2009 State Profile — Pennsylvania
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Pennsylvania, 533 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 49,528 clients in substance abuse treatment on March 31, 2009. The survey response rate in Pennsylvania was 93.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	347	65.1	28,000	56.5	2,239	73.6
Private for-profit	167	31.3	18,422	37.2	757	24.9
Local government	5	0.9	445	0.9	47	1.5
State government	3	0.6	122	0.2	0	0.0
Federal government	11	2.1	2,539	5.1	0	0.0
Dept. of Veterans Affairs	11	2.1	2,539	5.1	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**533**	**100.0**	**49,528**	**100.0**	**3,043**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	359	67.4	37,590	75.9	2,155	70.8
Mental health services	18	3.4	523	1.1	71	2.3
Mix of mental health & substance abuse treatment services	153	28.7	11,225	22.7	809	26.6
General health care	1	0.2	100	0.2	0	0.0
Other/unknown	2	0.4	90	0.2	8	0.3
Total	**533**	**100.0**	**49,528**	**100.0**	**3,043**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	462	90.1	21,361	43.9	200
Clients with drug abuse only	421	82.1	19,825	40.7	194
Clients with alcohol abuse only	399	77.8	7,475	15.4	70
Total[2]	**513**		**48,662**	**100.0**	**464**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 20

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**412**	**77.3**	**44,786**	**90.4**	**74**	**2,734**	**89.8**
Regular outpatient	394	73.9	21,269	42.9	35		
Intensive outpatient	245	46.0	8,034	16.2	20		
Day treatment/partial hospitalization	71	13.3	683	1.4	8		
Detoxification	29	5.4	75	0.2	<1		
Methadone/buprenorphine	79	14.8	14,725	29.7	165		
Residential	**143**	**26.8**	**4,346**	**8.8**	**23**	**308**	**10.1**
Short term	69	12.9	1,860	3.8	18		
Long term	116	21.8	2,174	4.4	17		
Detoxification	37	6.9	312	0.6	7		
Hospital Inpatient	**24**	**4.5**	**396**	**0.8**	**11**	**1**	**<.05**
Rehabilitation	18	3.4	277	0.6	9		
Detoxification	22	4.1	119	0.2	4		
Total	**533**		**49,528**	**100.0**	**54**	**3,043**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**73**	**5.9**
Clients in Facilities with OTPs		
Methadone	15,460	99.2
Buprenorphine	131	0.8
Total	**15,591**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	505	94.7
Private health insurance	367	68.9
Medicare	158	29.6
Medicaid	393	73.7
Other State-financed health insurance	239	44.8
Federal military insurance	119	22.3
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	6	1.1
Accepts other payments	31	5.8
Sliding fee scale	264	49.5
Treatment at no charge for clients who cannot pay	225	42.2

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	517	97.0
State substance abuse agency	389	73.0
State mental health department	119	22.3
State department of health	452	84.8
Hospital licensing authority	27	5.1
The Joint Commision	121	22.7
CARF[2]	89	16.7
NCQA[3]	13	2.4
COA[4]	33	6.2
Other State/Local Agency/Org	55	10.3

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	320	60.0

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**518**	**97.2**
Screening for substance abuse	479	89.9
Screening for mental health disorders	311	58.3
Comprehensive substance abuse assessment/diagnosis	486	91.2
Comprehensive mental health assessment/diagnosis	229	43.0
Outreach to persons in the community who may need treatment	261	49.0
Interim services for clients when immediate admission is not possible	216	40.5
Testing	**465**	**87.2**
Breathalyzer/blood alcohol testing	279	52.3
Drug or alcohol urine screening	446	83.7
Screening for Hepatitis B	130	24.4
Screening for Hepatitis C	148	27.8
HIV testing	218	40.9
STD testing	111	20.8
TB screening	187	35.1
Counseling	**532**	**99.8**
Individual counseling	529	99.2
Group counseling	491	92.1
Family counseling	460	86.3
Marital/couples counseling	320	60.0
Transitional Services	**520**	**97.6**
Discharge planning	517	97.0
Aftercare/continuing care	480	90.1
Pharmocotherapies	**279**	**52.3**
Medications for psychiatric disorders	214	40.2
Nicotine replacement	101	18.9
Campral®	86	16.1
Antabuse®	59	11.1
Naltrexone	78	14.6
Buprenorphine	82	15.4
Subutex®	34	6.4
Suboxone®	74	13.9
Methadone	80	15.0
Ancillary Services	**522**	**97.9**
Case management services	333	62.5
Social skills development	339	63.6
Mentoring/peer support	230	43.2
Child care for clients' children	38	7.1
Assistance with obtaining social services	350	65.7
Employment counseling or training for clients	171	32.1
Assistance in locating housing for clients	245	46.0
Domestic violence	140	26.3
Early intervention for HIV	175	32.8
HIV or AIDS education, counseling, or support	313	58.7
Health education other than HIV/AIDS	243	45.6
Substance abuse education	493	92.5
Transportation assistance to treatment	231	43.3
Mental health services	270	50.7
Acupuncture	10	1.9
Residential beds for clients' children	18	3.4
Self-help groups	275	51.6

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	528	99.1
Relapse prevention	517	97.0
Cognitive-behavioral therapy	510	95.7
12-step facilitation	474	88.9
Motivational interviewing	438	82.2
Anger management	475	89.1

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	428	80.3
Contingency management	332	62.3
Trauma-related counseling	349	65.5
Rational emotive behavioral therapy	300	56.3
Matrix model	147	27.6
Community reinforcement plus vouchers	59	11.1
Other treatment approaches	99	18.6

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	138	15
Number of clients	4,308	228
Number of designated beds	5,248	307
Utilization rate (%)	82.1	74.3
No. of designated beds/facility (avg.)	38	20

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

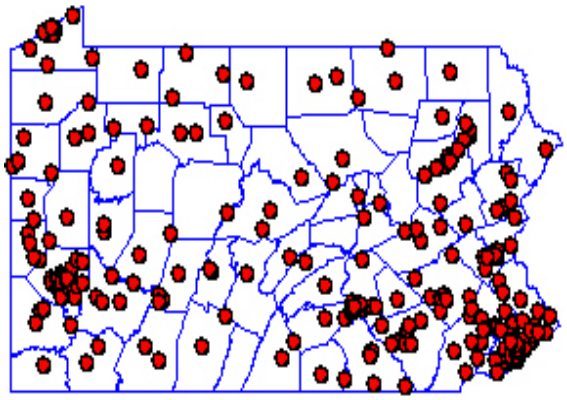
	Facilities No.	Facilities %
Any program or group	423	79.4
Co-occurring disorders	208	39.0
Adult women	202	37.9
Adolescents	149	28.0
DUI/DWI offenders	124	23.3
Criminal justice clients	127	23.8
Adult men	155	29.1
Pregnant or postpartum women	61	11.4
Persons with HIV or AIDS	79	14.8
Seniors or older adults	29	5.4
Gays or lesbians	30	5.6
Other groups	70	13.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	113	21.2
Any language other than English	138	25.9
Services Provided by:		
On-call interpreter	35	25.4
Staff counselor	83	60.1
Both staff counselor and on-call interpreter	20	14.5
Languages Provided by Staff Counselor:[1]		
Spanish	97	94.2
American Indian/Alaska Native languages	0	0.0
Other	18	17.5

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/