2009 State Profile — Tennesse
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Tennesse 192 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 12,544 clients in substance abuse treatment on March 31, 2009. The survey response rate in Tennesse was 96.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	146	76.0	5,330	42.5	486	65.7
Private for-profit	37	19.3	6,341	50.6	197	26.6
Local government	2	1.0	81	0.6	47	6.4
State government	3	1.6	249	2.0	10	1.4
Federal government	4	2.1	543	4.3	0	0.0
Dept. of Veterans Affairs	4	2.1	543	4.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**192**	**100.0**	**12,544**	**100.0**	**740**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	85	44.3	6,645	53.0	145	19.6
Mental health services	66	34.4	2,155	17.2	229	30.9
Mix of mental health & substance abuse treatment services	36	18.8	2,963	23.6	366	49.5
General health care	3	1.6	543	4.3	0	0.0
Other/unknown	2	1.0	238	1.9	0	0.0
Total	**192**	**100.0**	**12,544**	**100.0**	**740**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	142	85.5	3,531	28.1	67
Clients with drug abuse only	134	80.7	7,368	58.7	147
Clients with alcohol abuse only	116	69.9	1,645	13.1	31
Total[2]	**166**		**12,544**	**100.0**	**246**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 26

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**162**	**84.4**	**10,797**	**86.1**	**18**	**558**	**75.4**
Regular outpatient	130	67.7	4,491	35.8	15		
Intensive outpatient	81	42.2	1,184	9.4	10		
Day treatment/partial hospitalization	34	17.7	180	1.4	<1		
Detoxification	9	4.7	4	0.0	<1		
Methadone/buprenorphine	11	5.7	4,938	39.4	320		
Residential	**59**	**30.7**	**1,560**	**12.4**	**17**	**182**	**24.6**
Short term	41	21.4	656	5.2	10		
Long term	52	27.1	817	6.5	10		
Detoxification	22	11.5	87	0.7	2		
Hospital Inpatient	**15**	**7.8**	**187**	**1.5**	**8**	**0**	**0.0**
Rehabilitation	12	6.3	109	0.9	4		
Detoxification	15	7.8	78	0.6	4		
Total	**192**		**12,544**	**100.0**	**22**	**740**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**8**	**0.6**
Clients in Facilities with OTPs		
Methadone	4,844	99.8
Buprenorphine	12	0.2
Total	**4,856**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	179	93.2
Private health insurance	131	68.2
Medicare	90	46.9
Medicaid	108	56.3
Other State-financed health insurance	99	51.6
Federal military insurance	92	47.9
Access to Recovery (ATR) vouchers[2]	62	32.3
No payment accepted	4	2.1
Accepts other payments	3	1.6
Sliding fee scale	109	56.8
Treatment at no charge for clients who cannot pay	87	45.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	182	94.8
State substance abuse agency	113	58.9
State mental health department	150	78.1
State department of health	69	35.9
Hospital licensing authority	9	4.7
The Joint Commision	53	27.6
CARF[2]	53	27.6
NCQA[3]	5	2.6
COA[4]	8	4.2
Other State/Local Agency/Org	12	6.3

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	126	65.6

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**189**	**98.4**
Screening for substance abuse	181	94.3
Screening for mental health disorders	124	64.6
Comprehensive substance abuse assessment/diagnosis	171	89.1
Comprehensive mental health assessment/diagnosis	107	55.7
Outreach to persons in the community who may need treatment	118	61.5
Interim services for clients when immediate admission is not possible	68	35.4
Testing	**151**	**78.6**
Breathalyzer/blood alcohol testing	71	37.0
Drug or alcohol urine screening	149	77.6
Screening for Hepatitis B	33	17.2
Screening for Hepatitis C	33	17.2
HIV testing	50	26.0
STD testing	38	19.8
TB screening	102	53.1
Counseling	**190**	**99.0**
Individual counseling	186	96.9
Group counseling	176	91.7
Family counseling	149	77.6
Marital/couples counseling	103	53.6
Transitional Services	**185**	**96.4**
Discharge planning	165	85.9
Aftercare/continuing care	165	85.9
Pharmocotherapies	**104**	**54.2**
Medications for psychiatric disorders	95	49.5
Nicotine replacement	30	15.6
Campral®	26	13.5
Antabuse®	13	6.8
Naltrexone	17	8.9
Buprenorphine	25	13.0
Subutex®	19	9.9
Suboxone®	21	10.9
Methadone	13	6.8
Ancillary Services	**192**	**100.0**
Case management services	151	78.6
Social skills development	134	69.8
Mentoring/peer support	97	50.5
Child care for clients' children	8	4.2
Assistance with obtaining social services	109	56.8
Employment counseling or training for clients	77	40.1
Assistance in locating housing for clients	120	62.5
Domestic violence	71	37.0
Early intervention for HIV	33	17.2
HIV or AIDS education, counseling, or support	106	55.2
Health education other than HIV/AIDS	112	58.3
Substance abuse education	174	90.6
Transportation assistance to treatment	69	35.9
Mental health services	118	61.5
Acupuncture	7	3.6
Residential beds for clients' children	6	3.1
Self-help groups	108	56.3

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	191	99.5
Relapse prevention	186	96.9
Cognitive-behavioral therapy	177	92.2
12-step facilitation	172	89.6
Motivational interviewing	163	84.9
Anger management	181	94.3

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	164	85.4
Contingency management	101	52.6
Trauma-related counseling	150	78.1
Rational emotive behavioral therapy	76	39.6
Matrix model	93	48.4
Community reinforcement plus vouchers	23	12.0
Other treatment approaches	25	13.0

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	51	10
Number of clients	1,361	183
Number of designated beds	1,765	224
Utilization rate (%)	77.1	81.7
No. of designated beds/facility (avg.)	35	22

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

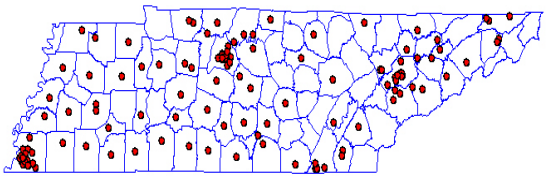
	Facilities No.	Facilities %
Any program or group	121	63.0
Co-occurring disorders	51	26.6
Adult women	46	24.0
Adolescents	39	20.3
DUI/DWI offenders	36	18.8
Criminal justice clients	20	10.4
Adult men	31	16.1
Pregnant or postpartum women	16	8.3
Persons with HIV or AIDS	8	4.2
Seniors or older adults	8	4.2
Gays or lesbians	6	3.1
Other groups	9	4.7

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	107	55.7
Any language other than English	107	55.7
Services Provided by:		
On-call interpreter	89	83.2
Staff counselor	6	5.6
Both staff counselor and on-call interpreter	12	11.2
Languages Provided by Staff Counselor:[1]		
Spanish	17	94.4
American Indian/Alaska Native languages	0	0.0
Other	1	5.6

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/