

2017 State Profile — Idaho

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Idaho, 124 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 7,026 clients in substance abuse treatment on March 31, 2017. The survey response rate in Idaho was 90.3 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	12	9.7	437	6.2	61	9.8
Private for-profit	99	79.8	5,628	80.1	481	77.0
Local, county, or community government	8	6.5	772	11.0	77	12.3
State government	—	—	—	—	—	—
Federal government	2	1.6	119	1.7	—	—
Tribal government	3	2.4	70	1.0	6	1.0
Total	124	100.0	7,026	100.0	625	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	102	95.3	3,488	52.3	247
Clients with drug abuse only	89	83.2	1,951	29.3	142
Clients with alcohol abuse only	86	80.4	1,230	18.4	86
Total			6,669	100.0	475

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	119	96.0	6,827	97.2	3	39	579	92.6
Regular	119	96.0	3,696	52.6	2	25		
Intensive	108	87.1	2,047	29.1	—	15		
Day treatment/partial hospitalization	11	8.9	243	3.5	—	31		
Detoxification	9	7.3	30	0.4	17	4		
Methadone maintenance	16	12.9	811	11.5	1	9		
Residential (non-hospital)	11	8.9	156	2.2	—	13	44	7.0
Short term (<30 days)	5	4.0	55	0.8	—	10		
Long term (30+ days)	8	6.5	92	1.3	—	9		
Detoxification	5	4.0	9	0.1	—	1		
Hospital inpatient	3	2.4	43	0.6	—	11	2	0.3
Treatment	3	2.4	28	0.4	—	14		
Detoxification	2	1.6	15	0.2	—	8		
Total	124		7,026	100.0	3	38	625	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	3	0.2
Clients in facilities with OTPs²		
Any MAT	435	0.1
Methadone	364	0.1
Buprenorphine	70	0.3
Naltrexone	1	*
Clients in facilities without OTPs²		
Any MAT	76	0.1
Buprenorphine	47	0.1
Naltrexone	29	0.1

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	117	94.4
Private health insurance	92	74.2
Medicare	53	42.7
Medicaid	106	85.5
State-financed health insurance	80	64.5
Federal military insurance	65	52.4
No payment accepted	1	0.8
Access to Recovery (ATR) vouchers ²	86	69.4
IHS/Tribal/Urban (ITU) funds	24	19.4
Other payments	4	3.2
Sliding fee scale	84	67.7
Treatment at no charge for clients who can't pay	59	47.6

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	117	94.4
State substance abuse agency	108	87.1
State mental health department	72	58.1
State department of health	53	42.7
Hospital licensing authority	2	1.6
The Joint Commission	8	6.5
Commission on Accreditation of Rehabilitation Facilities	14	11.3
National Committee for Quality Assurance	1	0.8
Council on Accreditation	—	—
Healthcare Facilities Accreditation Program	1	0.8
Other state/local agency/organization	4	3.2

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	58	46.8

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	119	96.0
Screening for mental health disorders	108	87.1
Comprehensive substance abuse assessment or diagnosis	121	97.6
Comprehensive mental health assessment or diagnosis	84	67.7
Screening for tobacco use	59	47.6
Outreach to persons in the community who may need treatment	80	64.5
Interim services for clients when immediate admission is not possible	62	50.0
No services offered	1	0.8
Testing		
Breathalyzer or other blood alcohol testing	64	51.6
Drug or alcohol urine screening	98	79.0
Screening for hepatitis B	13	10.5
Screening for hepatitis C	16	12.9
HIV testing	18	14.5
STD testing	15	12.1
TB screening	17	13.7
No services offered	23	18.5
Counseling		
Individual counseling	123	99.2
Group counseling	120	96.8
Family counseling	119	96.0
Marital/couples counseling	107	86.3
Transitional services		
Discharge planning	122	98.4
Aftercare/continuing care	113	91.1
No services offered	1	0.8
Pharmacotherapies		
Disulfiram (Antabuse®)	15	12.1
Naltrexone (oral)	19	15.3
Extended-release, injectable naltrexone/Vivitrol®	16	12.9
Acamprosate (Campral®)	15	12.1
Nicotine replacement	11	8.9
Non-nicotine smoking/tobacco cessation medications	15	12.1
Medications for psychiatric disorders	32	25.8
Methadone	3	2.4
Buprenorphine with naloxone (Suboxone®)	17	13.7
Buprenorphine without naloxone	14	11.3
Buprenorphine subdermal implant (Probuphine®)	1	0.8
No services offered	85	68.5
Ancillary services		
Case management services	116	93.5
Social skills development	105	84.7
Mentoring/peer support	88	71.0
Child care for clients' children	3	2.4
Assistance with obtaining social services	80	64.5
Employment counseling or training for clients	42	33.9

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	87	70.2
Domestic violence services	55	44.4
Early intervention for HIV	15	12.1
HIV or AIDS education, counseling, or support	33	26.6
Hepatitis education, counseling, or support	33	26.6
Health education other than HIV/AIDS or hepatitis	35	28.2
Substance abuse education	119	96.0
Transportation assistance to treatment	50	40.3
Mental health services	112	90.3
Acupuncture	2	1.6
Residential beds for clients' children	—	—
Self-help groups	41	33.1
Smoking/tobacco cessation counseling	41	33.1
No services offered	1	0.8
Other services		
Treatment for gambling disorder	31	25.0
Treatment for Internet use disorder	29	23.4
Treatment for other addiction disorder	53	42.7
No services offered	70	56.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	121	97.6
Relapse prevention	119	96.0
Cognitive behavioral therapy	121	97.6
Motivational interviewing	118	95.2
Anger management	108	87.1
Brief intervention	104	83.9
Trauma-related counseling	115	92.7
12-step facilitation	77	62.1
Contingency management/motivational incentives	85	68.5
Dialectical behavior therapy	99	79.8
Rational emotive behavioral therapy	62	50.0
Matrix model	98	79.0
Computerized substance abuse treatment	18	14.5
Community reinforcement plus vouchers	17	13.7
Other treatment approaches	10	8.1

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	10	3
Number of clients ²	156	43
Number of designated beds	191	68
Utilization rate ³	81.7	63.2
Average number of designated beds per facility	19	23

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	25
Methadone	21
Buprenorphine	4
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	25	20.2
Any language other than English	46	37.1
Non-English language provided by		
Staff counselor only	14	30.4
On-call interpreter only	20	43.5
Both staff counselor and on-call interpreter	12	26.1
Languages provided by staff counselor¹		
Spanish	25	96.2
American Indian/Alaskan Native languages	—	—
Other	1	3.8

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	115	92.7
Adult women	87	70.2
Clients with co-occurring disorders	88	71.0
Adult men	82	66.1
Clients who have experienced trauma	65	52.4
Criminal justice clients	73	58.9
DUI/DWI clients	52	41.9
Young adults	54	43.5
Adolescents	65	52.4
Clients who have experienced domestic violence	41	33.1
Clients who have experienced sexual abuse	46	37.1
Pregnant or postpartum women	34	27.4
Seniors or older adults	35	28.2
LGBT ¹	27	21.8
Veterans	30	24.2
Clients living with HIV/AIDS	18	14.5
Members of military families	23	18.5
Active duty military	21	16.9
Other	2	1.6
No program or group offered	9	7.3

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

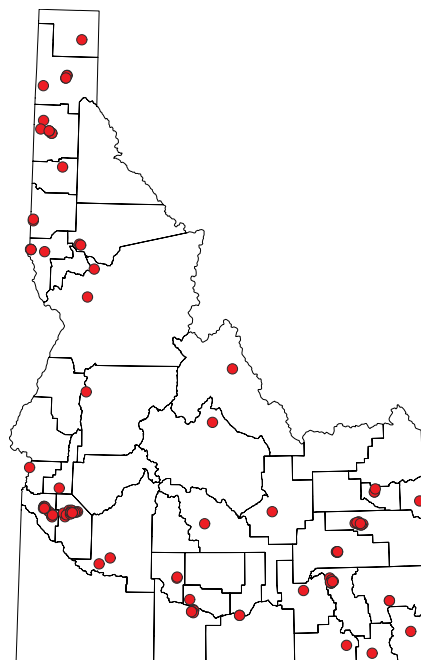
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data