2010 State Profile — New Jersey
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In New Jersey, 335 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 30,047 clients in substance abuse treatment on March 31, 2010. The survey response rate in New Jersey was 88.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	197	58.8	18,687	62.2	1,430	70.8
Private for-profit	115	34.3	9,082	30.2	462	22.9
Local, county, or community government	13	3.9	918	3.1	127	6.3
State government	3	0.9	394	1.3	0	0.0
Federal government	7	2.1	966	3.2	0	0.0
Dept. of Veterans Affairs	3	0.9	918	3.1	0	0.0
Dept. of Defense	3	0.9	40	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	1	0.3	8	<.05	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**335**	**100.0**	**30,047**	**100.0**	**2,019**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	202	60.3	20,208	67.3	1,266	62.7
Mental health services	21	6.3	1,376	4.6	25	1.2
Mix of mental health & substance abuse treatment services	107	31.9	7,664	25.5	708	35.1
General health care	4	1.2	724	2.4	20	1.0
Other/unknown	1	0.3	75	0.3	0	0.0
Total	**335**	**100.0**	**30,047**	**100.0**	**2,019**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2, 3]		Clients in Treatment on March 31, 2010		
			Clients[3]		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	299	92.3	11,765	39.2	160
Clients with drug abuse only	259	79.9	14,299	47.6	206
Clients with alcohol abuse only	258	79.6	3,982	13.3	54
Total[2]	**324**		**30,047**	**100.0**	**421**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 11

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2010				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**296**	**88.4**	**26,967**	**89.7**	**45**	**1,665**	**82.5**
Regular	266	79.4	9,982	33.2	23		
Intensive	179	53.4	5,286	17.6	20		
Day treatment/partial hospitalization	60	17.9	1,392	4.6	20		
Detoxification	39	11.6	1,171	3.9	10		
Methadone/buprenorphine	31	9.3	9,136	30.4	322		
Residential (non-hospital)	**59**	**17.6**	**2,392**	**8.0**	**30**	**331**	**16.4**
Short term	21	6.3	557	1.9	14		
Long term	51	15.2	1,779	5.9	25		
Detoxification	6	1.8	56	0.2	12		
Hospital Inpatient	**13**	**3.9**	**688**	**2.3**	**19**	**23**	**1.1**
Treatment	10	3.0	528	1.8	13		
Detoxification	12	3.6	160	0.5	10		
Total	**335**		**30,047**	**100.0**	**47**	**2,019**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%[1]
Facilities with OTPs	**31**	**2.7**
Clients in Facilities with OTPs		
Methadone	10,229	99.3
Buprenorphine	71	0.7
Total	**10,300**	**100.0**

[1] Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	304	90.7
Private health insurance	195	58.2
Medicare	96	28.7
Medicaid	169	50.4
Other State-financed health insurance	91	27.2
Federal military insurance	69	20.6
Access to Recovery (ATR) vouchers[2]	37	11.0
No payment accepted	13	3.9
Accepts other payments	9	2.7
Sliding fee scale	249	74.3
Treatment at no charge for clients who cannot pay	203	60.6

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	295	88.1
State substance abuse agency	253	75.5
State mental health department	98	29.3
State department of health	139	41.5
Hospital licensing authority	28	8.4
The Joint Commision	62	18.5
CARF[2]	75	22.4
NCQA[3]	6	1.8
COA[4]	16	4.8
Other State/Local Agency/Org	25	7.5

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehabilitation Facilities

[3] National Committee for Quality Assurance

[4] Council on Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	202	60.3

Types of Services Offered	Facilities No.	Facilities %
Assessment and Pre-Treatment Services	**333**	**99.4**
Screening for substance abuse	314	93.7
Screening for mental health disorders	219	65.4
Comprehensive substance abuse assessment/diagnosis	313	93.4
Comprehensive mental health assessment/diagnosis	159	47.5
Outreach to persons in the community who may need treatment	159	47.5
Interim services for clients when immediate admission is not possible	133	39.7
Testing	**301**	**89.9**
Breathalyzer/blood alcohol testing	165	49.3
Drug or alcohol urine screening	294	87.8
Screening for Hepatitis B	55	16.4
Screening for Hepatitis C	60	17.9
HIV testing	83	24.8
STD testing	57	17.0
TB screening	82	24.5
Counseling	**333**	**99.4**
Individual counseling	325	97.0
Group counseling	314	93.7
Family counseling	296	88.4
Marital/couples counseling	226	67.5
Transitional Services	**319**	**95.2**
Discharge planning	306	91.3
Aftercare/continuing care	272	81.2
Pharmocotherapies	**158**	**47.2**
Antabuse®	34	10.1
Naltrexone	50	14.9
Campral®	56	16.7
Nicotine replacement	56	16.7
Smoking cessation medications (non-nicotine)	29	8.7
Medications for psychiatric disorders	127	37.9
Methadone	40	11.9
Buprenorphine	67	20.0
Subutex®	25	7.5
Suboxone®	66	19.7
Ancillary Services	**332**	**99.1**
Case management services	268	80.0
Social skills development	236	70.4
Mentoring/peer support	144	43.0
Child care for clients' children	26	7.8
Assistance with obtaining social services	166	49.6
Employment counseling or training for clients	116	34.6
Assistance in locating housing for clients	128	38.2
Domestic violence--family or partner violence	117	34.9
Early intervention for HIV	90	26.9
HIV or AIDS education, counseling, or support	177	52.8
Hepatitis education, counseling, or support	107	31.9
Health education other than HIV/AIDS or hepatitis	165	49.3
Substance abuse education	323	96.4
Transportation assistance to treatment	123	36.7
Mental health services	213	63.6
Acupuncture	4	1.2
Residential beds for clients' children	6	1.8
Self-help groups	161	48.1
Smoking cessation program	85	25.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes	Facilities No.	Facilities %
Substance abuse counseling	331	98.8
Relapse prevention	327	97.6
Cognitive-behavioral therapy	307	91.6
12-step facilitation	305	91.0
Motivational interviewing	300	89.6
Anger management	294	87.8

Continued.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities No.	Facilities %
Brief intervention	277	82.7
Contingency management/motivational incentives	202	60.3
Trauma-related counseling	215	64.2
Rational emotive behavioral therapy	183	54.6
Matrix model	110	32.8
Community reinforcement plus vouchers	44	13.1
Other treatment approaches	60	17.9

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	54	10
Number of clients[2]	2,157	317
Number of designated beds	2,372	291
Utilization rate (%)	90.9	108.9
No. of designated beds/facility (avg.)	44	29

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
[2] Number of clients on March 31, 2010.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

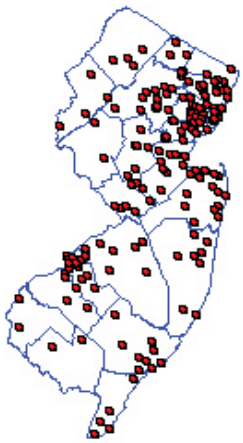
	Facilities No.	Facilities %
Hearing impaired/sign language	44	13.1
Any language other than English	134	40.0
Services Provided by:		
On-call interpreter	18	13.4
Staff counselor	92	68.7
Both staff counselor and on-call interpreter	24	17.9
Languages Provided by Staff Counselor:[1]		
Spanish	108	93.1
American Indian/Alaska Native	2	1.7
Other	32	27.6

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Programs for Special Groups

	Facilities No.	Facilities %
Any program or group	300	89.6
Co-occurring disorders	131	39.1
Adult women	131	39.1
Adolescents	99	29.6
DUI/DWI offenders	157	46.9
Criminal justice clients	88	26.3
Adult men	89	26.6
Pregnant or postpartum women	51	15.2
Persons with HIV or AIDS	43	12.8
Seniors or older adults	19	5.7
Lesbian, gay, bisexual, or transgender clients	25	7.5
Other groups	32	9.6

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://wwwdasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/