

2017 State Profile — Connecticut

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Connecticut, 210 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 41,873 clients in substance abuse treatment on March 31, 2017. The survey response rate in Connecticut was 92.2 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	181	86.2	37,416	89.4	674	97.3
Private for-profit	16	7.6	2,773	6.6	19	2.7
Local, county, or community government	2	1.0	30	0.1	—	—
State government	6	2.9	644	1.5	—	—
Federal government	3	1.4	981	2.3	—	—
Tribal government	2	1.0	29	0.1	—	—
Total	210	100.0	41,873	100.0	693	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	189	94.5	15,766	37.7	542
Clients with drug abuse only	173	86.5	20,565	49.1	715
Clients with alcohol abuse only	158	79.0	5,542	13.2	191
Total			41,873	100.0	1,448

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	167	79.5	39,513	94.4	491	76	645	93.1
Regular	146	69.5	18,769	44.8	45	67		
Intensive	96	45.7	3,339	8.0	24	25		
Day treatment/partial hospitalization	25	11.9	270	0.6	50	15		
Detoxification	26	12.4	58	0.1	4	5		
Methadone maintenance	77	36.7	17,077	40.8	488	25		
Residential (non-hospital)	49	23.3	2,024	4.8	29	16	31	4.5
Short term (<30 days)	29	13.8	1,038	2.5	18	20		
Long term (30+ days)	31	14.8	700	1.7	45	11		
Detoxification	9	4.3	286	0.7	13	111		
Hospital inpatient	10	4.8	336	0.8	34	8	17	2.5
Treatment	8	3.8	241	0.6	24	7		
Detoxification	10	4.8	95	0.2	10	3		
Total	210		41,873	100.0	477	60	693	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	34	2.6
Clients in facilities with OTPs²		
Any MAT	14,618	3.5
Methadone	13,793	3.6
Buprenorphine	789	2.9
Naltrexone	36	1.1
Clients in facilities without OTPs²		
Any MAT	1,714	1.6
Buprenorphine	1,261	1.5
Naltrexone	453	2.3

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	192	91.4
Private health insurance	169	80.5
Medicare	115	54.8
Medicaid	180	85.7
State-financed health insurance	143	68.1
Federal military insurance	83	39.5
No payment accepted	2	1.0
Access to Recovery (ATR) vouchers ²	38	18.1
IHS/Tribal/Urban (ITU) funds	9	4.3
Other payments	—	—
Sliding fee scale	152	72.4
Treatment at no charge for clients who can't pay	99	47.1

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	205	97.6
State substance abuse agency	133	63.3
State mental health department	131	62.4
State department of health	191	91.0
Hospital licensing authority	12	5.7
The Joint Commission	75	35.7
Commission on Accreditation of Rehabilitation Facilities	60	28.6
National Committee for Quality Assurance	5	2.4
Council on Accreditation Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	12	5.7

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	152	72.4

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	202	96.2
Screening for mental health disorders	191	91.0
Comprehensive substance abuse assessment or diagnosis	197	93.8
Comprehensive mental health assessment or diagnosis	150	71.4
Screening for tobacco use	172	81.9
Outreach to persons in the community who may need treatment	102	48.6
Interim services for clients when immediate admission is not possible	63	30.0
No services offered	4	1.9
Testing		
Breathalyzer or other blood alcohol testing	172	81.9
Drug or alcohol urine screening	199	94.8
Screening for hepatitis B	56	26.7
Screening for hepatitis C	61	29.0
HIV testing	69	32.9
STD testing	47	22.4
TB screening	68	32.4
No services offered	8	3.8
Counseling		
Individual counseling	204	97.1
Group counseling	197	93.8
Family counseling	185	88.1
Marital/couples counseling	150	71.4
Transitional services		
Discharge planning	204	97.1
Aftercare/continuing care	166	79.0
No services offered	2	1.0
Pharmacotherapies		
Disulfiram (Antabuse®)	80	38.1
Naltrexone (oral)	90	42.9
Extended-release, injectable naltrexone/Vivitrol®	73	34.8
Acamprosate (Campral®)	83	39.5
Nicotine replacement	97	46.2
Non-nicotine smoking/tobacco cessation medications	83	39.5
Medications for psychiatric disorders	153	72.9
Methadone	33	15.7
Buprenorphine with naloxone (Suboxone®)	79	37.6
Buprenorphine without naloxone	45	21.4
Buprenorphine subdermal implant (Probuphine®)	2	1.0
No services offered	36	17.1
Ancillary services		
Case management services	165	78.6
Social skills development	159	75.7
Mentoring/peer support	116	55.2
Child care for clients' children	15	7.1
Assistance with obtaining social services	163	77.6
Employment counseling or training for clients	82	39.0

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	118	56.2
Domestic violence services	84	40.0
Early intervention for HIV	54	25.7
HIV or AIDS education, counseling, or support	97	46.2
Hepatitis education, counseling, or support	77	36.7
Health education other than HIV/AIDS or hepatitis	104	49.5
Substance abuse education	204	97.1
Transportation assistance to treatment	95	45.2
Mental health services	194	92.4
Acupuncture	39	18.6
Residential beds for clients' children	6	2.9
Self-help groups	110	52.4
Smoking/tobacco cessation counseling	123	58.6
No services offered	—	—
Other services		
Treatment for gambling disorder	81	38.6
Treatment for Internet use disorder	33	15.7
Treatment for other addiction disorder	78	37.1
No services offered	106	50.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	210	100.0
Relapse prevention	206	98.1
Cognitive behavioral therapy	201	95.7
Motivational interviewing	195	92.9
Anger management	181	86.2
Brief intervention	172	81.9
Trauma-related counseling	183	87.1
12-step facilitation	147	70.0
Contingency management/motivational incentives	103	49.0
Dialectical behavior therapy	113	53.8
Rational emotive behavioral therapy	69	32.9
Matrix model	65	31.0
Computerized substance abuse treatment	13	6.2
Community reinforcement plus vouchers	25	11.9
Other treatment approaches	9	4.3

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	46	4
Number of clients ²	1,641	246
Number of designated beds	1,333	226
Utilization rate ³	123.1	108.8
Average number of designated beds per facility	29	57

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	407
Methadone	384
Buprenorphine	22
Naltrexone	1

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	58	27.6
Any language other than English	129	61.4
Non-English language provided by		
Staff counselor only	47	36.4
On-call interpreter only	25	19.4
Both staff counselor and on-call interpreter	57	44.2
Languages provided by staff counselor¹		
Spanish	103	99.0
American Indian/Alaskan Native languages	—	—
Other	24	23.1

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	180	85.7
Adult women	123	58.6
Clients with co-occurring disorders	148	70.5
Adult men	123	58.6
Clients who have experienced trauma	120	57.1
Criminal justice clients	73	34.8
DUI/DWI clients	16	7.6
Young adults	66	31.4
Adolescents	37	17.6
Clients who have experienced domestic violence	59	28.1
Clients who have experienced sexual abuse	66	31.4
Pregnant or postpartum women	46	21.9
Seniors or older adults	49	23.3
LGBT ¹	46	21.9
Veterans	42	20.0
Clients living with HIV/AIDS	53	25.2
Members of military families	26	12.4
Active duty military	22	10.5
Other	9	4.3
No program or group offered	30	14.3

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

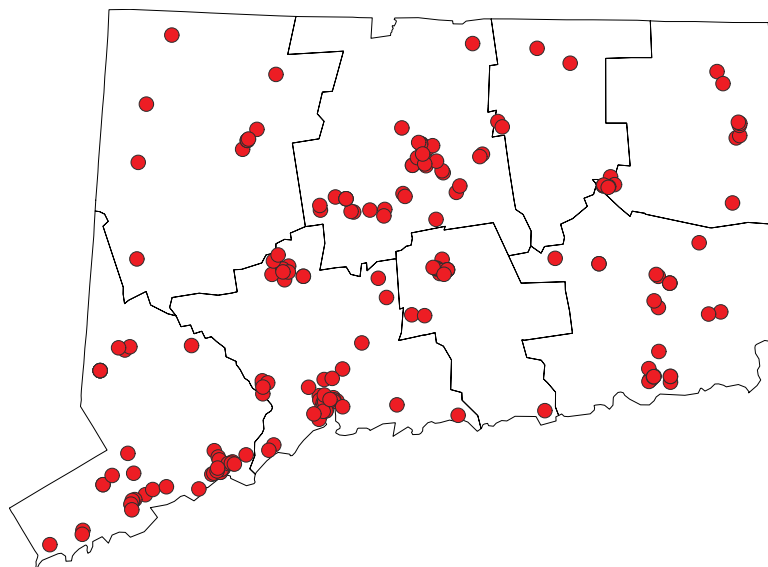
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data