2009 State Profile — Connecticut
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Connecticut, 199 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 24,831 clients in substance abuse treatment on March 31, 2009. The survey response rate in Connecticut was 93.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	172	86.4	20,609	83.0	591	93.5
Private for-profit	11	5.5	1,944	7.8	20	3.2
Local government	3	1.5	94	0.4	11	1.7
State government	8	4.0	1,439	5.8	10	1.6
Federal government	4	2.0	745	3.0	0	0.0
Dept. of Veterans Affairs	3	1.5	710	2.9	0	0.0
Dept. of Defense	1	0.5	35	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.5	0	0.0	0	0.0
Total	**199**	**100.0**	**24,831**	**100.0**	**632**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	117	58.8	15,386	62.0	386	61.1
Mental health services	10	5.0	1,066	4.3	15	2.4
Mix of mental health & substance abuse treatment services	65	32.7	7,674	30.9	222	35.1
General health care	6	3.0	695	2.8	1	0.2
Other/unknown	1	0.5	10	<.05	8	1.3
Total	**199**	**100.0**	**24,831**	**100.0**	**632**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	173	91.5	8,571	35.0	302
Clients with drug abuse only	162	85.7	13,078	53.3	478
Clients with alcohol abuse only	147	77.8	2,869	11.7	102
Total[2]	**189**		**24,519**	**100.0**	**881**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 10

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**144**	**72.4**	**23,166**	**93.3**	**73**	**593**	**93.8**
Regular outpatient	124	62.3	8,967	36.1	31		
Intensive outpatient	83	41.7	2,230	9.0	20		
Day treatment/partial hospitalization	32	16.1	418	1.7	8		
Detoxification	29	14.6	361	1.5	6		
Methadone/buprenorphine	39	19.6	11,190	45.1	231		
Residential	**55**	**27.6**	**1,320**	**5.3**	**16**	**35**	**5.5**
Short term	19	9.5	380	1.5	20		
Long term	41	20.6	887	3.6	15		
Detoxification	4	2.0	53	0.2	14		
Hospital Inpatient	**17**	**8.5**	**345**	**1.4**	**15**	**4**	**0.6**
Rehabilitation	13	6.5	173	0.7	8		
Detoxification	17	8.5	172	0.7	10		
Total	**199**		**24,831**	**100.0**	**48**	**632**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**41**	**3.3**
Clients in Facilities with OTPs		
Methadone	11,126	97.4
Buprenorphine	294	2.6
Total	**11,420**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	175	87.9
Private health insurance	130	65.3
Medicare	100	50.3
Medicaid	145	72.9
Other State-financed health insurance	152	76.4
Federal military insurance	67	33.7
Access to Recovery (ATR) vouchers[2]	75	37.7
No payment accepted	4	2.0
Accepts other payments	1	0.5
Sliding fee scale	147	73.9
Treatment at no charge for clients who cannot pay	128	64.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	191	96.0
State substance abuse agency	126	63.3
State mental health department	112	56.3
State department of health	181	91.0
Hospital licensing authority	28	14.1
The Joint Commision	80	40.2
CARF[2]	68	34.2
NCQA[3]	9	4.5
COA[4]	17	8.5
Other State/Local Agency/Org	22	11.1

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	150	75.4

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**194**	**97.5**
Screening for substance abuse	189	95.0
Screening for mental health disorders	170	85.4
Comprehensive substance abuse assessment/diagnosis	174	87.4
Comprehensive mental health assessment/diagnosis	110	55.3
Outreach to persons in the community who may need treatment	77	38.7
Interim services for clients when immediate admission is not possible	39	19.6
Testing	**192**	**96.5**
Breathalyzer/blood alcohol testing	155	77.9
Drug or alcohol urine screening	191	96.0
Screening for Hepatitis B	67	33.7
Screening for Hepatitis C	70	35.2
HIV testing	83	41.7
STD testing	62	31.2
TB screening	79	39.7
Counseling	**198**	**99.5**
Individual counseling	175	87.9
Group counseling	191	96.0
Family counseling	143	71.9
Marital/couples counseling	105	52.8
Transitional Services	**197**	**99.0**
Discharge planning	195	98.0
Aftercare/continuing care	154	77.4
Pharmocotherapies	**127**	**63.8**
Medications for psychiatric disorders	107	53.8
Nicotine replacement	49	24.6
Campral®	66	33.2
Antabuse®	54	27.1
Naltrexone	55	27.6
Buprenorphine	49	24.6
Subutex®	22	11.1
Suboxone®	47	23.6
Methadone	49	24.6
Ancillary Services	**198**	**99.5**
Case management services	143	71.9
Social skills development	135	67.8
Mentoring/peer support	101	50.8
Child care for clients' children	22	11.1
Assistance with obtaining social services	153	76.9
Employment counseling or training for clients	82	41.2
Assistance in locating housing for clients	122	61.3
Domestic violence	69	34.7
Early intervention for HIV	70	35.2
HIV or AIDS education, counseling, or support	113	56.8
Health education other than HIV/AIDS	96	48.2
Substance abuse education	187	94.0
Transportation assistance to treatment	85	42.7
Mental health services	150	75.4
Acupuncture	14	7.0
Residential beds for clients' children	8	4.0
Self-help groups	111	55.8

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	195	98.0
Relapse prevention	189	95.0
Cognitive-behavioral therapy	191	96.0
12-step facilitation	154	77.4
Motivational interviewing	181	91.0
Anger management	177	88.9

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	159	79.9
Contingency management	116	58.3
Trauma-related counseling	168	84.4
Rational emotive behavioral therapy	82	41.2
Matrix model	46	23.1
Community reinforcement plus vouchers	42	21.1
Other treatment approaches	54	27.1

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	54	7
Number of clients	1,296	221
Number of designated beds	1,343	243
Utilization rate (%)	96.5	90.9
No. of designated beds/facility (avg.)	25	35

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

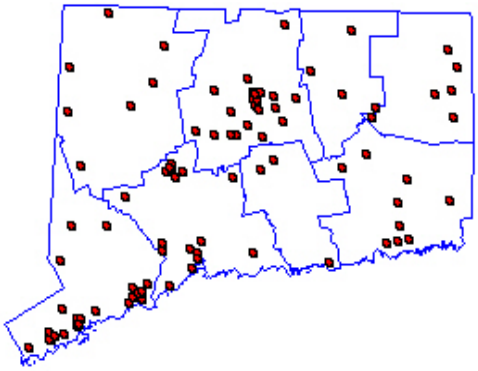
	Facilities No.	Facilities %
Any program or group	160	80.4
Co-occurring disorders	102	51.3
Adult women	85	42.7
Adolescents	31	15.6
DUI/DWI offenders	17	8.5
Criminal justice clients	31	15.6
Adult men	73	36.7
Pregnant or postpartum women	26	13.1
Persons with HIV or AIDS	34	17.1
Seniors or older adults	17	8.5
Gays or lesbians	6	3.0
Other groups	16	8.0

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	38	19.1
Any language other than English	102	51.3
Services Provided by:		
On-call interpreter	7	6.9
Staff counselor	71	69.6
Both staff counselor and on-call interpreter	24	23.5
Languages Provided by Staff Counselor:[1]		
Spanish	94	98.9
American Indian/Alaska Native languages	1	1.1
Other	30	31.6

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov