples/family therapy	419	74.7
Group therapy	477	85.0
Cognitive behavioral therapy	483	86.1
Dialectical behavior therapy	296	52.8
Behavior modification	383	68.3
Integrated dual disorders treatment	186	33.2
Trauma therapy	420	74.9
Activity therapy	247	44.0
Electroconvulsive therapy	26	4.6
Telemedicine/telehealth therapy	119	21.2
Psychotropic medication	500	89.1
Other	17	3.0
None of the above	4	0.7

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	258	46.0
Children (12 years or younger)	350	62.4
Adolescents (13–17 years)	374	66.7
Young adults (18–25 years)	490	87.3
Adults (26–64 years)	462	82.4
Seniors (65 years or older)	456	81.3

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	39	7.0
Intensive case management	93	16.6
Case management	225	40.1
Court-ordered outpatient treatment	211	37.6
Chronic disease/illness management	87	15.5
Illness management and recovery	130	23.2
Integrated primary care services	116	20.7
Diet and exercise counseling	172	30.7
Family psychoeducation	358	63.8
Education services	154	27.5
Housing services	88	15.7
Supported housing	65	11.6
Psychosocial rehabilitation services	159	28.3
Vocational rehabilitation services	61	10.9
Supported employment	55	9.8
Therapeutic foster care	25	4.5
Legal advocacy	22	3.9
Psychiatric emergency walk-in services	137	24.4
Suicide prevention services	258	46.0
Consumer-run (peer support) services	134	23.9
Screening for tobacco use	301	53.7
Smoking/tobacco cessation counseling	205	36.5
Nicotine replacement therapy	148	26.4
Non-nicotine smoking/tobacco cessation medications	140	25.0
Other	7	1.2
None	30	5.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	450	80.2
State substance abuse agency	117	20.9
State department of health	297	52.9
State or local department of family and children's services	95	16.9
Hospital licensing authority	72	12.8
The Joint Commission	198	35.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	57	10.2
Council on Accreditation (COA)	53	9.4
Centers for Medicare and Medicaid Services (CMS)	258	46.0
Other national organization or federal, state, or local agency	25	4.5

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	468	83.4
Private health insurance	453	80.7
Medicare	372	66.3
Medicaid	495	88.2
State-financed health insurance plan other than Medicaid	310	55.3
State mental health agency (or equivalent) funds	273	48.7
State welfare or child and family services agency funds	220	39.2
State corrections or juvenile justice agency funds	124	22.1
State education agency funds	86	15.3
Other state government funds	141	25.1
County or local government funds	353	62.9
Community Service Block Grants	96	17.1
Community Mental Health Block Grants	140	25.0
Federal military insurance	232	41.4
U.S. Department of Veterans Affairs funds	117	20.9
IHS/Tribal/Urban (ITU) funds	21	3.7
Other	9	1.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	264	47.1
Any language other than English	320	57.0
Languages provided by staff		
Spanish	145	25.8
American Indian/Alaska Native languages	—	—
Other	59	10.5

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	175	31.2
No crisis intervention team	385	68.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	54,070	23.9
Military veterans ²	55,495	15.3

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	173	30.8
Transitional age young adults	96	17.1
Persons 18 years and older with serious mental illness (SMI)	237	42.2
Seniors or older adults	141	25.1
Persons with Alzheimer's or dementia	40	7.1
Persons with co-occurring mental and substance use disorders	172	30.7
Persons with eating disorders	42	7.5
Persons who have experienced trauma	224	39.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	187	33.3
Persons with traumatic brain injury (TBI)	38	6.8
Veterans	79	14.1
Active duty military	28	5.0
Members of military families	41	7.3
LGBT clients	93	16.6
Forensic clients ¹	93	16.6
Persons with HIV or AIDS	45	8.0
Other	41	7.3
No programs or groups offered	105	18.7

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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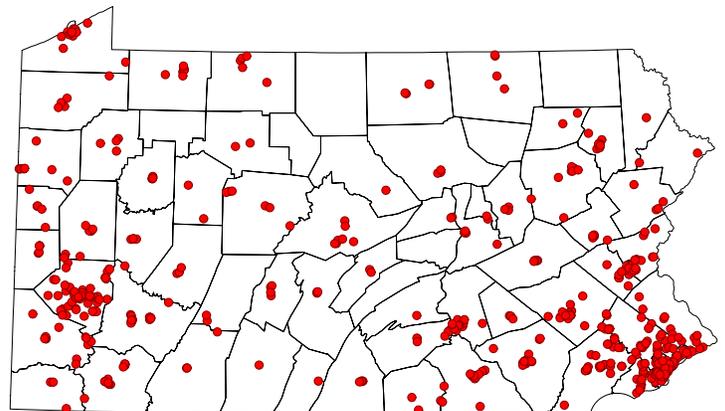
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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For more information, visit: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Puerto Rico National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Puerto Rico, 78 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 39,987 clients in mental health treatment on April 30, 2018. The survey response rate in Puerto Rico was 84.2 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	27	34.6
Private for-profit	42	53.8
Public agency or department		
State mental health agency	4	5.1
Other state government agency or department	3	3.8
Regional/district authority or county, local, or municipal government	1	1.3
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	1.3
Other	—	—
Total	78	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	14	17.9	730	1.8
24-hour residential	16	20.5	327	0.8
Less-than-24 hour			38,930	97.4
Partial hospitalization/day treatment	22	28.2		
Outpatient	40	51.3		
Total	78		39,987	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	96.6	756	67.0
24-hour residential	87.9	372	33.0
Total		1,128	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	9	11.5
General hospital	5	6.4
RTC for children	3	3.8
RTC for adults	12	15.4
Other type of residential treatment facility	—	—
Veterans Administration medical center	1	1.3
Community mental health center	1	1.3
Partial hospitalization/day treatment facility	17	21.8
Outpatient mental health facility	27	34.6
Multi-setting mental health facility	3	3.8
Other	—	—
Total	78	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	74	94.9
Couples/family therapy	54	69.2
Group therapy	69	88.5
Cognitive behavioral therapy	61	78.2
Dialectical behavior therapy	28	35.9
Behavior modification	62	79.5
Integrated dual disorders treatment	45	57.7
Trauma therapy	34	43.6
Activity therapy	46	59.0
Electroconvulsive therapy	3	3.8
Telemedicine/telehealth therapy	10	12.8
Psychotropic medication	60	76.9
Other	4	5.1
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	8	10.3
Intensive case management	13	16.7
Case management	42	53.8
Court-ordered outpatient treatment	26	33.3
Chronic disease/illness management	27	34.6
Illness management and recovery	21	26.9
Integrated primary care services	38	48.7
Diet and exercise counseling	26	33.3
Family psychoeducation	55	70.5
Education services	35	44.9
Housing services	10	12.8
Supported housing	6	7.7
Psychosocial rehabilitation services	18	23.1
Vocational rehabilitation services	5	6.4
Supported employment	4	5.1
Therapeutic foster care	4	5.1
Legal advocacy	1	1.3
Psychiatric emergency walk-in services	31	39.7
Suicide prevention services	57	73.1
Consumer-run (peer support) services	5	6.4
Screening for tobacco use	32	41.0
Smoking/tobacco cessation counseling	34	43.6
Nicotine replacement therapy	12	15.4
Non-nicotine smoking/tobacco cessation medications	20	25.6
Other	—	—
None	2	2.6

Note: Facilities may provide more than one supportive service or practice.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	23	29.5
Children (12 years or younger)	30	38.5
Adolescents (13–17 years)	42	53.8
Young adults (18–25 years)	62	79.5
Adults (26–64 years)	67	85.9
Seniors (65 years or older)	60	76.9

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	72	92.3
State substance abuse agency	56	71.8
State department of health	72	92.3
State or local department of family and children's services	22	28.2
Hospital licensing authority	38	48.7
The Joint Commission	40	51.3
Commission on Accreditation of Rehabilitation Facilities (CARF)	^	^
Council on Accreditation (COA)	5	6.4
Centers for Medicare and Medicaid Services (CMS)	38	48.7
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	67	85.9
Private health insurance	64	82.1
Medicare	53	67.9
Medicaid	50	64.1
State-financed health insurance plan other than Medicaid	37	47.4
State mental health agency (or equivalent) funds	31	39.7
State welfare or child and family services agency funds	18	23.1
State corrections or juvenile justice agency funds	6	7.7
State education agency funds	4	5.1
Other state government funds	11	14.1
County or local government funds	10	12.8
Community Service Block Grants	4	5.1
Community Mental Health Block Grants	3	3.8
Federal military insurance	39	50.0
U.S. Department of Veterans Affairs funds	23	29.5
IHS/Tribal/Urban (ITU) funds	2	2.6
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	40	51.3
Any language other than English	71	91.0
Languages provided by staff		
Spanish	66	84.6
American Indian/Alaska Native languages	—	—
Other	1	1.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	55	70.5
No crisis intervention team	23	29.5

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	8,004	20.0
Military veterans ²	27,679	22.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	20	25.6
Transitional age young adults	14	17.9
Persons 18 years and older with serious mental illness (SMI)	36	46.2
Seniors or older adults	31	39.7
Persons with Alzheimer's or dementia	11	14.1
Persons with co-occurring mental and substance use disorders	34	43.6
Persons with eating disorders	15	19.2
Persons who have experienced trauma	19	24.4
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	26	33.3
Persons with traumatic brain injury (TBI)	2	2.6
Veterans	16	20.5
Active duty military	7	9.0
Members of military families	11	14.1
LGBT clients	19	24.4
Forensic clients ¹	11	14.1
Persons with HIV or AIDS	18	23.1
Other	4	5.1
No programs or groups offered	15	19.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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Location of treatment facilities

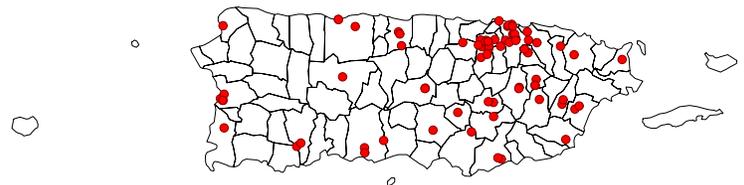
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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Rhode Island National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Rhode Island, 56 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 20,348 clients in mental health treatment on April 30, 2018. The survey response rate in Rhode Island was 89.4 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	49	87.5
Private for-profit	3	5.4
Public agency or department		
State mental health agency	2	3.6
Other state government agency or department	1	1.8
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	1.8
Other	—	—
Total	56	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	8	14.3	438	2.2
24-hour residential	21	37.5	304	1.5
Less-than-24 hour			19,606	96.4
Partial hospitalization/day treatment	11	19.6		
Outpatient	34	60.7		
Total	56		20,348	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	124.4	352	51.8
24-hour residential	92.7	328	48.2
Total		680	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	1	1.8
General hospital	6	10.7
RTC for children	3	5.4
RTC for adults	17	30.4
Other type of residential treatment facility	—	—
Veterans Administration medical center	1	1.8
Community mental health center	17	30.4
Partial hospitalization/day treatment facility	1	1.8
Outpatient mental health facility	9	16.1
Multi-setting mental health facility	1	1.8
Other	—	—
Total	56	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	48	85.7
Couples/family therapy	34	60.7
Group therapy	48	85.7
Cognitive behavioral therapy	47	83.9
Dialectical behavior therapy	41	73.2
Behavior modification	31	55.4
Integrated dual disorders treatment	46	82.1
Trauma therapy	37	66.1
Activity therapy	31	55.4
Electroconvulsive therapy	4	7.1
Telemedicine/telehealth therapy	3	5.4
Psychotropic medication	53	94.6
Other	—	—
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	12	21.4
Children (12 years or younger)	16	28.6
Adolescents (13–17 years)	20	35.7
Young adults (18–25 years)	51	91.1
Adults (26–64 years)	50	89.3
Seniors (65 years or older)	48	85.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	18	32.1
Intensive case management	12	21.4
Case management	49	87.5
Court-ordered outpatient treatment	36	64.3
Chronic disease/illness management	23	41.1
Illness management and recovery	26	46.4
Integrated primary care services	25	44.6
Diet and exercise counseling	31	55.4
Family psychoeducation	45	80.4
Education services	25	44.6
Housing services	25	44.6
Supported housing	14	25.0
Psychosocial rehabilitation services	27	48.2
Vocational rehabilitation services	25	44.6
Supported employment	21	37.5
Therapeutic foster care	1	1.8
Legal advocacy	11	19.6
Psychiatric emergency walk-in services	22	39.3
Suicide prevention services	40	71.4
Consumer-run (peer support) services	18	32.1
Screening for tobacco use	38	67.9
Smoking/tobacco cessation counseling	31	55.4
Nicotine replacement therapy	19	33.9
Non-nicotine smoking/tobacco cessation medications	15	26.8
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	49	87.5
State substance abuse agency	29	51.8
State department of health	30	53.6
State or local department of family and children's services	13	23.2
Hospital licensing authority	^	^
The Joint Commission	26	46.4
Commission on Accreditation of Rehabilitation Facilities (CARF)	15	26.8
Council on Accreditation (COA)	18	32.1
Centers for Medicare and Medicaid Services (CMS)	24	42.9
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	47	83.9
Private health insurance	42	75.0
Medicare	42	75.0
Medicaid	53	94.6
State-financed health insurance plan other than Medicaid	46	82.1
State mental health agency (or equivalent) funds	34	60.7
State welfare or child and family services agency funds	25	44.6
State corrections or juvenile justice agency funds	14	25.0
State education agency funds	9	16.1
Other state government funds	23	41.1
County or local government funds	19	33.9
Community Service Block Grants	15	26.8
Community Mental Health Block Grants	21	37.5
Federal military insurance	28	50.0
U.S. Department of Veterans Affairs funds	7	12.5
IHS/Tribal/Urban (ITU) funds	1	1.8
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	29	51.8
Any language other than English	40	71.4
Languages provided by staff		
Spanish	20	35.7
American Indian/Alaska Native languages	—	—
Other	8	14.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	37	66.1
No crisis intervention team	19	33.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	7,338	36.1
Military veterans ²	1,369	3.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	12	21.4
Transitional age young adults	5	8.9
Persons 18 years and older with serious mental illness (SMI)	34	60.7
Seniors or older adults	12	21.4
Persons with Alzheimer's or dementia	7	12.5
Persons with co-occurring mental and substance use disorders	35	62.5
Persons with eating disorders	3	5.4
Persons who have experienced trauma	20	35.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	17	30.4
Persons with traumatic brain injury (TBI)	2	3.6
Veterans	7	12.5
Active duty military	1	1.8
Members of military families	4	7.1
LGBT clients	11	19.6
Forensic clients ¹	11	19.6
Persons with HIV or AIDS	7	12.5
Other	3	5.4
No programs or groups offered	3	5.4

LGBT = Lesbian, gay, bisexual, or transgender.
¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Location of treatment facilities

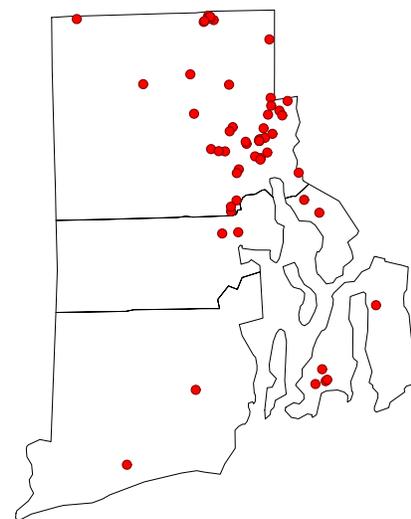
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The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — South Carolina National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In South Carolina, 105 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 65,799 clients in mental health treatment on April 30, 2018. The survey response rate in South Carolina was 90.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	9	8.6
Private for-profit	15	14.3
Public agency or department		
State mental health agency	51	48.6
Other state government agency or department	18	17.1
Regional/district authority or county, local, or municipal government	1	1.0
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	11	10.5
Other	—	—
Total	105	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	24	22.9	1,351	2.1
24-hour residential	12	11.4	510	0.8
Less-than-24 hour			63,938	97.2
Partial hospitalization/day treatment	11	10.5		
Outpatient	81	77.1		
Total	105		65,799	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	85.6	1,578	74.2
24-hour residential	93.1	548	25.8
Total		2,126	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	9	8.6
General hospital	12	11.4
RTC for children	4	3.8
RTC for adults	3	2.9
Other type of residential treatment facility	2	1.9
Veterans Administration medical center	10	9.5
Community mental health center	57	54.3
Partial hospitalization/day treatment facility	1	1.0
Outpatient mental health facility	7	6.7
Multi-setting mental health facility	—	—
Other	—	—
Total	105	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	97	92.4
Couples/family therapy	83	79.0
Group therapy	102	97.1
Cognitive behavioral therapy	101	96.2
Dialectical behavior therapy	54	51.4
Behavior modification	63	60.0
Integrated dual disorders treatment	57	54.3
Trauma therapy	77	73.3
Activity therapy	46	43.8
Electroconvulsive therapy	6	5.7
Telemedicine/telehealth therapy	58	55.2
Psychotropic medication	101	96.2
Other	3	2.9
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	50	47.6
Children (12 years or younger)	60	57.1
Adolescents (13–17 years)	64	61.0
Young adults (18–25 years)	94	89.5
Adults (26–64 years)	93	88.6
Seniors (65 years or older)	90	85.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	20	19.0
Intensive case management	32	30.5
Case management	84	80.0
Court-ordered outpatient treatment	67	63.8
Chronic disease/illness management	25	23.8
Illness management and recovery	35	33.3
Integrated primary care services	29	27.6
Diet and exercise counseling	34	32.4
Family psychoeducation	80	76.2
Education services	30	28.6
Housing services	40	38.1
Supported housing	37	35.2
Psychosocial rehabilitation services	63	60.0
Vocational rehabilitation services	19	18.1
Supported employment	24	22.9
Therapeutic foster care	3	2.9
Legal advocacy	4	3.8
Psychiatric emergency walk-in services	69	65.7
Suicide prevention services	79	75.2
Consumer-run (peer support) services	43	41.0
Screening for tobacco use	39	37.1
Smoking/tobacco cessation counseling	33	31.4
Nicotine replacement therapy	29	27.6
Non-nicotine smoking/tobacco cessation medications	22	21.0
Other	—	—
None	1	1.0

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	49	46.7
State substance abuse agency	^	^
State department of health	34	32.4
State or local department of family and children's services	^	^
Hospital licensing authority	22	21.0
The Joint Commission	38	36.2
Commission on Accreditation of Rehabilitation Facilities (CARF)	71	67.6
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	50	47.6
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	93	88.6
Private health insurance	91	86.7
Medicare	84	80.0
Medicaid	90	85.7
State-financed health insurance plan other than Medicaid	67	63.8
State mental health agency (or equivalent) funds	64	61.0
State welfare or child and family services agency funds	42	40.0
State corrections or juvenile justice agency funds	23	21.9
State education agency funds	22	21.0
Other state government funds	43	41.0
County or local government funds	43	41.0
Community Service Block Grants	32	30.5
Community Mental Health Block Grants	36	34.3
Federal military insurance	71	67.6
U.S. Department of Veterans Affairs funds	34	32.4
IHS/Tribal/Urban (ITU) funds	7	6.7
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	82	78.1
Any language other than English	82	78.1
Languages provided by staff		
Spanish	17	16.2
American Indian/Alaska Native languages	—	—
Other	5	4.8

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	56	53.3
No crisis intervention team	48	45.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	15,571	23.7
Military veterans ²	31,651	34.7

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	51	48.6
Transitional age young adults	29	27.6
Persons 18 years and older with serious mental illness (SMI)	68	64.8
Seniors or older adults	39	37.1
Persons with Alzheimer's or dementia	10	9.5
Persons with co-occurring mental and substance use disorders	53	50.5
Persons with eating disorders	8	7.6
Persons who have experienced trauma	45	42.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	42	40.0
Persons with traumatic brain injury (TBI)	9	8.6
Veterans	20	19.0
Active duty military	5	4.8
Members of military families	12	11.4
LGBT clients	18	17.1
Forensic clients ¹	23	21.9
Persons with HIV or AIDS	8	7.6
Other	6	5.7
No programs or groups offered	9	8.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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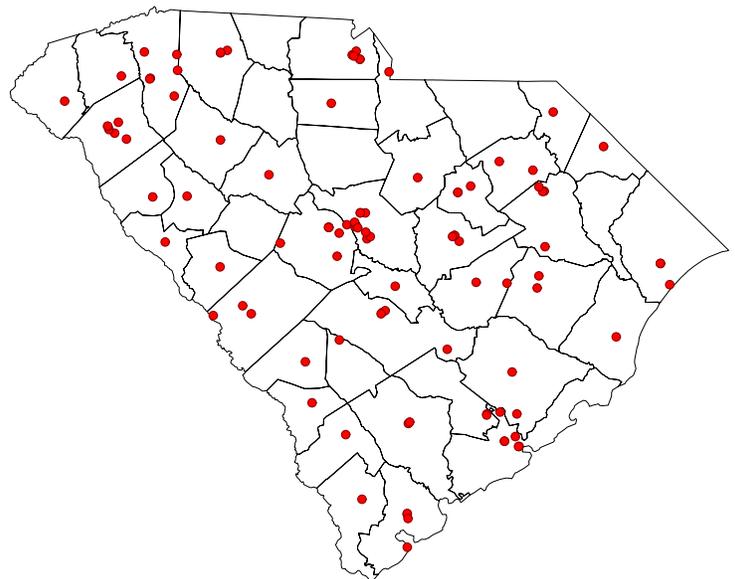
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — South Dakota National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In South Dakota, 49 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 15,813 clients in mental health treatment on April 30, 2018. The survey response rate in South Dakota was 96.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	43	87.8
Private for-profit	1	2.0
Public agency or department		
State mental health agency	—	—
Other state government agency or department	—	—
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	1	2.0
Department of Veterans Affairs	4	8.2
Other	—	—
Total	49	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	5	10.2	169	1.1
24-hour residential	7	14.3	372	2.4
Less-than-24 hour			15,272	96.6
Partial hospitalization/day treatment	1	2.0		
Outpatient	42	85.7		
Total	49		15,813	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	88.0	192	33.9
24-hour residential	99.2	375	66.1
Total		567	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	4.1
General hospital	2	4.1
RTC for children	4	8.2
RTC for adults	—	—
Other type of residential treatment facility	1	2.0
Veterans Administration medical center	4	8.2
Community mental health center	24	49.0
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	11	22.4
Multi-setting mental health facility	1	2.0
Other	—	—
Total	49	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	49	100.0
Couples/family therapy	44	89.8
Group therapy	47	95.9
Cognitive behavioral therapy	49	100.0
Dialectical behavior therapy	35	71.4
Behavior modification	43	87.8
Integrated dual disorders treatment	31	63.3
Trauma therapy	45	91.8
Activity therapy	26	53.1
Electroconvulsive therapy	2	4.1
Telemedicine/telehealth therapy	22	44.9
Psychotropic medication	34	69.4
Other	5	10.2
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	33	67.3
Children (12 years or younger)	40	81.6
Adolescents (13–17 years)	39	79.6
Young adults (18–25 years)	44	89.8
Adults (26–64 years)	42	85.7
Seniors (65 years or older)	42	85.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	18	36.7
Intensive case management	19	38.8
Case management	43	87.8
Court-ordered outpatient treatment	30	61.2
Chronic disease/illness management	15	30.6
Illness management and recovery	10	20.4
Integrated primary care services	18	36.7
Diet and exercise counseling	20	40.8
Family psychoeducation	39	79.6
Education services	21	42.9
Housing services	11	22.4
Supported housing	7	14.3
Psychosocial rehabilitation services	25	51.0
Vocational rehabilitation services	9	18.4
Supported employment	5	10.2
Therapeutic foster care	9	18.4
Legal advocacy	6	12.2
Psychiatric emergency walk-in services	22	44.9
Suicide prevention services	39	79.6
Consumer-run (peer support) services	11	22.4
Screening for tobacco use	24	49.0
Smoking/tobacco cessation counseling	19	38.8
Nicotine replacement therapy	13	26.5
Non-nicotine smoking/tobacco cessation medications	14	28.6
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	30	61.2
State substance abuse agency	28	57.1
State department of health	28	57.1
State or local department of family and children's services	11	22.4
Hospital licensing authority	^	^
The Joint Commission	12	24.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	^	^
Council on Accreditation (COA)	11	22.4
Centers for Medicare and Medicaid Services (CMS)	26	53.1
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	41	83.7
Private health insurance	45	91.8
Medicare	34	69.4
Medicaid	46	93.9
State-financed health insurance plan other than Medicaid	33	67.3
State mental health agency (or equivalent) funds	33	67.3
State welfare or child and family services agency funds	30	61.2
State corrections or juvenile justice agency funds	35	71.4
State education agency funds	18	36.7
Other state government funds	26	53.1
County or local government funds	36	73.5
Community Service Block Grants	17	34.7
Community Mental Health Block Grants	27	55.1
Federal military insurance	37	75.5
U.S. Department of Veterans Affairs funds	22	44.9
IHS/Tribal/Urban (ITU) funds	21	42.9
Other	1	2.0

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	36	73.5
Any language other than English	35	71.4
Languages provided by staff		
Spanish	6	12.2
American Indian/Alaska Native languages	2	4.1
Other	2	4.1

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	35	71.4
No crisis intervention team	14	28.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	4,428	28.0
Military veterans ²	1,787	6.9

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	29	59.2
Transitional age young adults	6	12.2
Persons 18 years and older with serious mental illness (SMI)	28	57.1
Seniors or older adults	10	20.4
Persons with Alzheimer's or dementia	2	4.1
Persons with co-occurring mental and substance use disorders	20	40.8
Persons with eating disorders	3	6.1
Persons who have experienced trauma	13	26.5
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	14	28.6
Persons with traumatic brain injury (TBI)	2	4.1
Veterans	5	10.2
Active duty military	—	—
Members of military families	1	2.0
LGBT clients	3	6.1
Forensic clients ¹	6	12.2
Persons with HIV or AIDS	1	2.0
Other	2	4.1
No programs or groups offered	7	14.3

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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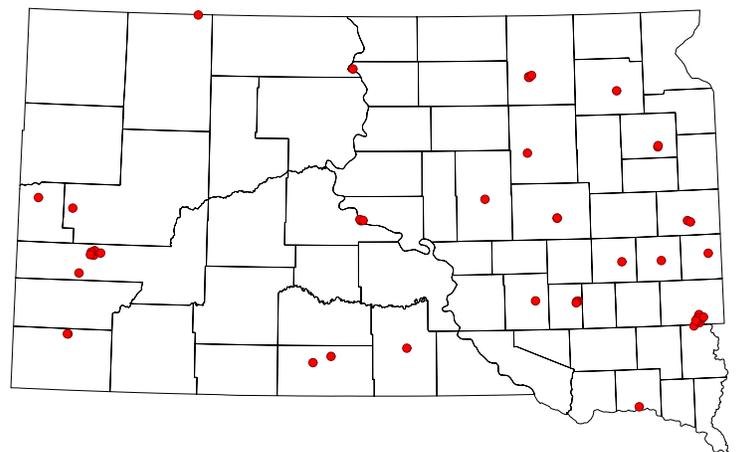
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Location of treatment facilities



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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Tennessee

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Tennessee, 277 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 126,870 clients in mental health treatment on April 30, 2018. The survey response rate in Tennessee was 90.4 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	189	68.2
Private for-profit	67	24.2
Public agency or department		
State mental health agency	5	1.8
Other state government agency or department	4	1.4
Regional/district authority or county, local, or municipal government	2	0.7
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	10	3.6
Other	—	—
Total	277	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	44	15.9	1,893	1.5
24-hour residential	40	14.4	1,585	1.2
Less-than-24 hour			123,392	97.3
Partial hospitalization/day treatment	26	9.4		
Outpatient	220	79.4		
Total	277		126,870	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	78.9	2,400	55.6
24-hour residential	82.7	1,917	44.4
Total		4,317	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	18	6.5
General hospital	21	7.6
RTC for children	20	7.2
RTC for adults	11	4.0
Other type of residential treatment facility	—	—
Veterans Administration medical center	8	2.9
Community mental health center	90	32.5
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	101	36.5
Multi-setting mental health facility	8	2.9
Other	—	—
Total	277	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	245	88.4
Couples/family therapy	200	72.2
Group therapy	227	81.9
Cognitive behavioral therapy	253	91.3
Dialectical behavior therapy	144	52.0
Behavior modification	188	67.9
Integrated dual disorders treatment	153	55.2
Trauma therapy	212	76.5
Activity therapy	111	40.1
Electroconvulsive therapy	11	4.0
Telemedicine/telehealth therapy	124	44.8
Psychotropic medication	232	83.8
Other	14	5.1
None of the above	7	2.5

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	146	52.7
Children (12 years or younger)	191	69.0
Adolescents (13–17 years)	201	72.6
Young adults (18–25 years)	232	83.8
Adults (26–64 years)	224	80.9
Seniors (65 years or older)	227	81.9

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	17	6.1
Intensive case management	111	40.1
Case management	219	79.1
Court-ordered outpatient treatment	109	39.4
Chronic disease/illness management	53	19.1
Illness management and recovery	83	30.0
Integrated primary care services	60	21.7
Diet and exercise counseling	54	19.5
Family psychoeducation	171	61.7
Education services	70	25.3
Housing services	52	18.8
Supported housing	31	11.2
Psychosocial rehabilitation services	69	24.9
Vocational rehabilitation services	18	6.5
Supported employment	27	9.7
Therapeutic foster care	25	9.0
Legal advocacy	10	3.6
Psychiatric emergency walk-in services	78	28.2
Suicide prevention services	164	59.2
Consumer-run (peer support) services	50	18.1
Screening for tobacco use	158	57.0
Smoking/tobacco cessation counseling	80	28.9
Nicotine replacement therapy	64	23.1
Non-nicotine smoking/tobacco cessation medications	47	17.0
Other	2	0.7
None	5	1.8

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	235	84.8
State substance abuse agency	103	37.2
State department of health	106	38.3
State or local department of family and children's services	51	18.4
Hospital licensing authority	34	12.3
The Joint Commission	88	31.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	95	34.3
Council on Accreditation (COA)	28	10.1
Centers for Medicare and Medicaid Services (CMS)	117	42.2
Other national organization or federal, state, or local agency	5	1.8

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	234	84.5
Private health insurance	240	86.6
Medicare	183	66.1
Medicaid	240	86.6
State-financed health insurance plan other than Medicaid	197	71.1
State mental health agency (or equivalent) funds	175	63.2
State welfare or child and family services agency funds	117	42.2
State corrections or juvenile justice agency funds	110	39.7
State education agency funds	56	20.2
Other state government funds	121	43.7
County or local government funds	115	41.5
Community Service Block Grants	44	15.9
Community Mental Health Block Grants	95	34.3
Federal military insurance	169	61.0
U.S. Department of Veterans Affairs funds	78	28.2
IHS/Tribal/Urban (ITU) funds	5	1.8
Other	1	0.4

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	177	63.9
Any language other than English	192	69.3
Languages provided by staff		
Spanish	23	8.3
American Indian/Alaska Native languages	—	—
Other	5	1.8

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	137	49.5
No crisis intervention team	140	50.5

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	26,461	20.9
Military veterans ²	18,665	8.8

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	117	42.2
Transitional age young adults	37	13.4
Persons 18 years and older with serious mental illness (SMI)	125	45.1
Seniors or older adults	58	20.9
Persons with Alzheimer's or dementia	28	10.1
Persons with co-occurring mental and substance use disorders	130	46.9
Persons with eating disorders	24	8.7
Persons who have experienced trauma	83	30.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	91	32.9
Persons with traumatic brain injury (TBI)	19	6.9
Veterans	39	14.1
Active duty military	18	6.5
Members of military families	27	9.7
LGBT clients	35	12.6
Forensic clients ¹	50	18.1
Persons with HIV or AIDS	19	6.9
Other	12	4.3
No programs or groups offered	43	15.5

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Location of treatment facilities

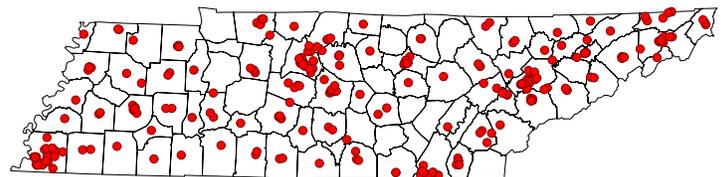
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<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Texas

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Texas, 337 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 126,091 clients in mental health treatment on April 30, 2018. The survey response rate in Texas was 83.7 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	128	38.0
Private for-profit	83	24.6
Public agency or department		
State mental health agency	18	5.3
Other state government agency or department	27	8.0
Regional/district authority or county, local, or municipal government	54	16.0
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	27	8.0
Other	—	—
Total	337	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	101	30.0	7,151	5.7
24-hour residential	47	13.9	2,281	1.8
Less-than-24 hour			116,659	92.5
Partial hospitalization/day treatment	76	22.6		
Outpatient	250	74.2		
Total	337		126,091	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	90.9	7,868	73.6
24-hour residential	80.8	2,822	26.4
Total		10,690	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	58	17.2
General hospital	36	10.7
RTC for children	32	9.5
RTC for adults	2	0.6
Other type of residential treatment facility	1	0.3
Veterans Administration medical center	21	6.2
Community mental health center	96	28.5
Partial hospitalization/day treatment facility	16	4.7
Outpatient mental health facility	71	21.1
Multi-setting mental health facility	3	0.9
Other	1	0.3
Total	337	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	300	89.0
Couples/family therapy	189	56.1
Group therapy	281	83.4
Cognitive behavioral therapy	300	89.0
Dialectical behavior therapy	127	37.7
Behavior modification	180	53.4
Integrated dual disorders treatment	192	57.0
Trauma therapy	203	60.2
Activity therapy	151	44.8
Electroconvulsive therapy	24	7.1
Telemedicine/telehealth therapy	194	57.6
Psychotropic medication	312	92.6
Other	10	3.0
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	131	38.9
Children (12 years or younger)	169	50.1
Adolescents (13–17 years)	198	58.8
Young adults (18–25 years)	270	80.1
Adults (26–64 years)	275	81.6
Seniors (65 years or older)	288	85.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	95	28.2
Intensive case management	134	39.8
Case management	264	78.3
Court-ordered outpatient treatment	123	36.5
Chronic disease/illness management	71	21.1
Illness management and recovery	170	50.4
Integrated primary care services	133	39.5
Diet and exercise counseling	113	33.5
Family psychoeducation	215	63.8
Education services	131	38.9
Housing services	98	29.1
Supported housing	127	37.7
Psychosocial rehabilitation services	179	53.1
Vocational rehabilitation services	70	20.8
Supported employment	126	37.4
Therapeutic foster care	16	4.7
Legal advocacy	22	6.5
Psychiatric emergency walk-in services	183	54.3
Suicide prevention services	243	72.1
Consumer-run (peer support) services	123	36.5
Screening for tobacco use	232	68.8
Smoking/tobacco cessation counseling	188	55.8
Nicotine replacement therapy	143	42.4
Non-nicotine smoking/tobacco cessation medications	125	37.1
Other	2	0.6
None	3	0.9

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	175	51.9
State substance abuse agency	78	23.1
State department of health	151	44.8
State or local department of family and children's services	53	15.7
Hospital licensing authority	98	29.1
The Joint Commission	172	51.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	43	12.8
Council on Accreditation (COA)	18	5.3
Centers for Medicare and Medicaid Services (CMS)	173	51.3
Other national organization or federal, state, or local agency	15	4.5

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	291	86.4
Private health insurance	289	85.8
Medicare	262	77.7
Medicaid	277	82.2
State-financed health insurance plan other than Medicaid	192	57.0
State mental health agency (or equivalent) funds	194	57.6
State welfare or child and family services agency funds	122	36.2
State corrections or juvenile justice agency funds	126	37.4
State education agency funds	32	9.5
Other state government funds	123	36.5
County or local government funds	156	46.3
Community Service Block Grants	73	21.7
Community Mental Health Block Grants	99	29.4
Federal military insurance	210	62.3
U.S. Department of Veterans Affairs funds	98	29.1
IHS/Tribal/Urban (ITU) funds	21	6.2
Other	2	0.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	215	63.8
Any language other than English	271	80.4
Languages provided by staff		
Spanish	206	61.1
American Indian/Alaska Native languages	1	0.3
Other	28	8.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	199	59.1
No crisis intervention team	138	40.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	36,108	28.6
Military veterans ²	31,687	10.5

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	127	37.7
Transitional age young adults	84	24.9
Persons 18 years and older with serious mental illness (SMI)	195	57.9
Seniors or older adults	146	43.3
Persons with Alzheimer’s or dementia	35	10.4
Persons with co-occurring mental and substance use disorders	195	57.9
Persons with eating disorders	21	6.2
Persons who have experienced trauma	138	40.9
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	132	39.2
Persons with traumatic brain injury (TBI)	29	8.6
Veterans	114	33.8
Active duty military	30	8.9
Members of military families	43	12.8
LGBT clients	51	15.1
Forensic clients ¹	72	21.4
Persons with HIV or AIDS	32	9.5
Other	13	3.9
No programs or groups offered	29	8.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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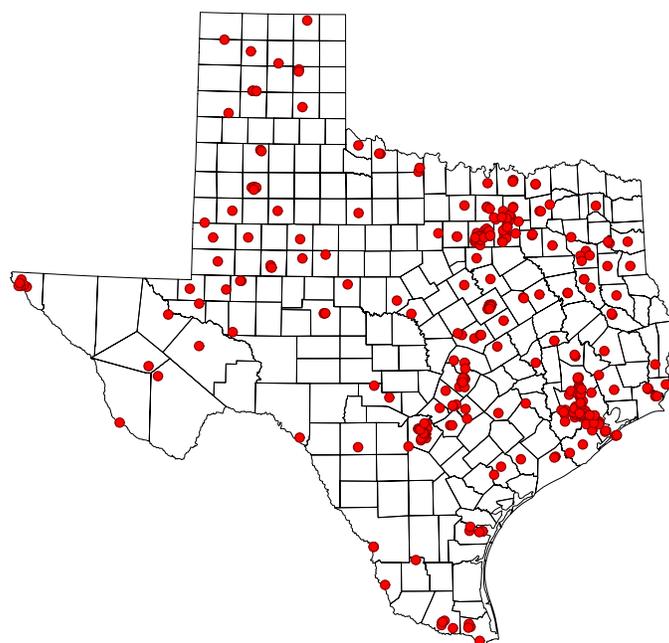
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Utah

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Utah, 151 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 45,479 clients in mental health treatment on April 30, 2018. The survey response rate in Utah was 92.7 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	55	36.4
Private for-profit	63	41.7
Public agency or department		
State mental health agency	4	2.6
Other state government agency or department	2	1.3
Regional/district authority or county, local, or municipal government	24	15.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	3	2.0
Other	—	—
Total	151	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	17	11.3	912	2.0
24-hour residential	30	19.9	984	2.2
Less-than-24 hour			43,583	95.8
Partial hospitalization/day treatment	55	36.4		
Outpatient	120	79.5		
Total	151		45,479	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	103.6	880	40.6
24-hour residential	76.5	1,286	59.4
Total		2,166	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	4.6
General hospital	10	6.6
RTC for children	14	9.3
RTC for adults	8	5.3
Other type of residential treatment facility	2	1.3
Veterans Administration medical center	3	2.0
Community mental health center	23	15.2
Partial hospitalization/day treatment facility	14	9.3
Outpatient mental health facility	57	37.7
Multi-setting mental health facility	13	8.6
Other	—	—
Total	151	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	149	98.7
Couples/family therapy	130	86.1
Group therapy	137	90.7
Cognitive behavioral therapy	141	93.4
Dialectical behavior therapy	121	80.1
Behavior modification	121	80.1
Integrated dual disorders treatment	95	62.9
Trauma therapy	128	84.8
Activity therapy	74	49.0
Electroconvulsive therapy	4	2.6
Telemedicine/telehealth therapy	53	35.1
Psychotropic medication	114	75.5
Other	12	7.9
None of the above	2	1.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	66	43.7
Children (12 years or younger)	86	57.0
Adolescents (13–17 years)	109	72.2
Young adults (18–25 years)	122	80.8
Adults (26–64 years)	119	78.8
Seniors (65 years or older)	112	74.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	25	16.6
Intensive case management	48	31.8
Case management	97	64.2
Court-ordered outpatient treatment	79	52.3
Chronic disease/illness management	24	15.9
Illness management and recovery	25	16.6
Integrated primary care services	38	25.2
Diet and exercise counseling	55	36.4
Family psychoeducation	99	65.6
Education services	61	40.4
Housing services	40	26.5
Supported housing	28	18.5
Psychosocial rehabilitation services	83	55.0
Vocational rehabilitation services	21	13.9
Supported employment	26	17.2
Therapeutic foster care	4	2.6
Legal advocacy	6	4.0
Psychiatric emergency walk-in services	53	35.1
Suicide prevention services	97	64.2
Consumer-run (peer support) services	41	27.2
Screening for tobacco use	67	44.4
Smoking/tobacco cessation counseling	74	49.0
Nicotine replacement therapy	35	23.2
Non-nicotine smoking/tobacco cessation medications	34	22.5
Other	4	2.6
None	5	3.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	111	73.5
State substance abuse agency	63	41.7
State department of health	100	66.2
State or local department of family and children's services	34	22.5
Hospital licensing authority	15	9.9
The Joint Commission	36	23.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	^	^
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	63	41.7
Other national organization or federal, state, or local agency	12	7.9

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	139	92.1
Private health insurance	130	86.1
Medicare	81	53.6
Medicaid	108	71.5
State-financed health insurance plan other than Medicaid	63	41.7
State mental health agency (or equivalent) funds	92	60.9
State welfare or child and family services agency funds	88	58.3
State corrections or juvenile justice agency funds	75	49.7
State education agency funds	46	30.5
Other state government funds	68	45.0
County or local government funds	75	49.7
Community Service Block Grants	46	30.5
Community Mental Health Block Grants	56	37.1
Federal military insurance	78	51.7
U.S. Department of Veterans Affairs funds	43	28.5
IHS/Tribal/Urban (ITU) funds	30	19.9
Other	4	2.6

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	86	57.0
Any language other than English	101	66.9
Languages provided by staff		
Spanish	67	44.4
American Indian/Alaska Native languages	3	2.0
Other	8	5.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	76	50.3
No crisis intervention team	75	49.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	9,107	20.0
Military veterans ²	2,881	3.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	70	46.4
Transitional age young adults	24	15.9
Persons 18 years and older with serious mental illness (SMI)	69	45.7
Seniors or older adults	31	20.5
Persons with Alzheimer's or dementia	6	4.0
Persons with co-occurring mental and substance use disorders	79	52.3
Persons with eating disorders	17	11.3
Persons who have experienced trauma	65	43.0
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	64	42.4
Persons with traumatic brain injury (TBI)	15	9.9
Veterans	14	9.3
Active duty military	10	6.6
Members of military families	19	12.6
LGBT clients	23	15.2
Forensic clients ¹	24	15.9
Persons with HIV or AIDS	7	4.6
Other	16	10.6
No programs or groups offered	26	17.2

LGBT = Lesbian, gay, bisexual, or transgender.
¹ Referred from the court/judicial system.

Symbol key (where applicable)

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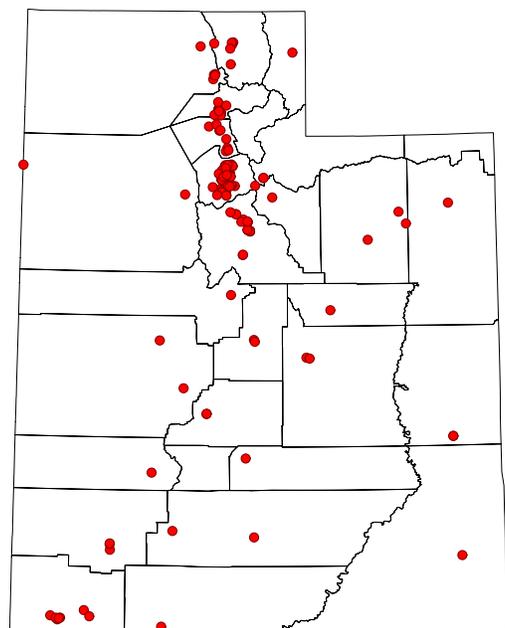
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Vermont

National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Vermont, 73 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 16,231 clients in mental health treatment on April 30, 2018. The survey response rate in Vermont was 90.2 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	58	79.5
Private for-profit	7	9.6
Public agency or department		
State mental health agency	1	1.4
Other state government agency or department	—	—
Regional/district authority or county, local, or municipal government	1	1.4
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	8.2
Other	—	—
Total	73	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	6	8.2	193	1.2
24-hour residential	29	39.7	306	1.9
Less-than-24 hour			15,732	96.9
Partial hospitalization/day treatment	7	9.6		
Outpatient	46	63.0		
Total	73		16,231	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	87.3	221	38.2
24-hour residential	85.5	358	61.8
Total		579	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	2.7
General hospital	3	4.1
RTC for children	5	6.8
RTC for adults	19	26.0
Other type of residential treatment facility	1	1.4
Veterans Administration medical center	6	8.2
Community mental health center	19	26.0
Partial hospitalization/day treatment facility	2	2.7
Outpatient mental health facility	13	17.8
Multi-setting mental health facility	3	4.1
Other	—	—
Total	73	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	65	89.0
Couples/family therapy	50	68.5
Group therapy	60	82.2
Cognitive behavioral therapy	62	84.9
Dialectical behavior therapy	50	68.5
Behavior modification	47	64.4
Integrated dual disorders treatment	49	67.1
Trauma therapy	51	69.9
Activity therapy	48	65.8
Electroconvulsive therapy	4	5.5
Telemedicine/telehealth therapy	17	23.3
Psychotropic medication	62	84.9
Other	1	1.4
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	22	30.1
Children (12 years or younger)	34	46.6
Adolescents (13–17 years)	38	52.1
Young adults (18–25 years)	60	82.2
Adults (26–64 years)	57	78.1
Seniors (65 years or older)	52	71.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	14	19.2
Intensive case management	34	46.6
Case management	65	89.0
Court-ordered outpatient treatment	27	37.0
Chronic disease/illness management	16	21.9
Illness management and recovery	20	27.4
Integrated primary care services	24	32.9
Diet and exercise counseling	33	45.2
Family psychoeducation	51	69.9
Education services	31	42.5
Housing services	24	32.9
Supported housing	24	32.9
Psychosocial rehabilitation services	41	56.2
Vocational rehabilitation services	30	41.1
Supported employment	28	38.4
Therapeutic foster care	7	9.6
Legal advocacy	4	5.5
Psychiatric emergency walk-in services	30	41.1
Suicide prevention services	43	58.9
Consumer-run (peer support) services	25	34.2
Screening for tobacco use	40	54.8
Smoking/tobacco cessation counseling	36	49.3
Nicotine replacement therapy	32	43.8
Non-nicotine smoking/tobacco cessation medications	25	34.2
Other	1	1.4
None	1	1.4

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	57	78.1
State substance abuse agency	28	38.4
State department of health	37	50.7
State or local department of family and children's services	21	28.8
Hospital licensing authority	11	15.1
The Joint Commission	18	24.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	9	12.3
Council on Accreditation (COA)	^	^
Centers for Medicare and Medicaid Services (CMS)	22	30.1
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	62	84.9
Private health insurance	59	80.8
Medicare	49	67.1
Medicaid	64	87.7
State-financed health insurance plan other than Medicaid	46	63.0
State mental health agency (or equivalent) funds	53	72.6
State welfare or child and family services agency funds	37	50.7
State corrections or juvenile justice agency funds	25	34.2
State education agency funds	22	30.1
Other state government funds	37	50.7
County or local government funds	27	37.0
Community Service Block Grants	20	27.4
Community Mental Health Block Grants	36	49.3
Federal military insurance	37	50.7
U.S. Department of Veterans Affairs funds	14	19.2
IHS/Tribal/Urban (ITU) funds	4	5.5
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	46	63.0
Any language other than English	42	57.5
Languages provided by staff		
Spanish	4	5.5
American Indian/Alaska Native languages	—	—
Other	2	2.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	54	74.0
No crisis intervention team	19	26.0

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	3,168	19.5
Military veterans ²	3,347	14.1

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	25	34.2
Transitional age young adults	22	30.1
Persons 18 years and older with serious mental illness (SMI)	33	45.2
Seniors or older adults	17	23.3
Persons with Alzheimer's or dementia	2	2.7
Persons with co-occurring mental and substance use disorders	39	53.4
Persons with eating disorders	4	5.5
Persons who have experienced trauma	34	46.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	29	39.7
Persons with traumatic brain injury (TBI)	4	5.5
Veterans	10	13.7
Active duty military	6	8.2
Members of military families	4	5.5
LGBT clients	18	24.7
Forensic clients ¹	5	6.8
Persons with HIV or AIDS	2	2.7
Other	3	4.1
No programs or groups offered	11	15.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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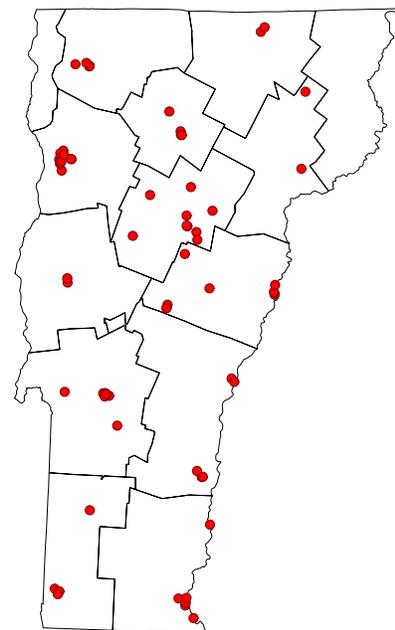
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

For more information, visit: <https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://wwwdasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — Virginia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Virginia, 247 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 82,561 clients in mental health treatment on April 30, 2018. The survey response rate in Virginia was 90.2 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	71	28.7
Private for-profit	48	19.4
Public agency or department		
State mental health agency	15	6.1
Other state government agency or department	24	9.7
Regional/district authority or county, local, or municipal government	82	33.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	6	2.4
Other	1	0.4
Total	247	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	47	19.0	2,781	3.4
24-hour residential	38	15.4	1,792	2.2
Less-than-24 hour			77,988	94.5
Partial hospitalization/day treatment	37	15.0		
Outpatient	182	73.7		
Total	247		82,561	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	101.2	2,749	58.8
24-hour residential	93.2	1,923	41.2
Total		4,672	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	16	6.5
General hospital	27	10.9
RTC for children	15	6.1
RTC for adults	15	6.1
Other type of residential treatment facility	—	—
Veterans Administration medical center	5	2.0
Community mental health center	78	31.6
Partial hospitalization/day treatment facility	4	1.6
Outpatient mental health facility	77	31.2
Multi-setting mental health facility	10	4.0
Other	—	—
Total	247	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	222	89.9
Couples/family therapy	160	64.8
Group therapy	219	88.7
Cognitive behavioral therapy	215	87.0
Dialectical behavior therapy	123	49.8
Behavior modification	129	52.2
Integrated dual disorders treatment	149	60.3
Trauma therapy	168	68.0
Activity therapy	106	42.9
Electroconvulsive therapy	17	6.9
Telemedicine/telehealth therapy	110	44.5
Psychotropic medication	203	82.2
Other	16	6.5
None of the above	5	2.0

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	100	40.5
Children (12 years or younger)	139	56.3
Adolescents (13–17 years)	151	61.1
Young adults (18–25 years)	218	88.3
Adults (26–64 years)	206	83.4
Seniors (65 years or older)	197	79.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	40	16.2
Intensive case management	75	30.4
Case management	175	70.9
Court-ordered outpatient treatment	125	50.6
Chronic disease/illness management	39	15.8
Illness management and recovery	54	21.9
Integrated primary care services	56	22.7
Diet and exercise counseling	81	32.8
Family psychoeducation	145	58.7
Education services	86	34.8
Housing services	32	13.0
Supported housing	31	12.6
Psychosocial rehabilitation services	75	30.4
Vocational rehabilitation services	27	10.9
Supported employment	29	11.7
Therapeutic foster care	8	3.2
Legal advocacy	3	1.2
Psychiatric emergency walk-in services	89	36.0
Suicide prevention services	160	64.8
Consumer-run (peer support) services	72	29.1
Screening for tobacco use	135	54.7
Smoking/tobacco cessation counseling	97	39.3
Nicotine replacement therapy	53	21.5
Non-nicotine smoking/tobacco cessation medications	57	23.1
Other	2	0.8
None	4	1.6

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	215	87.0
State substance abuse agency	129	52.2
State department of health	99	40.1
State or local department of family and children's services	29	11.7
Hospital licensing authority	40	16.2
The Joint Commission	71	28.7
Commission on Accreditation of Rehabilitation Facilities (CARF)	54	21.9
Council on Accreditation (COA)	21	8.5
Centers for Medicare and Medicaid Services (CMS)	146	59.1
Other national organization or federal, state, or local agency	6	2.4

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	225	91.1
Private health insurance	211	85.4
Medicare	180	72.9
Medicaid	225	91.1
State-financed health insurance plan other than Medicaid	166	67.2
State mental health agency (or equivalent) funds	179	72.5
State welfare or child and family services agency funds	121	49.0
State corrections or juvenile justice agency funds	121	49.0
State education agency funds	64	25.9
Other state government funds	150	60.7
County or local government funds	181	73.3
Community Service Block Grants	112	45.3
Community Mental Health Block Grants	132	53.4
Federal military insurance	163	66.0
U.S. Department of Veterans Affairs funds	57	23.1
IHS/Tribal/Urban (ITU) funds	7	2.8
Other	3	1.2

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	151	61.1
Any language other than English	166	67.2
Languages provided by staff		
Spanish	65	26.3
American Indian/Alaska Native languages	—	—
Other	19	7.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	153	61.9
No crisis intervention team	94	38.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	18,343	22.2
Military veterans ²	6,148	4.3

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	100	40.5
Transitional age young adults	52	21.1
Persons 18 years and older with serious mental illness (SMI)	134	54.3
Seniors or older adults	55	22.3
Persons with Alzheimer's or dementia	11	4.5
Persons with co-occurring mental and substance use disorders	145	58.7
Persons with eating disorders	16	6.5
Persons who have experienced trauma	86	34.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	83	33.6
Persons with traumatic brain injury (TBI)	17	6.9
Veterans	45	18.2
Active duty military	26	10.5
Members of military families	30	12.1
LGBT clients	44	17.8
Forensic clients ¹	57	23.1
Persons with HIV or AIDS	28	11.3
Other	17	6.9
No programs or groups offered	31	12.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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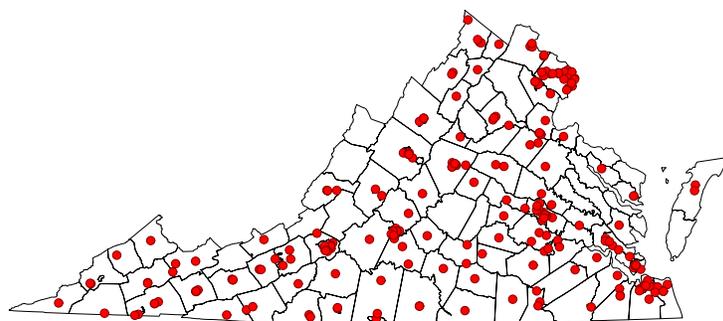
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For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:
<https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — Washington National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Washington, 356 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 112,867 clients in mental health treatment on April 30, 2018. The survey response rate in Washington was 93.6 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	266	74.7
Private for-profit	56	15.7
Public agency or department		
State mental health agency	1	0.3
Other state government agency or department	8	2.2
Regional/district authority or county, local, or municipal government	16	4.5
Tribal government	3	0.8
Indian Health Service	—	—
Department of Veterans Affairs	6	1.7
Other	—	—
Total	356	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	30	8.4	1,883	1.7
24-hour residential	41	11.5	1,120	1.0
Less-than-24 hour			109,864	97.3
Partial hospitalization/day treatment	29	8.1		
Outpatient	303	85.1		
Total	356		112,867	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	90.9	2,072	64.1
24-hour residential	96.6	1,160	35.9
Total		3,232	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	14	3.9
General hospital	13	3.7
RTC for children	5	1.4
RTC for adults	28	7.9
Other type of residential treatment facility	—	—
Veterans Administration medical center	5	1.4
Community mental health center	119	33.4
Partial hospitalization/day treatment facility	8	2.2
Outpatient mental health facility	155	43.5
Multi-setting mental health facility	9	2.5
Other	—	—
Total	356	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	330	92.7
Couples/family therapy	216	60.7
Group therapy	283	79.5
Cognitive behavioral therapy	317	89.0
Dialectical behavior therapy	228	64.0
Behavior modification	199	55.9
Integrated dual disorders treatment	149	41.9
Trauma therapy	262	73.6
Activity therapy	133	37.4
Electroconvulsive therapy	7	2.0
Telemedicine/telehealth therapy	113	31.7
Psychotropic medication	263	73.9
Other	32	9.0
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	130	36.5
Children (12 years or younger)	200	56.2
Adolescents (13–17 years)	217	61.0
Young adults (18–25 years)	332	93.3
Adults (26–64 years)	289	81.2
Seniors (65 years or older)	275	77.2

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	28	7.9
Intensive case management	100	28.1
Case management	285	80.1
Court-ordered outpatient treatment	170	47.8
Chronic disease/illness management	38	10.7
Illness management and recovery	63	17.7
Integrated primary care services	68	19.1
Diet and exercise counseling	71	19.9
Family psychoeducation	216	60.7
Education services	71	19.9
Housing services	86	24.2
Supported housing	62	17.4
Psychosocial rehabilitation services	119	33.4
Vocational rehabilitation services	47	13.2
Supported employment	71	19.9
Therapeutic foster care	18	5.1
Legal advocacy	12	3.4
Psychiatric emergency walk-in services	49	13.8
Suicide prevention services	189	53.1
Consumer-run (peer support) services	123	34.6
Screening for tobacco use	198	55.6
Smoking/tobacco cessation counseling	91	25.6
Nicotine replacement therapy	46	12.9
Non-nicotine smoking/tobacco cessation medications	33	9.3
Other	9	2.5
None	13	3.7

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	305	85.7
State substance abuse agency	161	45.2
State department of health	257	72.2
State or local department of family and children's services	59	16.6
Hospital licensing authority	23	6.5
The Joint Commission	78	21.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	54	15.2
Council on Accreditation (COA)	14	3.9
Centers for Medicare and Medicaid Services (CMS)	109	30.6
Other national organization or federal, state, or local agency	8	2.2

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	282	79.2
Private health insurance	280	78.7
Medicare	174	48.9
Medicaid	323	90.7
State-financed health insurance plan other than Medicaid	191	53.7
State mental health agency (or equivalent) funds	222	62.4
State welfare or child and family services agency funds	105	29.5
State corrections or juvenile justice agency funds	69	19.4
State education agency funds	38	10.7
Other state government funds	109	30.6
County or local government funds	204	57.3
Community Service Block Grants	66	18.5
Community Mental Health Block Grants	119	33.4
Federal military insurance	151	42.4
U.S. Department of Veterans Affairs funds	53	14.9
IHS/Tribal/Urban (ITU) funds	38	10.7
Other	1	0.3

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	239	67.1
Any language other than English	286	80.3
Languages provided by staff		
Spanish	96	27.0
American Indian/Alaska Native languages	—	—
Other	33	9.3

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	149	41.9
No crisis intervention team	207	58.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	23,654	21.0
Military veterans ²	16,556	9.6

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	116	32.6
Transitional age young adults	54	15.2
Persons 18 years and older with serious mental illness (SMI)	137	38.5
Seniors or older adults	63	17.7
Persons with Alzheimer's or dementia	13	3.7
Persons with co-occurring mental and substance use disorders	129	36.2
Persons with eating disorders	18	5.1
Persons who have experienced trauma	131	36.8
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	123	34.6
Persons with traumatic brain injury (TBI)	14	3.9
Veterans	32	9.0
Active duty military	16	4.5
Members of military families	31	8.7
LGBT clients	64	18.0
Forensic clients ¹	39	11.0
Persons with HIV or AIDS	15	4.2
Other	25	7.0
No programs or groups offered	77	21.6

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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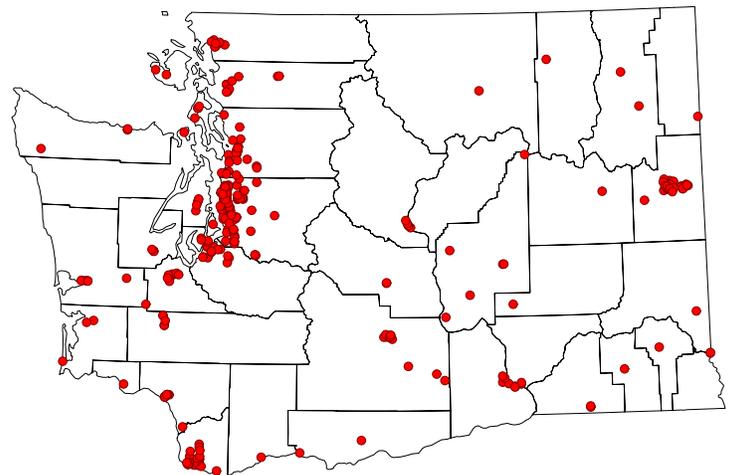
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Location of treatment facilities



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Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>

2018 State Profile — West Virginia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In West Virginia, 121 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 31,440 clients in mental health treatment on April 30, 2018. The survey response rate in West Virginia was 96.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	106	87.6
Private for-profit	8	6.6
Public agency or department		
State mental health agency	—	—
Other state government agency or department	2	1.7
Regional/district authority or county, local, or municipal government	1	0.8
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	4	3.3
Other	—	—
Total	121	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	17	14.0	822	2.6
24-hour residential	17	14.0	633	2.0
Less-than-24 hour			29,985	95.4
Partial hospitalization/day treatment	13	10.7		
Outpatient	96	79.3		
Total	121		31,440	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	75.1	1,095	63.1
24-hour residential	98.9	640	36.9
Total		1,735	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	7	5.8
General hospital	9	7.4
RTC for children	7	5.8
RTC for adults	4	3.3
Other type of residential treatment facility	2	1.7
Veterans Administration medical center	3	2.5
Community mental health center	61	50.4
Partial hospitalization/day treatment facility	1	0.8
Outpatient mental health facility	26	21.5
Multi-setting mental health facility	1	0.8
Other	—	—
Total	121	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	113	93.4
Couples/family therapy	95	78.5
Group therapy	98	81.0
Cognitive behavioral therapy	113	93.4
Dialectical behavior therapy	65	53.7
Behavior modification	64	52.9
Integrated dual disorders treatment	75	62.0
Trauma therapy	98	81.0
Activity therapy	39	32.2
Electroconvulsive therapy	6	5.0
Telemedicine/telehealth therapy	64	52.9
Psychotropic medication	97	80.2
Other	2	1.7
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	78	64.5
Children (12 years or younger)	88	72.7
Adolescents (13–17 years)	97	80.2
Young adults (18–25 years)	112	92.6
Adults (26–64 years)	108	89.3
Seniors (65 years or older)	105	86.8

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	13	10.7
Intensive case management	25	20.7
Case management	100	82.6
Court-ordered outpatient treatment	69	57.0
Chronic disease/illness management	9	7.4
Illness management and recovery	14	11.6
Integrated primary care services	15	12.4
Diet and exercise counseling	20	16.5
Family psychoeducation	63	52.1
Education services	28	23.1
Housing services	23	19.0
Supported housing	12	9.9
Psychosocial rehabilitation services	34	28.1
Vocational rehabilitation services	10	8.3
Supported employment	17	14.0
Therapeutic foster care	10	8.3
Legal advocacy	7	5.8
Psychiatric emergency walk-in services	60	49.6
Suicide prevention services	87	71.9
Consumer-run (peer support) services	15	12.4
Screening for tobacco use	41	33.9
Smoking/tobacco cessation counseling	41	33.9
Nicotine replacement therapy	29	24.0
Non-nicotine smoking/tobacco cessation medications	24	19.8
Other	6	5.0
None	3	2.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	77	63.6
State substance abuse agency	40	33.1
State department of health	81	66.9
State or local department of family and children's services	35	28.9
Hospital licensing authority	17	14.0
The Joint Commission	30	24.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	^	^
Council on Accreditation (COA)	10	8.3
Centers for Medicare and Medicaid Services (CMS)	66	54.5
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	106	87.6
Private health insurance	101	83.5
Medicare	89	73.6
Medicaid	118	97.5
State-financed health insurance plan other than Medicaid	87	71.9
State mental health agency (or equivalent) funds	85	70.2
State welfare or child and family services agency funds	80	66.1
State corrections or juvenile justice agency funds	46	38.0
State education agency funds	21	17.4
Other state government funds	57	47.1
County or local government funds	40	33.1
Community Service Block Grants	38	31.4
Community Mental Health Block Grants	55	45.5
Federal military insurance	75	62.0
U.S. Department of Veterans Affairs funds	22	18.2
IHS/Tribal/Urban (ITU) funds	3	2.5
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	57	47.1
Any language other than English	42	34.7
Languages provided by staff		
Spanish	5	4.1
American Indian/Alaska Native languages	—	—
Other	3	2.5

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	83	68.6
No crisis intervention team	37	30.6

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	6,796	21.6
Military veterans ²	5,697	9.2

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	22	18.2
Transitional age young adults	15	12.4
Persons 18 years and older with serious mental illness (SMI)	42	34.7
Seniors or older adults	21	17.4
Persons with Alzheimer's or dementia	10	8.3
Persons with co-occurring mental and substance use disorders	51	42.1
Persons with eating disorders	14	11.6
Persons who have experienced trauma	31	25.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	27	22.3
Persons with traumatic brain injury (TBI)	5	4.1
Veterans	15	12.4
Active duty military	6	5.0
Members of military families	9	7.4
LGBT clients	13	10.7
Forensic clients ¹	18	14.9
Persons with HIV or AIDS	7	5.8
Other	4	3.3
No programs or groups offered	39	32.2

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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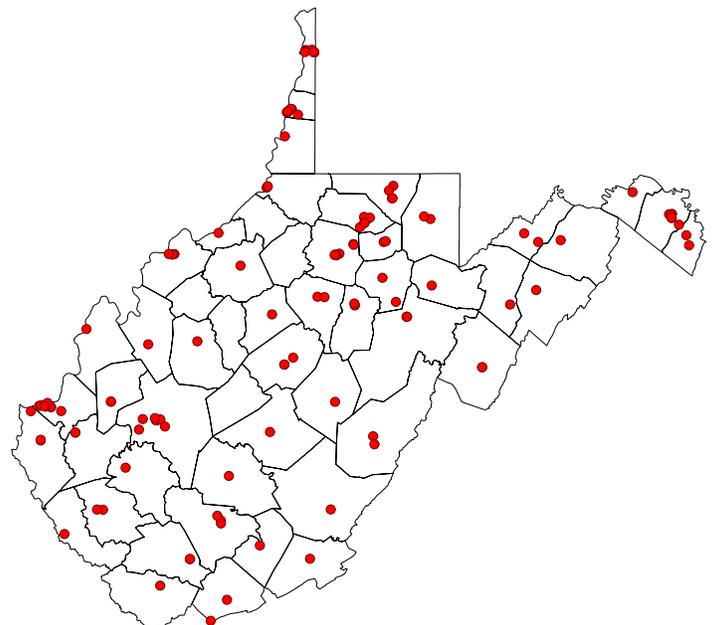
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Wisconsin National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Wisconsin, 405 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 113,697 clients in mental health treatment on April 30, 2018. The survey response rate in Wisconsin was 88.4 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	185	45.7
Private for-profit	146	36.0
Public agency or department		
State mental health agency	—	—
Other state government agency or department	4	1.0
Regional/district authority or county, local, or municipal government	51	12.6
Tribal government	3	0.7
Indian Health Service	—	—
Department of Veterans Affairs	16	4.0
Other	—	—
Total	405	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	38	9.4	1,418	1.2
24-hour residential	25	6.2	825	0.7
Less-than-24 hour			111,454	98.0
Partial hospitalization/day treatment	40	9.9		
Outpatient	364	89.9		
Total	405		113,697	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	95.1	1,491	64.4
24-hour residential	100.1	824	35.6
Total		2,315	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	12	3.0
General hospital	21	5.2
RTC for children	13	3.2
RTC for adults	5	1.2
Other type of residential treatment facility	1	0.2
Veterans Administration medical center	15	3.7
Community mental health center	23	5.7
Partial hospitalization/day treatment facility	11	2.7
Outpatient mental health facility	298	73.6
Multi-setting mental health facility	6	1.5
Other	—	—
Total	405	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	388	95.8
Couples/family therapy	357	88.1
Group therapy	306	75.6
Cognitive behavioral therapy	386	95.3
Dialectical behavior therapy	223	55.1
Behavior modification	280	69.1
Integrated dual disorders treatment	218	53.8
Trauma therapy	360	88.9
Activity therapy	126	31.1
Electroconvulsive therapy	14	3.5
Telemedicine/telehealth therapy	96	23.7
Psychotropic medication	244	60.2
Other	24	5.9
None of the above	1	0.2

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	272	67.2
Children (12 years or younger)	319	78.8
Adolescents (13–17 years)	338	83.5
Young adults (18–25 years)	377	93.1
Adults (26–64 years)	365	90.1
Seniors (65 years or older)	355	87.7

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	55	13.6
Intensive case management	58	14.3
Case management	169	41.7
Court-ordered outpatient treatment	254	62.7
Chronic disease/illness management	65	16.0
Illness management and recovery	80	19.8
Integrated primary care services	74	18.3
Diet and exercise counseling	82	20.2
Family psychoeducation	270	66.7
Education services	118	29.1
Housing services	43	10.6
Supported housing	21	5.2
Psychosocial rehabilitation services	131	32.3
Vocational rehabilitation services	33	8.1
Supported employment	46	11.4
Therapeutic foster care	19	4.7
Legal advocacy	18	4.4
Psychiatric emergency walk-in services	74	18.3
Suicide prevention services	226	55.8
Consumer-run (peer support) services	53	13.1
Screening for tobacco use	148	36.5
Smoking/tobacco cessation counseling	140	34.6
Nicotine replacement therapy	59	14.6
Non-nicotine smoking/tobacco cessation medications	59	14.6
Other	7	1.7
None	14	3.5

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	303	74.8
State substance abuse agency	197	48.6
State department of health	210	51.9
State or local department of family and children's services	100	24.7
Hospital licensing authority	47	11.6
The Joint Commission	83	20.5
Commission on Accreditation of Rehabilitation Facilities (CARF)	28	6.9
Council on Accreditation (COA)	37	9.1
Centers for Medicare and Medicaid Services (CMS)	210	51.9
Other national organization or federal, state, or local agency	7	1.7

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	378	93.3
Private health insurance	384	94.8
Medicare	295	72.8
Medicaid	372	91.9
State-financed health insurance plan other than Medicaid	254	62.7
State mental health agency (or equivalent) funds	169	41.7
State welfare or child and family services agency funds	169	41.7
State corrections or juvenile justice agency funds	145	35.8
State education agency funds	66	16.3
Other state government funds	132	32.6
County or local government funds	249	61.5
Community Service Block Grants	90	22.2
Community Mental Health Block Grants	108	26.7
Federal military insurance	267	65.9
U.S. Department of Veterans Affairs funds	119	29.4
IHS/Tribal/Urban (ITU) funds	54	13.3
Other	4	1.0

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	200	49.4
Any language other than English	231	57.0
Languages provided by staff		
Spanish	70	17.3
American Indian/Alaska Native languages	3	0.7
Other	19	4.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	138	34.1
No crisis intervention team	267	65.9

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	26,111	23.0
Military veterans ²	17,171	7.8

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	90	22.2
Transitional age young adults	58	14.3
Persons 18 years and older with serious mental illness (SMI)	109	26.9
Seniors or older adults	72	17.8
Persons with Alzheimer's or dementia	22	5.4
Persons with co-occurring mental and substance use disorders	142	35.1
Persons with eating disorders	32	7.9
Persons who have experienced trauma	131	32.3
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	125	30.9
Persons with traumatic brain injury (TBI)	30	7.4
Veterans	60	14.8
Active duty military	27	6.7
Members of military families	33	8.1
LGBT clients	74	18.3
Forensic clients ¹	67	16.5
Persons with HIV or AIDS	39	9.6
Other	31	7.7
No programs or groups offered	137	33.8

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

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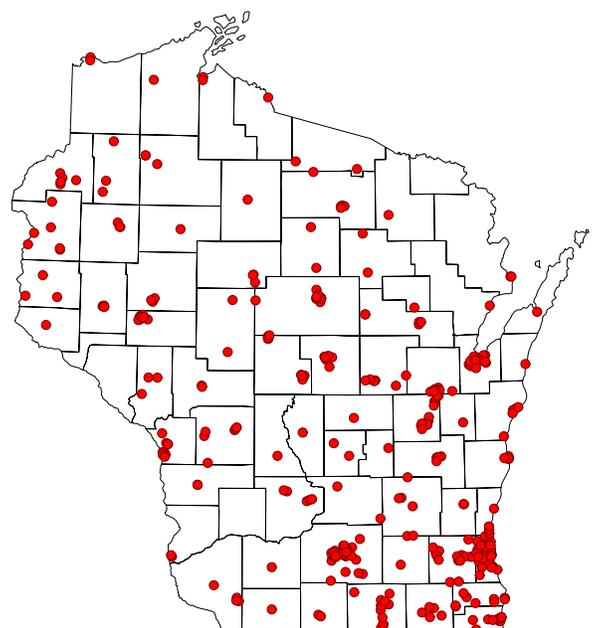
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



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2018 State Profile — Wyoming National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2018 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Wyoming, 48 mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 10,151 clients in mental health treatment on April 30, 2018. The survey response rate in Wyoming was 100.0 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	35	72.9
Private for-profit	3	6.3
Public agency or department		
State mental health agency	—	—
Other state government agency or department	1	2.1
Regional/district authority or county, local, or municipal government	7	14.6
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	2	4.2
Other	—	—
Total	48	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	8	16.7	212	2.1
24-hour residential	9	18.8	254	2.5
Less-than-24 hour			9,685	95.4
Partial hospitalization/day treatment	7	14.6		
Outpatient	42	87.5		
Total	48		10,151	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	63.1	336	45.3
24-hour residential	62.7	405	54.7
Total		741	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	2	4.2
General hospital	4	8.3
RTC for children	4	8.3
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	2	4.2
Community mental health center	25	52.1
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	8	16.7
Multi-setting mental health facility	3	6.3
Other	—	—
Total	48	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	45	93.8
Couples/family therapy	42	87.5
Group therapy	48	100.0
Cognitive behavioral therapy	45	93.8
Dialectical behavior therapy	40	83.3
Behavior modification	32	66.7
Integrated dual disorders treatment	37	77.1
Trauma therapy	44	91.7
Activity therapy	24	50.0
Electroconvulsive therapy	2	4.2
Telemedicine/telehealth therapy	30	62.5
Psychotropic medication	37	77.1
Other	1	2.1
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	32	66.7
Children (12 years or younger)	36	75.0
Adolescents (13–17 years)	40	83.3
Young adults (18–25 years)	43	89.6
Adults (26–64 years)	42	87.5
Seniors (65 years or older)	42	87.5

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	6	12.5
Intensive case management	28	58.3
Case management	44	91.7
Court-ordered outpatient treatment	33	68.8
Chronic disease/illness management	10	20.8
Illness management and recovery	22	45.8
Integrated primary care services	10	20.8
Diet and exercise counseling	18	37.5
Family psychoeducation	32	66.7
Education services	26	54.2
Housing services	15	31.3
Supported housing	17	35.4
Psychosocial rehabilitation services	28	58.3
Vocational rehabilitation services	11	22.9
Supported employment	25	52.1
Therapeutic foster care	1	2.1
Legal advocacy	3	6.3
Psychiatric emergency walk-in services	18	37.5
Suicide prevention services	39	81.3
Consumer-run (peer support) services	16	33.3
Screening for tobacco use	29	60.4
Smoking/tobacco cessation counseling	24	50.0
Nicotine replacement therapy	7	14.6
Non-nicotine smoking/tobacco cessation medications	6	12.5
Other	1	2.1
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	34	70.8
State substance abuse agency	36	75.0
State department of health	43	89.6
State or local department of family and children's services	10	20.8
Hospital licensing authority	^	^
The Joint Commission	10	20.8
Commission on Accreditation of Rehabilitation Facilities (CARF)	38	79.2
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	28	58.3
Other national organization or federal, state, or local agency	^	^

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	46	95.8
Private health insurance	46	95.8
Medicare	32	66.7
Medicaid	45	93.8
State-financed health insurance plan other than Medicaid	31	64.6
State mental health agency (or equivalent) funds	39	81.3
State welfare or child and family services agency funds	39	81.3
State corrections or juvenile justice agency funds	28	58.3
State education agency funds	25	52.1
Other state government funds	29	60.4
County or local government funds	38	79.2
Community Service Block Grants	15	31.3
Community Mental Health Block Grants	28	58.3
Federal military insurance	38	79.2
U.S. Department of Veterans Affairs funds	23	47.9
IHS/Tribal/Urban (ITU) funds	15	31.3
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	16	33.3
Any language other than English	27	56.3
Languages provided by staff		
Spanish	13	27.1
American Indian/Alaska Native languages	—	—
Other	1	2.1

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	35	72.9
No crisis intervention team	13	27.1

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	3,198	31.5
Military veterans ²	1,996	9.0

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	20	41.7
Transitional age young adults	6	12.5
Persons 18 years and older with serious mental illness (SMI)	22	45.8
Seniors or older adults	10	20.8
Persons with Alzheimer's or dementia	1	2.1
Persons with co-occurring mental and substance use disorders	23	47.9
Persons with eating disorders	3	6.3
Persons who have experienced trauma	14	29.2
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	14	29.2
Persons with traumatic brain injury (TBI)	3	6.3
Veterans	7	14.6
Active duty military	3	6.3
Members of military families	3	6.3
LGBT clients	9	18.8
Forensic clients ¹	13	27.1
Persons with HIV or AIDS	1	2.1
Other	3	6.3
No programs or groups offered	13	27.1

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

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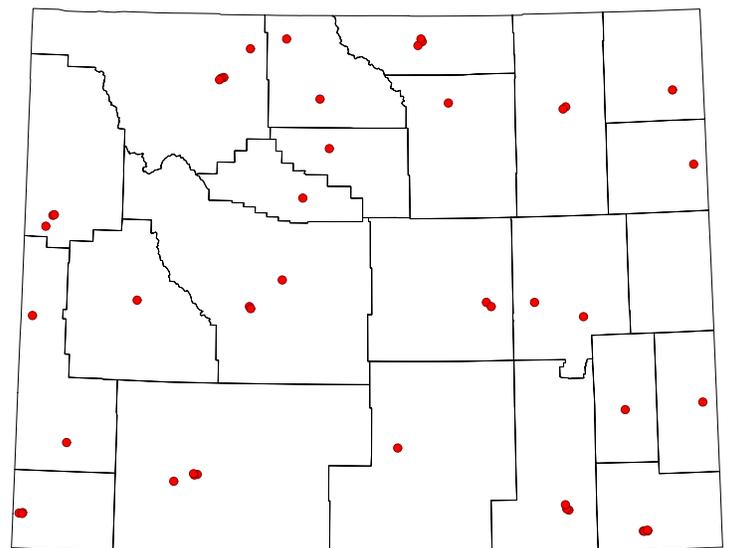
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Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

2018 State Profile — U.S. Territories and Other Jurisdictions National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions. More information on the methodology used is available in the 2018 N-MHSS report: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

The U.S. territories and other jurisdictions presented in this profile consist of data from American Samoa, Guam, and the U.S. Virgin Islands. This profile does not include data for the District of Columbia and Puerto Rico. In these U.S. territories and other jurisdictions, six mental health treatment facilities were included in the 2018 N-MHSS report, which reported a total of 10,151 clients in mental health treatment on April 30, 2018. The survey response rate of these U.S. territories and other jurisdictions, combined, was 77.8 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	1	16.7
Private for-profit	—	—
Public agency or department		
State mental health agency	2	33.3
Other state government agency or department	2	33.3
Regional/district authority or county, local, or municipal government	—	—
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	1	16.7
Other	—	—
Total	6	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	3	50.0	25	1.3
24-hour residential	—	—	—	—
Less-than-24 hour			1,930	98.7
Partial hospitalization/day treatment	—	—		
Outpatient	5	83.3		
Total	6		1,955	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹	Beds ²	
	%	No.	%
24-hour hospital inpatient	52.1	48	100.0
24-hour residential	—	—	—
Total		48	100.0

¹ Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

² Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	—	—
General hospital	3	50.0
RTC for children	—	—
RTC for adults	—	—
Other type of residential treatment facility	—	—
Veterans Administration medical center	1	16.7
Community mental health center	1	16.7
Partial hospitalization/day treatment facility	—	—
Outpatient mental health facility	1	16.7
Multi-setting mental health facility	—	—
Other	—	—
Total	6	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	6	100.0
Couples/family therapy	5	83.3
Group therapy	5	83.3
Cognitive behavioral therapy	5	83.3
Dialectical behavior therapy	1	16.7
Behavior modification	3	50.0
Integrated dual disorders treatment	2	33.3
Trauma therapy	3	50.0
Activity therapy	3	50.0
Electroconvulsive therapy	—	—
Telemedicine/telehealth therapy	1	16.7
Psychotropic medication	5	83.3
Other	—	—
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	3	50.0
Children (12 years or younger)	3	50.0
Adolescents (13–17 years)	4	66.7
Young adults (18–25 years)	6	100.0
Adults (26–64 years)	6	100.0
Seniors (65 years or older)	6	100.0

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years or younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	—	—
Intensive case management	2	33.3
Case management	4	66.7
Court-ordered outpatient treatment	5	83.3
Chronic disease/illness management	2	33.3
Illness management and recovery	2	33.3
Integrated primary care services	2	33.3
Diet and exercise counseling	2	33.3
Family psychoeducation	5	83.3
Education services	1	16.7
Housing services	1	16.7
Supported housing	—	—
Psychosocial rehabilitation services	3	50.0
Vocational rehabilitation services	—	—
Supported employment	—	—
Therapeutic foster care	—	—
Legal advocacy	1	16.7
Psychiatric emergency walk-in services	4	66.7
Suicide prevention services	5	83.3
Consumer-run (peer support) services	1	16.7
Screening for tobacco use	2	33.3
Smoking/tobacco cessation counseling	1	16.7
Nicotine replacement therapy	1	16.7
Non-nicotine smoking/tobacco cessation medications	1	16.7
Other	—	—
None	—	—

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	^	^
State substance abuse agency	^	^
State department of health	^	^
State or local department of family and children's services	—	—
Hospital licensing authority	^	^
The Joint Commission	3	50.0
Commission on Accreditation of Rehabilitation Facilities (CARF)	3	50.0
Council on Accreditation (COA)	—	—
Centers for Medicare and Medicaid Services (CMS)	^	^
Other national organization or federal, state, or local agency	—	—

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	4	66.7
Private health insurance	4	66.7
Medicare	3	50.0
Medicaid	4	66.7
State-financed health insurance plan other than Medicaid	—	—
State mental health agency (or equivalent) funds	1	16.7
State welfare or child and family services agency funds	—	—
State corrections or juvenile justice agency funds	1	16.7
State education agency funds	—	—
Other state government funds	—	—
County or local government funds	3	50.0
Community Service Block Grants	1	16.7
Community Mental Health Block Grants	2	33.3
Federal military insurance	2	33.3
U.S. Department of Veterans Affairs funds	1	16.7
IHS/Tribal/Urban (ITU) funds	—	—
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	1	16.7
Any language other than English	4	66.7
Languages provided by staff		
Spanish	—	—
American Indian/Alaska Native languages	—	—
Other	4	66.7

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	5	83.3
No crisis intervention team	1	16.7

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	144	7.3
Military veterans ²	715	39.4

¹ Estimated number and percent of mental health treatment clients on April 30, 2018.

² Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2017, through April 30, 2018, who were military veterans.

For a symbol key, see the last page of this profile.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	—	—
Transitional age young adults	1	16.7
Persons 18 years and older with serious mental illness (SMI)	6	100.0
Seniors or older adults	2	33.3
Persons with Alzheimer’s or dementia	—	—
Persons with co-occurring mental and substance use disorders	2	33.3
Persons with eating disorders	—	—
Persons who have experienced trauma	1	16.7
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	1	16.7
Persons with traumatic brain injury (TBI)	1	16.7
Veterans	1	16.7
Active duty military	—	—
Members of military families	1	16.7
LGBT clients	—	—
Forensic clients ¹	3	50.0
Persons with HIV or AIDS	—	—
Other	—	—
No programs or groups offered	—	—

LGBT = Lesbian, gay, bisexual, or transgender.
¹ Referred from the court/judicial system.

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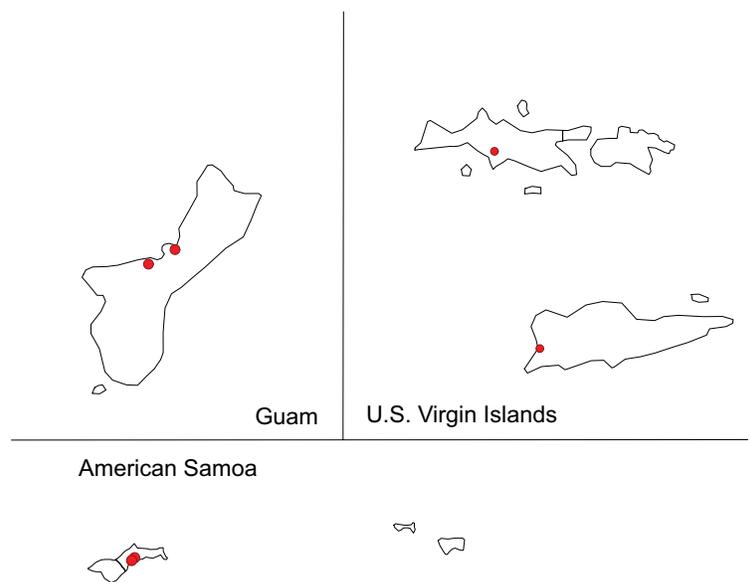
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