

2013 State Profile — Louisiana

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Louisiana, 166 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 9,903 clients in substance abuse treatment on March 29, 2013. The survey response rate in Louisiana was 93.7%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	66	39.8	3,050	30.8	198	48.4
Private for-profit	45	27.1	3,128	31.6	37	9.0
Local, county, or community government	11	6.6	467	4.7	32	7.8
State government	34	20.5	2,720	27.5	131	32.0
Federal government	6	3.6	503	5.1	--	--
Tribal government	4	2.4	35	0.4	11	2.7
Total	166	100.0	9,903	100.0	409	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	157	97.5	4,741	47.9	130
Clients with drug abuse only	136	84.5	3,761	38.0	102
Clients with alcohol abuse only	129	80.1	1,401	14.1	39
Total	161		9,903	100.0	271

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 5.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	125	75.3	8,241	83.2	30	358	87.5
Regular	117	70.5	4,127	41.7	18		
Intensive	84	50.6	1,684	17.0	12		
Day treatment/partial hospitalization	19	11.4	124	1.3	--		
Detoxification	16	9.6	323	3.3	2		
Methadone/buprenorphine maintenance or Vivitrol®	15	9.0	1,983	20.0	3		
Residential (non-hospital)	51	30.7	1,464	14.8	18	51	12.5
Short term (<30 days)	25	15.1	400	4.0	12		
Long term (30+ days)	40	24.1	1,005	10.1	16		
Detoxification	13	7.8	59	0.6	2		
Hospital Inpatient	16	9.6	198	2.0	10	--	--
Treatment	13	7.8	85	0.9	5		
Detoxification	15	9.0	113	1.1	5		
Total	166		9,903	100.0	28	409	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	5	0.4
Clients in Facilities with OTPs		
Methadone	1,907	87.0
Buprenorphine	19	0.9
Vivitrol®	1	*
Clients in Facilities without OTPs		
Buprenorphine	252	11.5
Vivitrol®	14	0.6
Total	2,193	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	138	83.1
Private health insurance	94	56.6
Medicare	52	31.3
Medicaid	95	57.2
State-financed health insurance	43	25.9
Federal military insurance	55	33.1
No payment accepted	10	6.0
Access to Recovery (ATR) vouchers ²	28	16.9
IHS/638 contract care funds	1	0.6
Other payments	10	6.0
Sliding fee scale	82	49.4
Treatment at no charge for clients who cannot pay	114	68.7

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	146	88.0
State substance abuse agency	119	71.7
State mental health department	45	27.1
State department of health	119	71.7
Hospital licensing authority	32	19.3
The Joint Commission	16	9.6
Commission on Accreditation of Rehabilitation Facilities	47	28.3
National Committee for Quality Assurance	1	0.6
Council on Accreditation	6	3.6
Other state/local agency/organization	8	4.8

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	103	62.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	162	97.6
Screening for substance abuse	160	96.4
Screening for mental health disorders	108	65.1
Comprehensive substance abuse assessment or diagnosis	146	88.0
Comprehensive mental health assessment or diagnosis	64	38.6
Screening for tobacco use	86	51.8
Outreach to persons in the community who may need treatment	111	66.9
Interim services for clients when immediate admission is not possible	80	48.2
No services offered	4	2.4
Testing	157	94.6
Breathalyzer or other blood alcohol testing	106	63.9
Drug or alcohol urine screening	156	94.0
Screening for Hepatitis B	42	25.3
Screening for Hepatitis C	42	25.3
HIV testing	66	39.8
STD testing	47	28.3
TB screening	84	50.6
No services offered	9	5.4
Counseling	164	98.8
Individual counseling	156	94.0
Group counseling	156	94.0
Family counseling	140	84.3
Marital/couples counseling	91	54.8
Transitional Services	161	97.0
Discharge planning	155	93.4
Aftercare/continuing care	141	84.9
No services offered	5	3.0
Pharmacotherapies	94	56.6
Disulfiram (Antabuse®)	29	17.5
Naltrexone (oral)	33	19.9
Vivitrol® (injectable Naltrexone)	22	13.3
Acamprosate (Campral®)	35	21.1
Nicotine replacement	55	33.1
Non-nicotine smoking/tobacco cessation medications	31	18.7
Medications for psychiatric disorders	74	44.6
Methadone	10	6.0
Buprenorphine with naloxone (Suboxone®)	31	18.7
Buprenorphine without naloxone	21	12.7
No services offered	65	39.2
Ancillary Services	165	99.4
Case management services	137	82.5
Social skills development	125	75.3
Mentoring/peer support	89	53.6
Child care for clients' children	10	6.0
Assistance with obtaining social services	101	60.8
Employment counseling or training for clients	63	38.0
Assistance in locating housing for clients	75	45.2

