2009 State Profile — Delaware
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Delaware, 40 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 4,117 clients in substance abuse treatment on March 31, 2009. The survey response rate in Delaware was 90.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	25	62.5	3,060	74.3	12	4.9
Private for-profit	11	27.5	944	22.9	232	95.1
Local government	0	0.0	0	0.0	0	0.0
State government	2	5.0	18	0.4	0	0.0
Federal government	2	5.0	95	2.3	0	0.0
Dept. of Veterans Affairs	1	2.5	70	1.7	0	0.0
Dept. of Defense	1	2.5	25	0.6	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**40**	**100.0**	**4,117**	**100.0**	**244**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	23	57.5	2,490	60.5	154	63.1
Mental health services	5	12.5	113	2.7	66	27.0
Mix of mental health & substance abuse treatment services	10	25.0	1,394	33.9	24	9.8
General health care	1	2.5	70	1.7	0	0.0
Other/unknown	1	2.5	50	1.2	0	0.0
Total	**40**	**100.0**	**4,117**	**100.0**	**244**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	33	86.8	1,882	45.7	251
Clients with drug abuse only	30	78.9	1,679	40.8	240
Clients with alcohol abuse only	33	86.8	556	13.5	80
Total[2]	**38**		**4,117**	**100.0**	**571**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 2

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**29**	**72.5**	**3,860**	**93.8**	**69**	**244**	**100.0**
Regular outpatient	27	67.5	1,990	48.3	48		
Intensive outpatient	15	37.5	122	3.0	3		
Day treatment/partial hospitalization	7	17.5	79	1.9	10		
Detoxification	5	12.5	4	0.1	<1		
Methadone/buprenorphine	8	20.0	1,665	40.4	297		
Residential	**10**	**25.0**	**192**	**4.7**	**13**	**0**	**0.0**
Short term	1	2.5	0	0.0	0		
Long term	9	22.5	178	4.3	12		
Detoxification	1	2.5	14	0.3	14		
Hospital Inpatient	**3**	**7.5**	**65**	**1.6**	**20**	**0**	**0.0**
Rehabilitation	2	5.0	30	0.7	15		
Detoxification	3	7.5	35	0.9	5		
Total	**40**		**4,117**	**100.0**	**45**	**244**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**6**	**0.5**
Clients in Facilities with OTPs		
Methadone	1,512	94.2
Buprenorphine	93	5.8
Total	**1,605**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	36	90.0
Private health insurance	21	52.5
Medicare	13	32.5
Medicaid	28	70.0
Other State-financed health insurance	14	35.0
Federal military insurance	7	17.5
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	1	2.5
Accepts other payments	0	0.0
Sliding fee scale	23	57.5
Treatment at no charge for clients who cannot pay	22	55.0

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	37	92.5
State substance abuse agency	35	87.5
State mental health department	11	27.5
State department of health	7	17.5
Hospital licensing authority	1	2.5
The Joint Commision	12	30.0
CARF[2]	11	27.5
NCQA[3]	0	0.0
COA[4]	0	0.0
Other State/Local Agency/Org	3	7.5

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	28	70.0

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**36**	**90.0**
Screening for substance abuse	36	90.0
Screening for mental health disorders	30	75.0
Comprehensive substance abuse assessment/diagnosis	35	87.5
Comprehensive mental health assessment/diagnosis	24	60.0
Outreach to persons in the community who may need treatment	15	37.5
Interim services for clients when immediate admission is not possible	13	32.5
Testing	**40**	**100.0**
Breathalyzer/blood alcohol testing	36	90.0
Drug or alcohol urine screening	39	97.5
Screening for Hepatitis B	15	37.5
Screening for Hepatitis C	13	32.5
HIV testing	18	45.0
STD testing	13	32.5
TB screening	16	40.0
Counseling	**40**	**100.0**
Individual counseling	39	97.5
Group counseling	37	92.5
Family counseling	34	85.0
Marital/couples counseling	24	60.0
Transitional Services	**37**	**92.5**
Discharge planning	37	92.5
Aftercare/continuing care	29	72.5
Pharmocotherapies	**23**	**57.5**
Medications for psychiatric disorders	19	47.5
Nicotine replacement	12	30.0
Campral®	8	20.0
Antabuse®	7	17.5
Naltrexone	10	25.0
Buprenorphine	12	30.0
Subutex®	5	12.5
Suboxone®	11	27.5
Methadone	7	17.5
Ancillary Services	**40**	**100.0**
Case management services	34	85.0
Social skills development	30	75.0
Mentoring/peer support	18	45.0
Child care for clients' children	2	5.0
Assistance with obtaining social services	26	65.0
Employment counseling or training for clients	18	45.0
Assistance in locating housing for clients	22	55.0
Domestic violence	14	35.0
Early intervention for HIV	11	27.5
HIV or AIDS education, counseling, or support	22	55.0
Health education other than HIV/AIDS	26	65.0
Substance abuse education	39	97.5
Transportation assistance to treatment	14	35.0
Mental health services	31	77.5
Acupuncture	2	5.0
Residential beds for clients' children	0	0.0
Self-help groups	24	60.0

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	40	100.0
Relapse prevention	38	95.0
Cognitive-behavioral therapy	39	97.5
12-step facilitation	35	87.5
Motivational interviewing	40	100.0
Anger management	33	82.5

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	33	82.5
Contingency management	33	82.5
Trauma-related counseling	30	75.0
Rational emotive behavioral therapy	22	55.0
Matrix model	9	22.5
Community reinforcement plus vouchers	14	35.0
Other treatment approaches	6	15.0

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	10	2
Number of clients	192	50
Number of designated beds	212	55
Utilization rate (%)	90.6	90.9
No. of designated beds/facility (avg.)	21	28

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

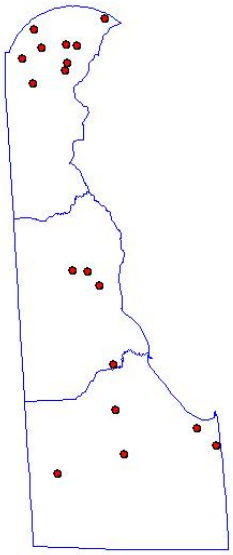
	Facilities No.	Facilities %
Any program or group	28	70.0
Co-occurring disorders	17	42.5
Adult women	10	25.0
Adolescents	8	20.0
DUI/DWI offenders	6	15.0
Criminal justice clients	6	15.0
Adult men	11	27.5
Pregnant or postpartum women	5	12.5
Persons with HIV or AIDS	5	12.5
Seniors or older adults	0	0.0
Gays or lesbians	2	5.0
Other groups	2	5.0

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	13	32.5
Any language other than English	18	45.0
Services Provided by:		
On-call interpreter	5	27.8
Staff counselor	11	61.1
Both staff counselor and on-call interpreter	2	11.1
Languages Provided by Staff Counselor:[1]		
Spanish	13	100.0
American Indian/Alaska Native languages	0	0.0
Other	0	0.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/