2009 State Profile — Massachusetts
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Massachusetts, 313 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 36,815 clients in substance abuse treatment on March 31, 2009. The survey response rate in Massachusetts was 92.3%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	245	78.3	24,121	65.5	1,742	87.9
Private for-profit	52	16.6	10,326	28.0	229	11.6
Local government	6	1.9	1,048	2.8	0	0.0
State government	3	1.0	63	0.2	8	0.4
Federal government	7	2.2	1,257	3.4	2	0.1
Dept. of Veterans Affairs	5	1.6	1,210	3.3	0	0.0
Dept. of Defense	1	0.3	15	<.05	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	1	0.3	32	0.1	2	0.1
Tribal government	0	0.0	0	0.0	0	0.0
Total	**313**	**100.0**	**36,815**	**100.0**	**1,981**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	178	56.9	20,322	55.2	544	27.5
Mental health services	31	9.9	1,731	4.7	464	23.4
Mix of mental health & substance abuse treatment services	94	30.0	14,158	38.5	962	48.6
General health care	8	2.6	464	1.3	11	0.6
Other/unknown	2	0.6	140	0.4	0	0.0
Total	**313**	**100.0**	**36,815**	**100.0**	**1,981**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	275	92.9	16,081	43.7	292
Clients with drug abuse only	239	80.7	14,770	40.1	278
Clients with alcohol abuse only	232	78.4	5,959	16.2	105
Total[2]	**296**		**36,810**	**100.0**	**675**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 17

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**199**	**63.6**	**32,759**	**89.0**	**102**	**1,835**	**92.6**
Regular outpatient	179	57.2	17,289	47.0	53		
Intensive outpatient	71	22.7	2,177	5.9	20		
Day treatment/partial hospitalization	45	14.4	973	2.6	7		
Detoxification	44	14.1	1,528	4.2	15		
Methadone/buprenorphine	62	19.8	10,792	29.3	100		
Residential	**120**	**38.3**	**2,984**	**8.1**	**20**	**111**	**5.6**
Short term	36	11.5	747	2.0	15		
Long term	91	29.1	2,027	5.5	20		
Detoxification	12	3.8	210	0.6	20		
Hospital Inpatient	**35**	**11.2**	**1,072**	**2.9**	**20**	**35**	**1.8**
Rehabilitation	25	8.0	275	0.7	6		
Detoxification	35	11.2	797	2.2	10		
Total	**313**		**36,815**	**100.0**	**45**	**1,981**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**56**	**4.5**
Clients in Facilities with OTPs		
Methadone	10,580	95.3
Buprenorphine	525	4.7
Total	**11,105**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	259	82.7
Private health insurance	203	64.9
Medicare	178	56.9
Medicaid	207	66.1
Other State-financed health insurance	178	56.9
Federal military insurance	119	38.0
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	26	8.3
Accepts other payments	1	0.3
Sliding fee scale	186	59.4
Treatment at no charge for clients who cannot pay	229	73.2

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	287	91.7
State substance abuse agency	258	82.4
State mental health department	86	27.5
State department of health	233	74.4
Hospital licensing authority	47	15.0
The Joint Commision	86	27.5
CARF[2]	48	15.3
NCQA[3]	9	2.9
COA[4]	16	5.1
Other State/Local Agency/Org	11	3.5

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	205	65.5

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**300**	**95.8**
Screening for substance abuse	274	87.5
Screening for mental health disorders	218	69.6
Comprehensive substance abuse assessment/diagnosis	257	82.1
Comprehensive mental health assessment/diagnosis	154	49.2
Outreach to persons in the community who may need treatment	123	39.3
Interim services for clients when immediate admission is not possible	83	26.5
Testing	**271**	**86.6**
Breathalyzer/blood alcohol testing	191	61.0
Drug or alcohol urine screening	248	79.2
Screening for Hepatitis B	97	31.0
Screening for Hepatitis C	98	31.3
HIV testing	133	42.5
STD testing	100	31.9
TB screening	124	39.6
Counseling	**308**	**98.4**
Individual counseling	299	95.5
Group counseling	280	89.5
Family counseling	213	68.1
Marital/couples counseling	170	54.3
Transitional Services	**296**	**94.6**
Discharge planning	288	92.0
Aftercare/continuing care	249	79.6
Pharmocotherapies	**220**	**70.3**
Medications for psychiatric disorders	172	55.0
Nicotine replacement	119	38.0
Campral®	106	33.9
Antabuse®	79	25.2
Naltrexone	98	31.3
Buprenorphine	95	30.4
Subutex®	38	12.1
Suboxone®	94	30.0
Methadone	71	22.7
Ancillary Services	**309**	**98.7**
Case management services	258	82.4
Social skills development	223	71.2
Mentoring/peer support	144	46.0
Child care for clients' children	18	5.8
Assistance with obtaining social services	223	71.2
Employment counseling or training for clients	90	28.8
Assistance in locating housing for clients	157	50.2
Domestic violence	135	43.1
Early intervention for HIV	120	38.3
HIV or AIDS education, counseling, or support	227	72.5
Health education other than HIV/AIDS	218	69.6
Substance abuse education	288	92.0
Transportation assistance to treatment	135	43.1
Mental health services	204	65.2
Acupuncture	21	6.7
Residential beds for clients' children	14	4.5
Self-help groups	188	60.1

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	307	98.1
Relapse prevention	304	97.1
Cognitive-behavioral therapy	284	90.7
12-step facilitation	265	84.7
Motivational interviewing	281	89.8
Anger management	252	80.5

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	245	78.3
Contingency management	188	60.1
Trauma-related counseling	259	82.7
Rational emotive behavioral therapy	111	35.5
Matrix model	69	22.0
Community reinforcement plus vouchers	41	13.1
Other treatment approaches	37	11.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	116	25
Number of clients	2,934	1014
Number of designated beds	3,133	894
Utilization rate (%)	93.6	113.4
No. of designated beds/facility (avg.)	27	36

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

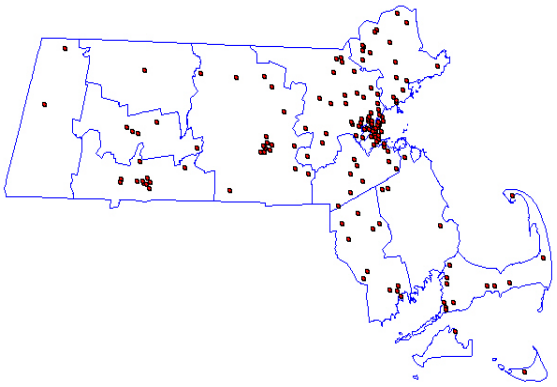
	Facilities No.	Facilities %
Any program or group	230	73.5
Co-occurring disorders	104	33.2
Adult women	109	34.8
Adolescents	48	15.3
DUI/DWI offenders	59	18.8
Criminal justice clients	51	16.3
Adult men	103	32.9
Pregnant or postpartum women	42	13.4
Persons with HIV or AIDS	51	16.3
Seniors or older adults	22	7.0
Gays or lesbians	19	6.1
Other groups	45	14.4

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	100	31.9
Any language other than English	173	55.3
Services Provided by:		
On-call interpreter	28	16.2
Staff counselor	84	48.6
Both staff counselor and on-call interpreter	61	35.3
Languages Provided by Staff Counselor:[1]		
Spanish	135	93.1
American Indian/Alaska Native languages	3	2.1
Other	76	52.4

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/