

2016 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on N-SSATS methodology is available at:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maryland, 402 substance abuse treatment facilities were included in the 2016 N-SSATS, which reported a total of 47,257 clients in substance abuse treatment on March 31, 2016. The survey response rate in Maryland was 88.6 percent.

Facility Operation

	Facilities		Clients in treatment on March 31, 2016	
	No.	%	No.	%
Private non-profit	146	36.3	15,017	31.8
Private for-profit	205	51.0	26,804	56.7
Local, county, or community government	19	4.7	1,603	3.4
State government	23	5.7	3,204	6.8
Federal government	9	2.2	629	1.3
Tribal government	—	—	—	—
Total	402	100.0	47,257	100.0

Type of Care

	Facilities ¹		Clients in treatment on March 31, 2016			
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility
Outpatient	356	88.6	45,320	95.9	345	40
Regular	331	82.3				
Intensive	221	55.0				
Day treatment/partial hospitalization	40	10.0				
Detoxification	48	11.9				
Methadone maintenance ²	160	39.8				
Residential (non-hospital)	72	17.9	1,902	4.0	—	15
Short term (<30 days)	21	5.2				
Long term (30+ days)	63	15.7				
Detoxification	15	3.7				
Hospital inpatient	10	2.5	35	0.1	—	4
Treatment	7	1.7				
Detoxification	10	2.5				
Total	402		47,257	100.0	345	40

¹Facilities may provide more than one type of care. ² Methadone/buprenorphine maintenance or extended-release injectable naltrexone/Vivtro[®] treatment.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	69	5.3
Clients in facilities with OTPs²		
Methadone	23,089	6.7
Buprenorphine	1,196	6.4
Extended-release, injectable naltrexone/Vivitrol®	38	4.2
Clients in facilities without OTPs²		
Buprenorphine	3,420	8.0
Extended-release, injectable naltrexone/Vivitrol®	277	3.0
Total²	28,020	6.7

¹ Percentage of all OTP facilities that are in the United States.

² Percentage of all methadone, buprenorphine, or extended-release, injectable naltrexone/Vivitrol® clients in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	362	90.0
Private health insurance	227	56.5
Medicare	127	31.6
Medicaid	299	74.4
State-financed health insurance	177	44.0
Federal military insurance	79	19.7
No payment accepted	7	1.7
Access to Recovery (ATR) vouchers ²	70	17.4
IHS/Tribal/Urban (ITU) funds	8	2.0
Other payments	3	0.7
Sliding fee scale	230	57.2
Treatment at no charge for clients who can't pay	118	29.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Types of Services Offered		
	Facilities	
	No.	%
Assessment and pre-treatment services	399	99.3
Screening for substance abuse	393	97.8
Screening for mental health disorders	289	71.9
Comprehensive substance abuse assessment or diagnosis	381	94.8
Comprehensive mental health assessment or diagnosis	193	48.0
Screening for tobacco use	288	71.6
Outreach to persons in the community who may need treatment	245	60.9
Interim services for clients when immediate admission is not possible	168	41.8
No services offered	3	0.7
Testing	386	96.0
Breathalyzer or other blood alcohol testing	342	85.1
Drug or alcohol urine screening	378	94.0
Screening for hepatitis B	123	30.6
Screening for hepatitis C	135	33.6
HIV testing	128	31.8
STD testing	100	24.9

Continued

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	382	95.0
State substance abuse agency	350	87.1
State mental health department	182	45.3
State department of health	254	63.2
Hospital licensing authority	14	3.5
The Joint Commission	76	18.9
Commission on Accreditation of Rehabilitation Facilities	98	24.4
National Committee for Quality Assurance	16	4.0
Council on Accreditation	6	1.5
Healthcare Facilities Accreditation Program	9	2.2
Other state/local agency/organization	10	2.5

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	148	36.8

Types of Services Offered (continued)

	Facilities	
	No.	%
TB screening	190	47.3
No services offered	16	4.0
Counseling	402	100.0
Individual counseling	393	97.8
Group counseling	381	94.8
Family counseling	327	81.3
Marital/couples counseling	240	59.7
Transitional services	395	98.3
Discharge planning	387	96.3
Aftercare/continuing care	347	86.3
No services offered	7	1.7
Pharmacotherapies	232	57.7
Disulfiram (Antabuse®)	89	22.1
Naltrexone (oral)	101	25.1
Extended-release, injectable naltrexone/Vivitrol®	88	21.9
Acamprosate (Campral®)	64	15.9
Nicotine replacement	85	21.1
Non-nicotine smoking/tobacco cessation medications	55	13.7
Medications for psychiatric disorders	145	36.1
Methadone	69	17.2
Buprenorphine with naloxone (Suboxone®)	151	37.6
Buprenorphine without naloxone	113	28.1
No services offered	170	42.3
Ancillary services	396	98.5
Case management services	318	79.1
Social skills development	269	66.9
Mentoring/peer support	223	55.5
Child care for clients' children	20	5.0
Assistance with obtaining social services	244	60.7
Employment counseling or training for clients	153	38.1
Assistance in locating housing for clients	196	48.8
Domestic violence services	137	34.1
Early intervention for HIV	122	30.3
HIV or AIDS education, counseling, or support	250	62.2
Hepatitis education, counseling, or support	228	56.7
Health education other than HIV/AIDS or hepatitis	227	56.5
Substance abuse education	382	95.0
Transportation assistance to treatment	157	39.1
Mental health services	244	60.7
Acupuncture	45	11.2
Residential beds for clients' children	7	1.7
Self-help groups	175	43.5
Smoking/tobacco cessation counseling	198	49.3
No services offered	6	1.5
Other services	160	39.8
Treatment for gambling disorder	128	31.8
Treatment for Internet use disorder	31	7.7
Treatment for other addiction disorder	89	22.1
No services offered	242	60.2

Clinical/Therapeutic Approaches (Used 'Always,' 'Often,' or 'Sometimes')

	Facilities	
	No.	%
Substance abuse counseling	396	98.5
Relapse prevention	379	94.3
Cognitive-behavioral therapy	375	93.3
Motivational interviewing	359	89.3
Anger management	303	75.4
Brief intervention	310	77.1
Trauma-related counseling	275	68.4
12-step facilitation	315	78.4
Contingency management/motivational incentives	228	56.7
Dialectical behavior therapy	164	40.8
Rational emotive behavioral therapy	189	47.0
Matrix model	151	37.6
Computerized substance abuse treatment	71	17.7
Community reinforcement plus vouchers	51	12.7
Other treatment approaches	13	3.2

Clients per 100,000 Population in Opioid Treatment on March 31, 2016

	No.
Methadone	384
Buprenorphine	20
Extended-release, injectable naltrexone/Vivitrol®	†

Services in Sign Language for the Hearing-Impaired and in Languages Other Than English

	Facilities	
	No.	%
Sign language	89	22.1
Any language other than English	132	32.8
Non-English language provided by:		
Staff counselor only	39	29.5
On-call interpreter only	67	50.8
Both staff counselor and on-call interpreter	26	19.7
Languages provided by staff counselor:¹		
Spanish	60	92.3
American Indian/Alaska Native languages	—	—
Other	20	30.8

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically Tailored Programs or Groups

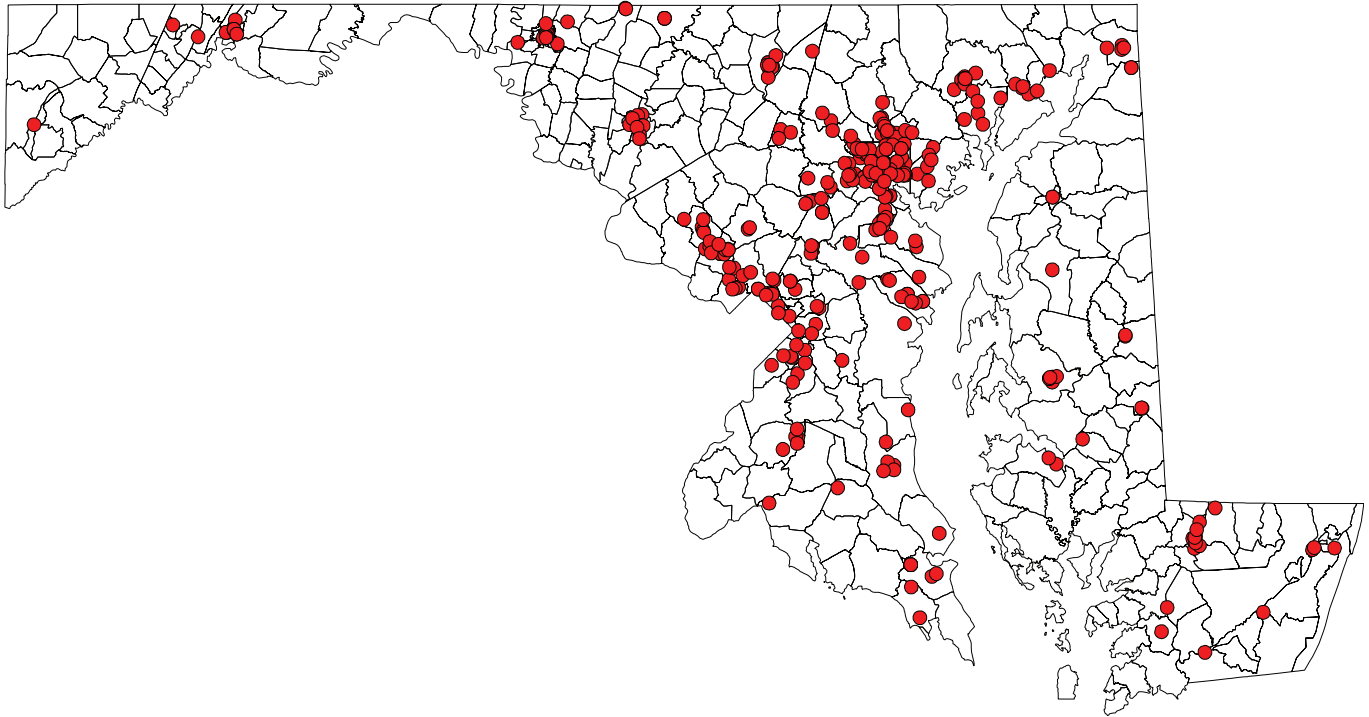
	Facilities	
	No.	%
Any program or group	346	86.1
Adult women	201	50.0
Clients with co-occurring disorders	194	48.3
Adult men	200	49.8
Clients who have experienced trauma	143	35.6
Criminal justice clients	140	34.8
DUI/DWI clients	188	46.8
Young adults	134	33.3
Adolescents	96	23.9
Clients who have experienced domestic violence	105	26.1
Clients who have experienced sexual abuse	101	25.1
Pregnant or postpartum women	97	24.1
Seniors or older adults	97	24.1
LGBT ¹	92	22.9
Veterans	92	22.9
Clients living with HIV/AIDS	91	22.6
Members of military families	56	13.9
Active duty military	51	12.7
Other	12	3.0
No program or group offered	56	13.9

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: — Quantity is zero; * Less than 0.05 percent; n/a Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Note: Symbols keyed may not appear in every table.

Location of Treatment Facilities



<http://wwwdasis.samhsa.gov/webt/newmapv1.htm>

Data are from facilities that reported to N-SSATS, based on the survey's reference date, March 31, 2016. All material in this report is public domain, and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://samhsa.gov/data/substance-abuse-facilities-data-nssats>

Access the latest N-SSATS public use files at:
<http://datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://samhsa.gov/data/>

Access N-SSATS profiles for individual states at:
<https://wwwdasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's
Behavioral Health Treatment Services Locator at:
<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/