State Profile - Iowa

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Iowa**, 121 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 7,311 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Iowa** was 94%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	106	88%	6,379	87%	923	90%
Private for-profit	5	4%	268	4%	29	3%
Local government	4	3%	83	1%	12	1%
State government	3	3%	92	1%	15	2%
Federal government	2	2%	189	3%	–	–
Dept. of Veterans Affairs	2	2%	189	3%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	1	1%	300	4%	49	5%
Total	**121**	**100%**	**7,311**	**100%**	**1,028**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	95	79%	5,886	81%	813	79%
Mental health services	1	1%	19	<1%	–	–
Mix of mental health & substance abuse treatment services	21	17%	1,150	16%	174	17%
General health care	3	3%	241	3%	26	3%
Other/unknown	1	1%	15	<1%	15	2%
Total	**121**	**100%**	**7,311**	**100%**	**1,028**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	97	99%	3,199	51%	147
Clients with drug abuse only	75	77%	1,290	21%	59
Clients with alcohol abuse only	84	86%	1,794	29%	82
Total[2]	**98**		**6,283**	**100%**	**288**

[1] Facilities may be included in more than one category.

[2] Excludes 23 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**106**	**88%**	**6,644**	**91%**	**31**	**846**	**82%**
Regular outpatient	104	86%	5,175	71%	27		
Intensive outpatient	71	59%	990	14%	10		
Day treatment/partial hospitalization	26	22%	183	3%	6		
Detoxification	13	11%	31	<1%	–		
Methadone/LAAM maintenance	2	2%	265	4%	148		
Residential	**33**	**27%**	**617**	**8%**	**14**	**169**	**16%**
Short term	19	16%	199	3%	10		
Long term	28	23%	407	6%	11		
Detoxification	8	7%	11	<1%	–		
Hospital Inpatient	**12**	**10%**	**50**	**1%**	**4**	**13**	**1%**
Rehabilitation	6	5%	17	<1%	3		
Detoxification	11	9%	33	1%	3		
Total	**121**		**7,311**	**100%**	**30**	**1,028**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	–	–
Both maintenance and detoxification	2	100%
Total	**2**	**100%**
Clients in Facilities with OTPs	**278**	
Methadone	278	
LAAM	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	110	91%
Private health insurance	111	92%
Medicare	46	38%
Medicaid	108	89%
Other State-financed health insurance	77	64%
Federal military insurance	53	44%
No payment accepted	3	3%
Other type of payment	2	2%
Sliding fee scale	89	74%
Treatment at no charge for clients who cannot pay	51	42%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	24	1
No. of clients	403	11
Designated beds	460	26
Utilization rate	88%	42%
Designated beds per facility (average)	19	26

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	118	98%
State Substance Abuse Agency	98	81%
State Mental Health Department	17	14%
State Public Health Department/Board of Health	87	72%
Hospital licensing authority	20	17%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	25	21%
CARF (Rehabilitation Accreditation Commission)	12	10%
NCQA (National Committee for Quality Assurance)	2	2%
COA (Council for Accreditation for Children and Family Services)	4	3%
Other State/Local Agency/Organization	5	4%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	103	85%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	99	82%

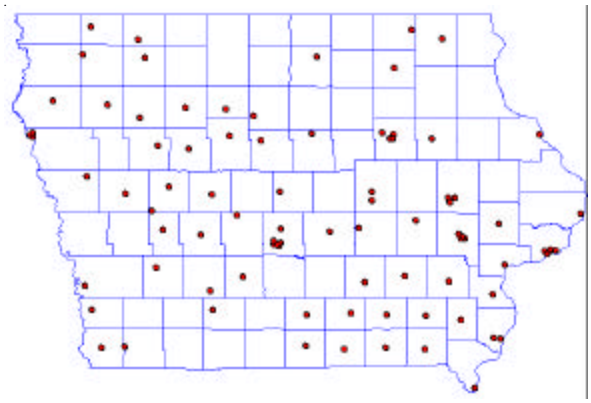
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	103	85%
Adolescents	66	55%
Dually-diagnosed	56	46%
Criminal justice clients	25	21%
Persons with HIV/AIDS	9	7%
Gays and lesbians	8	7%
Seniors/older adults	7	6%
Pregnant/postpartum women	13	11%
Women only	43	36%
Men only	30	25%
DUI/DWI offenders	61	50%
Other groups	15	12%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**113**	**93%**
Comprehensive substance abuse assessment/diagnosis	112	93%
Comprehensive mental health assessment/diagnosis	31	26%
Substance Abuse Therapy and Counseling	**120**	**99%**
Family counseling	101	83%
Group therapy	115	95%
Individual therapy	119	98%
Relapse prevention groups	98	81%
Aftercare counseling	99	82%
Pharmacotherapies	**18**	**15%**
Antabuse	17	14%
Naltrexone	10	8%
Buprenorphine	3	2%
Testing	**108**	**89%**
Breathalyzer or other blood alcohol testing	57	47%
Drug/alcohol urine screening	107	88%
Screening for Hepatitis B	31	26%
Screening for Hepatitis C	32	26%
HIV testing	29	24%
STD testing	26	21%
TB screening	49	40%
Transitional Services	**113**	**93%**
Assistance with obtaining social services	71	59%
Discharge planning	113	93%
Employment counseling/training	25	21%
Housing assistance	35	29%
Other Services	**105**	**87%**
Case management services	58	48%
Child care	11	9%
Domestic violence or family/partner violence services	24	20%
HIV/AIDS education/counseling/support	63	52%
Outcome follow-up after discharge	83	69%
Transportation assistance to treatment	24	20%
Acupuncture	–	–
Residential beds for clients' children	5	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	42	35%
Any language other than English	51	42%
Spanish	47	39%
American Indian/Alaska Native languages	3	3%
Other	17	14%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov