2005 State Profile - Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Massachusetts,** 309 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 35,231 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Massachusetts** was 93%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	234	76%	22,001	62%	1,453	82%
Private for-profit	56	18%	10,355	29%	306	17%
Local government	8	3%	1,316	4%	21	1%
State government	4	1%	156	<1%	--	--
Federal government	7	2%	1,403	4%	--	--
Dept. of Veterans Affairs	5	2%	1,337	4%	--	--
Dept. of Defense	1	<1%	8	<1%	--	--
Indian Health Service	--	--	--	--	--	--
Other	1	<1%	58	<1%	--	--
Tribal government	--	--	--	--	--	--
Total	**309**	**100%**	**35,231**	**100%**	**1,780**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	175	57%	21,329	61%	538	30%
Mental health services	41	13%	3,258	9%	333	19%
Mix of mental health & substance abuse treatment services	77	25%	9,862	28%	879	49%
General health care	7	2%	475	1%	30	2%
Other/unknown	9	3%	307	1%	--	--
Total	**309**	**100%**	**35,231**	**100%**	**1,780**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	271	98%	16,416	47%	305
Clients with drug abuse only	225	82%	12,665	37%	246
Clients with alcohol abuse only	220	80%	5,534	16%	104
Total [2]	**276**		**34,615**	**100%**	**656**

[1] Facilities may be included in more than one category.

[2] Excludes 33 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**198**	**64%**	**31,290**	**88%**	**83**	**1,682**	**94%**
Regular outpatient	180	58%	18,440	52%	44		
Intensive outpatient	61	20%	1,054	3%	10		
Day treatment/partial hospitalization	42	14%	500	1%	6		
Detoxification	42	14%	1,050	3%	8		
Methadone	49	16%	10,246	29%	171		
Residential	**124**	**40%**	**3,024**	**9%**	**22**	**63**	**4%**
Short term	29	9%	441	1%	12		
Long term	100	32%	2,165	6%	20		
Detoxification	17	6%	418	1%	28		
Hospital Inpatient	**41**	**13%**	**917**	**3%**	**16**	**35**	**2%**
Treatment	29	9%	227	1%	7		
Detoxification	40	13%	690	2%	9		
Total	**309**		**35,231**	**100%**	**43**	**1,780**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	9	20%
Detoxification only	9	20%
Both maintenance and detoxification	28	60%
Total	46	100%
Clients in Facilities with OTPs	12,123	
Methadone	12,114	
Buprenorphine	9	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	261	85%
Private health insurance	205	66%
Medicare	171	55%
Medicaid	202	65%
Other State-financed health insurance	126	41%
Federal military insurance	106	34%
No payment accepted	20	7%
Other type of payment	5	2%
Sliding fee scale	198	64%
Treatment at no charge for clients who cannot pay	222	72%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	105	24
No. of clients	2,662	772
Designated beds	2,760	697
Utilization rate	96%	111%
Designated beds per facility (average)	26	127

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	291	94%
State substance abuse agency	236	76%
State mental health department	89	29%
State public health department/board of health	236	76%
Hospital licensing authority	41	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	99	32%
CARF (Rehabilitation Accreditation Commission)	59	19%
NCQA (National Committee for Quality Assurance)	14	5%
COA (Council for Accreditation for Children and Family Services)	13	4%
Other State/Local Agency/Organization	20	7%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	175	57%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	227	74%

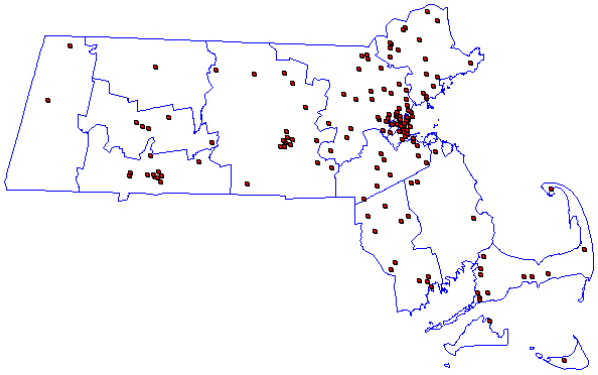
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	258	84%
Co-occuring disorders	132	43%
Adult women	117	38%
Adolescents	64	21%
DUI/DWI offenders	69	22%
Criminal justice clients	73	24%
Adult men	106	34%
Pregnant or postpartum women	49	16%
Persons with HIV or AIDS	71	23%
Seniors or Older Adults	34	11%
Gays or lesbians	25	8%
Other groups	54	18%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**293**	**95%**
Comprehensive substance abuse assessment or diagnosis	286	93%
Comprehensive mental health assessment or diagnosis	147	48%
Substance Abuse Therapy and Counseling	**305**	**99%**
Individual therapy	279	90%
Group therapy	262	85%
Relapse prevention	259	84%
Aftercare counseling	225	73%
Family counseling	218	71%
Pharmocotherapies	**134**	**43%**
Antabuse	58	19%
Buprenorphine (Subutex)	16	5%
Buprenorphine (Suboxone)	40	13%
Naltrexone	58	19%
Methadone	63	20%
Campral	39	13%
Testing	**257**	**83%**
Drug or alcohol urine screening	241	78%
Breathalyzer or blood alcohol testing	157	51%
TB screening	115	37%
HIV testing	118	38%
Screening for Hepatitis C	89	29%
Screening for Hepatitis B	87	28%
STD testing	87	28%
Transitional Services	**281**	**91%**
Discharge planning	260	84%
Assistance with obtaining social services	224	72%
Assistance in locating housing	190	61%
Employment counseling or training	105	34%
Other Services	**280**	**91%**
Case manangement services	230	74%
HIV or AIDS education, counseling, or support	242	78%
Outcome follow-up after discharge	163	53%
Transportation assistance to treatment	110	36%
Domestic violence	105	34%
Child care	26	8%
Acupuncture	19	6%
Residential beds for clients' children	19	6%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	113	37%
Any language other than English	192	62%
Staff counselor	92	48%
On-call interpreter	54	28%
Both staff counselor and on-call interpreter	46	24%
Spanish	120	39%
American Indian/Alaska Native languages	--	--
Other	68	22%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov