2005 State Profile - North Carolina

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **North Carolina,** 343 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 28,105 clients in substance abuse treatment on March 31, 2005. The survey response rate in **North Carolina** was 92%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	140	41%	13,100	47%	666	38%
Private for-profit	122	36%	6,174	22%	300	17%
Local government	56	16%	6,928	25%	672	38%
State government	15	4%	1,129	4%	120	7%
Federal government	9	3%	761	3%	8	1%
Dept. of Veterans Affairs	3	1%	287	1%	--	--
Dept. of Defense	5	2%	466	2%	--	--
Indian Health Service	1	<1%	8	<1%	8	1%
Other	--	--	--	--	--	--
Tribal government	1	<1%	13	<1%	--	--
Total	**343**	**100%**	**28,105**	**100%**	**1,766**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	181	53%	16,588	59%	491	28%
Mental health services	26	8%	828	3%	76	4%
Mix of mental health & substance abuse treatment services	126	37%	10,211	36%	1,160	66%
General health care	4	1%	392	1%	15	1%
Other/unknown	6	2%	86	<1%	24	1%
Total	**343**	**100%**	**28,105**	**100%**	**1,766**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	290	95%	14,699	53%	207
Clients with drug abuse only	248	81%	7,208	26%	102
Clients with alcohol abuse only	254	83%	5,986	22%	84
Total [2]	**306**		**27,893**	**100%**	**393**

[1] Facilities may be included in more than one category.

[2] Excludes 37 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**286**	**83%**	**25,762**	**92%**	**36**	**1,652**	**94%**
Regular outpatient	261	76%	15,091	54%	25		
Intensive outpatient	140	41%	2,777	10%	9		
Day treatment/partial hospitalization	34	10%	376	1%	6		
Detoxification	41	12%	85	<1%	--		
Methadone	30	9%	7,433	26%	160		
Residential	**77**	**22%**	**1,957**	**7%**	**10**	**112**	**6%**
Short term	29	9%	377	1%	9		
Long term	54	16%	1,475	5%	8		
Detoxification	23	7%	105	<1%	2		
Hospital Inpatient	**24**	**7%**	**386**	**1%**	**11**	**2**	**<1%**
Treatment	16	5%	285	1%	11		
Detoxification	21	6%	101	<1%	4		
Total	**343**		**28,105**	**100%**	**30**	**1,766**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	13	46%
Detoxification only	2	7%
Both maintenance and detoxification	13	46%
Total	28	100%
Clients in Facilities with OTPs	5,567	
Methadone	5,557	
Buprenorphine	10	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	314	92%
Private health insurance	234	68%
Medicare	130	38%
Medicaid	213	62%
Other State-financed health insurance	151	44%
Federal military insurance	141	41%
No payment accepted	10	3%
Other type of payment	9	3%
Sliding fee scale	91	56%
Treatment at no charge for clients who cannot pay	159	46%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	58	14
No. of clients	1,695	346
Designated beds	2,084	380
Utilization rate	81%	91%
Designated beds per facility (average)	36	27

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	311	91%
State substance abuse agency	286	69%
State mental health department	175	51%
State public health department/board of health	83	24%
Hospital licensing authority	23	7%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	46	13%
CARF (Rehabilitation Accreditation Commission)	44	13%
NCQA (National Committee for Quality Assurance)	6	2%
COA (Council for Accreditation for Children and Family Services)	59	17%
Other State/Local Agency/Organization	44	13%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	143	42%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	165	48%

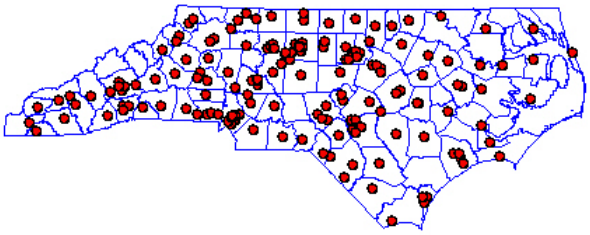
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	296	86%
Co-occuring disorders	126	37%
Adult women	112	33%
Adolescents	104	30%
DUI/DWI offenders	175	51%
Criminal justice clients	97	28%
Adult men	62	18%
Pregnant or postpartum women	49	14%
Persons with HIV or AIDS	39	11%
Seniors or Older Adults	22	6%
Gays or lesbians	16	5%
Other groups	34	10%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**322**	**94%**
Comprehensive substance abuse assessment or diagnosis	317	92%
Comprehensive mental health assessment or diagnosis	165	48%
Substance Abuse Therapy and Counseling	**337**	**98%**
Individual therapy	313	91%
Group therapy	310	90%
Relapse prevention	254	74%
Aftercare counseling	269	78%
Family counseling	255	74%
Pharmocotherapies	**88**	**26%**
Antabuse	49	14%
Buprenorphine (Subutex)	11	3%
Buprenorphine (Suboxone)	20	6%
Naltrexone	33	10%
Methadone	34	10%
Campral	34	10%
Testing	**287**	**84%**
Drug or alcohol urine screening	273	80%
Breathalyzer or blood alcohol testing	214	62%
TB screening	98	29%
HIV testing	65	19%
Screening for Hepatitis C	49	14%
Screening for Hepatitis B	52	15%
STD testing	56	16%
Transitional Services	**291**	**85%**
Discharge planning	282	82%
Assistance with obtaining social services	158	46%
Assistance in locating housing for clients	188	55%
Employment counseling or training for clients	85	25%
Other Services	**286**	**83%**
Case manangement services	226	66%
HIV or AIDS education, counseling, or support	144	42%
Outcome follow-up after discharge	178	52%
Transportation assistance to treatment	95	28%
Domestic violence	104	30%
Child care for clients' children	32	9%
Acupuncture	2	1%
Residential beds for clients' children	14	4%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	101	29%
Any language other than English	158	46%
Staff counselor	48	30%
On-call interpreter	83	53%
Both staff counselor and on-call interpreter	27	17%
Spanish	72	21%
American Indian/Alaska Native languages	--	--
Other	8	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov