2009 State Profile — District of Columbia
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In the District of Columbia, 39 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 5,410 clients in substance abuse treatment on March 31, 2009. The survey response rate in the District of Columbia was 93.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	28	71.8	3,206	59.3	87	83.7
Private for-profit	8	20.5	1,701	31.4	17	16.3
Local government	0	0.0	0	0.0	0	0.0
State government	1	2.6	127	2.3	0	0.0
Federal government	2	5.1	376	7.0	0	0.0
Dept. of Veterans Affairs	1	2.6	276	5.1	0	0.0
Dept. of Defense	1	2.6	100	1.8	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**39**	**100.0**	**5,410**	**100.0**	**104**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	23	59.0	2,942	54.4	0	0.0
Mental health services	0	0.0	0	0.0	0	0.0
Mix of mental health & substance abuse treatment services	15	38.5	2,255	41.7	104	100.0
General health care	1	2.6	213	3.9	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**39**	**100.0**	**5,410**	**100.0**	**104**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	33	89.2	1,911	35.3	386
Clients with drug abuse only	29	78.4	2,784	51.5	561
Clients with alcohol abuse only	27	73.0	716	13.2	146
Total[2]	**37**		**5,410**	**100.0**	**1,093**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 2

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**30**	**76.9**	**5,006**	**92.5**	**64**	**97**	**93.3**
Regular outpatient	29	74.4	2,414	44.6	45		
Intensive outpatient	20	51.3	769	14.2	20		
Day treatment/partial hospitalization	6	15.4	456	8.4	<1		
Detoxification	5	12.8	66	1.2	15		
Methadone/buprenorphine	8	20.5	1,301	24.0	112		
Residential	**10**	**25.6**	**383**	**7.1**	**53**	**0**	**0.0**
Short term	8	20.5	109	2.0	14		
Long term	8	20.5	250	4.6	30		
Detoxification	1	2.6	24	0.4	24		
Hospital Inpatient	**3**	**7.7**	**21**	**0.4**	**21**	**7**	**6.7**
Rehabilitation	3	7.7	0	0.0	0		
Detoxification	3	7.7	21	0.4	21		
Total	**39**		**5,410**	**100.0**	**59**	**104**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**8**	**0.6**
Clients in Facilities with OTPs		
Methadone	2,276	99.1
Buprenorphine	20	0.9
Total	**2,296**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	18	46.2
Private health insurance	16	41.0
Medicare	8	20.5
Medicaid	14	35.9
Other State-financed health insurance	13	33.3
Federal military insurance	7	17.9
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	5	12.8
Accepts other payments	1	2.6
Sliding fee scale	11	28.2
Treatment at no charge for clients who cannot pay	28	71.8

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	34	87.2
State substance abuse agency	27	69.2
State mental health department	10	25.6
State department of health	27	69.2
Hospital licensing authority	2	5.1
The Joint Commision	6	15.4
CARF[2]	11	28.2
NCQA[3]	3	7.7
COA[4]	3	7.7
Other State/Local Agency/Org	5	12.8

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	29	74.4

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**39**	**100.0**
Screening for substance abuse	37	94.9
Screening for mental health disorders	30	76.9
Comprehensive substance abuse assessment/diagnosis	35	89.7
Comprehensive mental health assessment/diagnosis	23	59.0
Outreach to persons in the community who may need treatment	25	64.1
Interim services for clients when immediate admission is not possible	16	41.0
Testing	**39**	**100.0**
Breathalyzer/blood alcohol testing	34	87.2
Drug or alcohol urine screening	38	97.4
Screening for Hepatitis B	10	25.6
Screening for Hepatitis C	12	30.8
HIV testing	24	61.5
STD testing	12	30.8
TB screening	20	51.3
Counseling	**39**	**100.0**
Individual counseling	38	97.4
Group counseling	39	100.0
Family counseling	22	56.4
Marital/couples counseling	13	33.3
Transitional Services	**38**	**97.4**
Discharge planning	38	97.4
Aftercare/continuing care	33	84.6
Pharmocotherapies	**23**	**59.0**
Medications for psychiatric disorders	17	43.6
Nicotine replacement	7	17.9
Campral®	8	20.5
Antabuse®	8	20.5
Naltrexone	6	15.4
Buprenorphine	8	20.5
Subutex®	6	15.4
Suboxone®	7	17.9
Methadone	9	23.1
Ancillary Services	**39**	**100.0**
Case management services	36	92.3
Social skills development	31	79.5
Mentoring/peer support	26	66.7
Child care for clients' children	1	2.6
Assistance with obtaining social services	26	66.7
Employment counseling or training for clients	21	53.8
Assistance in locating housing for clients	25	64.1
Domestic violence	19	48.7
Early intervention for HIV	20	51.3
HIV or AIDS education, counseling, or support	34	87.2
Health education other than HIV/AIDS	30	76.9
Substance abuse education	38	97.4
Transportation assistance to treatment	23	59.0
Mental health services	26	66.7
Acupuncture	1	2.6
Residential beds for clients' children	0	0.0
Self-help groups	27	69.2

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	39	100.0
Relapse prevention	39	100.0
Cognitive-behavioral therapy	35	89.7
12-step facilitation	28	71.8
Motivational interviewing	33	84.6
Anger management	36	92.3

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	36	92.3
Contingency management	32	82.1
Trauma-related counseling	27	69.2
Rational emotive behavioral therapy	20	51.3
Matrix model	19	48.7
Community reinforcement plus vouchers	14	35.9
Other treatment approaches	6	15.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	8	1
Number of clients	356	21
Number of designated beds	462	40
Utilization rate (%)	77.1	52.5
No. of designated beds/facility (avg.)	58	40

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

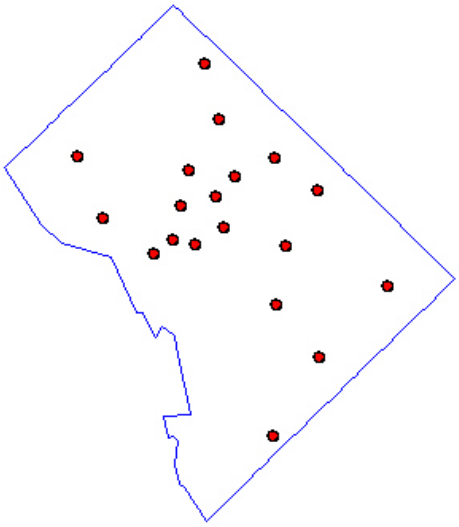
	Facilities No.	Facilities %
Any program or group	32	82.1
Co-occurring disorders	16	41.0
Adult women	15	38.5
Adolescents	5	12.8
DUI/DWI offenders	12	30.8
Criminal justice clients	10	25.6
Adult men	14	35.9
Pregnant or postpartum women	3	7.7
Persons with HIV or AIDS	10	25.6
Seniors or older adults	6	15.4
Gays or lesbians	10	25.6
Other groups	1	2.6

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	9	23.1
Any language other than English	15	38.5
Services Provided by:		
On-call interpreter	6	40.0
Staff counselor	7	46.7
Both staff counselor and on-call interpreter	2	13.3
Languages Provided by Staff Counselor:[1]		
Spanish	9	100.0
American Indian/Alaska Native languages	0	0.0
Other	2	22.2

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



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Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/