

2013 State Profile — Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Massachusetts, 316 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 44,133 clients in substance abuse treatment on March 29, 2013. The survey response rate in Massachusetts was 93.2%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	252	79.7	24,718	56.1	1,089	66.3
Private for-profit	51	16.1	16,580	37.7	538	32.8
Local, county, or community government	6	1.9	1,320	3.0	15	0.9
State government	1	0.3	^	^	--	--
Federal government	6	1.9	1,415	3.2	--	--
Tribal government	--	--	--	--	--	--
Total	316	100.0	44,033¹	100.0	1,642	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	292	93.3	17,189	38.9	305
Clients with drug abuse only	255	81.5	20,572	46.6	382
Clients with alcohol abuse only	243	77.6	6,372	14.4	115
Total	313		44,133	99.9	802

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 3.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	193	61.1	40,227	91.1	112	1,527	93.0
Regular	176	55.7	19,881	45.0	50		
Intensive	59	18.7	1,302	3.0	15		
Day treatment/partial hospitalization	32	10.1	581	1.3	14		
Detoxification	38	12.0	662	1.5	2		
Methadone/buprenorphine maintenance or Vivitrol®	71	22.5	17,801	40.3	100		
Residential (non-hospital)	120	38.0	3,171	7.2	21	95	5.8
Short term (<30 days)	32	10.1	687	1.6	22		
Long term (30+ days)	94	29.7	2,230	5.1	20		
Detoxification	9	2.8	254	0.6	29		
Hospital Inpatient	28	8.9	735	1.7	16	20	1.2
Treatment	18	5.7	227	0.5	3		
Detoxification	26	8.2	508	1.2	14		
Total	316		44,133	100.0	45	1,642	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	64	5.0
Clients in Facilities with OTPs		
Methadone	15,297	78.7
Buprenorphine	775	4.0
Vivitrol®	26	0.1
Clients in Facilities without OTPs		
Buprenorphine	3,086	15.9
Vivitrol®	260	1.3
Total	19,444	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	266	84.2
Private health insurance	195	61.7
Medicare	173	54.7
Medicaid	207	65.5
State-financed health insurance	194	61.4
Federal military insurance	113	35.8
No payment accepted	20	6.3
Access to Recovery (ATR) vouchers ²	30	9.5
IHS/638 contract care funds	9	2.8
Other payments	9	2.8
Sliding fee scale	201	63.6
Treatment at no charge for clients who cannot pay	212	67.1

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	301	95.3
State substance abuse agency	265	83.9
State mental health department	92	29.1
State department of health	242	76.6
Hospital licensing authority	42	13.3
The Joint Commission	89	28.2
Commission on Accreditation of Rehabilitation Facilities	80	25.3
National Committee for Quality Assurance	17	5.4
Council on Accreditation	15	4.7
Other state/local agency/organization	7	2.2

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	218	69.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	313	99.1
Screening for substance abuse	297	94.0
Screening for mental health disorders	234	74.1
Comprehensive substance abuse assessment or diagnosis	284	89.9
Comprehensive mental health assessment or diagnosis	154	48.7
Screening for tobacco use	270	85.4
Outreach to persons in the community who may need treatment	156	49.4
Interim services for clients when immediate admission is not possible	92	29.1
No services offered	2	0.6
Testing	275	87.0
Breathalyzer or other blood alcohol testing	201	63.6
Drug or alcohol urine screening	249	78.8
Screening for Hepatitis B	120	38.0
Screening for Hepatitis C	129	40.8
HIV testing	136	43.0
STD testing	105	33.2
TB screening	175	55.4
No services offered	32	10.1
Counseling	310	98.1
Individual counseling	303	95.9
Group counseling	289	91.5
Family counseling	243	76.9
Marital/couples counseling	197	62.3
Transitional Services	312	98.7
Discharge planning	305	96.5
Aftercare/continuing care	280	88.6
No services offered	3	0.9
Pharmacotherapies	235	74.4
Disulfiram (Antabuse®)	79	25.0
Naltrexone (oral)	106	33.5
Vivitrol® (injectable Naltrexone)	62	19.6
Acamprosate (Campral®)	92	29.1
Nicotine replacement	128	40.5
Non-nicotine smoking/tobacco cessation medications	92	29.1
Medications for psychiatric disorders	173	54.7
Methadone	84	26.6
Buprenorphine with naloxone (Suboxone®)	118	37.3
Buprenorphine without naloxone	65	20.6
No services offered	74	23.4
Ancillary Services	316	100.0
Case management services	279	88.3
Social skills development	248	78.5
Mentoring/peer support	175	55.4
Child care for clients' children	16	5.1
Assistance with obtaining social services	231	73.1
Employment counseling or training for clients	97	30.7
Assistance in locating housing for clients	182	57.6

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	136	43.0
Early intervention for HIV	121	38.3
HIV or AIDS education, counseling, or support	250	79.1
Hepatitis education, counseling, or support	228	72.2
Health education other than HIV/AIDS or hepatitis	227	71.8
Substance abuse education	305	96.5
Transportation assistance to treatment	154	48.7
Mental health services	209	66.1
Acupuncture	4	1.3
Residential beds for clients' children	20	6.3
Self-help groups	181	57.3
Smoking cessation counseling	221	69.9
No services offered	--	--
Other Services	126	39.9
Treatment for gambling disorder	96	30.4
Treatment for Internet use disorder	28	8.9
Treatment for other addiction disorder	71	22.5
No services offered	179	56.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	309	97.8
Relapse prevention	301	95.3
Cognitive-behavioral therapy	290	91.8
Motivational interviewing	301	95.3
Anger management	258	81.6
Brief intervention	262	82.9
12-step facilitation	230	72.8
Trauma-related counseling	272	86.1
Contingency management/motivational incentives	168	53.2
Rational emotive behavioral therapy (REBT)	83	26.3
Matrix Model	65	20.6
Community reinforcement plus vouchers	30	9.5
Computerized substance abuse treatment/telemedicine	27	8.5
Other treatment approaches	34	10.8

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	118	18
Number of clients ²	3,048	632
Number of designated beds	3,211	595
Utilization rate ³	94.9	106.2
Average number of designated beds per facility	27	33

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	231
Buprenorphine	58
Vivitrol®	4

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	113	35.8
Any language other than English	183	57.9
Non-English Language Provided by:		
Staff counselor only	85	46.4
On-call interpreter only	29	15.8
Both staff counselor and on-call interpreter	69	37.7
Languages Provided by Staff Counselor:¹		
Spanish	145	94.2
American Indian/Alaska Native languages	--	--
Other	60	39.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	274	86.7
Adult women	153	48.4
Clients with co-occurring disorders	156	49.4
Adult men	141	44.6
Criminal justice clients	81	25.6
Adolescents	53	16.8
Persons who have experienced trauma	124	39.2
DUI/DWI clients	52	16.5
Young adults	86	27.2
Persons who have experienced domestic violence	82	25.9
Persons who have experienced sexual abuse	78	24.7
Pregnant or postpartum women	82	25.9
Persons with HIV/AIDS	81	25.6
Veterans	46	14.6
LGBT ¹	62	19.6
Seniors or older adults	60	19.0
Members of military families	28	8.9
Active duty military	13	4.1
Other	35	11.1
No program or group offered	79	25.0

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

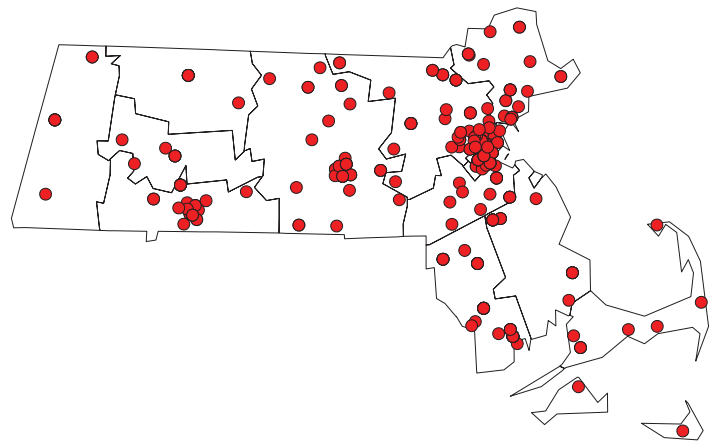
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/