State Profile - Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Maine,** 189 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 7,063 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Maine** was 92%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	101	53%	4,008	57%	554	70%
Private for-profit	76	40%	2,615	37%	219	28%
Local government	2	1%	52	1%	–	–
State government	1	1%	–	–	–	–
Federal government	5	3%	199	3%	–	–
Dept. of Veterans Affairs	4	2%	184	3%	–	–
Dept. of Defense	1	1%	15	<1%	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	4	2%	189	3%	20	3%
Total	**189**	**100%**	**7,063**	**100%**	**793**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	82	43%	3,774	53%	424	54%
Mental health services	16	9%	620	9%	32	4%
Mix of mental health & substance abuse treatment services	80	42%	2,392	34%	270	34%
General health care	7	4%	117	2%	3	<1%
Other/unknown	4	2%	160	2%	64	8%
Total	**189**	**100%**	**7,063**	**100%**	**793**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	142	92%	2,503	43%	259
Clients with drug abuse only	101	66%	1,718	29%	178
Clients with alcohol abuse only	134	87%	1,635	28%	169
Total[2]	**154**		**5,856**	**100%**	**606**

[1] Facilities may be included in more than one category.

[2] Excludes 35 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**162**	**86%**	**6,587**	**93%**	**23**	**670**	**85%**
Regular outpatient	162	86%	4,839	69%	19		
Intensive outpatient	26	14%	251	4%	9		
Day treatment/partial hospitalization	8	4%	84	1%	3		
Detoxification	12	6%	18	<1%	–		
Methadone/LAAM maintenance	4	2%	1,395	20%	452		
Residential	**26**	**14%**	**349**	**5%**	**12**	**121**	**15%**
Short term	5	3%	34	1%	8		
Long term	24	13%	315	5%	12		
Detoxification	–	–	–	–	–		
Hospital Inpatient	**13**	**7%**	**127**	**2%**	**3**	2	<1%
Rehabilitation	9	5%	59	1%	1		
Detoxification	13	7%	68	1%	3		
Total	**189**		**7,063**	**100%**	**20**	**793**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	3	60%
Detoxification only	1	20%
Both maintenance and detoxification	1	20%
Total	**5**	**100%**
Clients in Facilities with OTPs	**1,398**	
Methadone	1,397	
LAAM	1	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	170	90%
Private health insurance	138	73%
Medicare	85	45%
Medicaid	165	87%
Other State-financed health insurance	77	41%
Federal military insurance	109	58%
No payment accepted	2	1%
Other type of payment	3	2%
Sliding fee scale	137	73%
Treatment at no charge for clients who cannot pay	101	53%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	20	4
No. of clients	236	83
Designated beds	259	64
Utilization rate	91%	130%
Designated beds per facility (average)	13	6

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	181	96%
State Substance Abuse Agency	167	88%
State Mental Health Department	96	51%
State Public Health Department/Board of Health	25	13%
Hospital licensing authority	15	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	38	20%
CARF (Rehabilitation Accreditation Commission)	3	2%
NCQA (National Committee for Quality Assurance)	–	–
COA (Council for Accreditation for Children and Family Services)	8	4%
Other State/Local Agency/Organization	16	9%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	96	51%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	111	59%

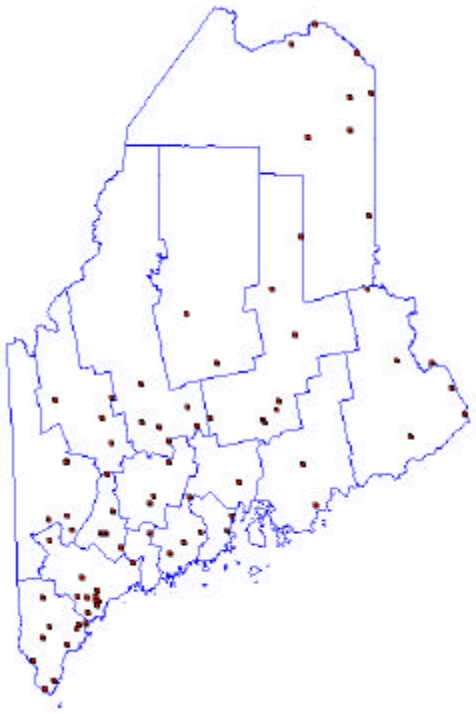
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	164	87%
Adolescents	60	32%
Dually-diagnosed	58	31%
Criminal justice clients	42	22%
Persons with HIV/AIDS	2	1%
Gays and lesbians	2	1%
Seniors/older adults	7	4%
Pregnant/postpartum women	10	5%
Women only	35	19%
Men only	34	18%
DUI/DWI offenders	99	52%
Other groups	11	6%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**187**	**99%**
Comprehensive substance abuse assessment/diagnosis	186	98%
Comprehensive mental health assessment/diagnosis	100	53%
Substance Abuse Therapy and Counseling	**188**	**99%**
Family counseling	140	74%
Group therapy	148	78%
Individual therapy	186	98%
Relapse prevention groups	93	49%
Aftercare counseling	131	69%
Pharmacotherapies	**30**	**16%**
Antabuse	21	11%
Naltrexone	23	12%
Buprenorphine	6	3%
Testing	**102**	**54%**
Breathalyzer or other blood alcohol testing	37	20%
Drug/alcohol urine screening	88	47%
Screening for Hepatitis B	27	14%
Screening for Hepatitis C	30	16%
HIV testing	43	23%
STD testing	25	13%
TB screening	29	15%
Transitional Services	**144**	**76%**
Assistance with obtaining social services	91	48%
Discharge planning	137	72%
Employment counseling/training	25	13%
Housing assistance	57	30%
Other Services	**117**	**62%**
Case management services	74	39%
Child care	4	2%
Domestic violence or family/partner violence services	36	19%
HIV/AIDS education/counseling/support	60	32%
Outcome follow-up after discharge	44	23%
Transportation assistance to treatment	44	23%
Acupuncture	3	2%
Residential beds for clients' children	4	2%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	78	41%
Any language other than English	64	34%
Spanish	23	12%
American Indian/Alaska Native languages	3	2%
Other	38	20%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov