

State Profile - Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Maine**, 184 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 7,109 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Maine** was 83%.

Facility Ownership/Operation			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Private non-profit	109	59%	3,917	55%	455	62%		
Private for-profit	65	35%	2,748	39%	222	30%		
Local government	1	1%	76	1%	-	-		
State government	-	-	-	-	-	-		
Federal government	6	3%	208	3%	15	2%		
Dept. of Veterans Affairs	4	2%	136	2%	-	-		
Dept. of Defense	-	-	-	-	-	-		
Indian Health Service	-	-	-	-	-	-		
Other	2	1%	72	1%	15	2%		
Tribal government	3	2%	160	2%	43	6%		
Total	184	100%	7,109	100%	735	100%		

Primary Focus of Facility			Clients in Treatment on March 31, 2004					
	Facilities		All Clients		Clients Under Age 18			
	No.	%	No.	%	No.	%		
Substance abuse treatment services	91	50%	4,100	58%	397	54%		
Mental health services	19	10%	572	8%	62	8%		
Mix of mental health & substance abuse treatment services	64	35%	2,253	32%	212	29%		
General health care	6	3%	107	2%	1	<1%		
Other/unknown	4	2%	77	1%	63	9%		
Total	184	100%	7,109	100%	735	100%		

Substance Abuse Problem Treated			Clients in Treatment on March 31, 2004					
	Facilities¹		Clients		Clients per 100,000 Pop.			
	No.	%	No.	%	Aged 18 and Over			
Clients with both alcohol and drug abuse	136	94%	3,591	51%	321			
Clients with drug abuse only	98	68%	2,030	29%	198			
Clients with alcohol abuse only	117	81%	1,476	21%	140			
Total²	145		7,097	100%	659			

¹ Facilities may be included in more than one category.

² Excludes 39 facilities that were not asked or did not respond to this question.

Type of Care

Clients in Treatment on March 31, 2004 All Clients Clients Under Age 18

	Facilities ¹		Median No. of Clients Per Facility			Clients Under Age 18	
	No.	%	No.	%		No.	%
Outpatient	160	87%	6,693	94%	20	644	88%
Regular outpatient	159	86%	4,359	61%	16		
Intensive outpatient	33	18%	434	6%	5		
Day treatment/partial hospitalization	9	5%	173	2%	7		
Detoxification	15	8%	121	2%	3		
Methadone	4	2%	1,606	23%	530		
Residential	29	16%	326	5%	10	83	11%
Short term	10	5%	52	1%	6		
Long term	22	12%	274	4%	12		
Detoxification	2	1%	–	–	–		
Hospital Inpatient	11	6%	90	1%	4	8	1%
Rehabilitation	6	3%	40	<1%	2		
Detoxification	11	6%	50	<1%	2		
Total	184		7,109	100%	17	735	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	2	40%
Detoxification only	–	–
Both maintenance and detoxification	3	60%
Total	5	100%
Clients in Facilities with OTPs	1,636	
Methadone	1,606	
Buprenorphine	30	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	161	88%
Private health insurance	141	77%
Medicare	94	51%
Medicaid	157	85%
Other State-financed health insurance	84	46%
Federal military insurance	98	53%
No payment accepted	4	2%
Other type of payment	13	7%
Sliding fee scale	122	66%
Treatment at no charge for clients who cannot pay	101	55%

Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities ¹	20	4
No. of clients	243	39
Designated beds	249	53
Utilization rate	98%	74%
Designated beds per facility (average)	12	13

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	174	95%
State substance abuse agency	166	90%
State mental health department	78	42%
State public health department/board of health	18	10%
Hospital licensing authority	15	8%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	26	14%
CARF (Rehabilitation Accreditation Commission)	4	2%
NCQA (National Committee for Quality Assurance)	3	2%
COA (Council for Accreditation for Children and Family Services)	14	8%
Other State/Local Agency/Organization	21	11%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	80	44%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	95	52%

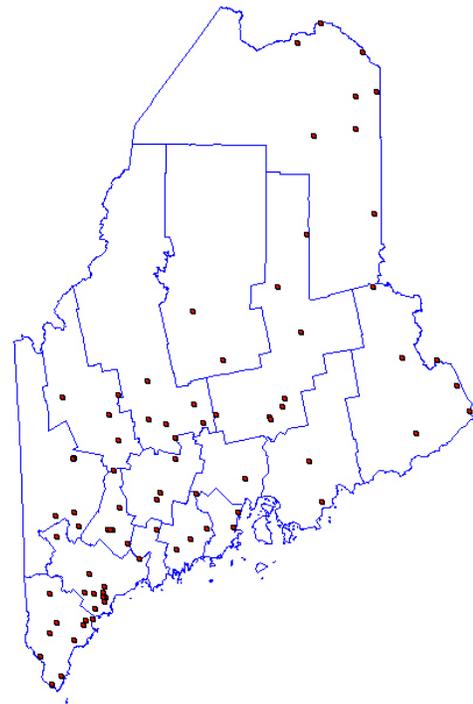
Programs for Special Groups

	Facilities	
	No.	%
Any program or group	148	86%
Adolescents	55	30%
Co-occurring disorders	66	36%
Criminal justice clients	45	25%
Persons with HIV or AIDS	10	5%
Gays and lesbians	6	3%
Seniors or older adults	9	5%
Women	31	17%
Pregnant or postpartum women	17	9%
Men	23	13%
DUI/DWI offenders	98	53%
Other groups	25	14%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	179	97%
Comprehensive substance abuse assessment or diagnosis	177	96%
Comprehensive mental health assessment or diagnosis	85	46%
Substance Abuse Therapy and Counseling	183	99%
Family counseling	133	72%
Group therapy	129	70%
Individual therapy	180	98%
Relapse prevention	102	55%
Aftercare counseling	130	71%
Pharmacotherapies	23	13%
Antabuse	15	8%
Naltrexone	12	7%
Buprenorphine	8	4%
Methadone	6	3%
Testing	110	60%
Breathalyzer or blood alcohol testing	43	23%
Drug or alcohol urine screening	90	49%
Screening for Hepatitis B	23	13%
Screening for Hepatitis C	29	16%
HIV testing	32	17%
STD testing	17	9%
TB screening	29	16%
Transitional Services	135	73%
Assistance with obtaining social services	81	44%
Discharge planning	128	70%
Employment counseling or training	25	14%
Assistance in locating housing	70	38%
Other Services	118	64%
Case management services	65	35%
Child care	9	5%
Domestic violence	40	22%
HIV or AIDS education, counseling, or support	63	34%
Outcome follow-up after discharge	52	28%
Transportation assistance to treatment	53	29%
Acupuncture	4	2%
Residential beds for clients' children	4	2%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	85	46%
Any language other than English	83	45%
Staff counselor	13	16%
On-call interpreter	62	75%
Both staff counselor and on-call interpreter	8	10%
Spanish	6	3%
American Indian/Alaska Native languages	3	2%
Other	14	8%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov>



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www.oas.samhsa.gov