

## 2013 State Profile — Minnesota

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 states, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Minnesota, 354 substance abuse treatment facilities were included in the 2013 N-SSATS, reporting that there were 18,034 clients in substance abuse treatment on March 29, 2013. The survey response rate in Minnesota was 98.9%.

#### Facility Operation

	Facilities		Clients in Treatment on March 29, 2013			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	170	48.0	5,836	34.2	474	43.7
Private for-profit	144	40.7	9,580	56.2	383	35.3
Local, county, or community government	6	1.7	292	1.7	16	1.5
State government	8	2.3	649	3.8	21	1.9
Federal government	2	0.6	^	^	--	--
Tribal government	24	6.8	687	4.0	191	17.6
<b>Total</b>	<b>354</b>	<b>100.0</b>	<b>17,044<sup>1</sup></b>	<b>100.0</b>	<b>1,085</b>	<b>100.0</b>

<sup>1</sup> Due to confidentiality concerns, some client counts were suppressed and will not match total client counts.

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 29, 2013		
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	337	96.3	8,204	45.5	181
Clients with drug abuse only	267	76.3	6,596	36.6	154
Clients with alcohol abuse only	274	78.3	3,214	17.8	74
<b>Total</b>	<b>350</b>		<b>18,014</b>	<b>99.9</b>	<b>409</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 4.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 29, 2013				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>282</b>	<b>79.7</b>	<b>14,223</b>	<b>78.9</b>	<b>23</b>	<b>848</b>	<b>78.2</b>
Regular	243	68.6	4,133	22.9	8		
Intensive	210	59.3	4,660	25.8	14		
Day treatment/partial hospitalization	59	16.7	486	2.7	--		
Detoxification	11	3.1	78	0.4	1		
Methadone/buprenorphine maintenance or Vivitrol®	23	6.5	4,866	27.0	122		
<b>Residential (non-hospital)</b>	<b>132</b>	<b>37.3</b>	<b>3,753</b>	<b>20.8</b>	<b>17</b>	<b>237</b>	<b>21.8</b>
Short term (<30 days)	79	22.3	1,561	8.7	10		
Long term (30+ days)	109	30.8	2,058	11.4	12		
Detoxification	20	5.6	134	0.7	4		
<b>Hospital Inpatient</b>	<b>4</b>	<b>1.1</b>	<b>58</b>	<b>0.3</b>	<b>15</b>	<b>--</b>	<b>--</b>
Treatment	3	0.8	19	0.1	7		
Detoxification	3	0.8	39	0.2	19		
<b>Total</b>	<b>354</b>		<b>18,034</b>	<b>100.0</b>	<b>25</b>	<b>1,085</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>16</b>	<b>1.2</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	4,525	89.8
Buprenorphine	343	6.8
Vivitrol®	--	--
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	140	2.8
Vivitrol®	32	0.6
<b>Total</b>	<b>5,040</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	334	94.4
Private health insurance	334	94.4
Medicare	93	26.3
Medicaid	159	44.9
State-financed health insurance	321	90.7
Federal military insurance	127	35.9
No payment accepted	1	0.3
Access to Recovery (ATR) vouchers <sup>2</sup>	n/a	n/a
IHS/638 contract care funds	49	13.8
Other payments	21	5.9
Sliding fee scale	99	28.0
Treatment at no charge for clients who cannot pay	105	29.7

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	346	97.7
State substance abuse agency	303	85.6
State mental health department	77	21.8
State department of health	237	66.9
Hospital licensing authority	20	5.6
The Joint Commission	65	18.4
Commission on Accreditation of Rehabilitation Facilities	32	9.0
National Committee for Quality Assurance	5	1.4
Council on Accreditation	2	0.6
Other state/local agency/organization	27	7.6

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	178	50.3

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>353</b>	<b>99.7</b>
Screening for substance abuse	336	94.9
Screening for mental health disorders	242	68.4
Comprehensive substance abuse assessment or diagnosis	346	97.7
Comprehensive mental health assessment or diagnosis	142	40.1
Screening for tobacco use	207	58.5
Outreach to persons in the community who may need treatment	195	55.1
Interim services for clients when immediate admission is not possible	124	35.0
No services offered	1	0.3
<b>Testing</b>	<b>332</b>	<b>93.8</b>
Breathalyzer or other blood alcohol testing	255	72.0
Drug or alcohol urine screening	319	90.1
Screening for Hepatitis B	39	11.0
Screening for Hepatitis C	42	11.9
HIV testing	52	14.7
STD testing	36	10.2
TB screening	96	27.1
No services offered	20	5.6
<b>Counseling</b>	<b>352</b>	<b>99.4</b>
Individual counseling	349	98.6
Group counseling	349	98.6
Family counseling	297	83.9
Marital/couples counseling	179	50.6
<b>Transitional Services</b>	<b>354</b>	<b>100.0</b>
Discharge planning	351	99.2
Aftercare/continuing care	330	93.2
No services offered	--	--
<b>Pharmacotherapies</b>	<b>127</b>	<b>35.9</b>
Disulfiram (Antabuse®)	46	13.0
Naltrexone (oral)	56	15.8
Vivitrol® (injectable Naltrexone)	30	8.5
Acamprosate (Campral®)	51	14.4
Nicotine replacement	72	20.3
Non-nicotine smoking/tobacco cessation medications	44	12.4
Medications for psychiatric disorders	85	24.0
Methadone	25	7.1
Buprenorphine with naloxone (Suboxone®)	59	16.7
Buprenorphine without naloxone	26	7.3
No services offered	214	60.5
<b>Ancillary Services</b>	<b>354</b>	<b>100.0</b>
Case management services	296	83.6
Social skills development	283	79.9
Mentoring/peer support	239	67.5
Child care for clients' children	26	7.3
Assistance with obtaining social services	204	57.6
Employment counseling or training for clients	128	36.2
Assistance in locating housing for clients	205	57.9

Continued

## Types of Services Offered (continued)

	Facilities	
	No.	%
Domestic violence services	116	32.8
Early intervention for HIV	81	22.9
HIV or AIDS education, counseling, or support	254	71.8
Hepatitis education, counseling, or support	225	63.6
Health education other than HIV/AIDS or hepatitis	244	68.9
Substance abuse education	350	98.9
Transportation assistance to treatment	151	42.7
Mental health services	199	56.2
Acupuncture	19	5.4
Residential beds for clients' children	13	3.7
Self-help groups	237	66.9
Smoking cessation counseling	93	26.3
No services offered	--	--
<b>Other Services</b>	<b>53</b>	<b>15.0</b>
Treatment for gambling disorder	27	7.6
Treatment for Internet use disorder	11	3.1
Treatment for other addiction disorder	40	11.3
No services offered	286	80.8

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	347	98.0
Relapse prevention	340	96.0
Cognitive-behavioral therapy	326	92.1
Motivational interviewing	326	92.1
Anger management	253	71.5
Brief intervention	253	71.5
12-step facilitation	303	85.6
Trauma-related counseling	212	59.9
Contingency management/motivational incentives	216	61.0
Rational emotive behavioral therapy (REBT)	179	50.6
Matrix Model	211	59.6
Community reinforcement plus vouchers	41	11.6
Computerized substance abuse treatment/telemedicine	33	9.3
Other treatment approaches	55	15.5

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	125	4
Number of clients <sup>2</sup>	3,720	58
Number of designated beds	3,862	63
Utilization rate <sup>3</sup>	96.3	92.1
Average number of designated beds per facility	31	16

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2013.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 Population in Opioid Treatment on March 29, 2013

	No.
Methadone	84
Buprenorphine	9
Vivitrol®	*

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	55	15.5
Any language other than English	65	18.4
<b>Non-English Language Provided by:</b>		
Staff counselor only	18	27.7
On-call interpreter only	40	61.5
Both staff counselor and on-call interpreter	7	10.8
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	15	60.0
American Indian/Alaska Native languages	5	20.0
Other	9	36.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Specifically Tailored Programs or Groups

	Facilities	
	No.	%
Any program or group	300	84.7
Adult women	138	39.0
Clients with co-occurring disorders	154	43.5
Adult men	129	36.4
Criminal justice clients	70	19.8
Adolescents	100	28.2
Persons who have experienced trauma	80	22.6
DUI/DWI clients	85	24.0
Young adults	74	20.9
Persons who have experienced domestic violence	53	15.0
Persons who have experienced sexual abuse	53	15.0
Pregnant or postpartum women	48	13.6
Persons with HIV/AIDS	35	9.9
Veterans	25	7.1
LGBT <sup>1</sup>	35	9.9
Seniors or older adults	31	8.8
Members of military families	16	4.5
Active duty military	16	4.5
Other	45	12.7
No program or group offered	128	36.2

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

**Symbol key:** - - Quantity is zero. \* Less than 0.05 percent. n/a Not applicable. ^ Data suppressed due to confidentiality issues.  
‡ No facilities in this category.

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2013. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

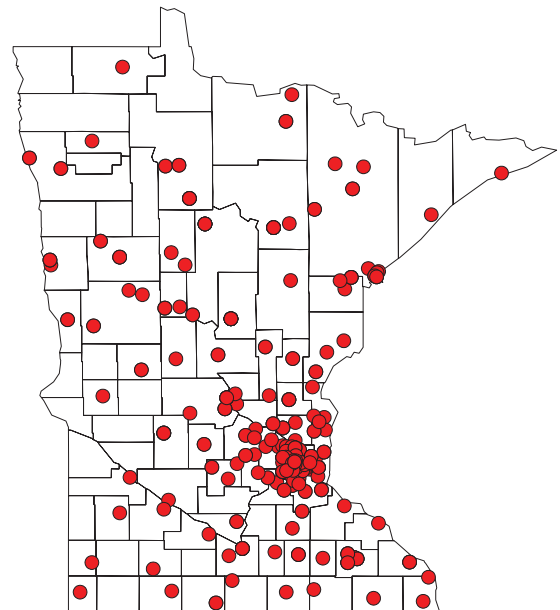
Access N-SSATS profiles for individual states at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:

<http://findtreatment.samhsa.gov/>

## Location of Treatment Facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)