2009 State Profile — Maryland
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Maryland, 343 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 42,867 clients in substance abuse treatment on March 31, 2009. The survey response rate in Maryland was 93.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	138	40.2	12,489	29.1	665	36.2
Private for-profit	144	42.0	22,600	52.7	402	21.9
Local government	24	7.0	2,596	6.1	288	15.7
State government	30	8.7	4,310	10.1	484	26.3
Federal government	7	2.0	872	2.0	0	0.0
Dept. of Veterans Affairs	2	0.6	660	1.5	0	0.0
Dept. of Defense	4	1.2	202	0.5	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	1	0.3	10	<.05	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**343**	**100.0**	**42,867**	**100.0**	**1,839**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	261	76.1	31,145	72.7	1,557	84.7
Mental health services	11	3.2	569	1.3	31	1.7
Mix of mental health & substance abuse treatment services	59	17.2	10,565	24.6	251	13.6
General health care	8	2.3	454	1.1	0	0.0
Other/unknown	4	1.2	134	0.3	0	0.0
Total	**343**	**100.0**	**42,867**	**100.0**	**1,839**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	290	88.1	18,640	43.5	406
Clients with drug abuse only	270	82.1	18,315	42.7	409
Clients with alcohol abuse only	242	73.6	5,912	13.8	128
Total[2]	**329**		**42,867**	**100.0**	**944**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 14

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**286**	**83.4**	**40,412**	**94.3**	**75**	**1,732**	**94.2**
Regular outpatient	252	73.5	16,420	38.3	40		
Intensive outpatient	132	38.5	6,413	15.0	15		
Day treatment/partial hospitalization	20	5.8	2,218	5.2	6		
Detoxification	53	15.5	349	0.8	1		
Methadone/buprenorphine	99	28.9	15,012	35.0	90		
Residential	**68**	**19.8**	**2,205**	**5.1**	**20**	**66**	**3.6**
Short term	23	6.7	407	0.9	17		
Long term	61	17.8	1,676	3.9	14		
Detoxification	15	4.4	122	0.3	6		
Hospital Inpatient	**15**	**4.4**	**250**	**0.6**	**10**	**41**	**2.2**
Rehabilitation	11	3.2	158	0.4	5		
Detoxification	15	4.4	92	0.2	6		
Total	**343**		**42,867**	**100.0**	**60**	**1,839**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**64**	**5.2**
Clients in Facilities with OTPs		
Methadone	14,522	98.0
Buprenorphine	300	2.0
Total	**14,822**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	311	90.7
Private health insurance	189	55.1
Medicare	82	23.9
Medicaid	184	53.6
Other State-financed health insurance	90	26.2
Federal military insurance	63	18.4
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	15	4.4
Accepts other payments	2	0.6
Sliding fee scale	223	65.0
Treatment at no charge for clients who cannot pay	145	42.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	334	97.4
State substance abuse agency	307	89.5
State mental health department	114	33.2
State department of health	198	57.7
Hospital licensing authority	13	3.8
The Joint Commision	91	26.5
CARF[2]	55	16.0
NCQA[3]	9	2.6
COA[4]	9	2.6
Other State/Local Agency/Org	28	8.2

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	176	51.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**340**	**99.1**
Screening for substance abuse	327	95.3
Screening for mental health disorders	221	64.4
Comprehensive substance abuse assessment/diagnosis	319	93.0
Comprehensive mental health assessment/diagnosis	128	37.3
Outreach to persons in the community who may need treatment	149	43.4
Interim services for clients when immediate admission is not possible	118	34.4
Testing	**334**	**97.4**
Breathalyzer/blood alcohol testing	306	89.2
Drug or alcohol urine screening	330	96.2
Screening for Hepatitis B	102	29.7
Screening for Hepatitis C	105	30.6
HIV testing	113	32.9
STD testing	93	27.1
TB screening	159	46.4
Counseling	**342**	**99.7**
Individual counseling	336	98.0
Group counseling	329	95.9
Family counseling	264	77.0
Marital/couples counseling	165	48.1
Transitional Services	**330**	**96.2**
Discharge planning	321	93.6
Aftercare/continuing care	282	82.2
Pharmocotherapies	**185**	**53.9**
Medications for psychiatric disorders	111	32.4
Nicotine replacement	50	14.6
Campral®	64	18.7
Antabuse®	75	21.9
Naltrexone	56	16.3
Buprenorphine	121	35.3
Subutex®	52	15.2
Suboxone®	116	33.8
Methadone	73	21.3
Ancillary Services	**342**	**99.7**
Case management services	251	73.2
Social skills development	194	56.6
Mentoring/peer support	132	38.5
Child care for clients' children	23	6.7
Assistance with obtaining social services	166	48.4
Employment counseling or training for clients	106	30.9
Assistance in locating housing for clients	139	40.5
Domestic violence	110	32.1
Early intervention for HIV	107	31.2
HIV or AIDS education, counseling, or support	223	65.0
Health education other than HIV/AIDS	197	57.4
Substance abuse education	329	95.9
Transportation assistance to treatment	125	36.4
Mental health services	180	52.5
Acupuncture	39	11.4
Residential beds for clients' children	9	2.6
Self-help groups	164	47.8

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	340	99.1
Relapse prevention	333	97.1
Cognitive-behavioral therapy	322	93.9
12-step facilitation	285	83.1
Motivational interviewing	292	85.1
Anger management	263	76.7

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	274	79.9
Contingency management	209	60.9
Trauma-related counseling	210	61.2
Rational emotive behavioral therapy	173	50.4
Matrix model	91	26.5
Community reinforcement plus vouchers	48	14.0
Other treatment approaches	51	14.9

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	57	12
Number of clients	2,061	232
Number of designated beds	2,302	325
Utilization rate (%)	89.5	71.4
No. of designated beds/facility (avg.)	40	27

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

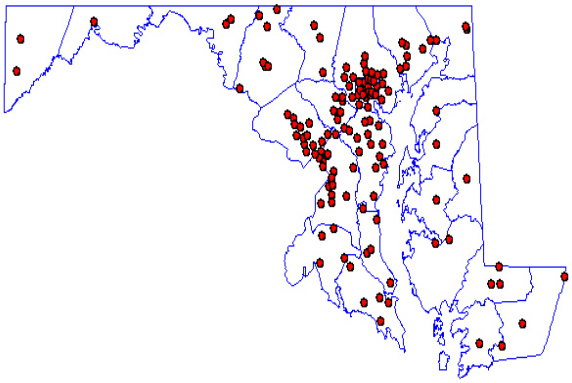
	Facilities No.	Facilities %
Any program or group	298	86.9
Co-occurring disorders	128	37.3
Adult women	136	39.7
Adolescents	84	24.5
DUI/DWI offenders	136	39.7
Criminal justice clients	77	22.4
Adult men	100	29.2
Pregnant or postpartum women	44	12.8
Persons with HIV or AIDS	38	11.1
Seniors or older adults	17	5.0
Gays or lesbians	11	3.2
Other groups	45	13.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	53	15.5
Any language other than English	89	25.9
Services Provided by:		
On-call interpreter	35	39.3
Staff counselor	33	37.1
Both staff counselor and on-call interpreter	21	23.6
Languages Provided by Staff Counselor:[1]		
Spanish	52	96.3
American Indian/Alaska Native languages	2	3.7
Other	17	31.5

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/