Minnesota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Minnesota,** 260 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 8,691 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Minnesota** was 99%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	142	54%	4,148	47%	439	54%
Private for-profit	91	35%	3,572	41%	306	38%
Local government	8	3%	293	3%	17	2%
State government	7	3%	318	4%	35	4%
Federal government	3	1%	235	3%	–	–
Dept. of Veterans Affairs	2	1%	231	3%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	1	<1%	4	–	–	–
Other	–	–	–	–	–	–
Tribal government	9	4%	125	1%	19	2%
Total	**260**	**100%**	**8,691**	**100%**	**816**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	215	83%	7,572	87%	570	70%
Mental health services	6	2%	43	1%	3	<1%
General health care	3	1%	29	<1%	–	–
Mix of mental health & substance abuse treatment services	33	13%	982	11%	243	30%
Other/unknown	3	1%	65	1%	–	–

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	235	94%	4,357	50%	101
Clients with drug abuse only	150	60%	2,345	27%	60
Clients with alcohol abuse only	192	77%	1,989	23%	49
Total[2]	**249**		**8,691**	**100%**	**210**

[1] Facilities may be included in more than one category.

[2] Excludes 11 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**192**	**74%**	**5,987**	**69%**	**19**	**536**	**66%**
Regular outpatient	134	52%	1,585	18%	8		
Intensive outpatient	147	57%	2,235	26%	12		
Day treatment/partial hospitalization	53	20%	388	5%	4		
Detoxification	11	4%	28	<1%	4		
Methadone/LAAM maintenance	11	4%	1,751	20%	109		
Residential	**117**	**45%**	**2,504**	**29%**	**15**	**240**	**29%**
Rehabilitation short-term	56	22%	872	10%	8		
Rehabilitation long-term	88	34%	1,475	17%	15		
Detoxification	29	11%	157	2%	3		
Hospital Inpatient	**18**	**7%**	**200**	**2%**	**11**	**40**	**5%**
Rehabilitation	14	5%	144	2%	9		
Detoxification	16	6%	56	1%	3		
Total	**260**		**8,691**	**100%**	**21**	**816**	**100%**

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	4	36%
Detoxification only	2	18%
Both maintenance and detoxification	5	46%
Total	**11**	**100%**
Clients in Facilities with OTPs	**1,777**	
Methadone	1,757	
LAAM	20	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	247	95%
Private health insurance	218	83%
Medicare	76	29%
Medicaid	93	36%
Other State-financed health insurance	160	62%
Federal military insurance	96	37%
Other type of payment	5	2%
Free treatment for all clients	3	1%
Sliding fee scale	64	25%
Other payment assistance	65	25%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	104	14
No. of clients	2392	192
Designated beds	3,039	256
Utilization rate	79%	75%
Designated beds per facility (average)	29	18

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	257	98%
State Substance Abuse Agency	208	80%
State Mental Health Department	43	17%
State Public Health Department/Board of Health	158	61%
Hospital licensing authority	28	11%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	64	25%
CARF (Rehabilitation Accreditation Commission)	13	5%
NCQA (National Committee for Quality Assurance)	7	3%
COA (Council for Accreditation for Children and Family Services)	10	4%
Other State/Local Agency/Organization	58	22%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	180	69%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	177	68%

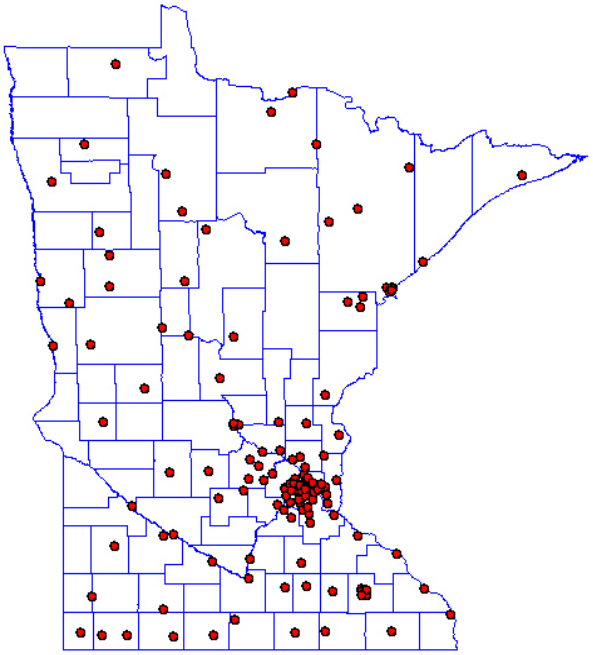
Programs for Special Groups

	Facilities No.	Facilities %
Dually-diagnosed	67	26%
Adolescents	83	32%
Persons with HIV/AIDS	18	7%
Gays and lesbians	15	6%
Pregnant/postpartum women	26	10%
Women only	84	32%
Men only	65	25%
Seniors/older adults	18	7%
Criminal justice clients	39	15%
DUI/DWI offenders	75	29%
Other groups	35	14%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**226**	**90%**
Comprehensive substance abuse assessment/diagnosis	225	87%
Comprehensive mental health assessment/diagnosis	65	27%
Substance Abuse Therapy and Counseling	**254**	**96%**
Family counseling	184	69%
Group therapy	242	94%
Individual therapy	231	88%
Relapse prevention groups	218	84%
Aftercare counseling	217	86%
Pharmacotherapies	**44**	**16%**
Antabuse	39	14%
Naltrexone	32	10%
Buprenorphine	4	
Testing	**232**	**88%**
Blood alcohol testing	143	49%
Drug/alcohol urine screening	218	84%
Hepatitis testing	98	38%
HIV testing	59	19%
STD testing	47	16%
TB screening	76	29%
Transitional Services	**242**	**96%**
Assistance with obtaining social services	136	48%
Discharge planning	240	89%
Employment counseling/training	72	29%
Housing assistance	112	31%
Other Services	**223**	**82%**
Case management services	159	64%
Child care	13	5%
Domestic violence or family/partner violence services	55	20%
HIV/AIDS education/counseling/support	129	45%
Outcome follow-up (post-discharge)	145	52%
Transportation assistance to treatment	84	34%
Acupuncture	22	9%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired	47	18%
Spanish	35	14%
American Indian/Alaska Native languages	12	5%
Other	22	9%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

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