2005 State Profile - Alaska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Alaska,** 79 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 2,503 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Alaska** was 96%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	46	58%	1,570	48%	251	70%
Private for-profit	8	10%	472	14%	5	1%
Local government	5	6%	234	7%	31	9%
State government	1	1%	31	1%	6	2%
Federal government	6	8%	354	11%	8	2%
Dept. of Veterans Affairs	1	1%	244	7%	--	--
Dept. of Defense	2	3%	92	3%	--	--
Indian Health Service	3	4%	18	1%	8	2%
Other	--	--	--	--	--	--
Tribal government	13	17%	616	19%	56	16%
Total	**79**	**100%**	**3,277**	**100%**	**357**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	45	57%	1,714	52%	116	33%
Mental health services	1	1%	125	4%	17	5%
Mix of mental health & substance abuse treatment services	30	38%	1,301	40%	208	58%
General health care	3	4%	137	4%	16	5%
Other/unknown	--	--	--	--	--	--
Total	**79**	**100%**	**3,277**	**100%**	**357**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	69	97%	1,848	57%	334
Clients with drug abuse only	45	63%	348	11%	65
Clients with alcohol abuse only	60	85%	1,030	32%	192
Total [2]	**71**		**3,226**	**100%**	**592**

[1] Facilities may be included in more than one category.

[2] Excludes 8 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**66**	**84%**	**2,804**	**86%**	**31**	**289**	**81%**
Regular outpatient	65	82%	2,086	64%	21		
Intensive outpatient	53	67%	570	17%	7		
Day treatment/partial hospitalization	15	19%	48	2%	--		
Detoxification	11	14%	15	1%	--		
Methadone	4	5%	85	3%	13		
Residential	**27**	**34%**	**444**	**14%**	**14**	**66**	**19%**
Short term	11	14%	50	2%	4		
Long term	25	32%	352	11%	14		
Detoxification	9	11%	42	1%	5		
Hospital Inpatient	**7**	**9%**	**29**	**1%**	**6**	**2**	**1%**
Treatment	6	8%	20	1%	6		
Detoxification	4	5%	9	<1%	2		
Total	**79**		**3,277**	**100%**	**31**	**357**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	--	--
Detoxification only	1	33%
Both maintenance and detoxification	2	67%
Total	**3**	**100%**
Clients in Facilities with OTPs	**100**	
Methadone	100	
Buprenorphine	--	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	66	84%
Private health insurance	62	79%
Medicare	29	37%
Medicaid	52	66%
Other State-financed health insurance	42	53%
Federal military insurance	48	61%
No payment accepted	6	8%
Other type of payment	2	3%
Sliding fee scale	52	66%
Treatment at no charge for clients	54	68%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	24	3
No. of clients	398	25
Designated beds	383	34
Utilization rate	104%	74%
Designated beds per facility (average)	16	22

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	75	95%
State substance abuse agency	68	86%
State mental health department	29	37%
State public health department/board of health	26	33%
Hospital licensing authority	11	14%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	13	17%
CARF (Rehabilitation Accreditation Commission)	32	41%
NCQA (National Committee for Quality Assurance)	3	4%
COA (Council for Accreditation for Children and Family Services)	2	3%
Other State/Local Agency/Organization	6	8%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	21	27%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	62	79%

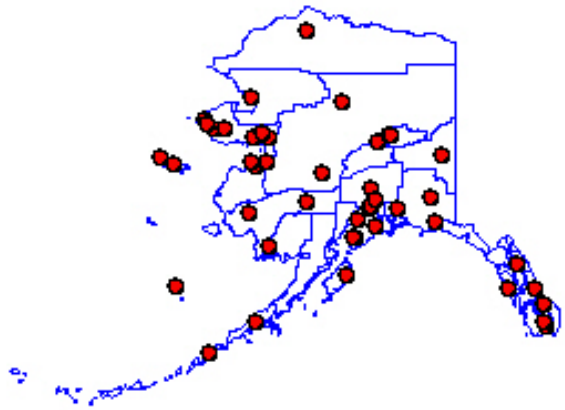
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	71	90%
Co-occuring disorders	40	51%
Adult women	34	43%
Adolescents	33	42%
DUI/DWI offenders	38	48%
Criminal justice clients	17	22%
Adult men	22	28%
Pregnant or postpartum women	17	22%
Persons with HIV or AIDS	11	14%
Seniors or Older Adults	13	17%
Gays or lesbians	8	10%
Other groups	10	13%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**78**	**99%**
Comprehensive substance abuse assessment or diagnosis	78	99%
Comprehensive mental health assessment or diagnosis	32	41%
Substance Abuse Therapy and Counseling	**79**	**100%**
Individual therapy	76	96%
Group therapy	69	87%
Relapse prevention	68	86%
Aftercare counseling	69	87%
Family counseling	63	80%
Pharmocotherapies	**21**	**27%**
Antabuse	14	18%
Buprenorphine (Subutex)	3	4%
Buprenorphine (Suboxone)	3	4%
Naltrexone	16	20%
Methadone	3	4%
Campral	5	6%
Testing	**68**	**86%**
Drug or alcohol urine screening	64	81%
Breathalyzer or blood alcohol testing	45	57%
TB screening	22	28%
HIV testing	21	27%
Screening for Hepatitis C	17	22%
Screening for Hepatitis B	17	22%
STD testing	16	20%
Transitional Services	**74**	**94%**
Discharge planning	69	87%
Assistance with obtaining social services	54	68%
Assistance in locating housing for clients	48	61%
Employment counseling or training for clients	29	37%
Other Services	**79**	**100%**
Case manangement services	68	86%
HIV or AIDS education, counseling, or support	63	80%
Outcome follow-up after discharge	67	85%
Transportation assistance to treatment	37	47%
Domestic violence	36	46%
Child care for clients' children	7	9%
Acupuncture	3	4%
Residential beds for clients' children	9	11%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	20	25%
Any language other than English	29	37%
Staff counselor	4	14%
On-call interpreter	14	48%
Both staff counselor and on-call interpreter	11	38%
Spanish	2	3%
American Indian/Alaska Native languages	12	15%
Other	1	1%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov