2011 State Profile — Alabama
National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Alabama, 147 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 15,924 clients in substance abuse treatment on March 31, 2011. The survey response rate in Alabama was 95.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	91	61.9	5,927	37.2	724	92.0
Private for-profit	41	27.9	8,386	52.7	63	8.0
Local, county, or community government	7	4.8	843	5.3	0	0.0
State government	1	0.7	38	0.2	0	0.0
Federal government	7	4.8	730	4.6	0	0.0
Dept. of Veterans Affairs	5	3.4	680	4.3	0	0.0
Dept. of Defense	2	1.4	50	0.3	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	**147**	**100.0**	**15,924**	**100.0**	**787**	**100.0**

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	103	70.1	12,601	79.1	545	69.3
Mental health services	8	5.4	72	0.5	2	0.3
Mix of mental health & substance abuse treatment services	33	22.4	3,040	19.1	240	30.5
General health care	3	2.0	211	1.3	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	**147**	**100.0**	**15,924**	**100.0**	**787**	**100.0**

Substance Abuse Problem Treated

	Facilities[1, 2]		Clients in Treatment on March 31, 2011		
			Clients[3]		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	119	83.8	4,755	29.9	118
Clients with drug abuse only	124	87.3	9,810	61.6	260
Clients with alcohol abuse only	103	72.5	1,359	8.5	34
Total[2]	**142**		**15,924**	**100.0**	**412**

[1] Facilities may be included in more than one category.

[2] Facilities excluded because they were not asked or did not respond to this question: 5

[3] Sum of individual items may not agree with the total due to rounding.

Type of Care

	Facilities[1]		Clients in Treatment on March 31, 2011				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	**121**	**82.3**	**14,882**	**93.5**	**61**	**665**	**84.5**
Regular	77	52.4	1,859	11.7	5		
Intensive	86	58.5	5,050	31.7	35		
Day treatment/partial hospitalization	14	9.5	237	1.5	9		
Detoxification	15	10.2	41	0.3	0		
Methadone maintenance	23	15.6	7,695	48.3	280		
Residential (non-hospital)	**30**	**20.4**	**998**	**6.3**	**28**	**122**	**15.5**
Short term	16	10.9	428	2.7	19		
Long term	19	12.9	513	3.2	21		
Detoxification	4	2.7	57	0.4	12		
Hospital Inpatient	**8**	**5.4**	**44**	**0.3**	**3**	**0**	**0.0**
Treatment	6	4.1	19	0.1	2		
Detoxification	7	4.8	25	0.2	3		
Total	**147**		**15,924**	**100.0**	**52**	**787**	**100.0**

[1]Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs[1]	**20**	**1.7**
Clients in Facilities with OTPs		
Methadone	7,530	99.2
Buprenorphine	60	0.8
Total	**7,590**	**100.0**

[1] Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities[1]	
	No.	%
Cash or self-payment	139	94.6
Private health insurance	87	59.2
Medicare	39	26.5
Medicaid	80	54.4
Other State-financed health insurance	51	34.7
Federal military insurance	58	39.5
Access to Recovery (ATR) vouchers[2]	N/A	N/A
Accepts HIS/638 contract care funds	1	0.7
No payment accepted	1	0.7
Accepts other payments	0	0.0
Sliding fee scale	89	60.5
Treatment at no charge for clients who cannot pay	81	55.1

[1] Facilities may accept more than one type of payment.

[2] Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation

	Facilities[1]	
	No.	%
Any listed agency/organization	145	98.6
State substance abuse agency	123	83.7
State mental health department	114	77.6
State department of health	27	18.4
Hospital licensing authority	12	8.2
The Joint Commission	30	20.4
CARF[2]	23	15.6
NCQA[3]	4	2.7
COA[4]	2	1.4
Other State/Local Agency/Org	0	0.0

[1] Facilities may be licensed by more than one agency/organization.

[2] Commission on Accreditation of Rehabilitation Facilities

[3] National Committee for Quality Assurance

[4] Council on Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	96	65.3

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	**143**	**97.3**
Screening for substance abuse	140	95.2
Screening for mental health disorders	77	52.4
Comprehensive substance abuse assessment or diagnosis	125	85.0
Comprehensive mental health assessment or diagnosis	48	32.7
Screening for tobacco use	38	25.9
Outreach to persons in the community who may need treatment	84	57.1
Interim services for clients when immediate admission is not possible	68	46.3
Testing	**144**	**98.0**
Breathalyzer or blood alcohol testing	94	63.9
Drug or alcohol urine screening	139	94.6
Screening for Hepatitis B	24	16.3
Screening for Hepatitis C	25	17.0
HIV testing	33	22.4
STD testing	21	14.3
TB screening	55	37.4
Counseling	**147**	**100.0**
Individual counseling	143	97.3
Group counseling	144	98.0
Family counseling	133	90.5
Marital/couples counseling	86	58.5
Transitional Services	**147**	**100.0**
Discharge planning	143	97.3
Aftercare/continuing care	133	90.5
Pharmacotherapies	**64**	**43.5**
Medications for psychiatric disorders	43	29.3
Nicotine replacement	14	9.5
Campral®	19	12.9
Antabuse®	14	9.5
Naltrexone (oral)	16	10.9
Vivitrol® (injectable Naltrexone)	12	8.2
Buprenorphine	20	13.6
Subutex® or generic	9	6.1
Suboxone®	20	13.6
Methadone	20	13.6
Non-nicotine smoking/tobacco cessation medications	8	5.4
Ancillary Services	**147**	**100.0**
Case management services	108	73.5
Social skills development	97	66.0
Mentoring/peer support	55	37.4
Child care for clients' children	10	6.8
Assistance with obtaining social services	65	44.2
Employment counseling or training for clients	43	29.3
Assistance in locating housing for clients	47	32.0
Domestic violence	34	23.1
Early intervention for HIV	37	25.2

continued

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	112	76.2
Hepatitis education, counseling, or support	53	36.1
Health education other than HIV/AIDS or hepatitis	69	46.9
Substance abuse education	145	98.6
Transportation assistance to treatment	31	21.1
Mental health services	67	45.6
Acupuncture	1	0.7
Residential beds for clients' children	4	2.7
Self-help groups	72	49.0
Smoking cessation counseling	27	18.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	143	97.3
Relapse prevention	137	93.2
Cognitive-behavioral therapy	136	92.5
12-step facilitation	133	90.5
Motivational interviewing	127	86.4
Anger management	131	89.1
Brief intervention	105	71.4
Contingency management/motivational incentives	85	57.8
Trauma-related counseling	99	67.3
Rational emotive behavioral therapy (REBT)	83	56.5
Matrix model	72	49.0
Community reinforcement plus vouchers	11	7.5
Other treatment approaches	7	4.8

Facility Capacity and Utilization Rate[1]

	Residential	Hospital Inpatient
Number of facilities	27	3
Number of clients[2]	897	29
Number of designated beds	910	53
Utilization rate (%)	98.6	54.7
No. of designated beds/facility (avg.)	34	18

[1] Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

[2] Number of clients on March 31, 2011.

Programs for Special Groups

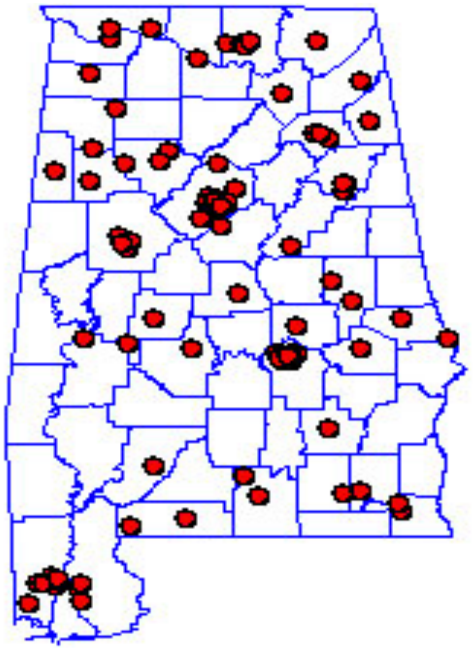
	Facilities	
	No.	%
Any program or group	90	61.2
Co-occurring disorders	26	17.7
Adult women	27	18.4
Adolescents	33	22.4
DUI/DWI offenders	17	11.6
Criminal justice clients	15	10.2
Adult men	27	18.4
Pregnant or postpartum women	22	15.0
Persons with HIV or AIDS	7	4.8
Seniors or older adults	3	2.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	5	3.4
Other groups	8	5.4

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	67	45.6
Any language other than English	46	31.3
Non-English Language Provided by:		
On-call interpreter only	36	78.3
Staff counselor only	9	19.6
Both staff counselor and on-call interpreter	1	2.2
Languages Provided by Staff Counselor:[1]		
Spanish	10	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	10.0

[1] Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at:
http://www.datafiles.samhsa.gov

Other substance abuse reports are available at:
http://www.samhsa.gov/data/

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
http://wwwdasis.samhsa.gov/webt/NewMapv1.htm

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
http://findtreatment.samhsa.gov/