State Profile - Washington

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Washington,** 341 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 33,946 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Washington** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	165	48%	15,349	45%	1,614	63%
Private for-profit	115	34%	12,715	38%	504	20%
Local government	19	6%	1,817	5%	95	4%
State government	7	2%	297	1%	201	8%
Federal government	15	4%	2,803	8%	16	1%
Dept. of Veterans Affairs	8	2%	1,689	5%	–	–
Dept. of Defense	4	1%	812	2%	–	–
Indian Health Service	3	1%	302	1%	16	1%
Other	–	–	–	–	–	–
Tribal government	20	6%	965	3%	150	6%
Total	**341**	**100%**	**33,946**	**100%**	**2,580**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	257	75%	27,058	80%	1,966	76%
Mental health services	14	4%	1,527	5%	102	4%
Mix of mental health & substance abuse treatment services	63	19%	3,845	11%	510	20%
General health care	3	1%	1,161	3%	–	–
Other/unknown	4	1%	355	1%	2	<1%
Total	**341**	**100%**	**33,946**	**100%**	**2,580**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	310	96%	17,792	57%	392
Clients with drug abuse only	246	76%	5,254	17%	116
Clients with alcohol abuse only	272	84%	8,120	26%	179
Total[2]	**324**		**31,166**	**100%**	**687**

[1] Facilities may be included in more than one category.

[2] Excludes 17 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**301**	**88%**	**32,110**	**95%**	**74**	**2,279**	**88%**
Regular outpatient	294	86%	21,568	64%	50		
Intensive outpatient	254	75%	6,923	20%	18		
Day treatment/partial hospitalization	32	9%	338	1%	1		
Detoxification	26	8%	49	<1%	–		
Methadone/LAAM maintenance	13	4%	3,232	10%	325		
Residential	**56**	**16%**	**1,646**	**5%**	**24**	**279**	**11%**
Short term	24	7%	682	2%	27		
Long term	45	13%	865	3%	18		
Detoxification	12	4%	99	<1%	4		
Hospital Inpatient	**16**	**5%**	**190**	**1%**	**11**	**22**	**1%**
Rehabilitation	12	4%	126	<1%	10		
Detoxification	13	4%	64	<1%	2		
Total	**341**		**33,946**	**100%**	**69**	**2,580**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	7	64%
Detoxification only	–	–
Both maintenance and detoxification	4	36%
Total	**11**	**100%**
Clients in Facilities with OTPs	3,207	
Methadone	3,145	
LAAM	62	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	318	93%
Private health insurance	286	84%
Medicare	91	27%
Medicaid	181	53%
Other State-financed health insurance	159	47%
Federal military insurance	101	30%
No payment accepted	5	2%
Other type of payment	7	2%
Sliding fee scale	218	64%
Treatment at no charge for clients who cannot pay	170	50%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	46	14
No. of clients	1,550	171
Designated beds	1,666	284
Utilization rate	93%	60%
Designated beds per facility (average)	36	20

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	332	97%
State Substance Abuse Agency	325	95%
State Mental Health Department	75	22%
State Public Health Department/Board of Health	155	46%
Hospital licensing authority	21	6%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	52	15%
CARF (Rehabilitation Accreditation Commission)	37	11%
NCQA (National Committee for Quality Assurance)	6	2%
COA (Council for Accreditation for Children and Family Services)	10	3%
Other State/Local Agency/Organization	48	14%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	206	60%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	221	65%

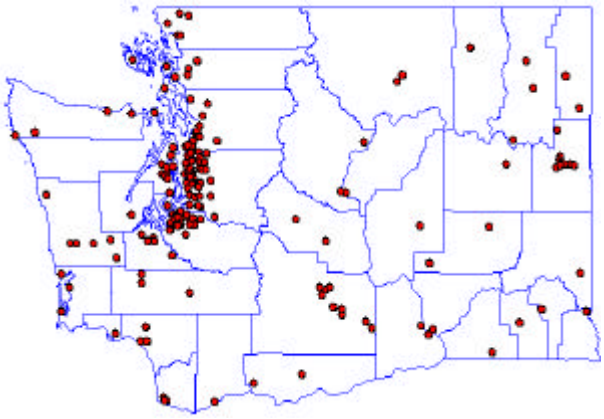
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	306	90%
Adolescents	131	38%
Dually-diagnosed	103	30%
Criminal justice clients	75	22%
Persons with HIV/AIDS	15	4%
Gays and lesbians	18	5%
Seniors/older adults	26	8%
Pregnant/postpartum women	55	16%
Women only	116	34%
Men only	76	22%
DUI/DWI offenders	183	54%
Other groups	69	20%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**324**	**95%**
Comprehensive substance abuse assessment/diagnosis	323	95%
Comprehensive mental health assessment/diagnosis	89	26%
Substance Abuse Therapy and Counseling	**339**	**99%**
Family counseling	254	74%
Group therapy	326	96%
Individual therapy	335	98%
Relapse prevention groups	310	91%
Aftercare counseling	297	87%
Pharmacotherapies	**68**	**20%**
Antabuse	62	18%
Naltrexone	32	9%
Buprenorphine	17	5%
Testing	**319**	**94%**
Breathalyzer or other blood alcohol testing	157	46%
Drug/alcohol urine screening	312	91%
Screening for Hepatitis B	51	15%
Screening for Hepatitis C	49	14%
HIV testing	51	15%
STD testing	38	11%
TB screening	131	38%
Transitional Services	**314**	**92%**
Assistance with obtaining social services	181	53%
Discharge planning	306	90%
Employment counseling/training	111	33%
Housing assistance	155	45%
Other Services	**298**	**87%**
Case management services	246	72%
Child care	34	10%
Domestic violence or family/partner violence services	84	25%
HIV/AIDS education/counseling/support	167	49%
Outcome follow-up after discharge	160	47%
Transportation assistance to treatment	112	33%
Acupuncture	26	8%
Residential beds for clients' children	12	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	122	36%
Any language other than English	129	38%
Spanish	106	31%
American Indian/Alaska Native languages	11	3%
Other	61	18%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov