State Profile - North Carolina

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **North Carolina**, 288 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 28,870 clients in substance abuse treatment on March 31, 2003. The survey response rate in **North Carolina** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	100	35%	7,349	26%	519	18%
Private for-profit	83	29%	4,914	17%	212	7%
Local government	71	25%	11,542	40%	1,806	62%
State government	24	8%	4,526	16%	385	13%
Federal government	9	3%	361	1%	15	1%
Dept. of Veterans Affairs	3	1%	125	<1%	–	–
Dept. of Defense	5	2%	226	1%	5	<1%
Indian Health Service	1	<1%	10	<1%	10	<1%
Other	–	–	–	–	–	–
Tribal government	1	<1%	178	1%	–	–
Total	**288**	**100%**	**28,870**	**100%**	**2,937**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	159	55%	15,493	54%	1,203	41%
Mental health services	12	4%	220	1%	37	1%
Mix of mental health & substance abuse treatment services	111	39%	13,028	45%	1,697	58%
General health care	2	1%	32	<1%	–	–
Other/unknown	4	1%	97	<1%	–	–
Total	**288**	**100%**	**28,870**	**100%**	**2,937**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	247	93%	11,670	46%	188
Clients with drug abuse only	214	81%	6,798	27%	109
Clients with alcohol abuse only	231	87%	6,744	27%	108
Total[2]	**265**		**25,212**	**100%**	**405**

[1] Facilities may be included in more than one category.

[2] Excludes 23 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**236**	**82%**	**27,052**	**94%**	**50**	**2,853**	**97%**
Regular outpatient	223	77%	19,323	67%	38		
Intensive outpatient	144	50%	2,915	10%	10		
Day treatment/partial hospitalization	40	14%	379	1%	2		
Detoxification	42	15%	241	1%	–		
Methadone/LAAM maintenance	20	7%	4,194	15%	164		
Residential	**66**	**23%**	**1,494**	**5%**	**10**	**83**	**3%**
Short term	28	10%	421	2%	9		
Long term	44	15%	935	3%	10		
Detoxification	19	7%	138	1%	5		
Hospital Inpatient	**26**	9%	324	1%	7	**1**	**<1%**
Rehabilitation	16	7%	184	1%	4		
Detoxification	23	8%	140	1%	4		
Total	**288**		**28,870**	**100%**	**40**	**2,937**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	3	15%
Detoxification only	2	10%
Both maintenance and detoxification	15	75%
Total	**20**	**100%**
Clients in Facilities with OTPs	**4,219**	
Methadone	4,218	
LAAM	1	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	266	92%
Private health insurance	204	71%
Medicare	132	46%
Medicaid	159	55%
Other State-financed health insurance	124	43%
Federal military insurance	127	44%
No payment accepted	8	3%
Other type of payment	8	3%
Sliding fee scale	162	56%
Treatment at no charge for clients who cannot pay	129	45%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	63	16
No. of clients	1,444	280
Designated beds	1,538	500
Utilization rate	94%	56%
Designated beds per facility (average)	24	31

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	277	96%
State Substance Abuse Agency	210	73%
State Mental Health Department	163	57%
State Public Health Department/Board of Health	38	13%
Hospital licensing authority	24	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	50	17%
CARF (Rehabilitation Accreditation Commission)	24	8%
NCQA (National Committee for Quality Assurance)	6	2%
COA (Council for Accreditation for Children and Family Services)	99	34%
Other State/Local Agency/Organization	64	22%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	131	46%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	158	55%

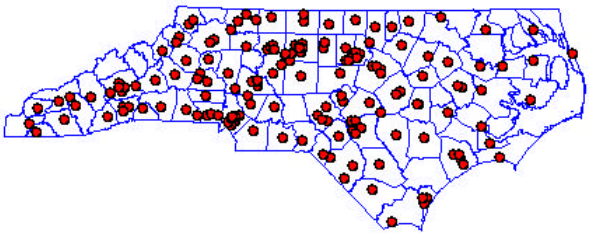
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	255	89%
Adolescents	92	32%
Dually-diagnosed	105	37%
Criminal justice clients	79	27%
Persons with HIV/AIDS	21	7%
Gays and lesbians	7	2%
Seniors/older adults	25	9%
Pregnant/postpartum women	51	18%
Women only	109	38%
Men only	72	25%
DUI/DWI offenders	169	59%
Other groups	39	14%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**270**	**94%**
Comprehensive substance abuse assessment/diagnosis	264	92%
Comprehensive mental health assessment/diagnosis	134	47%
Substance Abuse Therapy and Counseling	**282**	**98%**
Family counseling	217	75%
Group therapy	263	91%
Individual therapy	266	92%
Relapse prevention groups	220	76%
Aftercare counseling	235	82%
Pharmacotherapies	**70**	**24%**
Antabuse	61	21%
Naltrexone	30	10%
Buprenorphine	11	4%
Testing	**250**	**87%**
Breathalyzer or other blood alcohol testing	189	66%
Drug/alcohol urine screening	225	78%
Screening for Hepatitis B	55	19%
Screening for Hepatitis C	56	19%
HIV testing	54	19%
STD testing	49	17%
TB screening	97	34%
Transitional Services	**245**	**85%**
Assistance with obtaining social services	136	47%
Discharge planning	240	83%
Employment counseling/training	74	26%
Housing assistance	108	38%
Other Services	**254**	**88%**
Case management services	205	71%
Child care	27	9%
Domestic violence or family/partner violence services	104	36%
HIV/AIDS education/counseling/support	123	43%
Outcome follow-up after discharge	148	51%
Transportation assistance to treatment	100	35%
Acupuncture	3	1%
Residential beds for clients' children	13	5%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	102	35%
Any language other than English	148	51%
Spanish	144	50%
American Indian/Alaska Native languages	4	1%
Other	22	8%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov