

2010 State Profile — New Hampshire National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Hampshire, 52 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 5,237 clients in substance abuse treatment on March 31, 2010. The survey response rate in New Hampshire was 87.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	32	61.5	3,044	58.1	400	92.8
Private for-profit	17	32.7	2,128	40.6	11	2.6
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	3	5.8	65	1.2	20	4.6
Federal government	0	0.0	0	0.0	0	0.0
Dept. of Veterans Affairs	0	0.0	0	0.0	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	52	100.0	5,237	100.0	431	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	28	53.8	2,920	55.8	101	23.4
Mental health services	11	21.2	1,842	35.2	298	69.1
Mix of mental health & substance abuse treatment services	11	21.2	365	7.0	32	7.4
General health care	2	3.8	110	2.1	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	52	100.0	5,237	100.0	431	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	39	84.8	2,188	41.8	184
Clients with drug abuse only	40	87.0	2,313	44.2	217
Clients with alcohol abuse only	33	71.7	737	14.1	63
Total²	46		5,237	100.0	464

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2010						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	39	75.0	4,909	93.7	85	420	97.4
Regular	34	65.4	2,725	52.0	40		
Intensive	11	21.2	198	3.8	15		
Day treatment/partial hospitalization	2	3.8	47	0.9	47		
Detoxification	11	21.2	107	2.0	22		
Methadone/buprenorphine	9	17.3	1,832	35.0	198		
Residential (non-hospital)	17	32.7	323	6.2	15	11	2.6
Short term	9	17.3	93	1.8	10		
Long term	12	23.1	168	3.2	13		
Detoxification	8	15.4	62	1.2	8		
Hospital Inpatient	2	3.8	5	0.1	3	0	0.0
Treatment	0	0.0	0	0.0	0		
Detoxification	2	3.8	5	0.1	3		
Total	52		5,237	100.0	34	431	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
	No.	% ¹	Facilities ¹		
	No.	%	No.	%	
Facilities with OTPs	8	0.7	Any listed agency/organization	46	88.5
Clients in Facilities with OTPs			State substance abuse agency	38	73.1
Methadone	1,926	99.8	State mental health department	13	25.0
Buprenorphine	3	0.2	State department of health	24	46.2
Total	1,929	100.0	Hospital licensing authority	6	11.5
¹ Percentage of all OTP facilities that are in this State or jurisdiction.			The Joint Commission	5	9.6
Facility Payment Options			Facility Funding		
	Facilities ¹		Facilities		
	No.	%	No.	%	
Cash or self-payment	46	88.5	Receives Federal, State, county, or local government funds for substance abuse treatment programs	33	63.5
Private health insurance	32	61.5			
Medicare	16	30.8			
Medicaid	29	55.8			
Other State-financed health insurance	15	28.8			
Federal military insurance	16	30.8			
Access to Recovery (ATR) vouchers ²	N/A	N/A			
No payment accepted	5	9.6			
Accepts other payments	0	0.0			
Sliding fee scale	35	67.3			
Treatment at no charge for clients who cannot pay	32	61.5			

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	42	80.8
Contingency management/motivational incentives	25	48.1
Trauma-related counseling	39	75.0
Rational emotive behavioral therapy	24	46.2
Matrix model	11	21.2
Community reinforcement plus vouchers	5	9.6
Other treatment approaches	12	23.1

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	14	0
Number of clients ²	292	0
Number of designated beds	286	0
Utilization rate (%)	102.1	0.0
No. of designated beds/facility (avg.)	20	0

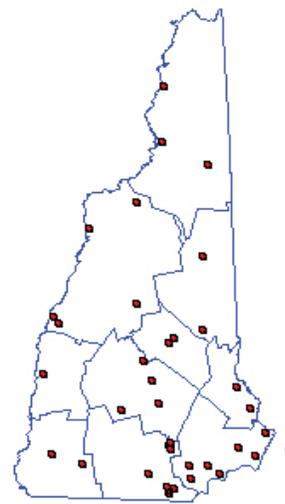
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	37	71.2
Co-occurring disorders	17	32.7
Adult women	16	30.8
Adolescents	12	23.1
DUI/DWI offenders	10	19.2
Criminal justice clients	8	15.4
Adult men	14	26.9
Pregnant or postpartum women	12	23.1
Persons with HIV or AIDS	2	3.8
Seniors or older adults	5	9.6
Lesbian, gay, bisexual, or transgender clients	2	3.8
Other groups	6	11.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	12	23.1
Any language other than English	16	30.8
Services Provided by:		
On-call interpreter	5	31.3
Staff counselor	6	37.5
Both staff counselor and on-call interpreter	5	31.3
Languages Provided by Staff Counselor:¹		
Spanish	10	90.9
American Indian/Alaska Native	1	9.1
Other	5	45.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

 U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>