State Profile - Tennessee

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Tennessee,** 187 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 11,527clients in substance abuse treatment on March 31, 2003. The survey response rate in **Tennessee** was 97%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	145	78%	7,155	62%	767	91%
Private for-profit	29	16%	3,585	31%	63	8%
Local government	8	4%	203	2%	10	1%
State government	1	1%	197	2%	–	–
Federal government	4	2%	387	3%	–	–
Dept. of Veterans Affairs	4	2%	387	3%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**187**	**100%**	**11,527**	**100%**	**840**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	77	41%	5,252	46%	291	35%
Mental health services	61	33%	2,944	26%	304	36%
Mix of mental health & substance abuse treatment services	42	23%	2,631	23%	210	25%
General health care	3	2%	250	2%	–	–
Other/unknown	4	2%	450	4%	35	4%
Total	**187**	**100%**	**11,527**	**100%**	**840**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	160	98%	4,202	41%	97
Clients with drug abuse only	136	83%	4,347	42%	101
Clients with alcohol abuse only	137	84%	1,704	17%	39
Total[2]	**164**		**10,253**	**100%**	**237**

[1] Facilities may be included in more than one category.

[2] Excludes 23 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**156**	**83%**	**9,788**	**85%**	**22**	**691**	**82%**
Regular outpatient	124	66%	5,433	47%	18		
Intensive outpatient	72	39%	1,242	11%	12		
Day treatment/partial hospitalization	32	17%	219	2%	7		
Detoxification	13	7%	74	1%	2		
Methadone/LAAM maintenance	6	3%	2,820	25%	369		
Residential	**53**	**28%**	**1,377**	**12%**	**21**	**132**	**16%**
Short term	28	15%	536	5%	15		
Long term	43	23%	777	7%	14		
Detoxification	17	9%	64	1%	2		
Hospital Inpatient	**20**	11%	362	3%	15	**17**	**2%**
Rehabilitation	15	8%	218	2%	10		
Detoxification	19	10%	144	1%	6		
Total	**187**		**11,527**	**100%**	**24**	**840**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	–	–
Both maintenance and detoxification	6	100%
Total	**6**	**100%**
Clients in Facilities with OTPs	2,508	
Methadone	2,505	
LAAM	3	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	171	91%
Private health insurance	136	73%
Medicare	95	51%
Medicaid	110	59%
Other State-financed health insurance	104	56%
Federal military insurance	91	49%
No payment accepted	11	6%
Other type of payment	14	8%
Sliding fee scale	82	44%
Treatment at no charge for clients who cannot pay	105	56%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	41	14
No. of clients	1,115	240
Designated beds	1,211	284
Utilization rate	92%	85%
Designated beds per facility (average)	30	20

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	178	95%
State Substance Abuse Agency	101	54%
State Mental Health Department	105	56%
State Public Health Department/Board of Health	123	66%
Hospital licensing authority	16	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	65	35%
CARF (Rehabilitation Accreditation Commission)	22	12%
NCQA (National Committee for Quality Assurance)	6	3%
COA (Council for Accreditation for Children and Family Services)	4	2%
Other State/Local Agency/Organization	24	13%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	122	65%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	128	68%

Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	132	71%
Adolescents	46	25%
Dually-diagnosed	59	32%
Criminal justice clients	23	12%
Persons with HIV/AIDS	12	6%
Gays and lesbians	7	4%
Seniors/older adults	12	6%
Pregnant/postpartum women	9	5%
Women only	41	22%
Men only	30	16%
DUI/DWI offenders	36	19%
Other groups	25	13%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**182**	**97%**
Comprehensive substance abuse assessment/diagnosis	174	93%
Comprehensive mental health assessment/diagnosis	112	60%
Substance Abuse Therapy and Counseling	**185**	**99%**
Family counseling	161	86%
Group therapy	153	82%
Individual therapy	172	92%
Relapse prevention groups	122	65%
Aftercare counseling	157	84%
Pharmacotherapies	**34**	**18%**
Antabuse	27	14%
Naltrexone	19	10%
Buprenorphine	14	7%
Testing	**142**	**76%**
Breathalyzer or other blood alcohol testing	67	36%
Drug/alcohol urine screening	134	72%
Screening for Hepatitis B	45	24%
Screening for Hepatitis C	48	26%
HIV testing	49	26%
STD testing	47	25%
TB screening	96	51%
Transitional Services	**179**	**96%**
Assistance with obtaining social services	121	65%
Discharge planning	159	85%
Employment counseling/training	95	51%
Housing assistance	118	63%
Other Services	**174**	**93%**
Case management services	140	75%
Child care	9	5%
Domestic violence or family/partner violence services	73	39%
HIV/AIDS education/counseling/support	99	53%
Outcome follow-up after discharge	104	56%
Transportation assistance to treatment	54	29%
Acupuncture	6	3%
Residential beds for clients' children	9	5%

Location of Treatment Facilities

Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	78	42%
Any language other than English	67	36%
Spanish	64	34%
American Indian/Alaska Native languages	3	2%
Other	10	5%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

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