2009 State Profile — Montana
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Montana, 60 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 3,602 clients in substance abuse treatment on March 31, 2009. The survey response rate in Montana was 90.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	39	65.0	1,995	55.4	205	39.1
Private for-profit	6	10.0	190	5.3	49	9.4
Local government	4	6.7	168	4.7	41	7.8
State government	2	3.3	121	3.4	16	3.1
Federal government	3	5.0	116	3.2	12	2.3
Dept. of Veterans Affairs	1	1.7	92	2.6	0	0.0
Dept. of Defense	1	1.7	0	0.0	0	0.0
Indian Health Service	1	1.7	24	0.7	12	2.3
Other	0	0.0	0	0.0	0	0.0
Tribal government	6	10.0	1,012	28.1	201	38.4
Total	**60**	**100.0**	**3,602**	**100.0**	**524**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	29	48.3	1,859	51.6	328	62.6
Mental health services	0	0.0	0	0.0	0	0.0
Mix of mental health & substance abuse treatment services	29	48.3	1,614	44.8	194	37.0
General health care	2	3.3	129	3.6	2	0.4
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**60**	**100.0**	**3,602**	**100.0**	**524**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	40	75.5	2,001	55.6	225
Clients with drug abuse only	43	81.1	608	16.9	69
Clients with alcohol abuse only	50	94.3	993	27.6	113
Total[2]	**53**		**3,602**	**100.0**	**408**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 7

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**51**	**85.0**	**3,324**	**92.3**	**41**	**458**	**87.4**
Regular outpatient	51	85.0	2,740	76.1	29		
Intensive outpatient	31	51.7	460	12.8	10		
Day treatment/partial hospitalization	10	16.7	26	0.7	1		
Detoxification	3	5.0	2	0.1	<1		
Methadone/buprenorphine	3	5.0	96	2.7	42		
Residential	**18**	**30.0**	**237**	**6.6**	**9**	**59**	**11.3**
Short term	7	11.7	112	3.1	9		
Long term	14	23.3	118	3.3	7		
Detoxification	3	5.0	7	0.2	2		
Hospital Inpatient	**6**	**10.0**	**41**	**1.1**	**3**	**7**	**1.3**
Rehabilitation	4	6.7	24	0.7	2		
Detoxification	6	10.0	17	0.5	2		
Total	**60**		**3,602**	**100.0**	**20**	**524**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**0**	**0.0**
Clients in Facilities with OTPs		
Methadone	0	0.0
Buprenorphine	0	0.0
Total	**0**	**0.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	53	88.3
Private health insurance	53	88.3
Medicare	19	31.7
Medicaid	49	81.7
Other State-financed health insurance	35	58.3
Federal military insurance	31	51.7
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	2	3.3
Accepts other payments	1	1.7
Sliding fee scale	45	75.0
Treatment at no charge for clients who cannot pay	41	68.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	58	96.7
State substance abuse agency	50	83.3
State mental health department	25	41.7
State department of health	18	30.0
Hospital licensing authority	3	5.0
The Joint Commision	4	6.7
CARF[2]	8	13.3
NCQA[3]	0	0.0
COA[4]	0	0.0
Other State/Local Agency/Org	7	11.7

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	50	83.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**58**	**96.7**
Screening for substance abuse	57	95.0
Screening for mental health disorders	47	78.3
Comprehensive substance abuse assessment/diagnosis	57	95.0
Comprehensive mental health assessment/diagnosis	25	41.7
Outreach to persons in the community who may need treatment	39	65.0
Interim services for clients when immediate admission is not possible	37	61.7
Testing	**52**	**86.7**
Breathalyzer/blood alcohol testing	31	51.7
Drug or alcohol urine screening	48	80.0
Screening for Hepatitis B	12	20.0
Screening for Hepatitis C	13	21.7
HIV testing	14	23.3
STD testing	10	16.7
TB screening	13	21.7
Counseling	**60**	**100.0**
Individual counseling	60	100.0
Group counseling	59	98.3
Family counseling	54	90.0
Marital/couples counseling	32	53.3
Transitional Services	**58**	**96.7**
Discharge planning	58	96.7
Aftercare/continuing care	53	88.3
Pharmocotherapies	**23**	**38.3**
Medications for psychiatric disorders	18	30.0
Nicotine replacement	14	23.3
Campral®	14	23.3
Antabuse®	2	3.3
Naltrexone	14	23.3
Buprenorphine	6	10.0
Subutex®	4	6.7
Suboxone®	6	10.0
Methadone	1	1.7
Ancillary Services	**60**	**100.0**
Case management services	54	90.0
Social skills development	41	68.3
Mentoring/peer support	25	41.7
Child care for clients' children	3	5.0
Assistance with obtaining social services	32	53.3
Employment counseling or training for clients	18	30.0
Assistance in locating housing for clients	28	46.7
Domestic violence	17	28.3
Early intervention for HIV	5	8.3
HIV or AIDS education, counseling, or support	15	25.0
Health education other than HIV/AIDS	19	31.7
Substance abuse education	58	96.7
Transportation assistance to treatment	20	33.3
Mental health services	34	56.7
Acupuncture	0	0.0
Residential beds for clients' children	3	5.0
Self-help groups	22	36.7

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	60	100.0
Relapse prevention	60	100.0
Cognitive-behavioral therapy	56	93.3
12-step facilitation	46	76.7
Motivational interviewing	54	90.0
Anger management	42	70.0

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	55	91.7
Contingency management	42	70.0
Trauma-related counseling	38	63.3
Rational emotive behavioral therapy	38	63.3
Matrix model	30	50.0
Community reinforcement plus vouchers	11	18.3
Other treatment approaches	19	31.7

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	16	2
Number of clients	225	7
Number of designated beds	289	88
Utilization rate (%)	77.9	8.0
No. of designated beds/facility (avg.)	18	44

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

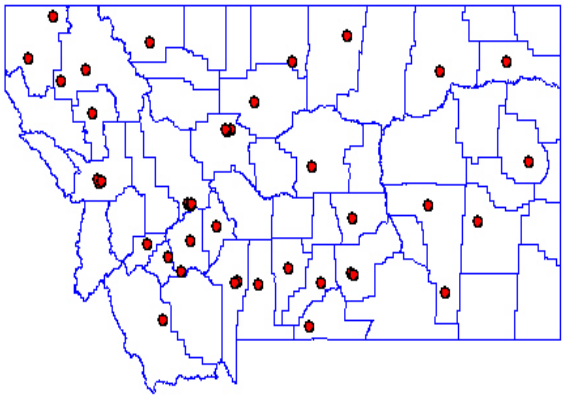
	Facilities No.	Facilities %
Any program or group	57	95.0
Co-occurring disorders	27	45.0
Adult women	17	28.3
Adolescents	34	56.7
DUI/DWI offenders	39	65.0
Criminal justice clients	12	20.0
Adult men	15	25.0
Pregnant or postpartum women	6	10.0
Persons with HIV or AIDS	2	3.3
Seniors or older adults	5	8.3
Gays or lesbians	2	3.3
Other groups	6	10.0

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	15	25.0
Any language other than English	13	21.7
Services Provided by:		
On-call interpreter	8	61.5
Staff counselor	3	23.1
Both staff counselor and on-call interpreter	2	15.4
Languages Provided by Staff Counselor:[1]		
Spanish	2	40.0
American Indian/Alaska Native languages	3	60.0
Other	0	0.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov