

## 2017 State Profile — Arizona

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Arizona, 341 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 41,929 clients in substance abuse treatment on March 31, 2017. The survey response rate in Arizona was 90.5 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	175	51.3	25,180	60.1	1,547	70.1
Private for-profit	134	39.3	13,265	31.6	365	16.5
Local, county, or community government	3	0.9	411	1.0	3	0.1
State government	1	0.3	30	0.1	4	0.2
Federal government	9	2.6	809	1.9	66	3.0
Tribal government	19	5.6	2,234	5.3	221	10.0
<b>Total</b>	<b>341</b>	<b>100.0</b>	<b>41,929</b>	<b>100.0</b>	<b>2,206</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	293	91.8	16,478	39.3	285
Clients with drug abuse only	267	83.7	16,849	40.2	301
Clients with alcohol abuse only	244	76.5	8,563	20.4	151
<b>Total</b>			<b>41,889</b>	<b>100.0</b>	<b>737</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>277</b>	<b>81.2</b>	<b>39,317</b>	<b>93.8</b>	<b>300</b>	<b>45</b>	<b>1,865</b>	<b>84.5</b>
Regular	247	72.4	22,048	52.6	51	33		
Intensive	165	48.4	6,570	15.7	25	21		
Day treatment/partial hospitalization	38	11.1	556	1.3	—	12		
Detoxification	42	12.3	442	1.1	2	5		
Methadone maintenance	75	22.0	9,701	23.1	300	7		
<b>Residential (non-hospital)</b>	<b>78</b>	<b>22.9</b>	<b>2,024</b>	<b>4.8</b>	<b>—</b>	<b>16</b>	<b>321</b>	<b>14.6</b>
Short term (<30 days)	43	12.6	437	1.0	—	12		
Long term (30+ days)	67	19.6	1,417	3.4	—	14		
Detoxification	20	5.9	170	0.4	—	5		
<b>Hospital inpatient</b>	<b>24</b>	<b>7.0</b>	<b>588</b>	<b>1.4</b>	<b>—</b>	<b>17</b>	<b>20</b>	<b>0.9</b>
Treatment	18	5.3	296	0.7	—	18		
Detoxification	24	7.0	292	0.7	—	15		
<b>Total</b>	<b>341</b>		<b>41,929</b>	<b>100.0</b>	<b>300</b>	<b>36</b>	<b>2,206</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>29</b>	<b>2.2</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	9,544	2.3
Methadone	8,621	2.3
Buprenorphine	724	2.6
Naltrexone	199	5.9
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	928	0.9
Buprenorphine	639	0.8
Naltrexone	289	1.5

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	295	86.5
Private health insurance	220	64.5
Medicare	147	43.1
Medicaid	220	64.5
State-financed health insurance	154	45.2
Federal military insurance	112	32.8
No payment accepted	2	0.6
Access to Recovery (ATR) vouchers <sup>2</sup>	15	4.4
IHS/Tribal/Urban (ITU) funds	83	24.3
Other payments	2	0.6
Sliding fee scale	170	49.9
Treatment at no charge for clients who can't pay	132	38.7

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	313	91.8
State substance abuse agency	148	43.4
State mental health department	180	52.8
State department of health	277	81.2
Hospital licensing authority	28	8.2
The Joint Commission	73	21.4
Commission on Accreditation of Rehabilitation Facilities	101	29.6
National Committee for Quality Assurance	9	2.6
Council on Accreditation	21	6.2
Healthcare Facilities Accreditation Program	2	0.6
Other state/local agency/organization	8	2.3

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	141	41.3

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	321	94.1
Screening for mental health disorders	261	76.5
Comprehensive substance abuse assessment or diagnosis	312	91.5
Comprehensive mental health assessment or diagnosis	221	64.8
Screening for tobacco use	215	63.0
Outreach to persons in the community who may need treatment	201	58.9
Interim services for clients when immediate admission is not possible	167	49.0
No services offered	5	1.5
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	164	48.1
Drug or alcohol urine screening	242	71.0
Screening for hepatitis B	96	28.2
Screening for hepatitis C	102	29.9
HIV testing	104	30.5
STD testing	103	30.2
TB screening	131	38.4
No services offered	81	23.8
<b>Counseling</b>		
Individual counseling	321	94.1
Group counseling	325	95.3
Family counseling	288	84.5
Marital/couples counseling	237	69.5
<b>Transitional services</b>		
Discharge planning	330	96.8
Aftercare/continuing care	270	79.2
No services offered	6	1.8
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	59	17.3
Naltrexone (oral)	90	26.4
Extended-release, injectable naltrexone/Vivitrol®	80	23.5
Acamprosate (Campral®)	68	19.9
Nicotine replacement	92	27.0
Non-nicotine smoking/tobacco cessation medications	95	27.9
Medications for psychiatric disorders	185	54.3
Methadone	29	8.5
Buprenorphine with naloxone (Suboxone®)	86	25.2
Buprenorphine without naloxone	66	19.4
Buprenorphine subdermal implant (Probuphine®)	4	1.2
No services offered	131	38.4
<b>Ancillary services</b>		
Case management services	284	83.3
Social skills development	285	83.6
Mentoring/peer support	237	69.5
Child care for clients' children	12	3.5
Assistance with obtaining social services	213	62.5
Employment counseling or training for clients	181	53.1

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	220	64.5
Domestic violence services	186	54.5
Early intervention for HIV	60	17.6
HIV or AIDS education, counseling, or support	125	36.7
Hepatitis education, counseling, or support	128	37.5
Health education other than HIV/AIDS or hepatitis	184	54.0
Substance abuse education	322	94.4
Transportation assistance to treatment	226	66.3
Mental health services	271	79.5
Acupuncture	30	8.8
Residential beds for clients' children	8	2.3
Self-help groups	172	50.4
Smoking/tobacco cessation counseling	149	43.7
No services offered	4	1.2
<b>Other services</b>		
Treatment for gambling disorder	69	20.2
Treatment for Internet use disorder	55	16.1
Treatment for other addiction disorder	127	37.2
No services offered	206	60.4

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	337	98.8
Relapse prevention	320	93.8
Cognitive behavioral therapy	320	93.8
Motivational interviewing	309	90.6
Anger management	284	83.3
Brief intervention	279	81.8
Trauma-related counseling	278	81.5
12-step facilitation	202	59.2
Contingency management/motivational incentives	200	58.7
Dialectical behavior therapy	213	62.5
Rational emotive behavioral therapy	153	44.9
Matrix model	180	52.8
Computerized substance abuse treatment	81	23.8
Community reinforcement plus vouchers	38	11.1
Other treatment approaches	49	14.4

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	53	12
Number of clients <sup>2</sup>	1,581	450
Number of designated beds	1,562	416
Utilization rate <sup>3</sup>	101.2	108.2
Average number of designated beds per facility	29	35

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	136
Methadone	123
Buprenorphine	10
Naltrexone	3

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	163	47.8
Any language other than English	219	64.2
<b>Non-English language provided by</b>		
Staff counselor only	38	17.4
On-call interpreter only	72	32.9
Both staff counselor and on-call interpreter	109	49.8
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	133	90.5
American Indian/Alaskan Native languages	18	12.2
Other	7	4.8

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	303	88.9
Adult women	164	48.1
Clients with co-occurring disorders	201	58.9
Adult men	159	46.6
Clients who have experienced trauma	146	42.8
Criminal justice clients	117	34.3
DUI/DWI clients	89	26.1
Young adults	109	32.0
Adolescents	109	32.0
Clients who have experienced domestic violence	114	33.4
Clients who have experienced sexual abuse	100	29.3
Pregnant or postpartum women	60	17.6
Seniors or older adults	67	19.6
LGBT <sup>1</sup>	72	21.1
Veterans	65	19.1
Clients living with HIV/AIDS	44	12.9
Members of military families	39	11.4
Active duty military	33	9.7
Other	11	3.2
No program or group offered	38	11.1

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

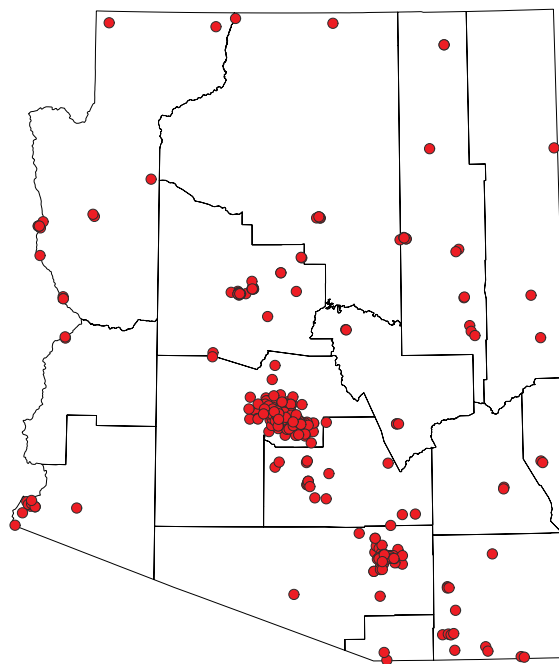
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)