2009 State Profile — Vermont
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In the Vermont, 41 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 4,722 clients in substance abuse treatment on March 31, 2009. The survey response rate in Vermont was 100.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	32	78.0	4,025	85.2	456	94.4
Private for-profit	7	17.1	609	12.9	27	5.6
Local government	0	0.0	0	0.0	0	0.0
State government	0	0.0	0	0.0	0	0.0
Federal government	2	4.9	88	1.9	0	0.0
Dept. of Veterans Affairs	2	4.9	88	1.9	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**41**	**100.0**	**4,722**	**100.0**	**483**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	18	43.9	2,193	46.4	60	12.4
Mental health services	1	2.4	15	0.3	15	3.1
Mix of mental health & substance abuse treatment services	21	51.2	2,441	51.7	408	84.5
General health care	1	2.4	73	1.5	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**41**	**100.0**	**4,722**	**100.0**	**483**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	40	97.6	2,281	48.3	395
Clients with drug abuse only	40	97.6	1,409	29.8	269
Clients with alcohol abuse only	35	85.4	1,031	21.8	192
Total[2]	**41**		**4,722**	**100.0**	**856**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 0

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**34**	**82.9**	**4,521**	**95.7**	**73**	**471**	**97.5**
Regular outpatient	33	80.5	2,989	63.3	60		
Intensive outpatient	14	34.1	669	14.2	17		
Day treatment/partial hospitalization	5	12.2	60	1.3	8		
Detoxification	8	19.5	13	0.3	<1		
Methadone/buprenorphine	15	36.6	790	16.7	21		
Residential	**5**	**12.2**	**81**	**1.7**	**18**	**0**	**0.0**
Short term	1	2.4	17	0.4	17		
Long term	3	7.3	56	1.2	18		
Detoxification	2	4.9	8	0.2	4		
Hospital Inpatient	**5**	**12.2**	**120**	**2.5**	**21**	**12**	**2.5**
Rehabilitation	3	7.3	88	1.9	34		
Detoxification	5	12.2	32	0.7	3		
Total	**41**		**4,722**	**100.0**	**70**	**483**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**7**	**0.6**
Clients in Facilities with OTPs		
Methadone	487	88.9
Buprenorphine	61	11.1
Total	**548**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	39	95.1
Private health insurance	34	82.9
Medicare	24	58.5
Medicaid	36	87.8
Other State-financed health insurance	30	73.2
Federal military insurance	21	51.2
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	0	0.0
Accepts other payments	0	0.0
Sliding fee scale	32	78.0
Treatment at no charge for clients who cannot pay	27	65.9

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	38	92.7
State substance abuse agency	34	82.9
State mental health department	21	51.2
State department of health	21	51.2
Hospital licensing authority	5	12.2
The Joint Commision	9	22.0
CARF[2]	19	46.3
NCQA[3]	3	7.3
COA[4]	2	4.9
Other State/Local Agency/Org	2	4.9

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	31	75.6

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**41**	**100.0**
Screening for substance abuse	40	97.6
Screening for mental health disorders	34	82.9
Comprehensive substance abuse assessment/diagnosis	40	97.6
Comprehensive mental health assessment/diagnosis	27	65.9
Outreach to persons in the community who may need treatment	22	53.7
Interim services for clients when immediate admission is not possible	21	51.2
Testing	**39**	**95.1**
Breathalyzer/blood alcohol testing	31	75.6
Drug or alcohol urine screening	38	92.7
Screening for Hepatitis B	12	29.3
Screening for Hepatitis C	12	29.3
HIV testing	14	34.1
STD testing	12	29.3
TB screening	13	31.7
Counseling	**40**	**97.6**
Individual counseling	40	97.6
Group counseling	38	92.7
Family counseling	31	75.6
Marital/couples counseling	24	58.5
Transitional Services	**40**	**97.6**
Discharge planning	37	90.2
Aftercare/continuing care	40	97.6
Pharmocotherapies	**28**	**68.3**
Medications for psychiatric disorders	19	46.3
Nicotine replacement	12	29.3
Campral®	15	36.6
Antabuse®	16	39.0
Naltrexone	16	39.0
Buprenorphine	18	43.9
Subutex®	11	26.8
Suboxone®	18	43.9
Methadone	10	24.4
Ancillary Services	**41**	**100.0**
Case management services	37	90.2
Social skills development	32	78.0
Mentoring/peer support	16	39.0
Child care for clients' children	1	2.4
Assistance with obtaining social services	31	75.6
Employment counseling or training for clients	19	46.3
Assistance in locating housing for clients	21	51.2
Domestic violence	14	34.1
Early intervention for HIV	15	36.6
HIV or AIDS education, counseling, or support	28	68.3
Health education other than HIV/AIDS	26	63.4
Substance abuse education	39	95.1
Transportation assistance to treatment	16	39.0
Mental health services	32	78.0
Acupuncture	3	7.3
Residential beds for clients' children	0	0.0
Self-help groups	14	34.1

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	40	97.6
Relapse prevention	40	97.6
Cognitive-behavioral therapy	40	97.6
12-step facilitation	32	78.0
Motivational interviewing	40	97.6
Anger management	35	85.4

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	38	92.7
Contingency management	24	58.5
Trauma-related counseling	34	82.9
Rational emotive behavioral therapy	16	39.0
Matrix model	13	31.7
Community reinforcement plus vouchers	6	14.6
Other treatment approaches	12	29.3

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	5	3
Number of clients	81	115
Number of designated beds	99	140
Utilization rate (%)	81.8	82.1
No. of designated beds/facility (avg.)	20	47

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	34	82.9
Co-occurring disorders	15	36.6
Adult women	17	41.5
Adolescents	17	41.5
DUI/DWI offenders	16	39.0
Criminal justice clients	8	19.5
Adult men	11	26.8
Pregnant or postpartum women	9	22.0
Persons with HIV or AIDS	0	0.0
Seniors or older adults	0	0.0
Gays or lesbians	1	2.4
Other groups	5	12.2

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	20	48.8
Any language other than English	14	34.1
Services Provided by:		
On-call interpreter	11	78.6
Staff counselor	3	21.4
Both staff counselor and on-call interpreter	3	100.0
Languages Provided by Staff Counselor:[1]		
Spanish	0	0.0
American Indian/Alaska Native languages	1	33.3
Other		

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/