State Profile - Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Massachusetts,** 330 substance abuse treatment facilities responded to the 2003 N-SSATS, reporting that there were 35,837 clients in substance abuse treatment on March 31, 2003. The survey response rate in **Massachusetts** was 94%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	258	78%	26,222	70%	1,411	82%
Private for-profit	54	16%	8,888	24%	313	18%
Local government	4	1%	595	2%	4	<1%
State government	7	2%	151	<1%	–	–
Federal government	7	2%	1,513	4%	–	–
Dept. of Veterans Affairs	5	2%	1,487	4%	–	–
Dept. of Defense	1	<1%	10	<1%	–	–
Indian Health Service	–	–	–	–	–	–
Other	1	<1%	16	<1%	–	–
Tribal government	–	–	–	–	–	–
Total	**330**	**100%**	**37,369**	**100%**	**1,728**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2003			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	177	54%	19,746	53%	681	39%
Mental health services	42	13%	3,959	11%	349	20%
Mix of mental health & substance abuse treatment services	95	29%	12,507	34%	609	35%
General health care	10	3%	399	1%	28	2%
Other/unknown	6	2%	758	2%	61	4%
Total	**330**	**100%**	**35,369**	**100%**	**1,728**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2003		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	307	97%	16,969	48%	356
Clients with drug abuse only	242	76%	12,143	34%	255
Clients with alcohol abuse only	252	80%	6,158	17%	129
Total[2]	**317**		**35,270**	**100%**	**741**

[1] Facilities may be included in more than one category.

[2] Excludes 13 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2003				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**209**	**63%**	**33,151**	**89%**	**89**	**1,621**	**94%**
Regular outpatient	195	59%	20,961	56%	50		
Intensive outpatient	59	18%	1,347	4%	7		
Day treatment/partial hospitalization	41	12%	475	1%	8		
Detoxification	45	14%	930	3%	5		
Methadone/LAAM maintenance	34	10%	9,438	25%	283		
Residential	**130**	**39%**	**3,544**	**10%**	**23**	**104**	**6%**
Short term	38	12%	757	2%	18		
Long term	100	30%	2,365	6%	20		
Detoxification	21	6%	422	1%	26		
Hospital Inpatient	**40**	12%	674	2%	12	**3**	**<1%**
Rehabilitation	32	10%	200	1%	2		
Detoxification	38	12%	474	1%	10		
Total	**330**		**37,369**	**100%**	**40**	**1,728**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	5	10%
Detoxification only	14	28%
Both maintenance and detoxification	32	63%
Total	**51**	**100%**
Clients in Facilities with OTPs	**10,082**	
Methadone	10,082	
LAAM	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	288	87%
Private health insurance	222	67%
Medicare	185	56%
Medicaid	218	66%
Other State-financed health insurance	138	42%
Federal military insurance	117	36%
No payment accepted	13	4%
Other type of payment	6	2%
Sliding fee scale	203	62%
Treatment at no charge for clients who cannot pay	215	65%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities[1]	124	24
No. of clients	3,320	500
Designated beds	3,400	519
Utilization rate	98%	96%
Designated beds per facility (average)	27	22

[1] Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	312	95%
State Substance Abuse Agency	244	74%
State Mental Health Department	93	28%
State Public Health Department/Board of Health	282	86%
Hospital licensing authority	49	15%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	99	30%
CARF (Rehabilitation Accreditation Commission)	43	13%
NCQA (National Committee for Quality Assurance)	14	4%
COA (Council for Accreditation for Children and Family Services)	12	4%
Other State/Local Agency/Organization	14	4%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	209	63%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	236	72%

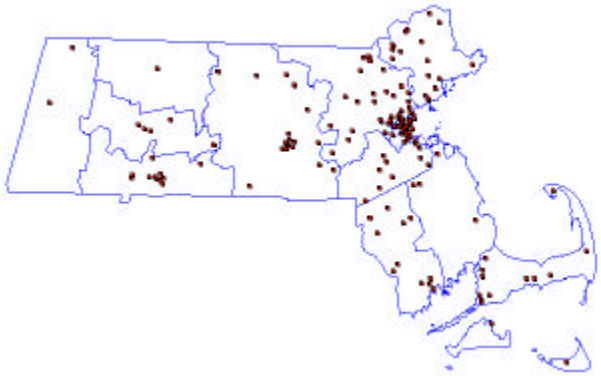
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	268	81%
Adolescents	64	19%
Dually-diagnosed	117	36%
Criminal justice clients	72	22%
Persons with HIV/AIDS	64	19%
Gays and lesbians	22	7%
Seniors/older adults	23	7%
Pregnant/postpartum women	52	16%
Women only	143	43%
Men only	117	36%
DUI/DWI offenders	62	19%
Other groups	53	16%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**308**	**93%**
Comprehensive substance abuse	303	92%
Comprehensive mental health assessment/diagnosis	159	48%
Substance Abuse Therapy and Counseling	**325**	**98%**
Family counseling	232	70%
Group therapy	281	85%
Individual therapy	302	92%
Relapse prevention groups	271	82%
Aftercare counseling	243	74%
Pharmacotherapies	**83**	**25%**
Antabuse	62	19%
Naltrexone	64	19%
Buprenorphine	22	7%
Testing	**270**	**82%**
Breathalyzer or other blood alcohol testing	158	48%
Drug/alcohol urine screening	241	73%
Screening for Hepatitis B	96	29%
Screening for Hepatitis C	99	30%
HIV testing	118	36%
STD testing	88	27%
TB screening	114	35%
Transitional Services	**293**	**89%**
Assistance with obtaining social services	228	69%
Discharge planning	279	85%
Employment counseling/training	106	32%
Housing assistance	157	48%
Other Services	**293**	**89%**
Case management services	230	70%
Child care	21	6%
Domestic violence or family/partner violence services	118	36%
HIV/AIDS education/counseling/support	247	75%
Outcome follow-up after discharge	158	48%
Transportation assistance to treatment	107	32%
Acupuncture	17	5%
Residential beds for clients' children	24	7%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:
http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	134	41%
Any language other than English	202	61%
Spanish	189	57%
American Indian/Alaska Native languages	6	2%
Other	107	32%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2003. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov