

2017 State Profile — Alaska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Alaska, 89 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 3,556 clients in substance abuse treatment on March 31, 2017. The survey response rate in Alaska was 95.7 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	53	59.6	1,872	52.6	137	54.2
Private for-profit	12	13.5	483	13.6	7	2.8
Local, county, or community government	3	3.4	160	4.5	10	4.0
State government	—	—	—	—	—	—
Federal government	3	3.4	354	10.0	—	—
Tribal government	18	20.2	687	19.3	99	39.1
Total	89	100.0	3,556	100.0	253	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	83	97.6	1,823	51.3	303
Clients with drug abuse only	63	74.1	618	17.4	104
Clients with alcohol abuse only	73	85.9	1,115	31.4	188
Total			3,556	100.0	595

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	73	82.0	3,235	91.0	150	25	198	78.3
Regular	73	82.0	2,075	58.4	—	20		
Intensive	47	52.8	634	17.8	—	11		
Day treatment/partial hospitalization	10	11.2	28	0.8	—	6		
Detoxification	8	9.0	15	0.4	—	7		
Methadone maintenance	15	16.9	483	13.6	150	21		
Residential (non-hospital)	27	30.3	304	8.5	—	12	55	21.7
Short term (<30 days)	12	13.5	78	2.2	—	11		
Long term (30+ days)	23	25.8	226	6.4	—	11		
Detoxification	3	3.4	—	—	—	—		
Hospital inpatient	2	2.2	17	0.5	—	9	—	—
Treatment	1	1.1	12	0.3	—	6		
Detoxification	2	2.2	5	0.1	—	3		
Total	89		3,556	100.0	150	22	253	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	3	0.2
Clients in facilities with OTPs²		
Any MAT	369	0.1
Methadone	364	0.1
Buprenorphine	4	*
Naltrexone	1	*
Clients in facilities without OTPs²		
Any MAT	137	0.1
Buprenorphine	133	0.2
Naltrexone	4	*

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	82	92.1
Private health insurance	85	95.5
Medicare	40	44.9
Medicaid	71	79.8
State-financed health insurance	51	57.3
Federal military insurance	67	75.3
No payment accepted	—	—
Access to Recovery (ATR) vouchers ²	17	19.1
IHS/Tribal/Urban (ITU) funds	35	39.3
Other payments	—	—
Sliding fee scale	74	83.1
Treatment at no charge for clients who can't pay	49	55.1

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	87	97.8
State substance abuse agency	67	75.3
State mental health department	52	58.4
State department of health	39	43.8
Hospital licensing authority	6	6.7
The Joint Commission	29	32.6
Commission on Accreditation of Rehabilitation Facilities	41	46.1
National Committee for Quality Assurance	2	2.2
Council on Accreditation Healthcare Facilities Accreditation Program	10	11.2
Other state/local agency/organization	5	5.6

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	65	73.0

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	86	96.6
Screening for mental health disorders	79	88.8
Comprehensive substance abuse assessment or diagnosis	84	94.4
Comprehensive mental health assessment or diagnosis	66	74.2
Screening for tobacco use	72	80.9
Outreach to persons in the community who may need treatment	64	71.9
Interim services for clients when immediate admission is not possible	54	60.7
No services offered	1	1.1
Testing		
Breathalyzer or other blood alcohol testing	53	59.6
Drug or alcohol urine screening	70	78.7
Screening for hepatitis B	25	28.1
Screening for hepatitis C	26	29.2
HIV testing	23	25.8
STD testing	19	21.3
TB screening	25	28.1
No services offered	17	19.1
Counseling		
Individual counseling	88	98.9
Group counseling	85	95.5
Family counseling	78	87.6
Marital/couples counseling	63	70.8
Transitional services		
Discharge planning	87	97.8
Aftercare/continuing care	78	87.6
No services offered	—	—
Pharmacotherapies		
Disulfiram (Antabuse®)	10	11.2
Naltrexone (oral)	20	22.5
Extended-release, injectable naltrexone/Vivitrol®	15	16.9
Acamprosate (Campral®)	8	9.0
Nicotine replacement	19	21.3
Non-nicotine smoking/tobacco cessation medications	14	15.7
Medications for psychiatric disorders	38	42.7
Methadone	3	3.4
Buprenorphine with naloxone (Suboxone®)	14	15.7
Buprenorphine without naloxone	9	10.1
Buprenorphine subdermal implant (Probuphine®)	1	1.1
No services offered	44	49.4
Ancillary services		
Case management services	75	84.3
Social skills development	76	85.4
Mentoring/peer support	46	51.7
Child care for clients' children	7	7.9
Assistance with obtaining social services	70	78.7
Employment counseling or training for clients	34	38.2

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	53	59.6
Domestic violence services	54	60.7
Early intervention for HIV	24	27.0
HIV or AIDS education, counseling, or support	63	70.8
Hepatitis education, counseling, or support	62	69.7
Health education other than HIV/AIDS or hepatitis	61	68.5
Substance abuse education	87	97.8
Transportation assistance to treatment	50	56.2
Mental health services	76	85.4
Acupuncture	2	2.2
Residential beds for clients' children	6	6.7
Self-help groups	44	49.4
Smoking/tobacco cessation counseling	51	57.3
No services offered	—	—
Other services		
Treatment for gambling disorder	20	22.5
Treatment for Internet use disorder	18	20.2
Treatment for other addiction disorder	32	36.0
No services offered	55	61.8

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	89	100.0
Relapse prevention	88	98.9
Cognitive behavioral therapy	88	98.9
Motivational interviewing	88	98.9
Anger management	78	87.6
Brief intervention	72	80.9
Trauma-related counseling	80	89.9
12-step facilitation	57	64.0
Contingency management/motivational incentives	57	64.0
Dialectical behavior therapy	64	71.9
Rational emotive behavioral therapy	50	56.2
Matrix model	53	59.6
Computerized substance abuse treatment	29	32.6
Community reinforcement plus vouchers	17	19.1
Other treatment approaches	15	16.9

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	24	1
Number of clients ²	285	13
Number of designated beds	382	32
Utilization rate ³	74.6	41
Average number of designated beds per facility	16	32

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	50
Methadone	49
Buprenorphine	1
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	18	20.2
Any language other than English	32	36.0
Non-English language provided by		
Staff counselor only	7	21.9
On-call interpreter only	13	40.6
Both staff counselor and on-call interpreter	12	37.5
Languages provided by staff counselor¹		
Spanish	11	57.9
American Indian/Alaskan Native languages	11	57.9
Other	3	15.8

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	73	82.0
Adult women	36	40.4
Clients with co-occurring disorders	42	47.2
Adult men	32	36.0
Clients who have experienced trauma	43	48.3
Criminal justice clients	19	21.3
DUI/DWI clients	27	30.3
Young adults	25	28.1
Adolescents	28	31.5
Clients who have experienced domestic violence	26	29.2
Clients who have experienced sexual abuse	21	23.6
Pregnant or postpartum women	15	16.9
Seniors or older adults	10	11.2
LGBT ¹	9	10.1
Veterans	12	13.5
Clients living with HIV/AIDS	6	6.7
Members of military families	8	9.0
Active duty military	9	10.1
Other	6	6.7
No program or group offered	16	18.0

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

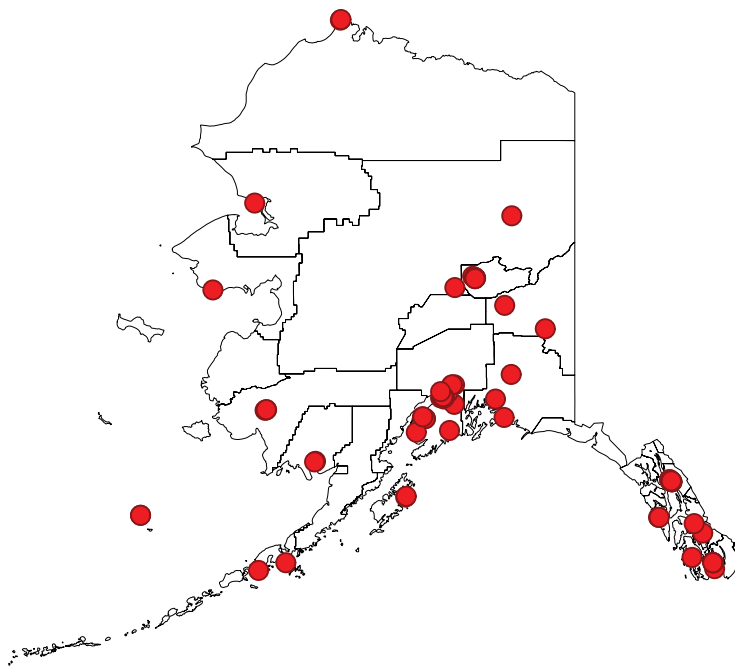
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data