2009 State Profile — Utah
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf

In Utah, 142 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 13,492 clients in substance abuse treatment on March 31, 2009. The survey response rate in Utah was 98.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	53	37.3	4,961	36.8	738	45.5
Private for-profit	62	43.7	4,728	35.0	597	36.8
Local government	22	15.5	3,584	26.6	287	17.7
State government	2	1.4	175	1.3	0	0.0
Federal government	2	1.4	40	0.3	0	0.0
Dept. of Veterans Affairs	1	0.7	15	0.1	0	0.0
Dept. of Defense	1	0.7	25	0.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.7	4	<.05	1	0.1
Total	**142**	**100.0**	**13,492**	**100.0**	**1,623**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	60	42.3	5,656	41.9	384	23.7
Mental health services	15	10.6	725	5.4	233	14.4
Mix of mental health & substance abuse treatment services	64	45.1	7,084	52.5	1,006	62.0
General health care	1	0.7	2	<.05	0	0.0
Other/unknown	2	1.4	25	0.2	0	0.0
Total	**142**	**100.0**	**13,492**	**100.0**	**1,623**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2009		
			Clients[3]		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	119	92.2	7,419	55.0	333
Clients with drug abuse only	114	88.4	3,991	29.6	191
Clients with alcohol abuse only	101	78.3	2,082	15.4	96
Total[2]	**129**		**13,492**	**100.0**	**620**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 13

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

Type of Care	Facilities[1]		Clients in Treatment on March 31, 2009				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**115**	**81.0**	**11,923**	**88.4**	**44**	**875**	**53.9**
Regular outpatient	110	77.5	8,134	60.3	23		
Intensive outpatient	63	44.4	1,361	10.1	14		
Day treatment/partial hospitalization	25	17.6	280	2.1	2		
Detoxification	17	12.0	99	0.7	5		
Methadone/buprenorphine	16	11.3	2,049	15.2	157		
Residential	**52**	**36.6**	**1,538**	**11.4**	**26**	**748**	**46.1**
Short term	33	23.2	395	2.9	10		
Long term	44	31.0	1,046	7.8	16		
Detoxification	18	12.7	97	0.7	1		
Hospital Inpatient	**5**	**3.5**	**31**	**0.2**	**2**	**0**	**0.0**
Rehabilitation	3	2.1	18	0.1	2		
Detoxification	5	3.5	13	0.1	2		
Total	**142**		**13,492**	**100.0**	**43**	**1,623**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**11**	**0.9**
Clients in Facilities with OTPs		
Methadone	2,159	93.6
Buprenorphine	148	6.4
Total	**2,307**	**100.0**

[1] Percentage of all OTP facilities that are in this state.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	138	97.2
Private health insurance	113	79.6
Medicare	59	41.5
Medicaid	73	51.4
Other State-financed health insurance	55	38.7
Federal military insurance	71	50.0
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	0	0.0
Accepts other payments	5	3.5
Sliding fee scale	83	58.5
Treatment at no charge for clients who cannot pay	51	35.9

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY .

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	133	93.7
State substance abuse agency	116	81.7
State mental health department	74	52.1
State department of health	66	46.5
Hospital licensing authority	6	4.2
The Joint Commision	19	13.4
CARF[2]	11	7.7
NCQA[3]	3	2.1
COA[4]	2	1.4
Other State/Local Agency/Org	12	8.5

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehailitation Facilities

[3] National Committee for Quality Assurance

[4] Council for Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	66	46.5

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**139**	**97.9**
Screening for substance abuse	135	95.1
Screening for mental health disorders	112	78.9
Comprehensive substance abuse assessment/diagnosis	129	90.8
Comprehensive mental health assessment/diagnosis	92	64.8
Outreach to persons in the community who may need treatment	83	58.5
Interim services for clients when immediate admission is not possible	49	34.5
Testing	**117**	**82.4**
Breathalyzer/blood alcohol testing	81	57.0
Drug or alcohol urine screening	114	80.3
Screening for Hepatitis B	30	21.1
Screening for Hepatitis C	34	23.9
HIV testing	33	23.2
STD testing	31	21.8
TB screening	56	39.4
Counseling	**138**	**97.2**
Individual counseling	134	94.4
Group counseling	134	94.4
Family counseling	122	85.9
Marital/couples counseling	78	54.9
Transitional Services	**138**	**97.2**
Discharge planning	131	92.3
Aftercare/continuing care	120	84.5
Pharmocotherapies	**72**	**50.7**
Medications for psychiatric disorders	56	39.4
Nicotine replacement	31	21.8
Campral®	20	14.1
Antabuse®	30	21.1
Naltrexone	26	18.3
Buprenorphine	29	20.4
Subutex®	16	11.3
Suboxone®	29	20.4
Methadone	14	9.9
Ancillary Services	**139**	**97.9**
Case management services	113	79.6
Social skills development	114	80.3
Mentoring/peer support	72	50.7
Child care for clients' children	16	11.3
Assistance with obtaining social services	74	52.1
Employment counseling or training for clients	59	41.5
Assistance in locating housing for clients	66	46.5
Domestic violence	57	40.1
Early intervention for HIV	16	11.3
HIV or AIDS education, counseling, or support	51	35.9
Health education other than HIV/AIDS	56	39.4
Substance abuse education	133	93.7
Transportation assistance to treatment	51	35.9
Mental health services	117	82.4
Acupuncture	4	2.8
Residential beds for clients' children	9	6.3
Self-help groups	63	44.4

Clinical/Therapeutic Approaches Used Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	139	97.9
Relapse prevention	130	91.5
Cognitive-behavioral therapy	136	95.8
12-step facilitation	99	69.7
Motivational interviewing	123	86.6
Anger management	127	89.4

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	112	78.9
Contingency management	105	73.9
Trauma-related counseling	109	76.8
Rational emotive behavioral therapy	86	60.6
Matrix model	56	39.4
Community reinforcement plus vouchers	19	13.4
Other treatment approaches	28	19.7

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	35	4
Number of clients	896	31
Number of designated beds	1,070	84
Utilization rate (%)	83.7	36.9
No. of designated beds/facility (avg.)	31	21

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups

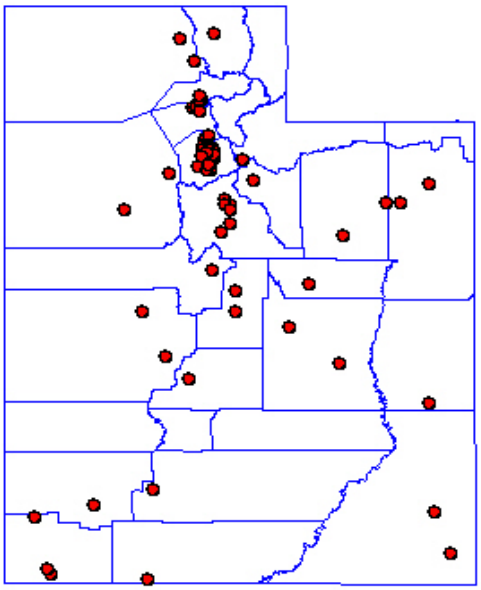
	Facilities No.	Facilities %
Any program or group	124	87.3
Co-occurring disorders	67	47.2
Adult women	45	31.7
Adolescents	47	33.1
DUI/DWI offenders	60	42.3
Criminal justice clients	51	35.9
Adult men	37	26.1
Pregnant or postpartum women	29	20.4
Persons with HIV or AIDS	6	4.2
Seniors or older adults	8	5.6
Gays or lesbians	11	7.7
Other groups	9	6.3

Services for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	45	31.7
Any language other than English	76	53.5
Services Provided by:		
On-call interpreter	16	21.1
Staff counselor	25	32.9
Both staff counselor and on-call interpreter	35	46.1
Languages Provided by Staff Counselor:[1]		
Spanish	60	100.0
American Indian/Alaska Native languages	1	1.7
Other	11	18.3

[1] Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.oas.samhsa.gov/dasis.htm#Reports

Access the latest N-SSATS public use files at:
http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml

Other substance abuse reports are available at:
http://www.oas.samhsa.gov/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov