

2017 State Profile — Louisiana

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Louisiana, 136 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 10,066 clients in substance abuse treatment on March 31, 2017. The survey response rate in Louisiana was 88.5 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	41	30.1	1,648	16.4	72	41.4
Private for-profit	53	39.0	6,020	59.8	53	30.5
Local, county, or community government	12	8.8	573	5.7	11	6.3
State government	21	15.4	1,303	12.9	35	20.1
Federal government	7	5.1	496	4.9	—	—
Tribal government	2	1.5	26	0.3	3	1.7
Total	136	100.0	10,066	100.0	174	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	120	93.0	2,901	28.8	78
Clients with drug abuse only	115	89.1	6,095	60.5	169
Clients with alcohol abuse only	98	76.0	1,070	10.6	30
Total			10,066	100.0	277

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	103	75.7	8,473	84.2	396	33	121	69.5
Regular	87	64.0	2,281	22.7	2	19		
Intensive	69	50.7	1,518	15.1	—	20		
Day treatment/partial hospitalization	16	11.8	49	0.5	—	8		
Detoxification	19	14.0	83	0.8	—	9		
Methadone maintenance	33	24.3	4,542	45.1	396	12		
Residential (non-hospital)	40	29.4	1,352	13.4	—	25	53	30.5
Short term (<30 days)	21	15.4	545	5.4	—	25		
Long term (30+ days)	30	22.1	740	7.4	—	20		
Detoxification	13	9.6	67	0.7	—	5		
Hospital inpatient	15	11.0	241	2.4	—	19	—	—
Treatment	13	9.6	124	1.2	—	15		
Detoxification	15	11.0	117	1.2	—	7		
Total	136		10,066	100.0	396	36	174	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	10	0.8
Clients in facilities with OTPs²		
Any MAT	3,644	0.9
Methadone	3,422	0.9
Buprenorphine	222	0.8
Naltrexone	—	—
Clients in facilities without OTPs²		
Any MAT	1,209	1.2
Buprenorphine	1,143	1.4
Naltrexone	66	0.3

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	114	83.8
Private health insurance	91	66.9
Medicare	39	28.7
Medicaid	85	62.5
State-financed health insurance	41	30.1
Federal military insurance	40	29.4
No payment accepted	6	4.4
Access to Recovery (ATR) vouchers ²	12	8.8
IHS/Tribal/Urban (ITU) funds	3	2.2
Other payments	—	—
Sliding fee scale	57	41.9
Treatment at no charge for clients who can't pay	72	52.9

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	125	91.9
State substance abuse agency	96	70.6
State mental health department	47	34.6
State department of health	104	76.5
Hospital licensing authority	25	18.4
The Joint Commission	20	14.7
Commission on Accreditation of Rehabilitation Facilities	67	49.3
National Committee for Quality Assurance	3	2.2
Council on Accreditation	10	7.4
Healthcare Facilities Accreditation Program	1	0.7
Other state/local agency/organization	3	2.2

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	75	55.1

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	133	97.8
Screening for mental health disorders	94	69.1
Comprehensive substance abuse assessment or diagnosis	128	94.1
Comprehensive mental health assessment or diagnosis	60	44.1
Screening for tobacco use	100	73.5
Outreach to persons in the community who may need treatment	104	76.5
Interim services for clients when immediate admission is not possible	68	50.0
No services offered	1	0.7
Testing		
Breathalyzer or other blood alcohol testing	87	64.0
Drug or alcohol urine screening	133	97.8
Screening for hepatitis B	46	33.8
Screening for hepatitis C	53	39.0
HIV testing	68	50.0
STD testing	56	41.2
TB screening	81	59.6
No services offered	3	2.2
Counseling		
Individual counseling	135	99.3
Group counseling	130	95.6
Family counseling	120	88.2
Marital/couples counseling	98	72.1
Transitional services		
Discharge planning	135	99.3
Aftercare/continuing care	123	90.4
No services offered	1	0.7
Pharmacotherapies		
Disulfiram (Antabuse®)	32	23.5
Naltrexone (oral)	43	31.6
Extended-release, injectable naltrexone/Vivitrol®	36	26.5
Acamprosate (Campral®)	44	32.4
Nicotine replacement	68	50.0
Non-nicotine smoking/tobacco cessation medications	50	36.8
Medications for psychiatric disorders	78	57.4
Methadone	10	7.4
Buprenorphine with naloxone (Suboxone®)	34	25.0
Buprenorphine without naloxone	28	20.6
Buprenorphine subdermal implant (Probuphine®)	2	1.5
No services offered	39	28.7
Ancillary services		
Case management services	119	87.5
Social skills development	104	76.5
Mentoring/peer support	90	66.2
Child care for clients' children	6	4.4
Assistance with obtaining social services	87	64.0
Employment counseling or training for clients	47	34.6

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	80	58.8
Domestic violence services	45	33.1
Early intervention for HIV	44	32.4
HIV or AIDS education, counseling, or support	85	62.5
Hepatitis education, counseling, or support	71	52.2
Health education other than HIV/AIDS or hepatitis	83	61.0
Substance abuse education	136	100.0
Transportation assistance to treatment	58	42.6
Mental health services	83	61.0
Acupuncture	3	2.2
Residential beds for clients' children	6	4.4
Self-help groups	77	56.6
Smoking/tobacco cessation counseling	80	58.8
No services offered	—	—
Other services		
Treatment for gambling disorder	54	39.7
Treatment for Internet use disorder	18	13.2
Treatment for other addiction disorder	42	30.9
No services offered	73	53.7

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	133	97.8
Relapse prevention	132	97.1
Cognitive behavioral therapy	123	90.4
Motivational interviewing	120	88.2
Anger management	108	79.4
Brief intervention	115	84.6
Trauma-related counseling	91	66.9
12-step facilitation	109	80.1
Contingency management/motivational incentives	73	53.7
Dialectical behavior therapy	62	45.6
Rational emotive behavioral therapy	73	53.7
Matrix model	67	49.3
Computerized substance abuse treatment	31	22.8
Community reinforcement plus vouchers	11	8.1
Other treatment approaches	10	7.4

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	38	11
Number of clients ²	1,300	192
Number of designated beds	1,551	374
Utilization rate ³	83.8	51.3
Average number of designated beds per facility	41	34

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	78
Methadone	73
Buprenorphine	5
Naltrexone	—

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	38	27.9
Any language other than English	40	29.4
Non-English language provided by		
Staff counselor only	5	12.5
On-call interpreter only	31	77.5
Both staff counselor and on-call interpreter	4	10.0
Languages provided by staff counselor¹		
Spanish	9	100.0
American Indian/Alaskan Native languages	—	—
Other	1	11.1

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	110	80.9
Adult women	65	47.8
Clients with co-occurring disorders	64	47.1
Adult men	55	40.4
Clients who have experienced trauma	39	28.7
Criminal justice clients	40	29.4
DUI/DWI clients	23	16.9
Young adults	28	20.6
Adolescents	30	22.1
Clients who have experienced domestic violence	22	16.2
Clients who have experienced sexual abuse	23	16.9
Pregnant or postpartum women	27	19.9
Seniors or older adults	23	16.9
LGBT ¹	19	14.0
Veterans	28	20.6
Clients living with HIV/AIDS	22	16.2
Members of military families	16	11.8
Active duty military	18	13.2
Other	4	2.9
No program or group offered	26	19.1

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

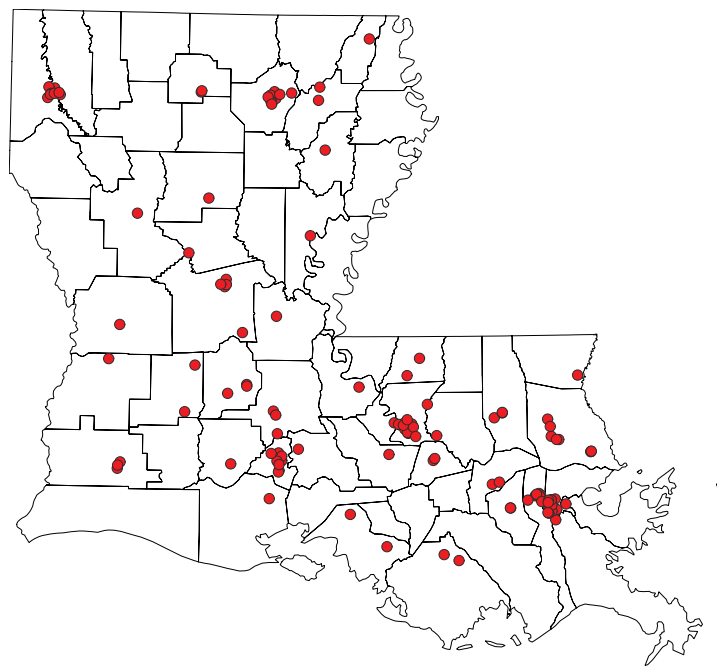
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



<https://www.dasis.samhsa.gov/webt/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data