2005 State Profile - Iowa

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, click here.

In **Iowa,** 128 substance abuse treatment facilities responded to the 2005 N-SSATS, reporting that there were 8,362 clients in substance abuse treatment on March 31, 2005. The survey response rate in **Iowa** was 99%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	112	88%	7,550	90%	1,019	94%
Private for-profit	7	6%	296	4%	38	4%
Local government	4	3%	75	1%	23	2%
State government	2	2%	76	1%	--	--
Federal government	2	2%	338	4%	--	--
Dept. of Veterans Affairs	2	2%	338	4%	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	1	1%	27	<1%	7	<1%
Total	**128**	**100%**	**8,362**	**100%**	**1,087**	**100%**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2005			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	99	77%	6,724	80%	619	57%
Mental health services	3	2%	42	1%	14	1%
Mix of mental health & substance abuse treatment services	24	19%	1,258	15%	454	42%
General health care	2	2%	338	4%	--	--
Other/unknown	--	--	--	--	--	--
Total	**128**	**100%**	**8,362**	**100%**	**1,087**	**100%**

Substance Abuse Problem Treated

	Facilities[1]		Clients in Treatment on March 31, 2005		
			Clients		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	109	100%	4,345	52%	163
Clients with drug abuse only	90	83%	1,839	22%	74
Clients with alcohol abuse only	99	91%	2,134	26%	83
Total [2]	**109**		**8,318**	**100%**	**320**

[1] Facilities may be included in more than one category.

[2] Excludes 19 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2005				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**117**	**91%**	**7,735**	**93%**	**27**	**944**	**87%**
Regular outpatient	111	87%	6,379	76%	22		
Intensive outpatient	74	58%	892	11%	6		
Day treatment/partial hospitalization	21	16%	124	2%	4		
Detoxification	11	9%	43	1%	--		
Methadone	3	2%	297	4%	130		
Residential	**31**	**24%**	**591**	**7%**	**12**	**141**	**13%**
Short term	17	13%	188	2%	7		
Long term	25	20%	384	5%	11		
Detoxification	7	6%	19	<1%	1		
Hospital Inpatient	**14**	**11%**	**36**	**<1%**	2	**2**	**<1%**
Treatment	3	2%	6	<1%	2		
Detoxification	14	11%	30	<1%	1		
Total	**128**		**8,362**	**100%**	**30**	**1,087**	**100%**

[1] Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	2	67%
Detoxification only	--	--
Both maintenance and detoxification	1	33%
Total	3	100%
Clients in Facilities with OTPs	271	
Methadone	271	
Buprenorphine	--	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	124	97%
Private health insurance	118	92%
Medicare	36	28%
Medicaid	120	94%
Other State-financed health insurance	52	41%
Federal military insurance	70	55%
No payment accepted	2	2%
Other type of payment	3	2%
Sliding fee scale	93	73%
Treatment at no charge for clients	46	36%

Facility Capacity and Utilization[1]

	Residential	Hospital Inpatient
No. of facilities	28	3
No. of clients	521	11
Designated beds	588	17
Utilization rate	89%	65%
Designated beds per facility (average)	21	17

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	126	98%
State substance abuse agency	110	86%
State mental health department	22	17%
State public health department/board of health	81	63%
Hospital licensing authority	16	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	24	19%
CARF (Rehabilitation Accreditation Commission)	19	15%
NCQA (National Committee for Quality Assurance)	3	2%
COA (Council for Accreditation for Children and Family Services)	2	1%
Other State/Local Agency/Organization	5	4%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	111	87%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	99	77%

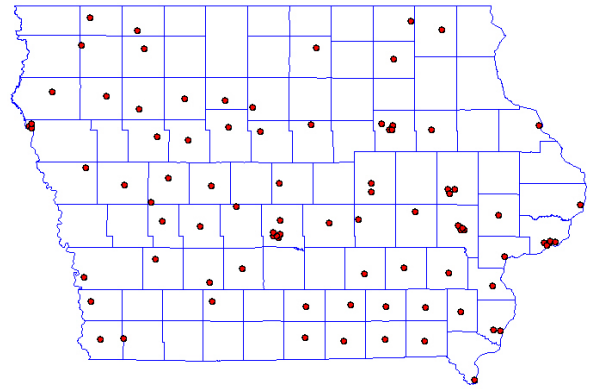
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	105	82%
Co-occuring disorders	53	41%
Adult women	31	24%
Adolescents	66	52%
DUI/DWI offenders	49	38%
Criminal justice clients	22	17%
Adult men	18	14%
Pregnant or postpartum women	18	14%
Persons with HIV or AIDS	5	4%
Seniors or Older Adults	5	4%
Gays or lesbians	3	2%
Other groups	6	5%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	**124**	**97%**
Comprehensive substance abuse assessment or diagnosis	122	95%
Comprehensive mental health assessment or diagnosis	34	27%
Substance Abuse Therapy and Counseling	**127**	**99%**
Individual therapy	127	99%
Group therapy	119	93%
Relapse prevention	94	73%
Aftercare counseling	110	86%
Family counseling	114	89%
Pharmocotherapies	**35**	**27%**
Antabuse	29	23%
Buprenorphine (Subutex)	1	1%
Buprenorphine (Suboxone)	2	2%
Naltrexone	10	8%
Methadone	3	2%
Campral	11	9%
Testing	**113**	**88%**
Drug or alcohol urine screening	109	85%
Breathalyzer or blood alcohol testing	76	59%
TB screening	54	42%
HIV testing	28	22%
Screening for Hepatitis C	28	22%
Screening for Hepatitis B	29	23%
STD testing	25	20%
Transitional Services	**116**	**91%**
Discharge planning	116	91%
Assistance with obtaining social services	68	53%
Assistance in locating housing	42	33%
Employment counseling or training	35	27%
Other Services	**116**	**91%**
Case manangement services	57	45%
HIV or AIDS education, counseling, or support	70	55%
Outcome follow-up after discharge	80	63%
Transportation assistance to treatment	24	19%
Domestic violence	19	15%
Child care	15	12%
Acupuncture	1	1%
Residential beds for clients' children	4	3%

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Sign language	44	34%
Any language other than English	59	46%
Staff counselor	3	5%
On-call interpreter	47	80%
Both staff counselor and on-call interpreter	9	15%
Spanish	12	9%
American Indian/Alaska Native languages	--	--
Other	--	--

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2005. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov