

2009 State Profile — Nebraska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf>

In Nebraska, 114 substance abuse treatment facilities were included in the 2009 N-SSATS, reporting that there were 4,864 clients in substance abuse treatment on March 31, 2009. The survey response rate in Nebraska was 93.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	77	67.5	3,322	68.3	612	80.2
Private for-profit	21	18.4	953	19.6	123	16.1
Local government	5	4.4	154	3.2	5	0.7
State government	0	0.0	0	0.0	0	0.0
Federal government	6	5.3	321	6.6	1	0.1
Dept. of Veterans Affairs	4	3.5	282	5.8	0	0.0
Dept. of Defense	1	0.9	22	0.5	0	0.0
Indian Health Service	1	0.9	17	0.3	1	0.1
Other	0	0.0	0	0.0	0	0.0
Tribal government	5	4.4	114	2.3	22	2.9
Total	114	100.0	4,864	100.0	763	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2009			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	44	38.6	1,591	32.7	131	17.2
Mental health services	3	2.6	56	1.2	43	5.6
Mix of mental health & substance abuse treatment services	64	56.1	3,142	64.6	589	77.2
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	3	2.6	75	1.5	0	0.0
Total	114	100.0	4,864	100.0	763	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2009		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	105	94.6	2,628	54.0	159
Clients with drug abuse only	83	74.8	921	18.9	59
Clients with alcohol abuse only	98	88.3	1,315	27.0	86
Total²	111		4,864	100.0	305

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2009						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	90	78.9	3,957	81.4	25	623	81.7
Regular outpatient	88	77.2	2,971	61.1	19		
Intensive outpatient	44	38.6	692	14.2	11		
Day treatment/partial hospitalization	9	7.9	50	1.0	2		
Detoxification	5	4.4	7	0.1	2		
Methadone/buprenorphine	3	2.6	237	4.9	79		
Residential	41	36.0	902	18.5	15	140	18.3
Short term	16	14.0	214	4.4	8		
Long term	33	28.9	647	13.3	14		
Detoxification	7	6.1	41	0.8	5		
Hospital Inpatient	2	1.8	5	0.1	3	0	0.0
Rehabilitation	2	1.8	2	<.05	1		
Detoxification	2	1.8	3	0.1	2		
Total	114		4,864	100.0	23	763	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)	No.	% ¹	Facility Licensing, Approval, Certification, or Accreditation	
			Facilities ¹	
	No.	%	No.	%
Facilities with OTPs	2	0.2		
Clients in Facilities with OTPs				
Methadone	217	100.0	Any listed agency/organization	97 85.1
Buprenorphine	0	0.0	State substance abuse agency	86 75.4
Total	217	100.0	State mental health department	45 39.5
			State department of health	76 66.7
			Hospital licensing authority	6 5.3
			The Joint Commission	24 21.1
			CARF ²	25 21.9
			NCQA ³	2 1.8
			COA ⁴	19 16.7
			Other State/Local Agency/Org	6 5.3
¹ Percentage of all OTP facilities that are in this state.			¹ Facilities may be licensed by more than one agency/organization.	
			² Commission on Accreditation of Rehabilitation Facilities	
			³ National Committee for Quality Assurance	
			⁴ Council for Accreditation	
Facility Payment Options			Facility Funding	
	No.	%	Facilities	
Cash or self-payment	97	85.1		
Private health insurance	81	71.1		
Medicare	44	38.6		
Medicaid	82	71.9		
Other State-financed health insurance	48	42.1		
Federal military insurance	62	54.4		
Access to Recovery (ATR) vouchers ²	N/A	N/A		
No payment accepted	9	7.9		
Accepts other payments	4	3.5		
Sliding fee scale	77	67.5		
Treatment at no charge for clients who cannot pay	51	44.7	Receives Federal, State, county, or local government funds for substance abuse treatment programs	88 77.2
¹ Facilities may accept more than one type of payment.				
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.				

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	89	78.1
Contingency management	67	58.8
Trauma-related counseling	95	83.3
Rational emotive behavioral therapy	71	62.3
Matrix model	49	43.0
Community reinforcement plus vouchers	29	25.4
Other treatment approaches	18	15.8

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	35	2
Number of clients	777	5
Number of designated beds	911	6
Utilization rate (%)	85.3	83.3
No. of designated beds/facility (avg.)	26	3

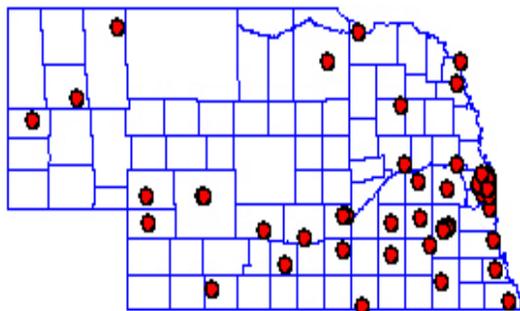
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question

Programs for Special Groups	Facilities	
	No.	%
Any program or group	78	68.4
Co-occurring disorders	36	31.6
Adult women	22	19.3
Adolescents	34	29.8
DUI/DWI offenders	24	21.1
Criminal justice clients	17	14.9
Adult men	16	14.0
Pregnant or postpartum women	9	7.9
Persons with HIV or AIDS	3	2.6
Seniors or older adults	5	4.4
Gays or lesbians	2	1.8
Other groups	11	9.6

Services for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	35	30.7
Any language other than English	46	40.4
Services Provided by:		
On-call interpreter	32	69.6
Staff counselor	4	8.7
Both staff counselor and on-call interpreter	10	21.7
Languages Provided by Staff Counselor:¹		
Spanish	13	92.9
American Indian/Alaska Native languages	1	7.1
Other	4	28.6

¹ Percentages based on the number of facilities providing substance abuse treatment in a language other than English by a staff counselor.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2009. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:
<http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml>

Other substance abuse reports are available at:
<http://www.oas.samhsa.gov/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



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 Substance Abuse and Mental Health Services Administration
 Office of Applied Studies
 www.oas.samhsa.gov