State Profile - Virginia

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Virginia**, 205 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 20,521 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Virginia** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	66	32%	4,185	20%	449	20%
Private for-profit	40	20%	3,350	16%	195	9%
Local government	76	37%	10,962	53%	1,602	71%
State government	14	7%	1,176	6%	25	<1%
Federal government	9	4%	848	4%	–	–
Dept. of Veterans Affairs	3	2%	365	2%	–	–
Dept. of Defense	6	3%	483	2%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**205**	**100%**	**20,521**	**100%**	**2,271**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	82	40%	11,283	55%	920	41%
Mental health services	28	14%	919	5%	130	6%
Mix of mental health & substance abuse treatment services	93	45%	8,216	40%	1,221	54%
General health care	2	1%	103	1%	–	–
Other/unknown	–	–	–	–	–	–
Total	**205**	**100%**	**20,521**	**100%**	**2,271**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	168	94%	8,858	49%	162
Clients with drug abuse only	147	82%	5,177	29%	95
Clients with alcohol abuse only	152	85%	4,067	22%	74
Total[2]	**179**		**18,102**	**100%**	**331**

[1] Facilities may be included in more than one category.

[2] Excludes 26 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**175**	**85%**	**19,387**	**94%**	**60**	**2,128**	**94%**
Regular outpatient	154	75%	13,695	67%	50		
Intensive outpatient	78	38%	1,839	9%	17		
Day treatment/partial hospitalization	31	15%	897	4%	5		
Detoxification	29	14%	196	1%	1		
Methadone/LAAM maintenance	15	7%	2,660	13%	120		
Residential	**39**	**19%**	**1,056**	**5%**	**18**	**141**	**6%**
Short term	21	10%	338	2%	12		
Long term	27	13%	580	3%	11		
Detoxification	13	6%	138	1%	9		
Hospital Inpatient	**25**	**12%**	**178**	**1%**	**5**	**2**	**<1%**
Rehabilitation	14	7%	90	<1%	4		
Detoxification	24	12%	88	<1%	3		
Total	**205**		**20,521**	**100%**	**40**	**2,271**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	3	17%
Detoxification only	4	22%
Both maintenance and detoxification	11	61%
Total	**18**	**100%**
Clients in Facilities with OTPs	2,843	
Methadone	2,821	
LAAM	22	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	193	94%
Private health insurance	163	80%
Medicare	105	51%
Medicaid	72	35%
Other State-financed health insurance	79	39%
Federal military insurance	120	59%
No payment accepted	2	1%
Other type of payment	8	4%
Sliding fee scale	126	62%
Treatment at no charge for clients who cannot pay	87	42%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	29	10
No. of clients	670	84
Designated beds	824	101
Utilization rate	81%	83%
Designated beds per facility (average)	28	10

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	190	93%
State Substance Abuse Agency	158	77%
State Mental Health Department	154	75%
State Public Health Department/Board of Health	41	20%
Hospital licensing authority	29	14%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	54	26%
CARF (Rehabilitation Accreditation Commission)	32	16%
NCQA (National Committee for Quality Assurance)	4	2%
COA (Council for Accreditation for Children and Family Services)	1	1%
Other State/Local Agency/Organization	21	10%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	123	60%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	140	68%

Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	161	79%
Adolescents	68	33%
Dually-diagnosed	84	41%
Criminal justice clients	57	28%
Persons with HIV/AIDS	31	15%
Gays and lesbians	10	5%
Seniors/older adults	15	7%
Pregnant/postpartum women	32	16%
Women only	79	39%
Men only	44	22%
DUI/DWI offenders	64	31%
Other groups	26	13%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**195**	**95%**
Comprehensive substance abuse assessment/diagnosis	191	93%
Comprehensive mental health assessment/diagnosis	135	66%
Substance Abuse Therapy and Counseling	**204**	**100%**
Family counseling	166	81%
Group therapy	187	91%
Individual therapy	193	94%
Relapse prevention groups	154	75%
Aftercare counseling	169	82%
Pharmacotherapies	**61**	**30%**
Antabuse	54	26%
Naltrexone	30	15%
Buprenorphine	21	10%
Testing	**194**	**95%**
Breathalyzer or other blood alcohol testing	169	82%
Drug/alcohol urine screening	179	87%
Screening for Hepatitis B	62	30%
Screening for Hepatitis C	60	29%
HIV testing	84	41%
STD testing	58	28%
TB screening	79	39%
Transitional Services	**188**	**92%**
Assistance with obtaining social services	115	56%
Discharge planning	181	88%
Employment counseling/training	64	31%
Housing assistance	85	41%
Other Services	**187**	**91%**
Case management services	155	76%
Child care	8	4%
Domestic violence or family/partner violence services	78	38%
HIV/AIDS education/counseling/support	115	56%
Outcome follow-up after discharge	108	53%
Transportation assistance to treatment	72	35%
Acupuncture	35	17%
Residential beds for clients' children	5	2%

Location of Treatment Facilities

Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	72	35%
Any language other than English	54	26%
Spanish	47	23%
American Indian/Alaska Native languages	1	1%
Other	10	5%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

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