

2017 State Profile — Delaware

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Delaware, 34 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 7,738 clients in substance abuse treatment on March 31, 2017. The survey response rate in Delaware was 79.2 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	18	52.9	5,406	69.9	7	7.6
Private for-profit	15	44.1	2,041	26.4	85	92.4
Local, county, or community government	—	—	—	—	—	—
State government	—	—	—	—	—	—
Federal government	1	2.9	291	3.8	—	—
Tribal government	—	—	—	—	—	—
Total	34	100.0	7,738	100.0	92	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	30	93.8	2,350	30.4	304
Clients with drug abuse only	30	93.8	4,279	55.3	561
Clients with alcohol abuse only	24	75.0	1,109	14.3	145
Total			7,738	100.0	1,009

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	32	94.1	7,603	98.3	435	70	92	100.0
Regular	30	88.2	2,687	34.7	55	55		
Intensive	15	44.1	162	2.1	20	15		
Day treatment/partial hospitalization	3	8.8	28	0.4	20	8		
Detoxification	9	26.5	535	6.9	30	1		
Methadone maintenance	18	52.9	4,191	54.2	400	19		
Residential (non-hospital)	3	8.8	115	1.5	74	21	—	—
Short term (<30 days)	3	8.8	29	0.4	3	26		
Long term (30+ days)	2	5.9	70	0.9	55	15		
Detoxification	1	2.9	16	0.2	16	—		
Hospital inpatient	1	2.9	20	0.3	—	20	—	—
Treatment	1	2.9	10	0.1	—	10		
Detoxification	1	2.9	10	0.1	—	10		
Total	34		7,738	100.0	435	60	92	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	9	0.7
Clients in facilities with OTPs²		
Any MAT	5,390	1.3
Methadone	3,555	0.9
Buprenorphine	1,382	5.0
Naltrexone	453	13.3
Clients in facilities without OTPs²		
Any MAT	545	0.5
Buprenorphine	445	0.5
Naltrexone	100	0.5

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	33	97.1
Private health insurance	28	82.4
Medicare	15	44.1
Medicaid	31	91.2
State-financed health insurance	18	52.9
Federal military insurance	16	47.1
No payment accepted	—	—
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	—	—
Other payments	—	—
Sliding fee scale	25	73.5
Treatment at no charge for clients who can't pay	11	32.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	27	79.4
State substance abuse agency	23	67.6
State mental health department	10	29.4
State department of health	8	23.5
Hospital licensing authority	3	8.8
The Joint Commission	13	38.2
Commission on Accreditation of Rehabilitation Facilities	10	29.4
National Committee for Quality Assurance	—	—
Council on Accreditation Healthcare Facilities Accreditation Program	4	11.8
Other state/local agency/organization	—	—

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	16	47.1

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	31	91.2
Screening for mental health disorders	30	88.2
Comprehensive substance abuse assessment or diagnosis	32	94.1
Comprehensive mental health assessment or diagnosis	18	52.9
Screening for tobacco use	21	61.8
Outreach to persons in the community who may need treatment	17	50.0
Interim services for clients when immediate admission is not possible	15	44.1
No services offered	—	—
Testing		
Breathalyzer or other blood alcohol testing	18	52.9
Drug or alcohol urine screening	27	79.4
Screening for hepatitis B	9	26.5
Screening for hepatitis C	13	38.2
HIV testing	13	38.2
STD testing	12	35.3
TB screening	14	41.2
No services offered	7	20.6
Counseling		
Individual counseling	34	100.0
Group counseling	31	91.2
Family counseling	32	94.1
Marital/couples counseling	25	73.5
Transitional services		
Discharge planning	31	91.2
Aftercare/continuing care	28	82.4
No services offered	—	—
Pharmacotherapies		
Disulfiram (Antabuse®)	8	23.5
Naltrexone (oral)	15	44.1
Extended-release, injectable naltrexone/Vivitrol®	19	55.9
Acamprosate (Campral®)	10	29.4
Nicotine replacement	7	20.6
Non-nicotine smoking/tobacco cessation medications	6	17.6
Medications for psychiatric disorders	18	52.9
Methadone	8	23.5
Buprenorphine with naloxone (Suboxone®)	13	38.2
Buprenorphine without naloxone	11	32.4
Buprenorphine subdermal implant (Probuphine®)	—	—
No services offered	9	26.5
Ancillary services		
Case management services	21	61.8
Social skills development	23	67.6
Mentoring/peer support	16	47.1
Child care for clients' children	—	—
Assistance with obtaining social services	21	61.8
Employment counseling or training for clients	12	35.3

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	20	58.8
Domestic violence services	12	35.3
Early intervention for HIV	11	32.4
HIV or AIDS education, counseling, or support	16	47.1
Hepatitis education, counseling, or support	16	47.1
Health education other than HIV/AIDS or hepatitis	16	47.1
Substance abuse education	28	82.4
Transportation assistance to treatment	11	32.4
Mental health services	28	82.4
Acupuncture	—	—
Residential beds for clients' children	—	—
Self-help groups	13	38.2
Smoking/tobacco cessation counseling	12	35.3
No services offered	1	2.9
Other services		
Treatment for gambling disorder	11	32.4
Treatment for Internet use disorder	5	14.7
Treatment for other addiction disorder	10	29.4
No services offered	21	61.8

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	34	100.0
Relapse prevention	34	100.0
Cognitive behavioral therapy	32	94.1
Motivational interviewing	33	97.1
Anger management	27	79.4
Brief intervention	22	64.7
Trauma-related counseling	32	94.1
12-step facilitation	23	67.6
Contingency management/motivational incentives	17	50.0
Dialectical behavior therapy	14	41.2
Rational emotive behavioral therapy	15	44.1
Matrix model	14	41.2
Computerized substance abuse treatment	5	14.7
Community reinforcement plus vouchers	5	14.7
Other treatment approaches	1	2.9

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	3	1
Number of clients ²	115	20
Number of designated beds	78	35
Utilization rate ³	147.4	57.1
Average number of designated beds per facility	26	35

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	560
Methadone	370
Buprenorphine	144
Naltrexone	47

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	8	23.5
Any language other than English	14	41.2
Non-English language provided by		
Staff counselor only	8	57.1
On-call interpreter only	2	14.3
Both staff counselor and on-call interpreter	4	28.6
Languages provided by staff counselor¹		
Spanish	12	100.0
American Indian/Alaskan Native languages	—	—
Other	2	16.7

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	28	82.4
Adult women	14	41.2
Clients with co-occurring disorders	18	52.9
Adult men	13	38.2
Clients who have experienced trauma	10	29.4
Criminal justice clients	5	14.7
DUI/DWI clients	11	32.4
Young adults	10	29.4
Adolescents	5	14.7
Clients who have experienced domestic violence	5	14.7
Clients who have experienced sexual abuse	6	17.6
Pregnant or postpartum women	11	32.4
Seniors or older adults	6	17.6
LGBT ¹	5	14.7
Veterans	5	14.7
Clients living with HIV/AIDS	5	14.7
Members of military families	5	14.7
Active duty military	3	8.8
Other	—	—
No program or group offered	6	17.6

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

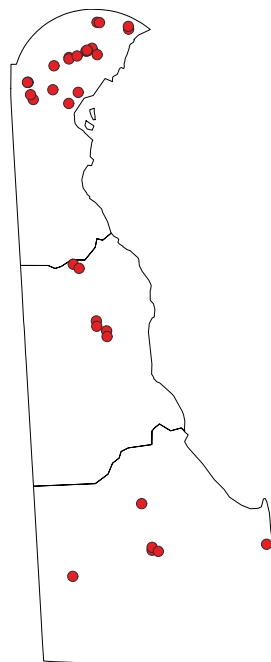
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data