

## 2009 State Profile — Minnesota

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf>

In Minnesota 298 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 14,074 clients in substance abuse treatment on March 31, 2009. The survey response rate in Minnesota was 98.4%.

#### Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	148	49.7	5,860	41.6	477	50.5
Private for-profit	120	40.3	6,487	46.1	346	36.7
Local government	6	2.0	91	0.6	12	1.3
State government	7	2.3	312	2.2	35	3.7
Federal government	2	0.7	934	6.6	0	0.0
Dept. of Veterans Affairs	2	0.7	934	6.6	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	15	5.0	390	2.8	74	7.8
<b>Total</b>	<b>298</b>	<b>100.0</b>	<b>14,074</b>	<b>100.0</b>	<b>944</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	232	77.9	10,587	75.2	703	74.5
Mental health services	2	0.7	265	1.9	0	0.0
Mix of mental health & substance abuse treatment services	60	20.1	3,141	22.3	239	25.3
General health care	2	0.7	18	0.1	0	0.0
Other/unknown	2	0.7	63	0.4	2	0.2
<b>Total</b>	<b>298</b>	<b>100.0</b>	<b>14,074</b>	<b>100.0</b>	<b>944</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2009		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	275	93.9	6,999	49.7	157
Clients with drug abuse only	200	68.3	3,499	24.9	85
Clients with alcohol abuse only	232	79.2	3,576	25.4	86
<b>Total<sup>2</sup></b>	<b>293</b>		<b>14,074</b>	<b>100.0</b>	<b>328</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:





Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	228	76.5
Contingency management	192	64.4
Trauma-related counseling	163	54.7
Rational emotive behavioral therapy	195	65.4
Matrix model	180	60.4
Community reinforcement plus vouchers	43	14.4
Other treatment approaches	72	24.2

Facility Capacity and Utilization Rate <sup>1</sup>	Hospital	
	Residential	Inpatient
Number of facilities	116	6
Number of clients	3,131	88
Number of designated beds	3,876	105
Utilization rate (%)	80.8	83.8
No. of designated beds/facility (avg.)	33	18

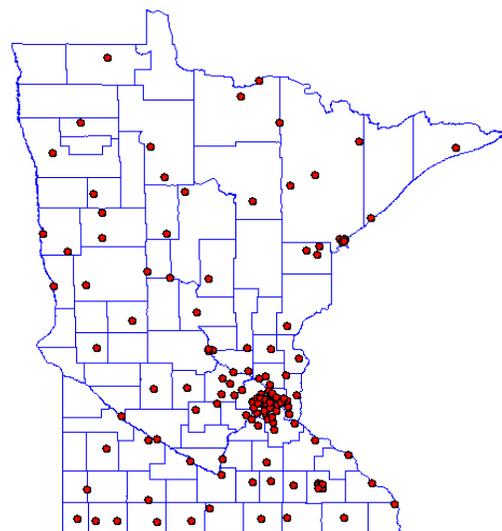
<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups	Facilities	
	No.	%
Any program or group	238	79.9
Co-occurring disorders	104	34.9
Adult women	95	31.9
Adolescents	79	26.5
DUI/DWI offenders	73	24.5
Criminal justice clients	44	14.8
Adult men	90	30.2
Pregnant or postpartum women	37	12.4
Persons with HIV or AIDS	14	4.7
Seniors or older adults	13	4.4
Gays or lesbians	12	4.0
Other groups	46	15.4

Services for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	63	21.1
Any language other than English	69	23.2
<b>Services Provided by:</b>		
On-call interpreter	46	66.7
Staff counselor	14	20.3
Both staff counselor and on-call interpreter	9	13.0
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	12	52.2
American Indian/Alaska Native languages	5	21.7
Other	7	30.4

<sup>1</sup> Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

### Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:  
<http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml>

Other substance abuse reports are available at:  
<http://www.oas.samhsa.gov/>

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services Administration  
 Office of Applied Studies  
 www.oas.samhsa.gov