

2017 State Profile — California

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In California, 1,311 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 118,607 clients in substance abuse treatment on March 31, 2017. The survey response rate in California was 87.6 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	699	53.3	44,125	37.2	2,355	47.0
Private for-profit	443	33.8	62,358	52.6	1,885	37.6
Local, county, or community government	110	8.4	8,390	7.1	690	13.8
State government	5	0.4	255	0.2	23	0.5
Federal government	33	2.5	2,556	2.2	16	0.3
Tribal government	21	1.6	923	0.8	44	0.9
Total	1,311	100.0	118,607	100.0	5,013	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	1,117	90.0	37,448	31.6	115
Clients with drug abuse only	1,018	82.0	60,463	51.0	192
Clients with alcohol abuse only	895	72.1	20,696	17.4	65
Total			118,607	100.0	373

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	921	70.3	104,972	88.5	271	33	4,745	94.7
Regular	829	63.2	48,501	40.9	49	28		
Intensive	517	39.4	8,361	7.0	5	12		
Day treatment/partial hospitalization	242	18.5	3,170	2.7	20	8		
Detoxification	207	15.8	1,755	1.5	5	7		
Methadone maintenance	262	20.0	43,185	36.4	287	17		
Residential (non-hospital)	490	37.4	13,020	11.0	127	17	268	5.3
Short term (<30 days)	324	24.7	2,758	2.3	31	7		
Long term (30+ days)	440	33.6	9,289	7.8	96	15		
Detoxification	197	15.0	973	0.8	—	4		
Hospital inpatient	29	2.2	615	0.5	47	11	—	—
Treatment	24	1.8	362	0.3	—	3		
Detoxification	28	2.1	253	0.2	47	5		
Total	1,311		118,607	100.0	271	29	5,013	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	139	10.6
Clients in facilities with OTPs²		
Any MAT	40,790	9.9
Methadone	39,376	10.3
Buprenorphine	489	1.8
Naltrexone	925	27.2
Clients in facilities without OTPs²		
Any MAT	4,682	4.5
Buprenorphine	2,896	3.4
Naltrexone	1,786	9.1

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	1,121	85.5
Private health insurance	734	56.0
Medicare	273	20.8
Medicaid	461	35.2
State-financed health insurance	326	24.9
Federal military insurance	189	14.4
No payment accepted	66	5.0
Access to Recovery (ATR) vouchers ²	55	4.2
IHS/Tribal/Urban (ITU) funds	137	10.5
Other payments	3	0.2
Sliding fee scale	802	61.2
Treatment at no charge for clients who can't pay	611	46.6

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	1,215	92.7
State substance abuse agency	1,018	77.7
State mental health department	217	16.6
State department of health	582	44.4
Hospital licensing authority	47	3.6
The Joint Commission	182	13.9
Commission on Accreditation of Rehabilitation Facilities	366	27.9
National Committee for Quality Assurance	52	4.0
Council on Accreditation	68	5.2
Healthcare Facilities Accreditation Program	12	0.9
Other state/local agency/organization	44	3.4

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	683	52.1

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	1,271	96.9
Screening for mental health disorders	845	64.5
Comprehensive substance abuse assessment or diagnosis	1,179	89.9
Comprehensive mental health assessment or diagnosis	487	37.1
Screening for tobacco use	699	53.3
Outreach to persons in the community who may need treatment	909	69.3
Interim services for clients when immediate admission is not possible	600	45.8
No services offered	14	1.1
Testing		
Breathalyzer or other blood alcohol testing	913	69.6
Drug or alcohol urine screening	1,197	91.3
Screening for hepatitis B	262	20.0
Screening for hepatitis C	339	25.9
HIV testing	433	33.0
STD testing	285	21.7
TB screening	533	40.7
No services offered	75	5.7
Counseling		
Individual counseling	1,299	99.1
Group counseling	1,222	93.2
Family counseling	991	75.6
Marital/couples counseling	701	53.5
Transitional services		
Discharge planning	1,260	96.1
Aftercare/continuing care	1,090	83.1
No services offered	19	1.4
Pharmacotherapies		
Disulfiram (Antabuse®)	246	18.8
Naltrexone (oral)	274	20.9
Extended-release, injectable naltrexone/Vivitrol®	250	19.1
Acamprosate (Campral®)	183	14.0
Nicotine replacement	275	21.0
Non-nicotine smoking/tobacco cessation medications	221	16.9
Medications for psychiatric disorders	407	31.0
Methadone	138	10.5
Buprenorphine with naloxone (Suboxone®)	331	25.2
Buprenorphine without naloxone	210	16.0
Buprenorphine subdermal implant (Probuphine®)	20	1.5
No services offered	687	52.4
Ancillary services		
Case management services	1,200	91.5
Social skills development	1,111	84.7
Mentoring/peer support	919	70.1
Child care for clients' children	170	13.0
Assistance with obtaining social services	819	62.5
Employment counseling or training for clients	604	46.1

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	837	63.8
Domestic violence services	565	43.1
Early intervention for HIV	396	30.2
HIV or AIDS education, counseling, or support	800	61.0
Hepatitis education, counseling, or support	696	53.1
Health education other than HIV/AIDS or hepatitis	767	58.5
Substance abuse education	1,292	98.6
Transportation assistance to treatment	665	50.7
Mental health services	740	56.4
Acupuncture	107	8.2
Residential beds for clients' children	63	4.8
Self-help groups	821	62.6
Smoking/tobacco cessation counseling	579	44.2
No services offered	—	—
Other services		
Treatment for gambling disorder	193	14.7
Treatment for Internet use disorder	144	11.0
Treatment for other addiction disorder	297	22.7
No services offered	964	73.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	1,304	99.5
Relapse prevention	1,281	97.7
Cognitive behavioral therapy	1,184	90.3
Motivational interviewing	1,224	93.4
Anger management	1,079	82.3
Brief intervention	1,079	82.3
Trauma-related counseling	1,049	80.0
12-step facilitation	1,014	77.3
Contingency management/motivational incentives	836	63.8
Dialectical behavior therapy	660	50.3
Rational emotive behavioral therapy	502	38.3
Matrix model	644	49.1
Computerized substance abuse treatment	190	14.5
Community reinforcement plus vouchers	210	16.0
Other treatment approaches	120	9.2

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	438	23
Number of clients ²	12,340	565
Number of designated beds	13,180	594
Utilization rate ³	93.6	95.1
Average number of designated beds per facility	30	26

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	103
Methadone	100
Buprenorphine	1
Naltrexone	2

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	320	24.4
Any language other than English	726	55.4
Non-English language provided by		
Staff counselor only	342	47.1
On-call interpreter only	102	14.0
Both staff counselor and on-call interpreter	282	38.8
Languages provided by staff counselor¹		
Spanish	603	96.6
American Indian/Alaskan Native languages	5	0.8
Other	120	19.2

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	1,158	88.3
Adult women	715	54.5
Clients with co-occurring disorders	720	54.9
Adult men	686	52.3
Clients who have experienced trauma	629	48.0
Criminal justice clients	523	39.9
DUI/DWI clients	117	8.9
Young adults	436	33.3
Adolescents	279	21.3
Clients who have experienced domestic violence	424	32.3
Clients who have experienced sexual abuse	423	32.3
Pregnant or postpartum women	389	29.7
Seniors or older adults	343	26.2
LGBT ¹	355	27.1
Veterans	319	24.3
Clients living with HIV/AIDS	342	26.1
Members of military families	179	13.7
Active duty military	148	11.3
Other	49	3.7
No program or group offered	153	11.7

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

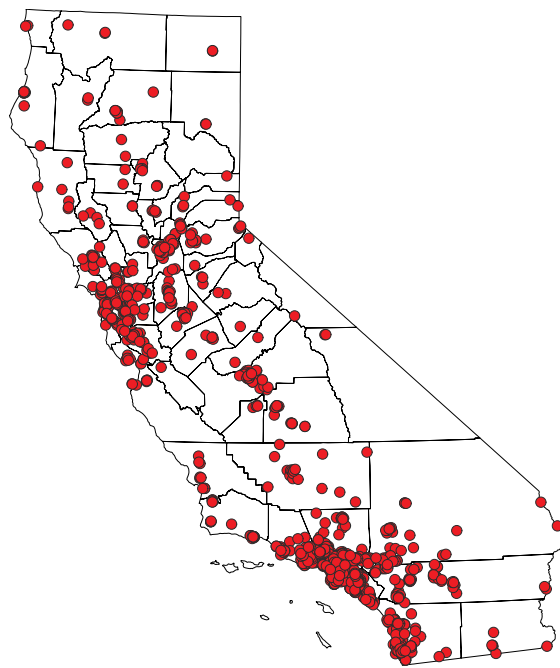
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data