

# State Profile - Minnesota

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Minnesota**, 254 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 9,679 clients in substance abuse treatment on March 31, 2004. The survey response rate in **Minnesota** was 100%.

<b>Facility Ownership/Operation</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Private non-profit	137	54%	4,393	45%	765	65%		
Private for-profit	93	37%	4,370	45%	299	25%		
Local government	9	4%	134	1%	24	2%		
State government	6	2%	250	4%	75	6%		
Federal government	2	1%	307	3%	-	-		
Dept. of Veterans Affairs	2	1%	307	3%	-	-		
Dept. of Defense	-	-	-	-	-	-		
Indian Health Service	-	-	-	-	-	-		
Other	-	-	-	-	-	-		
Tribal government	7	3%	125	1%	14	1%		
<b>Total</b>	<b>254</b>	<b>100%</b>	<b>9,679</b>	<b>100%</b>	<b>1,177</b>	<b>100%</b>		

<b>Primary Focus of Facility</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>		
Substance abuse treatment services	210	83%	8,215	85%	952	81%		
Mental health services	5	2%	98	1%	17	1%		
Mix of mental health & substance abuse treatment services	33	13%	1,262	13%	205	17%		
General health care	3	1%	34	<1%	3	<1%		
Other/unknown	3	1%	70	1%	-	-		
<b>Total</b>	<b>254</b>	<b>100%</b>	<b>9,679</b>	<b>100%</b>	<b>1,177</b>	<b>100%</b>		

<b>Substance Abuse Problem Treated</b>			<b>Clients in Treatment on March 31, 2004</b>					
	<b>Facilities<sup>1</sup></b>		<b>Clients</b>		<b>Clients per 100,000 Pop.</b>			
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>Aged 18 and Over</b>			
Clients with both alcohol and drug abuse	233	97%	5,449	57%	124			
Clients with drug abuse only	161	67%	2,100	22%	53			
Clients with alcohol abuse only	186	77%	2,034	21%	51			
<b>Total<sup>2</sup></b>	<b>241</b>		<b>9,583</b>	<b>100%</b>	<b>228</b>			

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Excludes 13 facilities that were not asked or did not respond to this question.

## Type of Care

	Clients in Treatment on March 31, 2004						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>193</b>	<b>76%</b>	<b>6,714</b>	<b>69%</b>	<b>19</b>	<b>559</b>	<b>48%</b>
Regular outpatient	139	55%	2,075	21%	9		
Intensive outpatient	142	56%	2,542	26%	12		
Day treatment/partial hospitalization	47	19%	388	4%	4		
Detoxification	10	4%	25	<1%	–		
Methadone	8	3%	1,684	17%	158		
<b>Residential</b>	<b>111</b>	<b>44%</b>	<b>2,632</b>	<b>27%</b>	<b>17</b>	<b>551</b>	<b>47%</b>
Short term	54	21%	846	9%	10		
Long term	85	34%	1,633	17%	15		
Detoxification	30	12%	153	2%	2		
<b>Hospital Inpatient</b>	<b>20</b>	<b>8%</b>	<b>33</b>	<b>3%</b>	<b>11</b>	<b>67</b>	<b>6%</b>
Rehabilitation	17	7%	287	2%	13		
Detoxification	11	4%	46	1%	4		
<b>Total</b>	<b>254</b>		<b>9,679</b>	<b>100%</b>	<b>23</b>	<b>1,177</b>	<b>100%</b>

<sup>1</sup> Facilities may be included in more than one category.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs</b>		
Maintenance only	8	80%
Detoxification only	1	10%
Both maintenance and detoxification	1	10%
<b>Total</b>	<b>10</b>	<b>100%</b>
<b>Clients in Facilities with OTPs</b>	<b>1,692</b>	
Methadone	1,692	
Buprenorphine	–	

## Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	242	95%
Private health insurance	228	90%
Medicare	77	30%
Medicaid	114	45%
Other State-financed health insurance	156	61%
Federal military insurance	96	38%
No payment accepted	1	<1%
Other type of payment	59	23%
Sliding fee scale	80	32%
Treatment at no charge for clients who cannot pay	56	22%

## Facility Capacity and Utilization Rate

	Hospital	
	Residential	Inpatient
No. of facilities <sup>1</sup>	101	12
No. of clients	2,590	328
Designated beds	2,848	333
Utilization rate	91%	99%
Designated beds per facility (average)	28	28

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

## Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	249	98%
State substance abuse agency	203	80%
State mental health department	98	19%
State public health department/board of health	152	60%
Hospital licensing authority	29	11%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	61	24%
CARF (Rehabilitation Accreditation Commission)	18	7%
NCQA (National Committee for Quality Assurance)	3	1%
COA (Council for Accreditation for Children and Family Services)	6	2%
Other State/Local Agency/Organization	53	21%

## Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	181	71%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	175	69%

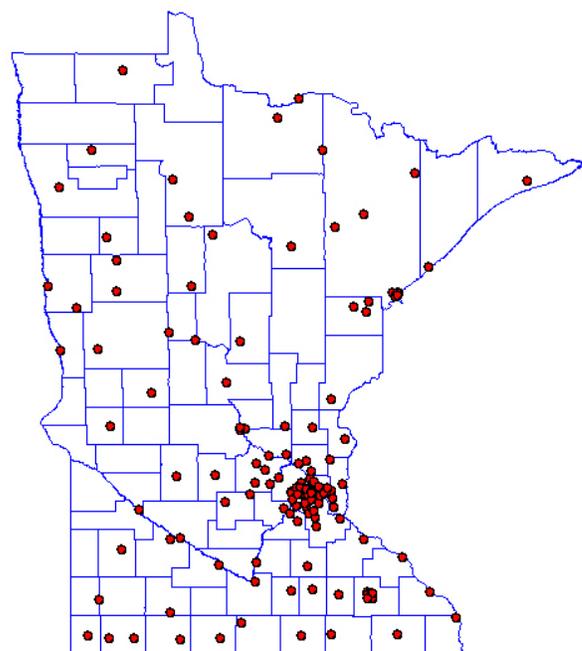
## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	202	80%
Adolescents	76	30%
Co-occurring disorders	63	25%
Criminal justice clients	38	15%
Persons with HIV or AIDS	11	4%
Gays and lesbians	10	4%
Seniors or older adults	15	6%
Women	66	26%
Pregnant or postpartum women	27	11%
Men	63	25%
DUI/DWI offenders	71	28%
Other groups	41	16%

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment Services</b>	<b>242</b>	<b>95%</b>
Comprehensive substance abuse assessment or diagnosis	238	94%
Comprehensive mental health assessment or diagnosis	63	25%
<b>Substance Abuse Therapy and Counseling</b>	<b>249</b>	<b>98%</b>
Family counseling	182	72%
Group therapy	234	92%
Individual therapy	231	91%
Relapse prevention	215	85%
Aftercare counseling	217	85%
<b>Pharmacotherapies</b>	<b>39</b>	<b>15%</b>
Antabuse	29	11%
Naltrexone	22	9%
Buprenorphine	14	6%
Methadone	19	7%
<b>Testing</b>	<b>224</b>	<b>88%</b>
Breathalyzer or blood alcohol testing	135	53%
Drug or alcohol urine screening	213	84%
Screening for Hepatitis B	41	16%
Screening for Hepatitis C	43	17%
HIV testing	50	20%
STD testing	38	15%
TB screening	63	25%
<b>Transitional Services</b>	<b>241</b>	<b>95%</b>
Assistance with obtaining social services	129	51%
Discharge planning	238	94%
Employment counseling or training	70	28%
Assistance in locating housing	111	44%
<b>Other Services</b>	<b>214</b>	<b>84%</b>
Case management services	161	63%
Child care	12	5%
Domestic violence	53	21%
HIV or AIDS education, counseling, or support	121	48%
Outcome follow-up after discharge	142	56%
Transportation assistance to treatment	88	35%
Acupuncture	15	6%
Residential beds for clients' children	2	1%

## Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

## Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	40	16%
Any language other than English	65	26%
Staff counselor	12	19%
On-call interpreter	44	68%
Both staff counselor and on-call interpreter	9	14%
Spanish	17	7%
American Indian/Alaska Native languages	2	1%
Other	5	2%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:  
<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:  
<http://www.oas.samhsa.gov>



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