2005 State Profile - Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Utah** 120 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 12,321 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Utah** was 95%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	52	43%	5,112	42%	693	42%
Private for-profit	42	35%	3,742	30%	620	38%
Local government	22	18%	3,006	24%	308	19%
State government	1	1%	210	2%	--	--
Federal government	1	1%	111	1%	--	--
Dept. of Veterans Affairs	1	1%	111	1%	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	2	2%	140	1%	22	1%
Total	**120**	**100%**	**12,321**	**100%**	**1,643**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	53	44%	6,083	49%	296	18%
Mental health services	10	8%	351	3%	300	18%
Mix of mental health & substance abuse treatment services	54	45%	5,833	47%	1,015	62%
General health care	--	--	--	--	--	--
Other/unknown	3	3%	54	<1%	32	2%
Total	**120**	**100%**	**12,321**	**100%**	**1,643**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	108	96%	6,460	52%	318
Clients with drug abuse only	95	84%	4,424	36%	244
Clients with alcohol abuse only	90	80%	1,437	12%	77
Total [2]	**113**		**12,321**	**100%**	**639**

[1] Facilities may be included in more than one category.

[2] Excludes 7 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**97**	**81%**	**10,662**	**87%**	**45**	**785**	**48%**
Regular outpatient	87	73%	7,318	59%	32		
Intensive outpatient	58	48%	1,278	10%	12		
Day treatment/partial hospitalization	28	23%	267	2%	5		
Detoxification	14	12%	128	1%	5		
Methadone	10	8%	1,671	14%	142		
Residential	**42**	**35%**	**1,638**	**13%**	**25**	**858**	**52%**
Short term	17	14%	153	1%	8		
Long term	38	32%	1,409	11%	22		
Detoxification	11	9%	76	1%	1		
Hospital Inpatient	**3**	**3%**	**21**	**<1%**	**6**	--	--
Treatment	1	1%	5	<1%	5		
Detoxification	3	3%	16	<1%	6		
Total	**120**		**12,321**	**100%**	**48**	**1,643**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	1	17%
Detoxification only	--	--
Both maintenance and detoxification	5	83%
Total	6	100%
Clients in Facilities with OTPs	1,719	
Methadone	1,650	
Buprenorphine	69	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	117	98%
Private health insurance	102	85%
Medicare	53	44%
Medicaid	65	54%
Other State-financed health insurance	50	42%
Federal military insurance	61	51%
No payment accepted	1	1%
Other type of payment	10	8%
Sliding fee scale	78	65%
Treatment at no charge for clients who cannot pay	50	42%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	31	2
No. of clients	1,143	15
Designated beds	1,119	18
Utilization rate	102%	83%
Designated beds per facility (average)	36	5

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	118	98%
State substance abuse agency	103	86%
State mental health department	58	48%
State public health department/board of health	55	46%
Hospital licensing authority	3	4%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	16	13%
CARF (Rehabilitation Accreditation Commission)	8	7%
NCQA (National Committee for Quality Assurance)	2	2%
COA (Council for Accreditation for Children and Family Services)	--	--
Other State/Local Agency/Organization	28	23%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	42	35%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	68	57%

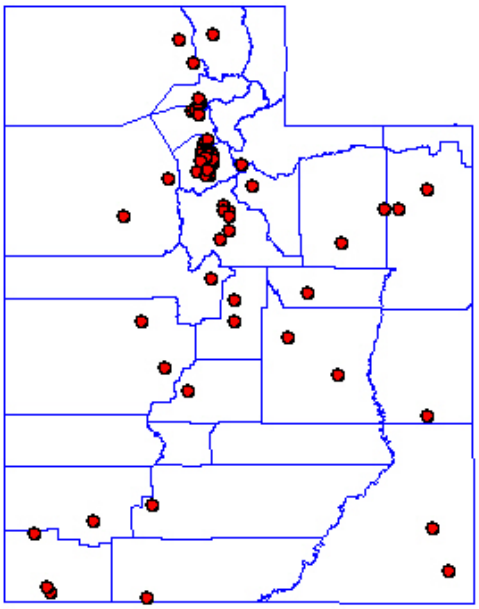
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	106	88%
Co-occuring disorders	56	47%
Adult women	38	32%
Adolescents	43	36%
DUI/DWI offenders	52	43%
Criminal justice clients	47	39%
Adult men	27	23%
Pregnant or postpartum women	21	18%
Persons with HIV or AIDS	9	8%
Seniors or Older Adults	7	6%
Gays or lesbians	7	6%
Other groups	17	14%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**116**	**97%**
Comprehensive substance abuse assessment or diagnosis	114	95%
Comprehensive mental health assessment or diagnosis	79	66%
Substance Abuse Therapy and Counseling	**118**	**98%**
Individual therapy	113	94%
Group therapy	109	91%
Relapse prevention	93	78%
Aftercare counseling	95	79%
Family counseling	106	88%
Pharmocotherapies	**32**	**27%**
Antabuse	19	16%
Buprenorphine (Subutex)	4	3%
Buprenorphine (Suboxone)	12	10%
Naltrexone	14	12%
Methadone	9	8%
Campral	10	8%
Testing	**97**	**81%**
Drug or alcohol urine screening	93	78%
Breathalyzer or blood alcohol testing	61	51%
TB screening	47	39%
HIV testing	30	25%
Screening for Hepatitis C	32	27%
Screening for Hepatitis B	30	25%
STD testing	27	23%
Transitional Services	**110**	**92%**
Discharge planning	106	88%
Assistance with obtaining social services	70	58%
Assistance in locating housing for clients	58	48%
Employment counseling or training for clients	47	39%
Other Services	**111**	**93%**
Case manangement services	96	80%
HIV or AIDS education, counseling, or support	40	33%
Outcome follow-up after discharge	57	48%
Transportation assistance to treatment	45	38%
Domestic violence	46	38%
Child care for clients' children	13	11%
Acupuncture	2	2%
Residential beds for clients' children	8	7%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	29	24%
Any language other than English	60	50%
Staff counselor	25	42%
On-call interpreter	11	18%
Both staff counselor and on-call interpreter	24	40%
Spanish	45	38%
American Indian/Alaska Native languages	3	3%
Other	11	9%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov