

2017 State Profile — Michigan National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-MHSS report: <https://www.samhsa.gov/data/all-reports>

In Michigan, 337 mental health treatment facilities were included in the 2017 N-MHSS. The survey response rate in Michigan was 88.1 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	165	49.0
Private for-profit	53	15.7
Public agency or department		
State mental health agency	27	8.0
Other state government agency	15	4.5
Regional/district authority	58	17.2
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	19	5.6
Other	—	—
Total	337	100.0

Service setting, by number and percent

	Facilities ¹	
	No.	%
24-hour hospital inpatient	51	15.1
24-hour residential	33	9.8
Partial hospitalization/day treatment	25	7.4
Outpatient	273	81.0
Total	337	

¹ The number of facilities sums to more than the total, and percentages sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	9	2.7
General hospital	40	11.9
RTC for children	11	3.3
RTC for adults	13	3.9
Other type of residential treatment facility	1	0.3
Veterans Administration medical center	18	5.3
Community mental health center	95	28.2
Partial hospitalization/day treatment facility	5	1.5
Outpatient mental health facility	138	40.9
Multi-setting mental health facility	7	2.1
Other	—	—
Total	337	100.0

Treatment approaches, by number and percent

	No.	%
Individual psychotherapy	320	95.0
Couples/family therapy	243	72.1
Group therapy	297	88.1
Cognitive behavioral therapy	305	90.5
Dialectical behavior therapy	197	58.5
Behavior modification	196	58.2
Integrated dual disorders treatment	222	65.9
Trauma therapy	266	78.9
Activity therapy	117	34.7
Electroconvulsive therapy	16	4.7
Telemedicine/telehealth therapy	112	33.2
Psychotropic medication	292	86.6
Other	13	3.9
None of the above	—	—

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No. ¹	%
All age categories ²	192	57.0
Children (12 years and younger)	224	66.5
Adolescents (13–17 years)	233	69.1
Young adults (18–25 years)	311	92.3
Adults (26–64 years)	304	90.2
Seniors (65 years and older)	302	89.6

¹ Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

² This created variable includes facilities that accept all of the following: children (12 years and younger), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years and older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment	90	26.7
Intensive case management	92	27.3
Case management	211	62.6
Court-ordered outpatient treatment	191	56.7
Chronic disease/illness management	71	21.1
Illness management and recovery	93	27.6
Integrated primary care services	117	34.7
Diet and exercise counseling	107	31.8
Family psychoeducation	195	57.9
Education services	100	29.7
Housing services	81	24.0
Supported housing	70	20.8
Psychosocial rehabilitation services	94	27.9
Vocational rehabilitation services	58	17.2
Supported employment	86	25.5
Therapeutic foster care	22	6.5
Legal advocacy	21	6.2
Psychiatric emergency walk-in services	126	37.4
Suicide prevention services	191	56.7
Consumer-run (peer support) services	112	33.2
Screening for tobacco use	176	52.2
Smoking/tobacco cessation counseling	147	43.6
Nicotine replacement therapy	95	28.2
Non-nicotine smoking/tobacco cessation medications	87	25.8
Other	3	0.9
None	10	3.0

Note: Facilities may provide more than one supportive service or practice.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	198	58.8
State substance abuse agency	193	57.3
State department of health	102	30.3
State or local department of family and children's services	40	11.9
Hospital licensing authority	59	17.5
The Joint Commission	122	36.2
Commission on Accreditation of Rehabilitation Facilities	163	48.4
Council on Accreditation	48	14.2
Center for Medicare and Medicaid Services	159	47.2
Other national organization or federal, state, or local agency	9	2.7

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	292	86.6
Private health insurance	291	86.4
Medicare	272	80.7
Medicaid	295	87.5
State-financed health insurance	211	62.6
State mental health agency	201	59.6
State welfare or child and family services agency	126	37.4
State corrections or juvenile justice agency	83	24.6
State education agency	23	6.8
Other state government funds	104	30.9
County or local government funds	191	56.7
Community Service Block Grants	91	27.0
Community Mental Health Block Grants	143	42.4
Federal military insurance	188	55.8
US Department of Veterans Affairs	65	19.3
IHS/Tribal/Urban (ITU)	20	5.9
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	222	65.9
Any language other than English	227	67.4

Languages provided by staff

Spanish	55	16.3
American Indian/Alaskan Native languages	—	—
Other	32	9.5

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	151	44.8
No crisis intervention team	186	55.2

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance	110	32.6
Transitional age young adults	59	17.5
Persons 18 years and older with serious mental illness	150	44.5
Seniors or older adults	90	26.7
Persons with Alzheimer's or dementia	27	8.0
Persons with co-occurring mental and substance use disorders	164	48.7
Persons with eating disorders	34	10.1
Persons with a diagnosis of PTSD	125	37.1
Persons who have experienced trauma	115	34.1
Persons with traumatic brain injury	31	9.2
Veterans	48	14.2
Active duty military	26	7.7
Members of military families	20	5.9
LGBT ¹	53	15.7
Forensic clients	57	16.9
Persons living with HIV or AIDS	28	8.3
Other	19	5.6
No program or group offered	87	25.8

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; † No facilities in this category; ^ Data suppressed due to confidentiality.

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 28, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

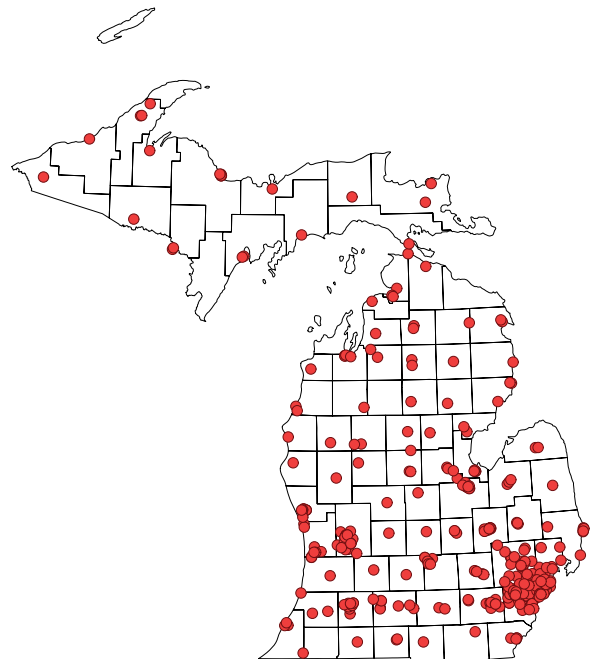
The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

Access N-MHSS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data