2005 State Profile - Minnesota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Minnesota,** 253 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 10,177 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Minnesota** was 98%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	139	54%	4,536	45%	432	53%
Private for-profit	90	36%	4,278	42%	304	37%
Local government	7	3%	152	2%	13	2%
State government	7	3%	312	3%	27	3%
Federal government	3	1%	719	7%	10	1%
Dept. of Veterans Affairs	2	<1%	709	7%	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	1	<1%	10	<1%	10	1%
Other	--	--	--	--	--	--
Tribal government	7	3%	180	2%	29	4%
Total	**253**	**100%**	**10,177**	**100%**	**815**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	210	83%	8,093	79%	636	78%
Mental health services	1	<1%	6	<1%	--	--
Mix of mental health & substance abuse treatment services	38	15%	2,035	20%	178	21%
General health care	3	1%	17	<1%	1	<1%
Other/unknown	1	<1%	26	<1%	--	--
Total	**253**	**100%**	**10,177**	**100%**	**815**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	238	96%	5,321	52%	121
Clients with drug abuse only	177	71%	2,731	27%	67
Clients with alcohol abuse only	200	80%	2,125	21%	50
Total [2]	**249**		**10,177**	**100%**	**237**

[1] Facilities may be included in more than one category.

[2] Excludes 4 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**193**	**76%**	**7,339**	**72%**	**20**	**536**	**66%**
Regular outpatient	141	56%	2,436	24%	10		
Intensive outpatient	153	61%	2,727	27%	12		
Day treatment/partial hospitalization	54	21%	548	5%	5		
Detoxification	16	6%	62	1%	--		
Methadone	14	6%	1,566	15%	15		
Residential	**111**	**44%**	**2,689**	**26%**	**18**	**279**	**34%**
Short term	59	23%	1,010	10%	12		
Long term	84	33%	1,537	15%	15		
Detoxification	21	8%	142	1%	4		
Hospital Inpatient	**15**	**6%**	**149**	**2%**	**6**	--	--
Treatment	11	4%	82	1%	6		
Detoxification	10	4%	67	1%	4		
Total	**253**		**10,177**	**100%**	**23**	**815**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	4	44%
Detoxification only	1	12%
Both maintenance and detoxification	4	44%
Total	9	100%
Clients in Facilities with OTPs	1,639	
Methadone	1,624	
Buprenorphine	15	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	249	98%
Private health insurance	223	88%
Medicare	66	26%
Medicaid	97	38%
Other State-financed health insurance	158	63%
Federal military insurance	96	38%
No payment accepted	--	--
Other type of payment	4	2%
Sliding fee scale	74	29%
Treatment at no charge for clients who cannot pay	68	26%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	102	10
No. of clients	2,551	131
Designated beds	3,082	172
Utilization rate	83%	76%
Designated beds per facility (average)	30	263

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	248	98%
State substance abuse agency	205	81%
State mental health department	34	13%
State public health department/board of health	172	68%
Hospital licensing authority	27	11%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	57	23%
CARF (Rehabilitation Accreditation Commission)	19	8%
NCQA (National Committee for Quality Assurance)	2	1%
COA (Council for Accreditation for Children and Family Services)	7	3%
Other State/Local Agency/Organization	23	9%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	196	78%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	178	70%

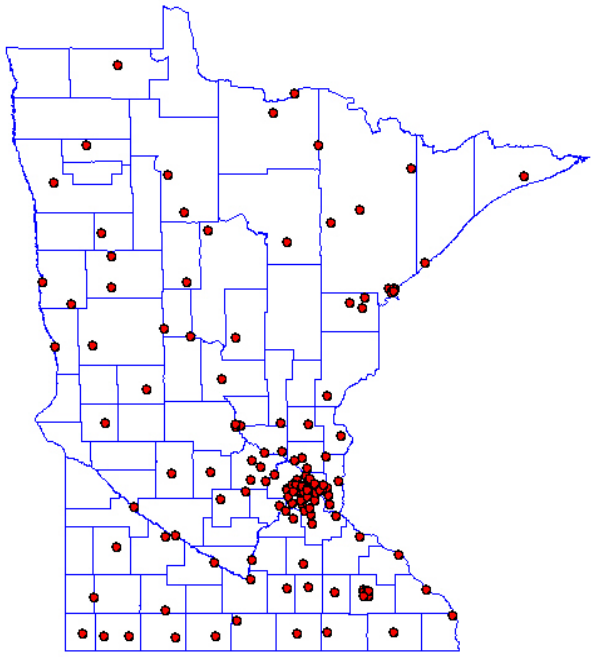
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	203	80%
Co-occuring disorders	75	30%
Adult women	73	29%
Adolescents	70	28%
DUI/DWI offenders	73	29%
Criminal justice clients	43	17%
Adult men	62	25%
Pregnant or postpartum women	27	11%
Persons with HIV or AIDS	12	5%
Seniors or Older Adults	15	6%
Gays or lesbians	10	4%
Other groups	34	13%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**237**	**94%**
Comprehensive substance abuse assessment or diagnosis	236	93%
Comprehensive mental health assessment or diagnosis	57	23%
Substance Abuse Therapy and Counseling	**248**	**98%**
Individual therapy	224	89%
Group therapy	242	96%
Relapse prevention	217	86%
Aftercare counseling	215	85%
Family counseling	189	75%
Pharmocotherapies	**39**	**15%**
Antabuse	25	10%
Buprenorphine (Subutex)	12	5%
Buprenorphine (Suboxone)	17	7%
Naltrexone	22	9%
Methadone	16	6%
Campral	8	3%
Testing	**227**	**90%**
Drug or alcohol urine screening	218	86%
Breathalyzer or blood alcohol testing	141	56%
TB screening	60	24%
HIV testing	46	18%
Screening for Hepatitis C	38	15%
Screening for Hepatitis B	37	15%
STD testing	36	14%
Transitional Services	**245**	**97%**
Discharge planning	241	95%
Assistance with obtaining social services	150	59%
Assistance in locating housing	123	49%
Employment counseling or training	75	30%
Other Services	**225**	**89%**
Case manangement services	174	69%
HIV or AIDS education, counseling, or support	134	53%
Outcome follow-up after discharge	145	57%
Transportation assistance to treatment	88	35%
Domestic violence	47	19%
Child care	13	5%
Acupuncture	14	6%
Residential beds for clients' children	3	1%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Sign language	49	19%
Any language other than English	56	22%
Staff counselor	12	21%
On-call interpreter	39	70%
Both staff counselor and on-call interpreter	5	9%
Spanish	11	4%
American Indian/Alaska Native languages	--	--
Other	6	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov