

## 2013 State Profile — California

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In California, 1,551 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 117,159 clients in substance abuse treatment on March 29, 2013. The survey response rate in California was 94.1%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	928	59.8	60,102	51.3	7,196	69.4
Private for-profit	419	27.0	41,502	35.4	1,535	14.8
Local, county, or community government	136	8.8	10,921	9.3	1,442	13.9
State government	6	0.4	635	0.5	54	0.5
Federal government	32	2.1	3,000	2.6	14	0.1
Tribal government	30	1.9	999	0.9	123	1.2
<b>Total</b>	<b>1,551</b>	<b>100.0</b>	<b>117,159</b>	<b>100.0</b>	<b>10,364</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	1,382	91.5	48,592	41.7	147
Clients with drug abuse only	1,217	80.5	48,450	41.5	157
Clients with alcohol abuse only	1,096	72.5	19,574	16.8	62
<b>Total</b>	<b>1,511</b>		<b>116,615</b>	<b>100.0</b>	<b>365</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 40.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>1,115</b>	<b>71.9</b>	<b>101,899</b>	<b>87.0</b>	<b>45</b>	<b>9,679</b>	<b>93.4</b>
Regular	996	64.2	54,492	46.5	24		
Intensive	607	39.1	13,296	11.3	10		
Day treatment/partial hospitalization	252	16.2	3,177	2.7	2		
Detoxification	233	15.0	2,179	1.9	3		
Methadone/buprenorphine maintenance or Vivitrol®	180	11.6	28,755	24.5	120		
<b>Residential (non-hospital)</b>	<b>558</b>	<b>36.0</b>	<b>14,300</b>	<b>12.2</b>	<b>15</b>	<b>621</b>	<b>6.0</b>
Short term (<30 days)	315	20.3	2,444	2.1	3		
Long term (30+ days)	512	33.0	10,748	9.2	12		
Detoxification	170	11.0	1,108	0.9	3		
<b>Hospital Inpatient</b>	<b>46</b>	<b>3.0</b>	<b>960</b>	<b>0.8</b>	<b>10</b>	<b>64</b>	<b>0.6</b>
Treatment	35	2.3	571	0.5	8		
Detoxification	42	2.7	389	0.3	7		
<b>Total</b>	<b>1,551</b>		<b>117,159</b>	<b>100.0</b>	<b>34</b>	<b>10,364</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>148</b>	<b>11.5</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	30,872	92.8
Buprenorphine	420	1.3
Vivitrol®	19	0.1
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	1,734	5.2
Vivitrol®	229	0.7
<b>Total</b>	<b>33,274</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	1,350	87.0
Private health insurance	745	48.0
Medicare	314	20.2
Medicaid	477	30.8
State-financed health insurance	351	22.6
Federal military insurance	202	13.0
No payment accepted	63	4.1
Access to Recovery (ATR) vouchers <sup>2</sup>	126	8.1
IHS/638 contract care funds	71	4.6
Other payments	101	6.5
Sliding fee scale	1,025	66.1
Treatment at no charge for clients who cannot pay	832	53.6

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	1,427	92.0
State substance abuse agency	1,293	83.4
State mental health department	270	17.4
State department of health	376	24.2
Hospital licensing authority	55	3.5
The Joint Commission	139	9.0
Commission on Accreditation of Rehabilitation Facilities	312	20.1
National Committee for Quality Assurance	56	3.6
Council on Accreditation	72	4.6
Other state/local agency/organization	105	6.8

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	899	58.0

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>1,522</b>	<b>98.1</b>
Screening for substance abuse	1,479	95.4
Screening for mental health disorders	915	59.0
Comprehensive substance abuse assessment or diagnosis	1,369	88.3
Comprehensive mental health assessment or diagnosis	526	33.9
Screening for tobacco use	744	48.0
Outreach to persons in the community who may need treatment	1,060	68.3
Interim services for clients when immediate admission is not possible	720	46.4
No services offered	23	1.5
<b>Testing</b>	<b>1,456</b>	<b>93.9</b>
Breathalyzer or other blood alcohol testing	952	61.4
Drug or alcohol urine screening	1,404	90.5
Screening for Hepatitis B	294	19.0
Screening for Hepatitis C	379	24.4
HIV testing	578	37.3
STD testing	358	23.1
TB screening	613	39.5
No services offered	83	5.4
<b>Counseling</b>	<b>1,534</b>	<b>98.9</b>
Individual counseling	1,514	97.6
Group counseling	1,430	92.2
Family counseling	1,125	72.5
Marital/couples counseling	741	47.8
<b>Transitional Services</b>	<b>1,514</b>	<b>97.6</b>
Discharge planning	1,472	94.9
Aftercare/continuing care	1,251	80.7
No services offered	30	1.9
<b>Pharmacotherapies</b>	<b>642</b>	<b>41.4</b>
Disulfiram (Antabuse®)	204	13.2
Naltrexone (oral)	234	15.1
Vivitrol® (injectable Naltrexone)	146	9.4
Acamprosate (Campral®)	160	10.3
Nicotine replacement	267	17.2
Non-nicotine smoking/tobacco cessation medications	193	12.4
Medications for psychiatric disorders	390	25.1
Methadone	200	12.9
Buprenorphine with naloxone (Suboxone®)	305	19.7
Buprenorphine without naloxone	196	12.6
No services offered	802	51.7
<b>Ancillary Services</b>	<b>1,549</b>	<b>99.9</b>
Case management services	1,398	90.1
Social skills development	1,313	84.7
Mentoring/peer support	1,114	71.8
Child care for clients' children	211	13.6
Assistance with obtaining social services	920	59.3
Employment counseling or training for clients	751	48.4
Assistance in locating housing for clients	922	59.4

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	700	45.1
Early intervention for HIV	561	36.2
HIV or AIDS education, counseling, or support	1,062	68.5
Hepatitis education, counseling, or support	839	54.1
Health education other than HIV/AIDS or hepatitis	989	63.8
Substance abuse education	1,518	97.9
Transportation assistance to treatment	817	52.7
Mental health services	823	53.1
Acupuncture	105	6.8
Residential beds for clients' children	92	5.9
Self-help groups	971	62.6
Smoking cessation counseling	602	38.8
No services offered	2	0.1
<b>Other Services</b>	<b>315</b>	<b>20.3</b>
Treatment for gambling disorder	178	11.5
Treatment for Internet use disorder	108	7.0
Treatment for other addiction disorder	258	16.6
No services offered	1,101	71.0

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	1,515	97.7
Relapse prevention	1,456	93.9
Cognitive-behavioral therapy	1,307	84.3
Motivational interviewing	1,322	85.2
Anger management	1,271	81.9
Brief intervention	1,206	77.8
12-step facilitation	1,184	76.3
Trauma-related counseling	1,077	69.4
Contingency management/motivational incentives	967	62.3
Rational emotive behavioral therapy (REBT)	525	33.8
Matrix Model	647	41.7
Community reinforcement plus vouchers	247	15.9
Computerized substance abuse treatment/telemedicine	152	9.8
Other treatment approaches	204	13.2

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	490	31
Number of clients <sup>2</sup>	12,898	765
Number of designated beds	13,688	750
Utilization rate <sup>3</sup>	94.2	102.0
Average number of designated beds per facility	28	24

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	81
Buprenorphine	6
Vivitrol®	*

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	306	19.7
Any language other than English	826	53.3
<b>Non-English Language Provided by:</b>		
Staff counselor only	531	64.3
On-call interpreter only	57	6.9
Both staff counselor and on-call interpreter	238	28.8
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	736	95.7
American Indian/Alaska Native languages	9	1.2
Other	159	20.7

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	1,402	90.4
Adult women	789	50.9
Clients with co-occurring disorders	720	46.4
Adult men	682	44.0
Criminal justice clients	588	37.9
Adolescents	440	28.4
Persons who have experienced trauma	585	37.7
DUI/DWI clients	139	9.0
Young adults	509	32.8
Persons who have experienced domestic violence	437	28.2
Persons who have experienced sexual abuse	415	26.8
Pregnant or postpartum women	386	24.9
Persons with HIV/AIDS	336	21.7
Veterans	283	18.2
LGBT <sup>1</sup>	333	21.5
Seniors or older adults	263	17.0
Members of military families	133	8.6
Active duty military	102	6.6
Other	148	9.5
No program or group offered	365	23.5

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** - - Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues. ‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

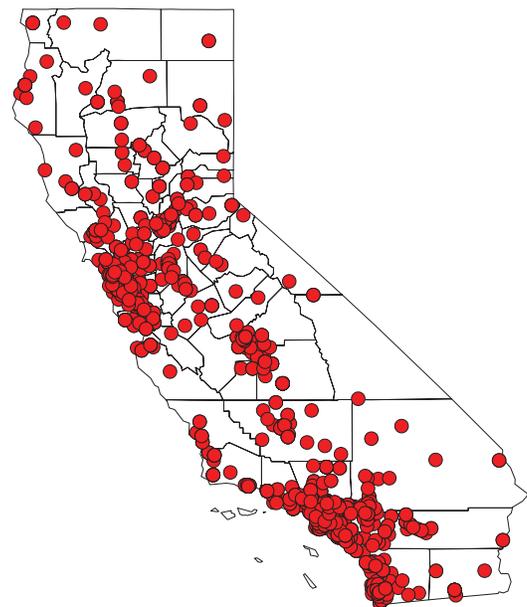
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)