

2009 State Profile — Kentucky

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf>

In Kentucky, 294 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 19,392 clients in substance abuse treatment on March 31, 2009. The survey response rate in Kentucky was 91.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	171	58.2	10,699	55.2	890	64.2
Private for-profit	110	37.4	7,424	38.3	476	34.3
Local government	3	1.0	236	1.2	10	0.7
State government	7	2.4	471	2.4	10	0.7
Federal government	3	1.0	562	2.9	0	0.0
Dept. of Veterans Affairs	1	0.3	127	0.7	0	0.0
Dept. of Defense	2	0.7	435	2.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	294	100.0	19,392	100.0	1,386	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	127	43.2	8,664	44.7	283	20.4
Mental health services	31	10.5	874	4.5	74	5.3
Mix of mental health & substance abuse treatment services	134	45.6	9,772	50.4	1,029	74.2
General health care	1	0.3	25	0.1	0	0.0
Other/unknown	1	0.3	57	0.3	0	0.0
Total	294	100.0	19,392	100.0	1,386	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2009			
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	251	92.6	10,145	52.3	280	
Clients with drug abuse only	230	84.9	5,299	27.3	152	
Clients with alcohol abuse only	226	83.4	3,948	20.4	113	
Total²	271		19,392	100.0	546	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2009						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	253	86.1	17,579	90.7	45	1,221	88.1
Regular outpatient	239	81.3	14,411	74.3	40		
Intensive outpatient	75	25.5	1,444	7.4	10		
Day treatment/partial hospitalization	12	4.1	90	0.5	7		
Detoxification	12	4.1	44	0.2	<1		
Methadone/buprenorphine	15	5.1	1,590	8.2	100		
Residential	51	17.3	1,410	7.3	17	52	3.8
Short term	19	6.5	232	1.2	15		
Long term	40	13.6	1,084	5.6	16		
Detoxification	13	4.4	94	0.5	6		
Hospital Inpatient	19	6.5	403	2.1	12	113	8.2
Rehabilitation	12	4.1	284	1.5	13		
Detoxification	17	5.8	119	0.6	6		
Total	294		19,392	100.0	40	1,386	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)	No.	% ¹	Facility Licensing, Approval, Certification, or Accreditation	
			No.	%
Facilities with OTPs	11	0.9		
Clients in Facilities with OTPs				
Methadone	1,487	92.0	Any listed agency/organization	280 95.2
Buprenorphine	129	8.0	State substance abuse agency	250 85.0
Total	1,616	100.0	State mental health department	187 63.6
¹ Percentage of all OTP facilities that are in this state.			State department of health	79 26.9
Facility Payment Options			Facility Funding	
			Hospital licensing authority	
			The Joint Commission	
			CARF ²	
			NCQA ³	
			COA ⁴	
			Other State/Local Agency/Org	
Cash or self-payment	281	95.6		
Private health insurance	183	62.2		
Medicare	124	42.2		
Medicaid	124	42.2		
Other State-financed health insurance	107	36.4		
Federal military insurance	149	50.7		
Access to Recovery (ATR) vouchers ²	N/A	N/A		
No payment accepted	8	2.7		
Accepts other payments	7	2.4		
Sliding fee scale	204	69.4		
Treatment at no charge for clients who cannot pay	170	57.8		
			Receives Federal, State, county, or local government funds for substance abuse treatment programs	
			151 51.4	

¹ Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

¹ Facilities may be licensed by more than one agency/organization.

² Commission on Accreditation of Rehabilitation Facilities

³ National Committee for Quality Assurance

⁴ Council for Accreditation

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	242	82.3
Contingency management	174	59.2
Trauma-related counseling	198	67.3
Rational emotive behavioral therapy	169	57.5
Matrix model	98	33.3
Community reinforcement plus vouchers	25	8.5
Other treatment approaches	50	17.0

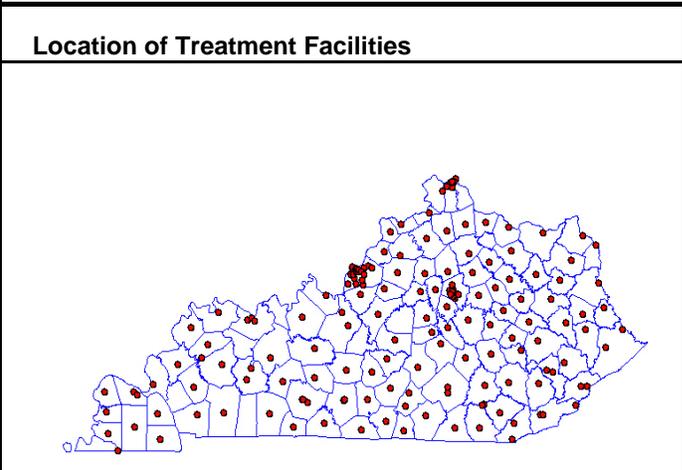
Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	46	12
Number of clients	1,335	259
Number of designated beds	1,431	287
Utilization rate (%)	93.3	90.2
No. of designated beds/facility (avg.)	31	24

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups	Facilities	
	No.	%
Any program or group	244	83.0
Co-occurring disorders	75	25.5
Adult women	69	23.5
Adolescents	75	25.5
DUI/DWI offenders	145	49.3
Criminal justice clients	81	27.6
Adult men	38	12.9
Pregnant or postpartum women	44	15.0
Persons with HIV or AIDS	10	3.4
Seniors or older adults	15	5.1
Gays or lesbians	11	3.7
Other groups	21	7.1

Services for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	147	50.0
Any language other than English	163	55.4
Services Provided by:		
On-call interpreter	143	87.7
Staff counselor	2	1.2
Both staff counselor and on-call interpreter	18	11.0
Languages Provided by Staff Counselor:¹		
Spanish	20	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	5.0

¹ Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Office of Applied Studies
 www.oas.samhsa.gov

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>