

2016 State Profile — Arizona

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Arizona, 358 substance abuse treatment facilities were included in the 2016 N-SSATS, which reported a total of 26,572 clients in substance abuse treatment on March 31, 2016. The survey response rate in Arizona was 91.4 percent.

Facility Operation

	Facilities		Clients in treatment on March 31, 2016	
	No.	%	No.	%
Private non-profit	178	49.7	13,382	50.4
Private for-profit	145	40.5	10,925	41.1
Local, county, or community government	4	1.1	383	1.4
State government	1	0.3	30	0.1
Federal government	10	2.8	304	1.1
Tribal government	20	5.6	1,548	5.8
Total	358	100.0	26,572	100.0

Type of Care

	Facilities ¹		Clients in treatment on March 31, 2016			
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility
Outpatient	299	83.5	24,691	92.9	375	35
Regular	265	74.0				
Intensive	176	49.2				
Day treatment/partial hospitalization	42	11.7				
Detoxification	37	10.3				
Methadone maintenance ²	77	21.5				
Residential (non-hospital)	82	22.9	1,608	6.1	—	15
Short term (<30 days)	49	13.7				
Long term (30+ days)	73	20.4				
Detoxification	19	5.3				
Hospital inpatient	23	6.4	273	1.0	—	9
Treatment	17	4.7				
Detoxification	22	6.1				
Total	358		26,572	100.0	375	30

¹ Facilities may provide more than one type of care. ² Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivtro[®] treatment.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	30	2.3
Clients in facilities with OTPs²		
Methadone	7,445	2.2
Buprenorphine	524	2.8
Extended-release, injectable naltrexone/Vivitrol®	12	1.3
Clients in facilities without OTPs²		
Buprenorphine	349	0.8
Extended-release, injectable naltrexone/Vivitrol®	145	1.6
Total²	8,475	2.0

¹ Percentage of all OTP facilities that are in the United States.

² Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol® clients in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	303	84.6
Private health insurance	224	62.6
Medicare	156	43.6
Medicaid	234	65.4
State-financed health insurance	166	46.4
Federal military insurance	107	29.9
No payment accepted	4	1.1
Access to Recovery (ATR) vouchers ²	18	5.0
IHS/Tribal/Urban (ITU) funds	75	20.9
Other payments	6	1.7
Sliding fee scale	172	48.0
Treatment at no charge for clients who can't pay	135	37.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Types of Services Offered		
	Facilities	
	No.	%
Assessment and pre-treatment services	354	98.9
Screening for substance abuse	333	93.0
Screening for mental health disorders	266	74.3
Comprehensive substance abuse assessment or diagnosis	322	89.9
Comprehensive mental health assessment or diagnosis	230	64.2
Screening for tobacco use	222	62.0
Outreach to persons in the community who may need treatment	209	58.4
Interim services for clients when immediate admission is not possible	178	49.7
No services offered	4	1.1
Testing	267	74.6
Breathalyzer or other blood alcohol testing	165	46.1
Drug or alcohol urine screening	243	67.9
Screening for hepatitis B	87	24.3
Screening for hepatitis C	94	26.3
HIV testing	105	29.3
STD testing	91	25.4

Continued

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	331	92.5
State substance abuse agency	160	44.7
State mental health department	189	52.8
State department of health	278	77.7
Hospital licensing authority	26	7.3
The Joint Commission	72	20.1
Commission on Accreditation of Rehabilitation Facilities	109	30.4
National Committee for Quality Assurance	10	2.8
Council on Accreditation	21	5.9
Healthcare Facilities Accreditation Program	2	0.6
Other state/local agency/organization	8	2.2

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	155	43.3

Types of Services Offered (continued)

	Facilities	
	No.	%
TB screening	128	35.8
No services offered	91	25.4
Counseling	357	99.7
Individual counseling	339	94.7
Group counseling	341	95.3
Family counseling	297	83.0
Marital/couples counseling	247	69.0
Transitional services	356	99.4
Discharge planning	347	96.9
Aftercare/continuing care	288	80.4
No services offered	2	0.6
Pharmacotherapies	238	66.5
Disulfiram (Antabuse®)	77	21.5
Naltrexone (oral)	114	31.8
Extended-release, injectable naltrexone/Vivitrol®	88	24.6
Acamprosate (Campral®)	68	19.0
Nicotine replacement	107	29.9
Non-nicotine smoking/tobacco cessation medications	97	27.1
Medications for psychiatric disorders	213	59.5
Methadone	30	8.4
Buprenorphine with naloxone (Suboxone®)	112	31.3
Buprenorphine without naloxone	69	19.3
No services offered	120	33.5
Ancillary services	353	98.6
Case management services	301	84.1
Social skills development	302	84.4
Mentoring/peer support	251	70.1
Child care for clients' children	14	3.9
Assistance with obtaining social services	227	63.4
Employment counseling or training for clients	188	52.5
Assistance in locating housing for clients	228	63.7
Domestic violence services	192	53.6
Early intervention for HIV	65	18.2
HIV or AIDS education, counseling, or support	136	38.0
Hepatitis education, counseling, or support	129	36.0
Health education other than HIV/AIDS or hepatitis	188	52.5
Substance abuse education	344	96.1
Transportation assistance to treatment	235	65.6
Mental health services	278	77.7
Acupuncture	29	8.1
Residential beds for clients' children	7	2.0
Self-help groups	177	49.4
Smoking/tobacco cessation counseling	154	43.0
No services offered	5	1.4
Other services	126	35.2
Treatment for gambling disorder	69	19.3
Treatment for Internet use disorder	54	15.1
Treatment for other addiction disorder	119	33.2
No services offered	232	64.8

Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

	Facilities	
	No.	%
Substance abuse counseling	356	99.4
Relapse prevention	338	94.4
Cognitive-behavioral therapy	332	92.7
Motivational interviewing	323	90.2
Anger management	297	83.0
Brief intervention	295	82.4
Trauma-related counseling	291	81.3
12-step facilitation	221	61.7
Contingency management/motivational incentives	215	60.1
Dialectical behavior therapy	219	61.2
Rational emotive behavioral therapy	156	43.6
Matrix model	187	52.2
Computerized substance abuse treatment	83	23.2
Community reinforcement plus vouchers	40	11.2
Other treatment approaches	38	10.6

Clients per 100,000 Population in Opioid Treatment on March 31, 2016

	No.
Methadone	107
Buprenorphine	8
Extended-release, injectable naltrexone/Vivitrol®	†

Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

	Facilities	
	No.	%
Sign language	169	47.2
Any language other than English	224	62.6
Non-English language provided by:		
Staff counselor only	44	19.6
On-call interpreter only	71	31.7
Both staff counselor and on-call interpreter	109	48.7
Languages provided by staff counselor:¹		
Spanish	141	92.2
American Indian/Alaska Native languages	19	12.4
Other	9	5.9

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically Tailored Programs or Groups

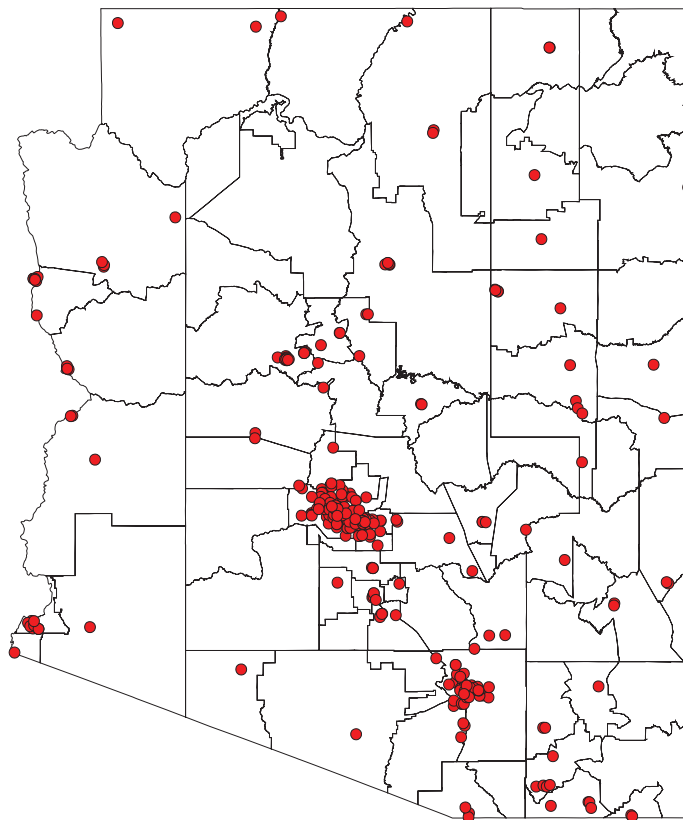
	Facilities	
	No.	%
Any program or group	317	88.5
Adult women	167	46.6
Clients with co-occurring disorders	205	57.3
Adult men	167	46.6
Clients who have experienced trauma	161	45.0
Criminal justice clients	126	35.2
DUI/DWI clients	103	28.8
Young adults	109	30.4
Adolescents	120	33.5
Clients who have experienced domestic violence	117	32.7
Clients who have experienced sexual abuse	112	31.3
Pregnant or postpartum women	68	19.0
Seniors or older adults	66	18.4
LGBT ¹	70	19.6
Veterans	65	18.2
Clients living with HIV/AIDS	52	14.5
Members of military families	46	12.8
Active duty military	41	11.5
Other	10	2.8
No program or group offered	41	11.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: — Quantity is zero; * Less than 0.05 percent; n/a Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Note: Symbols keyed may not appear in every table.

Location of Treatment Facilities



<http://wwwdasis.samhsa.gov/webt/newmapv1.htm>

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2016. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:

<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://samhsa.gov/data/>

Access N-SSATS profiles for individual states at:

<https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/