

2010 State Profile — North Carolina

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In North Carolina, 400 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 33,029 clients in substance abuse treatment on March 31, 2010. The survey response rate in North Carolina was 83.8%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	171	42.8	16,449	49.8	1,149	57.0
Private for-profit	191	47.8	12,603	38.2	543	26.9
Local, county, or community government	15	3.8	529	1.6	61	3.0
State government	10	2.5	753	2.3	1	0.1
Federal government	12	3.0	2,191	6.6	10	0.5
Dept. of Veterans Affairs	7	1.8	597	1.8	4	0.2
Dept. of Defense	4	1.0	1,588	4.8	0	0.0
Indian Health Service	1	0.3	6	0.0	6	0.3
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.3	504	1.5	252	12.5
Total	400	100.0	33,029	100.0	2,016	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	211	52.8	20,829	63.1	779	38.6
Mental health services	48	12.0	2,720	8.2	198	9.8
Mix of mental health & substance abuse treatment services	137	34.3	8,814	26.7	1,038	51.5
General health care	2	0.5	243	0.7	1	0.1
Other/unknown	2	0.5	423	1.3	0	0.0
Total	400	100.0	33,029	100.0	2,016	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	341	89.7	12,941	39.2	166
Clients with drug abuse only	317	83.4	14,602	44.3	199
Clients with alcohol abuse only	300	78.9	5,437	16.5	72
Total²	380		32,980	100.0	436

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	343	85.8
Contingency management/motivational incentives	224	56.0
Trauma-related counseling	238	59.5
Rational emotive behavioral therapy	187	46.8
Matrix model	158	39.5
Community reinforcement plus vouchers	38	9.5
Other treatment approaches	72	18.0

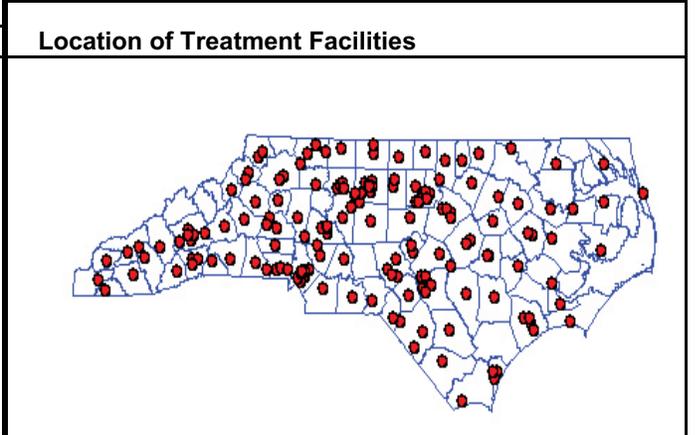
Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	59	19
Number of clients ²	2,192	330
Number of designated beds	2,317	444
Utilization rate (%)	94.6	74.3
No. of designated beds/facility (avg.)	39	23

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	312	78.0
Co-occurring disorders	153	38.3
Adult women	119	29.8
Adolescents	94	23.5
DUI/DWI offenders	143	35.8
Criminal justice clients	107	26.8
Adult men	75	18.8
Pregnant or postpartum women	57	14.3
Persons with HIV or AIDS	26	6.5
Seniors or older adults	21	5.3
Lesbian, gay, bisexual, or transgender clients	22	5.5
Other groups	40	10.0

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	79	19.8
Any language other than English	134	33.5
Services Provided by:		
On-call interpreter	70	52.2
Staff counselor	40	29.9
Both staff counselor and on-call interpreter	24	17.9
Languages Provided by Staff Counselor:¹		
Spanish	63	98.4
American Indian/Alaska Native	0	0.0
Other	7	10.9

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>