

2013 State Profile — Maine

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maine, 222 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 11,373 clients in substance abuse treatment on March 29, 2013. The survey response rate in Maine was 91.4%.

Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	106	47.7	4,996	44.6	450	54.8
Private for-profit	105	47.3	5,876	52.5	368	44.8
Local, county, or community government	2	0.9	^	^	--	--
State government	--	--	--	--	--	--
Federal government	4	1.8	146	1.3	--	--
Tribal government	5	2.3	174	1.6	3	0.4
Total	222	100.0	11,192¹	100.0	821	100.0

¹ Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 29, 2013		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	197	92.9	4,418	38.8	370
Clients with drug abuse only	173	81.6	5,411	47.6	488
Clients with alcohol abuse only	183	86.3	1,544	13.6	130
Total	212		11,373	100.0	988

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 10.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	197	88.7	10,865	95.5	20	766	93.3
Regular	194	87.4	6,293	55.3	15		
Intensive	49	22.1	572	5.0	9		
Day treatment/partial hospitalization	12	5.4	54	0.5	--		
Detoxification	17	7.7	81	0.7	1		
Methadone/buprenorphine maintenance or Vivitrol®	23	10.4	3,865	34.0	26		
Residential (non-hospital)	25	11.3	362	3.2	13	55	6.7
Short term (<30 days)	8	3.6	79	0.7	12		
Long term (30+ days)	22	9.9	283	2.5	11		
Detoxification	--	--	--	--	--		
Hospital Inpatient	8	3.6	146	1.3	18	--	--
Treatment	4	1.8	24	0.2	2		
Detoxification	8	3.6	122	1.1	18		
Total	222		11,373	100.0	20	821	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	10	0.8
Clients in Facilities with OTPs		
Methadone	3,657	81.2
Buprenorphine	276	6.1
Vivitrol®	--	--
Clients in Facilities without OTPs		
Buprenorphine	562	12.5
Vivitrol®	7	0.2
Total	4,502	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	210	94.6
Private health insurance	176	79.3
Medicare	118	53.2
Medicaid	192	86.5
State-financed health insurance	108	48.6
Federal military insurance	124	55.9
No payment accepted	1	0.5
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/638 contract care funds	6	2.7
Other payments	6	2.7
Sliding fee scale	152	68.5
Treatment at no charge for clients who cannot pay	90	40.5

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	199	89.6
State substance abuse agency	189	85.1
State mental health department	126	56.8
State department of health	55	24.8
Hospital licensing authority	15	6.8
The Joint Commission	22	9.9
Commission on Accreditation of Rehabilitation Facilities	21	9.5
National Committee for Quality Assurance	4	1.8
Council on Accreditation	23	10.4
Other state/local agency/organization	6	2.7

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	72	32.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	220	99.1
Screening for substance abuse	218	98.2
Screening for mental health disorders	183	82.4
Comprehensive substance abuse assessment or diagnosis	218	98.2
Comprehensive mental health assessment or diagnosis	129	58.1
Screening for tobacco use	157	70.7
Outreach to persons in the community who may need treatment	103	46.4
Interim services for clients when immediate admission is not possible	90	40.5
No services offered	2	0.9
Testing	129	58.1
Breathalyzer or other blood alcohol testing	57	25.7
Drug or alcohol urine screening	121	54.5
Screening for Hepatitis B	35	15.8
Screening for Hepatitis C	36	16.2
HIV testing	35	15.8
STD testing	30	13.5
TB screening	40	18.0
No services offered	72	32.4
Counseling	218	98.2
Individual counseling	216	97.3
Group counseling	143	64.4
Family counseling	173	77.9
Marital/couples counseling	143	64.4
Transitional Services	217	97.7
Discharge planning	211	95.0
Aftercare/continuing care	169	76.1
No services offered	4	1.8
Pharmacotherapies	80	36.0
Disulfiram (Antabuse®)	43	19.4
Naltrexone (oral)	47	21.2
Vivitrol® (injectable Naltrexone)	22	9.9
Acamprosate (Campral®)	44	19.8
Nicotine replacement	44	19.8
Non-nicotine smoking/tobacco cessation medications	36	16.2
Medications for psychiatric disorders	68	30.6
Methadone	15	6.8
Buprenorphine with naloxone (Suboxone®)	48	21.6
Buprenorphine without naloxone	33	14.9
No services offered	115	51.8
Ancillary Services	217	97.7
Case management services	117	52.7
Social skills development	133	59.9
Mentoring/peer support	78	35.1
Child care for clients' children	2	0.9
Assistance with obtaining social services	110	49.5
Employment counseling or training for clients	42	18.9
Assistance in locating housing for clients	84	37.8

