2009 State Profile — New York
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In New York, 963 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 121,527 clients in substance abuse treatment on March 31, 2009. The survey response rate in New York was 97.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	678	70.4	84,163	69.3	3,830	70.8
Private for-profit	143	14.8	20,263	16.7	788	14.6
Local government	76	7.9	9,758	8.0	511	9.4
State government	45	4.7	4,039	3.3	229	4.2
Federal government	15	1.6	2,794	2.3	0	0.0
Dept. of Veterans Affairs	14	1.5	2,749	2.3	0	0.0
Dept. of Defense	1	0.1	45	<.05	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	6	0.6	510	0.4	54	1.0
Total	**963**	**100.0**	**121,527**	**100.0**	**5,412**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	829	86.1	107,694	88.6	4,850	89.6
Mental health services	18	1.9	1,223	1.0	67	1.2
Mix of mental health & substance abuse treatment services	98	10.2	11,375	9.4	425	7.9
General health care	10	1.0	828	0.7	0	0.0
Other/unknown	8	0.8	407	0.3	70	1.3
Total	**963**	**100.0**	**121,527**	**100.0**	**5,412**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	861	93.4	57,128	47.0	358
Clients with drug abuse only	786	85.2	48,108	39.6	308
Clients with alcohol abuse only	698	75.7	16,292	13.4	102
Total[2]	**922**		**121,527**	**100.0**	**768**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 41

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**664**	**69.0**	**108,782**	**89.5**	**125**	**4,978**	**92.0**
Regular outpatient	596	61.9	53,026	43.6	70		
Intensive outpatient	332	34.5	12,636	10.4	20		
Day treatment/partial hospitalization	104	10.8	3,618	3.0	25		
Detoxification	54	5.6	251	0.2	<1		
Methadone/buprenorphine	212	22.0	39,251	32.3	50		
Residential	**257**	**26.7**	**10,969**	**9.0**	**24**	**434**	**8.0**
Short term	57	5.9	1,725	1.4	27		
Long term	203	21.1	8,879	7.3	22		
Detoxification	32	3.3	365	0.3	4		
Hospital Inpatient	**88**	**9.1**	**1,776**	**1.5**	**18**	**0**	**0.0**
Rehabilitation	69	7.2	1,049	0.9	12		
Detoxification	57	5.9	727	0.6	11		
Total	**963**		**121,527**	**100.0**	**85**	**5,412**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**184**	**14.9**
Clients in Facilities with OTPs		
Methadone	39,226	98.2
Buprenorphine	718	1.8
Total	**39,944**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	888	92.2
Private health insurance	701	72.8
Medicare	442	45.9
Medicaid	851	88.4
Other State-financed health insurance	481	49.9
Federal military insurance	279	29.0
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	13	1.3
Accepts other payments	8	0.8
Sliding fee scale	750	77.9
Treatment at no charge for clients who cannot pay	503	52.2

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	952	98.9
State substance abuse agency	908	94.3
State mental health department	106	11.0
State department of health	346	35.9
Hospital licensing authority	112	11.6
The Joint Commision	313	32.5
CARF[2]	94	9.8
NCQA[3]	24	2.5
COA[4]	32	3.3
Other State/Local Agency/Org	28	2.9

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	560	58.2

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**936**	**97.2**
Screening for substance abuse	878	91.2
Screening for mental health disorders	667	69.3
Comprehensive substance abuse assessment/diagnosis	881	91.5
Comprehensive mental health assessment/diagnosis	433	45.0
Outreach to persons in the community who may need treatment	448	46.5
Interim services for clients when immediate admission is not possible	260	27.0
Testing	**953**	**99.0**
Breathalyzer/blood alcohol testing	818	84.9
Drug or alcohol urine screening	942	97.8
Screening for Hepatitis B	338	35.1
Screening for Hepatitis C	345	35.8
HIV testing	389	40.4
STD testing	314	32.6
TB screening	436	45.3
Counseling	**959**	**99.6**
Individual counseling	956	99.3
Group counseling	908	94.3
Family counseling	689	71.5
Marital/couples counseling	424	44.0
Transitional Services	**944**	**98.0**
Discharge planning	928	96.4
Aftercare/continuing care	658	68.3
Pharmocotherapies	**716**	**74.4**
Medications for psychiatric disorders	485	50.4
Nicotine replacement	540	56.1
Campral®	285	29.6
Antabuse®	171	17.8
Naltrexone	231	24.0
Buprenorphine	314	32.6
Subutex®	117	12.1
Suboxone®	313	32.5
Methadone	215	22.3
Ancillary Services	**958**	**99.5**
Case management services	652	67.7
Social skills development	674	70.0
Mentoring/peer support	432	44.9
Child care for clients' children	74	7.7
Assistance with obtaining social services	685	71.1
Employment counseling or training for clients	496	51.5
Assistance in locating housing for clients	484	50.3
Domestic violence	309	32.1
Early intervention for HIV	362	37.6
HIV or AIDS education, counseling, or support	688	71.4
Health education other than HIV/AIDS	700	72.7
Substance abuse education	923	95.8
Transportation assistance to treatment	499	51.8
Mental health services	560	58.2
Acupuncture	80	8.3
Residential beds for clients' children	28	2.9
Self-help groups	492	51.1

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	956	99.3
Relapse prevention	942	97.8
Cognitive-behavioral therapy	849	88.2
12-step facilitation	712	73.9
Motivational interviewing	834	86.6
Anger management	825	85.7

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	805	83.6
Contingency management	557	57.8
Trauma-related counseling	602	62.5
Rational emotive behavioral therapy	421	43.7
Matrix model	199	20.7
Community reinforcement plus vouchers	78	8.1
Other treatment approaches	139	14.4

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	244	76
Number of clients	10,024	1753
Number of designated beds	10,828	2147
Utilization rate (%)	92.6	81.6
No. of designated beds/facility (avg.)	44	28

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

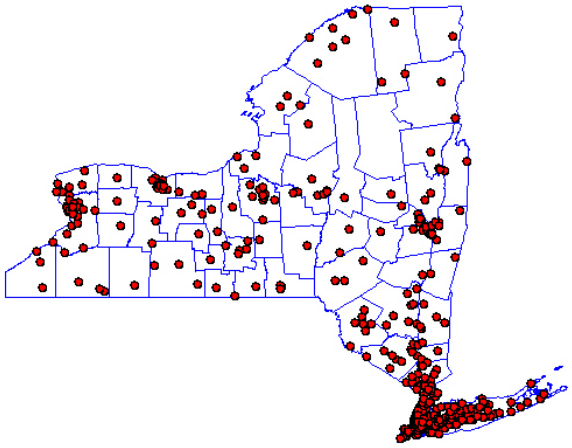
	Facilities No.	Facilities %
Any program or group	812	84.3
Co-occurring disorders	440	45.7
Adult women	523	54.3
Adolescents	276	28.7
DUI/DWI offenders	197	20.5
Criminal justice clients	244	25.3
Adult men	418	43.4
Pregnant or postpartum women	102	10.6
Persons with HIV or AIDS	153	15.9
Seniors or older adults	85	8.8
Gays or lesbians	73	7.6
Other groups	159	16.5

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	165	17.1
Any language other than English	467	48.5
Services Provided by:		
On-call interpreter	47	10.1
Staff counselor	319	68.3
Both staff counselor and on-call interpreter	101	21.6
Languages Provided by Staff Counselor:[1]		
Spanish	408	97.1
American Indian/Alaska Native languages	1	0.2
Other	122	29.0

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

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Substance Abuse and Mental Health Services Administration
Office of Applied Studies
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