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	52	31.3
Early intervention for HIV	43	25.9
HIV or AIDS education, counseling, or support	79	47.6
Hepatitis education, counseling, or support	51	30.7
Health education other than HIV/AIDS or hepatitis	73	44.0
Substance abuse education	162	97.6
Transportation assistance to treatment	65	39.2
Mental health services	94	56.6
Acupuncture	6	3.6
Residential beds for clients' children	9	5.4
Self-help groups	91	54.8
Smoking cessation counseling	68	41.0
No services offered	1	0.6
Other Services	72	43.4
Treatment for gambling disorder	56	33.7
Treatment for Internet use disorder	14	8.4
Treatment for other addiction disorder	45	27.1
No services offered	87	52.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	163	98.2
Relapse prevention	158	95.2
Cognitive-behavioral therapy	147	88.6
Motivational interviewing	133	80.1
Anger management	131	78.9
Brief intervention	126	75.9
12-step facilitation	141	84.9
Trauma-related counseling	92	55.4
Contingency management/motivational incentives	89	53.6
Rational emotive behavioral therapy (REBT)	94	56.6
Matrix Model	84	50.6
Community reinforcement plus vouchers	22	13.3
Computerized substance abuse treatment/telemedicine	31	18.7
Other treatment approaches	16	9.6

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	48	9
Number of clients ²	1,340	161
Number of designated beds	1,615	199
Utilization rate ³	83.0	80.9
Average number of designated beds per facility	34	22

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	41
Buprenorphine	6
Vivitrol®	*

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	34	20.5
Any language other than English	33	19.9
Non-English Language Provided by:		
Staff counselor only	4	12.1
On-call interpreter only	23	69.7
Both staff counselor and on-call interpreter	6	18.2
Languages Provided by Staff Counselor:¹		
Spanish	9	90.0
American Indian/Alaska Native languages	--	--
Other	1	10.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	145	87.3
Adult women	64	38.6
Clients with co-occurring disorders	63	38.0
Adult men	56	33.7
Criminal justice clients	50	30.1
Adolescents	47	28.3
Persons who have experienced trauma	40	24.1
DUI/DWI clients	48	28.9
Young adults	28	16.9
Persons who have experienced domestic violence	31	18.7
Persons who have experienced sexual abuse	36	21.7
Pregnant or postpartum women	27	16.3
Persons with HIV/AIDS	29	17.5
Veterans	24	14.5
LGBT ¹	19	11.4
Seniors or older adults	17	10.2
Members of military families	16	9.6
Active duty military	13	7.8
Other	12	7.2
No program or group offered	54	32.5

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

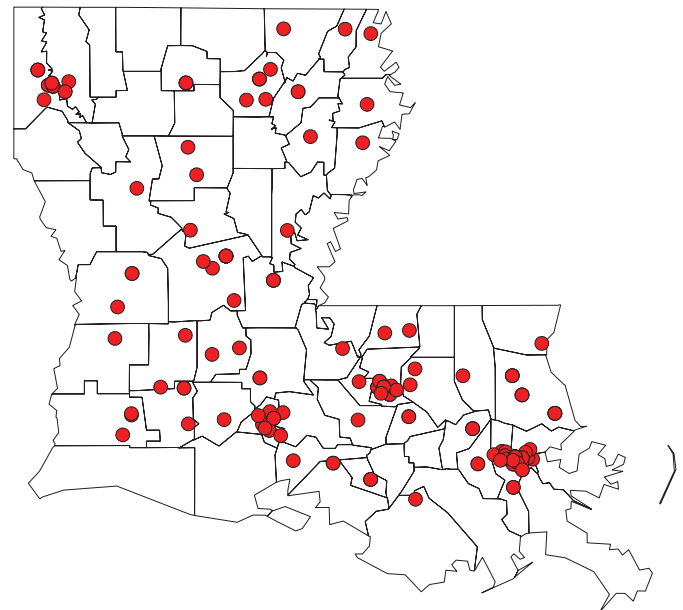
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual states at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:
<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/