2009 State Profile — Virginia
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Virginia, 219 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 20,846 clients in substance abuse treatment on March 31, 2009. The survey response rate in Virginia was 94.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	56	25.6	2,839	13.6	418	21.4
Private for-profit	51	23.3	5,842	28.0	626	32.1
Local government	88	40.2	9,972	47.8	878	45.0
State government	12	5.5	928	4.5	23	1.2
Federal government	12	5.5	1,265	6.1	4	0.2
Dept. of Veterans Affairs	4	1.8	698	3.3	0	0.0
Dept. of Defense	8	3.7	567	2.7	4	0.2
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**219**	**100.0**	**20,846**	**100.0**	**1,949**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	84	38.4	9,622	46.2	620	31.8
Mental health services	16	7.3	527	2.5	157	8.1
Mix of mental health & substance abuse treatment services	113	51.6	10,292	49.4	1,172	60.1
General health care	5	2.3	396	1.9	0	0.0
Other/unknown	1	0.5	9	<.05	0	0.0
Total	**219**	**100.0**	**20,846**	**100.0**	**1,949**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	170	95.5	9,498	45.6	142
Clients with drug abuse only	153	86.0	6,986	33.5	107
Clients with alcohol abuse only	153	86.0	4,361	20.9	64
Total[2]	**178**		**20,846**	**100.0**	**313**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 41

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**182**	**83.1**	**19,484**	**93.5**	**63**	**1,658**	**85.1**
Regular outpatient	166	75.8	12,582	60.4	37		
Intensive outpatient	91	41.6	2,247	10.8	16		
Day treatment/partial hospitalization	33	15.1	480	2.3	4		
Detoxification	26	11.9	184	0.9	2		
Methadone/buprenorphine	35	16.0	3,991	19.1	38		
Residential	**45**	**20.5**	**1,176**	**5.6**	**15**	**277**	**14.2**
Short term	22	10.0	261	1.3	10		
Long term	34	15.5	775	3.7	10		
Detoxification	15	6.8	140	0.7	8		
Hospital Inpatient	**16**	**7.3**	**186**	**0.9**	**10**	**14**	**0.7**
Rehabilitation	11	5.0	81	0.4	4		
Detoxification	15	6.8	105	0.5	4		
Total	**219**		**20,846**	**100.0**	**51**	**1,949**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**19**	**1.5**
Clients in Facilities with OTPs		
Methadone	3,725	94.0
Buprenorphine	236	6.0
Total	**3,961**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	204	93.2
Private health insurance	156	71.2
Medicare	98	44.7
Medicaid	119	54.3
Other State-financed health insurance	80	36.5
Federal military insurance	129	58.9
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	3	1.4
Accepts other payments	9	4.1
Sliding fee scale	128	58.4
Treatment at no charge for clients who cannot pay	86	39.3

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	206	94.1
State substance abuse agency	168	76.7
State mental health department	151	68.9
State department of health	35	16.0
Hospital licensing authority	15	6.8
The Joint Commision	41	18.7
CARF[2]	46	21.0
NCQA[3]	10	4.6
COA[4]	3	1.4
Other State/Local Agency/Org	13	5.9

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	135	61.6

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**202**	**92.2**
Screening for substance abuse	189	86.3
Screening for mental health disorders	156	71.2
Comprehensive substance abuse assessment/diagnosis	187	85.4
Comprehensive mental health assessment/diagnosis	130	59.4
Outreach to persons in the community who may need treatment	102	46.6
Interim services for clients when immediate admission is not possible	94	42.9
Testing	**212**	**96.8**
Breathalyzer/blood alcohol testing	182	83.1
Drug or alcohol urine screening	204	93.2
Screening for Hepatitis B	51	23.3
Screening for Hepatitis C	49	22.4
HIV testing	49	22.4
STD testing	36	16.4
TB screening	75	34.2
Counseling	**219**	**100.0**
Individual counseling	212	96.8
Group counseling	210	95.9
Family counseling	166	75.8
Marital/couples counseling	105	47.9
Transitional Services	**217**	**99.1**
Discharge planning	208	95.0
Aftercare/continuing care	173	79.0
Pharmocotherapies	**146**	**66.7**
Medications for psychiatric disorders	118	53.9
Nicotine replacement	44	20.1
Campral®	65	29.7
Antabuse®	57	26.0
Naltrexone	53	24.2
Buprenorphine	49	22.4
Subutex®	23	10.5
Suboxone®	47	21.5
Methadone	24	11.0
Ancillary Services	**216**	**98.6**
Case management services	183	83.6
Social skills development	143	65.3
Mentoring/peer support	107	48.9
Child care for clients' children	14	6.4
Assistance with obtaining social services	120	54.8
Employment counseling or training for clients	63	28.8
Assistance in locating housing for clients	105	47.9
Domestic violence	65	29.7
Early intervention for HIV	54	24.7
HIV or AIDS education, counseling, or support	96	43.8
Health education other than HIV/AIDS	101	46.1
Substance abuse education	209	95.4
Transportation assistance to treatment	83	37.9
Mental health services	158	72.1
Acupuncture	46	21.0
Residential beds for clients' children	5	2.3
Self-help groups	87	39.7

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	217	99.1
Relapse prevention	213	97.3
Cognitive-behavioral therapy	204	93.2
12-step facilitation	170	77.6
Motivational interviewing	195	89.0
Anger management	185	84.5

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	175	79.9
Contingency management	133	60.7
Trauma-related counseling	158	72.1
Rational emotive behavioral therapy	108	49.3
Matrix model	71	32.4
Community reinforcement plus vouchers	16	7.3
Other treatment approaches	28	12.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	34	8
Number of clients	887	89
Number of designated beds	1,373	128
Utilization rate (%)	64.6	69.5
No. of designated beds/facility (avg.)	40	16

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

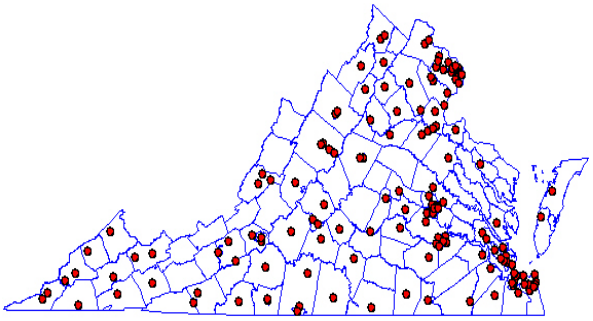
	Facilities No.	Facilities %
Any program or group	175	79.9
Co-occurring disorders	89	40.6
Adult women	80	36.5
Adolescents	70	32.0
DUI/DWI offenders	46	21.0
Criminal justice clients	54	24.7
Adult men	54	24.7
Pregnant or postpartum women	34	15.5
Persons with HIV or AIDS	6	2.7
Seniors or older adults	5	2.3
Gays or lesbians	3	1.4
Other groups	25	11.4

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	76	34.7
Any language other than English	65	29.7
Services Provided by:		
On-call interpreter	29	44.6
Staff counselor	18	27.7
Both staff counselor and on-call interpreter	18	27.7
Languages Provided by Staff Counselor:[1]		
Spanish	35	97.2
American Indian/Alaska Native languages	0	0.0
Other	5	13.9

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
  http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
  http://findtreatment.samhsa.gov/