

2013 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maryland, 360 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 42,128 clients in substance abuse treatment on March 29, 2013. The survey response rate in Maryland was 94.1%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	133	36.9	13,437	31.9	377	22.6
Private for-profit	168	46.7	20,446	48.5	677	40.5
Local, county, or community government	19	5.3	2,828	6.7	163	9.8
State government	30	8.3	4,231	10.0	453	27.1
Federal government	10	2.8	1,186	2.8	--	--
Tribal government	--	--	--	--	--	--
Total	360	100.0	42,128	100.0	1,670	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	324	92.6	18,295	43.5	379
Clients with drug abuse only	289	82.6	18,935	45.0	403
Clients with alcohol abuse only	262	74.9	4,832	11.5	100
Total	350		42,062	100.0	882

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 10.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	309	85.8	39,992	94.9	64	1,510	90.4
Regular	281	78.1	15,212	36.1	30		
Intensive	165	45.8	3,869	9.2	15		
Day treatment/partial hospitalization	19	5.3	129	0.3	--		
Detoxification	53	14.7	915	2.2	2		
Methadone/buprenorphine maintenance or Vivitrol®	103	28.6	19,867	47.2	150		
Residential (non-hospital)	69	19.2	1,704	4.0	15	77	4.6
Short term (<30 days)	22	6.1	376	0.9	11		
Long term (30+ days)	63	17.5	1,281	3.0	12		
Detoxification	13	3.6	47	0.1	2		
Hospital Inpatient	20	5.6	432	1.0	22	83	5.0
Treatment	16	4.4	200	0.5	10		
Detoxification	20	5.6	232	0.6	5		
Total	360		42,128	100.0	55	1,670	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	57	4.4
Clients in Facilities with OTPs		
Methadone	19,488	87.8
Buprenorphine	729	3.3
Vivitrol®	6	*
Clients in Facilities without OTPs		
Buprenorphine	1,893	8.5
Vivitrol®	86	0.4
Total	22,202	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	335	93.1
Private health insurance	209	58.1
Medicare	90	25.0
Medicaid	237	65.8
State-financed health insurance	156	43.3
Federal military insurance	78	21.7
No payment accepted	7	1.9
Access to Recovery (ATR) vouchers ²	74	20.6
IHS/638 contract care funds	3	0.8
Other payments	7	1.9
Sliding fee scale	238	66.1
Treatment at no charge for clients who cannot pay	142	39.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	339	94.2
State substance abuse agency	309	85.8
State mental health department	148	41.1
State department of health	223	61.9
Hospital licensing authority	17	4.7
The Joint Commission	81	22.5
Commission on Accreditation of Rehabilitation Facilities	57	15.8
National Committee for Quality Assurance	12	3.3
Council on Accreditation	11	3.1
Other state/local agency/organization	13	3.6

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	167	46.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	356	98.9
Screening for substance abuse	348	96.7
Screening for mental health disorders	269	74.7
Comprehensive substance abuse assessment or diagnosis	339	94.2
Comprehensive mental health assessment or diagnosis	161	44.7
Screening for tobacco use	258	71.7
Outreach to persons in the community who may need treatment	204	56.7
Interim services for clients when immediate admission is not possible	152	42.2
No services offered	4	1.1
Testing	343	95.3
Breathalyzer or other blood alcohol testing	315	87.5
Drug or alcohol urine screening	334	92.8
Screening for Hepatitis B	120	33.3
Screening for Hepatitis C	122	33.9
HIV testing	122	33.9
STD testing	95	26.4
TB screening	178	49.4
No services offered	12	3.3
Counseling	358	99.4
Individual counseling	348	96.7
Group counseling	338	93.9
Family counseling	312	86.7
Marital/couples counseling	214	59.4
Transitional Services	354	98.3
Discharge planning	347	96.4
Aftercare/continuing care	318	88.3
No services offered	6	1.7
Pharmacotherapies	204	56.7
Disulfiram (Antabuse®)	75	20.8
Naltrexone (oral)	73	20.3
Vivitrol® (injectable Naltrexone)	47	13.1
Acamprosate (Campral®)	66	18.3
Nicotine replacement	80	22.2
Non-nicotine smoking/tobacco cessation medications	52	14.4
Medications for psychiatric disorders	136	37.8
Methadone	72	20.0
Buprenorphine with naloxone (Suboxone®)	127	35.3
Buprenorphine without naloxone	78	21.7
No services offered	147	40.8
Ancillary Services	359	99.7
Case management services	276	76.7
Social skills development	233	64.7
Mentoring/peer support	190	52.8
Child care for clients' children	17	4.7
Assistance with obtaining social services	214	59.4
Employment counseling or training for clients	139	38.6
Assistance in locating housing for clients	163	45.3

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	127	35.3
Early intervention for HIV	128	35.6
HIV or AIDS education, counseling, or support	245	68.1
Hepatitis education, counseling, or support	196	54.4
Health education other than HIV/AIDS or hepatitis	219	60.8
Substance abuse education	341	94.7
Transportation assistance to treatment	138	38.3
Mental health services	222	61.7
Acupuncture	42	11.7
Residential beds for clients' children	11	3.1
Self-help groups	175	48.6
Smoking cessation counseling	153	42.5
No services offered	1	0.3
Other Services	138	38.3
Treatment for gambling disorder	114	31.7
Treatment for Internet use disorder	25	6.9
Treatment for other addiction disorder	70	19.4
No services offered	203	56.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	353	98.1
Relapse prevention	335	93.1
Cognitive-behavioral therapy	338	93.9
Motivational interviewing	304	84.4
Anger management	254	70.6
Brief intervention	297	82.5
12-step facilitation	273	75.8
Trauma-related counseling	211	58.6
Contingency management/motivational incentives	219	60.8
Rational emotive behavioral therapy (REBT)	165	45.8
Matrix Model	95	26.4
Community reinforcement plus vouchers	43	11.9
Computerized substance abuse treatment/telemedicine	46	12.8
Other treatment approaches	32	8.9

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	62	17
Number of clients ²	1,456	402
Number of designated beds	2,074	709
Utilization rate ³	70.2	56.7
Average number of designated beds per facility	33	42

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	330
Buprenorphine	44
Vivitrol®	2

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	69	19.2
Any language other than English	101	28.1
Non-English Language Provided by:		
Staff counselor only	32	31.7
On-call interpreter only	47	46.5
Both staff counselor and on-call interpreter	22	21.8
Languages Provided by Staff Counselor:¹		
Spanish	48	88.9
American Indian/Alaska Native languages	--	--
Other	13	24.1

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	327	90.8
Adult women	182	50.6
Clients with co-occurring disorders	180	50.0
Adult men	156	43.3
Criminal justice clients	133	36.9
Adolescents	87	24.2
Persons who have experienced trauma	92	25.6
DUI/DWI clients	154	42.8
Young adults	94	26.1
Persons who have experienced domestic violence	67	18.6
Persons who have experienced sexual abuse	69	19.2
Pregnant or postpartum women	62	17.2
Persons with HIV/AIDS	77	21.4
Veterans	40	11.1
LGBT ¹	46	12.8
Seniors or older adults	55	15.3
Members of military families	26	7.2
Active duty military	23	6.4
Other	32	8.9
No program or group offered	104	28.9

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues. ‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

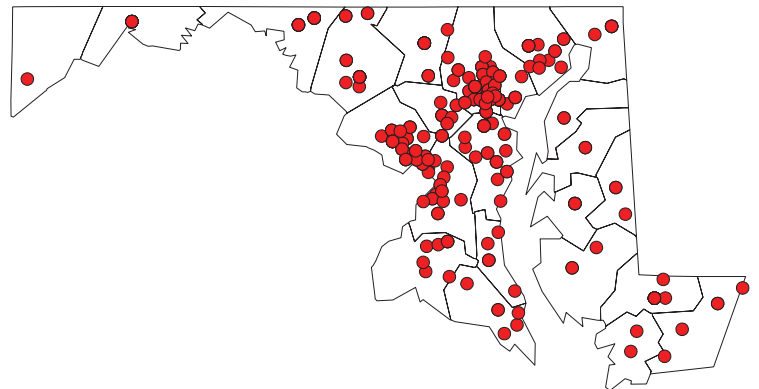
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/