

State Profile - Iowa

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Iowa**, 128 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 8,220 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Iowa** was 100%.

Facility Ownership/Operation			Clients in Treatment on March 31, 2004			
	Facilities		All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	108	84%	7,041	86%	841	92%
Private for-profit	10	8%	579	7%	58	6%
Local government	3	2%	62	1%	3	<1%
State government	4	3%	113	1%	5	1%
Federal government	2	2%	386	5%	–	–
Dept. of Veterans Affairs	2	2%	386	5%	–	–
Dept. of Defense	–	–	–	–	–	–
Indian Health Service	–	–	–	–	–	–
Other	–	–	–	–	–	–
Tribal government	1	1%	40	1%	3	<1%
Total	128	100%	8,220	100%	910	100%

Primary Focus of Facility			Clients in Treatment on March 31, 2004			
	Facilities		All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	100	78%	5,800	71%	611	67%
Mental health services	–	–	–	–	–	–
Mix of mental health & substance abuse treatment services	26	20%	2,048	25%	299	33%
General health care	2	2%	372	4%	–	–
Other/unknown	–	–	–	–	–	–
Total	128	100%	8,220	100%	910	100%

Substance Abuse Problem Treated			Clients in Treatment on March 31, 2004			
	Facilities¹		Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	105	98%	4,252	52%	171	
Clients with drug abuse only	84	79%	1,643	20%	68	
Clients with alcohol abuse only	89	83%	2,325	28%	98	
Total²	107		8,220	100%	337	

¹ Facilities may be included in more than one category.

² Excludes 21 facilities that were not asked or did not respond to this question.

Type of Care

Clients in Treatment on March 31, 2004

	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	118	92%	7,579	92%	28	752	83%
Regular outpatient	113	88%	5,819	71%	24		
Intensive outpatient	84	66%	1,271	16%	8		
Day treatment/partial hospitalization	21	16%	216	3%	5		
Detoxification	8	6%	20	<1%	1		
Methadone	2	2%	253	3%	127		
Residential	32	25%	620	8%	14	156	16%
Short term	21	16%	200	2%	8		
Long term	26	20%	400	5%	11		
Detoxification	8	6%	20	<1%	2		
Hospital Inpatient	15	12%	21	<1%	1	2	1%
Rehabilitation	7	6%	5	<1%	–		
Detoxification	13	10%	16	<1%	1		
Total	128		8,220	100%	28	910	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	–	–
Detoxification only	–	–
Both maintenance and detoxification	2	100%
Total	2	100%
Clients in Facilities with OTPs	256	
Methadone	256	
Buprenorphine	–	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	124	97%
Private health insurance	121	95%
Medicare	44	33%
Medicaid	118	92%
Other State-financed health insurance	75	57%
Federal military insurance	71	56%
No payment accepted	2	2%
Other type of payment	7	6%
Sliding fee scale	98	76%
Treatment at no charge for clients who cannot pay	57	45%

Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities ¹	28	2
No. of clients	558	9
Designated beds	657	37
Utilization rate	85%	24%
Designated beds per facility (average)	23	19

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	125	98%
State substance abuse agency	117	91%
State mental health department	19	15%
State public health department/board of health	78	61%
Hospital licensing authority	17	13%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	25	20%
CARF (Rehabilitation Accreditation Commission)	17	13%
NCQA (National Committee for Quality Assurance)	3	2%
COA (Council for Accreditation for Children and Family Services)	2	2%
Other State/Local Agency/Organization	3	2%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	110	86%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	103	81%

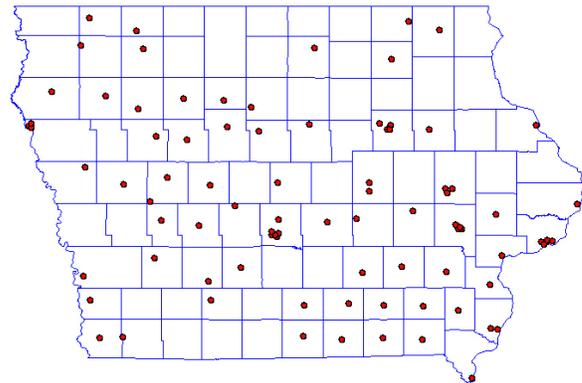
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	95	74%
Adolescents	60	47%
Co-occurring disorders	45	35%
Criminal justice clients	19	15%
Persons with HIV or AIDS	6	5%
Gays and lesbians	5	4%
Seniors or older adults	4	3%
Women	26	20%
Pregnant or postpartum women	13	10%
Men	20	16%
DUI/DWI offenders	40	31%
Other groups	9	7%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	125	98%
Comprehensive substance abuse assessment or diagnosis	125	98%
Comprehensive mental health assessment or diagnosis	32	25%
Substance Abuse Therapy and Counseling	128	100%
Family counseling	114	89%
Group therapy	119	93%
Individual therapy	127	99%
Relapse prevention	105	82%
Aftercare counseling	113	88%
Pharmacotherapies	28	22%
Antabuse	28	22%
Naltrexone	7	5%
Buprenorphine	2	2%
Methadone	2	2%
Testing	115	90%
Breathalyzer or blood alcohol testing	61	48%
Drug or alcohol urine screening	112	88%
Screening for Hepatitis B	26	20%
Screening for Hepatitis C	26	20%
HIV testing	28	22%
STD testing	26	20%
TB screening	43	34%
Transitional Services	119	93%
Assistance with obtaining social services	70	55%
Discharge planning	118	82%
Employment counseling or training	31	24%
Assistance in locating housing	39	30%
Other Services	116	91%
Case management services	84	66%
Child care	16	13%
Domestic violence	33	26%
HIV or AIDS education, counseling, or support	74	58%
Outcome follow-up after discharge	88	69%
Transportation assistance to treatment	26	20%
Acupuncture	4	3%
Residential beds for clients' children	7	5%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	55	43%
Any language other than English	78	61%
Staff counselor	2	3%
On-call interpreter	63	81%
Both staff counselor and on-call interpreter	13	17%
Spanish	15	12%
American Indian/Alaska Native languages	–	–
Other	2	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



U. S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Office of Applied Studies
www.oas.samhsa.gov