2009 State Profile — New Hampshire
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In New Hampshire, 58 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 5,107 clients in substance abuse treatment on March 31, 2009. The survey response rate in New Hampshire was 88.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	39	67.2	1,841	36.0	219	45.1
Private for-profit	15	25.9	3,093	60.6	238	49.0
Local government	1	1.7	10	0.2	7	1.4
State government	3	5.2	163	3.2	22	4.5
Federal government	0	0.0	0	0.0	0	0.0
Dept. of Veterans Affairs	0	0.0	0	0.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**58**	**100.0**	**5,107**	**100.0**	**486**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	26	44.8	2,606	51.0	69	14.2
Mental health services	12	20.7	1,577	30.9	261	53.7
Mix of mental health & substance abuse treatment services	15	25.9	694	13.6	112	23.0
General health care	3	5.2	174	3.4	0	0.0
Other/unknown	2	3.4	56	1.1	44	9.1
Total	**58**	**100.0**	**5,107**	**100.0**	**486**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	45	83.3	2,352	46.0	193
Clients with drug abuse only	41	75.9	2,063	40.4	194
Clients with alcohol abuse only	40	74.1	692	13.6	59
Total[2]	**54**		**5,107**	**100.0**	**446**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 4

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**40**	**69.0**	**4,763**	**93.3**	**94**	**461**	**94.9**
Regular outpatient	33	56.9	2,645	51.8	23		
Intensive outpatient	11	19.0	189	3.7	18		
Day treatment/partial hospitalization	4	6.9	29	0.6	5		
Detoxification	14	24.1	146	2.9	9		
Methadone/buprenorphine	12	20.7	1,754	34.3	106		
Residential	**20**	**34.5**	**307**	**6.0**	**14**	**25**	**5.1**
Short term	11	19.0	88	1.7	7		
Long term	18	31.0	201	3.9	11		
Detoxification	7	12.1	18	0.4	3		
Hospital Inpatient	**5**	**8.6**	**37**	**0.7**	**3**	**0**	**0.0**
Rehabilitation	2	3.4	29	0.6	15		
Detoxification	4	6.9	8	0.2	3		
Total	**58**		**5,107**	**100.0**	**27**	**486**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**9**	**0.7**
Clients in Facilities with OTPs		
Methadone	1,763	99.6
Buprenorphine	7	0.4
Total	**1,770**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	51	87.9
Private health insurance	33	56.9
Medicare	20	34.5
Medicaid	34	58.6
Other State-financed health insurance	15	25.9
Federal military insurance	19	32.8
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	4	6.9
Accepts other payments	3	5.2
Sliding fee scale	35	60.3
Treatment at no charge for clients who cannot pay	36	62.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	54	93.1
State substance abuse agency	39	67.2
State mental health department	14	24.1
State department of health	30	51.7
Hospital licensing authority	6	10.3
The Joint Commision	10	17.2
CARF[2]	14	24.1
NCQA[3]	1	1.7
COA[4]	5	8.6
Other State/Local Agency/Org	8	13.8

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	37	63.8

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**57**	**98.3**
Screening for substance abuse	51	87.9
Screening for mental health disorders	35	60.3
Comprehensive substance abuse assessment/diagnosis	48	82.8
Comprehensive mental health assessment/diagnosis	23	39.7
Outreach to persons in the community who may need treatment	27	46.6
Interim services for clients when immediate admission is not possible	21	36.2
Testing	**43**	**74.1**
Breathalyzer/blood alcohol testing	31	53.4
Drug or alcohol urine screening	43	74.1
Screening for Hepatitis B	17	29.3
Screening for Hepatitis C	16	27.6
HIV testing	14	24.1
STD testing	11	19.0
TB screening	21	36.2
Counseling	**56**	**96.6**
Individual counseling	54	93.1
Group counseling	52	89.7
Family counseling	42	72.4
Marital/couples counseling	31	53.4
Transitional Services	**54**	**93.1**
Discharge planning	51	87.9
Aftercare/continuing care	45	77.6
Pharmocotherapies	**34**	**58.6**
Medications for psychiatric disorders	23	39.7
Nicotine replacement	19	32.8
Campral®	16	27.6
Antabuse®	16	27.6
Naltrexone	18	31.0
Buprenorphine	17	29.3
Subutex®	8	13.8
Suboxone®	17	29.3
Methadone	9	15.5
Ancillary Services	**58**	**100.0**
Case management services	44	75.9
Social skills development	41	70.7
Mentoring/peer support	29	50.0
Child care for clients' children	2	3.4
Assistance with obtaining social services	28	48.3
Employment counseling or training for clients	19	32.8
Assistance in locating housing for clients	21	36.2
Domestic violence	16	27.6
Early intervention for HIV	10	17.2
HIV or AIDS education, counseling, or support	25	43.1
Health education other than HIV/AIDS	30	51.7
Substance abuse education	54	93.1
Transportation assistance to treatment	15	25.9
Mental health services	31	53.4
Acupuncture	0	0.0
Residential beds for clients' children	1	1.7
Self-help groups	32	55.2

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	55	94.8
Relapse prevention	56	96.6
Cognitive-behavioral therapy	51	87.9
12-step facilitation	49	84.5
Motivational interviewing	48	82.8
Anger management	42	72.4

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	47	81.0
Contingency management	30	51.7
Trauma-related counseling	46	79.3
Rational emotive behavioral therapy	32	55.2
Matrix model	15	25.9
Community reinforcement plus vouchers	8	13.8
Other treatment approaches	14	24.1

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	19	1
Number of clients	298	3
Number of designated beds	370	15
Utilization rate (%)	80.5	20.0
No. of designated beds/facility (avg.)	19	15

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

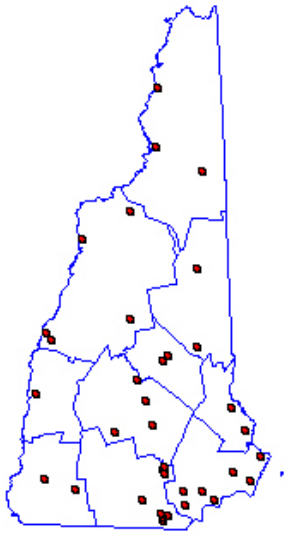
	Facilities No.	Facilities %
Any program or group	41	70.7
Co-occurring disorders	13	22.4
Adult women	17	29.3
Adolescents	16	27.6
DUI/DWI offenders	12	20.7
Criminal justice clients	7	12.1
Adult men	12	20.7
Pregnant or postpartum women	9	15.5
Persons with HIV or AIDS	4	6.9
Seniors or older adults	2	3.4
Gays or lesbians	0	0.0
Other groups	4	6.9

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	10	17.2
Any language other than English	17	29.3
Services Provided by:		
On-call interpreter	10	58.8
Staff counselor	5	29.4
Both staff counselor and on-call interpreter	2	11.8
Languages Provided by Staff Counselor:[1]		
Spanish	7	100.0
American Indian/Alaska Native languages	0	0.0
Other	3	42.9

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov