

# State Profile - North Carolina

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **North Carolina**, 280 substance abuse treatment facilities responded to the 2004 N-SSATS, reporting that there were 26,169 clients in substance abuse treatment on March 31, 2004. The survey response rate in **North Carolina** was 95%.

<b>Facility Ownership/Operation</b>			<b>Clients in Treatment on March 31, 2004</b>			
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>	
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>
Private non-profit	93	33%	9,113	35%	545	30%
Private for-profit	96	34%	4,659	18%	197	10%
Local government	63	23%	9,015	24%	825	42%
State government	18	6%	2,558	10%	373	19%
Federal government	9	3%	714	3%	14	1%
Dept. of Veterans Affairs	3	1%	193	<1%	-	-
Dept. of Defense	5	2%	507	2%	-	-
Indian Health Service	1	<1%	14	<1%	14	1%
Other	-	-	-	-	-	-
Tribal government	1	<1%	110	<1%	25	1%
<b>Total</b>	<b>280</b>	<b>100%</b>	<b>26,169</b>	<b>100%</b>	<b>1,979</b>	<b>100%</b>

<b>Primary Focus of Facility</b>			<b>Clients in Treatment on March 31, 2004</b>			
	<b>Facilities</b>		<b>All Clients</b>		<b>Clients Under Age 18</b>	
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>
Substance abuse treatment services	161	58%	16,128	62%	718	36%
Mental health services	12	4%	719	3%	22	1%
Mix of mental health & substance abuse treatment services	101	36%	8,938	34%	1,239	63%
General health care	1	<1%	10	<1%	-	-
Other/unknown	5	2%	374	1%	-	-
<b>Total</b>	<b>280</b>	<b>100%</b>	<b>26,169</b>	<b>100%</b>	<b>1,979</b>	<b>100%</b>

<b>Substance Abuse Problem Treated</b>			<b>Clients in Treatment on March 31, 2004</b>			
	<b>Facilities<sup>1</sup></b>		<b>Clients</b>		<b>Clients per 100,000 Pop.</b>	
	<b>No.</b>	<b>%</b>	<b>No.</b>	<b>%</b>	<b>Aged 18 and Over</b>	
Clients with both alcohol and drug abuse	229	92%	12,884	50%	193	
Clients with drug abuse only	210	85%	7,176	28%	112	
Clients with alcohol abuse only	216	87%	5,984	23%	91	
<b>Total<sup>2</sup></b>	<b>248</b>		<b>26,044</b>	<b>100%</b>	<b>397</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Excludes 32 facilities that were not asked or did not respond to this question.

## Type of Care

	Clients in Treatment on March 31, 2004						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>230</b>	<b>82%</b>	<b>24,024</b>	<b>92%</b>	<b>40</b>	<b>1,885</b>	<b>95%</b>
Regular outpatient	213	76%	15,013	57%	30		
Intensive outpatient	132	47%	3,099	12%	10		
Day treatment/partial hospitalization	31	11%	241	1%	4		
Detoxification	38	14%	185	1%	–		
Methadone	22	8%	5,486	21%	190		
<b>Residential</b>	<b>61</b>	<b>22%</b>	<b>1,757</b>	<b>7%</b>	<b>12</b>	<b>89</b>	<b>4%</b>
Short term	23	8%	393	2%	12		
Long term	43	15%	1,245	5%	12		
Detoxification	16	6%	119	1%	7		
<b>Hospital Inpatient</b>	<b>26</b>	<b>9%</b>	<b>388</b>	<b>2%</b>	<b>10</b>	<b>5</b>	<b>1%</b>
Rehabilitation	20	7%	257	1%	10		
Detoxification	21	8%	131	1%	6		
<b>Total</b>	<b>280</b>		<b>26,169</b>	<b>100%</b>	<b>35</b>	<b>1,979</b>	<b>100%</b>

<sup>1</sup> Facilities may be included in more than one category.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs</b>		
Maintenance only	7	30%
Detoxification only	2	9%
Both maintenance and detoxification	14	61%
<b>Total</b>	<b>23</b>	<b>100%</b>
<b>Clients in Facilities with OTPs</b>	<b>5,505</b>	
Methadone	6,504	
Buprenorphine	1	

## Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	257	92%
Private health insurance	185	66%
Medicare	108	39%
Medicaid	140	50%
Other State-financed health insurance	117	42%
Federal military insurance	125	45%
No payment accepted	9	3%
Other type of payment	12	4%
Sliding fee scale	149	53%
Treatment at no charge for clients who cannot pay	126	45%

## Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities <sup>1</sup>	55	16
No. of clients	1,708	358
Designated beds	1,956	388
Utilization rate	87%	92%
Designated beds per facility (average)	36	24

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

## Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	260	93%
State substance abuse agency	211	75%
State Mental Health Department	162	58%
State Public Health Department/Board of Health	58	21%
Hospital licensing authority	26	9%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	43	15%
CARF (Rehabilitation Accreditation Commission)	30	11%
NCQA (National Committee for Quality Assurance)	3	1%
COA (Council for Accreditation for Children and Family Services)	75	27%
Other State/Local Agency/Organization	63	23%

## Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	129	46%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	153	55%

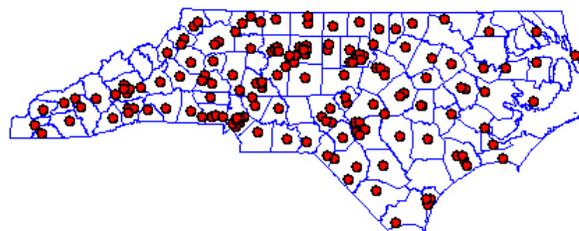
## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	245	88%
Adolescents	87	31%
Co-occurring disorders	91	33%
Criminal justice clients	79	28%
Persons with HIV or AIDS	21	8%
Gays and lesbians	12	4%
Seniors or older adults	11	4%
Women	99	35%
Pregnant or postpartum women	42	15%
Men	51	18%
DUI/DWI offenders	150	54%
Other groups	49	18%

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment Services</b>	<b>266</b>	<b>95%</b>
Comprehensive substance abuse assessment or diagnosis	262	94%
Comprehensive mental health assessment or diagnosis	129	46%
<b>Substance Abuse Therapy and Counseling</b>	<b>277</b>	<b>99%</b>
Family counseling	212	76%
Group therapy	252	90%
Individual therapy	260	93%
Relapse prevention	214	76%
Aftercare counseling	218	78%
<b>Pharmacotherapies</b>	<b>69</b>	<b>25%</b>
Antabuse	57	20%
Naltrexone	29	10%
Buprenorphine	24	9%
Methadone	30	11%
<b>Testing</b>	<b>245</b>	<b>88%</b>
Breathalyzer or blood alcohol testing	188	67%
Drug or alcohol urine screening	223	80%
Screening for Hepatitis B	50	18%
Screening for Hepatitis C	50	18%
HIV testing	48	17%
STD testing	45	16%
TB screening	95	34%
<b>Transitional Services</b>	<b>245</b>	<b>88%</b>
Assistance with obtaining social services	125	45%
Discharge planning	232	83%
Employment counseling or training	68	24%
Assistance in locating housing	112	40%
<b>Other Services</b>	<b>241</b>	<b>86%</b>
Case management services	203	73%
Child care	25	9%
Domestic violence	94	34%
HIV or AIDS education, counseling, or support	123	44%
Outcome follow-up after discharge	145	52%
Transportation assistance to treatment	85	30%
Acupuncture	1	<1%
Residential beds for clients' children	7	3%

## Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

## Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired/sign language	92	33%
Any language other than English	124	44%
Staff counselor	45	36%
On-call interpreter	61	49%
Both staff counselor and on-call interpreter	18	15%
Spanish	61	22%
American Indian/Alaska Native languages	2	1%
Other	4	1%

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2004. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



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