

2017 State Profile — Nebraska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2017 N-SSATS report:

<https://www.samhsa.gov/data/all-reports>

In Nebraska, 125 substance abuse treatment facilities were included in the 2017 N-SSATS, which reported a total of 6,461 clients in substance abuse treatment on March 31, 2017. The survey response rate in Nebraska was 89.3 percent.

Facility operation, by number and percent

	Facilities		Clients in treatment on March 31, 2017			
			All clients		Clients under age 18	
	No.	%	No.	%	No.	%
Private non-profit	79	63.2	3,424	53.0	191	35.6
Private for-profit	24	19.2	1,151	17.8	175	32.6
Local, county, or community government	5	4.0	1,398	21.6	136	25.3
State government	2	1.6	25	0.4	25	4.7
Federal government	7	5.6	311	4.8	—	—
Tribal government	8	6.4	152	2.4	10	1.9
Total	125	100.0	6,461	100.0	537	100.0

Substance abuse problem treated, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017		
			Clients ²		Clients ² per 100,000 pop. age 18 or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	111	94.9	2,792	43.2	175
Clients with drug abuse only	87	74.4	2,233	34.6	144
Clients with alcohol abuse only	92	78.6	1,436	22.2	90
Total			6,461	100.0	410

¹ Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

² States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

Type of care, by number and percent

	Facilities ¹		Clients in treatment on March 31, 2017					
			All clients				Clients age < 18	
	No.	%	No.	%	Median no. of clients per OTP facility	Median no. of clients per non-OTP facility	No.	%
Outpatient	101	80.8	5,604	86.7	304	18	486	90.5
Regular	101	80.8	4,385	67.9	300	15		
Intensive	40	32.0	606	9.4	70	12		
Day treatment/partial hospitalization	4	3.2	13	0.2	—	7		
Detoxification	4	3.2	65	1.0	18	30		
Methadone maintenance	10	8.0	535	8.3	123	5		
Residential (non-hospital)	37	29.6	828	12.8	—	17	50	9.3
Short term (<30 days)	18	14.4	321	5.0	—	17		
Long term (30+ days)	27	21.6	488	7.6	—	17		
Detoxification	8	6.4	19	0.3	—	8		
Hospital inpatient	3	2.4	29	0.4	—	13	1	0.2
Treatment	3	2.4	12	0.2	—	4		
Detoxification	3	2.4	17	0.3	—	7		
Total	125		6,461	100.0	304	20	537	100.0

¹ Facilities may provide more than one type of care.

Opioid treatment programs (OTPs), by number and percent

	No.	%
Facilities with OTPs¹	3	0.2
Clients in facilities with OTPs²		
Any MAT	560	0.1
Methadone	427	0.1
Buprenorphine	120	0.4
Naltrexone	13	0.4
Clients in facilities without OTPs²		
Any MAT	55	0.1
Buprenorphine	34	*
Naltrexone	21	0.1

¹ Percentage of all OTP facilities in the U.S. ² Percentage of all methadone, buprenorphine, or naltrexone clients in the U.S. See 2017 N-SSATS report for details.

Facility payment options, by number and percent¹

	No.	%
Cash or self-payment	108	86.4
Private health insurance	97	77.6
Medicare	51	40.8
Medicaid	103	82.4
State-financed health insurance	68	54.4
Federal military insurance	65	52.0
No payment accepted	2	1.6
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/Tribal/Urban (ITU) funds	23	18.4
Other payments	1	0.8
Sliding fee scale	80	64.0
Treatment at no charge for clients who can't pay	58	46.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NC, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, WA, WI, and WY.

Facility licensing, certification, or accreditation, by number and percent

	Facilities ¹	
	No.	%
Any listed agency/organization	106	84.8
State substance abuse agency	86	68.8
State mental health department	43	34.4
State department of health	64	51.2
Hospital licensing authority	12	9.6
The Joint Commission	34	27.2
Commission on Accreditation of Rehabilitation Facilities	52	41.6
National Committee for Quality Assurance	1	0.8
Council on Accreditation Healthcare Facilities Accreditation Program	11	8.8
Other state/local agency/organization	2	1.6

¹ Facilities may be licensed by more than one agency/organization.

Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	88	70.4

Types of services offered, by number and percent

	Facilities	
	No.	%
Assessment and pre-treatment services		
Screening for substance abuse	113	90.4
Screening for mental health disorders	100	80.0
Comprehensive substance abuse assessment or diagnosis	108	86.4
Comprehensive mental health assessment or diagnosis	65	52.0
Screening for tobacco use	82	65.6
Outreach to persons in the community who may need treatment	67	53.6
Interim services for clients when immediate admission is not possible	82	65.6
No services offered	6	4.8
Testing		
Breathalyzer or other blood alcohol testing	63	50.4
Drug or alcohol urine screening	85	68.0
Screening for hepatitis B	39	31.2
Screening for hepatitis C	39	31.2
HIV testing	31	24.8
STD testing	29	23.2
TB screening	46	36.8
No services offered	32	25.6
Counseling		
Individual counseling	123	98.4
Group counseling	104	83.2
Family counseling	113	90.4
Marital/couples counseling	96	76.8
Transitional services		
Discharge planning	120	96.0
Aftercare/continuing care	110	88.0
No services offered	2	1.6
Pharmacotherapies		
Disulfiram (Antabuse®)	13	10.4
Naltrexone (oral)	23	18.4
Extended-release, injectable naltrexone/Vivitrol®	15	12.0
Acamprosate (Campral®)	17	13.6
Nicotine replacement	38	30.4
Non-nicotine smoking/tobacco cessation medications	32	25.6
Medications for psychiatric disorders	54	43.2
Methadone	3	2.4
Buprenorphine with naloxone (Suboxone®)	14	11.2
Buprenorphine without naloxone	11	8.8
Buprenorphine subdermal implant (Probuphine®)	1	0.8
No services offered	64	51.2
Ancillary services		
Case management services	96	76.8
Social skills development	94	75.2
Mentoring/peer support	62	49.6
Child care for clients' children	4	3.2
Assistance with obtaining social services	58	46.4
Employment counseling or training for clients	33	26.4

Continued

Types of services offered, by number and percent (continued)

	Facilities	
	No.	%
Assistance in locating housing for clients	49	39.2
Domestic violence services	54	43.2
Early intervention for HIV	14	11.2
HIV or AIDS education, counseling, or support	47	37.6
Hepatitis education, counseling, or support	42	33.6
Health education other than HIV/AIDS or hepatitis	60	48.0
Substance abuse education	118	94.4
Transportation assistance to treatment	44	35.2
Mental health services	103	82.4
Acupuncture	2	1.6
Residential beds for clients' children	2	1.6
Self-help groups	64	51.2
Smoking/tobacco cessation counseling	63	50.4
No services offered	1	0.8
Other services		
Treatment for gambling disorder	25	20.0
Treatment for Internet use disorder	19	15.2
Treatment for other addiction disorder	53	42.4
No services offered	68	54.4

Clinical/therapeutic approaches (used 'always,' 'often,' or 'sometimes'), by number and percent

	Facilities	
	No.	%
Substance abuse counseling	119	95.2
Relapse prevention	119	95.2
Cognitive behavioral therapy	122	97.6
Motivational interviewing	118	94.4
Anger management	105	84.0
Brief intervention	109	87.2
Trauma-related counseling	113	90.4
12-step facilitation	96	76.8
Contingency management/motivational incentives	70	56.0
Dialectical behavior therapy	87	69.6
Rational emotive behavioral therapy	70	56.0
Matrix model	53	42.4
Computerized substance abuse treatment	26	20.8
Community reinforcement plus vouchers	24	19.2
Other treatment approaches	8	6.4

Facility capacity and utilization rate¹

	Residential	Hospital inpatient
Number of facilities	33	1
Number of clients ²	795	2
Number of designated beds	816	29
Utilization rate ³	97.4	7
Average number of designated beds per facility	25	29

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 31, 2017.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Clients per 100,000 population in opioid treatment on March 31, 2017

	No.
Any type of medication-assisted therapy	29
Methadone	22
Buprenorphine	6
Naltrexone	†

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	36	28.8
Any language other than English	59	47.2
Non-English language provided by		
Staff counselor only	2	3.4
On-call interpreter only	43	72.9
Both staff counselor and on-call interpreter	14	23.7
Languages provided by staff counselor¹		
Spanish	15	93.8
American Indian/Alaskan Native languages	—	—
Other	3	18.8

¹ Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	83	66.4
Adult women	50	40.0
Clients with co-occurring disorders	51	40.8
Adult men	42	33.6
Clients who have experienced trauma	47	37.6
Criminal justice clients	27	21.6
DUI/DWI clients	11	8.8
Young adults	25	20.0
Adolescents	26	20.8
Clients who have experienced domestic violence	22	17.6
Clients who have experienced sexual abuse	23	18.4
Pregnant or postpartum women	22	17.6
Seniors or older adults	21	16.8
LGBT ¹	15	12.0
Veterans	14	11.2
Clients living with HIV/AIDS	12	9.6
Members of military families	10	8.0
Active duty military	9	7.2
Other	3	2.4
No program or group offered	42	33.6

¹ Lesbian, gay, bisexual, or transgender clients.

Symbol key

— Quantity is zero; * Less than 0.05 percent; *n/a* Not applicable; ‡ No facilities in this category; † Less than 1 per 100,000 population.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 31, 2017. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

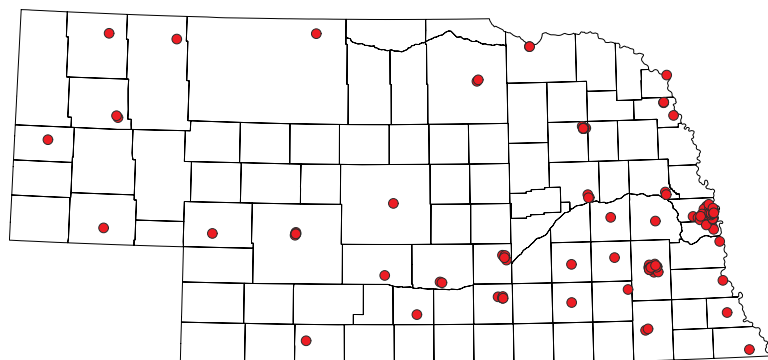
The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/all-reports>

Access the latest N-SSATS public use files at: <https://datafiles.samhsa.gov>

Access N-SSATS profiles for individual states at: <https://www.dasis.samhsa.gov/>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data

<https://www.dasis.samhsa.gov/webt/newmapv1.htm>