2009 State Profile — New Mexico
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In New Mexico, 145 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 15,315 clients in substance abuse treatment on March 31, 2009. The survey response rate in New Mexico was 94.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	100	69.0	7,922	51.7	910	68.8
Private for-profit	22	15.2	3,970	25.9	113	8.5
Local government	1	0.7	100	0.7	10	0.8
State government	4	2.8	1,183	7.7	50	3.8
Federal government	4	2.8	613	4.0	39	3.0
Dept. of Veterans Affairs	2	1.4	457	3.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	2	1.4	156	1.0	39	3.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	14	9.7	1,527	10.0	200	15.1
Total	**145**	**100.0**	**15,315**	**100.0**	**1,322**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	49	33.8	5,836	38.1	180	13.6
Mental health services	5	3.4	510	3.3	100	7.6
Mix of mental health & substance abuse treatment services	86	59.3	8,868	57.9	1,031	78.0
General health care	2	1.4	33	0.2	0	0.0
Other/unknown	3	2.1	68	0.4	11	0.8
Total	**145**	**100.0**	**15,315**	**100.0**	**1,322**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	127	93.4	8,006	52.4	475
Clients with drug abuse only	109	80.1	4,044	26.4	257
Clients with alcohol abuse only	110	80.9	3,241	21.2	200
Total[2]	**136**		**15,291**	**100.0**	**932**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 9

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**123**	**84.8**	**14,630**	**95.5**	**56**	**1,160**	**87.7**
Regular outpatient	118	81.4	9,485	61.9	40		
Intensive outpatient	73	50.3	1,683	11.0	10		
Day treatment/partial hospitalization	15	10.3	39	0.3	2		
Detoxification	12	8.3	841	5.5	4		
Methadone/buprenorphine	15	10.3	2,582	16.9	86		
Residential	**34**	**23.4**	**609**	**4.0**	**12**	**154**	**11.6**
Short term	16	11.0	147	1.0	10		
Long term	27	18.6	367	2.4	10		
Detoxification	7	4.8	95	0.6	5		
Hospital Inpatient	**5**	**3.4**	**76**	**0.5**	**8**	**8**	**0.6**
Rehabilitation	5	3.4	57	0.4	8		
Detoxification	5	3.4	19	0.1	2		
Total	**145**		**15,315**	**100.0**	**50**	**1,322**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**9**	**0.7**
Clients in Facilities with OTPs		
Methadone	2,339	96.9
Buprenorphine	74	3.1
Total	**2,413**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	105	72.4
Private health insurance	91	62.8
Medicare	57	39.3
Medicaid	94	64.8
Other State-financed health insurance	82	56.6
Federal military insurance	63	43.4
Access to Recovery (ATR) vouchers[2]	55	37.9
No payment accepted	12	8.3
Accepts other payments	0	0.0
Sliding fee scale	83	57.2
Treatment at no charge for clients who cannot pay	106	73.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	102	70.3
State substance abuse agency	53	36.6
State mental health department	46	31.7
State department of health	74	51.0
Hospital licensing authority	10	6.9
The Joint Commision	16	11.0
CARF[2]	17	11.7
NCQA[3]	5	3.4
COA[4]	1	0.7
Other State/Local Agency/Org	22	15.2

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	123	84.8

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**144**	**99.3**
Screening for substance abuse	138	95.2
Screening for mental health disorders	115	79.3
Comprehensive substance abuse assessment/diagnosis	135	93.1
Comprehensive mental health assessment/diagnosis	91	62.8
Outreach to persons in the community who may need treatment	99	68.3
Interim services for clients when immediate admission is not possible	85	58.6
Testing	**104**	**71.7**
Breathalyzer/blood alcohol testing	73	50.3
Drug or alcohol urine screening	96	66.2
Screening for Hepatitis B	28	19.3
Screening for Hepatitis C	29	20.0
HIV testing	28	19.3
STD testing	23	15.9
TB screening	36	24.8
Counseling	**144**	**99.3**
Individual counseling	144	99.3
Group counseling	133	91.7
Family counseling	122	84.1
Marital/couples counseling	93	64.1
Transitional Services	**139**	**95.9**
Discharge planning	130	89.7
Aftercare/continuing care	116	80.0
Pharmocotherapies	**71**	**49.0**
Medications for psychiatric disorders	58	40.0
Nicotine replacement	20	13.8
Campral®	13	9.0
Antabuse®	15	10.3
Naltrexone	12	8.3
Buprenorphine	20	13.8
Subutex®	8	5.5
Suboxone®	20	13.8
Methadone	8	5.5
Ancillary Services	**144**	**99.3**
Case management services	115	79.3
Social skills development	118	81.4
Mentoring/peer support	78	53.8
Child care for clients' children	6	4.1
Assistance with obtaining social services	102	70.3
Employment counseling or training for clients	62	42.8
Assistance in locating housing for clients	86	59.3
Domestic violence	83	57.2
Early intervention for HIV	23	15.9
HIV or AIDS education, counseling, or support	61	42.1
Health education other than HIV/AIDS	70	48.3
Substance abuse education	139	95.9
Transportation assistance to treatment	57	39.3
Mental health services	110	75.9
Acupuncture	23	15.9
Residential beds for clients' children	7	4.8
Self-help groups	73	50.3

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	143	98.6
Relapse prevention	138	95.2
Cognitive-behavioral therapy	131	90.3
12-step facilitation	105	72.4
Motivational interviewing	116	80.0
Anger management	135	93.1

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	124	85.5
Contingency management	98	67.6
Trauma-related counseling	112	77.2
Rational emotive behavioral therapy	68	46.9
Matrix model	73	50.3
Community reinforcement plus vouchers	41	28.3
Other treatment approaches	33	22.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	31	3
Number of clients	562	45
Number of designated beds	622	56
Utilization rate (%)	90.4	80.4
No. of designated beds/facility (avg.)	20	19

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

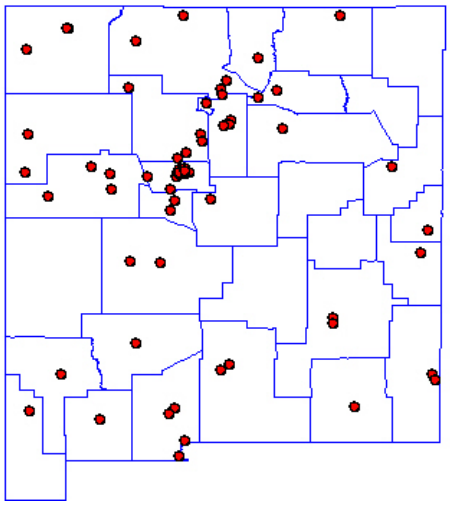
	Facilities No.	Facilities %
Any program or group	114	78.6
Co-occurring disorders	66	45.5
Adult women	55	37.9
Adolescents	44	30.3
DUI/DWI offenders	37	25.5
Criminal justice clients	47	32.4
Adult men	47	32.4
Pregnant or postpartum women	17	11.7
Persons with HIV or AIDS	6	4.1
Seniors or older adults	9	6.2
Gays or lesbians	9	6.2
Other groups	23	15.9

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	15	10.3
Any language other than English	94	64.8
Services Provided by:		
On-call interpreter	8	8.5
Staff counselor	65	69.1
Both staff counselor and on-call interpreter	21	22.3
Languages Provided by Staff Counselor:[1]		
Spanish	71	82.6
American Indian/Alaska Native languages	30	34.9
Other	4	4.7

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
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