2009 State Profile — Indiana
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Indiana, 298 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 31,721 clients in substance abuse treatment on March 31, 2009. The survey response rate in Indiana was 90.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	185	62.1	17,831	56.2	799	67.3
Private for-profit	94	31.5	11,459	36.1	310	26.1
Local government	13	4.4	1,885	5.9	75	6.3
State government	3	1.0	138	0.4	3	0.3
Federal government	3	1.0	408	1.3	0	0.0
Dept. of Veterans Affairs	3	1.0	408	1.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**298**	**100.0**	**31,721**	**100.0**	**1,187**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	104	34.9	13,958	44.0	366	30.8
Mental health services	29	9.7	2,540	8.0	201	16.9
Mix of mental health & substance abuse treatment services	156	52.3	14,826	46.7	606	51.1
General health care	2	0.7	17	0.1	0	0.0
Other/unknown	7	2.3	380	1.2	14	1.2
Total	**298**	**100.0**	**31,721**	**100.0**	**1,187**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	218	91.6	12,494	39.9	245
Clients with drug abuse only	203	85.3	11,997	38.3	243
Clients with alcohol abuse only	202	84.9	6,856	21.9	136
Total[2]	**238**		**31,347**	**100.0**	**624**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 60

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**277**	**93.0**	**30,715**	**96.8**	**56**	**1,155**	**97.3**
Regular outpatient	262	87.9	15,148	47.8	31		
Intensive outpatient	177	59.4	6,781	21.4	15		
Day treatment/partial hospitalization	54	18.1	1,229	3.9	2		
Detoxification	36	12.1	95	0.3	<1		
Methadone/buprenorphine	25	8.4	7,462	23.5	116		
Residential	**28**	**9.4**	**558**	**1.8**	**14**	**28**	**2.4**
Short term	13	4.4	109	0.3	6		
Long term	23	7.7	414	1.3	12		
Detoxification	7	2.3	35	0.1	3		
Hospital Inpatient	**35**	**11.7**	**448**	**1.4**	**2**	**4**	**0.3**
Rehabilitation	16	5.4	198	0.6	2		
Detoxification	31	10.4	250	0.8	2		
Total	**298**		**31,721**	**100.0**	**49**	**1,187**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**16**	**1.3**
Clients in Facilities with OTPs		
Methadone	7,598	99.3
Buprenorphine	56	0.7
Total	**7,654**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	293	98.3
Private health insurance	229	76.8
Medicare	169	56.7
Medicaid	175	58.7
Other State-financed health insurance	161	54.0
Federal military insurance	135	45.3
Access to Recovery (ATR) vouchers[2]	0	0.0
No payment accepted	2	0.7
Accepts other payments	22	7.4
Sliding fee scale	228	76.5
Treatment at no charge for clients who cannot pay	103	34.6

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	287	96.3
State substance abuse agency	231	77.5
State mental health department	250	83.9
State department of health	97	32.6
Hospital licensing authority	48	16.1
The Joint Commision	131	44.0
CARF[2]	78	26.2
NCQA[3]	6	2.0
COA[4]	11	3.7
Other State/Local Agency/Org	41	13.8

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	182	61.1

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**292**	**98.0**
Screening for substance abuse	276	92.6
Screening for mental health disorders	216	72.5
Comprehensive substance abuse assessment/diagnosis	278	93.3
Comprehensive mental health assessment/diagnosis	181	60.7
Outreach to persons in the community who may need treatment	135	45.3
Interim services for clients when immediate admission is not possible	122	40.9
Testing	**262**	**87.9**
Breathalyzer/blood alcohol testing	185	62.1
Drug or alcohol urine screening	240	80.5
Screening for Hepatitis B	57	19.1
Screening for Hepatitis C	61	20.5
HIV testing	48	16.1
STD testing	36	12.1
TB screening	101	33.9
Counseling	**294**	**98.7**
Individual counseling	271	90.9
Group counseling	281	94.3
Family counseling	244	81.9
Marital/couples counseling	173	58.1
Transitional Services	**290**	**97.3**
Discharge planning	269	90.3
Aftercare/continuing care	256	85.9
Pharmocotherapies	**169**	**56.7**
Medications for psychiatric disorders	148	49.7
Nicotine replacement	72	24.2
Campral®	83	27.9
Antabuse®	72	24.2
Naltrexone	60	20.1
Buprenorphine	42	14.1
Subutex®	26	8.7
Suboxone®	42	14.1
Methadone	24	8.1
Ancillary Services	**296**	**99.3**
Case management services	220	73.8
Social skills development	198	66.4
Mentoring/peer support	100	33.6
Child care for clients' children	16	5.4
Assistance with obtaining social services	158	53.0
Employment counseling or training for clients	90	30.2
Assistance in locating housing for clients	115	38.6
Domestic violence	146	49.0
Early intervention for HIV	37	12.4
HIV or AIDS education, counseling, or support	116	38.9
Health education other than HIV/AIDS	98	32.9
Substance abuse education	284	95.3
Transportation assistance to treatment	79	26.5
Mental health services	213	71.5
Acupuncture	7	2.3
Residential beds for clients' children	3	1.0
Self-help groups	110	36.9

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	289	97.0
Relapse prevention	292	98.0
Cognitive-behavioral therapy	270	90.6
12-step facilitation	264	88.6
Motivational interviewing	251	84.2
Anger management	258	86.6

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	233	78.2
Contingency management	145	48.7
Trauma-related counseling	198	66.4
Rational emotive behavioral therapy	166	55.7
Matrix model	125	41.9
Community reinforcement plus vouchers	48	16.1
Other treatment approaches	41	13.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	22	12
Number of clients	460	208
Number of designated beds	523	316
Utilization rate (%)	88.0	65.8
No. of designated beds/facility (avg.)	24	26

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

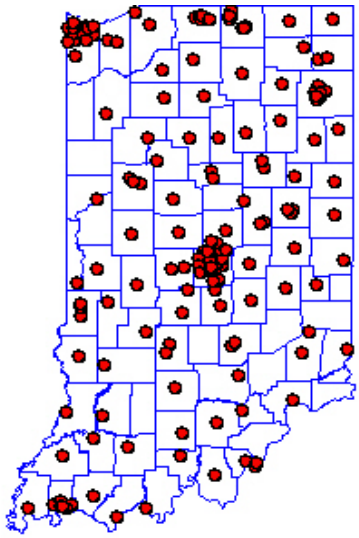
	Facilities No.	Facilities %
Any program or group	229	76.8
Co-occurring disorders	88	29.5
Adult women	73	24.5
Adolescents	103	34.6
DUI/DWI offenders	103	34.6
Criminal justice clients	70	23.5
Adult men	55	18.5
Pregnant or postpartum women	22	7.4
Persons with HIV or AIDS	9	3.0
Seniors or older adults	10	3.4
Gays or lesbians	6	2.0
Other groups	33	11.1

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	99	33.2
Any language other than English	108	36.2
Services Provided by:		
On-call interpreter	66	61.1
Staff counselor	28	25.9
Both staff counselor and on-call interpreter	14	13.0
Languages Provided by Staff Counselor:[1]		
Spanish	39	92.9
American Indian/Alaska Native languages	0	0.0
Other	6	14.3

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov