State Profile - Connecticut

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Connecticut,** 240 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 2,979 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Connecticut** was 94%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	211	88%	17,702	84%	789	82%
Private for-profit	15	6%	1,544	7%	119	12%
Local government	2	1%	87	<1%	51	5%
State government	9	4%	985	5%	–	–
Federal government	3	1%	661	3%	–	–
Dept. of Veterans Affairs	2	1%	635	3%	–	–
Dept. of Defense	1	<1%	26	<1%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**240**	**100%**	**20,979**	**100%**	**959**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	149	62%	13,952	67%	389	41%
Mental health services	14	6%	965	5%	19	2%
Mix of mental health & substance abuse treatment services	66	28%	5,056	24%	504	53%
General health care	6	3%	886	4%	10	1%
Other/unknown	5	2%	120	1%	37	4%
Total	**240**	**100%**	**20,979**	**100%**	**959**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	209	92%	7,659	39%	297
Clients with drug abuse only	193	85%	9,608	48%	373
Clients with alcohol abuse only	170	75%	2,624	13%	102
Total[2]	**228**		**19,891**	**100%**	**772**

[1] Facilities may be included in more than one category.

[2] Excludes 12 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**172**	**72%**	**18,342**	**87%**	**45**	**769**	**80%**
Regular outpatient	151	63%	7,991	38%	33		
Intensive outpatient	93	39%	1,425	7%	9		
Day treatment/partial hospitalization	53	22%	618	3%	8		
Detoxification	34	14%	280	1%	3		
Methadone/LAAM maintenance	24	10%	8,028	39%	230		
Residential	**77**	**32%**	**2,256**	**11%**	**16**	**189**	**20%**
Short term	27	11%	529	3%	15		
Long term	61	25%	1,573	8%	14		
Detoxification	10	4%	154	1%	14		
Hospital Inpatient	**23**	**10%**	**381**	**2%**	**11**	**1**	**<1%**
Rehabilitation	11	5%	192	1%	8		
Detoxification	22	9%	189	1%	7		
Total	**240**		**20,979**	**100%**	**36**	**959**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	12	28%
Detoxification only	14	33%
Both maintenance and detoxification	17	40%
Total	**43**	**100%**
Clients in Facilities with OTPs	**8,848**	
Methadone	5	
LAAM	8,843	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	219	91%
Private health insurance	171	71%
Medicare	123	51%
Medicaid	179	75%
Other State-financed health insurance	145	60%
Federal military insurance	72	30%
No payment accepted	9	4%
Other type of payment	2	1%
Sliding fee scale	175	73%
Treatment at no charge for clients who cannot pay	155	65%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	73	14
No. of clients	1,996	297
Designated beds	1,975	344
Utilization rate	101%	86%
Designated beds per facility (average)	27	25

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	226	94%
State Substance Abuse Agency	142	59%
State Mental Health Department	11	46%
State Public Health Department/Board of Health	204	85%
Hospital licensing authority	32	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	90	38%
CARF (Rehabilitation Accreditation Commission)	66	28%
NCQA (National Committee for Quality Assurance)	5	2%
COA (Council for Accreditation for Children and Family Services)	12	5%
Other State/Local Agency/Organization	22	9%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	190	79%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	186	78%

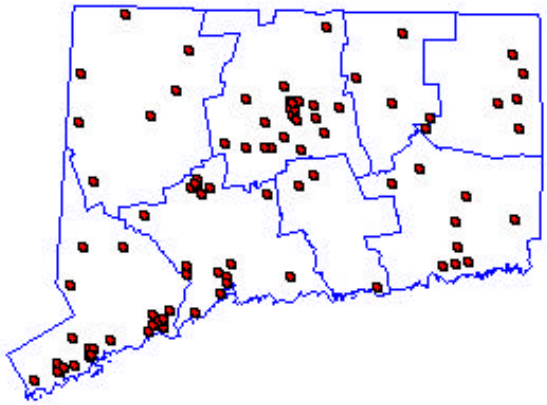
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	200	83%
Adolescents	44	18%
Dually-diagnosed	114	48%
Criminal justice clients	46	19%
Persons with HIV/AIDS	55	23%
Gays and lesbians	8	3%
Seniors/older adults	32	13%
Pregnant/postpartum women	45	19%
Women only	109	45%
Men only	77	32%
DUI/DWI offenders	25	10%
Other groups	39	16%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**230**	**96%**
Comprehensive substance abuse assessment/diagnosis	222	93%
Comprehensive mental health assessment/diagnosis	120	50%
Substance Abuse Therapy and Counseling	**239**	**100%**
Family counseling	206	86%
Group therapy	223	93%
Individual therapy	227	95%
Relapse prevention groups	204	85%
Aftercare counseling	159	66%
Pharmacotherapies	**66**	**28%**
Antabuse	54	23%
Naltrexone	49	20%
Buprenorphine	14	6%
Testing	**222**	**93%**
Breathalyzer or other blood alcohol testing	174	73%
Drug/alcohol urine screening	220	92%
Screening for Hepatitis B	76	32%
Screening for Hepatitis C	79	33%
HIV testing	94	39%
STD testing	72	30%
TB screening	99	41%
Transitional Services	**229**	**95%**
Assistance with obtaining social services	179	75%
Discharge planning	220	92%
Employment counseling/training	89	37%
Housing assistance	118	49%
Other Services	**216**	**90%**
Case management services	176	73%
Child care	24	10%
Domestic violence or family/partner violence services	70	29%
HIV/AIDS education/counseling/support	135	56%
Outcome follow-up after discharge	106	44%
Transportation assistance to treatment	87	36%
Acupuncture	17	7%
Residential beds for clients' children	13	5%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	44	18%
Any language other than English	117	49%
Spanish	115	48%
American Indian/Alaska Native languages	1	<1%
Other	27	11%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov