2009 State Profile — Rhode Island
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Rhode Island, 60 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 8,623 clients in substance abuse treatment on March 31, 2009. The survey response rate in Rhode Island was 98.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	40	66.7	4,848	56.2	490	89.3
Private for-profit	18	30.0	2,767	32.1	59	10.7
Local government	0	0.0	0	0.0	0	0.0
State government	0	0.0	0	0.0	0	0.0
Federal government	2	3.3	1,008	11.7	0	0.0
Dept. of Veterans Affairs	1	1.7	1,001	11.6	0	0.0
Dept. of Defense	1	1.7	7	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**60**	**100.0**	**8,623**	**100.0**	**549**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	37	61.7	5,828	67.6	191	34.8
Mental health services	6	10.0	313	3.6	12	2.2
Mix of mental health & substance abuse treatment services	17	28.3	2,482	28.8	346	63.0
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**60**	**100.0**	**8,623**	**100.0**	**549**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	48	88.9	3,182	36.9	350
Clients with drug abuse only	47	87.0	4,001	46.4	466
Clients with alcohol abuse only	43	79.6	1,440	16.7	162
Total[2]	**54**		**8,623**	**100.0**	**977**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 6

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**51**	**85.0**	**8,131**	**94.3**	**79**	**512**	**93.3**
Regular outpatient	44	73.3	4,397	51.0	52		
Intensive outpatient	23	38.3	216	2.5	5		
Day treatment/partial hospitalization	12	20.0	101	1.2	5		
Detoxification	11	18.3	146	1.7	8		
Methadone/buprenorphine	17	28.3	3,271	37.9	208		
Residential	**16**	**26.7**	**453**	**5.3**	**18**	**37**	**6.7**
Short term	4	6.7	105	1.2	15		
Long term	15	25.0	329	3.8	17		
Detoxification	3	5.0	19	0.2	1		
Hospital Inpatient	**3**	**5.0**	**39**	**0.5**	**15**	**0**	**0.0**
Rehabilitation	2	3.3	4	<.05	2		
Detoxification	3	5.0	35	0.4	13		
Total	**60**		**8,623**	**100.0**	**59**	**549**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**17**	**1.4**
Clients in Facilities with OTPs		
Methadone	3,101	99.7
Buprenorphine	10	0.3
Total	**3,111**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	57	95.0
Private health insurance	50	83.3
Medicare	18	30.0
Medicaid	50	83.3
Other State-financed health insurance	44	73.3
Federal military insurance	20	33.3
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	0	0.0
Accepts other payments	1	1.7
Sliding fee scale	34	56.7
Treatment at no charge for clients who cannot pay	39	65.0

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	56	93.3
State substance abuse agency	50	83.3
State mental health department	41	68.3
State department of health	24	40.0
Hospital licensing authority	3	5.0
The Joint Commision	17	28.3
CARF[2]	28	46.7
NCQA[3]	1	1.7
COA[4]	5	8.3
Other State/Local Agency/Org	2	3.3

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	40	66.7

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**60**	**100.0**
Screening for substance abuse	57	95.0
Screening for mental health disorders	42	70.0
Comprehensive substance abuse assessment/diagnosis	59	98.3
Comprehensive mental health assessment/diagnosis	23	38.3
Outreach to persons in the community who may need treatment	32	53.3
Interim services for clients when immediate admission is not possible	30	50.0
Testing	**59**	**98.3**
Breathalyzer/blood alcohol testing	41	68.3
Drug or alcohol urine screening	58	96.7
Screening for Hepatitis B	16	26.7
Screening for Hepatitis C	16	26.7
HIV testing	18	30.0
STD testing	12	20.0
TB screening	21	35.0
Counseling	**60**	**100.0**
Individual counseling	60	100.0
Group counseling	57	95.0
Family counseling	45	75.0
Marital/couples counseling	34	56.7
Transitional Services	**60**	**100.0**
Discharge planning	58	96.7
Aftercare/continuing care	51	85.0
Pharmocotherapies	**39**	**65.0**
Medications for psychiatric disorders	22	36.7
Nicotine replacement	7	11.7
Campral®	10	16.7
Antabuse®	13	21.7
Naltrexone	14	23.3
Buprenorphine	12	20.0
Subutex®	4	6.7
Suboxone®	12	20.0
Methadone	19	31.7
Ancillary Services	**60**	**100.0**
Case management services	54	90.0
Social skills development	45	75.0
Mentoring/peer support	27	45.0
Child care for clients' children	5	8.3
Assistance with obtaining social services	42	70.0
Employment counseling or training for clients	24	40.0
Assistance in locating housing for clients	35	58.3
Domestic violence	15	25.0
Early intervention for HIV	16	26.7
HIV or AIDS education, counseling, or support	36	60.0
Health education other than HIV/AIDS	29	48.3
Substance abuse education	56	93.3
Transportation assistance to treatment	18	30.0
Mental health services	33	55.0
Acupuncture	0	0.0
Residential beds for clients' children	1	1.7
Self-help groups	25	41.7

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	60	100.0
Relapse prevention	57	95.0
Cognitive-behavioral therapy	56	93.3
12-step facilitation	50	83.3
Motivational interviewing	53	88.3
Anger management	51	85.0

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	49	81.7
Contingency management	39	65.0
Trauma-related counseling	45	75.0
Rational emotive behavioral therapy	25	41.7
Matrix model	17	28.3
Community reinforcement plus vouchers	10	16.7
Other treatment approaches	9	15.0

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	16	2
Number of clients	453	32
Number of designated beds	436	33
Utilization rate (%)	103.9	97.0
No. of designated beds/facility (avg.)	27	17

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

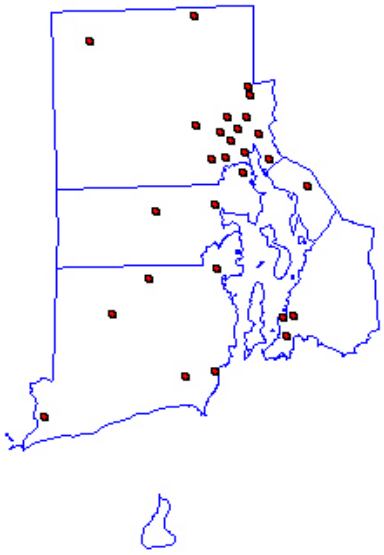
	Facilities No.	Facilities %
Any program or group	51	85.0
Co-occurring disorders	24	40.0
Adult women	19	31.7
Adolescents	14	23.3
DUI/DWI offenders	5	8.3
Criminal justice clients	12	20.0
Adult men	13	21.7
Pregnant or postpartum women	7	11.7
Persons with HIV or AIDS	7	11.7
Seniors or older adults	2	3.3
Gays or lesbians	3	5.0
Other groups	5	8.3

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	18	30.0
Any language other than English	39	65.0
Services Provided by:		
On-call interpreter	10	25.6
Staff counselor	15	38.5
Both staff counselor and on-call interpreter	14	35.9
Languages Provided by Staff Counselor:[1]		
Spanish	28	96.6
American Indian/Alaska Native languages	0	0.0
Other	11	37.9

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/