2005 State Profile - Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Texas** 518 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 35,018 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Texas** was 92%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	255	49%	12,550	36%	1,530	42%
Private for-profit	208	40%	16,595	47%	1,704	47%
Local government	26	5%	2,177	6%	282	8%
State government	8	2%	483	1%	105	3%
Federal government	20	4%	3,188	9%	--	--
Dept. of Veterans Affairs	10	2%	2,843	8%	--	--
Dept. of Defense	10	2%	345	1%	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	1	<1%	25	<1%	8	<1%
Total	**518**	**100%**	**35,018**	**100%**	**3,629**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	396	76%	28,589	82%	2,691	74%
Mental health services	30	6%	732	2%	180	5%
Mix of mental health & substance abuse treatment services	77	15%	3,279	9%	704	19%
General health care	9	2%	2,104	6%	6	<1%
Other/unknown	6	1%	314	1%	48	1%
Total	**518**	**100%**	**35,018**	**100%**	**3,629**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	428	90%	16,138	47%	82
Clients with drug abuse only	379	79%	14,141	41%	79
Clients with alcohol abuse only	334	60%	4,069	12%	22
Total [2]	**478**		**34,348**	**100%**	**184**

[1] Facilities may be included in more than one category.

[2] Excludes 40 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**434**	**84%**	**29,259**	**84%**	**34**	**2,596**	**72%**
Regular outpatient	345	67%	13,623	39%	15		
Intensive outpatient	267	52%	5,358	15%	12		
Day treatment/partial hospitalization	65	13%	617	2%	1		
Detoxification	66	13%	238	1%	--		
Methadone	70	14%	9,423	27%	103		
Residential	**149**	**29%**	**5,086**	**15%**	**25**	**801**	**22%**
Short term	104	20%	1,516	4%	9		
Long term	130	25%	3,378	10%	16		
Detoxification	33	6%	192	1%	4		
Hospital Inpatient	**51**	**10%**	**673**	**2%**	**7**	**232**	**6%**
Treatment	38	7%	454	1%	5		
Detoxification	47	9%	219	1%	3		
Total	**518**		**35,018**	**100%**	**36**	**3,629**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	33	50%
Detoxification only	1	2%
Both maintenance and detoxification	32	48%
Total	66	100%
Clients in Facilities with OTPs	9,307	
Methadone	9,281	
Buprenorphine	26	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	463	89%
Private health insurance	317	61%
Medicare	91	18%
Medicaid	201	39%
Other State-financed health insurance	173	33%
Federal military insurance	150	29%
No payment accepted	22	4%
Other type of payment	14	3%
Sliding fee scale	285	55%
Treatment at no charge for clients who cannot pay	304	59%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	133	22
No. of clients	4,663	392
Designated beds	5,159	501
Utilization rate	90%	78%
Designated beds per facility (average)	39	23

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	495	96%
State substance abuse agency	415	80%
State mental health department	87	17%
State public health department/board of health	235	45%
Hospital licensing authority	42	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	105	20%
CARF (Rehabilitation Accreditation Commission)	64	12%
NCQA (National Committee for Quality Assurance)	9	2%
COA (Council for Accreditation for Children and Family Services)	10	2%
Other State/Local Agency/Organization	41	8%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	218	42%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	319	62%

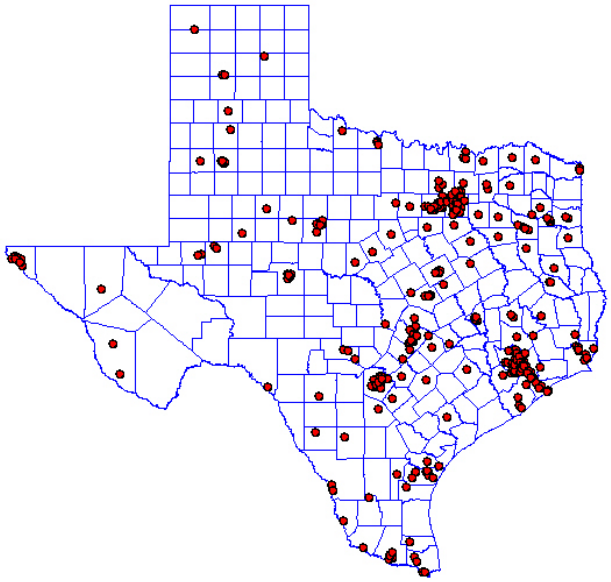
Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	394	76%
Co-occuring disorders	177	34%
Adult women	116	22%
Adolescents	166	32%
DUI/DWI offenders	60	12%
Criminal justice clients	131	25%
Adult men	92	18%
Pregnant or postpartum women	79	15%
Persons with HIV or AIDS	52	10%
Seniors or Older Adults	24	46%
Gays or lesbians	23	4%
Other groups	36	7%

Types of Services Offered

	Facilities No.	Facilities %
Assessment Services	**498**	**96%**
Comprehensive substance abuse assessment or diagnosis	491	95%
Comprehensive mental health assessment or diagnosis	143	28%
Substance Abuse Therapy and Counseling	**514**	**99%**
Individual therapy	496	96%
Group therapy	462	89%
Relapse prevention	144	86%
Aftercare counseling	417	81%
Family counseling	406	78%
Pharmocotherapies	**124**	**24%**
Antabuse	39	8%
Buprenorphine (Subutex)	17	3%
Buprenorphine (Suboxone)	33	6%
Naltrexone	42	8%
Methadone	77	15%
Campral	32	6%
Testing	**439**	**85%**
Drug or alcohol urine screening	421	81%
Breathalyzer or blood alcohol testing	176	34%
TB screening	194	37%
HIV testing	236	46%
Screening for Hepatitis C	142	27%
Screening for Hepatitis B	141	27%
STD testing	160	31%
Transitional Services	**496**	**96%**
Discharge planning	485	94%
Assistance with obtaining social services	244	47%
Assistance in locating housing for clients	267	52%
Employment counseling or training for clients	172	33%
Other Services	**491**	**95%**
Case manangement services	407	79%
HIV or AIDS education, counseling, or support	356	69%
Outcome follow-up after discharge	429	83%
Transportation assistance to treatment	195	38%
Domestic violence	117	23%
Child care for clients' children	40	8%
Acupuncture	26	5%
Residential beds for clients' children	29	6%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities No.	Facilities %
Sign language	137	26%
Any language other than English	274	53%
Staff counselor	139	51%
On-call interpreter	69	25%
Both staff counselor and on-call interpreter	66	24%
Spanish	203	39%
American Indian/Alaska Native languages	--	--
Other	8	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov