

## 2009 State Profile — North Carolina

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf>

In North Carolina, 413 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 28,997 clients in substance abuse treatment on March 31, 2009. The survey response rate in North Carolina was 84.2%.

#### Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	164	39.7	14,957	51.6	2,010	72.6
Private for-profit	210	50.8	11,051	38.1	492	17.8
Local government	15	3.6	587	2.0	135	4.9
State government	10	2.4	721	2.5	2	0.1
Federal government	13	3.1	1,256	4.3	10	0.4
Dept. of Veterans Affairs	6	1.5	731	2.5	0	0.0
Dept. of Defense	6	1.5	515	1.8	0	0.0
Indian Health Service	1	0.2	10	<.05	10	0.4
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.2	425	1.5	120	4.3
<b>Total</b>	<b>413</b>	<b>100.0</b>	<b>28,997</b>	<b>100.0</b>	<b>2,769</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	227	55.0	19,373	66.8	1,167	42.1
Mental health services	56	13.6	1,137	3.9	323	11.7
Mix of mental health & substance abuse treatment services	119	28.8	7,712	26.6	1,279	46.2
General health care	5	1.2	641	2.2	0	0.0
Other/unknown	6	1.5	134	0.5	0	0.0
<b>Total</b>	<b>413</b>	<b>100.0</b>	<b>28,997</b>	<b>100.0</b>	<b>2,769</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2009		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	359	90.4	11,653	40.2	145
Clients with drug abuse only	307	77.3	12,560	43.4	162
Clients with alcohol abuse only	293	73.8	4,744	16.4	61
<b>Total<sup>2</sup></b>	<b>397</b>		<b>28,957</b>	<b>100.0</b>	<b>369</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2009						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>352</b>	<b>85.2</b>	<b>26,394</b>	<b>91.0</b>	<b>35</b>	<b>2,684</b>	<b>96.9</b>
Regular outpatient	327	79.2	12,756	44.0	20		
Intensive outpatient	148	35.8	2,729	9.4	10		
Day treatment/partial hospitalization	39	9.4	598	2.1	4		
Detoxification	46	11.1	291	1.0	<1		
Methadone/buprenorphine	59	14.3	10,020	34.6	100		
<b>Residential</b>	<b>66</b>	<b>16.0</b>	<b>2,027</b>	<b>7.0</b>	<b>14</b>	<b>85</b>	<b>3.1</b>
Short term	29	7.0	378	1.3	11		
Long term	45	10.9	1,554	5.4	14		
Detoxification	13	3.1	95	0.3	3		
<b>Hospital Inpatient</b>	<b>29</b>	<b>7.0</b>	<b>576</b>	<b>2.0</b>	<b>8</b>	<b>0</b>	<b>0.0</b>
Rehabilitation	23	5.6	405	1.4	4		
Detoxification	28	6.8	171	0.6	4		
<b>Total</b>	<b>413</b>		<b>28,997</b>	<b>100.0</b>	<b>30</b>	<b>2,769</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)	No.	% <sup>1</sup>	Facility Licensing, Approval, Certification, or Accreditation	
			No.	%
<b>Facilities with OTPs</b>	<b>41</b>	<b>3.3</b>		
<b>Clients in Facilities with OTPs</b>				
Methadone	9,481	98.6		
Buprenorphine	138	1.4		
<b>Total</b>	<b>9,619</b>	<b>100.0</b>		
<sup>1</sup> Percentage of all OTP facilities that are in this state.				
Facility Payment Options	Facilities <sup>1</sup>		Facility Funding	
	No.	%	No.	%
Cash or self-payment	364	88.1		
Private health insurance	248	60.0		
Medicare	124	30.0		
Medicaid	259	62.7		
Other State-financed health insurance	197	47.7		
Federal military insurance	144	34.9		
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A		
No payment accepted	10	2.4		
Accepts other payments	6	1.5		
Sliding fee scale	190	46.0		
Treatment at no charge for clients who cannot pay	191	46.2		
			Receives Federal, State, county, or local government funds for substance abuse treatment programs	171 41.4

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

<sup>2</sup> Commission on Accreditation of Rehabilitation Facilities

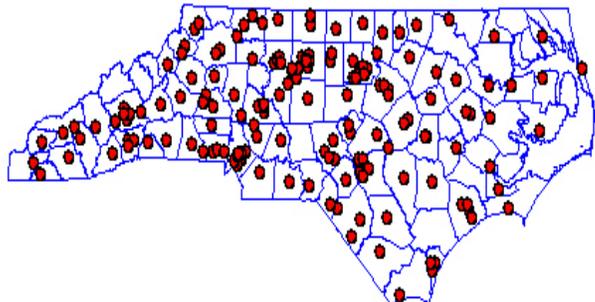
<sup>3</sup> National Committee for Quality Assurance

<sup>4</sup> Council for Accreditation



Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	341	82.6
Contingency management	248	60.0
Trauma-related counseling	257	62.2
Rational emotive behavioral therapy	214	51.8
Matrix model	130	31.5
Community reinforcement plus vouchers	38	9.2
Other treatment approaches	88	21.3

Facility Capacity and Utilization Rate <sup>1</sup>			Programs for Special Groups		
	Residential	Hospital Inpatient	Facilities		
			No.	%	
Number of facilities	60	20			
Number of clients	1,786	366			
Number of designated beds	2,009	489			
Utilization rate (%)	88.9	74.8			
No. of designated beds/facility (avg.)	33	24			
<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question			Any program or group	326	78.9
			Co-occurring disorders	147	35.6
			Adult women	115	27.8
			Adolescents	94	22.8
			DUI/DWI offenders	142	34.4
			Criminal justice clients	112	27.1
			Adult men	78	18.9
			Pregnant or postpartum women	60	14.5
			Persons with HIV or AIDS	37	9.0
			Seniors or older adults	28	6.8
			Gays or lesbians	27	6.5
			Other groups	28	6.8

Services for the Hearing Impaired and in Languages Other than English			Location of Treatment Facilities	
	Facilities			
	No.	%		
Hearing impaired/sign language	68	16.5		
Any language other than English	135	32.7		
<b>Services Provided by:</b>				
On-call interpreter	54	40.0		
Staff counselor	60	44.4		
Both staff counselor and on-call interpreter	21	15.6		
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>				
Spanish	77	95.1		
American Indian/Alaska Native languages	0	0.0		
Other	12	14.8		

<sup>1</sup> Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:  
<http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml>

Other substance abuse reports are available at:  
<http://www.oas.samhsa.gov/>

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>



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 Substance Abuse and Mental Health Services Administration  
 Office of Applied Studies  
 www.oas.samhsa.gov