

# State Profile - Connecticut

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Connecticut**, 227 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 21,363 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Connecticut** was 95%.

| <b>Facility Ownership/Operation</b> |                   |             | <b>Clients in Treatment on March 31, 2004</b> |             |                             |             |  |  |
|-------------------------------------|-------------------|-------------|---|-------------|-----------------------------|-------------|--|--|
|                                     | <b>Facilities</b> |             | <b>All Clients</b>                            |             | <b>Clients Under Age 18</b> |             |  |  |
|                                     | <b>No.</b>        | <b>%</b>    | <b>No.</b>                                    | <b>%</b>    | <b>No.</b>                  | <b>%</b>    |  |  |
| Private non-profit                  | 195               | 86%         | 17,464  | 82%         | 752                         | 95%         |  |  |
| Private for-profit                  | 15                | 7%          | 1,616   | 8%          | 29                          | 4%          |  |  |
| Local government                    | 2                 | 1%          | 53  | <1%         | 5                           | 1%          |  |  |
| State government                    | 11                | 5%          | 1,370   | 6%          | 2                           | <1%         |  |  |
| Federal government                  | 3                 | 1%          | 840   | 4%          | –                           | –           |  |  |
| Dept. of Veterans Affairs           | 2                 | 1%          | 790   | 4%          | –                           | –           |  |  |
| Dept. of Defense                    | 1                 | <1%         | 50  | <1%         | –                           | –           |  |  |
| Indian Health Service               | –                 | –           | –   | –           | –                           | –           |  |  |
| Other                               | –                 | –           | –   | –           | –                           | –           |  |  |
| Tribal government                   | 1                 | <1%         | 20  | <1%         | 4                           | 1%          |  |  |
| <b>Total</b>                        | <b>227</b>        | <b>100%</b> | <b>21,363</b>                                 | <b>100%</b> | <b>792</b>                  | <b>100%</b> |  |  |

| <b>Primary Focus of Facility</b>                          |                   |             | <b>Clients in Treatment on March 31, 2004</b> |             |                             |             |  |  |
|---|-------------------|-------------|---|-------------|-----------------------------|-------------|--|--|
|   | <b>Facilities</b> |             | <b>All Clients</b>                            |             | <b>Clients Under Age 18</b> |             |  |  |
|   | <b>No.</b>        | <b>%</b>    | <b>No.</b>                                    | <b>%</b>    | <b>No.</b>                  | <b>%</b>    |  |  |
| Substance abuse treatment services                        | 141               | 62%         | 14,565  | 68%         | 341                         | 43%         |  |  |
| Mental health services                                    | 15                | 7%          | 1,365   | 6%          | 29                          | 4%          |  |  |
| Mix of mental health & substance abuse treatment services | 61                | 27%         | 3,705   | 17%         | 258                         | 33%         |  |  |
| General health care                                       | 5                 | 2%          | 965   | 5%          | 14                          | 2%          |  |  |
| Other/unknown   | 5                 | 2%          | 763   | 4%          | 150                         | 19%         |  |  |
| <b>Total</b>  | <b>227</b>        | <b>100%</b> | <b>21,363</b>                                 | <b>100%</b> | <b>792</b>                  | <b>100%</b> |  |  |

| <b>Substance Abuse Problem Treated</b>   |                               |          | <b>Clients in Treatment on March 31, 2004</b> |             |                                 |  |  |  |
|--|-------------------------------|----------|---|-------------|---------------------------------|--|--|--|
|  | <b>Facilities<sup>1</sup></b> |          | <b>Clients</b>                                |             | <b>Clients per 100,000 Pop.</b> |  |  |  |
|  | <b>No.</b>                    | <b>%</b> | <b>No.</b>                                    | <b>%</b>    | <b>Aged 18 and Over</b>         |  |  |  |
| Clients with both alcohol and drug abuse | 203                           | 94%      | 7,960   | 34%         | 309                             |  |  |  |
| Clients with drug abuse only             | 194                           | 90%      | 10,421  | 49%         | 414                             |  |  |  |
| Clients with alcohol abuse only          | 169                           | 79%      | 2,922   | 14%         | 115                             |  |  |  |
| <b>Total<sup>2</sup></b>                 | <b>215</b>                    |          | <b>21,303</b>                                 | <b>100%</b> | <b>838</b>                      |  |  |  |

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Excludes 12 facilities that were not asked or did not respond to this question.

## Type of Care

|                                       | Clients in Treatment on March 31, 2004 |            |               |             |                                    |                      |             |
|---------------------------------------|--|------------|---------------|-------------|------------------------------------|----------------------|-------------|
|                                       | Facilities <sup>1</sup>                |            | All Clients   |             |                                    | Clients Under Age 18 |             |
|                                       | No.                                    | %          | No.           | %           | Median No. of Clients Per Facility | No.                  | %           |
| <b>Outpatient</b>                     | <b>170</b>                             | <b>75%</b> | <b>18,960</b> | <b>89%</b>  | <b>45</b>                          | <b>704</b>           | <b>89%</b>  |
| Regular outpatient                    | 131                                    | 58%        | 8,023         | 38%         | 30                                 |                      |             |
| Intensive outpatient                  | 81                                     | 36%        | 1,715         | 8%          | 12                                 |                      |             |
| Day treatment/partial hospitalization | 48                                     | 21%        | 666           | 3%          | 10                                 |                      |             |
| Detoxification                        | 29                                     | 13%        | 302           | 1%          | 4                                  |                      |             |
| Methadone                             | 28                                     | 12%        | 8,254         | 39%         | 243                                |                      |             |
| <b>Residential</b>                    | <b>70</b>                              | <b>31%</b> | <b>1,778</b>  | <b>8%</b>   | <b>18</b>                          | <b>82</b>            | <b>10%</b>  |
| Short term                            | 25                                     | 11%        | 573           | 3%          | 15                                 |                      |             |
| Long term                             | 53                                     | 23%        | 1,084         | 5%          | 14                                 |                      |             |
| Detoxification                        | 8                                      | 4%         | 121           | 1%          | 14                                 |                      |             |
| <b>Hospital Inpatient</b>             | <b>24</b>                              | <b>11%</b> | <b>625</b>    | <b>3%</b>   | <b>10</b>                          | <b>6</b>             | <b>1%</b>   |
| Rehabilitation                        | 17                                     | 8%         | 239           | 1%          | 5                                  |                      |             |
| Detoxification                        | 19                                     | 8%         | 386           | 2%          | 8                                  |                      |             |
| <b>Total</b>                          | <b>227</b>                             |            | <b>21,363</b> | <b>100%</b> | <b>35</b>                          | <b>792</b>           | <b>100%</b> |

<sup>1</sup> Facilities may be included in more than one category.

## Opioid Treatment Programs (OTPs)

|  | No.          | %           |
|--|--------------|-------------|
| <b>Facilities with OTPs</b>            |              |             |
| Maintenance only                       | 11           | 26%         |
| Detoxification only                    | 12           | 28%         |
| Both maintenance and detoxification    | 20           | 47%         |
| <b>Total</b>                           | <b>43</b>    | <b>100%</b> |
| <b>Clients in Facilities with OTPs</b> | <b>9,015</b> |             |
| Methadone                              | 8,999        |             |
| Buprenorphine                          | 16           |             |

## Type of Payment Accepted

|   | Facilities |     |
|---|------------|-----|
|   | No.        | %   |
| Cash or self-payment                              | 209        | 92% |
| Private health insurance                          | 159        | 70% |
| Medicare  | 99         | 44% |
| Medicaid  | 164        | 72% |
| Other State-financed health insurance             | 131        | 58% |
| Federal military insurance                        | 64         | 38% |
| No payment accepted                               | 7          | 31% |
| Other type of payment                             | 14         | 62% |
| Sliding fee scale                                 | 167        | 74% |
| Treatment at no charge for clients who cannot pay | 149        | 66% |

## Facility Capacity and Utilization Rate

|  | Residential | Hospital Inpatient |
|--|-------------|--------------------|
| No. of facilities <sup>1</sup>         | 65          | 14                 |
| No. of clients                         | 1,663       | 564                |
| Designated beds                        | 1,711       | 355                |
| Utilization rate                       | 97%         | 159%               |
| Designated beds per facility (average) | 26          | 25                 |

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

## Facility Licensing, Approval, Certification, or Accreditation

|   | Facilities |     |
|---|------------|-----|
|   | No.        | %   |
| Any listed agency/organization  | 212        | 93% |
| State substance abuse agency  | 137        | 60% |
| State mental health department  | 114        | 50% |
| State public health department/board of health                        | 197        | 87% |
| Hospital licensing authority  | 27         | 12% |
| JCAHO (Joint Commission on Accreditation of Healthcare Organizations) | 87         | 38% |
| CARF (Rehabilitation Accreditation Commission)                        | 69         | 30% |
| NCQA (National Committee for Quality Assurance)                       | 4          | 2%  |
| COA (Council for Accreditation for Children and Family Services)      | 10         | 4%  |
| Other State/Local Agency/Organization                                 | 17         | 8%  |

## Facility Administrative and Funding Characteristics

|   | Facilities |     |
|---|------------|-----|
|   | No.        | %   |
| Has agreements or contracts with managed care organizations for provision of substance abuse treatment services | 168        | 74% |
| Receives Federal, State, county, or local government funds for substance abuse treatment programs               | 177        | 78% |

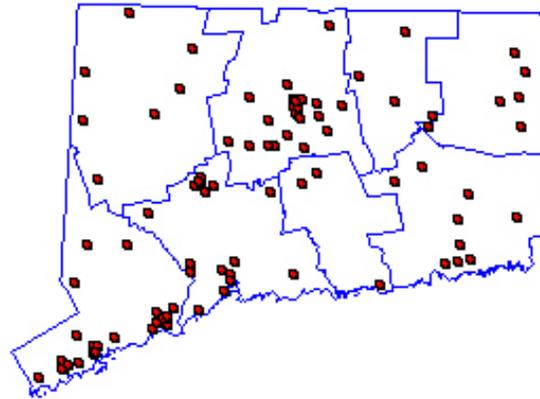
## Programs for Special Groups

|                              | Facilities |     |
|------------------------------|------------|-----|
|                              | No.        | %   |
| Any program or group         | 185        | 82% |
| Adolescents                  | 36         | 16% |
| Co-occurring disorders       | 98         | 43% |
| Criminal justice clients     | 48         | 21% |
| Persons with HIV or AIDS     | 48         | 21% |
| Gays and lesbians            | 6          | 3%  |
| Seniors or older adults      | 24         | 11% |
| Women                        | 91         | 40% |
| Pregnant or postpartum women | 42         | 19% |
| Men                          | 61         | 27% |
| DUI/DWI offenders            | 23         | 10% |
| Other groups                 | 45         | 20% |

## Types of Services Offered

|   | Facilities |            |
|---|------------|------------|
|   | No.        | %          |
| <b>Assessment Services</b>                            | <b>215</b> | <b>95%</b> |
| Comprehensive substance abuse assessment or diagnosis | 210        | 93%        |
| Comprehensive mental health assessment or diagnosis   | 104        | 46%        |
| <b>Substance Abuse Therapy and Counseling</b>         | <b>225</b> | <b>99%</b> |
| Family counseling                                     | 192        | 85%        |
| Group therapy   | 207        | 91%        |
| Individual therapy                                    | 211        | 93%        |
| Relapse prevention                                    | 190        | 84%        |
| Aftercare counseling                                  | 160        | 70%        |
| <b>Pharmacotherapies</b>                              | <b>60</b>  | <b>26%</b> |
| Antabuse  | 55         | 24%        |
| Naltrexone  | 42         | 19%        |
| Buprenorphine   | 12         | 5%         |
| Methadone   | 46         | 20%        |
| <b>Testing</b>  | <b>214</b> | <b>94%</b> |
| Breathalyzer or blood alcohol testing                 | 164        | 72%        |
| Drug or alcohol urine screening                       | 212        | 93%        |
| Screening for Hepatitis B                             | 72         | 32%        |
| Screening for Hepatitis C                             | 76         | 33%        |
| HIV testing   | 91         | 40%        |
| STD testing   | 65         | 29%        |
| TB screening  | 87         | 38%        |
| <b>Transitional Services</b>                          | <b>222</b> | <b>98%</b> |
| Assistance with obtaining social services             | 174        | 77%        |
| Discharge planning                                    | 215        | 95%        |
| Employment counseling or training                     | 73         | 32%        |
| Housing assistance                                    | 123        | 54%        |
| <b>Other Services</b>                                 | <b>207</b> | <b>91%</b> |
| Case management services                              | 159        | 70%        |
| Child care  | 19         | 8%         |
| Domestic violence                                     | 64         | 28%        |
| HIV or AIDS education, counseling or support          | 124        | 55%        |
| Outcome follow-up after discharge                     | 109        | 48%        |
| Transportation assistance to treatment                | 87         | 38%        |
| Acupuncture   | 19         | 8%         |
| Residential beds for clients' children                | 15         | 7%         |

## Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

## Services for the Hearing Impaired or in Languages Other than English

|  | Facilities |     |
|--|------------|-----|
|  | No.        | %   |
| Hearing impaired/sign language               | 53         | 23% |
| Any language other than English              | 117        | 52% |
| Staff counselor                              | 91         | 78% |
| On-call interpreter                          | 9          | 8%  |
| Both staff counselor and on-call interpreter | 17         | 15% |
| Spanish                                      | 101        | 45% |
| American Indian/Alaska Native languages      | –          | –   |
| Other  | 32         | 14% |

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<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:  
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:  
<http://www.oas.samhsa.gov>



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