2009 State Profile — Washington
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Washington, 434 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 42,734 clients in substance abuse treatment on March 31, 2009. The survey response rate in Washington was 95.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	191	44.0	21,622	50.6	2,273	67.4
Private for-profit	168	38.7	14,318	33.5	576	17.1
Local government	26	6.0	1,895	4.4	232	6.9
State government	7	1.6	360	0.8	165	4.9
Federal government	10	2.3	2,649	6.2	32	0.9
Dept. of Veterans Affairs	5	1.2	1,597	3.7	0	0.0
Dept. of Defense	3	0.7	694	1.6	0	0.0
Indian Health Service	2	0.5	358	0.8	32	0.9
Other	0	0.0	0	0.0	0	0.0
Tribal government	32	7.4	1,890	4.4	95	2.8
Total	**434**	**100.0**	**42,734**	**100.0**	**3,373**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	319	73.5	33,026	77.3	2,574	76.3
Mental health services	5	1.2	222	0.5	10	0.3
Mix of mental health & substance abuse treatment services	107	24.7	9,367	21.9	718	21.3
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	3	0.7	119	0.3	71	2.1
Total	**434**	**100.0**	**42,734**	**100.0**	**3,373**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	400	97.3	23,089	54.0	407
Clients with drug abuse only	320	77.9	9,746	22.8	182
Clients with alcohol abuse only	335	81.5	9,899	23.2	184
Total[2]	**411**		**42,734**	**100.0**	**773**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 23

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**391**	**90.1**	**40,694**	**95.2**	**68**	**3,110**	**92.2**
Regular outpatient	388	89.4	22,464	52.6	40		
Intensive outpatient	340	78.3	11,150	26.1	18		
Day treatment/partial hospitalization	28	6.5	147	0.3	<1		
Detoxification	25	5.8	217	0.5	<1		
Methadone/buprenorphine	28	6.5	6,716	15.7	254		
Residential	**55**	**12.7**	**1,869**	**4.4**	**23**	**256**	**7.6**
Short term	34	7.8	1,009	2.4	19		
Long term	34	7.8	750	1.8	16		
Detoxification	12	2.8	110	0.3	7		
Hospital Inpatient	**11**	**2.5**	**171**	**0.4**	**12**	**7**	**0.2**
Rehabilitation	11	2.5	111	0.3	9		
Detoxification	11	2.5	60	0.1	4		
Total	**434**		**42,734**	**100.0**	**60**	**3,373**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**19**	**1.5**
Clients in Facilities with OTPs		
Methadone	6,316	99.2
Buprenorphine	50	0.8
Total	**6,366**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	395	91.0
Private health insurance	363	83.6
Medicare	116	26.7
Medicaid	249	57.4
Other State-financed health insurance	189	43.5
Federal military insurance	115	26.5
Access to Recovery (ATR) vouchers[2]	102	23.5
No payment accepted	6	1.4
Accepts other payments	2	0.5
Sliding fee scale	286	65.9
Treatment at no charge for clients who cannot pay	193	44.5

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	429	98.8
State substance abuse agency	422	97.2
State mental health department	106	24.4
State department of health	267	61.5
Hospital licensing authority	7	1.6
The Joint Commision	57	13.1
CARF[2]	55	12.7
NCQA[3]	7	1.6
COA[4]	10	2.3
Other State/Local Agency/Org	20	4.6

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	238	54.8

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**432**	**99.5**
Screening for substance abuse	406	93.5
Screening for mental health disorders	246	56.7
Comprehensive substance abuse assessment/diagnosis	412	94.9
Comprehensive mental health assessment/diagnosis	123	28.3
Outreach to persons in the community who may need treatment	225	51.8
Interim services for clients when immediate admission is not possible	227	52.3
Testing	**420**	**96.8**
Breathalyzer/blood alcohol testing	233	53.7
Drug or alcohol urine screening	412	94.9
Screening for Hepatitis B	45	10.4
Screening for Hepatitis C	50	11.5
HIV testing	45	10.4
STD testing	34	7.8
TB screening	140	32.3
Counseling	**432**	**99.5**
Individual counseling	431	99.3
Group counseling	419	96.5
Family counseling	285	65.7
Marital/couples counseling	128	29.5
Transitional Services	**426**	**98.2**
Discharge planning	407	93.8
Aftercare/continuing care	396	91.2
Pharmocotherapies	**135**	**31.1**
Medications for psychiatric disorders	91	21.0
Nicotine replacement	63	14.5
Campral®	36	8.3
Antabuse®	49	11.3
Naltrexone	32	7.4
Buprenorphine	39	9.0
Subutex®	12	2.8
Suboxone®	38	8.8
Methadone	25	5.8
Ancillary Services	**428**	**98.6**
Case management services	375	86.4
Social skills development	287	66.1
Mentoring/peer support	190	43.8
Child care for clients' children	41	9.4
Assistance with obtaining social services	215	49.5
Employment counseling or training for clients	129	29.7
Assistance in locating housing for clients	197	45.4
Domestic violence	133	30.6
Early intervention for HIV	127	29.3
HIV or AIDS education, counseling, or support	231	53.2
Health education other than HIV/AIDS	184	42.4
Substance abuse education	415	95.6
Transportation assistance to treatment	129	29.7
Mental health services	197	45.4
Acupuncture	22	5.1
Residential beds for clients' children	9	2.1
Self-help groups	175	40.3

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	429	98.8
Relapse prevention	421	97.0
Cognitive-behavioral therapy	399	91.9
12-step facilitation	331	76.3
Motivational interviewing	395	91.0
Anger management	278	64.1

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	355	81.8
Contingency management	270	62.2
Trauma-related counseling	234	53.9
Rational emotive behavioral therapy	239	55.1
Matrix model	176	40.6
Community reinforcement plus vouchers	55	12.7
Other treatment approaches	92	21.2

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	50	10
Number of clients	1,757	171
Number of designated beds	2,044	232
Utilization rate (%)	86.0	73.7
No. of designated beds/facility (avg.)	41	23

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

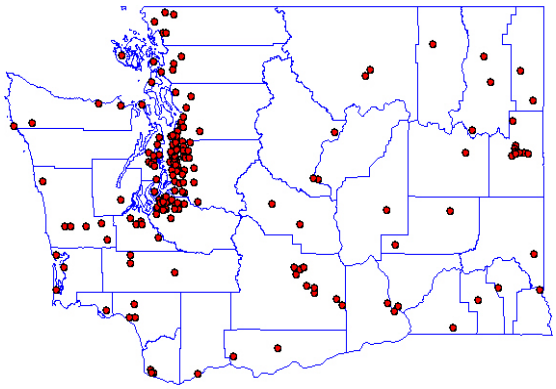
	Facilities No.	Facilities %
Any program or group	361	83.2
Co-occurring disorders	140	32.3
Adult women	112	25.8
Adolescents	159	36.6
DUI/DWI offenders	164	37.8
Criminal justice clients	74	17.1
Adult men	87	20.0
Pregnant or postpartum women	48	11.1
Persons with HIV or AIDS	26	6.0
Seniors or older adults	26	6.0
Gays or lesbians	21	4.8
Other groups	63	14.5

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	156	35.9
Any language other than English	175	40.3
Services Provided by:		
On-call interpreter	83	47.4
Staff counselor	53	30.3
Both staff counselor and on-call interpreter	39	22.3
Languages Provided by Staff Counselor:[1]		
Spanish	82	89.1
American Indian/Alaska Native languages	3	3.3
Other	23	25.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/