2009 State Profile — Missouri
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Missouri, 249 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 21,004 clients in substance abuse treatment on March 31, 2009. The survey response rate in Missouri was 95.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	180	72.3	17,223	82.0	932	85.1
Private for-profit	59	23.7	2,963	14.1	163	14.9
Local government	1	0.4	1	<.05	0	0.0
State government	2	0.8	226	1.1	0	0.0
Federal government	7	2.8	591	2.8	0	0.0
Dept. of Veterans Affairs	6	2.4	491	2.3	0	0.0
Dept. of Defense	1	0.4	100	0.5	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**249**	**100.0**	**21,004**	**100.0**	**1,095**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	150	60.2	14,345	68.3	717	65.5
Mental health services	16	6.4	497	2.4	105	9.6
Mix of mental health & substance abuse treatment services	80	32.1	6,009	28.6	273	24.9
General health care	2	0.8	133	0.6	0	0.0
Other/unknown	1	0.4	20	0.1	0	0.0
Total	**249**	**100.0**	**21,004**	**100.0**	**1,095**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	186	94.9	10,212	48.6	210
Clients with drug abuse only	162	82.7	7,546	35.9	159
Clients with alcohol abuse only	161	82.1	3,246	15.5	68
Total[2]	**196**		**21,004**	**100.0**	**437**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 53

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**232**	**93.2**	**18,668**	**88.9**	**52**	**796**	**72.7**
Regular outpatient	224	90.0	9,672	46.0	21		
Intensive outpatient	162	65.1	4,964	23.6	22		
Day treatment/partial hospitalization	92	36.9	886	4.2	2		
Detoxification	19	7.6	90	0.4	<1		
Methadone/buprenorphine	21	8.4	3,056	14.5	82		
Residential	**63**	**25.3**	**1,965**	**9.4**	**22**	**284**	**25.9**
Short term	52	20.9	1,266	6.0	17		
Long term	31	12.4	557	2.7	16		
Detoxification	29	11.6	142	0.7	2		
Hospital Inpatient	**13**	**5.2**	**371**	**1.8**	**6**	**15**	**1.4**
Rehabilitation	6	2.4	113	0.5	7		
Detoxification	12	4.8	258	1.2	3		
Total	**249**		**21,004**	**100.0**	**52**	**1,095**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	12	1.0
Clients in Facilities with OTPs		
Methadone	3,485	98.3
Buprenorphine	61	1.7
Total	**3,546**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	235	94.4
Private health insurance	170	68.3
Medicare	85	34.1
Medicaid	134	53.8
Other State-financed health insurance	92	36.9
Federal military insurance	110	44.2
Access to Recovery (ATR) vouchers[2]	112	45.0
No payment accepted	3	1.2
Accepts other payments	4	1.6
Sliding fee scale	191	76.7
Treatment at no charge for clients who cannot pay	110	44.2

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	238	95.6
State substance abuse agency	203	81.5
State mental health department	189	75.9
State department of health	67	26.9
Hospital licensing authority	9	3.6
The Joint Commision	34	13.7
CARF[2]	79	31.7
NCQA[3]	4	1.6
COA[4]	13	5.2
Other State/Local Agency/Org	4	1.6

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	192	77.1

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**248**	**99.6**
Screening for substance abuse	241	96.8
Screening for mental health disorders	163	65.5
Comprehensive substance abuse assessment/diagnosis	226	90.8
Comprehensive mental health assessment/diagnosis	99	39.8
Outreach to persons in the community who may need treatment	122	49.0
Interim services for clients when immediate admission is not possible	111	44.6
Testing	**235**	**94.4**
Breathalyzer/blood alcohol testing	205	82.3
Drug or alcohol urine screening	230	92.4
Screening for Hepatitis B	35	14.1
Screening for Hepatitis C	41	16.5
HIV testing	35	14.1
STD testing	29	11.6
TB screening	59	23.7
Counseling	**246**	**98.8**
Individual counseling	245	98.4
Group counseling	230	92.4
Family counseling	177	71.1
Marital/couples counseling	110	44.2
Transitional Services	**246**	**98.8**
Discharge planning	238	95.6
Aftercare/continuing care	218	87.6
Pharmocotherapies	**99**	**39.8**
Medications for psychiatric disorders	78	31.3
Nicotine replacement	17	6.8
Campral®	26	10.4
Antabuse®	16	6.4
Naltrexone	38	15.3
Buprenorphine	18	7.2
Subutex®	11	4.4
Suboxone®	16	6.4
Methadone	18	7.2
Ancillary Services	**245**	**98.4**
Case management services	203	81.5
Social skills development	175	70.3
Mentoring/peer support	96	38.6
Child care for clients' children	21	8.4
Assistance with obtaining social services	137	55.0
Employment counseling or training for clients	78	31.3
Assistance in locating housing for clients	110	44.2
Domestic violence	52	20.9
Early intervention for HIV	33	13.3
HIV or AIDS education, counseling, or support	110	44.2
Health education other than HIV/AIDS	129	51.8
Substance abuse education	232	93.2
Transportation assistance to treatment	119	47.8
Mental health services	149	59.8
Acupuncture	3	1.2
Residential beds for clients' children	12	4.8
Self-help groups	99	39.8

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	246	98.8
Relapse prevention	239	96.0
Cognitive-behavioral therapy	243	97.6
12-step facilitation	198	79.5
Motivational interviewing	230	92.4
Anger management	220	88.4

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	209	83.9
Contingency management	161	64.7
Trauma-related counseling	167	67.1
Rational emotive behavioral therapy	116	46.6
Matrix model	145	58.2
Community reinforcement plus vouchers	63	25.3
Other treatment approaches	31	12.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	53	4
Number of clients	1,481	29
Number of designated beds	1,572	63
Utilization rate (%)	94.2	46.0
No. of designated beds/facility (avg.)	30	16

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

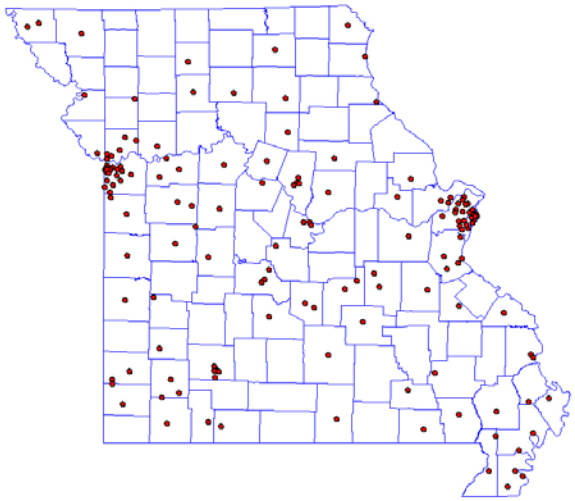
	Facilities No.	Facilities %
Any program or group	185	74.3
Co-occurring disorders	77	30.9
Adult women	46	18.5
Adolescents	46	18.5
DUI/DWI offenders	85	34.1
Criminal justice clients	66	26.5
Adult men	30	12.0
Pregnant or postpartum women	18	7.2
Persons with HIV or AIDS	10	4.0
Seniors or older adults	7	2.8
Gays or lesbians	5	2.0
Other groups	22	8.8

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	126	50.6
Any language other than English	105	42.2
Services Provided by:		
On-call interpreter	97	92.4
Staff counselor	3	2.9
Both staff counselor and on-call interpreter	5	4.8
Languages Provided by Staff Counselor:[1]		
Spanish	8	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	12.5

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/