

## 2013 State Profile — Kentucky

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Kentucky, 328 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 24,071 clients in substance abuse treatment on March 29, 2013. The survey response rate in Kentucky was 93.5%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	172	52.4	12,792	53.7	1,183	78.8
Private for-profit	145	44.2	10,141	42.6	319	21.2
Local, county, or community government	2	0.6	^	^	--	--
State government	5	1.5	261	1.1	--	--
Federal government	4	1.2	624	2.6	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>328</b>	<b>100.0</b>	<b>23,818<sup>1</sup></b>	<b>100.0</b>	<b>1,502</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	296	92.5	9,602	39.9	267
Clients with drug abuse only	275	85.9	10,111	42.0	283
Clients with alcohol abuse only	259	80.9	4,358	18.1	117
<b>Total</b>	<b>320</b>		<b>24,071</b>	<b>100.0</b>	<b>667</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 8.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>281</b>	<b>85.7</b>	<b>21,175</b>	<b>88.0</b>	<b>45</b>	<b>1,420</b>	<b>94.5</b>
Regular	270	82.3	14,729	61.2	30		
Intensive	103	31.4	1,411	5.9	5		
Day treatment/partial hospitalization	19	5.8	292	1.2	6		
Detoxification	23	7.0	54	0.2	--		
Methadone/buprenorphine maintenance or Vivitrol®	27	8.2	4,689	19.5	131		
<b>Residential (non-hospital)</b>	<b>51</b>	<b>15.5</b>	<b>2,509</b>	<b>10.4</b>	<b>17</b>	<b>21</b>	<b>1.4</b>
Short term (<30 days)	17	5.2	209	0.9	10		
Long term (30+ days)	43	13.1	2,040	8.5	16		
Detoxification	19	5.8	260	1.1	8		
<b>Hospital Inpatient</b>	<b>17</b>	<b>5.2</b>	<b>387</b>	<b>1.6</b>	<b>17</b>	<b>61</b>	<b>4.1</b>
Treatment	12	3.7	275	1.1	21		
Detoxification	16	4.9	112	0.5	6		
<b>Total</b>	<b>328</b>		<b>24,071</b>	<b>100.0</b>	<b>43</b>	<b>1,502</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>10</b>	<b>0.8</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	1,617	34.3
Buprenorphine	208	4.4
Vivitrol®	2	*
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	2,871	61.0
Vivitrol®	12	0.3
<b>Total</b>	<b>4,710</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	314	95.7
Private health insurance	200	61.0
Medicare	131	39.9
Medicaid	126	38.4
State-financed health insurance	103	31.4
Federal military insurance	146	44.5
No payment accepted	6	1.8
Access to Recovery (ATR) vouchers <sup>2</sup>	n/a	n/a
IHS/638 contract care funds	7	2.1
Other payments	8	2.4
Sliding fee scale	221	67.4
Treatment at no charge for clients who cannot pay	165	50.3

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	298	90.9
State substance abuse agency	274	83.5
State mental health department	193	58.8
State department of health	114	34.8
Hospital licensing authority	25	7.6
The Joint Commission	72	22.0
Commission on Accreditation of Rehabilitation Facilities	42	12.8
National Committee for Quality Assurance	15	4.6
Council on Accreditation	17	5.2
Other state/local agency/organization	29	8.8

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	157	47.9

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>328</b>	<b>100.0</b>
Screening for substance abuse	324	98.8
Screening for mental health disorders	246	75.0
Comprehensive substance abuse assessment or diagnosis	310	94.5
Comprehensive mental health assessment or diagnosis	184	56.1
Screening for tobacco use	160	48.8
Outreach to persons in the community who may need treatment	180	54.9
Interim services for clients when immediate admission is not possible	138	42.1
No services offered	--	--
<b>Testing</b>	<b>229</b>	<b>69.8</b>
Breathalyzer or other blood alcohol testing	162	49.4
Drug or alcohol urine screening	212	64.6
Screening for Hepatitis B	40	12.2
Screening for Hepatitis C	42	12.8
HIV testing	37	11.3
STD testing	29	8.8
TB screening	55	16.8
No services offered	89	27.1
<b>Counseling</b>	<b>325</b>	<b>99.1</b>
Individual counseling	323	98.5
Group counseling	310	94.5
Family counseling	259	79.0
Marital/couples counseling	222	67.7
<b>Transitional Services</b>	<b>326</b>	<b>99.4</b>
Discharge planning	304	92.7
Aftercare/continuing care	306	93.3
No services offered	1	0.3
<b>Pharmacotherapies</b>	<b>176</b>	<b>53.7</b>
Disulfiram (Antabuse®)	40	12.2
Naltrexone (oral)	55	16.8
Vivitrol® (injectable Naltrexone)	52	15.9
Acamprosate (Campral®)	63	19.2
Nicotine replacement	40	12.2
Non-nicotine smoking/tobacco cessation medications	29	8.8
Medications for psychiatric disorders	144	43.9
Methadone	11	3.4
Buprenorphine with naloxone (Suboxone®)	30	9.1
Buprenorphine without naloxone	21	6.4
No services offered	120	36.6
<b>Ancillary Services</b>	<b>328</b>	<b>100.0</b>
Case management services	259	79.0
Social skills development	211	64.3
Mentoring/peer support	130	39.6
Child care for clients' children	16	4.9
Assistance with obtaining social services	118	36.0
Employment counseling or training for clients	105	32.0
Assistance in locating housing for clients	135	41.2

