

2016 State Profile — Idaho

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Idaho, 143 substance abuse treatment facilities were included in the 2016 N-SSATS, which reported a total of 6,625 clients in substance abuse treatment on March 31, 2016. The survey response rate in Idaho was 89.6 percent.

Facility Operation

	Facilities		Clients in treatment on March 31, 2016	
	No.	%	No.	%
Private non-profit	15	10.5	636	9.6
Private for-profit	113	79.0	5,213	78.7
Local, county, or community government	8	5.6	642	9.7
State government	1	0.7	23	0.3
Federal government	2	1.4	48	0.7
Tribal government	4	2.8	63	1.0
Total	143	100.0	6,625	100.0

Type of Care

	Facilities ¹		Clients in treatment on March 31, 2016			
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility
Outpatient	137	95.8	5,607	84.6	493	32
Regular	137	95.8				
Intensive	124	86.7				
Day treatment/partial hospitalization	12	8.4				
Detoxification	9	6.3				
Methadone maintenance ²	20	14.0				
Residential (non-hospital)	14	9.8	528	8.0	—	9
Short term (<30 days)	8	5.6				
Long term (30+ days)	10	7.0				
Detoxification	5	3.5				
Hospital inpatient	4	2.8	490	7.4	—	75
Treatment	3	2.1				
Detoxification	3	2.1				
Total	143		6,625	100.0	493	32

¹Facilities may provide more than one type of care. ² Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivtro[®] treatment.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	3	0.2
Clients in facilities with OTPs²		
Methadone	428	0.1
Buprenorphine	65	0.3
Extended-release, injectable naltrexone/Vivitrol®	—	—
Clients in facilities without OTPs²		
Buprenorphine	25	0.1
Extended-release, injectable naltrexone/Vivitrol®	22	0.2
Total²	540	0.1

¹ Percentage of all OTP facilities that are in the United States.

² Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol® clients in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	134	93.7
Private health insurance	104	72.7
Medicare	65	45.5
Medicaid	123	86.0
State-financed health insurance	91	63.6
Federal military insurance	73	51.0
No payment accepted	1	0.7
Access to Recovery (ATR) vouchers ²	114	79.7
IHS/Tribal/Urban (ITU) funds	25	17.5
Other payments	3	2.1
Sliding fee scale	99	69.2
Treatment at no charge for clients who can't pay	71	49.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Types of Services Offered		
	Facilities	
	No.	%
Assessment and pre-treatment services	142	99.3
Screening for substance abuse	138	96.5
Screening for mental health disorders	124	86.7
Comprehensive substance abuse assessment or diagnosis	139	97.2
Comprehensive mental health assessment or diagnosis	94	65.7
Screening for tobacco use	60	42.0
Outreach to persons in the community who may need treatment	97	67.8
Interim services for clients when immediate admission is not possible	69	48.3
No services offered	1	0.7
Testing	110	76.9
Breathalyzer or other blood alcohol testing	72	50.3
Drug or alcohol urine screening	107	74.8
Screening for hepatitis B	18	12.6
Screening for hepatitis C	19	13.3
HIV testing	19	13.3
STD testing	17	11.9

Continued

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	135	94.4
State substance abuse agency	128	89.5
State mental health department	89	62.2
State department of health	64	44.8
Hospital licensing authority	3	2.1
The Joint Commission	6	4.2
Commission on Accreditation of Rehabilitation Facilities	14	9.8
National Committee for Quality Assurance	1	0.7
Council on Accreditation	—	—
Healthcare Facilities Accreditation Program	3	2.1
Other state/local agency/organization	5	3.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	74	51.7

Types of Services Offered (continued)

	Facilities	
	No.	%
TB screening	21	14.7
No services offered	33	23.1
Counseling	143	100.0
Individual counseling	142	99.3
Group counseling	141	98.6
Family counseling	139	97.2
Marital/couples counseling	126	88.1
Transitional services	143	100.0
Discharge planning	140	97.9
Aftercare/continuing care	129	90.2
No services offered	—	—
Pharmacotherapies	50	35.0
Disulfiram (Antabuse®)	17	11.9
Naltrexone (oral)	26	18.2
Extended-release, injectable naltrexone/Vivitrol®	23	16.1
Acamprosate (Campral®)	18	12.6
Nicotine replacement	15	10.5
Non-nicotine smoking/tobacco cessation medications	21	14.7
Medications for psychiatric disorders	46	32.2
Methadone	3	2.1
Buprenorphine with naloxone (Suboxone®)	17	11.9
Buprenorphine without naloxone	13	9.1
No services offered	93	65.0
Ancillary services	142	99.3
Case management services	130	90.9
Social skills development	113	79.0
Mentoring/peer support	90	62.9
Child care for clients' children	4	2.8
Assistance with obtaining social services	95	66.4
Employment counseling or training for clients	46	32.2
Assistance in locating housing for clients	98	68.5
Domestic violence services	59	41.3
Early intervention for HIV	15	10.5
HIV or AIDS education, counseling, or support	39	27.3
Hepatitis education, counseling, or support	36	25.2
Health education other than HIV/AIDS or hepatitis	37	25.9
Substance abuse education	136	95.1
Transportation assistance to treatment	67	46.9
Mental health services	127	88.8
Acupuncture	1	0.7
Residential beds for clients' children	—	—
Self-help groups	51	35.7
Smoking/tobacco cessation counseling	43	30.1
No services offered	1	0.7
Other services	59	41.3
Treatment for gambling disorder	27	18.9
Treatment for Internet use disorder	26	18.2
Treatment for other addiction disorder	57	39.9
No services offered	84	58.7

Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

	Facilities	
	No.	%
Substance abuse counseling	139	97.2
Relapse prevention	139	97.2
Cognitive-behavioral therapy	138	96.5
Motivational interviewing	131	91.6
Anger management	125	87.4
Brief intervention	116	81.1
Trauma-related counseling	130	90.9
12-step facilitation	85	59.4
Contingency management/motivational incentives	89	62.2
Dialectical behavior therapy	117	81.8
Rational emotive behavioral therapy	59	41.3
Matrix model	114	79.7
Computerized substance abuse treatment	16	11.2
Community reinforcement plus vouchers	20	14.0
Other treatment approaches	13	9.1

Clients per 100,000 Population in Opioid Treatment on March 31, 2016

	No.
Methadone	25
Buprenorphine	4
Extended-release, injectable naltrexone/Vivitrol®	—

Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

	Facilities	
	No.	%
Sign language	19	13.3
Any language other than English	53	37.1
Non-English language provided by:		
Staff counselor only	19	35.8
On-call interpreter only	20	37.7
Both staff counselor and on-call interpreter	14	26.4
Languages provided by staff counselor:¹		
Spanish	30	90.9
American Indian/Alaska Native languages	1	3.0
Other	3	9.1

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically Tailored Programs or Groups

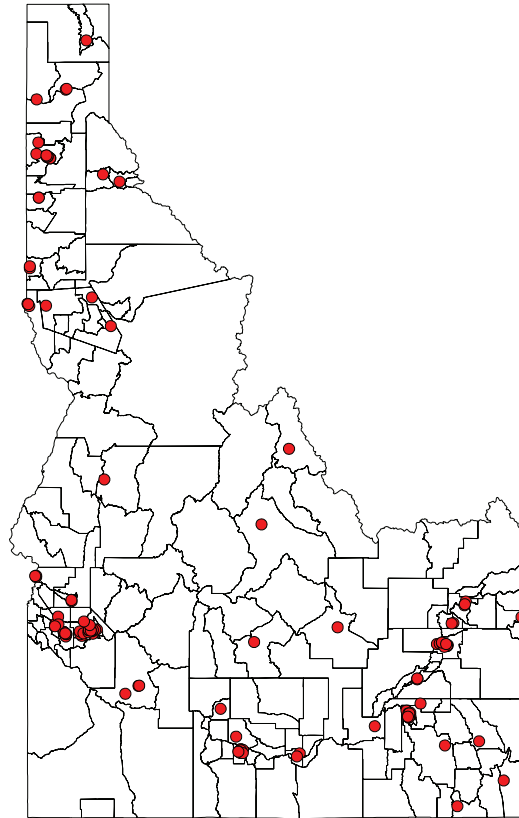
	Facilities	
	No.	%
Any program or group	135	94.4
Adult women	93	65.0
Clients with co-occurring disorders	102	71.3
Adult men	83	58.0
Clients who have experienced trauma	70	49.0
Criminal justice clients	84	58.7
DUI/DWI clients	56	39.2
Young adults	62	43.4
Adolescents	79	55.2
Clients who have experienced domestic violence	45	31.5
Clients who have experienced sexual abuse	48	33.6
Pregnant or postpartum women	40	28.0
Seniors or older adults	37	25.9
LGBT ¹	30	21.0
Veterans	34	23.8
Clients living with HIV/AIDS	23	16.1
Members of military families	23	16.1
Active duty military	20	14.0
Other	4	2.8
No program or group offered	8	5.6

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: — Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Note: Symbols keyed may not appear in every table.

Location of Treatment Facilities



<http://www.dasis.samhsa.gov/webt/newmapv1.htm>

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2016. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:

<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://samhsa.gov/data/>

Access N-SSATS profiles for individual states at:

<https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/