2009 State Profile — Idaho
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Idaho, 66 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 4,246 clients in substance abuse treatment on March 31, 2009. The survey response rate in Idaho was 87.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	18	27.3	909	21.4	54	13.1
Private for-profit	38	57.6	2,680	63.1	256	62.3
Local government	5	7.6	343	8.1	83	20.2
State government	0	0.0	0	0.0	0	0.0
Federal government	3	4.5	274	6.5	13	3.2
Dept. of Veterans Affairs	1	1.5	122	2.9	0	0.0
Dept. of Defense	1	1.5	49	1.2	0	0.0
Indian Health Service	1	1.5	103	2.4	13	3.2
Other	0	0.0	0	0.0	0	0.0
Tribal government	2	3.0	40	0.9	5	1.2
Total	**66**	**100.0**	**4,246**	**100.0**	**411**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	37	56.1	2,563	60.4	272	66.2
Mental health services	2	3.0	45	1.1	0	0.0
Mix of mental health & substance abuse treatment services	26	39.4	1,634	38.5	139	33.8
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	1	1.5	4	0.1	0	0.0
Total	**66**	**100.0**	**4,246**	**100.0**	**411**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	61	96.8	2,462	58.0	196
Clients with drug abuse only	48	76.2	821	19.3	66
Clients with alcohol abuse only	55	87.3	963	22.7	79
Total[2]	**63**		**4,246**	**100.0**	**340**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 3

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**58**	**87.9**	**4,026**	**94.8**	**50**	**384**	**93.4**
Regular outpatient	57	86.4	2,604	61.3	25		
Intensive outpatient	50	75.8	1,327	31.3	16		
Day treatment/partial hospitalization	5	7.6	0	0.0	0		
Detoxification	6	9.1	35	0.8	2		
Methadone/buprenorphine	2	3.0	60	1.4	30		
Residential	**12**	**18.2**	**160**	**3.8**	**8**	**27**	**6.6**
Short term	9	13.6	90	2.1	8		
Long term	6	9.1	67	1.6	10		
Detoxification	5	7.6	3	0.1	1		
Hospital Inpatient	**4**	**6.1**	**60**	**1.4**	**8**	**0**	**0.0**
Rehabilitation	3	4.5	32	0.8	7		
Detoxification	3	4.5	28	0.7	8		
Total	**66**		**4,246**	**100.0**	**45**	**411**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**1**	**0.1**
Clients in Facilities with OTPs		
Methadone	60	100.0
Buprenorphine	0	0.0
Total	**60**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	60	90.9
Private health insurance	35	53.0
Medicare	10	15.2
Medicaid	25	37.9
Other State-financed health insurance	29	43.9
Federal military insurance	21	31.8
Access to Recovery (ATR) vouchers[2]	34	51.5
No payment accepted	1	1.5
Accepts other payments	1	1.5
Sliding fee scale	31	47.0
Treatment at no charge for clients who cannot pay	27	40.9

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	64	97.0
State substance abuse agency	57	86.4
State mental health department	17	25.8
State department of health	21	31.8
Hospital licensing authority	6	9.1
The Joint Commision	8	12.1
CARF[2]	4	6.1
NCQA[3]	2	3.0
COA[4]	2	3.0
Other State/Local Agency/Org	8	12.1

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	51	77.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**63**	**95.5**
Screening for substance abuse	59	89.4
Screening for mental health disorders	37	56.1
Comprehensive substance abuse assessment/diagnosis	61	92.4
Comprehensive mental health assessment/diagnosis	26	39.4
Outreach to persons in the community who may need treatment	34	51.5
Interim services for clients when immediate admission is not possible	34	51.5
Testing	**49**	**74.2**
Breathalyzer/blood alcohol testing	34	51.5
Drug or alcohol urine screening	46	69.7
Screening for Hepatitis B	10	15.2
Screening for Hepatitis C	10	15.2
HIV testing	10	15.2
STD testing	9	13.6
TB screening	9	13.6
Counseling	**66**	**100.0**
Individual counseling	65	98.5
Group counseling	65	98.5
Family counseling	57	86.4
Marital/couples counseling	39	59.1
Transitional Services	**65**	**98.5**
Discharge planning	61	92.4
Aftercare/continuing care	59	89.4
Pharmocotherapies	**15**	**22.7**
Medications for psychiatric disorders	13	19.7
Nicotine replacement	6	9.1
Campral®	4	6.1
Antabuse®	6	9.1
Naltrexone	7	10.6
Buprenorphine	6	9.1
Subutex®	2	3.0
Suboxone®	6	9.1
Methadone	3	4.5
Ancillary Services	**66**	**100.0**
Case management services	58	87.9
Social skills development	47	71.2
Mentoring/peer support	31	47.0
Child care for clients' children	3	4.5
Assistance with obtaining social services	40	60.6
Employment counseling or training for clients	22	33.3
Assistance in locating housing for clients	35	53.0
Domestic violence	23	34.8
Early intervention for HIV	5	7.6
HIV or AIDS education, counseling, or support	16	24.2
Health education other than HIV/AIDS	19	28.8
Substance abuse education	61	92.4
Transportation assistance to treatment	22	33.3
Mental health services	37	56.1
Acupuncture	0	0.0
Residential beds for clients' children	1	1.5
Self-help groups	25	37.9

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	65	98.5
Relapse prevention	66	100.0
Cognitive-behavioral therapy	66	100.0
12-step facilitation	45	68.2
Motivational interviewing	59	89.4
Anger management	58	87.9

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	44	66.7
Contingency management	48	72.7
Trauma-related counseling	46	69.7
Rational emotive behavioral therapy	32	48.5
Matrix model	45	68.2
Community reinforcement plus vouchers	15	22.7
Other treatment approaches	14	21.2

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	11	4
Number of clients	155	60
Number of designated beds	192	66
Utilization rate (%)	80.7	90.9
No. of designated beds/facility (avg.)	17	17

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

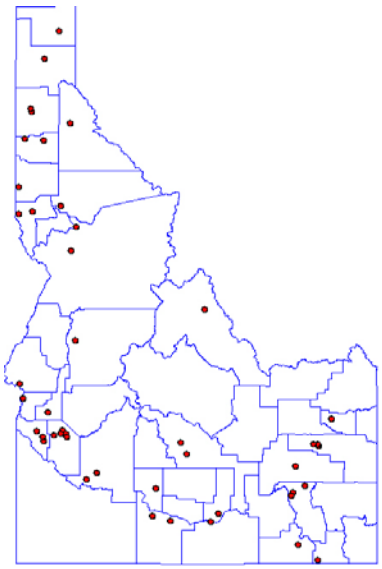
	Facilities No.	Facilities %
Any program or group	57	86.4
Co-occurring disorders	31	47.0
Adult women	36	54.5
Adolescents	32	48.5
DUI/DWI offenders	20	30.3
Criminal justice clients	29	43.9
Adult men	26	39.4
Pregnant or postpartum women	8	12.1
Persons with HIV or AIDS	1	1.5
Seniors or older adults	3	4.5
Gays or lesbians	3	4.5
Other groups	4	6.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	12	18.2
Any language other than English	13	19.7
Services Provided by:		
On-call interpreter	2	15.4
Staff counselor	9	69.2
Both staff counselor and on-call interpreter	2	15.4
Languages Provided by Staff Counselor:[1]		
Spanish	11	100.0
American Indian/Alaska Native languages	1	9.1
Other	1	9.1

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/