

2017 State Profile — North Dakota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In North Dakota, 71 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 2,781 clients in substance abuse treatment on March 31, 2017. The survey response rate in North Dakota was 92.5 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	22	31.0	675	24.3	28	20.7
Private for-profit	32	45.1	1,105	39.7	48	35.6
Local, county, or community government	1	1.4	6	0.2	—	—
State government	10	14.1	782	28.1	53	39.3
Federal government	2	2.8	118	4.2	3	2.2
Tribal government	4	5.6	95	3.4	3	2.2
Total	71	100.0	2,781	100.0	135	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	67	97.1	1,348	48.5	219
Clients with drug abuse only	52	75.4	601	21.6	98
Clients with alcohol abuse only	60	87.0	831	29.9	139
Total			2,781	100.0	457

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	64	90.1	2,340	84.1	147	13	120	88.9
Regular	63	88.7	1,313	47.2	80	10		
Intensive	41	57.7	531	19.1	16	9		
Day treatment/partial hospitalization	22	31.0	292	10.5	20	7		
Detoxification	5	7.0	12	0.4	5	2		
Methadone maintenance	8	11.3	192	6.9	87	9		
Residential (non-hospital)	21	29.6	419	15.1	12	8	13	9.6
Short term (<30 days)	13	18.3	91	3.3	1	7		
Long term (30+ days)	19	26.8	306	11.0	11	7		
Detoxification	9	12.7	22	0.8	—	6		
Hospital inpatient	2	2.8	22	0.8	—	11	2	1.5
Treatment	2	2.8	22	0.8	—	11		
Detoxification	2	2.8	—	—	—	—		
Total	71		2,781	100.0	153	12	135	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	2	0.2
Clients in facilities with OTPs²		
Any MAT	182	*
Methadone	67	*
Buprenorphine	110	0.4
Naltrexone	5	0.1
Clients in facilities without OTPs²		
Any MAT	39	*
Buprenorphine	34	*
Naltrexone	5	*

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	65	91.5
Private health insurance	45	63.4
Medicare	22	31.0
Medicaid	30	42.3
State-financed health insurance	32	45.1
Federal military insurance	22	31.0
No payment accepted	2	2.8
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	19	26.8
Other payments	—	—
Sliding fee scale	26	36.6
Treatment at no charge for clients who can't pay	27	38.0

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	66	93.0
State substance abuse agency	64	90.1
State mental health department	30	42.3
State department of health	14	19.7
Hospital licensing authority	4	5.6
The Joint Commission	7	9.9
Commission on Accreditation of Rehabilitation Facilities	4	5.6
National Committee for Quality Assurance	—	—
Council on Accreditation	—	—
Healthcare Facilities Accreditation Program	—	—
Other state/local agency/organization	1	1.4

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	26	36.6

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	68	95.8
Screening for mental health disorders	41	57.7
Comprehensive substance abuse assessment or diagnosis	65	91.5
Comprehensive mental health assessment or diagnosis	26	36.6
Screening for tobacco use	61	85.9
Outreach to persons in the community who may need treatment	42	59.2
Interim services for clients when immediate admission is not possible	46	64.8
No services offered	1	1.4
Testing		
Breathalyzer or other blood alcohol testing	45	63.4
Drug or alcohol urine screening	57	80.3
Screening for hepatitis B	7	9.9
Screening for hepatitis C	7	9.9
HIV testing	5	7.0
STD testing	5	7.0
TB screening	17	23.9
No services offered	8	11.3
Counseling		
Individual counseling	68	95.8
Group counseling	66	93.0
Family counseling	59	83.1
Marital/couples counseling	41	57.7
Transitional services		
Discharge planning	66	93.0
Aftercare/continuing care	63	88.7
No services offered	4	5.6
Pharmacotherapies		
Disulfiram (Antabuse®)	13	18.3
Naltrexone (oral)	14	19.7
Extended-release, injectable naltrexone/Vivitrol®	12	16.9
Acamprosate (Campral®)	11	15.5
Nicotine replacement	10	14.1
Non-nicotine smoking/tobacco cessation medications	11	15.5
Medications for psychiatric disorders	19	26.8
Methadone	2	2.8
Buprenorphine with naloxone (Suboxone®)	6	8.5
Buprenorphine without naloxone	5	7.0
Buprenorphine subdermal implant (Probuphine®)	—	—
No services offered	49	69.0
Ancillary services		
Case management services	52	73.2
Social skills development	49	69.0
Mentoring/peer support	24	33.8
Child care for clients' children	4	5.6
Assistance with obtaining social services	28	39.4
Employment counseling or training for clients	15	21.1

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	29	40.8
Domestic violence services	24	33.8
Early intervention for HIV	3	4.2
HIV or AIDS education, counseling, or support	12	16.9
Hepatitis education, counseling, or support	14	19.7
Health education other than HIV/AIDS or hepatitis	21	29.6
Substance abuse education	69	97.2
Transportation assistance to treatment	23	32.4
Mental health services	47	66.2
Acupuncture	3	4.2
Residential beds for clients' children	3	4.2
Self-help groups	24	33.8
Smoking/tobacco cessation counseling	31	43.7
No services offered	—	—
Other services		
Treatment for gambling disorder	5	7.0
Treatment for Internet use disorder	6	8.5
Treatment for other addiction disorder	15	21.1
No services offered	55	77.5

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	69	97.2
Relapse prevention	65	91.5
Cognitive behavioral therapy	60	84.5
Motivational interviewing	57	80.3
Anger management	40	56.3
Brief intervention	51	71.8
Trauma-related counseling	42	59.2
12-step facilitation	51	71.8
Contingency management/motivational incentives	34	47.9
Dialectical behavior therapy	28	39.4
Rational emotive behavioral therapy	11	15.5
Matrix model	20	28.2
Computerized substance abuse treatment	16	22.5
Community reinforcement plus vouchers	6	8.5
Other treatment approaches	5	7.0

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	17	2
Number of clients ²	380	22
Number of designated beds	259	118
Utilization rate ³	146.7	18.6
Average number of designated beds per facility	15	59

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	24
Methadone	9
Buprenorphine	15
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	10	14.1
Any language other than English	13	18.3
Non-English language provided by		
Staff counselor only	1	7.7
On-call interpreter only	10	76.9
Both staff counselor and on-call interpreter	2	15.4
Languages provided by staff counselor¹		
Spanish	1	33.3
American Indian/Alaskan Native languages	1	33.3
Other	2	66.7

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	57	80.3
Adult women	21	29.6
Clients with co-occurring disorders	28	39.4
Adult men	22	31.0
Clients who have experienced trauma	21	29.6
Criminal justice clients	20	28.2
DUI/DWI clients	30	42.3
Young adults	21	29.6
Adolescents	23	32.4
Clients who have experienced domestic violence	19	26.8
Clients who have experienced sexual abuse	12	16.9
Pregnant or postpartum women	11	15.5
Seniors or older adults	11	15.5
LGBT ¹	7	9.9
Veterans	10	14.1
Clients living with HIV/AIDS	5	7.0
Members of military families	5	7.0
Active duty military	5	7.0
Other	3	4.2
No program or group offered	14	19.7

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

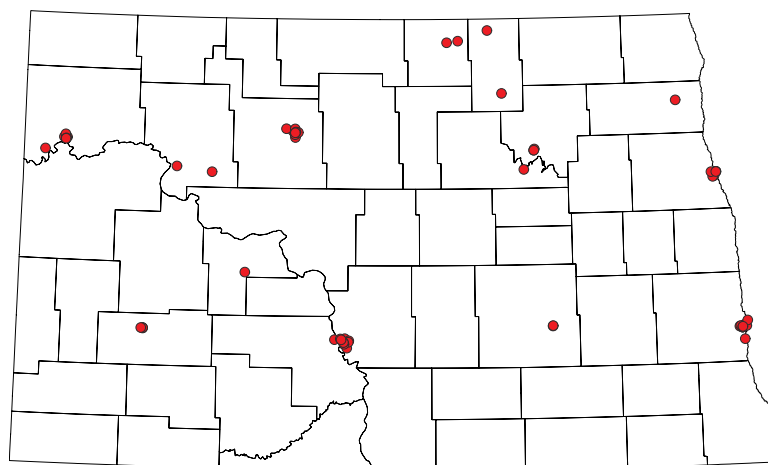
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/web/newmapv1.htm>