

## 2017 State Profile — Arkansas

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Arkansas, 118 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 6,089 clients in substance abuse treatment on March 31, 2017. The survey response rate in Arkansas was 89.3 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	93	78.8	3,617	59.4	428	93.7
Private for-profit	19	16.1	1,186	19.5	29	6.3
Local, county, or community government	—	—	—	—	—	—
State government	2	1.7	418	6.9	—	—
Federal government	4	3.4	868	14.3	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>118</b>	<b>100.0</b>	<b>6,089</b>	<b>100.0</b>	<b>457</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	92	87.6	2,543	41.8	102
Clients with drug abuse only	87	82.9	2,535	41.6	104
Clients with alcohol abuse only	75	71.4	1,011	16.6	39
<b>Total</b>			<b>6,089</b>	<b>100.0</b>	<b>245</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>104</b>	<b>88.1</b>	<b>5,124</b>	<b>84.2</b>	<b>221</b>	<b>20</b>	<b>378</b>	<b>82.7</b>
Regular	102	86.4	3,172	52.1	—	19		
Intensive	54	45.8	534	8.8	—	13		
Day treatment/partial hospitalization	24	20.3	143	2.3	—	8		
Detoxification	8	6.8	28	0.5	1	14		
Methadone maintenance	10	8.5	1,247	20.5	220	49		
<b>Residential (non-hospital)</b>	<b>25</b>	<b>21.2</b>	<b>869</b>	<b>14.3</b>	<b>—</b>	<b>17</b>	<b>79</b>	<b>17.3</b>
Short term (<30 days)	22	18.6	364	6.0	—	15		
Long term (30+ days)	23	19.5	466	7.7	—	13		
Detoxification	11	9.3	39	0.6	—	5		
<b>Hospital inpatient</b>	<b>9</b>	<b>7.6</b>	<b>96</b>	<b>1.6</b>	<b>—</b>	<b>8</b>	<b>—</b>	<b>—</b>
Treatment	4	3.4	53	0.9	—	9		
Detoxification	9	7.6	43	0.7	—	4		
<b>Total</b>	<b>118</b>		<b>6,089</b>	<b>100.0</b>	<b>221</b>	<b>21</b>	<b>457</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>4</b>	<b>0.3</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	895	0.2
Methadone	754	0.2
Buprenorphine	141	0.5
Naltrexone	—	—
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	410	0.4
Buprenorphine	379	0.4
Naltrexone	31	0.2

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	104	88.1
Private health insurance	85	72.0
Medicare	42	35.6
Medicaid	47	39.8
State-financed health insurance	61	51.7
Federal military insurance	55	46.6
No payment accepted	5	4.2
Access to Recovery (ATR) vouchers <sup>2</sup>	10	8.5
IHS/Tribal/Urban (ITU) funds	5	4.2
Other payments	1	0.8
Sliding fee scale	71	60.2
Treatment at no charge for clients who can't pay	73	61.9

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	107	90.7
State substance abuse agency	91	77.1
State mental health department	57	48.3
State department of health	37	31.4
Hospital licensing authority	3	2.5
The Joint Commission	21	17.8
Commission on Accreditation of Rehabilitation Facilities	81	68.6
National Committee for Quality Assurance	8	6.8
Council on Accreditation	7	5.9
Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	3	2.5

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	71	60.2

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	115	97.5
Screening for mental health disorders	101	85.6
Comprehensive substance abuse assessment or diagnosis	103	87.3
Comprehensive mental health assessment or diagnosis	63	53.4
Screening for tobacco use	64	54.2
Outreach to persons in the community who may need treatment	69	58.5
Interim services for clients when immediate admission is not possible	66	55.9
No services offered	1	0.8
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	42	35.6
Drug or alcohol urine screening	95	80.5
Screening for hepatitis B	13	11.0
Screening for hepatitis C	14	11.9
HIV testing	21	17.8
STD testing	17	14.4
TB screening	26	22.0
No services offered	21	17.8
<b>Counseling</b>		
Individual counseling	114	96.6
Group counseling	110	93.2
Family counseling	109	92.4
Marital/couples counseling	72	61.0
<b>Transitional services</b>		
Discharge planning	114	96.6
Aftercare/continuing care	100	84.7
No services offered	1	0.8
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	9	7.6
Naltrexone (oral)	13	11.0
Extended-release, injectable naltrexone/Vivitrol®	9	7.6
Acamprosate (Campral®)	4	3.4
Nicotine replacement	26	22.0
Non-nicotine smoking/tobacco cessation medications	13	11.0
Medications for psychiatric disorders	48	40.7
Methadone	4	3.4
Buprenorphine with naloxone (Suboxone®)	10	8.5
Buprenorphine without naloxone	10	8.5
Buprenorphine subdermal implant (Probuphine®)	—	—
No services offered	55	46.6
<b>Ancillary services</b>		
Case management services	110	93.2
Social skills development	81	68.6
Mentoring/peer support	49	41.5
Child care for clients' children	3	2.5
Assistance with obtaining social services	51	43.2
Employment counseling or training for clients	38	32.2

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	52	44.1
Domestic violence services	38	32.2
Early intervention for HIV	22	18.6
HIV or AIDS education, counseling, or support	62	52.5
Hepatitis education, counseling, or support	42	35.6
Health education other than HIV/AIDS or hepatitis	49	41.5
Substance abuse education	96	81.4
Transportation assistance to treatment	35	29.7
Mental health services	83	70.3
Acupuncture	1	0.8
Residential beds for clients' children	6	5.1
Self-help groups	46	39.0
Smoking/tobacco cessation counseling	52	44.1
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	30	25.4
Treatment for Internet use disorder	19	16.1
Treatment for other addiction disorder	32	27.1
No services offered	75	63.6

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	115	97.5
Relapse prevention	104	88.1
Cognitive behavioral therapy	107	90.7
Motivational interviewing	100	84.7
Anger management	105	89.0
Brief intervention	93	78.8
Trauma-related counseling	94	79.7
12-step facilitation	85	72.0
Contingency management/motivational incentives	58	49.2
Dialectical behavior therapy	66	55.9
Rational emotive behavioral therapy	45	38.1
Matrix model	76	64.4
Computerized substance abuse treatment	20	16.9
Community reinforcement plus vouchers	9	7.6
Other treatment approaches	8	6.8

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	19	5
Number of clients <sup>2</sup>	725	63
Number of designated beds	563	96
Utilization rate <sup>3</sup>	128.8	65.6
Average number of designated beds per facility	30	19

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	30
Methadone	25
Buprenorphine	5
Naltrexone	—

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	54	45.8
Any language other than English	64	54.2
<b>Non-English language provided by</b>		
Staff counselor only	2	3.1
On-call interpreter only	59	92.2
Both staff counselor and on-call interpreter	3	4.7
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	5	100.0
American Indian/Alaskan Native languages	—	—
Other	—	—

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	84	71.2
Adult women	34	28.8
Clients with co-occurring disorders	47	39.8
Adult men	36	30.5
Clients who have experienced trauma	28	23.7
Criminal justice clients	25	21.2
DUI/DWI clients	37	31.4
Young adults	32	27.1
Adolescents	48	40.7
Clients who have experienced domestic violence	14	11.9
Clients who have experienced sexual abuse	20	16.9
Pregnant or postpartum women	14	11.9
Seniors or older adults	13	11.0
LGBT <sup>1</sup>	12	10.2
Veterans	17	14.4
Clients living with HIV/AIDS	11	9.3
Members of military families	9	7.6
Active duty military	10	8.5
Other	4	3.4
No program or group offered	34	28.8

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

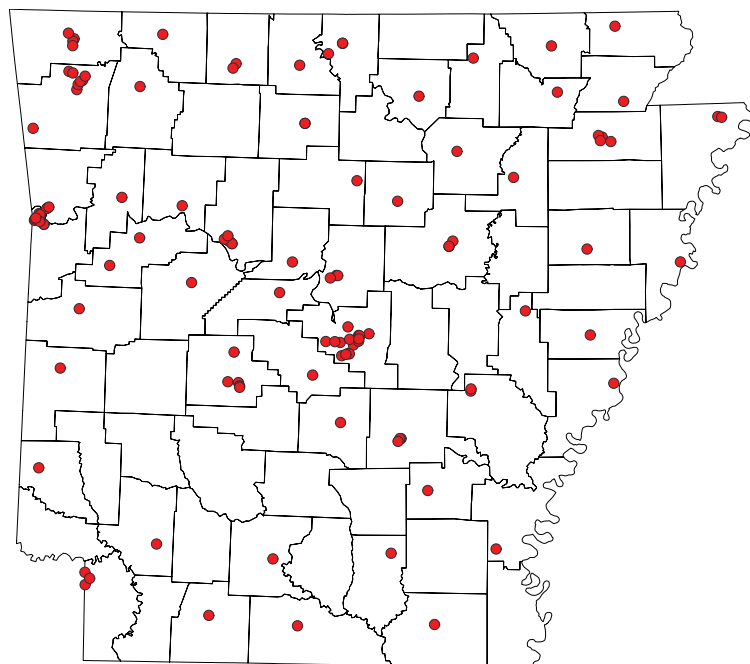
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)