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	164	50.0
Early intervention for HIV	67	20.4
HIV or AIDS education, counseling, or support	142	43.3
Hepatitis education, counseling, or support	119	36.3
Health education other than HIV/AIDS or hepatitis	137	41.8
Substance abuse education	304	92.7
Transportation assistance to treatment	60	18.3
Mental health services	217	66.2
Acupuncture	4	1.2
Residential beds for clients' children	14	4.3
Self-help groups	100	30.5
Smoking cessation counseling	78	23.8
No services offered	--	--
<b>Other Services</b>	<b>138</b>	<b>42.1</b>
Treatment for gambling disorder	89	27.1
Treatment for Internet use disorder	47	14.3
Treatment for other addiction disorder	116	35.4
No services offered	158	48.2

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	322	98.2
Relapse prevention	305	93.0
Cognitive-behavioral therapy	293	89.3
Motivational interviewing	281	85.7
Anger management	253	77.1
Brief intervention	271	82.6
12-step facilitation	241	73.5
Trauma-related counseling	228	69.5
Contingency management/motivational incentives	146	44.5
Rational emotive behavioral therapy (REBT)	165	50.3
Matrix Model	123	37.5
Community reinforcement plus vouchers	20	6.1
Computerized substance abuse treatment/telemedicine	38	11.6
Other treatment approaches	30	9.1

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	46	10
Number of clients <sup>2</sup>	1,841	232
Number of designated beds	1,798	291
Utilization rate <sup>3</sup>	102.4	79.7
Average number of designated beds per facility	39	29

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	37
Buprenorphine	70
Vivitrol®	*

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	144	43.9
Any language other than English	167	50.9
<b>Non-English Language Provided by:</b>		
Staff counselor only	11	6.6
On-call interpreter only	149	89.2
Both staff counselor and on-call interpreter	7	4.2
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	17	94.4
American Indian/Alaska Native languages	--	--
Other	--	--

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	298	90.9
Adult women	120	36.6
Clients with co-occurring disorders	102	31.1
Adult men	99	30.2
Criminal justice clients	141	43.0
Adolescents	72	22.0
Persons who have experienced trauma	72	22.0
DUI/DWI clients	174	53.0
Young adults	55	16.8
Persons who have experienced domestic violence	71	21.6
Persons who have experienced sexual abuse	54	16.5
Pregnant or postpartum women	78	23.8
Persons with HIV/AIDS	31	9.5
Veterans	46	14.0
LGBT <sup>1</sup>	26	7.9
Seniors or older adults	36	11.0
Members of military families	28	8.5
Active duty military	31	9.5
Other	19	5.8
No program or group offered	101	30.8

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

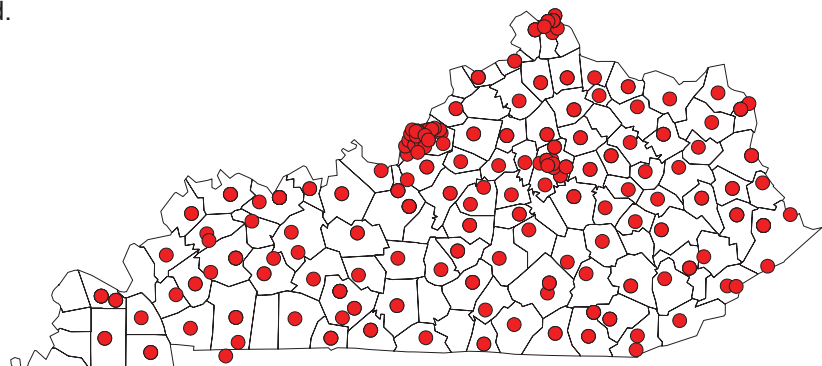
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)