

# 2011 State Profile — Minnesota

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Minnesota, 315 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 17,354 clients in substance abuse treatment on March 31, 2011. The survey response rate in Minnesota was 97.9%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	155	49.2	7,095	40.9	430	48.2
Private for-profit	127	40.3	8,447	48.7	329	36.9
Local, county, or community government	5	1.6	61	0.4	11	1.2
State government	8	2.5	404	2.3	66	7.4
Federal government	2	0.6	763	4.4	0	0.0
Dept. of Veterans Affairs	2	0.6	763	4.4	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	18	5.7	584	3.4	56	6.3
<b>Total</b>	<b>315</b>	<b>100.0</b>	<b>17,354</b>	<b>100.0</b>	<b>892</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	222	70.5	10,234	59.0	634	71.1
Mental health services	6	1.9	215	1.2	45	5.0
Mix of mental health & substance abuse treatment services	81	25.7	6,693	38.6	196	22.0
General health care	4	1.3	113	0.7	1	0.1
Other/unknown	2	0.6	99	0.6	16	1.8
<b>Total</b>	<b>315</b>	<b>100.0</b>	<b>17,354</b>	<b>100.0</b>	<b>892</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	287	93.5	6,167	35.5	136
Clients with drug abuse only	213	69.4	7,101	40.9	172
Clients with alcohol abuse only	244	79.5	4,087	23.5	97
<b>Total<sup>2</sup></b>	<b>307</b>		<b>17,354</b>	<b>100.0</b>	<b>405</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>253</b>	<b>80.3</b>	<b>12,071</b>	<b>69.6</b>	<b>21</b>	<b>660</b>	<b>74.0</b>
Regular	207	65.7	4,200	24.2	10		
Intensive	189	60.0	3,465	20.0	12		
Day treatment/partial hospitalization	54	17.1	493	2.8	0		
Detoxification	18	5.7	38	0.2	0		
Methadone maintenance	20	6.3	3,875	22.3	181		
<b>Residential (non-hospital)</b>	<b>124</b>	<b>39.4</b>	<b>5,244</b>	<b>30.2</b>	<b>18</b>	<b>232</b>	<b>26.0</b>
Short term	79	25.1	1,937	11.2	9		
Long term	102	32.4	3,168	18.3	13		
Detoxification	20	6.3	139	0.8	5		
<b>Hospital Inpatient</b>	<b>7</b>	<b>2.2</b>	<b>39</b>	<b>0.2</b>	<b>8</b>	<b>0</b>	<b>0.0</b>
Treatment	4	1.3	19	0.1	7		
Detoxification	6	1.9	20	0.1	1		
<b>Total</b>	<b>315</b>		<b>17,354</b>	<b>100.0</b>	<b>24</b>	<b>892</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>15</b>	<b>1.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	3,785	92.7
Buprenorphine	296	7.3
<b>Total</b>	<b>4,081</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	302	95.9
Private health insurance	294	93.3
Medicare	77	24.4
Medicaid	135	42.9
Other State-financed health insurance	277	87.9
Federal military insurance	115	36.5
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	33	10.5
No payment accepted	2	0.6
Accepts other payments	4	1.3
Sliding fee scale	88	27.9
Treatment at no charge for clients who cannot pay	89	28.3

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	310	98.4
State substance abuse agency	281	89.2
State mental health department	61	19.4
State department of health	213	67.6
Hospital licensing authority	20	6.3
The Joint Commission	61	19.4
CARF <sup>2</sup>	25	7.9
NCQA <sup>3</sup>	4	1.3
COA <sup>4</sup>	4	1.3
Other State/Local Agency/Org	28	8.9

