

## 2016 State Profile — Massachusetts

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Massachusetts, 355 substance abuse treatment facilities were included in the 2016 N-SSATS, which reported a total of 48,820 clients in substance abuse treatment on March 31, 2016. The survey response rate in Massachusetts was 91.3 percent.

#### Facility Operation

	Facilities		Clients in treatment on March 31, 2016	
	No.	%	No.	%
Private non-profit	263	74.1	29,611	60.7
Private for-profit	79	22.3	17,803	36.5
Local, county, or community government	4	1.1	725	1.5
State government	3	0.8	237	0.5
Federal government	6	1.7	444	0.9
Tribal government	—	—	—	—
<b>Total</b>	<b>355</b>	<b>100.0</b>	<b>48,820</b>	<b>100.0</b>

#### Type of Care

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2016			
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility
<b>Outpatient</b>	<b>226</b>	<b>63.7</b>	<b>43,296</b>	<b>88.7</b>	<b>394</b>	<b>98</b>
Regular	202	56.9				
Intensive	73	20.6				
Day treatment/partial hospitalization	33	9.3				
Detoxification	48	13.5				
Methadone maintenance <sup>2</sup>	119	33.5				
<b>Residential (non-hospital)</b>	<b>127</b>	<b>35.8</b>	<b>3,103</b>	<b>6.4</b>	<b>32</b>	<b>23</b>
Short term (<30 days)	36	10.1				
Long term (30+ days)	96	27.0				
Detoxification	9	2.5				
<b>Hospital inpatient</b>	<b>33</b>	<b>9.3</b>	<b>2,421</b>	<b>5.0</b>	<b>32</b>	<b>12</b>
Treatment	24	6.8				
Detoxification	28	7.9				
<b>Total</b>	<b>355</b>		<b>48,820</b>	<b>100.0</b>	<b>283</b>	<b>30</b>

<sup>1</sup>Facilities may provide more than one type of care. <sup>2</sup> Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivtro<sup>®</sup> treatment.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>64</b>	<b>4.9</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Methadone	17,594	5.1
Buprenorphine	145	0.8
Extended-release, injectable naltrexone/Vivitrol®	62	6.9
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Buprenorphine	3,448	8.1
Extended-release, injectable naltrexone/Vivitrol®	834	9.0
<b>Total<sup>2</sup></b>	<b>22,083</b>	<b>5.3</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

<sup>2</sup> Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol® clients in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	284	80.0
Private health insurance	241	67.9
Medicare	192	54.1
Medicaid	241	67.9
State-financed health insurance	236	66.5
Federal military insurance	141	39.7
No payment accepted	21	5.9
Access to Recovery (ATR) vouchers <sup>2</sup>	40	11.3
IHS/Tribal/Urban (ITU) funds	8	2.3
Other payments	6	1.7
Sliding fee scale	184	51.8
Treatment at no charge for clients who can't pay	209	58.9

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Types of Services Offered		
	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>	<b>349</b>	<b>98.3</b>
Screening for substance abuse	329	92.7
Screening for mental health disorders	262	73.8
Comprehensive substance abuse assessment or diagnosis	323	91.0
Comprehensive mental health assessment or diagnosis	173	48.7
Screening for tobacco use	309	87.0
Outreach to persons in the community who may need treatment	162	45.6
Interim services for clients when immediate admission is not possible	104	29.3
No services offered	6	1.7
<b>Testing</b>	<b>315</b>	<b>88.7</b>
Breathalyzer or other blood alcohol testing	217	61.1
Drug or alcohol urine screening	291	82.0
Screening for hepatitis B	131	36.9
Screening for hepatitis C	148	41.7
HIV testing	141	39.7
STD testing	113	31.8

Continued

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	336	94.6
State substance abuse agency	291	82.0
State mental health department	87	24.5
State department of health	273	76.9
Hospital licensing authority	42	11.8
The Joint Commission	99	27.9
Commission on Accreditation of Rehabilitation Facilities	120	33.8
National Committee for Quality Assurance	22	6.2
Council on Accreditation	16	4.5
Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	4	1.1

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	218	61.4

## Types of Services Offered (continued)

	Facilities	
	No.	%
TB screening	188	53.0
No services offered	40	11.3
<b>Counseling</b>	<b>348</b>	<b>98.0</b>
Individual counseling	331	93.2
Group counseling	327	92.1
Family counseling	294	82.8
Marital/couples counseling	219	61.7
<b>Transitional services</b>	<b>339</b>	<b>95.5</b>
Discharge planning	331	93.2
Aftercare/continuing care	300	84.5
No services offered	16	4.5
<b>Pharmacotherapies</b>	<b>278</b>	<b>78.3</b>
Disulfiram (Antabuse®)	107	30.1
Naltrexone (oral)	175	49.3
Extended-release, injectable naltrexone/Vivitrol®	132	37.2
Acamprosate (Campral®)	115	32.4
Nicotine replacement	155	43.7
Non-nicotine smoking/tobacco cessation medications	125	35.2
Medications for psychiatric disorders	214	60.3
Methadone	63	17.7
Buprenorphine with naloxone (Suboxone®)	174	49.0
Buprenorphine without naloxone	116	32.7
No services offered	77	21.7
<b>Ancillary services</b>	<b>353</b>	<b>99.4</b>
Case management services	316	89.0
Social skills development	277	78.0
Mentoring/peer support	198	55.8
Child care for clients' children	18	5.1
Assistance with obtaining social services	242	68.2
Employment counseling or training for clients	111	31.3
Assistance in locating housing for clients	213	60.0
Domestic violence services	141	39.7
Early intervention for HIV	120	33.8
HIV or AIDS education, counseling, or support	270	76.1
Hepatitis education, counseling, or support	257	72.4
Health education other than HIV/AIDS or hepatitis	244	68.7
Substance abuse education	345	97.2
Transportation assistance to treatment	168	47.3
Mental health services	223	62.8
Acupuncture	11	3.1
Residential beds for clients' children	17	4.8
Self-help groups	192	54.1
Smoking/tobacco cessation counseling	274	77.2
No services offered	2	0.6
<b>Other services</b>	<b>146</b>	<b>41.1</b>
Treatment for gambling disorder	116	32.7
Treatment for Internet use disorder	37	10.4
Treatment for other addiction disorder	91	25.6
No services offered	209	58.9

## Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

	Facilities	
	No.	%
Substance abuse counseling	349	98.3
Relapse prevention	345	97.2
Cognitive-behavioral therapy	323	91.0
Motivational interviewing	338	95.2
Anger management	298	83.9
Brief intervention	291	82.0
Trauma-related counseling	309	87.0
12-step facilitation	246	69.3
Contingency management/motivational incentives	200	56.3
Dialectical behavior therapy	214	60.3
Rational emotive behavioral therapy	106	29.9
Matrix model	87	24.5
Computerized substance abuse treatment	30	8.5
Community reinforcement plus vouchers	34	9.6
Other treatment approaches	21	5.9

## Clients per 100,000 Population in Opioid Treatment on March 31, 2016

	No.
Methadone	258
Buprenorphine	2
Extended-release, injectable naltrexone/Vivitrol®	†

## Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

	Facilities	
	No.	%
Sign language	157	44.2
Any language other than English	238	67.0
<b>Non-English language provided by:</b>		
Staff counselor only	75	31.5
On-call interpreter only	64	26.9
Both staff counselor and on-call interpreter	99	41.6
<b>Languages provided by staff counselor:<sup>1</sup></b>		
Spanish	154	88.5
American Indian/Alaska Native languages	—	—
Other	73	42.0

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically Tailored Programs or Groups

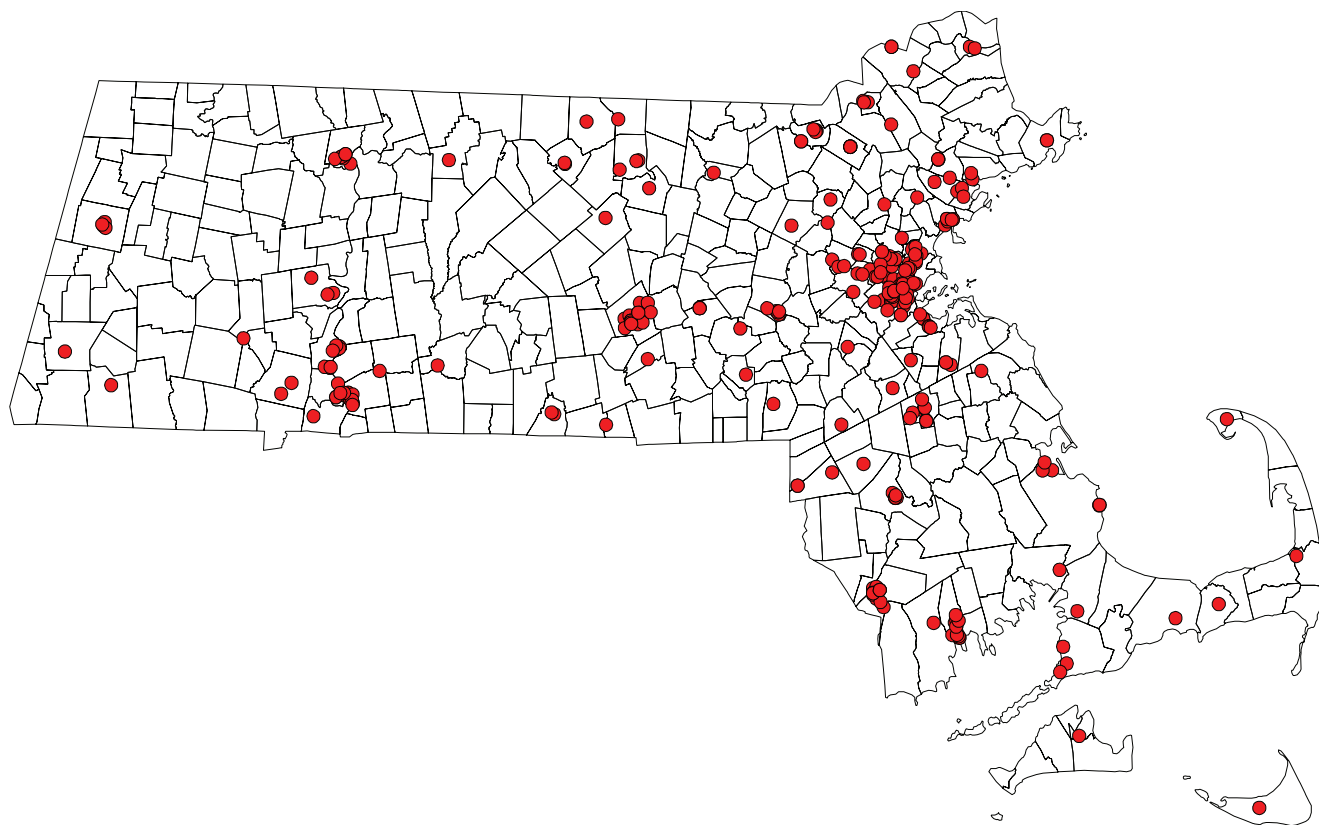
	Facilities	
	No.	%
Any program or group	301	84.8
Adult women	192	54.1
Clients with co-occurring disorders	210	59.2
Adult men	189	53.2
Clients who have experienced trauma	173	48.7
Criminal justice clients	101	28.5
DUI/DWI clients	52	14.6
Young adults	127	35.8
Adolescents	59	16.6
Clients who have experienced domestic violence	100	28.2
Clients who have experienced sexual abuse	108	30.4
Pregnant or postpartum women	109	30.7
Seniors or older adults	91	25.6
LGBT <sup>1</sup>	94	26.5
Veterans	75	21.1
Clients living with HIV/AIDS	112	31.5
Members of military families	45	12.7
Active duty military	34	9.6
Other	11	3.1
No program or group offered	54	15.2

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** — Quantity is zero; \* Less than 0.05 percent; n/a Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Note: Symbols keyed may not appear in every table.

## Location of Treatment Facilities



<http://wwwdasis.samhsa.gov/webt/newmapv1.htm>

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2016. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:  
<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://samhsa.gov/data/>

Access N-SSATS profiles for individual states at:  
<https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's  
Behavioral Health Treatment Services Locator at:  
<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)