State Profile - Minnesota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Minnesota,** 258 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 8,714 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Minnesota** was 99%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	141	55%	4,148	48%	439	54%
Private for-profit	91	35%	3,622	41%	309	38%
Local government	8	3%	293	3%	17	2%
State government	7	3%	318	4%	35	4%
Federal government	3	1%	235	3%	–	–
Dept. of Veterans Affairs	2	1%	231	3%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	1	<1%	4	<1%	–	–
Other	–	–	–	–	–	–
Tribal government	8	3%	125	1%	19	2%
Total	**258**	**100%**	**8,741**	**100%**	**819**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	215	83%	7,622	87%	573	70%
Mental health services	6	2%	43	1%	3	<1%
Mix of mental health & substance abuse treatment services	32	12%	982	11%	243	30%
General health care	3	1%	29	<1%	–	–
Other/unknown	2	1%	65	1%	–	–
Total	**258**	**100%**	**8,741**	**100%**	**819**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	235	94%	3,764	48%	101
Clients with drug abuse only	150	60%	2,258	29%	60
Clients with alcohol abuse only	192	77%	1,853	24%	49
Total[2]	**249**		**7,875**	**100%**	**210**

[1] Facilities may be included in more than one category.

[2] Excludes 9 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**190**	**74%**	**6,037**	**69%**	**18**	**539**	**66%**
Regular outpatient	134	52%	1,615	19%	7		
Intensive outpatient	145	56%	2,245	26%	12		
Day treatment/partial hospitalization	53	21%	396	5%	4		
Detoxification	11	4%	30	<1%	3		
Methadone/LAAM maintenance	10	4%	1,751	20%	109		
Residential	**117**	**45%**	**2,504**	**29%**	**15**	**240**	**29%**
Short term	56	22%	872	10%	8		
Long term	88	34%	1,475	17%	15		
Detoxification	29	11%	157	2%	3		
Hospital Inpatient	**18**	7%	200	2%	9	**40**	**5%**
Rehabilitation	14	5%	144	2%	9		
Detoxification	16	6%	56	1%	3		
Total	**258**		**8,741**	**100%**	**21**	**819**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	4	36%
Detoxification only	2	18%
Both maintenance and detoxification	5	46%
Total	**11**	**100%**
Clients in Facilities with OTPs	**1,777**	
Methadone	1,757	
LAAM	20	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	245	95%
Private health insurance	216	84%
Medicare	75	29%
Medicaid	92	36%
Other State-financed health insurance	159	62%
Federal military insurance	95	37%
No payment accepted	3	1%
Other type of payment	5	2%
Sliding fee scale	63	24%
Treatment at no charge for clients who cannot pay	64	25%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	104	14
No. of clients	2,392	192
Designated beds	3,039	256
Utilization rate	79%	75%
Designated beds per facility (average)	29	18

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	255	99%
State Substance Abuse Agency	207	80%
State Mental Health Department	43	17%
State Public Health Department/Board of Health	157	61%
Hospital licensing authority	28	11%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	64	25%
CARF (Rehabilitation Accreditation Commission)	13	5%
NCQA (National Committee for Quality Assurance)	7	3%
COA (Council for Accreditation for Children and Family Services)	10	4%
Other State/Local Agency/Organization	57	22%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	179	69%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	177	69%

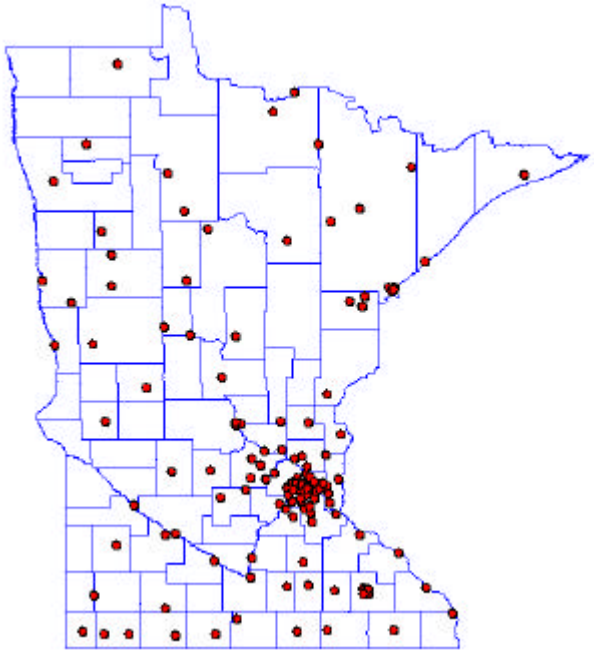
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	211	82%
Adolescents	82	32%
Dually-diagnosed	66	26%
Criminal justice clients	39	15%
Persons with HIV/AIDS	18	7%
Gays and lesbians	15	6%
Seniors/older adults	18	7%
Pregnant/postpartum women	25	10%
Women only	84	33%
Men only	65	25%
DUI/DWI offenders	74	29%
Other groups	35	14%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**224**	**87%**
Comprehensive substance abuse assessment/diagnosis	223	86%
Comprehensive mental health assessment/diagnosis	65	25%
Substance Abuse Therapy and Counseling	**252**	**98%**
Family counseling	183	71%
Group therapy	240	93%
Individual therapy	229	89%
Relapse prevention groups	216	84%
Aftercare counseling	215	83%
Pharmacotherapies	**44**	**17%**
Antabuse	39	15%
Naltrexone	32	12%
Buprenorphine	4	2%
Testing	**231**	**90%**
Breathalyzer or other blood alcohol testing	143	55%
Drug/alcohol urine screening	217	84%
Screening for Hepatitis B	50	19%
Screening for Hepatitis C	48	19%
HIV testing	59	23%
STD testing	47	18%
TB screening	75	29%
Transitional Services	**240**	**93%**
Assistance with obtaining social services	134	52%
Discharge planning	239	93%
Employment counseling/training	72	28%
Housing assistance	110	**43%**
Other Services	221	86%
Case management services	157	61%
Child care	12	5%
Domestic violence or family/partner violence services	55	21%
HIV/AIDS education/counseling/support	128	50%
Outcome follow-up after discharge	144	56%
Transportation assistance to treatment	83	32%
Acupuncture	21	8%
Residential beds for clients' children	2	1%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	47	18%
Any language other than English	48	19%
Spanish	35	14%
American Indian/Alaska Native languages	11	4%
Other	22	9%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov