2009 State Profile — Alabama
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Alabama, 135 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 15,820 clients in substance abuse treatment on March 31, 2009. The survey response rate in Alabama was 94.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	77	57.0	4,875	30.8	487	55.1
Private for-profit	39	28.9	8,781	55.5	392	44.3
Local government	7	5.2	728	4.6	0	0.0
State government	5	3.7	300	1.9	0	0.0
Federal government	7	5.2	1,136	7.2	5	0.6
Dept. of Veterans Affairs	5	3.7	721	4.6	0	0.0
Dept. of Defense	2	1.5	415	2.6	5	0.6
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**135**	**100.0**	**15,820**	**100.0**	**884**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	100	74.1	12,457	78.7	585	66.2
Mental health services	4	3.0	30	0.2	0	0.0
Mix of mental health & substance abuse treatment services	29	21.5	2,834	17.9	299	33.8
General health care	2	1.5	499	3.2	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**135**	**100.0**	**15,820**	**100.0**	**884**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	108	86.4	4,984	31.5	126
Clients with drug abuse only	107	85.6	9,421	59.6	254
Clients with alcohol abuse only	95	76.0	1,415	8.9	37
Total[2]	**125**		**15,820**	**100.0**	**417**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 10

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**110**	**81.5**	**14,669**	**92.7**	**75**	**808**	**91.4**
Regular outpatient	73	54.1	3,628	22.9	17		
Intensive outpatient	81	60.0	3,984	25.2	35		
Day treatment/partial hospitalization	14	10.4	154	1.0	12		
Detoxification	15	11.1	81	0.5	<1		
Methadone/buprenorphine	20	14.8	6,822	43.1	318		
Residential	**31**	**23.0**	**809**	**5.1**	**22**	**68**	**7.7**
Short term	14	10.4	231	1.5	17		
Long term	22	16.3	507	3.2	18		
Detoxification	5	3.7	71	0.4	2		
Hospital Inpatient	**8**	**5.9**	**342**	**2.2**	**27**	**8**	**0.9**
Rehabilitation	6	4.4	287	1.8	20		
Detoxification	6	4.4	55	0.3	4		
Total	**135**		**15,820**	**100.0**	**65**	**884**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**18**	**1.5**
Clients in Facilities with OTPs		
Methadone	7,014	99.3
Buprenorphine	46	0.7
Total	**7,060**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	125	92.6
Private health insurance	89	65.9
Medicare	30	22.2
Medicaid	70	51.9
Other State-financed health insurance	51	37.8
Federal military insurance	60	44.4
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	1	0.7
Accepts other payments	2	1.5
Sliding fee scale	77	57.0
Treatment at no charge for clients who cannot pay	69	51.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	133	98.5
State substance abuse agency	110	81.5
State mental health department	96	71.1
State department of health	20	14.8
Hospital licensing authority	9	6.7
The Joint Commision	29	21.5
CARF[2]	25	18.5
NCQA[3]	3	2.2
COA[4]	2	1.5
Other State/Local Agency/Org	4	3.0

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	78	57.8

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**129**	**95.6**
Screening for substance abuse	122	90.4
Screening for mental health disorders	62	45.9
Comprehensive substance abuse assessment/diagnosis	112	83.0
Comprehensive mental health assessment/diagnosis	49	36.3
Outreach to persons in the community who may need treatment	71	52.6
Interim services for clients when immediate admission is not possible	55	40.7
Testing	**131**	**97.0**
Breathalyzer/blood alcohol testing	79	58.5
Drug or alcohol urine screening	122	90.4
Screening for Hepatitis B	20	14.8
Screening for Hepatitis C	21	15.6
HIV testing	39	28.9
STD testing	19	14.1
TB screening	49	36.3
Counseling	**135**	**100.0**
Individual counseling	132	97.8
Group counseling	135	100.0
Family counseling	127	94.1
Marital/couples counseling	58	43.0
Transitional Services	**132**	**97.8**
Discharge planning	128	94.8
Aftercare/continuing care	119	88.1
Pharmocotherapies	**55**	**40.7**
Medications for psychiatric disorders	34	25.2
Nicotine replacement	13	9.6
Campral®	15	11.1
Antabuse®	12	8.9
Naltrexone	12	8.9
Buprenorphine	20	14.8
Subutex®	5	3.7
Suboxone®	20	14.8
Methadone	18	13.3
Ancillary Services	**135**	**100.0**
Case management services	86	63.7
Social skills development	92	68.1
Mentoring/peer support	50	37.0
Child care for clients' children	8	5.9
Assistance with obtaining social services	55	40.7
Employment counseling or training for clients	41	30.4
Assistance in locating housing for clients	45	33.3
Domestic violence	32	23.7
Early intervention for HIV	37	27.4
HIV or AIDS education, counseling, or support	107	79.3
Health education other than HIV/AIDS	69	51.1
Substance abuse education	131	97.0
Transportation assistance to treatment	28	20.7
Mental health services	60	44.4
Acupuncture	1	0.7
Residential beds for clients' children	3	2.2
Self-help groups	75	55.6

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	133	98.5
Relapse prevention	133	98.5
Cognitive-behavioral therapy	127	94.1
12-step facilitation	126	93.3
Motivational interviewing	110	81.5
Anger management	122	90.4

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	102	75.6
Contingency management	81	60.0
Trauma-related counseling	90	66.7
Rational emotive behavioral therapy	92	68.1
Matrix model	69	51.1
Community reinforcement plus vouchers	15	11.1
Other treatment approaches	10	7.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	26	4
Number of clients	771	303
Number of designated beds	793	270
Utilization rate (%)	97.2	112.2
No. of designated beds/facility (avg.)	31	68

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

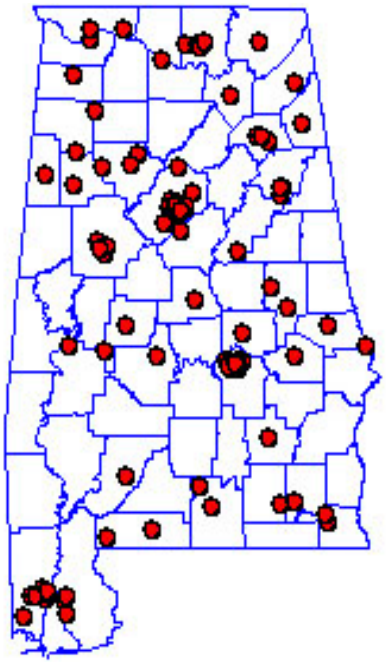
	Facilities No.	Facilities %
Any program or group	94	69.6
Co-occurring disorders	29	21.5
Adult women	31	23.0
Adolescents	34	25.2
DUI/DWI offenders	13	9.6
Criminal justice clients	21	15.6
Adult men	25	18.5
Pregnant or postpartum women	19	14.1
Persons with HIV or AIDS	11	8.1
Seniors or older adults	5	3.7
Gays or lesbians	4	3.0
Other groups	11	8.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	63	46.7
Any language other than English	46	34.1
Services Provided by:		
On-call interpreter	35	76.1
Staff counselor	6	13.0
Both staff counselor and on-call interpreter	5	10.9
Languages Provided by Staff Counselor:[1]		
Spanish	11	100.0
American Indian/Alaska Native languages	0	0.0
Other	3	27.3

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov