State Profile - Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Vermont,** 37 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 2,947 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Vermont** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	32	87%	2,769	94%	621	98%
Private for-profit	2	5%	110	4%	11	2%
Local government	1	3%	20	1%	–	–
State government	–	–	–	–	–	–
Federal government	2	5%	48	2%	–	–
Dept. of Veterans Affairs	2	5%	48	2%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**37**	**100%**	**2,947**	**100%**	**632**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	17	46%	1,378	47%	235	37%
Mental health services	2	5%	84	3%	27	3%
Mix of mental health & substance abuse treatment services	16	2343%	1,425	48%	372	59%
General health care	1	3%	36	1%	–	–
Other/unknown	1	3%	24	1%	8	1%
Total	**37**	**100%**	**2,947**	**100%**	**632**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	33	97%	1,252	54%	273
Clients with drug abuse only	29	85%	382	17%	83
Clients with alcohol abuse only	30	88%	681	29%	149
Total[2]	**34**		**2,315**	**100%**	**505**

[1] Facilities may be included in more than one category.

[2] Excludes 3facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**34**	**92%**	**2,804**	**95%**	**44**	**625**	**99%**
Regular outpatient	32	86%	2,485	84%	40		
Intensive outpatient	17	46%	182	6%	8		
Day treatment/partial hospitalization	6	16%	32	1%	5		
Detoxification	4	11%	5	<1%	–		
Methadone/LAAM maintenance	1	3%	100	3%	100		
Residential	**7**	**19%**	**114**	**4%**	**17**	**6**	**1%**
Short term	5	14%	61	2%	12		
Long term	3	8%	37	1%	14		
Detoxification	4	11%	16	1%	3		
Hospital Inpatient	**3**	8%	29	1%	6	1	<1%
Rehabilitation	2	5%	14	1%	7		
Detoxification	3	8%	15	1%	4		
Total	**37**		**2,947**	**100%**	**42**	**632**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	1	50%
Both maintenance and detoxification	1	50%
Total	**2**	**100%**
Clients in Facilities with OTPs	109	
Methadone	109	
LAAM	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	34	92%
Private health insurance	33	89%
Medicare	20	54%
Medicaid	33	89%
Other State-financed health insurance	23	62%
Federal military insurance	19	51%
No payment accepted	–	–
Other type of payment	1	3%
Sliding fee scale	31	84%
Treatment at no charge for clients who cannot pay	25	68%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	6	1
No. of clients	111	22
Designated beds	98	25
Utilization rate	113%	88%
Designated beds per facility (average)	16	25

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	36	97%
State Substance Abuse Agency	32	87%
State Mental Health Department	14	38%
State Public Health Department/Board of Health	11	30%
Hospital licensing authority	5	14%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	6	16%
CARF (Rehabilitation Accreditation Commission)	18	49%
NCQA (National Committee for Quality Assurance)	1	3%
COA (Council for Accreditation for Children and Family Services)	–	–
Other State/Local Agency/Organization	4	11%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	30	81%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	32	87%

Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	33	89%
Adolescents	17	46%
Dually-diagnosed	17	46%
Criminal justice clients	10	27%
Persons with HIV/AIDS	3	8%
Gays and lesbians	–	–
Seniors/older adults	4	11%
Pregnant/postpartum women	10	27%
Women only	21	57%
Men only	12	32%
DUI/DWI offenders	17	46%
Other groups	6	16%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**36**	**97%**
Comprehensive substance abuse assessment/diagnosis	35	95%
Comprehensive mental health assessment/diagnosis	19	51%
Substance Abuse Therapy and Counseling	**37**	**100%**
Family counseling	28	76%
Group therapy	32	86%
Individual therapy	34	92%
Relapse prevention groups	34	92%
Aftercare counseling	33	89%
Pharmacotherapies	**15**	**41%**
Antabuse	12	32%
Naltrexone	12	32%
Buprenorphine	7	19%
Testing	**35**	**95%**
Breathalyzer or other blood alcohol testing	30	81%
Drug/alcohol urine screening	31	84%
Screening for Hepatitis B	5	14%
Screening for Hepatitis C	5	14%
HIV testing	9	24%
STD testing	5	14%
TB screening	6	16%
Transitional Services	**36**	**97%**
Assistance with obtaining social services	31	84%
Discharge planning	34	92%
Employment counseling/training	17	46%
Housing assistance	21	57%
Other Services	**33**	**89%**
Case management services	29	78%
Child care	1	3%
Domestic violence or family/partner violence services	11	30%
HIV/AIDS education/counseling/support	18	49%
Outcome follow-up after discharge	22	59%
Transportation assistance to treatment	10	27%
Acupuncture	3	8%
Residential beds for clients' children	1	3%

Location of Treatment Facilities

Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	18	49%
Any language other than English	11	30%
Spanish	8	22%
American Indian/Alaska Native languages	1	3%
Other	9	24%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

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