State Profile - District of Columbia

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **District of Columbia,** 54 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 5,152 clients in substance abuse treatment on March 31, 2003. The survey response rate in **District of Columbia** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	34	63%	3,562	69%	118	41%
Private for-profit	9	17%	417	8%	163	57%
Local government	5	9%	834	16%	–	–
State government	3	6%	106	2%	5	2
Federal government	3	6%	233	5%	–	–
Dept. of Veterans Affairs	2	4%	166	3%	–	–
Dept. of Defense	1	2%	67	1%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**54**	**100%**	**5,152**	**100%**	**286**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	33	61%	3,788	74%	11	4%
Mental health services	2	4%	70	1%	70	25%
Mix of mental health & substance abuse treatment services	16	30%	907	18%	190	66%
General health care	3	6%	387	8%	15	5%
Other/unknown	–	–	–	–	–	–
Total	**54**	**100%**	**5,152**	**100%**	**286**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	48	94%	1,426	29%	342
Clients with drug abuse only	41	80%	2,777	57%	666
Clients with alcohol abuse only	36	71%	663	14%	159
Total[2]	**51**		**4,866**	**100%**	**1,167**

[1] Facilities may be included in more than one category.

[2] Excludes 3 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**41**	**76%**	**4,488**	**87%**	**66**	**130**	**46%**
Regular outpatient	36	67%	1,381	27%	13		
Intensive outpatient	26	48%	673	13%	12		
Day treatment/partial hospitalization	13	24%	244	5%	1		
Detoxification	13	24%	31	1%	–		
Methadone/LAAM maintenance	9	17%	2,159	42%	368		
Residential	**15**	**28%**	**523**	**10%**	**32**	**56**	**20%**
Short term	7	13%	47	1%	7		
Long term	13	24%	390	8%	32		
Detoxification	3	6%	86	2%	6		
Hospital Inpatient	**9**	**17%**	**141**	**3%**	**8**	**100**	**35%**
Rehabilitation	5	9%	123	2%	25		
Detoxification	9	17%	18	<1%	1		
Total	**54**		**5,152**	**100%**	**49**	**286**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	3	27%
Detoxification only	3	27%
Both maintenance and detoxification	5	46%
Total	**11**	**100%**
Clients in Facilities with OTPs	**2,186**	
Methadone	2,186	
LAAM	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	29	54%
Private health insurance	26	48%
Medicare	17	32%
Medicaid	20	37%
Other State-financed health insurance	13	24%
Federal military insurance	12	22%
No payment accepted	13	24%
Other type of payment	5	9%
Sliding fee scale	17	32%
Treatment at no charge for clients who cannot pay	36	67%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	14	4
No. of clients	523	86
Designated beds	523	86
Utilization rate	100%	100%
Designated beds per facility (average)	37	22

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	47	87%
State Substance Abuse Agency	28	52%
State Mental Health Department	14	26%
State Public Health Department/Board of Health	24	44%
Hospital licensing authority	10	19%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	14	26%
CARF (Rehabilitation Accreditation Commission)	13	24%
NCQA (National Committee for Quality Assurance)	2	4%
COA (Council for Accreditation for Children and Family Services)	–	–
Other State/Local Agency/Organization	5	9%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	18	33%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	36	67%

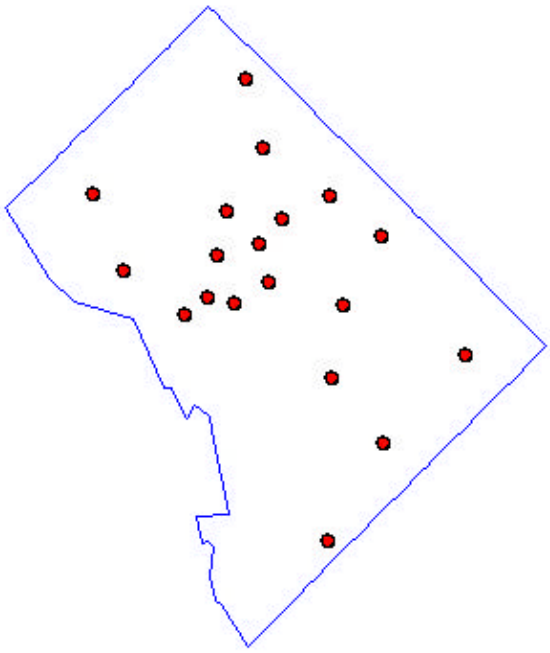
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	42	78%
Adolescents	10	19%
Dually-diagnosed	21	39%
Criminal justice clients	16	30%
Persons with HIV/AIDS	16	30%
Gays and lesbians	7	13%
Seniors/older adults	5	9%
Pregnant/postpartum women	5	9%
Women only	20	37%
Men only	18	33%
DUI/DWI offenders	9	17%
Other groups	10	19%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**49**	**91%**
Comprehensive substance abuse assessment/diagnosis	48	89%
Comprehensive mental health assessment/diagnosis	27	50%
Substance Abuse Therapy and Counseling	**52**	**96%**
Family counseling	36	67%
Group therapy	52	96%
Individual therapy	49	91%
Relapse prevention groups	48	89%
Aftercare counseling	38	70%
Pharmacotherapies	**9**	**17%**
Antabuse	8	15%
Naltrexone	6	11%
Buprenorphine	3	6%
Testing	**50**	**93%**
Breathalyzer or other blood alcohol testing	44	81%
Drug/alcohol urine screening	47	87%
Screening for Hepatitis B	22	41%
Screening for Hepatitis C	22	41%
HIV testing	31	57%
STD testing	23	43%
TB screening	31	57%
Transitional Services	**49**	**91%**
Assistance with obtaining social services	38	70%
Discharge planning	45	83%
Employment counseling/training	26	48%
Housing assistance	33	61%
Other Services	**49**	**91%**
Case management services	42	78%
Child care	5	9%
Domestic violence or family/partner violence services	17	31%
HIV/AIDS education/counseling/support	42	78%
Outcome follow-up after discharge	28	52%
Transportation assistance to treatment	23	43%
Acupuncture	1	2%
Residential beds for clients' children	2	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	12	22%
Any language other than English	22	41%
Spanish	21	39%
American Indian/Alaska Native languages	1	2%
Other	6	11%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov