State Profile - Alaska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Alaska,** 75 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 3,265 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Alaska** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	44	59%	1,924	59%	240	70%
Private for-profit	7	9%	335	10%	5	2%
Local government	6	8%	236	7%	8	2%
State government	–	–	–	–	–	–
Federal government	4	5%	194	6%	–	–
Dept. of Veterans Affairs	1	1%	85	3%	–	–
Dept. of Defense	3	4%	109	3%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	14	19%	576	18%	89	26%
Total	**75**	**100%**	**3,265**	**100%**	**342**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	43	57%	1,894	58%	196	57%
Mental health services	1	1%	5	<1%	5	2%
Mix of mental health & substance abuse treatment services	28	37%	1,319	40%	139	41%
General health care	2	3%	–	–	–	–
Other/unknown	1	1%	47	1%	2	1%
Total	**75**	**100%**	**3,265**	**100%**	**342**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	64	91%	1,605	55%	334
Clients with drug abuse only	39	56%	380	13%	79
Clients with alcohol abuse only	52	74%	938	32%	195
Total[2]	**70**		**2,923**	**100%**	**609**

[1] Facilities may be included in more than one category.

[2] Excludes 49 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**62**	**83%**	**2,776**	**85%**	**35**	**280**	**82%**
Regular outpatient	62	83%	2,002	61%	20		
Intensive outpatient	48	64%	542	17%	8		
Day treatment/partial hospitalization	18	24%	100	3%	2		
Detoxification	12	16%	42	1%	2		
Methadone/LAAM maintenance	2	3%	90	3%	45		
Residential	**31**	**41%**	**486**	**15%**	**13**	**62**	**18%**
Short term	18	24%	104	3%	6		
Long term	30	40%	317	10%	10		
Detoxification	13	17%	65	2%	3		
Hospital Inpatient	**3**	**4%**	**3**	**<1%**	–	–	–
Rehabilitation	1	1%	2	<1%	2		
Detoxification	3	4%	1	<1%	–		
Total	**75**		**3,265**	**100%**	**31**	**342**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	50%
Detoxification only	–	8%
Both maintenance and detoxification	2	42%
Total	**2**	**100%**
Clients in Facilities with OTPs	**101**	
Methadone	101	
LAAM	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	64	85%
Private health insurance	64	85%
Medicare	27	36%
Medicaid	54	72%
Other State-financed health insurance	44	58%
Federal military insurance	47	63%
No payment accepted	4	5%
Other type of payment	–	–
Sliding fee scale	54	72%
Treatment at no charge for clients who cannot pay	54	72%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	26	1
No. of clients	450	13
Designated beds	474	16
Utilization rate	95%	19%
Designated beds per facility (average)	18	16

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	70	93%
State Substance Abuse Agency	61	81%
State Mental Health Department	24	32%
State Public Health Department/Board of Health	11	15%
Hospital licensing authority	7	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	16	21%
CARF (Rehabilitation Accreditation Commission)	21	28%
NCQA (National Committee for Quality Assurance)	2	3%
COA (Council for Accreditation for Children and Family Services)	2	3%
Other State/Local Agency/Organization	8	11%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	21	28%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	57	76%

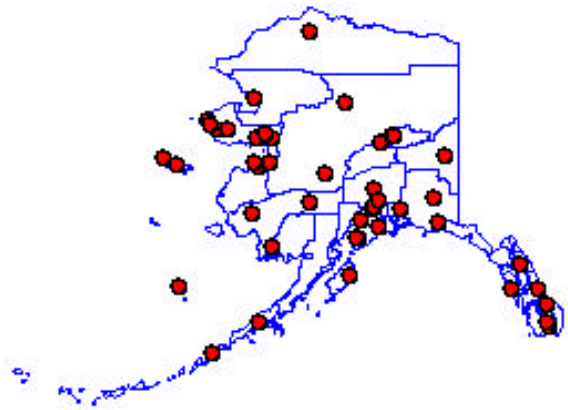
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	60	80%
Adolescents	28	37%
Dually-diagnosed	30	40%
Criminal justice clients	19	25%
Persons with HIV/AIDS	4	5%
Gays and lesbians	3	4%
Seniors/older adults	4	5%
Pregnant/postpartum women	10	13%
Women only	29	39%
Men only	22	29%
DUI/DWI offenders	37	50%
Other groups	11	15%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**72**	**96%**
Comprehensive substance abuse assessment/diagnosis	70	93%
Comprehensive mental health assessment/diagnosis	31	41%
Substance Abuse Therapy and Counseling	**73**	**97%**
Family counseling	65	87%
Group therapy	70	93%
Individual therapy	72	96%
Relapse prevention groups	65	87%
Aftercare counseling	69	92%
Pharmacotherapies	**23**	**31%**
Antabuse	14	19%
Naltrexone	17	23%
Buprenorphine	1	1%
Testing	**60**	**80%**
Breathalyzer or other blood alcohol testing	44	59%
Drug/alcohol urine screening	57	76%
Screening for Hepatitis B	24	32%
Screening for Hepatitis C	25	33%
HIV testing	22	29%
STD testing	23	31%
TB screening	29	39%
Transitional Services	**66**	**88%**
Assistance with obtaining social services	50	67%
Discharge planning	62	83%
Employment counseling/training	23	31%
Housing assistance	30	40%
Other Services	**67**	**89%**
Case management services	59	79%
Child care	9	12%
Domestic violence or family/partner violence services	31	41%
HIV/AIDS education/counseling/support	53	71%
Outcome follow-up after discharge	59	79%
Transportation assistance to treatment	27	36%
Acupuncture	–	–
Residential beds for clients' children	10	13%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	13	17%
Any language other than English	20	27%
Spanish	10	13%
American Indian/Alaska Native languages	14	19%
Other	4	5%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov