2009 State Profile — Oklahoma
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Oklahoma, 199 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 14,929 clients in substance abuse treatment on March 31, 2009. The survey response rate in Oklahoma was 94.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	105	52.8	8,807	59.0	944	84.9
Private for-profit	51	25.6	3,469	23.2	74	6.7
Local government	5	2.5	230	1.5	31	2.8
State government	13	6.5	586	3.9	19	1.7
Federal government	6	3.0	1,094	7.3	14	1.3
Dept. of Veterans Affairs	3	1.5	716	4.8	0	0.0
Dept. of Defense	2	1.0	363	2.4	0	0.0
Indian Health Service	1	0.5	15	0.1	14	1.3
Other	0	0.0	0	0.0	0	0.0
Tribal government	19	9.5	743	5.0	30	2.7
Total	**199**	**100.0**	**14,929**	**100.0**	**1,112**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	105	52.8	10,062	67.4	558	50.2
Mental health services	19	9.5	859	5.8	224	20.1
Mix of mental health & substance abuse treatment services	71	35.7	3,805	25.5	330	29.7
General health care	2	1.0	116	0.8	0	0.0
Other/unknown	2	1.0	87	0.6	0	0.0
Total	**199**	**100.0**	**14,929**	**100.0**	**1,112**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	176	89.8	7,047	47.2	232
Clients with drug abuse only	168	85.7	5,127	34.3	173
Clients with alcohol abuse only	164	83.7	2,755	18.5	94
Total[2]	**196**		**14,929**	**100.0**	**499**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 3

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**176**	**88.4**	**12,802**	**85.8**	**36**	**921**	**82.8**
Regular outpatient	171	85.9	9,875	66.1	25		
Intensive outpatient	68	34.2	837	5.6	2		
Day treatment/partial hospitalization	8	4.0	64	0.4	2		
Detoxification	18	9.0	38	0.3	<1		
Methadone/buprenorphine	13	6.5	1,988	13.3	122		
Residential	**49**	**24.6**	**2,044**	**13.7**	**20**	**191**	**17.2**
Short term	22	11.1	599	4.0	14		
Long term	41	20.6	1,227	8.2	17		
Detoxification	10	5.0	218	1.5	3		
Hospital Inpatient	**10**	**5.0**	**83**	**0.6**	**7**	**0**	**0.0**
Rehabilitation	7	3.5	21	0.1	2		
Detoxification	10	5.0	62	0.4	4		
Total	**199**		**14,929**	**100.0**	**37**	**1,112**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**13**	**1.0**
Clients in Facilities with OTPs		
Methadone	1,995	99.8
Buprenorphine	3	0.2
Total	**1,998**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	168	84.4
Private health insurance	88	44.2
Medicare	51	25.6
Medicaid	137	68.8
Other State-financed health insurance	52	26.1
Federal military insurance	51	25.6
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	10	5.0
Accepts other payments	1	0.5
Sliding fee scale	109	54.8
Treatment at no charge for clients who cannot pay	145	72.9

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	190	95.5
State substance abuse agency	165	82.9
State mental health department	128	64.3
State department of health	42	21.1
Hospital licensing authority	4	2.0
The Joint Commision	22	11.1
CARF[2]	127	63.8
NCQA[3]	2	1.0
COA[4]	16	8.0
Other State/Local Agency/Org	14	7.0

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	128	64.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**199**	**100.0**
Screening for substance abuse	193	97.0
Screening for mental health disorders	144	72.4
Comprehensive substance abuse assessment/diagnosis	177	88.9
Comprehensive mental health assessment/diagnosis	75	37.7
Outreach to persons in the community who may need treatment	149	74.9
Interim services for clients when immediate admission is not possible	126	63.3
Testing	**141**	**70.9**
Breathalyzer/blood alcohol testing	67	33.7
Drug or alcohol urine screening	140	70.4
Screening for Hepatitis B	18	9.0
Screening for Hepatitis C	23	11.6
HIV testing	29	14.6
STD testing	22	11.1
TB screening	36	18.1
Counseling	**197**	**99.0**
Individual counseling	193	97.0
Group counseling	186	93.5
Family counseling	159	79.9
Marital/couples counseling	117	58.8
Transitional Services	**194**	**97.5**
Discharge planning	188	94.5
Aftercare/continuing care	162	81.4
Pharmocotherapies	**65**	**32.7**
Medications for psychiatric disorders	45	22.6
Nicotine replacement	33	16.6
Campral®	17	8.5
Antabuse®	10	5.0
Naltrexone	12	6.0
Buprenorphine	6	3.0
Subutex®	3	1.5
Suboxone®	6	3.0
Methadone	15	7.5
Ancillary Services	**199**	**100.0**
Case management services	183	92.0
Social skills development	149	74.9
Mentoring/peer support	99	49.7
Child care for clients' children	11	5.5
Assistance with obtaining social services	115	57.8
Employment counseling or training for clients	64	32.2
Assistance in locating housing for clients	106	53.3
Domestic violence	78	39.2
Early intervention for HIV	33	16.6
HIV or AIDS education, counseling, or support	125	62.8
Health education other than HIV/AIDS	88	44.2
Substance abuse education	189	95.0
Transportation assistance to treatment	64	32.2
Mental health services	122	61.3
Acupuncture	0	0.0
Residential beds for clients' children	8	4.0
Self-help groups	74	37.2

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	196	98.5
Relapse prevention	189	95.0
Cognitive-behavioral therapy	192	96.5
12-step facilitation	140	70.4
Motivational interviewing	172	86.4
Anger management	183	92.0

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	172	86.4
Contingency management	139	69.8
Trauma-related counseling	161	80.9
Rational emotive behavioral therapy	135	67.8
Matrix model	97	48.7
Community reinforcement plus vouchers	47	23.6
Other treatment approaches	24	12.1

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	43	5
Number of clients	1,779	58
Number of designated beds	1,684	83
Utilization rate (%)	105.6	69.9
No. of designated beds/facility (avg.)	39	17

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

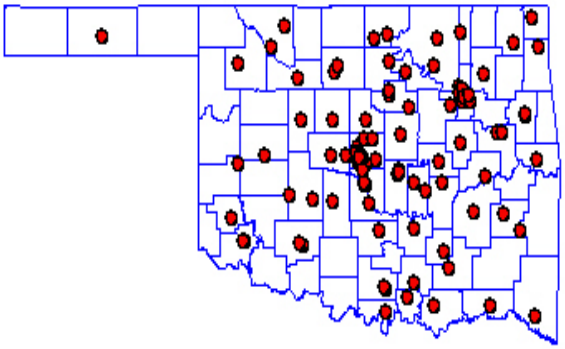
	Facilities No.	Facilities %
Any program or group	163	81.9
Co-occurring disorders	86	43.2
Adult women	78	39.2
Adolescents	59	29.6
DUI/DWI offenders	48	24.1
Criminal justice clients	71	35.7
Adult men	54	27.1
Pregnant or postpartum women	27	13.6
Persons with HIV or AIDS	16	8.0
Seniors or older adults	11	5.5
Gays or lesbians	9	4.5
Other groups	21	10.6

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	67	33.7
Any language other than English	68	34.2
Services Provided by:		
On-call interpreter	40	58.8
Staff counselor	13	19.1
Both staff counselor and on-call interpreter	15	22.1
Languages Provided by Staff Counselor:[1]		
Spanish	25	89.3
American Indian/Alaska Native languages	5	17.9
Other	6	21.4

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/