

2015 State Profile — Arizona

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Arizona, 341 substance abuse treatment facilities were included in the 2015 N-SSATS, which reported a total of 33,978 clients in substance abuse treatment on March 31, 2015. The survey response rate in Arizona was 89.8 percent.

Facility Operation

| | Facilities | | Clients in treatment on March 31, 2015 | | | |
|--|------------|--------------|--|--------------|----------------------|--------------|
| | | | All clients | | Clients under age 18 | |
| | No. | % | No. | % | No. | % |
| Private non-profit | 176 | 51.6 | 17,194 | 50.6 | 1,854 | 55.8 |
| Private for-profit | 130 | 38.1 | 11,595 | 34.1 | 1,007 | 30.3 |
| Local, county, or community government | 3 | 0.9 | 275 | 0.8 | 5 | 0.2 |
| State government | 2 | 0.6 | 848 | 2.5 | 40 | 1.2 |
| Federal government | 9 | 2.6 | 1,165 | 3.4 | 64 | 1.9 |
| Tribal government | 21 | 6.2 | 2,901 | 8.5 | 350 | 10.5 |
| Total | 341 | 100.0 | 33,978 | 100.0 | 3,320 | 100.0 |

Substance Abuse Problem Treated

| | Facilities ^{1,2} | | Clients in treatment on March 31, 2015 | | |
|--|---------------------------|------|--|--------------|--|
| | | | Clients ³ | | Clients ³ per 100,000 pop. age 18 or older |
| | No. | % | No. | % | |
| Clients with both alcohol and drug abuse | 286 | 94.4 | 13,924 | 42.0 | 231 |
| Clients with drug abuse only | 250 | 82.5 | 12,949 | 39.1 | 234 |
| Clients with alcohol abuse only | 242 | 79.9 | 6,270 | 18.9 | 108 |
| Total | 303 | | 33,143 | 100.0 | 573 |

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 38.

³ Sum of individual items may not agree with the total due to rounding.

| Type of Care | | | | | | | | |
|---------------------------------------|-------------------------|-------------|--|--------------|--|--|------------------|--------------|
| | Facilities ¹ | | Clients in treatment on March 31, 2015 | | | | | |
| | | | All clients | | | | Clients age < 18 | |
| | No. | % | No. | % | Median no. of clients per OTP facility | Median no. of clients per non-OTP facility | No. | % |
| Outpatient | 278 | 81.5 | 30,671 | 90.3 | 276 | 45 | 2,712 | 81.7 |
| Regular | 246 | 72.1 | 18,866 | 55.5 | 140 | 45 | | |
| Intensive | 174 | 51.0 | 4,019 | 11.8 | 6 | 20 | | |
| Day treatment/partial hospitalization | 37 | 10.9 | 561 | 1.7 | -- | 10 | | |
| Detoxification | 35 | 10.3 | 91 | 0.3 | 24 | 3 | | |
| Methadone maintenance ² | 53 | 15.5 | 7,134 | 21.0 | 243 | 10 | | |
| Residential (non-hospital) | 89 | 26.1 | 2,845 | 8.4 | 5 | 20 | 572 | 17.2 |
| Short term (<30 days) | 47 | 13.8 | 648 | 1.9 | -- | 9 | | |
| Long term (30+ days) | 75 | 22.0 | 1,869 | 5.5 | 5 | 16 | | |
| Detoxification | 21 | 6.2 | 328 | 1.0 | -- | 10 | | |
| Hospital inpatient | 22 | 6.5 | 462 | 1.4 | -- | 14 | 36 | 1.1 |
| Treatment | 17 | 5.0 | 293 | 0.9 | -- | 11 | | |
| Detoxification | 21 | 6.2 | 169 | 0.5 | -- | 9 | | |
| Total | 341 | | 33,978 | 100.0 | 244 | 38 | 3,320 | 100.0 |

¹ Facilities may provide more than one type of care. ² Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivitrol[®] treatment.

| Opioid Treatment Programs (OTPs) | | |
|---|--------------|------------|
| | No. | % |
| Facilities with OTPs¹ | 31 | 2.3 |
| Clients in facilities with OTPs² | | |
| Methadone | 7,107 | 2.0 |
| Buprenorphine | 622 | 2.9 |
| Extended-release, injectable naltrexone/Vivitrol [®] | 2 | 0.3 |
| Clients in facilities without OTPs² | | |
| Buprenorphine | 365 | 0.7 |
| Extended-release, injectable naltrexone/Vivitrol [®] | 195 | 3.1 |
| Total² | 8,291 | 1.9 |

¹ Percentage of all OTP facilities that are in the United States.

² Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol[®] clients in the United States.

| Facility Payment Options | | |
|--|-------------------------|------|
| | Facilities ¹ | |
| | No. | % |
| Cash or self-payment | 281 | 82.4 |
| Private health insurance | 202 | 59.2 |
| Medicare | 152 | 44.6 |
| Medicaid | 231 | 67.7 |
| State-financed health insurance | 161 | 47.2 |
| Federal military insurance | 104 | 30.5 |
| No payment accepted | 2 | 0.6 |
| Access to Recovery (ATR) vouchers ² | 16 | 4.7 |
| IHS/Tribal/Urban (ITU) funds | 70 | 20.5 |
| Other payments | 21 | 6.2 |
| Sliding fee scale | 153 | 44.9 |
| Treatment at no charge for clients who can't pay | 133 | 39.0 |

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

| Facility Licensing, Certification, or Accreditation | | |
|--|-------------------------|------|
| | Facilities ¹ | |
| | No. | % |
| Any listed agency/organization | 293 | 85.9 |
| State substance abuse agency | 138 | 40.5 |
| State mental health department | 158 | 46.3 |
| State department of health | 244 | 71.6 |
| Hospital licensing authority | 27 | 7.9 |
| The Joint Commission | 63 | 18.5 |
| Commission on Accreditation of Rehabilitation Facilities | 94 | 27.6 |
| National Committee for Quality Assurance | 7 | 2.1 |
| Council on Accreditation | 15 | 4.4 |
| Healthcare Facilities Accreditation Program | 3 | 0.9 |
| Other state/local agency/organization | 25 | 7.3 |

¹ Facilities may be licensed by more than one agency/organization.

| Facility Funding | | |
|---|------------|------|
| | Facilities | |
| | No. | % |
| Receives federal, state, county, or local government funds for substance abuse treatment programs | 154 | 45.2 |

Types of Services Offered

| | Facilities | |
|---|------------|--------------|
| | No. | % |
| Assessment and pre-treatment services | 333 | 97.7 |
| Screening for substance abuse | 306 | 89.7 |
| Screening for mental health disorders | 242 | 71.0 |
| Comprehensive substance abuse assessment or diagnosis | 302 | 88.6 |
| Comprehensive mental health assessment or diagnosis | 214 | 62.8 |
| Screening for tobacco use | 195 | 57.2 |
| Outreach to persons in the community who may need treatment | 200 | 58.7 |
| Interim services for clients when immediate admission is not possible | 161 | 47.2 |
| No services offered | 8 | 2.3 |
| Testing | 267 | 78.3 |
| Breathalyzer or other blood alcohol testing | 164 | 48.1 |
| Drug or alcohol urine screening | 227 | 66.6 |
| Screening for hepatitis B | 76 | 22.3 |
| Screening for hepatitis C | 86 | 25.2 |
| HIV testing | 105 | 30.8 |
| STD testing | 89 | 26.1 |
| TB screening | 132 | 38.7 |
| No services offered | 74 | 21.7 |
| Counseling | 341 | 100.0 |
| Individual counseling | 336 | 98.5 |
| Group counseling | 337 | 98.8 |
| Family counseling | 323 | 94.7 |
| Marital/couples counseling | 318 | 93.3 |
| Transitional services | 332 | 97.4 |
| Discharge planning | 319 | 93.5 |
| Aftercare/continuing care | 262 | 76.8 |
| No services offered | 9 | 2.6 |
| Pharmacotherapies | 215 | 63.0 |
| Disulfiram (Antabuse®) | 56 | 16.4 |
| Naltrexone (oral) | 83 | 24.3 |
| Extended-release, injectable naltrexone/Vivitrol® | 47 | 13.8 |
| Acamprosate (Campral®) | 59 | 17.3 |
| Nicotine replacement | 81 | 23.8 |
| Non-nicotine smoking/tobacco cessation medications | 61 | 17.9 |
| Medications for psychiatric disorders | 189 | 55.4 |
| Methadone | 30 | 8.8 |
| Buprenorphine with naloxone (Suboxone®) | 94 | 27.6 |
| Buprenorphine without naloxone | 50 | 14.7 |
| No services offered | 126 | 37.0 |
| Ancillary services | 337 | 98.8 |
| Case management services | 282 | 82.7 |
| Social skills development | 277 | 81.2 |
| Mentoring/peer support | 238 | 69.8 |
| Child care for clients' children | 19 | 5.6 |
| Assistance with obtaining social services | 218 | 63.9 |
| Employment counseling or training for clients | 178 | 52.2 |
| Assistance in locating housing for clients | 197 | 57.8 |

Continued

Types of Services Offered (continued)

| | Facilities | |
|---|------------|-------------|
| | No. | % |
| Domestic violence services | 168 | 49.3 |
| Early intervention for HIV | 67 | 19.6 |
| HIV or AIDS education, counseling, or support | 141 | 41.3 |
| Hepatitis education, counseling, or support | 120 | 35.2 |
| Health education other than HIV/AIDS or hepatitis | 174 | 51.0 |
| Substance abuse education | 327 | 95.9 |
| Transportation assistance to treatment | 222 | 65.1 |
| Mental health services | 269 | 78.9 |
| Acupuncture | 31 | 9.1 |
| Residential beds for clients' children | 11 | 3.2 |
| Self-help groups | 162 | 47.5 |
| Smoking/tobacco cessation counseling | 125 | 36.7 |
| No services offered | 4 | 1.2 |
| Other services | 99 | 29.0 |
| Treatment for gambling disorder | 39 | 11.4 |
| Treatment for Internet use disorder | 28 | 8.2 |
| Treatment for other addiction disorder | 93 | 27.3 |
| No services offered | 242 | 71.0 |

Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

| | Facilities | |
|--|------------|------|
| | No. | % |
| Substance abuse counseling | 336 | 98.5 |
| Relapse prevention | 314 | 92.1 |
| Cognitive-behavioral therapy | 310 | 90.9 |
| Motivational interviewing | 304 | 89.1 |
| Anger management | 285 | 83.6 |
| Brief intervention | 275 | 80.6 |
| Trauma-related counseling | 271 | 79.5 |
| 12-step facilitation | 197 | 57.8 |
| Contingency management/motivational incentives | 183 | 53.7 |
| Dialectical behavior therapy | 182 | 53.4 |
| Rational emotive behavioral therapy | 128 | 37.5 |
| Matrix model | 163 | 47.8 |
| Computerized substance abuse treatment | 78 | 22.9 |
| Community reinforcement plus vouchers | 36 | 10.6 |
| Other treatment approaches | 48 | 14.1 |

Facility Capacity and Utilization Rate¹

| | Residential | Hospital inpatient |
|--|-------------|--------------------|
| Number of facilities | 68 | 13 |
| Number of clients ² | 2,681 | 347 |
| Number of designated beds | 2,235 | 297 |
| Utilization rate ³ | 120.0 | 116.8 |
| Average number of designated beds per facility | 33 | 23 |

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2015.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 31, 2015

| | No. |
|---|-----|
| Methadone | 104 |
| Buprenorphine | 9 |
| Extended-release, injectable naltrexone/Vivitrol® | † |

Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

| | Facilities | |
|---|------------|------|
| | No. | % |
| Sign language | 159 | 46.6 |
| Any language other than English | 218 | 63.9 |
| Non-English language provided by: | | |
| Staff counselor only | 42 | 19.3 |
| On-call interpreter only | 74 | 33.9 |
| Both staff counselor and on-call interpreter | 102 | 46.8 |
| Languages provided by staff counselor:¹ | | |
| Spanish | 131 | 91.0 |
| American Indian/Alaska Native languages | 24 | 16.7 |
| Other | 10 | 6.9 |

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically Tailored Programs or Groups

| | Facilities | |
|--|------------|------|
| | No. | % |
| Any program or group | 298 | 87.4 |
| Adult women | 154 | 45.2 |
| Clients with co-occurring disorders | 179 | 52.5 |
| Adult men | 147 | 43.1 |
| Clients who have experienced trauma | 139 | 40.8 |
| Criminal justice clients | 114 | 33.4 |
| DUI/DWI clients | 90 | 26.4 |
| Young adults | 88 | 25.8 |
| Adolescents | 109 | 32.0 |
| Clients who have experienced domestic violence | 106 | 31.1 |
| Clients who have experienced sexual abuse | 89 | 26.1 |
| Pregnant or postpartum women | 65 | 19.1 |
| Seniors or older adults | 67 | 19.6 |
| LGBT ¹ | 58 | 17.0 |
| Veterans | 56 | 16.4 |
| Clients living with HIV/AIDS | 48 | 14.1 |
| Members of military families | 36 | 10.6 |
| Active duty military | 26 | 7.6 |
| Other | 19 | 5.6 |
| No program or group offered | 43 | 12.6 |

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero; * Less than 0.05 percent; n/a Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2015. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:

<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://samhsa.gov/data/>

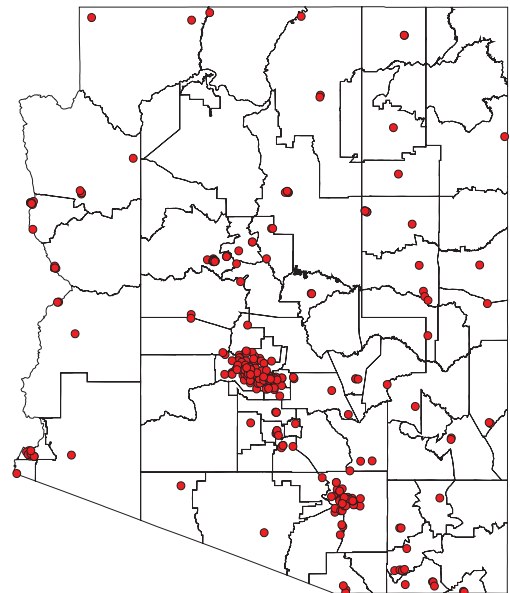
Access N-SSATS profiles for individual states at:

<https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<https://findtreatment.samhsa.gov/>

Location of Treatment Facilities



<http://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/