2009 State Profile — Texas
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Texas, 459 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 34,503 clients in substance abuse treatment on March 31, 2009. The survey response rate in Texas was 89.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	244	53.2	13,803	40.0	1,417	49.4
Private for-profit	172	37.5	16,526	47.9	1,149	40.1
Local government	17	3.7	940	2.7	212	7.4
State government	7	1.5	339	1.0	90	3.1
Federal government	18	3.9	2,882	8.4	0	0.0
Dept. of Veterans Affairs	10	2.2	2,154	6.2	0	0.0
Dept. of Defense	8	1.7	728	2.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.2	13	<.05	0	0.0
Total	**459**	**100.0**	**34,503**	**100.0**	**2,868**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	343	74.7	29,389	85.2	2,401	83.7
Mental health services	25	5.4	938	2.7	91	3.2
Mix of mental health & substance abuse treatment services	84	18.3	3,998	11.6	362	12.6
General health care	5	1.1	130	0.4	14	0.5
Other/unknown	2	0.4	48	0.1	0	0.0
Total	**459**	**100.0**	**34,503**	**100.0**	**2,868**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	363	85.4	15,521	45.1	77
Clients with drug abuse only	339	79.8	13,949	40.5	74
Clients with alcohol abuse only	298	70.1	4,968	14.4	26
Total[2]	**425**		**34,438**	**100.0**	**177**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 34

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**376**	**81.9**	**28,704**	**83.2**	**42**	**2,179**	**76.0**
Regular outpatient	301	65.6	13,707	39.7	17		
Intensive outpatient	243	52.9	5,639	16.3	10		
Day treatment/partial hospitalization	49	10.7	421	1.2	3		
Detoxification	48	10.5	136	0.4	<1		
Methadone/buprenorphine	74	16.1	8,801	25.5	89		
Residential	**129**	**28.1**	**4,895**	**14.2**	**23**	**514**	**17.9**
Short term	86	18.7	1,626	4.7	13		
Long term	103	22.4	3,048	8.8	16		
Detoxification	29	6.3	221	0.6	5		
Hospital Inpatient	**43**	**9.4**	**904**	**2.6**	**10**	**175**	**6.1**
Rehabilitation	31	6.8	549	1.6	7		
Detoxification	40	8.7	355	1.0	5		
Total	**459**		**34,503**	**100.0**	**42**	**2,868**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**66**	**5.3**
Clients in Facilities with OTPs		
Methadone	9,002	97.3
Buprenorphine	253	2.7
Total	**9,255**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	414	90.2
Private health insurance	230	50.1
Medicare	94	20.5
Medicaid	153	33.3
Other State-financed health insurance	126	27.5
Federal military insurance	113	24.6
Access to Recovery (ATR) vouchers[2]	137	29.8
No payment accepted	15	3.3
Accepts other payments	10	2.2
Sliding fee scale	233	50.8
Treatment at no charge for clients who cannot pay	253	55.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	436	95.0
State substance abuse agency	356	77.6
State mental health department	93	20.3
State department of health	275	59.9
Hospital licensing authority	41	8.9
The Joint Commision	98	21.4
CARF[2]	88	19.2
NCQA[3]	15	3.3
COA[4]	8	1.7
Other State/Local Agency/Org	24	5.2

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	257	56.0

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**444**	**96.7**
Screening for substance abuse	423	92.2
Screening for mental health disorders	214	46.6
Comprehensive substance abuse assessment/diagnosis	407	88.7
Comprehensive mental health assessment/diagnosis	133	29.0
Outreach to persons in the community who may need treatment	222	48.4
Interim services for clients when immediate admission is not possible	172	37.5
Testing	**410**	**89.3**
Breathalyzer/blood alcohol testing	199	43.4
Drug or alcohol urine screening	396	86.3
Screening for Hepatitis B	133	29.0
Screening for Hepatitis C	136	29.6
HIV testing	186	40.5
STD testing	138	30.1
TB screening	177	38.6
Counseling	**452**	**98.5**
Individual counseling	443	96.5
Group counseling	414	90.2
Family counseling	358	78.0
Marital/couples counseling	168	36.6
Transitional Services	**451**	**98.3**
Discharge planning	442	96.3
Aftercare/continuing care	382	83.2
Pharmocotherapies	**193**	**42.0**
Medications for psychiatric disorders	114	24.8
Nicotine replacement	61	13.3
Campral®	53	11.5
Antabuse®	45	9.8
Naltrexone	54	11.8
Buprenorphine	79	17.2
Subutex®	45	9.8
Suboxone®	78	17.0
Methadone	84	18.3
Ancillary Services	**453**	**98.7**
Case management services	383	83.4
Social skills development	311	67.8
Mentoring/peer support	238	51.9
Child care for clients' children	30	6.5
Assistance with obtaining social services	187	40.7
Employment counseling or training for clients	142	30.9
Assistance in locating housing for clients	161	35.1
Domestic violence	115	25.1
Early intervention for HIV	128	27.9
HIV or AIDS education, counseling, or support	300	65.4
Health education other than HIV/AIDS	248	54.0
Substance abuse education	431	93.9
Transportation assistance to treatment	141	30.7
Mental health services	180	39.2
Acupuncture	12	2.6
Residential beds for clients' children	17	3.7
Self-help groups	208	45.3

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	454	98.9
Relapse prevention	445	96.9
Cognitive-behavioral therapy	425	92.6
12-step facilitation	386	84.1
Motivational interviewing	387	84.3
Anger management	373	81.3

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	366	79.7
Contingency management	311	67.8
Trauma-related counseling	265	57.7
Rational emotive behavioral therapy	283	61.7
Matrix model	189	41.2
Community reinforcement plus vouchers	65	14.2
Other treatment approaches	58	12.6

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	113	25
Number of clients	4,598	517
Number of designated beds	5,139	666
Utilization rate (%)	89.5	77.6
No. of designated beds/facility (avg.)	45	27

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

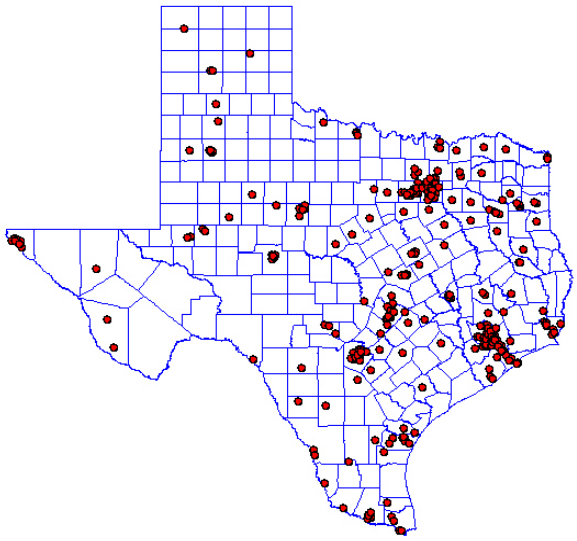
	Facilities No.	Facilities %
Any program or group	338	73.6
Co-occurring disorders	154	33.6
Adult women	107	23.3
Adolescents	128	27.9
DUI/DWI offenders	69	15.0
Criminal justice clients	117	25.5
Adult men	73	15.9
Pregnant or postpartum women	73	15.9
Persons with HIV or AIDS	31	6.8
Seniors or older adults	14	3.1
Gays or lesbians	11	2.4
Other groups	39	8.5

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	137	29.8
Any language other than English	229	49.9
Services Provided by:		
On-call interpreter	44	19.2
Staff counselor	141	61.6
Both staff counselor and on-call interpreter	44	19.2
Languages Provided by Staff Counselor:[1]		
Spanish	181	97.8
American Indian/Alaska Native languages	0	0.0
Other	11	5.9

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov