2005 State Profile - Tennessee

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Tennessee** 186 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 13,712 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Tennessee** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	145	78%	8,704	64%	674	54%
Private for-profit	28	15%	4,046	30%	136	12%
Local government	9	5%	698	5%	83	7%
State government	1	1%	12	<1%	--	--
Federal government	3	2%	252	2%	--	--
Dept. of Veterans Affairs	3	2%	252	2%	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	**186**	**100%**	**13,712**	**100%**	**893**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	75	40%	5,598	41%	240	27%
Mental health services	52	38%	1,700	12%	144	16%
Mix of mental health & substance abuse treatment services	43	23%	5,386	39%	466	52%
General health care	15	8%	1,019	7%	43	5%
Other/unknown	1	<1%	9	<1%	--	--
Total	**186**	**100%**	**13,712**	**100%**	**893**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	156	95%	5,364	39%	109
Clients with drug abuse only	142	87%	5,561	41%	115
Clients with alcohol abuse only	142	87%	2,678	20%	55
Total [2]	**164**		**13,603**	**100%**	**279**

[1] Facilities may be included in more than one category.

[2] Excludes 22 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**161**	**87%**	**1,221**	**89%**	**29**	**798**	**89%**
Regular outpatient	126	68%	8,050	59%	25		
Intensive outpatient	76	41%	1,572	12%	14		
Day treatment/partial hospitalization	31	17%	214	2%	2		
Detoxification	14	8%	48	<1%	1		
Methadone	10	5%	2,337	17%	35		
Residential	**51**	**27%**	**1,167**	**9%**	**18**	**89**	**10%**
Short term	27	15%	487	4%	16		
Long term	36	19%	606	4%	12		
Detoxification	17	9%	74	1%	4		
Hospital Inpatient	**20**	**11%**	**324**	**2%**	**14**	**6**	**1%**
Treatment	18	10%	155	1%	5		
Detoxification	19	10%	169	1%	5		
Total	**186**		**13,712**	**100%**	**30**	**893**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	1	20%
Detoxification only	--	--
Both maintenance and detoxification	4	80%
Total	5	100%
Clients in Facilities with OTPs	2,402	
Methadone	2,402	
Buprenorphine	--	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	170	91%
Private health insurance	137	74%
Medicare	86	46%
Medicaid	111	60%
Other State-financed health insurance	100	54%
Federal military insurance	95	51%
No payment accepted	9	5%
Other type of payment	2	1%
Sliding fee scale	84	45%
Treatment at no charge for clients who cannot pay	121	65%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	43	14
No. of clients	1,026	270
Designated beds	1,150	326
Utilization rate	89%	83%
Designated beds per facility (average)	27	23

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	177	95%
State substance abuse agency	92	50%
State mental health department	105	57%
State public health department/board of health	145	78%
Hospital licensing authority	16	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	64	34%
CARF (Rehabilitation Accreditation Commission)	29	16%
NCQA (National Committee for Quality Assurance)	4	2%
COA (Council for Accreditation for Children and Family Services)	3	2%
Other State/Local Agency/Organization	8	4%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	120	65%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	127	68%

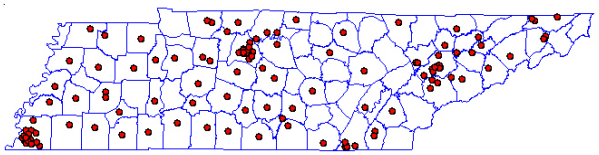
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	119	64%
Co-occuring disorders	53	29%
Adult women	34	18%
Adolescents	45	24%
DUI/DWI offenders	29	16%
Criminal justice clients	25	13%
Adult men	27	15%
Pregnant or postpartum women	12	7%
Persons with HIV or AIDS	10	5%
Seniors or Older Adults	11	6%
Gays or lesbians	2	1%
Other groups	19	10%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**180**	**97%**
Comprehensive substance abuse assessment or diagnosis	176	95%
Comprehensive mental health assessment or diagnosis	109	59%
Substance Abuse Therapy and Counseling	**185**	**99%**
Individual therapy	181	97%
Group therapy	155	83%
Relapse prevention	124	67%
Aftercare counseling	161	87%
Family counseling	150	81%
Pharmocotherapies	**36**	**19%**
Antabuse	21	11%
Buprenorphine (Subutex)	12	6%
Buprenorphine (Suboxone)	11	6%
Naltrexone	14	8%
Methadone	9	5%
Campral	20	11%
Testing	**130**	**70%**
Drug or alcohol urine screening	123	66%
Breathalyzer or blood alcohol testing	59	32%
TB screening	72	39%
HIV testing	36	19%
Screening for Hepatitis C	28	15%
Screening for Hepatitis B	26	14%
STD testing	33	18%
Transitional Services	**182**	**98%**
Discharge planning	161	87%
Assistance with obtaining social services	124	67%
Assistance in locating housing for clients	145	78%
Employment counseling or training for clients	103	55%
Other Services	**172**	**92%**
Case manangement services	131	70%
HIV or AIDS education, counseling, or support	96	52%
Outcome follow-up after discharge	126	68%
Transportation assistance to treatment	50	27%
Domestic violence	51	27%
Child care for clients' children	5	3%
Acupuncture	4	2%
Residential beds for clients' children	6	3%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	115	62%
Any language other than English	110	59%
Staff counselor	10	9%
On-call interpreter	73	66%
Both staff counselor and on-call interpreter	27	25%
Spanish	37	20%
American Indian/Alaska Native languages	--	--
Other	3	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov