2005 State Profile - Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Maine,** 202 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 8,482 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Maine** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	100	49%	4,845	57%	964	73%
Private for-profit	91	45%	3,307	39%	321	24%
Local government	1	<1%	25	<1%	--	--
State government	1	<1%	54	1%	--	--
Federal government	4	2%	106	1%	--	--
Dept. of Veterans Affairs	3	2%	90	1%	--	--
Dept. of Defense	1	<1%	16	<1%	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	5	3%	145	2%	39	3%
Total	**202**	**100%**	**8,482**	**100%**	**1,324**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	93	46%	3,873	46%	340	26%
Mental health services	17	8%	418	5%	76	6%
Mix of mental health & substance abuse treatment services	81	40%	3,946	47%	856	65%
General health care	8	4%	157	2%	2	<1%
Other/unknown	3	2%	88	1%	50	4%
Total	**202**	**100%**	**8,482**	**100%**	**1,324**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	141	90%	3,909	47%	301
Clients with drug abuse only	121	78%	2,564	30%	221
Clients with alcohol abuse only	139	89%	1,950	23%	156
Total [2]	**156**		**8,423**	**100%**	**678**

[1] Facilities may be included in more than one category.

[2] Excludes 46 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**176**	**87%**	**8,052**	**95%**	**20**	**1,281**	**97%**
Regular outpatient	174	86%	4,721	56%	16		
Intensive outpatient	29	14%	733	9%	3		
Day treatment/partial hospitalization	9	5%	884	10%	15		
Detoxification	14	7%	37	<1%	--		
Methadone	7	4%	1,677	20%	290		
Residential	**29**	**14%**	**316**	**4%**	**11**	**41**	**3%**
Short term	6	3%	55	1%	8		
Long term	25	12%	259	3%	12		
Detoxification	1	1%	2	<1%	2		
Hospital Inpatient	**10**	**5%**	**114**	**1%**	**15**	**2**	**<1%**
Treatment	7	4%	53	1%	7		
Detoxification	10	5%	61	1%	3		
Total	**202**		**8,482**	**100%**	**16**	**1,324**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	3	50%
Detoxification only	1	17%
Both maintenance and detoxification	2	33%
Total	6	100%
Clients in Facilities with OTPs	1,711	
Methadone	1,678	
Buprenorphine	33	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	186	92%
Private health insurance	162	80%
Medicare	96	48%
Medicaid	177	88%
Other State-financed health insurance	110	55%
Federal military insurance	125	62%
No payment accepted	1	1%
Other type of payment	4	2%
Sliding fee scale	147	73%
Treatment at no charge for clients who cannot pay	111	55%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	19	3
No. of clients	251	41
Designated beds	264	48
Utilization rate	95%	85%
Designated beds per facility (average)	14	55

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	195	97%
State substance abuse agency	182	90%
State mental health department	93	46%
State public health department/board of health	50	25%
Hospital licensing authority	17	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	23	11%
CARF (Rehabilitation Accreditation Commission)	6	3%
NCQA (National Committee for Quality Assurance)	5	3%
COA (Council for Accreditation for Children and Family Services)	13	6%
Other State/Local Agency/Organization	19	9%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	104	52%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	92	46%

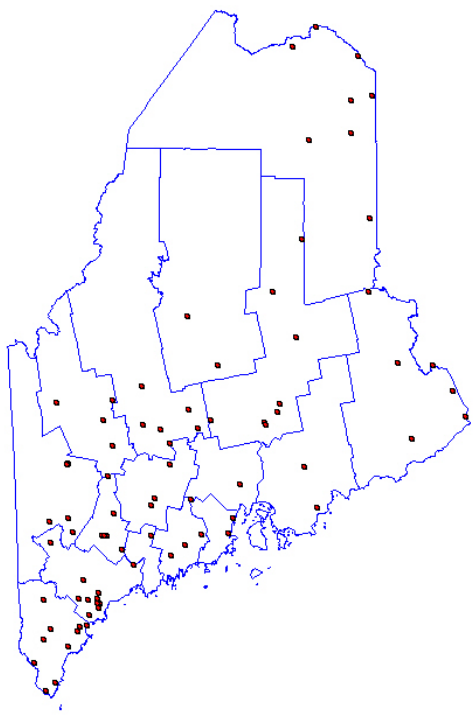
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	163	81%
Co-occuring disorders	63	31%
Adult women	35	17%
Adolescents	66	33%
DUI/DWI offenders	105	52%
Criminal justice clients	44	22%
Adult men	26	13%
Pregnant or postpartum women	14	7%
Persons with HIV or AIDS	6	3%
Seniors or Older Adults	6	3%
Gays or lesbians	3	2%
Other groups	22	11%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**195**	**97%**
Comprehensive substance abuse assessment or diagnosis	191	95%
Comprehensive mental health assessment or diagnosis	101	50%
Substance Abuse Therapy and Counseling	**200**	**99%**
Individual therapy	198	98%
Group therapy	151	75%
Relapse prevention	123	61%
Aftercare counseling	151	75%
Family counseling	157	78%
Pharmocotherapies	**31**	**15%**
Antabuse	11	5%
Buprenorphine (Subutex)	6	3%
Buprenorphine (Suboxone)	20	10%
Naltrexone	19	9%
Methadone	5	3%
Campral	10	5%
Testing	**113**	**56%**
Drug or alcohol urine screening	93	46%
Breathalyzer or blood alcohol testing	48	24%
TB screening	26	13%
HIV testing	35	17%
Screening for Hepatitis C	24	12%
Screening for Hepatitis B	23	11%
STD testing	20	10%
Transitional Services	**147**	**73%**
Discharge planning	140	69%
Assistance with obtaining social services	96	48%
Assistance in locating housing	90	45%
Employment counseling or training	32	16%
Other Services	**118**	**58%**
Case manangement services	71	35%
HIV or AIDS education, counseling, or support	60	30%
Outcome follow-up after discharge	55	27%
Transportation assistance to treatment	60	30%
Domestic violence	45	22%
Child care	8	4%
Acupuncture	1	<1%
Residential beds for clients' children	2	1%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	94	47%
Any language other than English	79	39%
Staff counselor	11	14%
On-call interpreter	67	85%
Both staff counselor and on-call interpreter	1	1%
Spanish	1	1%
American Indian/Alaska Native languages	3	2%
Other	8	4%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov