

## 2016 State Profile — Indiana

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Indiana, 265 substance abuse treatment facilities were included in the 2016 N-SSATS, which reported a total of 26,068 clients in substance abuse treatment on March 31, 2016. The survey response rate in Indiana was 95.4 percent.

#### Facility Operation

	Facilities		Clients in treatment on March 31, 2016	
	No.	%	No.	%
Private non-profit	176	66.4	12,309	47.2
Private for-profit	78	29.4	11,955	45.9
Local, county, or community government	6	2.3	1,677	6.4
State government	1	0.4	—	—
Federal government	4	1.5	127	0.5
Tribal government	—	—	—	—
<b>Total</b>	<b>265</b>	<b>100.0</b>	<b>26,068</b>	<b>100.0</b>

#### Type of Care

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2016			
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility
<b>Outpatient</b>	<b>236</b>	<b>89.1</b>	<b>25,167</b>	<b>96.5</b>	<b>673</b>	<b>45</b>
Regular	224	84.5				
Intensive	122	46.0				
Day treatment/partial hospitalization	31	11.7				
Detoxification	35	13.2				
Methadone maintenance <sup>2</sup>	45	17.0				
<b>Residential (non-hospital)</b>	<b>38</b>	<b>14.3</b>	<b>708</b>	<b>2.7</b>	<b>—</b>	<b>15</b>
Short term (<30 days)	16	6.0				
Long term (30+ days)	34	12.8				
Detoxification	8	3.0				
<b>Hospital inpatient</b>	<b>30</b>	<b>11.3</b>	<b>193</b>	<b>0.7</b>	<b>—</b>	<b>3</b>
Treatment	19	7.2				
Detoxification	28	10.6				
<b>Total</b>	<b>265</b>		<b>26,068</b>	<b>100.0</b>	<b>673</b>	<b>41</b>

<sup>1</sup> Facilities may provide more than one type of care. <sup>2</sup> Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivtro<sup>®</sup> treatment.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>13</b>	<b>1.0</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Methadone	8,541	2.5
Buprenorphine	430	2.3
Extended-release, injectable naltrexone/Vivitrol®	25	2.8
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Buprenorphine	327	0.8
Extended-release, injectable naltrexone/Vivitrol®	209	2.3
<b>Total<sup>2</sup></b>	<b>9,532</b>	<b>2.3</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

<sup>2</sup> Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol® clients in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	260	98.1
Private health insurance	204	77.0
Medicare	155	58.5
Medicaid	167	63.0
State-financed health insurance	152	57.4
Federal military insurance	146	55.1
No payment accepted	1	0.4
Access to Recovery (ATR) vouchers <sup>2</sup>	31	11.7
IHS/Tribal/Urban (ITU) funds	2	0.8
Other payments	16	6.0
Sliding fee scale	189	71.3
Treatment at no charge for clients who can't pay	87	32.8

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Types of Services Offered		
	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>	<b>260</b>	<b>98.1</b>
Screening for substance abuse	257	97.0
Screening for mental health disorders	207	78.1
Comprehensive substance abuse assessment or diagnosis	241	90.9
Comprehensive mental health assessment or diagnosis	162	61.1
Screening for tobacco use	183	69.1
Outreach to persons in the community who may need treatment	173	65.3
Interim services for clients when immediate admission is not possible	108	40.8
No services offered	5	1.9
<b>Testing</b>	<b>252</b>	<b>95.1</b>
Breathalyzer or other blood alcohol testing	180	67.9
Drug or alcohol urine screening	233	87.9
Screening for hepatitis B	62	23.4
Screening for hepatitis C	69	26.0
HIV testing	55	20.8
STD testing	45	17.0

Continued

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	247	93.2
State substance abuse agency	200	75.5
State mental health department	215	81.1
State department of health	99	37.4
Hospital licensing authority	45	17.0
The Joint Commission	102	38.5
Commission on Accreditation of Rehabilitation Facilities	82	30.9
National Committee for Quality Assurance	5	1.9
Council on Accreditation	16	6.0
Healthcare Facilities Accreditation Program	4	1.5
Other state/local agency/organization	1	0.4

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	147	55.5

## Types of Services Offered (continued)

	Facilities	
	No.	%
TB screening	108	40.8
No services offered	13	4.9
<b>Counseling</b>	<b>257</b>	<b>97.0</b>
Individual counseling	248	93.6
Group counseling	250	94.3
Family counseling	233	87.9
Marital/couples counseling	191	72.1
<b>Transitional services</b>	<b>261</b>	<b>98.5</b>
Discharge planning	254	95.8
Aftercare/continuing care	236	89.1
No services offered	4	1.5
<b>Pharmacotherapies</b>	<b>158</b>	<b>59.6</b>
Disulfiram (Antabuse®)	53	20.0
Naltrexone (oral)	71	26.8
Extended-release, injectable naltrexone/Vivitrol®	67	25.3
Acamprosate (Campral®)	60	22.6
Nicotine replacement	71	26.8
Non-nicotine smoking/tobacco cessation medications	69	26.0
Medications for psychiatric disorders	139	52.5
Methadone	13	4.9
Buprenorphine with naloxone (Suboxone®)	42	15.8
Buprenorphine without naloxone	35	13.2
No services offered	107	40.4
<b>Ancillary services</b>	<b>265</b>	<b>100.0</b>
Case management services	221	83.4
Social skills development	213	80.4
Mentoring/peer support	125	47.2
Child care for clients' children	10	3.8
Assistance with obtaining social services	171	64.5
Employment counseling or training for clients	118	44.5
Assistance in locating housing for clients	129	48.7
Domestic violence services	136	51.3
Early intervention for HIV	36	13.6
HIV or AIDS education, counseling, or support	115	43.4
Hepatitis education, counseling, or support	103	38.9
Health education other than HIV/AIDS or hepatitis	94	35.5
Substance abuse education	256	96.6
Transportation assistance to treatment	78	29.4
Mental health services	198	74.7
Acupuncture	9	3.4
Residential beds for clients' children	3	1.1
Self-help groups	107	40.4
Smoking/tobacco cessation counseling	126	47.5
No services offered	—	—
<b>Other services</b>	<b>144</b>	<b>54.3</b>
Treatment for gambling disorder	117	44.2
Treatment for Internet use disorder	56	21.1
Treatment for other addiction disorder	105	39.6
No services offered	121	45.7

## Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

	Facilities	
	No.	%
Substance abuse counseling	258	97.4
Relapse prevention	251	94.7
Cognitive-behavioral therapy	250	94.3
Motivational interviewing	248	93.6
Anger management	220	83.0
Brief intervention	214	80.8
Trauma-related counseling	210	79.2
12-step facilitation	214	80.8
Contingency management/motivational incentives	95	35.8
Dialectical behavior therapy	145	54.7
Rational emotive behavioral therapy	108	40.8
Matrix model	154	58.1
Computerized substance abuse treatment	36	13.6
Community reinforcement plus vouchers	19	7.2
Other treatment approaches	12	4.5

## Clients per 100,000 Population in Opioid Treatment on March 31, 2016

	No.
Methadone	129
Buprenorphine	6
Extended-release, injectable naltrexone/Vivitrol®	†

## Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

	Facilities	
	No.	%
Sign language	124	46.8
Any language other than English	143	54.0
<b>Non-English language provided by:</b>		
Staff counselor only	18	12.6
On-call interpreter only	106	74.1
Both staff counselor and on-call interpreter	19	13.3
<b>Languages provided by staff counselor:<sup>1</sup></b>		
Spanish	35	94.6
American Indian/Alaska Native languages	—	—
Other	3	8.1

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically Tailored Programs or Groups

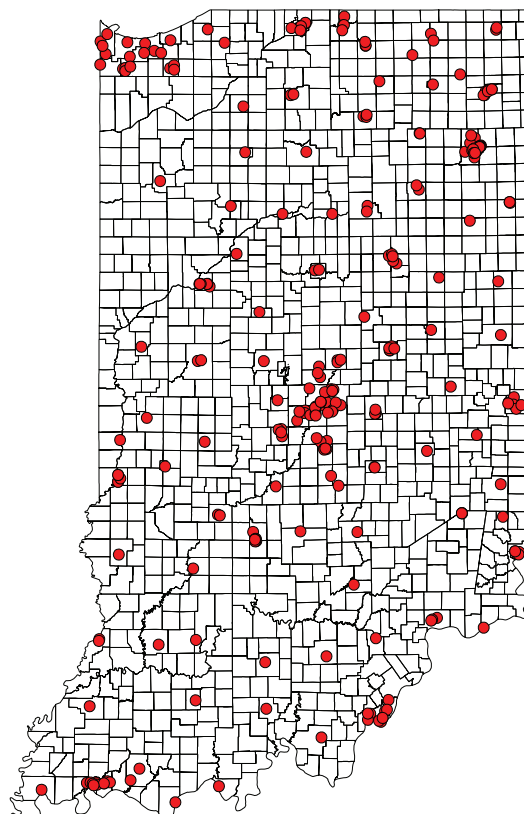
	Facilities	
	No.	%
Any program or group	205	77.4
Adult women	106	40.0
Clients with co-occurring disorders	94	35.5
Adult men	93	35.1
Clients who have experienced trauma	86	32.5
Criminal justice clients	81	30.6
DUI/DWI clients	65	24.5
Young adults	66	24.9
Adolescents	73	27.5
Clients who have experienced domestic violence	48	18.1
Clients who have experienced sexual abuse	56	21.1
Pregnant or postpartum women	30	11.3
Seniors or older adults	44	16.6
LGBT <sup>1</sup>	28	10.6
Veterans	43	16.2
Clients living with HIV/AIDS	29	10.9
Members of military families	19	7.2
Active duty military	19	7.2
Other	5	1.9
No program or group offered	60	22.6

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** — Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Note: Symbols keyed may not appear in every table.

## Location of Treatment Facilities



<http://www.dasis.samhsa.gov/webt/newmapv1.htm>

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2016. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:

<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://samhsa.gov/data/>

Access N-SSATS profiles for individual states at:

<https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)