

2017 State Profile — North Carolina

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In North Carolina, 472 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 49,179 clients in substance abuse treatment on March 31, 2017. The survey response rate in North Carolina was 77.5 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	184	39.0	19,517	39.7	475	20.4
Private for-profit	252	53.4	26,205	53.3	1,819	78.1
Local, county, or community government	12	2.5	773	1.6	3	0.1
State government	13	2.8	798	1.6	25	1.1
Federal government	9	1.9	1,796	3.7	4	0.2
Tribal government	2	0.4	90	0.2	3	0.1
Total	472	100.0	49,179	100.0	2,329	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	402	91.0	19,822	40.3	235
Clients with drug abuse only	377	85.3	23,198	47.2	282
Clients with alcohol abuse only	325	73.5	6,159	12.5	71
Total			49,179	100.0	588

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	393	83.3	46,460	94.5	338	35	2,260	97.0
Regular	361	76.5	20,764	42.2	210	25		
Intensive	194	41.1	4,184	8.5	40	16		
Day treatment/partial hospitalization	60	12.7	910	1.9	75	15		
Detoxification	44	9.3	403	0.8	5	13		
Methadone maintenance	121	25.6	20,199	41.1	320	50		
Residential (non-hospital)	76	16.1	2,130	4.3	—	13	69	3.0
Short term (<30 days)	25	5.3	285	0.6	—	15		
Long term (30+ days)	60	12.7	1,734	3.5	—	10		
Detoxification	15	3.2	111	0.2	—	10		
Hospital inpatient	33	7.0	589	1.2	35	14	—	—
Treatment	23	4.9	306	0.6	14	15		
Detoxification	31	6.6	283	0.6	21	9		
Total	472		49,179	100.0	332	29	2,329	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	49	3.7
Clients in facilities with OTPs²		
Any MAT	16,793	4.1
Methadone	14,497	3.8
Buprenorphine	2,261	8.2
Naltrexone	35	1.0
Clients in facilities without OTPs²		
Any MAT	5,988	5.7
Buprenorphine	5,504	6.5
Naltrexone	484	2.5

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	416	88.1
Private health insurance	294	62.3
Medicare	206	43.6
Medicaid	317	67.2
State-financed health insurance	240	50.8
Federal military insurance	186	39.4
No payment accepted	13	2.8
Access to Recovery (ATR) vouchers ²	5	1.1
IHS/Tribal/Urban (ITU) funds	23	4.9
Other payments	2	0.4
Sliding fee scale	224	47.5
Treatment at no charge for clients who can't pay	210	44.5

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	422	89.4
State substance abuse agency	306	64.8
State mental health department	241	51.1
State department of health	210	44.5
Hospital licensing authority	24	5.1
The Joint Commission	63	13.3
Commission on Accreditation of Rehabilitation Facilities	207	43.9
National Committee for Quality Assurance	18	3.8
Council on Accreditation	37	7.8
Healthcare Facilities Accreditation Program	6	1.3
Other state/local agency/organization	16	3.4

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	191	40.5

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	446	94.5
Screening for mental health disorders	330	69.9
Comprehensive substance abuse assessment or diagnosis	428	90.7
Comprehensive mental health assessment or diagnosis	257	54.4
Screening for tobacco use	292	61.9
Outreach to persons in the community who may need treatment	261	55.3
Interim services for clients when immediate admission is not possible	202	42.8
No services offered	12	2.5
Testing		
Breathalyzer or other blood alcohol testing	306	64.8
Drug or alcohol urine screening	418	88.6
Screening for hepatitis B	92	19.5
Screening for hepatitis C	121	25.6
HIV testing	139	29.4
STD testing	113	23.9
TB screening	141	29.9
No services offered	45	9.5
Counseling		
Individual counseling	461	97.7
Group counseling	427	90.5
Family counseling	348	73.7
Marital/couples counseling	261	55.3
Transitional services		
Discharge planning	439	93.0
Aftercare/continuing care	388	82.2
No services offered	13	2.8
Pharmacotherapies		
Disulfiram (Antabuse®)	86	18.2
Naltrexone (oral)	104	22.0
Extended-release, injectable naltrexone/Vivitrol®	85	18.0
Acamprosate (Campral®)	82	17.4
Nicotine replacement	111	23.5
Non-nicotine smoking/tobacco cessation medications	103	21.8
Medications for psychiatric disorders	227	48.1
Methadone	49	10.4
Buprenorphine with naloxone (Suboxone®)	122	25.8
Buprenorphine without naloxone	105	22.2
Buprenorphine subdermal implant (Probuphine®)	5	1.1
No services offered	194	41.1
Ancillary services		
Case management services	330	69.9
Social skills development	316	66.9
Mentoring/peer support	202	42.8
Child care for clients' children	33	7.0
Assistance with obtaining social services	217	46.0
Employment counseling or training for clients	144	30.5

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	220	46.6
Domestic violence services	168	35.6
Early intervention for HIV	80	16.9
HIV or AIDS education, counseling, or support	218	46.2
Hepatitis education, counseling, or support	190	40.3
Health education other than HIV/AIDS or hepatitis	202	42.8
Substance abuse education	443	93.9
Transportation assistance to treatment	177	37.5
Mental health services	320	67.8
Acupuncture	9	1.9
Residential beds for clients' children	18	3.8
Self-help groups	162	34.3
Smoking/tobacco cessation counseling	213	45.1
No services offered	3	0.6
Other services		
Treatment for gambling disorder	83	17.6
Treatment for Internet use disorder	61	12.9
Treatment for other addiction disorder	139	29.4
No services offered	325	68.9

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	462	97.9
Relapse prevention	427	90.5
Cognitive behavioral therapy	441	93.4
Motivational interviewing	437	92.6
Anger management	361	76.5
Brief intervention	378	80.1
Trauma-related counseling	328	69.5
12-step facilitation	328	69.5
Contingency management/motivational incentives	270	57.2
Dialectical behavior therapy	257	54.4
Rational emotive behavioral therapy	199	42.2
Matrix model	226	47.9
Computerized substance abuse treatment	80	16.9
Community reinforcement plus vouchers	61	12.9
Other treatment approaches	30	6.4

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	70	20
Number of clients ²	1,990	402
Number of designated beds	2,042	461
Utilization rate ³	97.5	87.2
Average number of designated beds per facility	29	23

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	163
Methadone	141
Buprenorphine	22
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	121	25.6
Any language other than English	185	39.2
Non-English language provided by		
Staff counselor only	32	17.3
On-call interpreter only	118	63.8
Both staff counselor and on-call interpreter	35	18.9
Languages provided by staff counselor¹		
Spanish	61	91.0
American Indian/Alaskan Native languages	1	1.5
Other	7	10.4

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	386	81.8
Adult women	218	46.2
Clients with co-occurring disorders	219	46.4
Adult men	200	42.4
Clients who have experienced trauma	175	37.1
Criminal justice clients	142	30.1
DUI/DWI clients	135	28.6
Young adults	143	30.3
Adolescents	123	26.1
Clients who have experienced domestic violence	122	25.8
Clients who have experienced sexual abuse	146	30.9
Pregnant or postpartum women	125	26.5
Seniors or older adults	92	19.5
LGBT ¹	101	21.4
Veterans	101	21.4
Clients living with HIV/AIDS	98	20.8
Members of military families	74	15.7
Active duty military	61	12.9
Other	11	2.3
No program or group offered	86	18.2

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

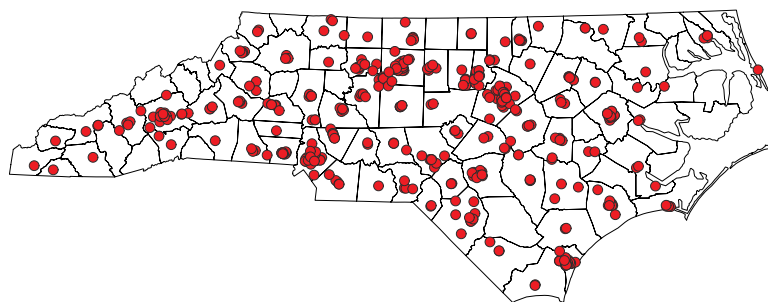
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>