State Profile - Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Texas,** 556 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 35,046 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Texas** was 94%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	299	54%	14,574	42%	2,311	56%
Private for-profit	197	35%	14,498	41%	1,176	28%
Local government	23	4%	2,635	8%	546	13%
State government	15	3%	616	2%	114	3%
Federal government	21	4%	2,700	8%	2	<1
Dept. of Veterans Affairs	9	2%	1,910	5%	–	–
Dept. of Defense	11	2%	620	2%	2	<1%
Indian Health Service	–	–	–	–	–	–
Other	1	<1%	170	1%	–	–
Tribal government	1	<1%	23	<1%	9	<1%
Total	**556**	**100%**	**35,046**	**100%**	**4,158**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	390	70%	27,607	79%	3,168	76%
Mental health services	36	7%	601	2%	144	4%
Mix of mental health & substance abuse treatment services	106	19%	5,074	15%	753	18%
General health care	12	2%	1,351	4%	3	<1%
Other/unknown	12	2%	413	1%	90	2%
Total	**556**	**100%**	**35,046**	**100%**	**4,158**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	442	90%	14,760	48%	90
Clients with drug abuse only	379	77%	11,610	38%	71
Clients with alcohol abuse only	351	71%	4,387	14%	27
Total[2]	**494**		**30,757**	**100%**	**188**

[1] Facilities may be included in more than one category.

[2] Excludes 62 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**452**	**81%**	**28,357**	**81%**	**32**	**3,189**	**77%**
Regular outpatient	385	69%	14,567	42%	15		
Intensive outpatient	262	47%	4,519	13%	10		
Day treatment/partial hospitalization	94	17%	855	2%	4		
Detoxification	63	11%	185	1%	–		
Methadone/LAAM maintenance	64	12%	8,331	24%	110		
Residential	**177**	**32%**	**5,761**	**16%**	**23**	**796**	**19%**
Short term	106	19%	1,652	5%	7		
Long term	153	28%	3,899	11%	16		
Detoxification	40	7%	210	1%	4		
Hospital Inpatient	**65**	12%	928	3%	6	**173**	**4%**
Rehabilitation	50	9%	551	2%	5		
Detoxification	60	11%	377	1%	4		
Total	**556**		**35,046**	**100%**	**34**	**4,158**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	30	46%
Detoxification only	1	2%
Both maintenance and detoxification	34	52%
Total	**65**	**100%**
Clients in Facilities with OTPs	8,904	
Methadone	8,793	
LAAM	111	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	486	87%
Private health insurance	340	61%
Medicare	125	23%
Medicaid	229	41%
Other State-financed health insurance	188	34%
Federal military insurance	170	31%
No payment accepted	27	5%
Other type of payment	16	3%
Sliding fee scale	312	56%
Treatment at no charge for clients who cannot pay	351	63%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	138	33
No. of clients	4,998	634
Designated beds	5,879	703
Utilization rate	85%	90%
Designated beds per facility (average)	43	21

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	528	95%
State Substance Abuse Agency	445	80%
State Mental Health Department	87	16%
State Public Health Department/Board of Health	128	23%
Hospital licensing authority	64	12%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	124	22%
CARF (Rehabilitation Accreditation Commission)	43	8%
NCQA (National Committee for Quality Assurance)	16	3%
COA (Council for Accreditation for Children and Family Services)	6	1%
Other State/Local Agency/Organization	73	13%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	242	44%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	329	59%

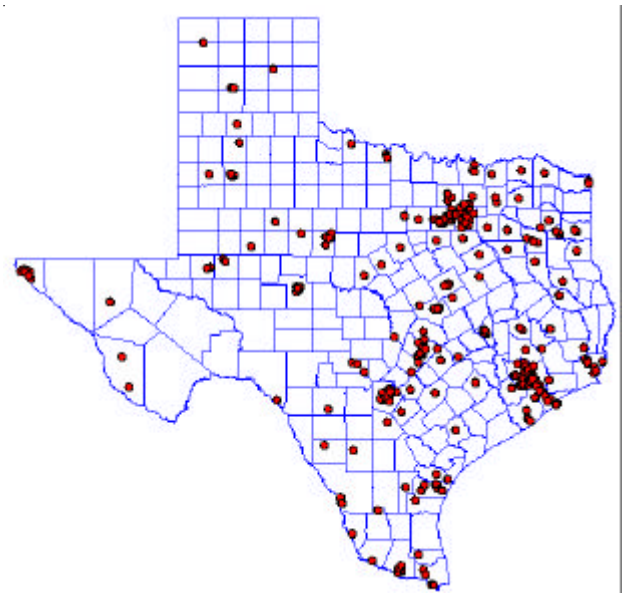
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	450	81%
Adolescents	169	30%
Dually-diagnosed	187	34%
Criminal justice clients	168	30%
Persons with HIV/AIDS	81	15%
Gays and lesbians	42	8%
Seniors/older adults	48	9%
Pregnant/postpartum women	103	19%
Women only	163	29%
Men only	127	23%
DUI/DWI offenders	83	15%
Other groups	57	10%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**533**	**96%**
Comprehensive substance abuse assessment/diagnosis	520	94%
Comprehensive mental health assessment/diagnosis	178	32%
Substance Abuse Therapy and Counseling	**549**	**99%**
Family counseling	435	78%
Group therapy	477	86%
Individual therapy	524	94%
Relapse prevention groups	430	77%
Aftercare counseling	422	76%
Pharmacotherapies	**70**	**13%**
Antabuse	49	9%
Naltrexone	46	8%
Buprenorphine	24	4%
Testing	**463**	**83%**
Breathalyzer or other blood alcohol testing	195	35%
Drug/alcohol urine screening	440	79%
Screening for Hepatitis B	168	30%
Screening for Hepatitis C	182	33%
HIV testing	255	46%
STD testing	189	34%
TB screening	218	39%
Transitional Services	**513**	**92%**
Assistance with obtaining social services	272	49%
Discharge planning	494	89%
Employment counseling/training	208	37%
Housing assistance	217	39%
Other Services	**518**	**93%**
Case management services	421	76%
Child care	32	6%
Domestic violence or family/partner violence services	132	24%
HIV/AIDS education/counseling/support	385	69%
Outcome follow-up after discharge	425	76%
Transportation assistance to treatment	174	31%
Acupuncture	20	4%
Residential beds for clients' children	23	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	145	26%
Any language other than English	326	59%
Spanish	324	58%
American Indian/Alaska Native languages	10	2%
Other	31	6%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov