2010 State Profile — Pennsylvania
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Pennsylvania, 533 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 51,302 clients in substance abuse treatment on March 31, 2010. The survey response rate in Pennsylvania was 93.4%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	328	61.5	28,724	56.0	2,546	70.8
Private for-profit	184	34.5	20,373	39.7	1,032	28.7
Local, county, or community government	5	0.9	297	0.6	16	0.4
State government	2	0.4	45	0.1	0	0.0
Federal government	14	2.6	1,863	3.6	0	0.0
Dept. of Veterans Affairs	13	2.4	1,824	3.6	0	0.0
Dept. of Defense	1	0.2	39	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**533**	**100.0**	**51,302**	**100.0**	**3,594**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	365	68.5	39,723	77.4	2,584	71.9
Mental health services	15	2.8	312	0.6	30	0.8
Mix of mental health & substance abuse treatment services	152	28.5	11,267	22.0	980	27.3
General health care	1	0.2	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**533**	**100.0**	**51,302**	**100.0**	**3,594**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2, 3]		Clients in Treatment on March 31, 2010		
			Clients[3]		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	471	91.6	21,218	41.4	199
Clients with drug abuse only	451	87.7	22,982	44.8	221
Clients with alcohol abuse only	415	80.7	7,102	13.8	66
Total[2]	**514**		**51,302**	**100.0**	**485**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 19

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2010				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**413**	**77.5**	**45,918**	**89.5**	**74**	**3,358**	**93.4**
Regular	389	73.0	20,454	39.9	40		
Intensive	248	46.5	8,320	16.2	23		
Day treatment/partial hospitalization	82	15.4	925	1.8	15		
Detoxification	29	5.4	72	0.1	5		
Methadone/buprenorphine	63	11.8	16,147	31.5	250		
Residential (non-hospital)	**139**	**26.1**	**4,982**	**9.7**	**24**	**234**	**6.5**
Short term	72	13.5	2,214	4.3	21		
Long term	115	21.6	2,397	4.7	18		
Detoxification	40	7.5	371	0.7	7		
Hospital Inpatient	**27**	**5.1**	**402**	**0.8**	**14**	**2**	**0.1**
Treatment	22	4.1	232	0.5	11		
Detoxification	25	4.7	170	0.3	7		
Total	**533**		**51,302**	**100.0**	**58**	**3,594**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**68**	**5.8**
Clients in Facilities with OTPs		
Methadone	17,024	98.4
Buprenorphine	274	1.6
Total	**17,298**	**100.0**

[1] Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	502	94.2
Private health insurance	369	69.2
Medicare	166	31.1
Medicaid	398	74.7
Other State-financed health insurance	242	45.4
Federal military insurance	111	20.8
Access to Recovery (ATR) vouchers[2]	N/A	N/A
No payment accepted	4	0.8
Accepts other payments	6	1.1
Sliding fee scale	256	48.0
Treatment at no charge for clients who cannot pay	218	40.9

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	509	95.5
State substance abuse agency	385	72.2
State mental health department	121	22.7
State department of health	462	86.7
Hospital licensing authority	38	7.1
The Joint Commision	125	23.5
CARF[2]	94	17.6
NCQA[3]	19	3.6
COA[4]	37	6.9
Other State/Local Agency/Org	51	9.6

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehabilitation Facilities

[3] National Committee for Quality Assurance

[4] Council on Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	322	60.4

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**520**	**97.6**
Screening for substance abuse	478	89.7
Screening for mental health disorders	312	58.5
Comprehensive substance abuse assessment/diagnosis	489	91.7
Comprehensive mental health assessment/diagnosis	221	41.5
Outreach to persons in the community who may need treatment	264	49.5
Interim services for clients when immediate admission is not possible	208	39.0
Testing	**458**	**85.9**
Breathalyzer/blood alcohol testing	279	52.3
Drug or alcohol urine screening	439	82.4
Screening for Hepatitis B	129	24.2
Screening for Hepatitis C	143	26.8
HIV testing	201	37.7
STD testing	109	20.5
TB screening	182	34.1
Counseling	**526**	**98.7**
Individual counseling	525	98.5
Group counseling	500	93.8
Family counseling	482	90.4
Marital/couples counseling	364	68.3
Transitional Services	**523**	**98.1**
Discharge planning	517	97.0
Aftercare/continuing care	479	89.9
Pharmocotherapies	**283**	**53.1**
Antabuse®	74	13.9
Naltrexone	75	14.1
Campral®	83	15.6
Nicotine replacement	93	17.4
Smoking cessation medications (non-nicotine)	69	12.9
Medications for psychiatric disorders	211	39.6
Methadone	85	15.9
Buprenorphine	96	18.0
Subutex®	40	7.5
Suboxone®	87	16.3
Ancillary Services	**523**	**98.1**
Case management services	335	62.9
Social skills development	327	61.4
Mentoring/peer support	225	42.2
Child care for clients' children	40	7.5
Assistance with obtaining social services	340	63.8
Employment counseling or training for clients	158	29.6
Assistance in locating housing for clients	249	46.7
Domestic violence--family or partner violence	152	28.5
Early intervention for HIV	176	33.0
HIV or AIDS education, counseling, or support	300	56.3
Hepatitis education, counseling, or support	213	40.0
Health education other than HIV/AIDS or hepatitis	236	44.3
Substance abuse education	492	92.3
Transportation assistance to treatment	233	43.7
Mental health services	270	50.7
Acupuncture	9	1.7
Residential beds for clients' children	20	3.8
Self-help groups	267	50.1
Smoking cessation program	117	22.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	526	98.7
Relapse prevention	517	97.0
Cognitive-behavioral therapy	499	93.6
12-step facilitation	490	91.9
Motivational interviewing	458	85.9
Anger management	457	85.7

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	446	83.7
Contingency management/motivational incentives	315	59.1
Trauma-related counseling	382	71.7
Rational emotive behavioral therapy	334	62.7
Matrix model	142	26.6
Community reinforcement plus vouchers	57	10.7
Other treatment approaches	105	19.7

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	131	21
Number of clients[2]	4,721	373
Number of designated beds	4,989	481
Utilization rate (%)	94.6	77.5
No. of designated beds/facility (avg.)	38	23

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
[2] Number of clients on March 31, 2010.

Programs for Special Groups

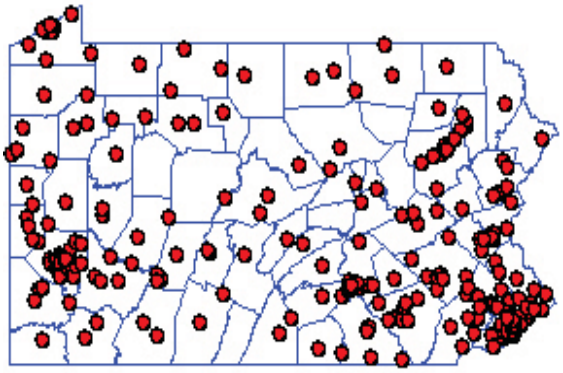
	Facilities No.	Facilities %
Any program or group	422	79.2
Co-occurring disorders	221	41.5
Adult women	179	33.6
Adolescents	142	26.6
DUI/DWI offenders	113	21.2
Criminal justice clients	116	21.8
Adult men	141	26.5
Pregnant or postpartum women	63	11.8
Persons with HIV or AIDS	59	11.1
Seniors or older adults	34	6.4
Lesbian, gay, bisexual, or transgender clients	35	6.6
Other groups	65	12.2

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities No.	Facilities %
Hearing impaired/sign language	123	23.1
Any language other than English	149	28.0
Services Provided by:		
On-call interpreter	41	27.5
Staff counselor	79	53.0
Both staff counselor and on-call interpreter	29	19.5
Languages Provided by Staff Counselor:[1]		
Spanish	103	95.4
American Indian/Alaska Native	0	0.0
Other	26	24.1

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/