

2017 State Profile — Kentucky

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Kentucky, 359 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 29,228 clients in substance abuse treatment on March 31, 2017. The survey response rate in Kentucky was 86.8 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	186	51.8	13,397	45.8	2,046	84.7
Private for-profit	167	46.5	14,868	50.9	370	15.3
Local, county, or community government	1	0.3	160	0.5	—	—
State government	1	0.3	20	0.1	—	—
Federal government	4	1.1	783	2.7	—	—
Tribal government	—	—	—	—	—	—
Total	359	100.0	29,228	100.0	2,416	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	289	91.7	10,559	36.7	270
Clients with drug abuse only	257	81.6	14,202	49.4	391
Clients with alcohol abuse only	233	74.0	3,975	13.8	104
Total			28,737	100.0	764

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	318	88.6	26,069	89.2	267	31	2,315	95.8
Regular	307	85.5	16,029	54.8	2	28		
Intensive	132	36.8	2,075	7.1	—	14		
Day treatment/partial hospitalization	34	9.5	131	0.4	—	12		
Detoxification	24	6.7	155	0.5	9	5		
Methadone maintenance	63	17.5	7,679	26.3	267	50		
Residential (non-hospital)	55	15.3	2,841	9.7	—	20	45	1.9
Short term (<30 days)	31	8.6	545	1.9	—	16		
Long term (30+ days)	40	11.1	2,087	7.1	—	29		
Detoxification	20	5.6	209	0.7	—	8		
Hospital inpatient	16	4.5	318	1.1	—	18	56	2.3
Treatment	12	3.3	112	0.4	—	7		
Detoxification	16	4.5	206	0.7	—	10		
Total	359		29,228	100.0	267	33	2,416	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	15	1.1
Clients in facilities with OTPs²		
Any MAT	5,226	1.3
Methadone	4,896	1.3
Buprenorphine	330	1.2
Naltrexone	—	—
Clients in facilities without OTPs²		
Any MAT	4,640	4.5
Buprenorphine	4,397	5.2
Naltrexone	243	1.2

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	342	95.3
Private health insurance	232	64.6
Medicare	141	39.3
Medicaid	232	64.6
State-financed health insurance	171	47.6
Federal military insurance	152	42.3
No payment accepted	7	1.9
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	10	2.8
Other payments	5	1.4
Sliding fee scale	211	58.8
Treatment at no charge for clients who can't pay	136	37.9

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	334	93.0
State substance abuse agency	295	82.2
State mental health department	186	51.8
State department of health	93	25.9
Hospital licensing authority	18	5.0
The Joint Commission	75	20.9
Commission on Accreditation of Rehabilitation Facilities	85	23.7
National Committee for Quality Assurance	9	2.5
Council on Accreditation	25	7.0
Healthcare Facilities Accreditation Program	3	0.8
Other state/local agency/organization	6	1.7

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	152	42.3

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	353	98.3
Screening for mental health disorders	272	75.8
Comprehensive substance abuse assessment or diagnosis	336	93.6
Comprehensive mental health assessment or diagnosis	199	55.4
Screening for tobacco use	206	57.4
Outreach to persons in the community who may need treatment	219	61.0
Interim services for clients when immediate admission is not possible	149	41.5
No services offered	1	0.3
Testing		
Breathalyzer or other blood alcohol testing	169	47.1
Drug or alcohol urine screening	257	71.6
Screening for hepatitis B	60	16.7
Screening for hepatitis C	66	18.4
HIV testing	63	17.5
STD testing	47	13.1
TB screening	77	21.4
No services offered	87	24.2
Counseling		
Individual counseling	351	97.8
Group counseling	340	94.7
Family counseling	268	74.7
Marital/couples counseling	224	62.4
Transitional services		
Discharge planning	339	94.4
Aftercare/continuing care	323	90.0
No services offered	8	2.2
Pharmacotherapies		
Disulfiram (Antabuse®)	30	8.4
Naltrexone (oral)	54	15.0
Extended-release, injectable naltrexone/Vivitrol®	64	17.8
Acamprosate (Campral®)	42	11.7
Nicotine replacement	53	14.8
Non-nicotine smoking/tobacco cessation medications	39	10.9
Medications for psychiatric disorders	143	39.8
Methadone	15	4.2
Buprenorphine with naloxone (Suboxone®)	58	16.2
Buprenorphine without naloxone	42	11.7
Buprenorphine subdermal implant (Probuphine®)	1	0.3
No services offered	167	46.5
Ancillary services		
Case management services	310	86.4
Social skills development	267	74.4
Mentoring/peer support	216	60.2
Child care for clients' children	16	4.5
Assistance with obtaining social services	181	50.4
Employment counseling or training for clients	144	40.1

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	173	48.2
Domestic violence services	186	51.8
Early intervention for HIV	79	22.0
HIV or AIDS education, counseling, or support	154	42.9
Hepatitis education, counseling, or support	138	38.4
Health education other than HIV/AIDS or hepatitis	145	40.4
Substance abuse education	338	94.2
Transportation assistance to treatment	90	25.1
Mental health services	249	69.4
Acupuncture	1	0.3
Residential beds for clients' children	7	1.9
Self-help groups	115	32.0
Smoking/tobacco cessation counseling	101	28.1
No services offered	1	0.3
Other services		
Treatment for gambling disorder	82	22.8
Treatment for Internet use disorder	59	16.4
Treatment for other addiction disorder	117	32.6
No services offered	228	63.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	357	99.4
Relapse prevention	343	95.5
Cognitive behavioral therapy	333	92.8
Motivational interviewing	321	89.4
Anger management	299	83.3
Brief intervention	275	76.6
Trauma-related counseling	261	72.7
12-step facilitation	255	71.0
Contingency management/motivational incentives	171	47.6
Dialectical behavior therapy	177	49.3
Rational emotive behavioral therapy	197	54.9
Matrix model	140	39.0
Computerized substance abuse treatment	87	24.2
Community reinforcement plus vouchers	37	10.3
Other treatment approaches	21	5.8

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	46	12
Number of clients ²	2,710	299
Number of designated beds	2,228	427
Utilization rate ³	121.6	70.0
Average number of designated beds per facility	48	36

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	117
Methadone	110
Buprenorphine	7
Naltrexone	—

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	178	49.6
Any language other than English	205	57.1
Non-English language provided by		
Staff counselor only	17	8.3
On-call interpreter only	175	85.4
Both staff counselor and on-call interpreter	13	6.3
Languages provided by staff counselor¹		
Spanish	28	93.3
American Indian/Alaskan Native languages	—	—
Other	2	6.7

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	310	86.4
Adult women	155	43.2
Clients with co-occurring disorders	133	37.0
Adult men	143	39.8
Clients who have experienced trauma	94	26.2
Criminal justice clients	147	40.9
DUI/DWI clients	165	46.0
Young adults	93	25.9
Adolescents	89	24.8
Clients who have experienced domestic violence	81	22.6
Clients who have experienced sexual abuse	75	20.9
Pregnant or postpartum women	102	28.4
Seniors or older adults	64	17.8
LGBT ¹	53	14.8
Veterans	64	17.8
Clients living with HIV/AIDS	55	15.3
Members of military families	52	14.5
Active duty military	43	12.0
Other	9	2.5
No program or group offered	49	13.6

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

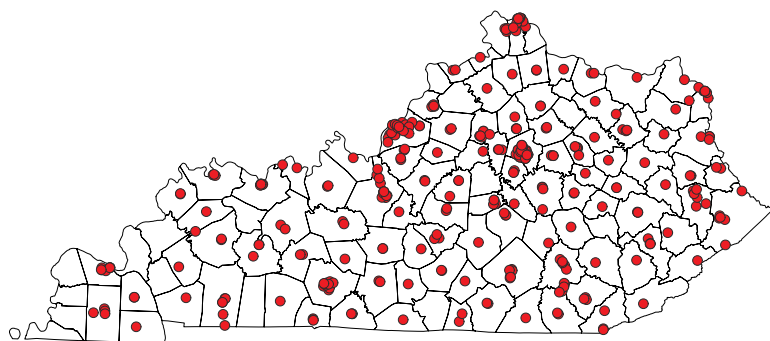
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>