2009 State Profile — North Dakota
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In North Dakota, 59 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 2,108 clients in substance abuse treatment on March 31, 2009. The survey response rate in North Dakota was 98.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	16	27.1	442	21.0	73	23.7
Private for-profit	28	47.5	522	24.8	73	23.7
Local government	0	0.0	0	0.0	0	0.0
State government	10	16.9	1,061	50.3	127	41.2
Federal government	2	3.4	40	1.9	0	0.0
Dept. of Veterans Affairs	1	1.7	33	1.6	0	0.0
Dept. of Defense	1	1.7	7	0.3	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	3	5.1	43	2.0	35	11.4
Total	**59**	**100.0**	**2,108**	**100.0**	**308**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	40	67.8	992	47.1	102	33.1
Mental health services	1	1.7	7	0.3	0	0.0
Mix of mental health & substance abuse treatment services	17	28.8	1,093	51.9	206	66.9
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	1	1.7	16	0.8	0	0.0
Total	**59**	**100.0**	**2,108**	**100.0**	**308**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	52	88.1	1,340	63.6	226
Clients with drug abuse only	43	72.9	242	11.5	40
Clients with alcohol abuse only	48	81.4	526	25.0	91
Total[2]	**59**		**2,108**	**100.0**	**358**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 0

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**51**	**86.4**	**1,756**	**83.3**	**18**	**235**	**76.3**
Regular outpatient	49	83.1	1,175	55.7	10		
Intensive outpatient	29	49.2	319	15.1	7		
Day treatment/partial hospitalization	23	39.0	223	10.6	6		
Detoxification	7	11.9	31	1.5	2		
Methadone/buprenorphine	3	5.1	8	0.4	<1		
Residential	**22**	**37.3**	**325**	**15.4**	**9**	**72**	**23.4**
Short term	18	30.5	88	4.2	3		
Long term	19	32.2	234	11.1	6		
Detoxification	9	15.3	3	0.1	<1		
Hospital Inpatient	**3**	**5.1**	**27**	**1.3**	**5**	**1**	**0.3**
Rehabilitation	3	5.1	16	0.8	2		
Detoxification	3	5.1	11	0.5	3		
Total	**59**		**2,108**	**100.0**	**18**	**308**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**0**	**0.0**
Clients in Facilities with OTPs		
Methadone	0	0.0
Buprenorphine	0	0.0
Total	**0**	**0.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	51	86.4
Private health insurance	43	72.9
Medicare	19	32.2
Medicaid	22	37.3
Other State-financed health insurance	18	30.5
Federal military insurance	25	42.4
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	4	6.8
Accepts other payments	1	1.7
Sliding fee scale	23	39.0
Treatment at no charge for clients who cannot pay	26	44.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	57	96.6
State substance abuse agency	56	94.9
State mental health department	22	37.3
State department of health	15	25.4
Hospital licensing authority	2	3.4
The Joint Commision	6	10.2
CARF[2]	3	5.1
NCQA[3]	3	5.1
COA[4]	1	1.7
Other State/Local Agency/Org	2	3.4

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	20	33.9

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**58**	**98.3**
Screening for substance abuse	54	91.5
Screening for mental health disorders	29	49.2
Comprehensive substance abuse assessment/diagnosis	54	91.5
Comprehensive mental health assessment/diagnosis	21	35.6
Outreach to persons in the community who may need treatment	25	42.4
Interim services for clients when immediate admission is not possible	26	44.1
Testing	**43**	**72.9**
Breathalyzer/blood alcohol testing	32	54.2
Drug or alcohol urine screening	42	71.2
Screening for Hepatitis B	8	13.6
Screening for Hepatitis C	9	15.3
HIV testing	11	18.6
STD testing	7	11.9
TB screening	13	22.0
Counseling	**59**	**100.0**
Individual counseling	55	93.2
Group counseling	50	84.7
Family counseling	45	76.3
Marital/couples counseling	26	44.1
Transitional Services	**57**	**96.6**
Discharge planning	54	91.5
Aftercare/continuing care	53	89.8
Pharmocotherapies	**21**	**35.6**
Medications for psychiatric disorders	18	30.5
Nicotine replacement	10	16.9
Campral®	12	20.3
Antabuse®	15	25.4
Naltrexone	15	25.4
Buprenorphine	3	5.1
Subutex®	1	1.7
Suboxone®	3	5.1
Methadone	1	1.7
Ancillary Services	**58**	**98.3**
Case management services	40	67.8
Social skills development	36	61.0
Mentoring/peer support	24	40.7
Child care for clients' children	3	5.1
Assistance with obtaining social services	20	33.9
Employment counseling or training for clients	15	25.4
Assistance in locating housing for clients	21	35.6
Domestic violence	20	33.9
Early intervention for HIV	4	6.8
HIV or AIDS education, counseling, or support	18	30.5
Health education other than HIV/AIDS	19	32.2
Substance abuse education	54	91.5
Transportation assistance to treatment	21	35.6
Mental health services	33	55.9
Acupuncture	4	6.8
Residential beds for clients' children	3	5.1
Self-help groups	24	40.7

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	58	98.3
Relapse prevention	55	93.2
Cognitive-behavioral therapy	55	93.2
12-step facilitation	50	84.7
Motivational interviewing	51	86.4
Anger management	42	71.2

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	47	79.7
Contingency management	36	61.0
Trauma-related counseling	32	54.2
Rational emotive behavioral therapy	27	45.8
Matrix model	22	37.3
Community reinforcement plus vouchers	8	13.6
Other treatment approaches	12	20.3

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	18	2
Number of clients	319	20
Number of designated beds	402	46
Utilization rate (%)	79.4	43.5
No. of designated beds/facility (avg.)	22	23

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

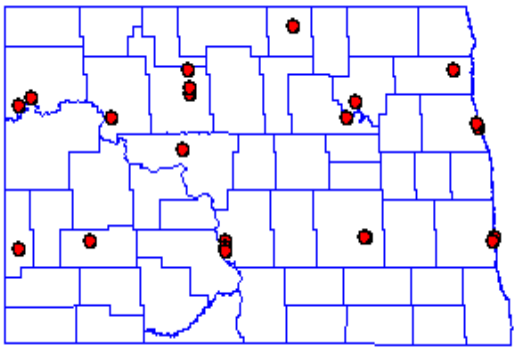
	Facilities No.	Facilities %
Any program or group	49	83.1
Co-occurring disorders	21	35.6
Adult women	19	32.2
Adolescents	19	32.2
DUI/DWI offenders	26	44.1
Criminal justice clients	4	6.8
Adult men	6	10.2
Pregnant or postpartum women	4	6.8
Persons with HIV or AIDS	0	0.0
Seniors or older adults	0	0.0
Gays or lesbians	0	0.0
Other groups	7	11.9

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	8	13.6
Any language other than English	4	6.8
Services Provided by:		
On-call interpreter	4	100.0
Staff counselor	0	0.0
Both staff counselor and on-call interpreter	0	0.0
Languages Provided by Staff Counselor:[1]		
Spanish	0	100.0
American Indian/Alaska Native languages	0	0.0
Other	0	0.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov