2009 State Profile — Alaska
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Alaska, 80 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 3,464 clients in substance abuse treatment on March 31, 2009. The survey response rate in Alaska was 98.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	48	60.0	2,134	61.6	281	75.3
Private for-profit	5	6.3	257	7.4	2	0.5
Local government	7	8.8	291	8.4	28	7.5
State government	0	0.0	0	0.0	0	0.0
Federal government	7	8.8	409	11.8	9	2.4
Dept. of Veterans Affairs	1	1.3	64	1.8	0	0.0
Dept. of Defense	3	3.8	104	3.0	0	0.0
Indian Health Service	3	3.8	241	7.0	9	2.4
Other	0	0.0	0	0.0	0	0.0
Tribal government	13	16.3	373	10.8	53	14.2
Total	**80**	**100.0**	**3,464**	**100.0**	**373**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	35	43.8	1,703	49.2	98	26.3
Mental health services	2	2.5	262	7.6	100	26.8
Mix of mental health & substance abuse treatment services	40	50.0	1,324	38.2	174	46.6
General health care	3	3.8	175	5.1	1	0.3
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**80**	**100.0**	**3,464**	**100.0**	**373**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	70	93.3	1,750	51.6	295
Clients with drug abuse only	55	73.3	507	14.9	90
Clients with alcohol abuse only	63	84.0	1,136	33.5	204
Total[2]	**75**		**3,393**	**100.0**	**589**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 5

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**66**	**82.5**	**3,063**	**88.4**	**32**	**332**	**89.0**
Regular outpatient	65	81.3	2,162	62.4	25		
Intensive outpatient	43	53.8	675	19.5	10		
Day treatment/partial hospitalization	10	12.5	75	2.2	1		
Detoxification	7	8.8	8	0.2	<1		
Methadone/buprenorphine	3	3.8	143	4.1	31		
Residential	**25**	**31.3**	**400**	**11.5**	**10**	**41**	**11.0**
Short term	15	18.8	200	5.8	8		
Long term	19	23.8	188	5.4	10		
Detoxification	3	3.8	12	0.3	<1		
Hospital Inpatient	**1**	**1.3**	**1**	**<.05**	**1**	**0**	**0.0**
Rehabilitation	1	1.3	1	<.05	1		
Detoxification	0	0.0	0	0.0	0		
Total	**80**		**3,464**	**100.0**	**30.5**	**373**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**2**	**0.2**
Clients in Facilities with OTPs		
Methadone	112	100.0
Buprenorphine	0	0.0
Total	**112**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	69	86.3
Private health insurance	73	91.3
Medicare	38	47.5
Medicaid	63	78.8
Other State-financed health insurance	40	50.0
Federal military insurance	54	67.5
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	3	3.8
Accepts other payments	0	0.0
Sliding fee scale	55	68.8
Treatment at no charge for clients who cannot pay	57	71.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	75	93.8
State substance abuse agency	59	73.8
State mental health department	32	40.0
State department of health	36	45.0
Hospital licensing authority	9	11.3
The Joint Commision	12	15.0
CARF[2]	26	32.5
NCQA[3]	1	1.3
COA[4]	1	1.3
Other State/Local Agency/Org	3	3.8

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	71	88.8

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**77**	**96.3**
Screening for substance abuse	72	90.0
Screening for mental health disorders	62	77.5
Comprehensive substance abuse assessment/diagnosis	74	92.5
Comprehensive mental health assessment/diagnosis	42	52.5
Outreach to persons in the community who may need treatment	51	63.8
Interim services for clients when immediate admission is not possible	56	70.0
Testing	**63**	**78.8**
Breathalyzer/blood alcohol testing	40	50.0
Drug or alcohol urine screening	60	75.0
Screening for Hepatitis B	22	27.5
Screening for Hepatitis C	21	26.3
HIV testing	18	22.5
STD testing	13	16.3
TB screening	20	25.0
Counseling	**80**	**100.0**
Individual counseling	78	97.5
Group counseling	76	95.0
Family counseling	59	73.8
Marital/couples counseling	43	53.8
Transitional Services	**80**	**100.0**
Discharge planning	77	96.3
Aftercare/continuing care	72	90.0
Pharmocotherapies	**39**	**48.8**
Medications for psychiatric disorders	29	36.3
Nicotine replacement	18	22.5
Campral®	4	5.0
Antabuse®	11	13.8
Naltrexone	16	20.0
Buprenorphine	5	6.3
Subutex®	3	3.8
Suboxone®	5	6.3
Methadone	3	3.8
Ancillary Services	**80**	**100.0**
Case management services	67	83.8
Social skills development	61	76.3
Mentoring/peer support	40	50.0
Child care for clients' children	11	13.8
Assistance with obtaining social services	59	73.8
Employment counseling or training for clients	22	27.5
Assistance in locating housing for clients	40	50.0
Domestic violence	31	38.8
Early intervention for HIV	19	23.8
HIV or AIDS education, counseling, or support	53	66.3
Health education other than HIV/AIDS	50	62.5
Substance abuse education	79	98.8
Transportation assistance to treatment	38	47.5
Mental health services	59	73.8
Acupuncture	1	1.3
Residential beds for clients' children	5	6.3
Self-help groups	37	46.3

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	79	98.8
Relapse prevention	79	98.8
Cognitive-behavioral therapy	70	87.5
12-step facilitation	59	73.8
Motivational interviewing	71	88.8
Anger management	61	76.3

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	62	77.5
Contingency management	53	66.3
Trauma-related counseling	67	83.8
Rational emotive behavioral therapy	38	47.5
Matrix model	37	46.3
Community reinforcement plus vouchers	9	11.3
Other treatment approaches	14	17.5

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	20	1
Number of clients	363	1
Number of designated beds	311	12
Utilization rate (%)	116.7	8.3
No. of designated beds/facility (avg.)	16	12

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

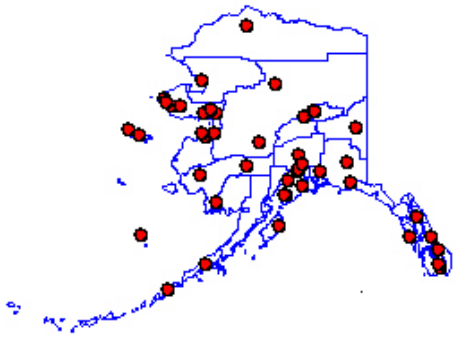
	Facilities No.	Facilities %
Any program or group	57	71.3
Co-occurring disorders	31	38.8
Adult women	25	31.3
Adolescents	25	31.3
DUI/DWI offenders	19	23.8
Criminal justice clients	19	23.8
Adult men	16	20.0
Pregnant or postpartum women	10	12.5
Persons with HIV or AIDS	7	8.8
Seniors or older adults	4	5.0
Gays or lesbians	2	2.5
Other groups	7	8.8

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	15	18.8
Any language other than English	17	21.3
Services Provided by:		
On-call interpreter	9	52.9
Staff counselor	6	35.3
Both staff counselor and on-call interpreter	2	11.8
Languages Provided by Staff Counselor:[1]		
Spanish	1	12.5
American Indian/Alaska Native languages	5	62.5
Other	1	12.5

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/