State Profile - Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Utah**, 118 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 9,812 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Utah** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	60	51%	4,698	48%	1,361	75%
Private for-profit	29	25%	2,057	21%	272	15%
Local government	23	20%	2,421	25%	178	10%
State government	3	3%	206	2%	8	<1%
Federal government	2	2%	395	4%	–	–
Dept. of Veterans Affairs	1	1%	295	3%	–	–
Dept. of Defense	1	1%	100	1%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	1	1%	35	<1%	8	<1%
Total	**118**	**100%**	**9,812**	**100%**	**1,827**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	55	47%	4,368	45%	263	14%
Mental health services	10	9%	344	4%	120	7%
Mix of mental health & substance abuse treatment services	51	43%	5,056	52%	1,437	79%
General health care	–	–	–	–	–	–
Other/unknown	2	2%	44	<1%	7	<1%
Total	**118**	**100%**	**9,812**	**100%**	**1,827**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	98	95%	3,432	43%	197
Clients with drug abuse only	86	84%	2,859	36%	164
Clients with alcohol abuse only	80	78%	1,694	21%	97
Total[2]	**103**		**7,985**	**100%**	**459**

[1] Facilities may be included in more than one category.

[2] Excludes 15 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**96**	**81%**	**8,663**	**88%**	**50**	**1,296**	**71%**
Regular outpatient	87	74%	5,968	61%	28		
Intensive outpatient	64	54%	1,053	11%	10		
Day treatment/partial hospitalization	34	29%	476	5%	10		
Detoxification	16	14%	101	1%	–		
Methadone/LAAM maintenance	6	5%	1,065	11%	156		
Residential	**34**	**29%**	**1,093**	**11%**	**21**	**531**	**29%**
Short term	12	10%	55	1%	5		
Long term	29	25%	973	10%	22		
Detoxification	7	6%	65	1%	1		
Hospital Inpatient	**5**	4%	56	1%	8	–	–
Rehabilitation	2	2%	26	<1%	13		
Detoxification	5	4%	30	<1%	7		
Total	**118**		**9,812**	**100%**	**40**	**1,827**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	1	17%
Detoxification only	–	–
Both maintenance and detoxification	5	83%
Total	**6**	**100%**
Clients in Facilities with OTPs	1,182	
Methadone	1,156	
LAAM	26	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	116	98%
Private health insurance	99	84%
Medicare	43	36%
Medicaid	65	55%
Other State-financed health insurance	52	44%
Federal military insurance	66	56%
No payment accepted	–	–
Other type of payment	4	3%
Sliding fee scale	84	71%
Treatment at no charge for clients who cannot pay	55	47%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	23	2
No. of clients	490	37
Designated beds	549	37
Utilization rate	89%	100%
Designated beds per facility (average)	24	19

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	114	97%
State Substance Abuse Agency	90	76%
State Mental Health Department	60	51%
State Public Health Department/Board of Health	35	30%
Hospital licensing authority	9	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	19	16%
CARF (Rehabilitation Accreditation Commission)	6	5%
NCQA (National Committee for Quality Assurance)	4	3%
COA (Council for Accreditation for Children and Family Services)	3	3%
Other State/Local Agency/Organization	36	31%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	46	39%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	77	65%

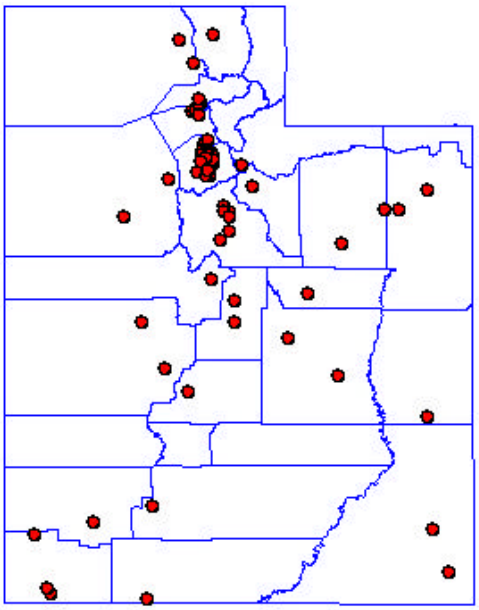
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	104	88%
Adolescents	50	42%
Dually-diagnosed	54	46%
Criminal justice clients	45	38%
Persons with HIV/AIDS	4	3%
Gays and lesbians	9	8%
Seniors/older adults	2	2%
Pregnant/postpartum women	21	18%
Women only	47	40%
Men only	31	26%
DUI/DWI offenders	44	37%
Other groups	15	13%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**114**	**97%**
Comprehensive substance abuse assessment/diagnosis	112	95%
Comprehensive mental health assessment/diagnosis	74	63%
Substance Abuse Therapy and Counseling	**115**	**97%**
Family counseling	94	80%
Group therapy	107	91%
Individual therapy	110	93%
Relapse prevention groups	98	83%
Aftercare counseling	91	77%
Pharmacotherapies	**29**	**25%**
Antabuse	23	19%
Naltrexone	16	14%
Buprenorphine	9	8%
Testing	**96**	**81%**
Breathalyzer or other blood alcohol testing	58	49%
Drug/alcohol urine screening	91	77%
Screening for Hepatitis B	28	24%
Screening for Hepatitis C	28	24%
HIV testing	29	25%
STD testing	28	24%
TB screening	41	35%
Transitional Services	**104**	**88%**
Assistance with obtaining social services	73	62%
Discharge planning	101	86%
Employment counseling/training	44	37%
Housing assistance	52	44%
Other Services	**101**	**86%**
Case management services	84	71%
Child care	17	14%
Domestic violence or family/partner violence services	43	36%
HIV/AIDS education/counseling/support	35	30%
Outcome follow-up after discharge	49	42%
Transportation assistance to treatment	37	31%
Acupuncture	2	2%
Residential beds for clients' children	6	5%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	42	36%
Any language other than English	58	49%
Spanish	55	47%
American Indian/Alaska Native languages	7	6%
Other	13	11%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov