

## 2017 State Profile — Minnesota

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Minnesota, 356 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 25,993 clients in substance abuse treatment on March 31, 2017. The survey response rate in Minnesota was 94 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	151	42.4	7,414	28.5	356	44.4
Private for-profit	162	45.5	11,488	44.2	301	37.6
Local, county, or community government	5	1.4	5,643	21.7	—	—
State government	7	2.0	132	0.5	29	3.6
Federal government	3	0.8	149	0.6	—	—
Tribal government	28	7.9	1,167	4.5	115	14.4
<b>Total</b>	<b>356</b>	<b>100.0</b>	<b>25,993</b>	<b>100.0</b>	<b>801</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	319	92.5	9,365	36.0	205
Clients with drug abuse only	252	73.0	10,685	41.1	247
Clients with alcohol abuse only	253	73.3	5,943	22.9	137
<b>Total</b>			<b>25,993</b>	<b>100.0</b>	<b>589</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>268</b>	<b>75.3</b>	<b>17,210</b>	<b>66.2</b>	<b>229</b>	<b>26</b>	<b>605</b>	<b>75.5</b>
Regular	241	67.7	4,275	16.4	30	14		
Intensive	215	60.4	5,115	19.7	16	20		
Day treatment/partial hospitalization	45	12.6	779	3.0	—	18		
Detoxification	7	2.0	201	0.8	—	50		
Methadone maintenance	44	12.4	6,840	26.3	246	30		
<b>Residential (non-hospital)</b>	<b>130</b>	<b>36.5</b>	<b>8,707</b>	<b>33.5</b>	<b>33</b>	<b>17</b>	<b>196</b>	<b>24.5</b>
Short term (<30 days)	69	19.4	3,809	14.7	15	20		
Long term (30+ days)	104	29.2	1,659	6.4	—	15		
Detoxification	21	5.9	3,239	12.5	18	9		
<b>Hospital inpatient</b>	<b>4</b>	<b>1.1</b>	<b>76</b>	<b>0.3</b>	<b>32</b>	<b>18</b>	<b>—</b>	<b>—</b>
Treatment	3	0.8	41	0.2	27	7		
Detoxification	3	0.8	35	0.1	5	15		
<b>Total</b>	<b>356</b>		<b>25,993</b>	<b>100.0</b>	<b>229</b>	<b>25</b>	<b>801</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>18</b>	<b>1.4</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	6,440	1.6
Methadone	6,033	1.6
Buprenorphine	404	1.5
Naltrexone	3	0.1
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	901	0.9
Buprenorphine	720	0.9
Naltrexone	181	0.9

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	332	93.3
Private health insurance	331	93.0
Medicare	109	30.6
Medicaid	187	52.5
State-financed health insurance	321	90.2
Federal military insurance	108	30.3
No payment accepted	2	0.6
Access to Recovery (ATR) vouchers <sup>2</sup>	n/a	n/a
IHS/Tribal/Urban (ITU) funds	104	29.2
Other payments	—	—
Sliding fee scale	96	27.0
Treatment at no charge for clients who can't pay	99	27.8

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	338	94.9
State substance abuse agency	292	82.0
State mental health department	84	23.6
State department of health	243	68.3
Hospital licensing authority	16	4.5
The Joint Commission	55	15.4
Commission on Accreditation of Rehabilitation Facilities	36	10.1
National Committee for Quality Assurance	6	1.7
Council on Accreditation	6	1.7
Healthcare Facilities Accreditation Program	2	0.6
Other state/local agency/organization	19	5.3

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	161	45.2

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	329	92.4
Screening for mental health disorders	239	67.1
Comprehensive substance abuse assessment or diagnosis	343	96.3
Comprehensive mental health assessment or diagnosis	159	44.7
Screening for tobacco use	212	59.6
Outreach to persons in the community who may need treatment	201	56.5
Interim services for clients when immediate admission is not possible	111	31.2
No services offered	6	1.7
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	264	74.2
Drug or alcohol urine screening	337	94.7
Screening for hepatitis B	40	11.2
Screening for hepatitis C	50	14.0
HIV testing	48	13.5
STD testing	48	13.5
TB screening	96	27.0
No services offered	12	3.4
<b>Counseling</b>		
Individual counseling	354	99.4
Group counseling	350	98.3
Family counseling	298	83.7
Marital/couples counseling	191	53.7
<b>Transitional services</b>		
Discharge planning	351	98.6
Aftercare/continuing care	338	94.9
No services offered	1	0.3
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	54	15.2
Naltrexone (oral)	66	18.5
Extended-release, injectable naltrexone/Vivitrol®	56	15.7
Acamprosate (Campral®)	56	15.7
Nicotine replacement	80	22.5
Non-nicotine smoking/tobacco cessation medications	53	14.9
Medications for psychiatric disorders	107	30.1
Methadone	17	4.8
Buprenorphine with naloxone (Suboxone®)	78	21.9
Buprenorphine without naloxone	59	16.6
Buprenorphine subdermal implant (Probuphine®)	4	1.1
No services offered	212	59.6
<b>Ancillary services</b>		
Case management services	288	80.9
Social skills development	284	79.8
Mentoring/peer support	230	64.6
Child care for clients' children	19	5.3
Assistance with obtaining social services	206	57.9
Employment counseling or training for clients	115	32.3

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	205	57.6
Domestic violence services	107	30.1
Early intervention for HIV	56	15.7
HIV or AIDS education, counseling, or support	250	70.2
Hepatitis education, counseling, or support	220	61.8
Health education other than HIV/AIDS or hepatitis	235	66.0
Substance abuse education	348	97.8
Transportation assistance to treatment	166	46.6
Mental health services	211	59.3
Acupuncture	16	4.5
Residential beds for clients' children	8	2.2
Self-help groups	228	64.0
Smoking/tobacco cessation counseling	125	35.1
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	31	8.7
Treatment for Internet use disorder	17	4.8
Treatment for other addiction disorder	53	14.9
No services offered	291	81.7

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	352	98.9
Relapse prevention	346	97.2
Cognitive behavioral therapy	331	93.0
Motivational interviewing	346	97.2
Anger management	256	71.9
Brief intervention	263	73.9
Trauma-related counseling	258	72.5
12-step facilitation	295	82.9
Contingency management/motivational incentives	220	61.8
Dialectical behavior therapy	210	59.0
Rational emotive behavioral therapy	179	50.3
Matrix model	208	58.4
Computerized substance abuse treatment	43	12.1
Community reinforcement plus vouchers	43	12.1
Other treatment approaches	35	9.8

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	122	3
Number of clients <sup>2</sup>	3,660	56
Number of designated beds	3,482	63
Utilization rate <sup>3</sup>	105.1	88.9
Average number of designated beds per facility	29	21

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	115
Methadone	108
Buprenorphine	7
Naltrexone	†

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	64	18.0
Any language other than English	84	23.6
<b>Non-English language provided by</b>		
Staff counselor only	16	19.0
On-call interpreter only	59	70.2
Both staff counselor and on-call interpreter	9	10.7
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	11	44.0
American Indian/Alaskan Native languages	4	16.0
Other	12	48.0

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	295	82.9
Adult women	150	42.1
Clients with co-occurring disorders	182	51.1
Adult men	149	41.9
Clients who have experienced trauma	104	29.2
Criminal justice clients	84	23.6
DUI/DWI clients	72	20.2
Young adults	67	18.8
Adolescents	74	20.8
Clients who have experienced domestic violence	75	21.1
Clients who have experienced sexual abuse	74	20.8
Pregnant or postpartum women	61	17.1
Seniors or older adults	49	13.8
LGBT <sup>1</sup>	53	14.9
Veterans	39	11.0
Clients living with HIV/AIDS	37	10.4
Members of military families	19	5.3
Active duty military	23	6.5
Other	19	5.3
No program or group offered	61	17.1

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

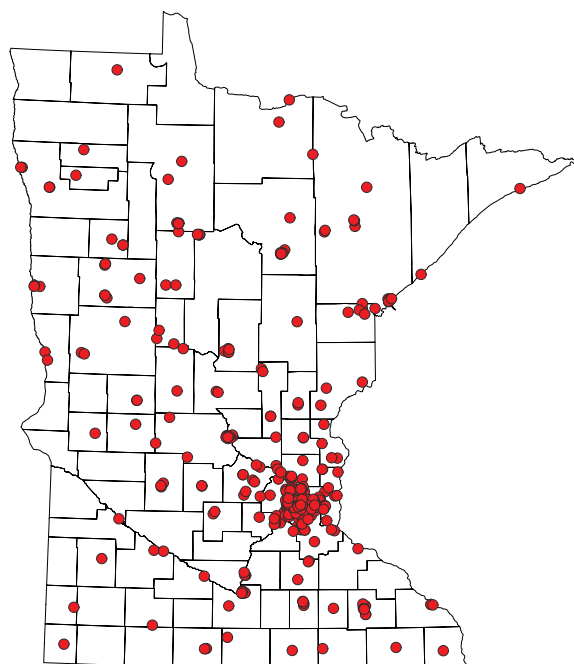
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



<https://www.dasis.samhsa.gov/web/newmapv1.htm>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)