2009 State Profile — Arizona
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Arizona, 222 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 29,994 clients in substance abuse treatment on March 31, 2009. The survey response rate in Arizona was 92.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	111	50.0	14,478	48.3	575	51.3
Private for-profit	84	37.8	11,628	38.8	150	13.4
Local government	0	0.0	0	0.0	0	0.0
State government	0	0.0	0	0.0	0	0.0
Federal government	8	3.6	1,621	5.4	63	5.6
Dept. of Veterans Affairs	3	1.4	1,383	4.6	0	0.0
Dept. of Defense	2	0.9	39	0.1	0	0.0
Indian Health Service	3	1.4	199	0.7	63	5.6
Other	0	0.0	0	0.0	0	0.0
Tribal government	19	8.6	2,267	7.6	332	29.6
Total	**222**	**100.0**	**29,994**	**100.0**	**1,120**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	91	41.0	11,879	39.6	305	27.2
Mental health services	4	1.8	1,144	3.8	70	6.3
Mix of mental health & substance abuse treatment services	122	55.0	16,758	55.9	690	61.6
General health care	4	1.8	210	0.7	55	4.9
Other/unknown	1	0.5	3	<.05	0	0.0
Total	**222**	**100.0**	**29,994**	**100.0**	**1,120**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	185	89.8	11,504	38.4	223
Clients with drug abuse only	165	80.1	9,542	31.8	192
Clients with alcohol abuse only	158	76.7	8,948	29.8	178
Total[2]	**206**		**29,994**	**100.0**	**594**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 16

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**187**	**84.2**	**28,495**	**95.0**	**85**	**1,020**	**91.1**
Regular outpatient	172	77.5	18,397	61.3	45		
Intensive outpatient	117	52.7	4,388	14.6	20		
Day treatment/partial hospitalization	19	8.6	267	0.9	4		
Detoxification	29	13.1	366	1.2	3		
Methadone/buprenorphine	42	18.9	5,077	16.9	100		
Residential	**48**	**21.6**	**1,266**	**4.2**	**21**	**94**	**8.4**
Short term	28	12.6	300	1.0	7		
Long term	36	16.2	880	2.9	20		
Detoxification	13	5.9	86	0.3	4		
Hospital Inpatient	**17**	**7.7**	**233**	**0.8**	**5**	**6**	**0.5**
Rehabilitation	11	5.0	140	0.5	2		
Detoxification	17	7.7	93	0.3	4		
Total	**222**		**29,994**	**100.0**	**71**	**1,120**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**31**	**2.5**
Clients in Facilities with OTPs		
Methadone	5,673	97.5
Buprenorphine	143	2.5
Total	**5,816**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	188	84.7
Private health insurance	109	49.1
Medicare	80	36.0
Medicaid	98	44.1
Other State-financed health insurance	85	38.3
Federal military insurance	61	27.5
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	6	2.7
Accepts other payments	4	1.8
Sliding fee scale	98	44.1
Treatment at no charge for clients who cannot pay	105	47.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	205	92.3
State substance abuse agency	108	48.6
State mental health department	99	44.6
State department of health	168	75.7
Hospital licensing authority	19	8.6
The Joint Commision	42	18.9
CARF[2]	60	27.0
NCQA[3]	6	2.7
COA[4]	9	4.1
Other State/Local Agency/Org	15	6.8

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	98	44.1

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**218**	**98.2**
Screening for substance abuse	202	91.0
Screening for mental health disorders	148	66.7
Comprehensive substance abuse assessment/diagnosis	193	86.9
Comprehensive mental health assessment/diagnosis	119	53.6
Outreach to persons in the community who may need treatment	108	48.6
Interim services for clients when immediate admission is not possible	107	48.2
Testing	**164**	**73.9**
Breathalyzer/blood alcohol testing	111	50.0
Drug or alcohol urine screening	151	68.0
Screening for Hepatitis B	38	17.1
Screening for Hepatitis C	46	20.7
HIV testing	61	27.5
STD testing	55	24.8
TB screening	75	33.8
Counseling	**222**	**100.0**
Individual counseling	206	92.8
Group counseling	206	92.8
Family counseling	177	79.7
Marital/couples counseling	129	58.1
Transitional Services	**209**	**94.1**
Discharge planning	198	89.2
Aftercare/continuing care	181	81.5
Pharmocotherapies	**114**	**51.4**
Medications for psychiatric disorders	85	38.3
Nicotine replacement	29	13.1
Campral®	41	18.5
Antabuse®	38	17.1
Naltrexone	39	17.6
Buprenorphine	49	22.1
Subutex®	25	11.3
Suboxone®	47	21.2
Methadone	34	15.3
Ancillary Services	**222**	**100.0**
Case management services	158	71.2
Social skills development	152	68.5
Mentoring/peer support	118	53.2
Child care for clients' children	14	6.3
Assistance with obtaining social services	121	54.5
Employment counseling or training for clients	81	36.5
Assistance in locating housing for clients	93	41.9
Domestic violence	107	48.2
Early intervention for HIV	50	22.5
HIV or AIDS education, counseling, or support	91	41.0
Health education other than HIV/AIDS	104	46.8
Substance abuse education	211	95.0
Transportation assistance to treatment	107	48.2
Mental health services	147	66.2
Acupuncture	20	9.0
Residential beds for clients' children	6	2.7
Self-help groups	113	50.9

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	215	96.8
Relapse prevention	214	96.4
Cognitive-behavioral therapy	204	91.9
12-step facilitation	147	66.2
Motivational interviewing	181	81.5
Anger management	191	86.0

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	193	86.9
Contingency management	143	64.4
Trauma-related counseling	133	59.9
Rational emotive behavioral therapy	100	45.0
Matrix model	130	58.6
Community reinforcement plus vouchers	30	13.5
Other treatment approaches	42	18.9

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	41	7
Number of clients	1,171	192
Number of designated beds	1,466	241
Utilization rate (%)	79.9	79.7
No. of designated beds/facility (avg.)	36	34

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

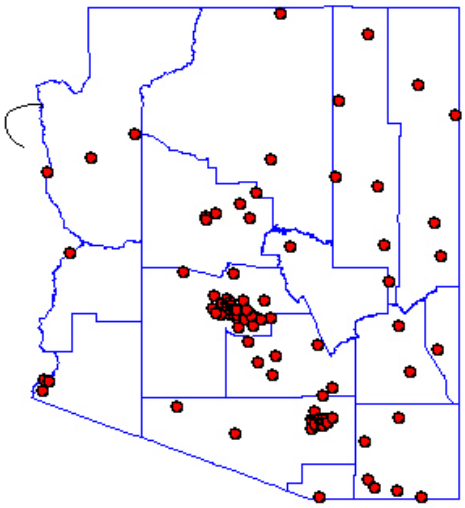
	Facilities No.	Facilities %
Any program or group	183	82.4
Co-occurring disorders	75	33.8
Adult women	75	33.8
Adolescents	71	32.0
DUI/DWI offenders	81	36.5
Criminal justice clients	65	29.3
Adult men	64	28.8
Pregnant or postpartum women	40	18.0
Persons with HIV or AIDS	14	6.3
Seniors or older adults	15	6.8
Gays or lesbians	13	5.9
Other groups	23	10.4

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	89	40.1
Any language other than English	144	64.9
Services Provided by:		
On-call interpreter	29	20.1
Staff counselor	55	38.2
Both staff counselor and on-call interpreter	60	41.7
Languages Provided by Staff Counselor:[1]		
Spanish	99	86.1
American Indian/Alaska Native languages	27	23.5
Other	10	8.7

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/