2009 State Profile — Arkansas
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Arkansas, 55 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 3,721 clients in substance abuse treatment on March 31, 2009. The survey response rate in Arkansas was 96.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	45	81.8	2,709	72.8	106	80.3
Private for-profit	6	10.9	385	10.3	12	9.1
Local government	0	0.0	0	0.0	0	0.0
State government	2	3.6	151	4.1	14	10.6
Federal government	2	3.6	476	12.8	0	0.0
Dept. of Veterans Affairs	2	3.6	476	12.8	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**55**	**100.0**	**3,721**	**100.0**	**132**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	30	54.5	1,910	51.3	31	23.5
Mental health services	11	20.0	1,245	33.5	16	12.1
Mix of mental health & substance abuse treatment services	14	25.5	566	15.2	85	64.4
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**55**	**100.0**	**3,721**	**100.0**	**132**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	51	92.7	1,598	42.9	68
Clients with drug abuse only	49	89.1	1,567	42.1	71
Clients with alcohol abuse only	44	80.0	556	14.9	25
Total[2]	**55**		**3,721**	**100.0**	**165**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 0

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**46**	**83.6**	**2,737**	**73.6**	**30**	**85**	**64.4**
Regular outpatient	41	74.5	1,422	38.2	23		
Intensive outpatient	30	54.5	643	17.3	6		
Day treatment/partial hospitalization	19	34.5	108	2.9	<1		
Detoxification	4	7.3	20	0.5	<1		
Methadone/buprenorphine	5	9.1	544	14.6	97		
Residential	**27**	**49.1**	**949**	**25.5**	**24**	**47**	**35.6**
Short term	17	30.9	328	8.8	13		
Long term	25	45.5	532	14.3	17		
Detoxification	14	25.5	89	2.4	3		
Hospital Inpatient	**4**	**7.3**	**35**	**0.9**	**6**	**0**	**0.0**
Rehabilitation	3	5.5	24	0.6	6		
Detoxification	4	7.3	11	0.3	1		
Total	**55**		**3,721**	**100.0**	**43**	**132**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**3**	**0.2**
Clients in Facilities with OTPs		
Methadone	451	99.6
Buprenorphine	2	0.4
Total	**453**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	52	94.5
Private health insurance	29	52.7
Medicare	11	20.0
Medicaid	14	25.5
Other State-financed health insurance	7	12.7
Federal military insurance	18	32.7
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	2	3.6
Accepts other payments	1	1.8
Sliding fee scale	40	72.7
Treatment at no charge for clients who cannot pay	36	65.5

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	49	89.1
State substance abuse agency	45	81.8
State mental health department	16	29.1
State department of health	26	47.3
Hospital licensing authority	3	5.5
The Joint Commision	6	10.9
CARF[2]	18	32.7
NCQA[3]	0	0.0
COA[4]	1	1.8
Other State/Local Agency/Org	5	9.1

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	41	74.5

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**55**	**100.0**
Screening for substance abuse	53	96.4
Screening for mental health disorders	41	74.5
Comprehensive substance abuse assessment/diagnosis	52	94.5
Comprehensive mental health assessment/diagnosis	26	47.3
Outreach to persons in the community who may need treatment	30	54.5
Interim services for clients when immediate admission is not possible	37	67.3
Testing	**52**	**94.5**
Breathalyzer/blood alcohol testing	31	56.4
Drug or alcohol urine screening	50	90.9
Screening for Hepatitis B	10	18.2
Screening for Hepatitis C	11	20.0
HIV testing	17	30.9
STD testing	11	20.0
TB screening	20	36.4
Counseling	**55**	**100.0**
Individual counseling	54	98.2
Group counseling	50	90.9
Family counseling	46	83.6
Marital/couples counseling	31	56.4
Transitional Services	**54**	**98.2**
Discharge planning	52	94.5
Aftercare/continuing care	47	85.5
Pharmocotherapies	**23**	**41.8**
Medications for psychiatric disorders	18	32.7
Nicotine replacement	10	18.2
Campral®	8	14.5
Antabuse®	3	5.5
Naltrexone	4	7.3
Buprenorphine	8	14.5
Subutex®	5	9.1
Suboxone®	8	14.5
Methadone	3	5.5
Ancillary Services	**55**	**100.0**
Case management services	46	83.6
Social skills development	40	72.7
Mentoring/peer support	27	49.1
Child care for clients' children	8	14.5
Assistance with obtaining social services	25	45.5
Employment counseling or training for clients	23	41.8
Assistance in locating housing for clients	29	52.7
Domestic violence	23	41.8
Early intervention for HIV	14	25.5
HIV or AIDS education, counseling, or support	35	63.6
Health education other than HIV/AIDS	26	47.3
Substance abuse education	54	98.2
Transportation assistance to treatment	17	30.9
Mental health services	27	49.1
Acupuncture	2	3.6
Residential beds for clients' children	6	10.9
Self-help groups	34	61.8

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	54	98.2
Relapse prevention	53	96.4
Cognitive-behavioral therapy	45	81.8
12-step facilitation	45	81.8
Motivational interviewing	47	85.5
Anger management	49	89.1

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	36	65.5
Contingency management	30	54.5
Trauma-related counseling	28	50.9
Rational emotive behavioral therapy	28	50.9
Matrix model	35	63.6
Community reinforcement plus vouchers	6	10.9
Other treatment approaches	10	18.2

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	24	3
Number of clients	875	30
Number of designated beds	889	46
Utilization rate (%)	98.4	65.2
No. of designated beds/facility (avg.)	37	15

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

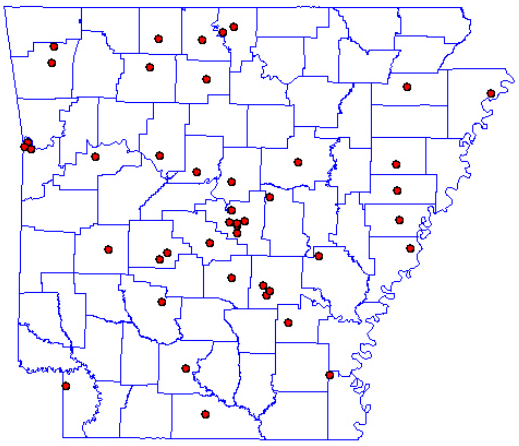
	Facilities No.	Facilities %
Any program or group	37	67.3
Co-occurring disorders	16	29.1
Adult women	13	23.6
Adolescents	9	16.4
DUI/DWI offenders	17	30.9
Criminal justice clients	9	16.4
Adult men	11	20.0
Pregnant or postpartum women	8	14.5
Persons with HIV or AIDS	3	5.5
Seniors or older adults	3	5.5
Gays or lesbians	1	1.8
Other groups	5	9.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	30	54.5
Any language other than English	27	49.1
Services Provided by:		
On-call interpreter	21	77.8
Staff counselor	5	18.5
Both staff counselor and on-call interpreter	1	3.7
Languages Provided by Staff Counselor:[1]		
Spanish	5	83.3
American Indian/Alaska Native languages	1	16.7
Other	0	0.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/