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	167	53.0

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>310</b>	<b>98.4</b>
Screening for substance abuse	288	91.4
Screening for mental health disorders	168	53.3
Comprehensive substance abuse assessment or diagnosis	304	96.5
Comprehensive mental health assessment or diagnosis	104	33.0
Screening for tobacco use	153	48.6
Outreach to persons in the community who may need treatment	157	49.8
Interim services for clients when immediate admission is not possible	92	29.2
<b>Testing</b>	<b>290</b>	<b>92.1</b>
Breathalyzer or blood alcohol testing	221	70.2
Drug or alcohol urine screening	283	89.8
Screening for Hepatitis B	40	12.7
Screening for Hepatitis C	42	13.3
HIV testing	45	14.3
STD testing	36	11.4
TB screening	84	26.7
<b>Counseling</b>	<b>314</b>	<b>99.7</b>
Individual counseling	308	97.8
Group counseling	309	98.1
Family counseling	260	82.5
Marital/couples counseling	144	45.7
<b>Transitional Services</b>	<b>314</b>	<b>99.7</b>
Discharge planning	313	99.4
Aftercare/continuing care	290	92.1
<b>Pharmacotherapies</b>	<b>116</b>	<b>36.8</b>
Medications for psychiatric disorders	78	24.8
Nicotine replacement	61	19.4
Campral <sup>®</sup>	51	16.2
Antabuse <sup>®</sup>	48	15.2
Naltrexone (oral)	57	18.1
Vivitrol <sup>®</sup> (injectable Naltrexone)	14	4.4
Buprenorphine	57	18.1
Subutex <sup>®</sup> or generic	30	9.5
Suboxone <sup>®</sup>	57	18.1
Methadone	26	8.3
Non-nicotine smoking/tobacco cessation medications	44	14.0
<b>Ancillary Services</b>	<b>314</b>	<b>99.7</b>
Case management services	271	86.0
Social skills development	236	74.9
Mentoring/peer support	199	63.2
Child care for clients' children	19	6.0
Assistance with obtaining social services	182	57.8
Employment counseling or training for clients	107	34.0
Assistance in locating housing for clients	171	54.3
Domestic violence	91	28.9
Early intervention for HIV	60	19.0
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	221	70.2
Hepatitis education, counseling, or support	182	57.8
Health education other than HIV/AIDS or hepatitis	209	66.3
Substance abuse education	309	98.1
Transportation assistance to treatment	133	42.2
Mental health services	168	53.3
Acupuncture	14	4.4
Residential beds for clients' children	7	2.2
Self-help groups	211	67.0
Smoking cessation counseling	69	21.9

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	310	98.4
Relapse prevention	301	95.6
Cognitive-behavioral therapy	291	92.4
12-step facilitation	270	85.7
Motivational interviewing	283	89.8
Anger management	216	68.6
Brief intervention	232	73.7
Contingency management/motivational incentives	200	63.5
Trauma-related counseling	180	57.1
Rational emotive behavioral therapy (REBT)	165	52.4
Matrix model	182	57.8
Community reinforcement plus vouchers	38	12.1
Other treatment approaches	57	18.1

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	115	5
Number of clients <sup>2</sup>	4,331	39
Number of designated beds	3,842	73
Utilization rate (%)	112.7	53.4
No. of designated beds/facility (avg.)	33	15

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	262	83.2
Co-occurring disorders	131	41.6
Adult women	96	30.5
Adolescents	79	25.1
DUI/DWI offenders	85	27.0
Criminal justice clients	36	11.4
Adult men	84	26.7
Pregnant or postpartum women	28	8.9
Persons with HIV or AIDS	15	4.8
Seniors or older adults	13	4.1
Lesbian, gay, bisexual, or transgender clients (LGBT)	12	3.8
Other groups	33	10.5

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	65	20.6
Any language other than English	67	21.3
<b>Non-English Language Provided by:</b>		
On-call interpreter only	45	67.2
Staff counselor only	15	22.4
Both staff counselor and on-call interpreter	7	10.4
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	15	68.2
American Indian/Alaska Native languages	2	9.1
Other	8	36.4

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

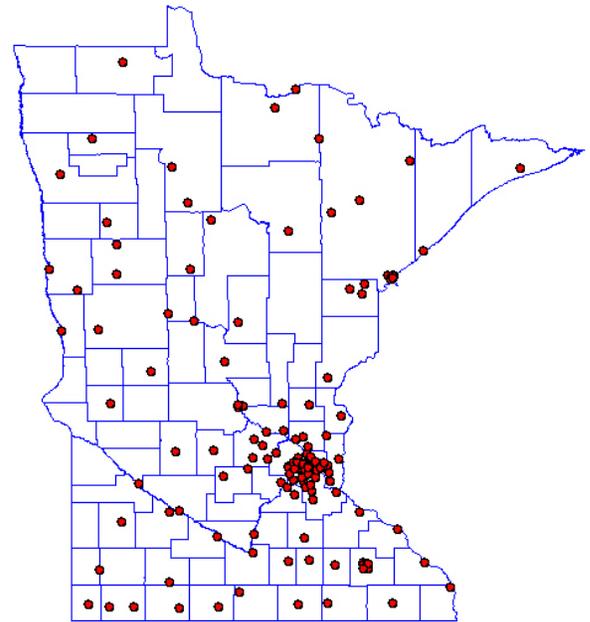
Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

## Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>