

## 2017 State Profile — Montana

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Montana, 70 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 5,762 clients in substance abuse treatment on March 31, 2017. The survey response rate in Montana was 95.9 percent.

#### Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	41	58.6	2,316	40.2	140	61.4
Private for-profit	13	18.6	2,296	39.8	31	13.6
Local, county, or community government	—	—	—	—	—	—
State government	2	2.9	111	1.9	6	2.6
Federal government	7	10.0	190	3.3	—	—
Tribal government	7	10.0	849	14.7	51	22.4
<b>Total</b>	<b>70</b>	<b>100.0</b>	<b>5,762</b>	<b>100.0</b>	<b>228</b>	<b>100.0</b>

#### Substance abuse problem treated, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017		
			Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	59	95.2	2,893	66.8	331
Clients with drug abuse only	48	77.4	762	17.6	89
Clients with alcohol abuse only	49	79.0	679	15.7	80
<b>Total</b>			<b>4,334</b>	<b>100.0</b>	<b>500</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

## Type of care, by number and percent

	Facilities <sup>1</sup>		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
<b>Outpatient</b>	<b>61</b>	<b>87.1</b>	<b>5,429</b>	<b>94.2</b>	<b>199</b>	<b>46</b>	<b>199</b>	<b>87.3</b>
Regular	61	87.1	2,253	39.1	—	42		
Intensive	37	52.9	990	17.2	—	19		
Day treatment/partial hospitalization	7	10.0	43	0.7	—	8		
Detoxification	11	15.7	23	0.4	6	12		
Methadone maintenance	16	22.9	2,120	36.8	189	5		
<b>Residential (non-hospital)</b>	<b>14</b>	<b>20.0</b>	<b>241</b>	<b>4.2</b>	<b>—</b>	<b>15</b>	<b>29</b>	<b>12.7</b>
Short term (<30 days)	10	14.3	166	2.9	—	22		
Long term (30+ days)	10	14.3	67	1.2	—	7		
Detoxification	4	5.7	8	0.1	—	4		
<b>Hospital inpatient</b>	<b>7</b>	<b>10.0</b>	<b>92</b>	<b>1.6</b>	<b>—</b>	<b>17</b>	<b>—</b>	<b>—</b>
Treatment	6	8.6	73	1.3	—	22		
Detoxification	7	10.0	19	0.3	—	4		
<b>Total</b>	<b>70</b>		<b>5,762</b>	<b>100.0</b>	<b>199</b>	<b>45</b>	<b>228</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

## Opioid treatment programs (OTPs), by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>3</b>	<b>0.2</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT	600	0.1
Methadone	483	0.1
Buprenorphine	115	0.4
Naltrexone	2	0.1
<b>Clients in facilities without OTPs<sup>2</sup></b>		
Any MAT	139	0.1
Buprenorphine	78	0.1
Naltrexone	61	0.3

<sup>1</sup> Percentage of all OTP facilities in the U.S. <sup>2</sup> Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

## Facility payment options, by number and percent<sup>1</sup>

	No.	%
Cash or self-payment	63	90.0
Private health insurance	61	87.1
Medicare	28	40.0
Medicaid	57	81.4
State-financed health insurance	45	64.3
Federal military insurance	42	60.0
No payment accepted	1	1.4
Access to Recovery (ATR) vouchers <sup>2</sup>	21	30.0
IHS/Tribal/Urban (ITU) funds	23	32.9
Other payments	—	—
Sliding fee scale	46	65.7
Treatment at no charge for clients who can't pay	38	54.3

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

## Facility licensing, certification, or accreditation, by number and percent

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	62	88.6
State substance abuse agency	56	80.0
State mental health department	25	35.7
State department of health	22	31.4
Hospital licensing authority	3	4.3
The Joint Commission	6	8.6
Commission on Accreditation of Rehabilitation Facilities	14	20.0
National Committee for Quality Assurance	4	5.7
Council on Accreditation	2	2.9
Healthcare Facilities Accreditation Program	2	2.9
Other state/local agency/organization	2	2.9

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

## Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	50	71.4

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	67	95.7
Screening for mental health disorders	54	77.1
Comprehensive substance abuse assessment or diagnosis	68	97.1
Comprehensive mental health assessment or diagnosis	36	51.4
Screening for tobacco use	41	58.6
Outreach to persons in the community who may need treatment	54	77.1
Interim services for clients when immediate admission is not possible	51	72.9
No services offered	—	—
<b>Testing</b>		
Breathalyzer or other blood alcohol testing	41	58.6
Drug or alcohol urine screening	59	84.3
Screening for hepatitis B	24	34.3
Screening for hepatitis C	32	45.7
HIV testing	28	40.0
STD testing	25	35.7
TB screening	31	44.3
No services offered	8	11.4
<b>Counseling</b>		
Individual counseling	70	100.0
Group counseling	68	97.1
Family counseling	61	87.1
Marital/couples counseling	46	65.7
<b>Transitional services</b>		
Discharge planning	67	95.7
Aftercare/continuing care	67	95.7
No services offered	—	—
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	11	15.7
Naltrexone (oral)	21	30.0
Extended-release, injectable naltrexone/Vivitrol®	18	25.7
Acamprosate (Campral®)	19	27.1
Nicotine replacement	24	34.3
Non-nicotine smoking/tobacco cessation medications	13	18.6
Medications for psychiatric disorders	26	37.1
Methadone	3	4.3
Buprenorphine with naloxone (Suboxone®)	15	21.4
Buprenorphine without naloxone	12	17.1
Buprenorphine subdermal implant (Probuphine®)	3	4.3
No services offered	33	47.1
<b>Ancillary services</b>		
Case management services	55	78.6
Social skills development	48	68.6
Mentoring/peer support	31	44.3
Child care for clients' children	2	2.9
Assistance with obtaining social services	45	64.3
Employment counseling or training for clients	17	24.3

Continued

## Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	40	57.1
Domestic violence services	26	37.1
Early intervention for HIV	15	21.4
HIV or AIDS education, counseling, or support	36	51.4
Hepatitis education, counseling, or support	36	51.4
Health education other than HIV/AIDS or hepatitis	36	51.4
Substance abuse education	70	100.0
Transportation assistance to treatment	29	41.4
Mental health services	44	62.9
Acupuncture	1	1.4
Residential beds for clients' children	1	1.4
Self-help groups	24	34.3
Smoking/tobacco cessation counseling	36	51.4
No services offered	—	—
<b>Other services</b>		
Treatment for gambling disorder	37	52.9
Treatment for Internet use disorder	6	8.6
Treatment for other addiction disorder	18	25.7
No services offered	27	38.6

## Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	70	100.0
Relapse prevention	63	90.0
Cognitive behavioral therapy	64	91.4
Motivational interviewing	66	94.3
Anger management	50	71.4
Brief intervention	55	78.6
Trauma-related counseling	55	78.6
12-step facilitation	52	74.3
Contingency management/motivational incentives	34	48.6
Dialectical behavior therapy	47	67.1
Rational emotive behavioral therapy	36	51.4
Matrix model	40	57.1
Computerized substance abuse treatment	15	21.4
Community reinforcement plus vouchers	10	14.3
Other treatment approaches	10	14.3

## Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	13	4
Number of clients <sup>2</sup>	241	88
Number of designated beds	231	114
Utilization rate <sup>3</sup>	104.3	77.2
Average number of designated beds per facility	18	29

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2017.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	57
Methadone	46
Buprenorphine	11
Naltrexone	†

## Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	22	31.4
Any language other than English	21	30.0
<b>Non-English language provided by</b>		
Staff counselor only	3	14.3
On-call interpreter only	18	85.7
Both staff counselor and on-call interpreter	—	—
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	1	33.3
American Indian/Alaskan Native languages	1	33.3
Other	1	33.3

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

## Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	59	84.3
Adult women	31	44.3
Clients with co-occurring disorders	26	37.1
Adult men	29	41.4
Clients who have experienced trauma	25	35.7
Criminal justice clients	17	24.3
DUI/DWI clients	35	50.0
Young adults	20	28.6
Adolescents	25	35.7
Clients who have experienced domestic violence	15	21.4
Clients who have experienced sexual abuse	17	24.3
Pregnant or postpartum women	9	12.9
Seniors or older adults	10	14.3
LGBT <sup>1</sup>	8	11.4
Veterans	14	20.0
Clients living with HIV/AIDS	9	12.9
Members of military families	7	10.0
Active duty military	10	14.3
Other	2	2.9
No program or group offered	11	15.7

<sup>1</sup> Lesbian, gay, bisexual, or transgender clients.

## Symbol key

— Quantity is zero; \* Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

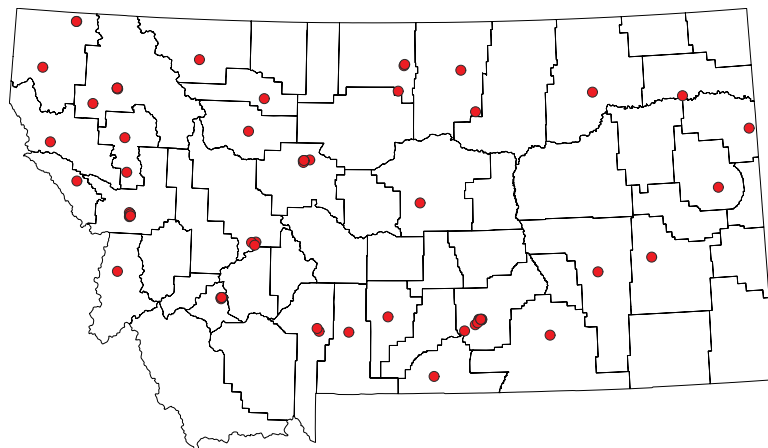
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

## Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>