

2017 State Profile — Massachusetts

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Massachusetts, 351 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 58,280 clients in substance abuse treatment on March 31, 2017. The survey response rate in Massachusetts was 91 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	257	73.2	27,069	46.4	1,064	72.4
Private for-profit	85	24.2	29,729	51.0	406	27.6
Local, county, or community government	3	0.9	408	0.7	—	—
State government	4	1.1	519	0.9	—	—
Federal government	2	0.6	555	1.0	—	—
Tribal government	—	—	—	—	—	—
Total	351	100.0	58,280	100.0	1,470	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	301	94.1	19,257	33.1	336
Clients with drug abuse only	266	83.1	33,315	57.2	600
Clients with alcohol abuse only	237	74.1	5,666	9.7	99
Total			58,238	100.0	1,034

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	222	63.2	53,719	92.2	402	83	1,382	94.0
Regular	193	55.0	18,454	31.7	20	66		
Intensive	69	19.7	1,842	3.2	28	23		
Day treatment/partial hospitalization	32	9.1	872	1.5	34	21		
Detoxification	42	12.0	286	0.5	12	5		
Methadone maintenance	122	34.8	32,265	55.4	409	57		
Residential (non-hospital)	119	33.9	3,291	5.6	22	24	45	3.1
Short term (<30 days)	35	10.0	754	1.3	22	25		
Long term (30+ days)	91	25.9	2,386	4.1	1	24		
Detoxification	8	2.3	151	0.3	20	31		
Hospital inpatient	36	10.3	1,270	2.2	32	16	43	2.9
Treatment	25	7.1	566	1.0	42	13		
Detoxification	34	9.7	704	1.2	29	7		
Total	351		58,280	100.0	330	35	1,470	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	67	5.1
Clients in facilities with OTPs²		
Any MAT	22,249	5.4
Methadone	21,739	5.7
Buprenorphine	406	1.5
Naltrexone	104	3.1
Clients in facilities without OTPs²		
Any MAT	11,628	11.2
Buprenorphine	10,299	12.2
Naltrexone	1,329	6.8

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	296	84.3
Private health insurance	253	72.1
Medicare	203	57.8
Medicaid	263	74.9
State-financed health insurance	250	71.2
Federal military insurance	135	38.5
No payment accepted	19	5.4
Access to Recovery (ATR) vouchers ²	37	10.5
IHS/Tribal/Urban (ITU) funds	7	2.0
Other payments	—	—
Sliding fee scale	188	53.6
Treatment at no charge for clients who can't pay	196	55.8

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	341	97.2
State substance abuse agency	313	89.2
State mental health department	83	23.6
State department of health	291	82.9
Hospital licensing authority	35	10.0
The Joint Commission	99	28.2
Commission on Accreditation of Rehabilitation Facilities	119	33.9
National Committee for Quality Assurance	18	5.1
Council on Accreditation	15	4.3
Healthcare Facilities Accreditation Program	1	0.3
Other state/local agency/organization	8	2.3

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	231	65.8

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	334	95.2
Screening for mental health disorders	255	72.6
Comprehensive substance abuse assessment or diagnosis	320	91.2
Comprehensive mental health assessment or diagnosis	175	49.9
Screening for tobacco use	308	87.7
Outreach to persons in the community who may need treatment	164	46.7
Interim services for clients when immediate admission is not possible	95	27.1
No services offered	2	0.6
Testing		
Breathalyzer or other blood alcohol testing	220	62.7
Drug or alcohol urine screening	291	82.9
Screening for hepatitis B	127	36.2
Screening for hepatitis C	147	41.9
HIV testing	141	40.2
STD testing	120	34.2
TB screening	185	52.7
No services offered	40	11.4
Counseling		
Individual counseling	334	95.2
Group counseling	314	89.5
Family counseling	295	84.0
Marital/couples counseling	226	64.4
Transitional services		
Discharge planning	332	94.6
Aftercare/continuing care	308	87.7
No services offered	10	2.8
Pharmacotherapies		
Disulfiram (Antabuse®)	95	27.1
Naltrexone (oral)	146	41.6
Extended-release, injectable naltrexone/Vivitrol®	122	34.8
Acamprosate (Campral®)	107	30.5
Nicotine replacement	133	37.9
Non-nicotine smoking/tobacco cessation medications	104	29.6
Medications for psychiatric disorders	194	55.3
Methadone	64	18.2
Buprenorphine with naloxone (Suboxone®)	149	42.5
Buprenorphine without naloxone	104	29.6
Buprenorphine subdermal implant (Probuphine®)	15	4.3
No services offered	86	24.5
Ancillary services		
Case management services	305	86.9
Social skills development	268	76.4
Mentoring/peer support	195	55.6
Child care for clients' children	18	5.1
Assistance with obtaining social services	237	67.5
Employment counseling or training for clients	103	29.3

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	196	55.8
Domestic violence services	142	40.5
Early intervention for HIV	117	33.3
HIV or AIDS education, counseling, or support	269	76.6
Hepatitis education, counseling, or support	257	73.2
Health education other than HIV/AIDS or hepatitis	250	71.2
Substance abuse education	343	97.7
Transportation assistance to treatment	166	47.3
Mental health services	228	65.0
Acupuncture	9	2.6
Residential beds for clients' children	14	4.0
Self-help groups	179	51.0
Smoking/tobacco cessation counseling	280	79.8
No services offered	—	—
Other services		
Treatment for gambling disorder	121	34.5
Treatment for Internet use disorder	43	12.3
Treatment for other addiction disorder	107	30.5
No services offered	192	54.7

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	349	99.4
Relapse prevention	344	98.0
Cognitive behavioral therapy	339	96.6
Motivational interviewing	345	98.3
Anger management	299	85.2
Brief intervention	289	82.3
Trauma-related counseling	319	90.9
12-step facilitation	247	70.4
Contingency management/motivational incentives	201	57.3
Dialectical behavior therapy	208	59.3
Rational emotive behavioral therapy	111	31.6
Matrix model	86	24.5
Computerized substance abuse treatment	34	9.7
Community reinforcement plus vouchers	37	10.5
Other treatment approaches	21	6.0

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	113	26
Number of clients ²	3,235	1,069
Number of designated beds	3,348	1,037
Utilization rate ³	96.6	103.1
Average number of designated beds per facility	30	40

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	324
Methadone	317
Buprenorphine	6
Naltrexone	2

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	162	46.2
Any language other than English	237	67.5
Non-English language provided by		
Staff counselor only	61	25.7
On-call interpreter only	63	26.6
Both staff counselor and on-call interpreter	113	47.7
Languages provided by staff counselor¹		
Spanish	159	91.4
American Indian/Alaskan Native languages	—	—
Other	68	39.1

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	291	82.9
Adult women	186	53.0
Clients with co-occurring disorders	204	58.1
Adult men	185	52.7
Clients who have experienced trauma	174	49.6
Criminal justice clients	92	26.2
DUI/DWI clients	53	15.1
Young adults	115	32.8
Adolescents	52	14.8
Clients who have experienced domestic violence	109	31.1
Clients who have experienced sexual abuse	114	32.5
Pregnant or postpartum women	114	32.5
Seniors or older adults	82	23.4
LGBT ¹	91	25.9
Veterans	70	19.9
Clients living with HIV/AIDS	99	28.2
Members of military families	41	11.7
Active duty military	29	8.3
Other	18	5.1
No program or group offered	60	17.1

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

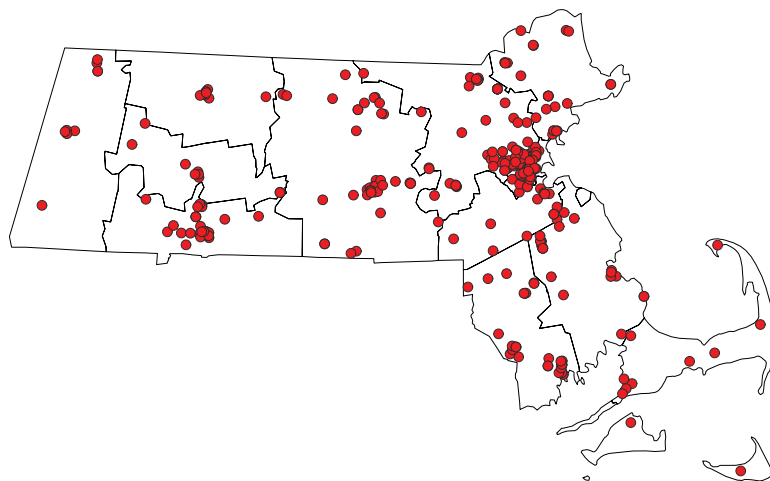
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>