Continued

Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	89	40.1
Early intervention for HIV	30	13.5
HIV or AIDS education, counseling, or support	73	32.9
Hepatitis education, counseling, or support	56	25.2
Health education other than HIV/AIDS or hepatitis	66	29.7
Substance abuse education	202	91.0
Transportation assistance to treatment	53	23.9
Mental health services	159	71.6
Acupuncture	3	1.4
Residential beds for clients' children	4	1.8
Self-help groups	58	26.1
Smoking cessation counseling	94	42.3
No services offered	5	2.3
Other Services	107	48.2
Treatment for gambling disorder	71	32.0
Treatment for Internet use disorder	31	14.0
Treatment for other addiction disorder	88	39.6
No services offered	104	46.8

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	216	97.3
Relapse prevention	202	91.0
Cognitive-behavioral therapy	214	96.4
Motivational interviewing	203	91.4
Anger management	168	75.7
Brief intervention	175	78.8
12-step facilitation	135	60.8
Trauma-related counseling	173	77.9
Contingency management/motivational incentives	101	45.5
Rational emotive behavioral therapy (REBT)	58	26.1
Matrix Model	35	15.8
Community reinforcement plus vouchers	11	5.0
Computerized substance abuse treatment/telemedicine	20	9.0
Other treatment approaches	26	11.7

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	19	6
Number of clients ²	316	121
Number of designated beds	296	112
Utilization rate ³	106.8	108.0
Average number of designated beds per facility	16	19

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 29, 2013.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	275
Buprenorphine	63
Vivitrol®	*

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	82	36.9
Any language other than English	65	29.3
Non-English Language Provided by:		
Staff counselor only	11	16.9
On-call interpreter only	50	76.9
Both staff counselor and on-call interpreter	4	6.2
Languages Provided by Staff Counselor:¹		
Spanish	5	33.3
American Indian/Alaska Native languages	1	6.7
Other	11	73.3

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	175	78.8
Adult women	74	33.3
Clients with co-occurring disorders	79	35.6
Adult men	63	28.4
Criminal justice clients	46	20.7
Adolescents	47	21.2
Persons who have experienced trauma	63	28.4
DUI/DWI clients	98	44.1
Young adults	41	18.5
Persons who have experienced domestic violence	38	17.1
Persons who have experienced sexual abuse	39	17.6
Pregnant or postpartum women	33	14.9
Persons with HIV/AIDS	17	7.7
Veterans	28	12.6
LGBT ¹	20	9.0
Seniors or older adults	23	10.4
Members of military families	23	10.4
Active duty military	21	9.5
Other	19	8.6
No program or group offered	89	40.1

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key: - - Quantity is zero. * Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

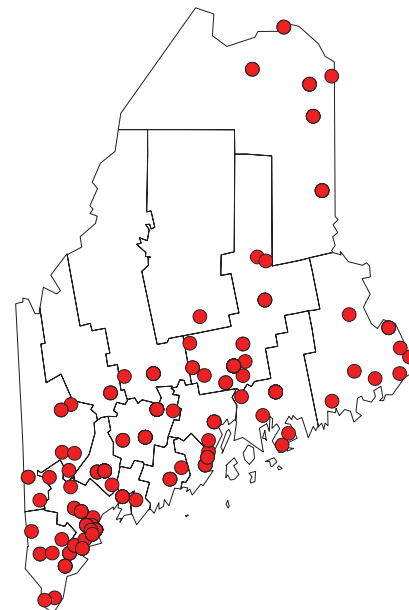
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/