

State Profile -- New Hampshire

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

For more information on N-SSATS methodology visit this website: <http://oas.samhsa.gov/2k3/NSSATS/NSSATS.pdf>

In New Hampshire, 56 substance abuse treatment facilities responded to the 2007 N-SSATS, reporting that there were 4,422 clients in substance abuse treatment on March 30, 2007. The survey response rate in New Hampshire was 94.0%.

Facility Ownership/Operation						
	Facilities		Clients in Treatment on March 30, 2007			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private-non-profit	44	72.1	2,851	64.5	506	96.7
Private for-profit	14	23.0	1,531	34.6	9	1.7
Local government	1	1.6	6	0.1	3	0.6
State government	2	3.3	34	0.8	5	1.0
Federal government	0	0.0	0	0.0	0	0.0
Dept. of Veterans Affairs	0	0.0	0	0.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	61	100.0	4,422	100.0	523	100.0
Primary Focus of Facility						
	Facilities		Clients in Treatment on March 30, 2007			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	31	50.8	2,189	49.5	60	11.5
Mental health services	11	18.0	1,410	31.9	248	47.4
Mix of mental health and substance abuse treatment services	15	24.6	722	16.3	212	40.5
General health care	2	3.3	79	1.8	0	0.0
Other/unknown	2	3.3	22	0.5	3	0.6
Total	61	100.0	4,422	100.0	523	100.0
Substance Abuse Problem Treated						
	Facilities^{1,2}		Clients in Treatment on March 30, 2007			
			Clients		Clients per 100,000 Pop.	
	No.	%	No.	%	Aged 18 and Over	
Clients with both alcohol and drug abuse	45	84.9	2,084	47.1	168	
Clients with drug abuse only	44	83.0	1,716	38.8	162	
Clients with alcohol abuse only	39	73.6	622	14.1	53	
Total²	53		4,422	100.0	383	
¹ Facilities may be included in more than one category.						
² Facilities excluded because they were not asked or did not respond to this question: 8						

Type of Care	Clients in Treatment on March 30, 2007						
	Facilities		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No.	No.	%
					of Clients Per Facility		
Outpatient	46	75.4	4,032	91.2	40	435	83.2
Regular outpatient	40	65.6	2,390	54.0	20		
Intensive outpatient	13	21.3	161	3.6	12		
Day treatment/partial hospitalization	3	4.9	15	0.3	0		
Detoxification	15	24.6	183	4.1	15		
Methadone	12	19.7	1,283	29.0	95		
Residential	19	31.1	359	8.1	15	85	16.3
Short term	11	18.0	99	2.2	9		
Long term	14	23.0	185	4.2	9		
Detoxification	10	16.4	75	1.7	7		
Hospital Inpatient	4	6.6	31	0.7	5	3	0.6
Rehabilitation	2	3.3	20	0.5	10		
Detoxification	3	4.9	11	0.2	5		
Total	61		4,422	100.0	32	523	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
	No.	%	Facilities ¹		
Facilities with OTPs			No.	%	
Maintenance only	0	0.0	Any listed agency/organization	55	90.2
Detoxification only	0	0.0	State substance abuse agency	33	54.1
Both maintenance and detoxification	8	100.0	State mental health department	18	29.5
Total	8	100.0	State public health department	28	45.9
Clients in Facilities with OTPs			Hospital licensing authority	5	8.2
Methadone	1,378		JCAHO ²	8	13.1
Buprenorphine	0		CARF ³	9	14.8
Total	1,378		NCQA ⁴	1	1.6
			COA ⁵	3	4.9
			Other State/Local Agency/Org	10	16.4
Type of Payment Accepted			Facility Administrative/Funding Characteristics		
	Facilities ¹		Facilities		
	No.	%	No.	%	
Cash or self-payment	57	93.4	Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	30	49.2
Private Health insurance	40	65.6	Receives Federal, State, county, or local government funds for substance abuse treatment programs	40	65.6
Medicare	21	34.4			
Medicaid	32	52.5			
Other State-financed health insurance	16	26.2			
Federal military insurance	14	23.0			
Access to Recovery (ATR) vouchers ²	0	0.0			
No payment accepted	1	1.6			
Accepts other payments	4	6.6			
Sliding fee scale	40	65.6			
Treatment at no charge for clients who cannot pay	30	49.2			

¹Facilities may accept more than one type of payment.

² Available in CA, CT, FL, ID, IL, LA, MO, NJ, NM, TN, TX, WA, WI, and WY.

Types of Services Offered	Facilities	
	No.	%
Assessment and pre-treatment services	59	96.7
Screening for substance abuse	56	91.8
Comprehensive substance abuse assessment or diagnosis	50	82.0
Screening for mental health disorders	30	49.2
Comprehensive mental health assessment or diagnosis	23	37.7
Outreach to persons in community who may need treatment	22	36.1
Interim services for clients when immediate admission is not possible	21	34.4
Counseling	59	96.7
Individual counseling	56	91.8
Group counseling	44	72.1
Family counseling	46	75.4
Marital/couples counseling	32	52.5
Pharmacotherapies	33	54.1
Medications for psychiatric disorders	25	41.0
Campral	9	14.8
Antabuse	9	14.8
Nicotine replacement	14	23.0
Naltrexone	11	18.0
Buprenorphine	10	16.4
Subutex	6	9.8
Suboxone	10	16.4
Methadone	9	14.8
Testing	47	77.0
Drug or alcohol urine screening	46	75.4
Breathalyzer or other blood alcohol testing	34	55.7
TB screening	18	29.5
HIV testing	14	23.0
Screening for Hepatitis C	15	24.6
Screening for Hepatitis B	15	24.6
STD testing	14	23.0
Transitional services	58	95.1
Discharge planning	56	91.8
Aftercare/continuing care	48	78.7
Ancillary services	60	98.4
Substance abuse education	57	93.4
Case management services	44	72.1
Social skills development	38	62.3
HIV or AIDS education, counseling, or support	25	41.0
Mental health services	30	49.2
Assistance with obtaining social services	30	49.2
Health education other than HIV/AIDS	25	41.0
Self-help groups	32	52.5
Mentoring/peer support	20	32.8
Assistance in locating housing for clients	19	31.1
Transportation assistance to treatment	8	13.1
Domestic violence services	15	24.6
Employment counseling or training for clients	14	23.0
Early intervention for HIV	9	14.8
Child care for clients' children	1	1.6
Acupuncture	0	0.0
Residential beds for clients' children	1	1.6

Facility Capacity and Utilization Rate (%)			Programs for Special Groups		
	Residential	Hospital Inpatient	Facilities		
			No.	%	
Number of facilities ¹	17	0	Any program or group	46	75.4
Number of clients	350	0	Co-occurring disorders	13	21.3
Designated beds	324	0	Adult women	15	24.6
Utilization rate	108	0.0	Adolescents	14	23.0
Designated beds per facility (average)	19	0	DUI/DWI offenders	15	24.6
			Criminal justice clients	8	13.1
			Adult men	12	19.7
			Pregnant or postpartum women	8	13.1
			Persons with HIV or AIDS	2	3.3
			Seniors or Older Adults	3	4.9
			Gays or lesbians	1	1.6
			Other groups	3	4.9
<p>¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.</p>					
<h3>Services for the Hearing Impaired and in Languages Other than English</h3>			<h3>Location of Treatment Facilities</h3>		
	Facilities				
	No.	%			
Hearing impaired/sign language	7	11.5			
Any language other than English	12	19.7			
Spanish	3	75.0			
American Indian/Alaska Native languages	0	0.0			
Other	1	25.0			
Services Provided by:					
On-call interpreter	8	66.7			
Staff counselor	3	25.0			
Both staff counselor and on-call interpreter	1	8.3			
<p>Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2007. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.</p>					
<p>Access the latest N-SSATS reports at: http://www.oas.samhsa.gov/dasis.htm#Reports</p>					
<p>Access the latest N-SSATS public use files at: http://www.icpsr.umich.edu/cocoon/SAMHDA/SERIES/00058.xml</p>					
<p>Other substance abuse reports are available at: http://www.oas.samhsa.gov/</p>			<p>• Access N-SSATS profiles for individual States at: http://www.dasis.samhsa.gov/webt/NewMapv1.htm</p>		
<p>U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Substance Abuse and Mental Health Services Administration Office of Applied Studies www.oas.samhsa.gov</p>			<p>• For information on individual facilities, access SAMHSA's Treatment Facility Locator at: http://findtreatment.samhsa.gov/</p>		