2009 State Profile — Louisiana
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Louisiana, 163 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 13,829 clients in substance abuse treatment on March 31, 2009. The survey response rate in Louisiana was 95.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	58	35.6	2,708	19.6	279	35.5
Private for-profit	43	26.4	4,876	35.3	42	5.3
Local government	12	7.4	549	4.0	43	5.5
State government	44	27.0	5,281	38.2	391	49.7
Federal government	5	3.1	407	2.9	30	3.8
Dept. of Veterans Affairs	3	1.8	177	1.3	0	0.0
Dept. of Defense	2	1.2	230	1.7	30	3.8
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.6	8	0.1	2	0.3
Total	**163**	**100.0**	**13,829**	**100.0**	**787**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	122	74.8	11,456	82.8	492	62.5
Mental health services	11	6.7	258	1.9	20	2.5
Mix of mental health & substance abuse treatment services	28	17.2	2,095	15.1	272	34.6
General health care	1	0.6	8	0.1	2	0.3
Other/unknown	1	0.6	12	0.1	1	0.1
Total	**163**	**100.0**	**13,829**	**100.0**	**787**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	148	92.5	5,980	43.6	164
Clients with drug abuse only	133	83.1	5,961	43.4	170
Clients with alcohol abuse only	128	80.0	1,783	13.0	50
Total[2]	**160**		**13,724**	**100.0**	**384**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 3

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**119**	**73.0**	**11,928**	**86.3**	**50**	**642**	**81.6**
Regular outpatient	110	67.5	5,978	43.2	22		
Intensive outpatient	85	52.1	2,180	15.8	14		
Day treatment/partial hospitalization	21	12.9	103	0.7	<1		
Detoxification	14	8.6	12	0.1	<1		
Methadone/buprenorphine	15	9.2	3,655	26.4	143		
Residential	**50**	**30.7**	**1,654**	**12.0**	**23**	**143**	**18.2**
Short term	23	14.1	532	3.8	17		
Long term	34	20.9	981	7.1	16		
Detoxification	19	11.7	141	1.0	4		
Hospital Inpatient	**14**	**8.6**	**247**	**1.8**	**12**	**2**	**0.3**
Rehabilitation	11	6.7	154	1.1	5		
Detoxification	14	8.6	93	0.7	7		
Total	**163**		**13,829**	**100.0**	**39.5**	**787**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**8**	**0.6**
Clients in Facilities with OTPs		
Methadone	3,496	99.0
Buprenorphine	34	1.0
Total	**3,530**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	144	88.3
Private health insurance	93	57.1
Medicare	36	22.1
Medicaid	30	18.4
Other State-financed health insurance	30	18.4
Federal military insurance	55	33.7
Access to Recovery (ATR) vouchers[2]	49	30.1
No payment accepted	8	4.9
Accepts other payments	5	3.1
Sliding fee scale	94	57.7
Treatment at no charge for clients who cannot pay	124	76.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	152	93.3
State substance abuse agency	107	65.6
State mental health department	22	13.5
State department of health	121	74.2
Hospital licensing authority	27	16.6
The Joint Commision	18	11.0
CARF[2]	13	8.0
NCQA[3]	3	1.8
COA[4]	3	1.8
Other State/Local Agency/Org	7	4.3

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	113	69.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**159**	**97.5**
Screening for substance abuse	152	93.3
Screening for mental health disorders	86	52.8
Comprehensive substance abuse assessment/diagnosis	137	84.0
Comprehensive mental health assessment/diagnosis	42	25.8
Outreach to persons in the community who may need treatment	95	58.3
Interim services for clients when immediate admission is not possible	78	47.9
Testing	**153**	**93.9**
Breathalyzer/blood alcohol testing	99	60.7
Drug or alcohol urine screening	150	92.0
Screening for Hepatitis B	37	22.7
Screening for Hepatitis C	36	22.1
HIV testing	78	47.9
STD testing	52	31.9
TB screening	78	47.9
Counseling	**163**	**100.0**
Individual counseling	157	96.3
Group counseling	151	92.6
Family counseling	129	79.1
Marital/couples counseling	77	47.2
Transitional Services	**158**	**96.9**
Discharge planning	154	94.5
Aftercare/continuing care	132	81.0
Pharmocotherapies	**80**	**49.1**
Medications for psychiatric disorders	55	33.7
Nicotine replacement	31	19.0
Campral®	33	20.2
Antabuse®	32	19.6
Naltrexone	19	11.7
Buprenorphine	26	16.0
Subutex®	12	7.4
Suboxone®	26	16.0
Methadone	11	6.7
Ancillary Services	**159**	**97.5**
Case management services	119	73.0
Social skills development	104	63.8
Mentoring/peer support	68	41.7
Child care for clients' children	8	4.9
Assistance with obtaining social services	58	35.6
Employment counseling or training for clients	47	28.8
Assistance in locating housing for clients	58	35.6
Domestic violence	34	20.9
Early intervention for HIV	35	21.5
HIV or AIDS education, counseling, or support	76	46.6
Health education other than HIV/AIDS	72	44.2
Substance abuse education	154	94.5
Transportation assistance to treatment	45	27.6
Mental health services	68	41.7
Acupuncture	1	0.6
Residential beds for clients' children	6	3.7
Self-help groups	91	55.8

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	163	100.0
Relapse prevention	154	94.5
Cognitive-behavioral therapy	148	90.8
12-step facilitation	141	86.5
Motivational interviewing	135	82.8
Anger management	138	84.7

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	132	81.0
Contingency management	103	63.2
Trauma-related counseling	99	60.7
Rational emotive behavioral therapy	101	62.0
Matrix model	83	50.9
Community reinforcement plus vouchers	17	10.4
Other treatment approaches	24	14.7

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	48	10
Number of clients	1,601	203
Number of designated beds	1,929	216
Utilization rate (%)	83.0	94.0
No. of designated beds/facility (avg.)	40	22

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

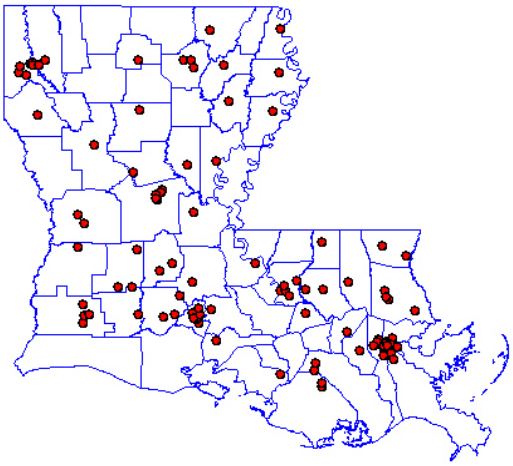
	Facilities No.	Facilities %
Any program or group	131	80.4
Co-occurring disorders	66	40.5
Adult women	54	33.1
Adolescents	45	27.6
DUI/DWI offenders	48	29.4
Criminal justice clients	40	24.5
Adult men	46	28.2
Pregnant or postpartum women	17	10.4
Persons with HIV or AIDS	10	6.1
Seniors or older adults	9	5.5
Gays or lesbians	4	2.5
Other groups	16	9.8

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	40	24.5
Any language other than English	29	17.8
Services Provided by:		
On-call interpreter	20	69.0
Staff counselor	6	20.7
Both staff counselor and on-call interpreter	3	10.3
Languages Provided by Staff Counselor:[1]		
Spanish	9	100.0
American Indian/Alaska Native languages	0	0.0
Other	2	22.2

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov