

2017 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Maryland, 387 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 48,654 clients in substance abuse treatment on March 31, 2017. The survey response rate in Maryland was 85.7 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	138	35.7	14,547	29.9	304	32.9
Private for-profit	203	52.5	28,653	58.9	369	39.9
Local, county, or community government	17	4.4	1,969	4.0	121	13.1
State government	21	5.4	2,650	5.4	131	14.2
Federal government	8	2.1	835	1.7	—	—
Tribal government	—	—	—	—	—	—
Total	387	100.0	48,654	100.0	925	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	316	90.0	14,146	29.1	292
Clients with drug abuse only	293	83.5	29,244	60.1	615
Clients with alcohol abuse only	249	70.9	5,263	10.8	108
Total			48,654	100.0	1,015

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	339	87.6	46,815	96.2	337	41	888	96.0
Regular	319	82.4	14,332	29.5	27	30		
Intensive	214	55.3	3,831	7.9	17	15		
Day treatment/partial hospitalization	39	10.1	465	1.0	—	14		
Detoxification	68	17.6	435	0.9	8	16		
Methadone maintenance	151	39.0	27,752	57.0	333	20		
Residential (non-hospital)	68	17.6	1,702	3.5	40	16	26	2.8
Short term (<30 days)	24	6.2	393	0.8	—	18		
Long term (30+ days)	59	15.2	1,205	2.5	40	12		
Detoxification	14	3.6	104	0.2	—	9		
Hospital inpatient	10	2.6	137	0.3	—	13	11	1.2
Treatment	6	1.6	100	0.2	—	24		
Detoxification	10	2.6	37	0.1	—	4		
Total	387		48,654	100.0	337	39	925	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	70	5.3
Clients in facilities with OTPs²		
Any MAT	27,571	6.7
Methadone	25,026	6.5
Buprenorphine	2,340	8.5
Naltrexone	205	6.0
Clients in facilities without OTPs²		
Any MAT	3,578	3.4
Buprenorphine	3,103	3.7
Naltrexone	475	2.4

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	349	90.2
Private health insurance	229	59.2
Medicare	120	31.0
Medicaid	292	75.5
State-financed health insurance	167	43.2
Federal military insurance	92	23.8
No payment accepted	12	3.1
Access to Recovery (ATR) vouchers ²	59	15.2
IHS/Tribal/Urban (ITU) funds	13	3.4
Other payments	1	0.3
Sliding fee scale	208	53.7
Treatment at no charge for clients who can't pay	126	32.6

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	365	94.3
State substance abuse agency	336	86.8
State mental health department	186	48.1
State department of health	257	66.4
Hospital licensing authority	13	3.4
The Joint Commission	69	17.8
Commission on Accreditation of Rehabilitation Facilities	126	32.6
National Committee for Quality Assurance	15	3.9
Council on Accreditation	8	2.1
Healthcare Facilities Accreditation Program	8	2.1
Other state/local agency/organization	13	3.4

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	142	36.7

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	380	98.2
Screening for mental health disorders	289	74.7
Comprehensive substance abuse assessment or diagnosis	367	94.8
Comprehensive mental health assessment or diagnosis	191	49.4
Screening for tobacco use	287	74.2
Outreach to persons in the community who may need treatment	233	60.2
Interim services for clients when immediate admission is not possible	162	41.9
No services offered	5	1.3
Testing		
Breathalyzer or other blood alcohol testing	324	83.7
Drug or alcohol urine screening	366	94.6
Screening for hepatitis B	114	29.5
Screening for hepatitis C	129	33.3
HIV testing	122	31.5
STD testing	90	23.3
TB screening	173	44.7
No services offered	16	4.1
Counseling		
Individual counseling	373	96.4
Group counseling	367	94.8
Family counseling	309	79.8
Marital/couples counseling	240	62.0
Transitional services		
Discharge planning	371	95.9
Aftercare/continuing care	324	83.7
No services offered	7	1.8
Pharmacotherapies		
Disulfiram (Antabuse®)	94	24.3
Naltrexone (oral)	104	26.9
Extended-release, injectable naltrexone/Vivitrol®	102	26.4
Acamprosate (Campral®)	72	18.6
Nicotine replacement	89	23.0
Non-nicotine smoking/tobacco cessation medications	62	16.0
Medications for psychiatric disorders	136	35.1
Methadone	67	17.3
Buprenorphine with naloxone (Suboxone®)	157	40.6
Buprenorphine without naloxone	110	28.4
Buprenorphine subdermal implant (Probuphine®)	14	3.6
No services offered	157	40.6
Ancillary services		
Case management services	316	81.7
Social skills development	265	68.5
Mentoring/peer support	210	54.3
Child care for clients' children	21	5.4
Assistance with obtaining social services	241	62.3
Employment counseling or training for clients	145	37.5

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	199	51.4
Domestic violence services	129	33.3
Early intervention for HIV	105	27.1
HIV or AIDS education, counseling, or support	245	63.3
Hepatitis education, counseling, or support	225	58.1
Health education other than HIV/AIDS or hepatitis	223	57.6
Substance abuse education	368	95.1
Transportation assistance to treatment	163	42.1
Mental health services	244	63.0
Acupuncture	40	10.3
Residential beds for clients' children	10	2.6
Self-help groups	173	44.7
Smoking/tobacco cessation counseling	186	48.1
No services offered	1	0.3
Other services		
Treatment for gambling disorder	134	34.6
Treatment for Internet use disorder	44	11.4
Treatment for other addiction disorder	98	25.3
No services offered	220	56.8

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	381	98.4
Relapse prevention	367	94.8
Cognitive behavioral therapy	357	92.2
Motivational interviewing	350	90.4
Anger management	303	78.3
Brief intervention	307	79.3
Trauma-related counseling	275	71.1
12-step facilitation	302	78.0
Contingency management/motivational incentives	235	60.7
Dialectical behavior therapy	172	44.4
Rational emotive behavioral therapy	180	46.5
Matrix model	145	37.5
Computerized substance abuse treatment	60	15.5
Community reinforcement plus vouchers	53	13.7
Other treatment approaches	26	6.7

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	46	6
Number of clients ²	1,303	131
Number of designated beds	1,660	189
Utilization rate ³	78.5	69.3
Average number of designated beds per facility	36	32

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	456
Methadone	414
Buprenorphine	39
Naltrexone	3

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	90	23.3
Any language other than English	123	31.8
Non-English language provided by		
Staff counselor only	32	26.0
On-call interpreter only	64	52.0
Both staff counselor and on-call interpreter	27	22.0
Languages provided by staff counselor¹		
Spanish	53	89.8
American Indian/Alaskan Native languages	—	—
Other	18	30.5

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	345	89.1
Adult women	218	56.3
Clients with co-occurring disorders	202	52.2
Adult men	212	54.8
Clients who have experienced trauma	143	37.0
Criminal justice clients	150	38.8
DUI/DWI clients	172	44.4
Young adults	151	39.0
Adolescents	95	24.5
Clients who have experienced domestic violence	99	25.6
Clients who have experienced sexual abuse	104	26.9
Pregnant or postpartum women	100	25.8
Seniors or older adults	102	26.4
LGBT ¹	87	22.5
Veterans	80	20.7
Clients living with HIV/AIDS	99	25.6
Members of military families	54	14.0
Active duty military	49	12.7
Other	11	2.8
No program or group offered	42	10.9

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

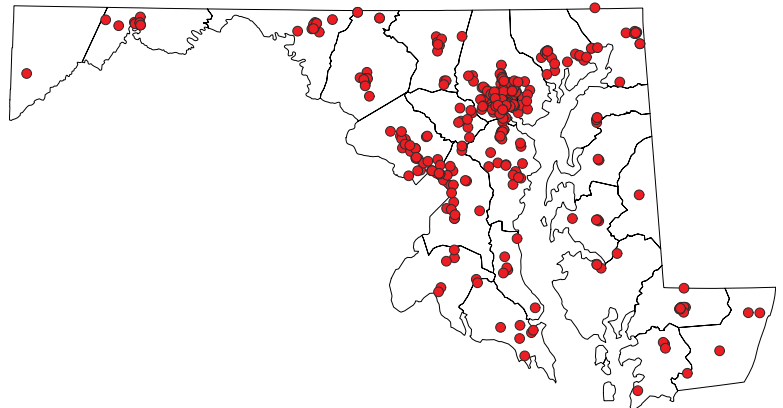
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>