2005 State Profile - Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Vermont** 37 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 2,698 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Vermont** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	33	89%	2,418	90%	414	89%
Private for-profit	1	3%	36	1%	7	2%
Local government	1	3%	200	7%	45	9%
State government	--	--	--	--	--	--
Federal government	2	5%	44	2%	--	--
Dept. of Veterans Affairs	2	5%	44	2%	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	**37**	**100%**	**2,698**	**100%**	**466**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	16	43%	1,455	54%	138	30%
Mental health services	--	--	--	--	--	--
Mix of mental health & substance abuse treatment services	17	46%	1,144	42%	307	66%
General health care	1	3%	34	1%	--	--
Other/unknown	3	8%	65	2%	21	4%
Total	**37**	**100%**	**2,698**	**100%**	**466**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	36	97%	1,568	58%	251
Clients with drug abuse only	35	95%	527	20%	93
Clients with alcohol abuse only	933	89%	603	22%	105
Total [2]	**37**		**2,698**	**100%**	**449**

[1] Facilities may be included in more than one category.

[2] Excludes 0 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**32**	**87%**	**2,517**	**93%**	**69**	**451**	**97%**
Regular outpatient	31	84%	2,066	77%	60		
Intensive outpatient	16	43%	219	8%	13		
Day treatment/partial hospitalization	5	14%	71	3%	10		
Detoxification	6	16%	8	<1%	1		
Methadone	4	11%	153	6%	--		
Residential	**8**	**22%**	**107**	**4%**	**13**	**4**	**1%**
Short term	6	16%	47	2%	2		
Long term	4	11%	47	2%	13		
Detoxification	3	8%	13	<1%	5		
Hospital Inpatient	**3**	**8%**	**74**	**3%**	**24**	11	2%
Treatment	3	8%	55	2%	12		
Detoxification	3	8%	19	1%	4		
Total	**37**		**2,698**	**100%**	**63**	**466**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	1	33%
Detoxification only	2	67%
Both maintenance and detoxification	--	--
Total	3	100%
Clients in Facilities with OTPs	168	
Methadone	158	
Buprenorphine	10	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	36	97%
Private health insurance	36	97%
Medicare	23	62%
Medicaid	34	92%
Other State-financed health insurance	29	78%
Federal military insurance	20	54%
No payment accepted	--	--
Other type of payment	--	--
Sliding fee scale	29	78%
Treatment at no charge for clients who cannot pay	19	51%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	6	2
No. of clients	96	60
Designated beds	105	85
Utilization rate	91%	71%
Designated beds per facility (average)	18	43

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	36	97%
State substance abuse agency	33	89%
State mental health department	16	43%
State public health department/board of health	22	60%
Hospital licensing authority	5	14%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	10	27%
CARF (Rehabilitation Accreditation Commission)	16	43%
NCQA (National Committee for Quality Assurance)	1	3%
COA (Council for Accreditation for Children and Family Services)	1	3%
Other State/Local Agency/Organization	4	11%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	30	81%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	33	89%

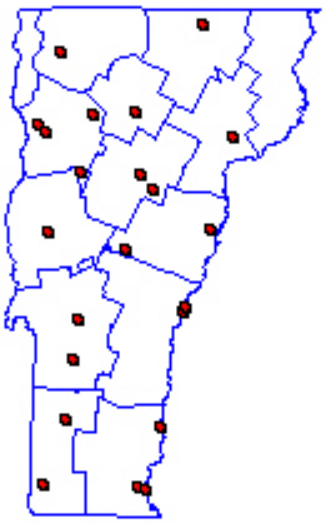
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	32	87%
Co-occuring disorders	20	54%
Adult women	14	38%
Adolescents	17	46%
DUI/DWI offenders	16	43%
Criminal justice clients	15	41%
Adult men	7	19%
Pregnant or postpartum women	4	11%
Persons with HIV or AIDS	1	3%
Seniors or Older Adults	1	3%
Gays or lesbians	2	5%
Other groups	3	8%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**37**	**100%**
Comprehensive substance abuse assessment or diagnosis	36	97%
Comprehensive mental health assessment or diagnosis	24	65%
Substance Abuse Therapy and Counseling	**37**	**100%**
Individual therapy	36	97%
Group therapy	34	92%
Relapse prevention	32	86%
Aftercare counseling	34	92%
Family counseling	30	81%
Pharmocotherapies	**18**	**49%**
Antabuse	12	32%
Buprenorphine (Subutex)	7	19%
Buprenorphine (Suboxone)	9	24%
Naltrexone	15	14%
Methadone	3	8%
Campral	5	14%
Testing	**36**	**97%**
Drug or alcohol urine screening	35	95%
Breathalyzer or blood alcohol testing	27	73%
TB screening	9	24%
HIV testing	10	27%
Screening for Hepatitis C	8	22%
Screening for Hepatitis B	7	19%
STD testing	7	19%
Transitional Services	**32**	**86%**
Discharge planning	31	84%
Assistance with obtaining social services	26	70%
Assistance in locating housing for clients	22	59%
Employment counseling or training for clients	13	35%
Other Services	**32**	**86%**
Case manangement services	29	78%
HIV or AIDS education, counseling, or support	23	62%
Outcome follow-up after discharge	25	68%
Transportation assistance to treatment	15	41%
Domestic violence	13	35%
Child care for clients' children	1	3%
Acupuncture	3	8%
Residential beds for clients' children	2	5%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Sign language	19	51%
Any language other than English	11	30%
Staff counselor	2	18%
On-call interpreter	9	82%
Both staff counselor and on-call interpreter	--	--
Spanish	1	3%
American Indian/Alaska Native languages	--	--
Other	1	3%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov