State Profile - New Hampshire

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **New Hampshire,** 62 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 2,913 clients in substance abuse treatment on March 31, 2003. The survey response rate in **New Hampshire** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	49	79%	2,249	77%	395	84%
Private for-profit	10	16%	602	21%	47	10%
Local government	1	2%	33	1%	29	6%
State government	2	3%	29	1%	1	<1%
Federal government	–	–	–	–	–	–
Dept. of Veterans Affairs	–	–	–	–	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	–	–	–	–	–	–
Total	**62**	**100%**	**2,913**	**100%**	**472**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	26	42%	977	34%	53	11%
Mental health services	23	37%	1,532	53%	282	60%
Mix of mental health & substance abuse treatment services	11	18%	342	12%	122	26%
General health care	1	2%	11	<1%	–	–
Other/unknown	1	2%	51	2%	15	3%
Total	**62**	**100%**	**2,913**	**100%**	**472**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	51	94%	1,024	42%	107
Clients with drug abuse only	45	83%	671	27%	70
Clients with alcohol abuse only	45	83%	746	31%	78
Total[2]	**54**		**2,441**	**100%**	**256**

[1] Facilities may be included in more than one category.

[2] Excludes 8 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**47**	**76%**	**2,592**	**89%**	**32**	**409**	**87%**
Regular outpatient	44	71%	2,146	74%	28		
Intensive outpatient	7	11%	66	2%	9		
Day treatment/partial hospitalization	2	3%	2	<1%	1		
Detoxification	8	13%	147	5%	1		
Methadone/LAAM maintenance	2	3%	231	8%	116		
Residential	**17**	**27%**	**277**	**10%**	**15**	**59**	**13%**
Short term	7	11%	64	2%	11		
Long term	10	16%	155	5%	12		
Detoxification	9	15%	58	2%	7		
Hospital Inpatient	**6**	10%	44	2%	7	**4**	**1%**
Rehabilitation	1	2%	15	1%	15		
Detoxification	5	8%	29	1%	5		
Total	**62**		**2,913**	**100%**	**21**	**472**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	1	33%
Both maintenance and detoxification	2	67%
Total	**3**	**100%**
Clients in Facilities with OTPs	**376**	
Methadone	375	
LAAM	1	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	57	92%
Private health insurance	45	73%
Medicare	31	50%
Medicaid	42	68%
Other State-financed health insurance	20	32%
Federal military insurance	27	44%
No payment accepted	4	7%
Other type of payment	–	–
Sliding fee scale	39	63%
Treatment at no charge for clients who cannot pay	43	69%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	14	–
No. of clients	225	–
Designated beds	254	–
Utilization rate	89%	–
Designated beds per facility (average)	18	–

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	52	84%
State Substance Abuse Agency	36	58%
State Mental Health Department	22	36%
State Public Health Department/Board of Health	20	32%
Hospital licensing authority	8	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	7	11%
CARF (Rehabilitation Accreditation Commission)	8	13%
NCQA (National Committee for Quality Assurance)	2	3%
COA (Council for Accreditation for Children and Family Services)	2	3%
Other State/Local Agency/Organization	11	18%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	35	57%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	41	66%

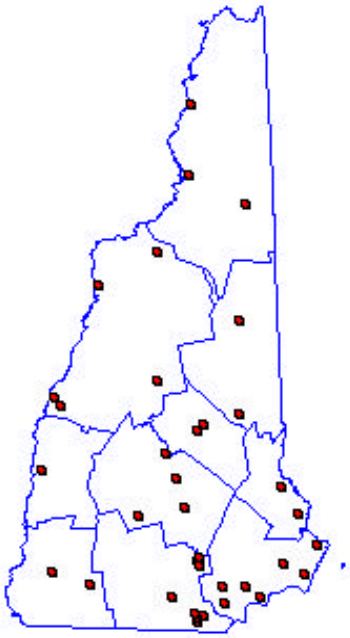
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	38	61%
Adolescents	12	19%
Dually-diagnosed	18	29%
Criminal justice clients	4	7%
Persons with HIV/AIDS	1	2%
Gays and lesbians	1	2%
Seniors/older adults	5	8%
Pregnant/postpartum women	5	8%
Women only	10	16%
Men only	8	13%
DUI/DWI offenders	9	15%
Other groups	9	15%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**57**	**92%**
Comprehensive substance abuse assessment/diagnosis	51	82%
Comprehensive mental health assessment/diagnosis	33	53%
Substance Abuse Therapy and Counseling	**59**	**95%**
Family counseling	39	63%
Group therapy	38	61%
Individual therapy	54	87%
Relapse prevention groups	35	56%
Aftercare counseling	43	69%
Pharmacotherapies	**12**	**19%**
Antabuse	9	15%
Naltrexone	12	19%
Buprenorphine	4	6%
Testing	**34**	**55%**
Breathalyzer or other blood alcohol testing	19	31%
Drug/alcohol urine screening	32	52%
Screening for Hepatitis B	15	24%
Screening for Hepatitis C	16	26%
HIV testing	15	24%
STD testing	14	23%
TB screening	17	27%
Transitional Services	**49**	**79%**
Assistance with obtaining social services	39	63%
Discharge planning	41	66%
Employment counseling/training	15	24%
Housing assistance	22	35%
Other Services	**52**	**84%**
Case management services	43	69%
Child care	3	5%
Domestic violence or family/partner violence services	19	31%
HIV/AIDS education/counseling/support	29	47%
Outcome follow-up after discharge	19	31%
Transportation assistance to treatment	12	19%
Acupuncture	–	–
Residential beds for clients' children	1	2%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	7	11%
Any language other than English	9	15%
Spanish	8	13%
American Indian/Alaska Native languages	–	–
Other	6	10%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov